

## Senior Women

Pos	RaceNo	Time	Name	Club
1	4885	00:29:34	Hatti Dean	Hallamshire Harriers Sheffield
2	5052	00:29:46	Sara Tunstall	Kendal AAC
3	5338	00:30:00	Sonia Samuels	Sale Harriers Manchester
4	4704	00:30:07	Jane Potter	Charnwood AC
5	4934	00:30:27	L Deadman	Havering Mayesbrook AC
6	5248	00:30:35	Michelle Sikes	Oxford University Cross Country Club
7	4764	00:30:36	Justina Heslop	Clapham Chasers
8	5776	00:30:46	Katherine Sparke	Woodford Green AC with Essex Ladies
9	4567	00:30:52	Nicola Sykes	Bedford & County AC
10	4755	00:30:56	Olivia Walwyn	City of Norwich AC
11	4598	00:31:01	Victoria Wilkinson	Bingley Harriers & AC
12	5049	00:31:05	Gemma Miles	Kendal AAC
13	4707	00:31:10	Hannah Whitemore	Charnwood AC
14	5051	00:31:15	Rebecca Robinson	Kendal AAC
15	4693	00:31:18	Juliet Doyle	Charnwood AC
16	5546	00:31:23	Claire Martin	Telford AC
17	4705	00:31:28	Gemma Steel	Charnwood AC
18	4597	00:31:36	Mary Wilkinson	Bingley Harriers & AC
19	4761	00:31:38	Becky Penty	City of York AC
20	4700	00:31:39	Sarah Maude	Charnwood AC
21	4557	00:31:43	Stacey Ward	Basildon AC
22	4654	00:31:52	Steph Barnes	Bristol & West AC
23	5348	00:31:54	Tessa Walker	Salford Harriers
24	4608	00:31:56	Debbie Walters	Birchfield Harriers
25	4940	00:31:57	Harriet Scott	Havering Mayesbrook AC
26	4656	00:32:00	Amy Chalk	Bristol & West AC
27	4754	00:32:05	Ruth Senior	City of Norwich AC
28	4892	00:32:17	Julia Russell	Hallamshire Harriers Sheffield
29	5229	00:32:19	Nikki De La Salle	Notts AC
30	4863	00:32:23	Mary Ferrier	Gateshead Harriers & AC
31	4697	00:32:25	Tara Krzywicki	Charnwood AC
32	4983	00:32:30	Svenja Abel	Highgate Harriers
33	4660	00:32:39	Kate Goodhead	Bristol & West AC
34	4653	00:32:42	Imogen Ainsworth	Bristol & West AC
35	5765	00:32:46	Linda Jackson	Woodford Green AC with Essex Ladies
36	4661	00:32:48	Claire Hallssey	Bristol & West AC
37	4519	00:33:03	Sarah Rollins	Aldershot Farnham & District AC
38	5729	00:33:05	Jo Kelsey	Winchester & District AC
39	4629	00:33:11	Caroline Betmead	Blackpool Wyre & Fylde AC
40	5727	00:33:13	Karen Hazlitt	Winchester & District AC
41	4577	00:33:16	Sarah Murphy	Belgrave Harriers
42	5581	00:33:17	Jo Ritson	Tipton Harriers
43	5468	00:33:18	Amanda Crook	Southport Waterloo AC
44	4615	00:33:22	Jennie Butler	Blackheath & Bromley Harriers
45	4731	00:33:24	Kathryn Foley	Chester-Le-Street & District AC
46	5093	00:33:27	Harriet Canter	Lincoln Wellington AC
47	4768	00:33:31	Margaret Dersy	Colchester & Tendring AC
48	5081	00:33:36	Emily Klee	Leeds City AC
49	5631	00:33:40	Jo Singer	Victoria Park H. & Tower Hamlets AC
50	4907	00:33:40	Sarah Haines	Harborough AC
51	4962	00:33:45	Karen Ellison	Herne Hill Harriers
52	4665	00:33:45	Suzanne Richards	Bristol & West AC

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Pos	RaceNo	Time	Name	Club
53	5761	00:33:48	Audrey Wilson	Wolverhampton & Bilston AC
54	4895	00:33:52	Liz Such	Hallamshire Harriers Sheffield
55	4809	00:33:52	Pippa Whitehouse	Dorking & Mole Valley AC
56	5650	00:33:53	Louisa Tanner	Warrington AC
57	5309	00:33:54	Jenny Blizard	Rotherham Harriers & AC
58	4939	00:33:57	Robyn Matson	Havering Mayesbrook AC
59	4891	00:34:01	Claire Robson	Hallamshire Harriers Sheffield
60	5555	00:34:02	Lisa Da Silva	Thames Valley Harriers
61	5004	00:34:05	Helen Berry	Holmfirth Harriers AC
62	4593	00:34:12	Jo Buckley	Bingley Harriers & AC
63	4659	00:34:15	Helen Fines	Bristol & West AC
64	4771	00:34:18	Danielle Tatum	Colchester & Tendring AC
65	5331	00:34:19	Rachel Deegan	Sale Harriers Manchester
66	5362	00:34:20	Jane Fanning	Serpentine RC
67	4544	00:34:20	Joanne Kent	Barnet & District AC
