

Sheet1

Pos	RaceNo	Time	Name	Club
1	8110	00:35:11	Steve Vernon	Stockport Harriers & AC
2	6267	00:35:32	Micheal Skinner	Blackheath & Bromley Harriers
3	6287	00:35:59	Tom Lancashire	Bolton United Harriers
4	7134	00:36:10	James Walsh	Leeds City AC
5	6680	00:36:17	Jon Pepper	Enfield & Haringey AC
6	7525	00:36:24	Bruce Raeside	Notts AC
7	6168	00:36:25	Phil Wicks	Belgrave Harriers
8	6893	00:36:36	Ben Noad	Highgate Harriers
9	6018	00:36:39	Paul Rodgers	Aldershot Farnham & District
10	6117	00:36:45	Neilson Hall	Bedford & County AC
11	8249	00:36:47	Chris Smith	Thames Valley Harriers
12	6045	00:37:07	Dave Norman	Altrincham & District AC
13	8270	00:37:09	Phil Hinch	Tipton Harriers
14	6604	00:37:10	Jonathon Gilby	Derby AC
15	7402	00:37:12	Andrew Wiles	New Marske Harriers
16	6331	00:37:19	Robbie Bugden	Bristol & West AC
17	6349	00:37:20	Phil Wylie	Bristol & West AC
18	8275	00:37:25	Josh Lilly	Tipton Harriers
19	6343	00:37:29	Tom Russell	Bristol & West AC
20	6122	00:37:39	Matthew Janes	Bedford & County AC
21	7136	00:37:41	James Wilkinson	Leeds City AC
22	7730	00:37:41	Gareth Raven	Sale Harriers Manchester
23	8274	00:37:42	Rich Kay	Tipton Harriers
24	7521	00:37:43	Matt O'Dowd	Notts AC
25	7108	00:37:43	Simon Deakin	Leeds City AC
26	6534	00:37:43	Andrew Ward	Clowne RR
27	7979	00:37:45	Adam Hickey	Southend AC
28	7178	00:37:46	R Burney	Liverpool Harriers & AC
29	6234	00:37:50	Tom Cornthwaite	Blackburn Harriers
30	7101	00:37:53	Alan Buckley	Leeds City AC
31	7044	00:37:54	John Gilbert	Kent AC
32	6008	00:37:55	Steve Connor	Aldershot Farnham & District
33	7853	00:38:05	Glen Watts	Shaftesbury Barnet Harriers
34	7852	00:38:07	Dan Watts	Shaftesbury Barnet Harriers
35	7385	00:38:08	Matt Nicholson	Morpeth Harriers & AC
36	7840	00:38:09	Orlando Edwards	Shaftesbury Barnet Harriers
37	7353	00:38:14	Tom Collins	Medway & Maidstone AC
38	6771	00:38:15	Andy Heyes	Hallamshire Harriers
39	7440	00:38:18	James Ellis	Newham & Essex Beagles
40	8555	00:38:22	Mark Burgess	Woodford Green AC with Essex Ladies
41	7342	00:38:22	Tom Comerford	Marshall Milton Keynes AC
42	8578	00:38:25	Steven Naylor	Woodstock Harriers AC
43	6114	00:38:26	Dan Dalmedo	Bedford & County AC
44	7596	00:38:27	Josh Guilmant	Phoenix AC
45	7170	00:38:28	Ian Kimpton	Lincoln Wellington AC
46	6471	00:38:30	Luke Allen	City of Norwich AC
47	7538	00:38:31	Chris Warburton	Notts AC
48	6241	00:38:32	Russell Bentley	Blackheath & Bromley Harriers
49	8284	00:38:33	Ian Rawlinson	Tipton Harriers
50	7130	00:38:36	Carl Smith	Leeds City AC
51	8108	00:38:37	Alex O'Gorman	Stockport Harriers & AC
52	6135	00:38:38	Steven Robinson	Bedford & County AC
53	7049	00:38:40	Jermaine Mays	Kent AC

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54	6155	00:38:41	James Kelly	Belgrave Harriers
55	8076	00:38:41	Mathew Clowes	Staffordshire Moorlands AC
56	6118	00:38:41	Robert Heaney	Bedford & County AC
57	8287	00:38:42	Ian Williams	Tipton Harriers
58	7117	00:38:45	Martin Hilton	Leeds City AC
59	7040	00:38:46	James Connor	Kent AC
60	6042	00:38:47	Nick Leigh	Altrincham & District AC
61	6887	00:39:01	Henry Dodwell	Highgate Harriers
62	7540	00:39:02	Martin Whitehouse	Notts AC