68	5590	00:34:21	Helen Dkye	Torbay AC
69	4779	00:34:28	Rachel Buxton	Coventry Godiva Harriers
70	5542	00:34:28	Ceri Mitchell	Team Southampton
71	5670	00:34:31	Robyn Golding	Westbury Harriers
72	5777	00:34:34	Lauren Stewart	Woodford Green AC with Essex Ladies
73	5391	00:34:34	Philippa Auckett	Shaftesbury Barnet Harriers
74	4981	00:34:35	Elizabeth Brathwaite	Herts Phoenix AC
75	5486	00:34:36	Lucy Waterlow	St.Albans Striders
76	5289	00:34:37	Louise Bardsley	Reading AC
77	5114	00:34:37	Sarah Swinhoe	London Heathside
78	4694	00:34:42	Bev Gray	Charnwood AC
79	5669	00:34:44	Catherine Dulla	Westbury Harriers
80	5371	00:34:45	Jenny Lundgren	Serpentine RC
81	4609	00:34:46	Sophie Williams	Birchfield Harriers
82	5247	00:34:46	Emily Rockett	Oxford University Cross Country Club
83	5451	00:34:47	Nicci Blandford	Southampton RC
84	5706	00:34:48	Ruth Clifton	Wimbledon Windmilers
85	5346	00:34:49	Estelle Malm	Salford Harriers
86	5519	00:34:51	Louise Durman	Stroud & District AC
87	5147	00:34:53	Lara Bromilow	Marshall Milton Keynes AC
88	4993	00:34:59	Anna McCutcheon	Highgate Harriers
89	4889	00:35:00	Chaanah Patton	Hallamshire Harriers Sheffield
90	5585	00:35:01	Kate Williams	Tipton Harriers
91	5076	00:35:03	Claire Duck	Leeds City AC
92	4508	00:35:03	Beth Andrew	Aldershot Farnham & District AC
93	5396	00:35:04	Emily Ferenczi	Shaftesbury Barnet Harriers
94	5151	00:35:05	Carly Scott	Marshall Milton Keynes AC
95	4953	00:35:08	Claire Grima	Hercules Wimbledon AC
96	5595	00:35:10	Julia Leventon	Trafford AC
97	5105	00:35:11	Kirsty Longley	Liverpool Pembroke & Sefton H & AC
98	5249	00:35:12	Phoebe Williams	Oxford University Cross Country Club
99	5499	00:35:12	Jenny Knass	Stockport Harriers & AC
100	5485	00:35:13	Deborah Steer	St.Albans Striders
101	4558	00:35:17	Teresa Ward	Basildon AC
102	5743	00:35:18	Charlotte Firth	Windsor Slough Eton & Hounslow AC
103	5386	00:35:19	Liz Wynn	Serpentine RC
104	5165	00:35:22	Katherine Reeves	Metropolitan Police AC

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Pos	RaceNo	Time	Name	Club
105	5580	00:35:24	Aimie Fithern	Tipton Harriers
106	5543	00:35:28	Helen Zenner	Team Southampton
107	5234	00:35:30	Eleanor Greenfield	Nuneaton Harriers AC
108	5764	00:35:31	Katherine Gundersen	Woodford Green AC with Essex Ladies
109	5387	00:35:32	Jo Fletcher	Severn AC
110	4746	00:35:35	Nicola Alford	City of Norwich AC
111	4819	00:35:36	Alison Hopkins	Ealing Southall & Middlesex AC
112	4945	00:35:38	Laura Kyte	Headington RR
113	4821	00:35:44	Fiona Kennedy	Ealing Southall & Middlesex AC
114	5668	00:35:48	Emma D'Alton	Westbury Harriers
115	5287	00:35:52	Marie Synnott Wells	Ranelagh Harriers
116	4802	00:35:57	Helen Bridle	Dorking & Mole Valley AC
117	4867	00:35:59	Kim Simpson	Gateshead Harriers & AC
118	5752	00:36:05	Anabel Levene	Woking AC
119	5675	00:36:06	Sophie Voller	Westbury Harriers
120	4658	00:36:08	Sian Davies	Bristol & West AC
121	4575	00:36:10	Mathilde Heaton	Belgrave Harriers
122	4896	00:36:11	Kathy Van Hee	Hallamshire Harriers Sheffield
123	5794	00:36:12	Caroline Warrington	York Knavesmire Harriers
124	5126	00:36:12	Claire Donald	Maidenhead AC
125	4970	00:36:12	Rosalind Keiran	Herne Hill Harriers
126	5125	00:36:13	Janine Stones	Mablethorpe RC
127	4868	00:36:13	Jess Trowbridge	Gateshead Harriers & AC
128	5496	00:36:14	Carly Davies	Stockport Harriers & AC
129	4650	00:36:15	Fiona Powell	Brighton & Hove City AC
130	4930	00:36:16	Amy Whittle	Hastings AC
131	5487	00:36:17	Gemma Connolly	St.Helens Sutton AC
132	4941	00:36:17	Vicky Smith	Havering Mayesbrook AC
133	4988	00:36:20	Esther Evans	Highgate Harriers