63	7126	00:39:04	Martin Roscoe	Leeds City AC
64	6478	00:39:05	Stuart Huntingdon	City of Norwich AC
65	7399	00:39:08	Richard Morrell	New Marske Harriers
66	7842	00:39:09	Matt Grant	Shaftesbury Barnet Harriers
67	7168	00:39:10	Tom Doe	Lincoln Wellington AC
68	6265	00:39:12	Andrew Rayner	Blackheath & Bromley Harriers
69	7187	00:39:13	J Mccole	Liverpool Harriers & AC
70	7516	00:39:17	Sam Mitchell	Notts AC
71	7823	00:39:18	Hugh Torry	Serpentine RC
72	6776	00:39:19	Rob Little	Hallamshire Harriers
73	7099	00:39:20	Chris Birchall	Leeds City AC
74	7535	00:39:21	Jonathan Thewlis	Notts AC
75	8288	00:39:23	Martin Williams	Tipton Harriers
76	6253	00:39:24	Alex Gibbons	Blackheath & Bromley Harriers
77	6336	00:39:24	Owain Jones	Bristol & West AC
78	8490	00:39:25	Andrew Greenleaf	Winchester & District AC
79	6290	00:39:26	James Douglas	Border Harriers
80	7814	00:39:27	Richard Phillips	Serpentine RC
81	8149	00:39:27	Russell Ander	Stroud & District AC
82	6777	00:39:29	John Roche	Hallamshire Harriers
83	7007	00:39:31	Graeme Taylor	Jarrow & Hebburn AC
84	8504	00:39:33	Alex Tovey	Windsor Slough Eton & Hounslow AC
85	6920	00:39:35	Mark Buckingham	Holmfirth Harriers AC
86	6895	00:39:35	Ben Pochee	Highgate Harriers
87	8105	00:39:36	Andy Nixon	Stockport Harriers & AC
88	6490	00:39:37	Seb Duffy	City of Stoke AC
89	6886	00:39:38	Shaun Dixon	Highgate Harriers
90	6767	00:39:40	Rob Baker	Hallamshire Harriers
91	6127	00:39:40	William Mackay	Bedford & County AC
92	7337	00:39:40	Kevin Loundes	Manx Harriers
93	7500	00:39:41	Darren Fowlie	Notts AC
94	6856	00:39:43	Alan Barnes	Herne Hill Harriers
95	7140	00:39:44	Oliver Ziff	Leeds City AC
96	7061	00:39:45	Matthew Granger	Kidderminster & Stourport AC
97	7498	00:39:46	Kevin Farrow	Notts AC
98	8266	00:39:47	Ben Gamble	Tipton Harriers
99	8262	00:39:49	Dan Beier	Tipton Harriers
100	6854	00:39:53	Alastair Watson	Hermitage Harriers
101	8553	00:39:54	Daniel Augustus	Woodford Green AC with Essex Ladies
102	6340	00:39:58	Tom Merson	Bristol & West AC
103	6374	00:40:04	Dean Lacy	Cambridge Harriers
104	6332	00:40:04	Andrew Chambers	Bristol & West AC
105	7850	00:40:05	James Trapmore	Shaftesbury Barnet Harriers
106	6897	00:40:05	Glenn Saqui	Highgate Harriers
107	6583	00:40:06	Toby Spencer	Coventry Godiva Harriers

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108	6784	00:40:07	Sean Fenwick	Harborough AC
109	7561	00:40:09	Tom Mahon	OWLS Leicester
110	7059	00:40:11	Phillip Winskill	Keswick AAC
111	7515	00:40:13	Chris McGurk	Notts AC
112	7562	00:40:13	Tom Meakin	OWLS Leicester
113	7098	00:40:14	Darran Bilton	Leeds City AC
114	6682	00:40:16	Matt Sharp	Enfield & Haringey AC
115	7102	00:40:17	Michael Burrett	Leeds City AC
116	7638	00:40:18	Carl Bradbury	Reading AC
117	6766	00:40:18	Dave Archer	Hallamshire Harriers
118	6664	00:40:19	Timothy Ellis	Edgworth Cricket & RC
119	7493	00:40:21	Matt Blunden	Notts AC
120	7718	00:40:22	James Bailey	Sale Harriers Manchester
121	6399	00:40:22	Jason Williams	Charnwood AC
122	6137	00:40:23	Steven Tuttle	Bedford & County AC
123	7980	00:40:25	Ben Hunter	Southend AC
124	8340	00:40:26	Stuart Doyle	Vale Royal AC