134	4828	00:36:21	Stella Boam	East Cheshire Harriers & Tameside AC
135	5206	00:36:22	Lucy Kelvey	Newquay & Par AC
136	4696	00:36:24	Laura Johnson	Charnwood AC
137	5252	00:36:26	Liz Durman	Phoenix AC
138	5399	00:36:27	Anne Ridley	Shaftesbury Barnet Harriers
139	5607	00:36:27	Adela Salt	Trentham RC
140	5272	00:36:31	Estelle Damant	Ranelagh Harriers
141	5143	00:36:35	Gail Griffiths	Manx Harriers
142	4859	00:36:40	Martha Hall	Garden City Runners
143	4576	00:36:42	Anne Hegvold	Belgrave Harriers
144	4756	00:36:43	Clare Booker	City of Stoke AC
145	5107	00:36:48	Andrea Devine	London Heathside
146	5450	00:36:50	Beckie Woodland	South London Harriers
147	4955	00:36:51	Zoe Pike	Hercules Wimbledon AC
148	4812	00:36:53	Teresa De Gaillard	Dulwich Runners AC
149	4950	00:36:54	Joanna Zoppi	Heaton Harriers
150	4887	00:36:56	Rachael Elder	Hallamshire Harriers Sheffield
151	5537	00:36:56	Rebecca Pierce	Team Bath AC
152	4985	00:37:01	Natasha Cendrowicz	Highgate Harriers
153	5162	00:37:03	Sharon McHugh	Metropolitan Police AC
154	4762	00:37:04	Emma Willits	City of York AC
155	5392	00:37:06	Maggie Cooper	Shaftesbury Barnet Harriers
156	4795	00:37:11	Cara Oliver	Dartford Harriers AC

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Pos	RaceNo	Time	Name	Club
157	5730	00:37:12	Claire Knapton	Winchester & District AC
158	5744	00:37:13	Paula Fudge	Windsor Slough Eton & Hounslow AC
159	5583	00:37:14	Cath Veysey	Tipton Harriers
160	5766	00:37:15	Diana Kennedy	Woodford Green AC with Essex Ladies
161	5531	00:37:17	Francesca Meakin	Sutton in Ashfield Harriers & AC
162	5262	00:37:19	Sarah Chaloner	Poole AC
163	4596	00:37:21	Bev Whitfield	Bingley Harriers & AC
164	4602	00:37:22	Naomi Eaton	Birchfield Harriers
165	5075	00:37:23	Celia De Maria	Leeds City AC
166	5318	00:37:24	Alison Cooper	Rugby & Northampton AC
167	5292	00:37:27	Lucy Daniels	Reading AC
168	4944	00:37:28	Frances Burge	Headington RR
169	5680	00:37:29	Tamara Hird	Wharfedale Harriers
170	4978	00:37:29	Helen Sharp	Herne Hill Harriers
171	5475	00:37:29	Kathryn Stuart	Sphinx AC
172	5299	00:37:32	Ali Brown	Reigate Priory AC
173	5122	00:37:34	Claire Bassill	Luton AC
174	4667	00:37:39	Alexia Trafford	Bristol & West AC
175	5710	00:37:40	Denise Harris	Wimbledon Windmilers
176	4715	00:37:42	Rebecca Luxton	Chelmsford AC
177	4913	00:37:43	Aleksandra Burlinson	Hardley Runners
178	4657	00:37:45	Clare Louise Conway	Bristol & West AC
179	5481	00:37:46	Gill Jubb	St.Albans Striders
180	4995	00:37:47	Jenny Turner	Highgate Harriers
181	5150	00:37:51	Lauren Licietis	Marshall Milton Keynes AC
182	4546	00:37:53	Katherine March	Barnet & District AC
183	5200	00:37:53	Rachel McCuaig	Newark AC
184	5381	00:37:54	Tanya Shaw	Serpentine RC
185	4984	00:37:56	Sarah Bailey	Highgate Harriers
186	5626	00:37:56	Emily Mosedale	Victoria Park H. & Tower Hamlets AC
187	4759	00:37:57	Helen Garnham	City of York AC
188	4638	00:37:59	Linda Howell	Bournville Harriers
189	5104	00:38:01	Elizabeth Egan	Liverpool Harriers & AC
190	5131	00:38:02	Hayley Kuter	Manchester YMCA Harriers
191	4523	00:38:04	Sandra Lewis	Altrincham & District AC
192	5742	00:38:06	Yolanda Edwards	Windsor Slough Eton & Hounslow AC
193	4618	00:38:06	Sarah Dowling	Blackheath & Bromley Harriers
194	5634	00:38:07	Miranda Adcock	Victory AC
195	5508	00:38:08	Louise Peters	Stopsley Striders
196	4823	00:38:10	Gillian Morgan	Ealing Southall & Middlesex AC
197	4875	00:38:10	Fiona Love	Guildford & Godalming AC
198	4811	00:38:10	Ola Balme	Dulwich Runners AC
199	5246	00:38:10	Maggie Reynolds	Oxford University Cross Country Club
200	4635	00:38:10	Kathryn Abbott	Bournville Harriers
201	5767	00:38:11	Rachel Lund	Woodford Green AC with Essex Ladies
202	4542	00:38:12	Nicola Froud	Barnet & District AC
203	5149	00:38:12	Sophie Gibbens	Marshall Milton Keynes AC
204	5127	00:38:12	Stephanie James	Maidenhead AC
205	5720	00:38:15	Sarah Yates	Wimbledon Windmilers
206	5375	00:38:16	Ella Palmer	Serpentine RC
207	5488	00:38:20	Tracey Patmore	Riverside Runners ( St.Neots )
208	5653	00:38:25	Agnieszka Pieczka	Watford Harriers

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Pos	RaceNo	Time	Name	Club
209	4637	00:38:25	Marianne Hensman	Bournville Harriers
210	4512	00:38:26	Val Clews	Aldershot Farnham & District AC
211	5028	00:38:28	Alison Bennett	Ilkley Harriers
212	5602	00:38:29	Laurey Rankin	Trent Park RC
213	5454	00:38:33	Hannah Coombs	Southampton RC
214	4753	00:38:34	Kelly Rushton	City of Norwich AC
215	4807	00:38:35	Miranda Oberman	Dorking & Mole Valley AC
216	5514	00:38:35	Emma Bexson	Stratford upon Avon AC
217	5266	00:38:35	Emma Essex Crosby	Preston Harriers
218	4561	00:38:35	Linda Plant	Basingstoke & Mid Hants AC
219	5476	00:38:37	Tracy Alexandrou	Springfield Striders
220	5233	00:38:38	Lisa Morris	Notts AC
221	5035	00:38:39	Sharon Hawkins	Invicta East Kent AC
222	5482	00:38:40	Belinda Pullan	St.Albans Striders
223	5477	00:38:43	Sarah Colbert	Springfield Striders
224	5582	00:38:45	Michelle Stephens	Tipton Harriers
225	4796	00:38:46	Ruth Ward	Dartford Harriers AC
226	5608	00:38:54	Debbie Thomas	Trentham RC
227	5463	00:38:55	Sarah Jeffery	Southend AC
228	5759	00:38:55	Vicki Ornsby	Wolverhampton & Bilston AC
229	4766	00:38:56	Becky Adams	Colchester & Tendring AC
230	5772	00:38:57	Maggie Powell	Woodford Green AC with Essex Ladies
231	5667	00:38:57	Tamsin Chick	Westbury Harriers
232	4563	00:39:04	Helen Frizzell	Bedford & County AC
233	5326	00:39:05	Louise Thompson	Rugby & Northampton AC
234	4845	00:39:07	Zoe Woodward	Eton Manor AC
235	5525	00:39:08	Penny Forse	Stubbington Green Runners & AC
236	4957	00:39:08	Estle Viljoen	Hercules Wimbledon AC
237	5096	00:39:09	Sarah Kimpton	Lincoln Wellington AC
238	5193	00:39:10	Emma Lord	Nene Valley Harriers
239	5382	00:39:11	Catkin Shelley	Serpentine RC
240	5294	00:39:13	Rachel Phillips	Reading AC
241	5368	00:39:15	Grace Kimble	Serpentine RC
242	5092	00:39:17	Susy Ardron	Lincoln Wellington AC
243	4808	00:39:18	Louise Tonascu	Dorking & Mole Valley AC
244	5693	00:39:18	Rie Hool	Wilmslow RC
245	5010	00:39:18	Julia Johnson	Holmfirth Harriers AC
246	5535	00:39:19	Zina Marchant	Team Bath AC
247	5325	00:39:21	Madeleine Smith	Rugby & Northampton AC
248	5459	00:39:22	Jo Bradford	Southend AC
249	4625	00:39:28	Kate Pratten	Blackheath & Bromley Harriers
250	5470	00:39:30	Sian Evans	Sparkhill Harriers
251	5267	00:39:32	Marian Hesketh	Preston Harriers
252	4825	00:39:34	Patricia Thomas	Ealing Southall & Middlesex AC
253	4559	00:39:36	Charmaine Wheeler	Basildon AC
254	5306	00:39:38	Anna Blomfield	Rochdale Harriers & AC
255	4692	00:39:39	Jenni Van Deelen	Canterbury Harriers
256	5319	00:39:46	Angela Copson	Rugby & Northampton AC
257	4763	00:39:47	Karen Wood	City of York AC
258	5007	00:39:52	Lesley Ewart	Holmfirth Harriers AC
259	5232	00:39:53	Julie Lambourne	Notts AC
260	5702	00:39:54	Kate Sutton	Wilmslow RC

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Pos	RaceNo	Time	Name	Club
261	5275	00:39:55	Liz Kipling	Ranelagh Harriers
262	5117	00:39:58	Jackie Wastell	London Heathside
263	5222	00:40:01	Penny Edwards	Norwich RR
264	5183	00:40:03	Gwenda Cavill	Morpeth Harriers & AC
265	5038	00:40:04	Victoria Talbot Rosner	Invicta East Kent AC
266	5056	00:40:04	Rebecca Hall	Kettering Town Harriers