125	8481	00:40:27	Damian Nicholls	Wilmslow RC
126	6333	00:40:28	Steve Francis	Bristol & West AC
127	8291	00:40:30	Sam Bradley	Tonbridge AC
128	7531	00:40:31	Tommy Salmon	Notts AC
129	6774	00:40:32	Tom Jenkins	Hallamshire Harriers
130	8564	00:40:36	Angus Holford	Woodford Green AC with Essex Ladies
131	7119	00:40:36	Gregory Hull	Leeds City AC
132	6521	00:40:37	Will Ferguson	CLC Striders
133	8570	00:40:39	Bertie Powell	Woodford Green AC with Essex Ladies
134	6271	00:40:41	Jack Swallow	Blackheath & Bromley Harriers
135	6123	00:40:43	James Lawler	Bedford & County AC
136	7427	00:40:43	Matt Lockyer	Newcastle Staffs AC
137	6775	00:40:43	Oly Johnson	Hallamshire Harriers
138	6858	00:40:44	Chris Busaileh	Herne Hill Harriers
139	8338	00:40:45	Tom Carter	Vale Royal AC
140	7194	00:40:45	L Siemaszko	Liverpool Harriers & AC
141	7612	00:40:46	Ian Nixon	Pudsey & Bramley AC
142	7035	00:40:47	Richard Simkiss	Kenilworth Runners
143	6571	00:40:51	Scott Hazell	Coventry Godiva Harriers
144	6157	00:40:53	Soeren Lindner	Belgrave Harriers
145	8214	00:40:54	Craig Walker	Telford AC
146	8269	00:40:56	Mick Hill	Tipton Harriers
147	7369	00:40:56	Peter Tucker	Metropolitan Police AC
148	8293	00:40:57	Ben Cole	Tonbridge AC
149	6017	00:40:58	Neil Phillips	Aldershot Farnham & District
150	6861	00:40:59	Jeff Cunningham	Herne Hill Harriers
151	8078	00:41:00	Marc Hartley	Staffordshire Moorlands AC
152	6133	00:41:02	Christopher Riley	Bedford & County AC
153	6866	00:41:03	John Kettle	Herne Hill Harriers
154	6896	00:41:05	Danny Russell	Highgate Harriers
155	6557	00:41:05	Chris Bannon	Coventry Godiva Harriers
156	7608	00:41:06	David Rigby	Preston Harriers
157	7118	00:41:06	Nick Hooker	Leeds City AC
158	7252	00:41:07	Jonathon Archer	Low Fell RC
159	7795	00:41:10	Will Green	Serpentine RC
160	6874	00:41:12	Ben Paviour	Herne Hill Harriers
161	6576	00:41:12	Nigel Marley	Coventry Godiva Harriers

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162	7523	00:41:13	Colin Palmer	Notts AC
163	6121	00:41:14	Andrew Inskip	Bedford & County AC
164	6892	00:41:15	Ryan Mckinlay	Highgate Harriers
165	6491	00:41:16	Tom Gayle	City of Stoke AC
166	6992	00:41:17	Mark Wilkins	Invicta East Kent AC
167	7131	00:41:20	James Smith	Leeds City AC
168	7435	00:41:21	Andy Barber	Newham & Essex Beagles
169	6147	00:41:21	Will Cockerell	Belgrave Harriers
170	6898	00:41:22	Richard Scott	Highgate Harriers
171	7156	00:41:23	Scott Hughes	Leigh Harriers & AC
172	6872	00:41:24	Keith Newton	Herne Hill Harriers
173	6549	00:41:25	Chris Curtis	Corby AC
174	7629	00:41:27	Peter Haarer	Ranelagh Harriers
175	6347	00:41:27	Jon Wills	Bristol & West AC
176	7382	00:41:28	Andrew Lawrence	Morpeth Harriers & AC
177	8604	00:41:32	Tom Edwards	York Knavesmire Harriers
178	6570	00:41:35	James Griggs	Coventry Godiva Harriers
179	8202	00:41:39	David Coales	Teambath AC
180	6232	00:41:41	Darren Purvis	Birtley AC
181	6326	00:41:43	Matthew Bristow	Brighton & Hove AC
182	8246	00:41:45	Sean Renfer *	Thames Valley Harriers
183	6875	00:41:48	Chris Peach	Herne Hill Harriers
184	6818	00:41:55	Pete Norris	Harrow AC
185	8565	00:41:58	Ben Hope	Woodford Green AC with Essex Ladies
186	8472	00:42:00	Malcolm Fowler	Wilmslow RC