267	4612	00:40:09	Jane Hodgkinson	Blackburn Harriers
268	4541	00:40:10	Karen Bradley	Barnet & District AC
269	5212	00:40:11	Natasha Pitman	North Herts Road Running
270	5606	00:40:11	Kiri Johnson	Trentham RC
271	5587	00:40:13	Pippa Blackstone	Tonbridge AC
272	5026	00:40:17	Bree Nordin	Iford AC
273	5177	00:40:18	Maki Kimura	Mornington Chasers RC
274	5080	00:40:19	Sorrel Hoare	Leeds City AC
275	4946	00:40:23	Hendriette Thorn	Headington RR
276	5084	00:40:24	Veronique Marot	Leeds City AC
277	5412	00:40:25	Linda Lytollis	Silson Joggers AC
278	5158	00:40:26	Sarah Green	Metropolitan Police AC
279	5290	00:40:27	Nicky Cooke	Reading AC
280	4505	00:40:28	Maggie Stacey	26.2 RRC
281	5045	00:40:30	Angela Hames	Istead & Ifield Harriers
282	5356	00:40:31	Katie Crowe	Serpentine RC
283	5302	00:40:31	Fiona Hughes	Richmond & Zetland Harriers
284	4886	00:40:31	Jennifer Dick	Hallamshire Harriers Sheffield
285	5048	00:40:33	Rebecca Cronshaw	Kendal AAC
286	5230	00:40:33	Michelle Hooton	Notts AC
287	5124	00:40:37	Jo Winfield	Luton AC
288	5224	00:40:40	Elies Mann	Norwich RR
289	4929	00:40:42	Isobel Peters	Haslemere Border AC
290	5283	00:40:47	Carola Richter	Ranelagh Harriers
291	5276	00:40:47	Sarah Lintern	Ranelagh Harriers
292	4750	00:40:50	Esther Hope	City of Norwich AC
293	5197	00:40:52	Ann Kitchen	Newark AC
294	5330	00:40:53	Jackie Cordingley	Sale Harriers Manchester
295	5358	00:40:53	Laura Denison	Serpentine RC
296	5235	00:40:54	Simone Wilson	Nuneaton Harriers AC
297	5411	00:40:54	Heather Cooke	Silson Joggers AC
298	5751	00:40:54	Jeanette Fox	Wirral AC
299	5041	00:40:56	Sharon McNally	Isle of Wight AC
300	5455	00:40:58	Sally Diaper	Southampton RC
301	5108	00:41:01	Fiona Holland	London Heathside
302	5033	00:41:05	Charlotte Cooper	Invicta East Kent AC
303	5291	00:41:06	Andrea Curson	Reading AC
304	5311	00:41:10	Janet Hindley	Rotherham Harriers & AC
305	4992	00:41:12	Fiona Maguire	Highgate Harriers
306	5159	00:41:13	Karen Horswood	Metropolitan Police AC
307	4551	00:41:16	Grace Brown	Basildon AC
308	5118	00:41:17	Jackie Watt	London Heathside
309	5148	00:41:18	Lauren Cripps	Marshall Milton Keynes AC
310	5380	00:41:18	Pam Rutherford	Serpentine RC
311	5044	00:41:22	Lynne Champion	Istead & Ifield Harriers
312	4951	00:41:23	Tamsin Cargill	Hercules Wimbledon AC

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313	5111	00:41:24	Karen Levene	London Heathside
314	5672	00:41:25	Siana Jones	Westbury Harriers
315	5196	00:41:27	Kate Else	Newark AC
316	5155	00:41:27	Louisa Brana	Metropolitan Police AC
317	5128	00:41:29	Ade Aboaba	Manchester YMCA Harriers
318	5511	00:41:30	Joan Clarke	Stourbridge RC
319	5374	00:41:32	Angharad Palin	Serpentine RC
320	5598	00:41:34	Sally Woolhouse	Trafford AC
321	5484	00:41:35	Katharine Stanbridge	St.Albans Striders
322	5307	00:41:36	Josefa Terim	Rochdale Harriers & AC
323	5545	00:41:39	Sian Davies	Telford AC
324	5369	00:41:40	Sarah Knox	Serpentine RC
325	5655	00:41:42	Jackie Drew	Watford Joggers
326	5271	00:41:42	Kate Brooks	Ranelagh Harriers
327	5421	00:41:45	Caroline Scott	Sinfin RC
328	4837	00:41:46	Vanda Caulfield	Epsom & Ewell Harriers
329	5562	00:41:47	Hilary Hilhouse	The Stragglers
330	4857	00:41:49	Fiona Turner	Forest of Dean AC
331	5328	00:41:50	Helen Armitage	Sale Harriers Manchester
332	5020	00:41:50	Dianne Crisp	Ilford AC
333	5483	00:41:52	Georgie Ripper	St.Albans Striders
334	5726	00:41:56	Alison Fenwick	Winchester & District AC
335	5619	00:41:57	June Barrow Green	Victoria Park H. & Tower Hamlets AC
336	5018	00:41:58	Eloise Lee	Horsham Blue Star Harriers
337	5594	00:42:00	Rosie Fearon	Trafford AC
338	4959	00:42:05	Rebecca Barrow	Herne Hill Harriers
339	5264	00:42:07	Jane Neal	Poole AC
340	5009	00:42:07	Barbara Hinchliffe	Holmfirth Harriers AC
341	4798	00:42:09	Stephanie Wood	Dartford Harriers AC
342	5210	00:42:14	Michelle Moran	North East Veterans AC
343	4818	00:42:21	Nicola Baker	Ealing Southall & Middlesex AC
344	4937	00:42:24	Jane Hallam	Havering Mayesbrook AC
345	5736	00:42:26	Madeline Vosser	Winchester & District AC
346	5378	00:42:26	Melanie Pryke	Serpentine RC
347	5528	00:42:28	Margie Pritchard	Stubbington Green Runners & AC
348	5373	00:42:33	Valerie Metcalf	Serpentine RC
349	4622	00:42:33	Carolyna Jones Baldock	Blackheath & Bromley Harriers
350	4639	00:42:34	Laura Leslie	Bournville Harriers
351	5558	00:42:35	Cathy Davis	The Stragglers
352	5591	00:42:39	Melissa Davis	Trafford AC
353	4769	00:42:39	Leurie Douglas	Colchester & Tendring AC
354	5656	00:42:39	Katerina Prior	Wells City Harriers
355	4570	00:42:41	Jennifer Beecroft	Belgrave Harriers
356	5032	00:42:47	Lisa Clayton	Invicta East Kent AC
357	4780	00:42:49	Christa James	Coventry Godiva Harriers
358	4504	00:42:50	Heather Mackay	26.2 RRC
359	4562	00:42:54	Emma Coombes	Bedford & County AC
360	4631	00:42:56	Helen Morris	Blyth RC
361	5047	00:42:57	Sally Whitelaw	Istead & Ifield Harriers
362	4860	00:43:00	Andrea Mann	Garden City Runners
363	4774	00:43:00	Lorraine Kent	Corby AC
364	5036	00:43:04	Janice Moorekite	Invicta East Kent AC

## Senior Women

Pos	RaceNo	Time	Name	Club
365	5599	00:43:08	Kathyn Berry	Trent Park RC
366	4881	00:43:12	Sam Morton	Halesowen AC
367	5138	00:43:15	Amanda Hardy	Mansfield Harriers & AC
368	4883	00:43:18	Clare Baker	Hallamshire Harriers Sheffield
369	4820	00:43:19	Carol Jones	Ealing Southall & Middlesex AC
370	5734	00:43:21	Joy Radford	Winchester & District AC
371	5029	00:43:25	Diane Kitchen	Ilkley Harriers
372	5022	00:43:29	Nicola Hopkinson	Iford AC
373	5563	00:43:31	Jo Kilkenny	The Stragglers
374	5320	00:43:33	Sharon Fearn	Rugby & Northampton AC
375	5043	00:43:35	Alison Bell	Istead & Ifield Harriers
376	5437	00:43:37	Pam Iannella	South London Harriers
377	4947	00:43:40	Helen Turley	Headington RR
378	5517	00:43:46	Lynn Sherren	Stratford upon Avon AC
379	5620	00:43:50	Elaine Battson	Victoria Park H. & Tower Hamlets AC
380	5115	00:43:51	Barbara Tomaszczyk	London Heathside
381	4797	00:43:55	Suzi Wiltshire	Dartford Harriers AC
382	5559	00:43:58	Julie Garner	The Stragglers
383	5057	00:44:03	Nicky Atkins	Kingston AC & Polytechnic Harriers
384	5370	00:44:09	Poppy Lenton	Serpentine RC
385	4524	00:44:10	Jane Poole	Amber Valley AC
386	4776	00:44:11	Trudi Pike	Corby AC
387	5039	00:44:14	Brianna Zoll	Invicta East Kent AC
388	5323	00:44:20	Kate Lundy	Rugby & Northampton AC
389	5340	00:44:23	Joanne Street	Sale Harriers Manchester
390	4899	00:44:24	Wendy Carter	Halstead RR
391	5509	00:44:25	Alison Sugars	Stopsley Striders
392	5781	00:44:28	Lucy Wilson	Woodford Green AC with Essex Ladies
393	5588	00:44:28	Val Evans	Tonbridge AC
394	5134	00:44:29	Ann Brown	Mansfield Harriers & AC
395	5106	00:44:32	Susie Brighton	London Heathside
396	4669	00:44:33	Melanie Hepke	Bromsgrove & Redditch AC
397	5479	00:44:35	Elizabeth Turk	Springfield Striders
398	4862	00:44:41	Christine Baudouin	Gateshead Harriers & AC
399	5560	00:44:44	Chris Glew	The Stragglers
400	5410	00:44:51	Mel Bignell	Silson Joggers AC
401	4518	00:44:53	Ruth McLannan	Aldershot Farnham & District AC
402	5135	00:44:54	Claire Coombes	Mansfield Harriers & AC
403	5244	00:44:55	Lisa Sammons	Oxford City AC
404	5202	00:44:55	Holly Ward	Newark AC
405	5191	00:44:57	Louise Burton	Nene Valley Harriers
406	5785	00:44:59	Sally Valentine	Yaxley Runners & Joggers
407	4641	00:44:59	Sarah Deed	Boxfit Tri Club
408	5547	00:45:01	Grace Hough	Telford Harriers
409	5133	00:45:03	Sue Bellingham	Mansfield Harriers & AC
410	4640	00:45:03	Sarah Rock	Bournville Harriers
411	4963	00:45:10	Penelope Fixter	Herne Hill Harriers
412	4976	00:45:11	Fiona Pierce	Herne Hill Harriers
413	4986	00:45:13	Sarah Chapman	Highgate Harriers
414	4646	00:45:16	Gill Cammack	Brighton & Hove City AC
415	5784	00:45:19	Claire Piercy	Yaxley Runners & Joggers
416	5161	00:45:23	Samantha Johnston	Metropolitan Police AC



## Senior Women

Pos	RaceNo	Time	Name	Club
417	5489	00:45:27	Lydia Atkins	Stafford Harriers
418	5697	00:45:27	Catriona Marshall	Wilmslow RC
419	5176	00:45:31	Nicola Heron	Mornington Chasers RC
420	5544	00:45:33	Liza Blagden	Telford AC
421	5529	00:45:34	Georgie Wallis	Stubbington Green Runners & AC
422	5173	00:45:36	Faye Coddington	Mornington Chasers RC
423	5498	00:45:37	Marie Kay	Stockport Harriers & AC
424	4636	00:45:38	Helen Foot	Bournville Harriers
425	4858	00:45:38	Joy Allen	Garden City Runners
426	5408	00:45:43	Natalie Owens	Shildon R & AC
427	5601	00:45:45	Catherine Jackson	Trent Park RC
428	4674	00:45:47	Mika Butler	Burton AC
429	5447	00:45:48	Zoe Simek	South London Harriers
430	5113	00:45:50	Jayne Sales	London Heathside
431	5324	00:45:52	Ann Rollings	Rugby & Northampton AC
432	5223	00:45:56	Anne Hulse	Norwich RR
433	5567	00:45:56	Ingrid Wagner	The Stragglers
434	4855	00:46:01	Lynne Park	Forest of Dean AC
435	5129	00:46:04	Miranda Clarke	Manchester YMCA Harriers
436	4686	00:46:05	Jo Winn Smith	Cambridge Harriers
437	5467	00:46:05	Anna Ockendon	Southend AC
438	5160	00:46:10	Sarah James	Metropolitan Police AC
439	5471	00:46:11	Manisha Parmar	Sparkhill Harriers
440	5427	00:46:15	Su Bottle	South London Harriers
441	4684	00:46:15	Lucy Oliver Welch	Cambridge Harriers
442	5364	00:46:15	Jane Harris	Serpentine RC
443	5190	00:46:18	Sarah Bertly	Nene Valley Harriers
444	5166	00:46:19	Jacqui Reid	Metropolitan Police AC
445	5327	00:46:23	Kate Williams	Rugby & Northampton AC
446	5204	00:46:29	Debbie Shepherd	Newham & Essex Beagles
447	5269	00:46:30	Kirsty Bangham	Ranelagh Harriers
448	5632	00:46:34	Louise Vasher	Victoria Park H. & Tower Hamlets AC
449	5352	00:46:43	Joanne Gentry	Saltwell Harriers
450	5013	00:46:46	Nathaitia Pineau	Holmfirth Harriers AC
451	4846	00:46:48	Yvonne Goodsell	Eye Community Runners
452	4736	00:46:53	Janet Taylor	Chester Triathlon Club
453	4649	00:46:59	Isobel Muir	Brighton & Hove City AC
454	5313	00:47:02	Gill Taylor	Rotherham Harriers & AC
455	5556	00:47:05	Lynda Chase	The Stragglers
456	4758	00:47:10	Jo Ellerton	City of York AC
457	4854	00:47:11	Vicki Morgan	Forest of Dean AC
458	5457	00:47:12	Sue Read	Southampton RC
459	5651	00:47:16	Nicoleta Economu	Watford Harriers
460	5780	00:47:17	Alex Wardle	Woodford Green AC with Essex Ladies
461	5527	00:47:23	Lucy May	Stubbington Green Runners & AC
462	4772	00:47:26	Diane Wooler	Colchester & Tendring AC
463	4958	00:47:31	Sarah Allen	Herne Hill Harriers
464	5098	00:47:37	Jackie Barker	Lingfield RC
465	4900	00:47:37	Lorraine Garnham	Halstead RR
466	5690	00:47:39	Katy Green	Wilmslow RC
467	4775	00:47:42	Cathy Oram	Corby AC
468	5175	00:47:43	Lucy Francis	Mornington Chasers RC

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Pos	RaceNo	Time	Name	Club
469	5722	00:47:49	Lyn Hutchings	Wimborne AC
470	5042	00:47:52	Susan Beecham	Istead & Ifield Harriers
471	4714	00:47:56	Michelle Levene	Chelmsford AC
472	5102	00:48:03	Debbie Wilkes	Lingfield RC
473	5353	00:48:04	Lisa MacDonald	Saltwell Harriers
474	5478	00:48:14	Kerry Marsh	Springfield Striders
475	5357	00:48:16	Kiera Davidson	Serpentine RC
476	5566	00:48:19	Liz Souness	The Stragglers
477	5231	00:48:22	Wendy Kane	Notts AC
478	5557	00:48:24	Sue Cockle	The Stragglers
479	5023	00:48:27	Pam Jones	Iford AC
480	4501	00:48:35	Ann Bath	26.2 RRC
481	5359	00:48:43	Barbara Deuring	Serpentine RC
482	5021	00:48:45	Sally Gillam	Iford AC
483	4644	00:48:48	Barbara Bassett	Brighton & Hove City AC
484	4678	00:48:48	Diana Braverman	Cambridge & Coleridge AC
485	4903	00:49:01	Lianne Brooks	Harborough AC
486	5384	00:49:07	Wendy Vandoolae	Serpentine RC
487	4848	00:49:08	Sharon Crawley	Fairlands Valley Spartans
488	5758	00:49:12	Pam McEntee	Wolverhampton & Bilston AC
489	4502	00:49:24	Mandy Brown	26.2 RRC
490	4969	00:49:43	Debbie Jackson	Herne Hill Harriers
491	5757	00:49:45	Maureen Perkins	Wolds Veterans RC
492	5600	00:49:57	Jacqueline Hardwick	Trent Park RC
493	4810	00:50:09	Lindsey Annable	Dulwich Runners AC
494	4586	00:50:10	Breda Goss	Bexley AC
495	4878	00:50:17	Anna Cossimetti	Halesowen AC
496	5593	00:50:29	Sue Exon	Trafford AC
497	5416	00:50:42	Jo Crilly	Sinfin RC
498	4773	00:50:51	Tracy Craker	Corby AC
499	4582	00:51:00	Rose Sensecall	Belper Harriers
500	5265	00:51:03	Judith Deakin	Preston Harriers
501	5687	00:51:04	Nina Birch	Wilmslow RC
502	5604	00:51:06	Jo Summers	Trent Park RC
503	5027	00:51:08	Carol Sharratt	Ilkeston RC
504	5063	00:51:24	Carol Blower	Leamington Cycling & AC
505	5139	00:51:26	Louise Harrison	Mansfield Harriers & AC
506	5354	00:51:26	Helena Symmonds	Saltwell Harriers
507	5617	00:51:31	Carole Williams	Vale Royal AC
508	5642	00:51:34	Julie Barbat	Wallasey AC
509	5053	00:51:39	Pauline Dable	Kenilworth Runners
510	4877	00:51:49	Helena Bustin	Halesowen AC
511	5226	00:51:54	Pat Allen	Notts AC
512	5383	00:51:57	Stephanie Vaatz	Serpentine RC
513	5260	00:52:04	Teresa Flannigan	Pitsea RC
514	5059	00:52:08	Gabriela Ojeda	KPMG Running Club
515	5712	00:52:11	Angela Kikugawa	Wimbledon Windmilers
516	5003	00:52:18	Alwen Vervoorts	Holme Pierrepont RC
517	5660	00:52:19	Linda Rawlins	Werrington Joggers
518	5512	00:52:29	Natilie Dellar	Stourbridge RC
519	4850	00:52:37	Sarah O'Bryan	Fairlands Valley Spartans
520	5586	00:52:50	Tina Clarke	Tiptree Road Runners

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Pos	RaceNo	Time	Name	Club
521	4651	00:52:51	Fiona Rowling	Brighton & Hove City AC
522	5243	00:52:56	Kath Robertshaw	Otley AC
523	4743	00:53:04	Fiona Calder	Chiltern Harriers AC
524	5211	00:53:56	Lindsay Cook	North Herts Road Running
525	4849	00:54:04	Nikki Nation	Fairlands Valley Spartans
526	4880	00:54:09	Kirsty Morgan	Halesowen AC
527	4642	00:54:11	Sandra Smyth	Boxfit Tri Club
528	5474	00:54:13	Jackie Stuart	Sphinx AC
529	5163	00:54:17	Sabrina Pacey	Metropolitan Police AC
530	4843	00:55:00	Teresa Persighetti	Eton Manor AC
531	5250	00:55:04	Faye Holden	Pendle AC
532	4503	00:55:07	Jacqueline Godfrey	26.2 RRC
533	5099	00:55:20	Teresa Donohue	Lingfield RC
534	5351	00:55:54	Denise Ford	Saltwell Harriers
535	5661	00:57:06	Tracey Walker	Werrington Joggers
536	5101	00:57:24	Bridget Hollis	Lingfield RC
537	5603	00:58:34	Christine Read	Trent Park RC
538	4588	00:58:44	Geraldine Legon	Bexley AC
539	5228	00:58:58	Laura Boulby	Notts AC
540	5625	00:59:15	Mel McClure	Victoria Park H. & Tower Hamlets AC
541	4879	00:59:16	Sonia Michael	Halesowen AC
542	5419	00:59:56	Karen Pope	Sinfin RC
543	5659	01:00:04	Rosie Loughton	Werrington Joggers
544	5070	01:00:05	Heather Waller	Leamington Cycling & AC
545	4679	01:01:38	Mary Holmes	Cambridge & Coleridge AC
546	5258	01:04:54	Linda Bates	Pitsea RC