187	7066	00:42:01	Gregan Clarkson	Kingston upon Hull AC
188	7030	00:42:01	Phillip Gould	Kenilworth Runners
189	6968	00:42:02	Malcolm Muir	Iford AC
190	7046	00:42:03	Chris Greenwood	Kent AC
191	6211	00:42:04	Tim Midgely	Bingley Harriers & AC
192	6807	00:42:04	Chris Miller	Harrogate Harriers & AC
193	7363	00:42:12	Rob Jackaman	Metropolitan Police AC
194	6312	00:42:13	Jamie Ashton	Bracknell AC
195	7070	00:42:14	Peter Branney	Kirkstall Harriers
196	6011	00:42:14	Tim Doran	Aldershot Farnham & District
197	7231	00:42:16	George Stewart	London Heathside
198	7338	00:42:16	Martin Malone	Manx Harriers
199	6888	00:42:17	Peter Downie	Highgate Harriers
200	6948	00:42:18	Carl Sommer	Huncote Harriers AC
201	7693	00:42:19	Chris Fell	Rossendale Harriers & AC
202	8299	00:42:19	Harry Paton	Tonbridge AC
203	7556	00:42:20	Peter Butler	Oswestry Olympians
204	6754	00:42:21	Tom Kenderdine	Halesowen ACC
205	6006	00:42:22	Graham Breen	Aldershot Farnham & District
206	6813	00:42:23	Julian Critchlow	Harrow AC
207	7478	00:42:25	Steve Gibbs	Norwich RR
208	7750	00:42:26	Jan Pichl	Salford Harriers
209	7146	00:42:26	Tim Carter	Leicester Coritanian
210	7039	00:42:26	Ian Cardy	Kent AC
211	7997	00:42:27	Steve Wilkinson	Southport Waterloo AC
212	8559	00:42:28	Martyn Cryer	Woodford Green AC with Essex Ladies
213	7051	00:42:31	Andrew Moreton	Kent AC
214	7174	00:42:34	Joshua Stone	Lincoln Wellington AC
215	8439	00:42:35	David Alexander	West Cheshire AC

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216	8073	00:42:37	Gareth Briggs	Staffordshire Moorlands AC
217	8300	00:42:37	Graeme Saker	Tonbridge AC
218	6932	00:42:39	Anthony Bourne	Horsham Blue Star Harriers
219	7264	00:42:42	Liam McNabola	Luton AC
220	6937	00:42:43	Gary Priestley	Horwich RMI Harriers
221	6020	00:42:45	Scott Smith-Bannister	Aldershot Farnham & District
222	8276	00:42:45	Matt Lockett	Tipton Harriers
223	6376	00:42:46	James Chettle	Cambridge University Hare & Hounds
224	7954	00:42:47	Luke Adams	South Shields Harriers & AC
225	6033	00:42:47	Tom Bush	Altrincham & District AC
226	7568	00:42:48	Harry Geaves	Oxford Brookes Running & AC
227	7780	00:42:49	Miguel Branco	Serpentine RC
228	6257	00:42:50	Ben Harding	Blackheath & Bromley Harriers
229	7654	00:42:51	Ryan Harris	Reigate Priory AC
230	6582	00:42:51	Alistair Smith	Coventry Godiva Harriers
231	6772	00:42:53	Pete Hodges	Hallamshire Harriers
232	7354	00:42:54	James Hogg	Medway & Maidstone AC
233	6259	00:42:55	Dave McKinley	Blackheath & Bromley Harriers
234	6132	00:42:56	Richard Henderson	Bedford & County AC
235	8264	00:42:56	Phil Clamp	Tipton Harriers
236	6149	00:42:57	James Fairbourn	Belgrave Harriers
237	7112	00:42:58	Leon Foster	Leeds City AC
238	7229	00:42:59	Ed Samuel	London Heathside
239	7797	00:43:00	Wesley Harrison	Serpentine RC
240	6780	00:43:02	Mife Sprot	Hallamshire Harriers
241	8310	00:43:02	Michael Hunt	Trafford AC
242	6608	00:43:03	Thomas Lawrence	Derby AC
243	6652	00:43:04	Gavin Browne	East Cheshire Harriers & Tameside AC
244	6744	00:43:04	Adam Stirk	Guildford & Godalming AC
245	6859	00:43:05	Simon Coombes	Herne Hill Harriers
246	6094	00:43:06	Andy Swift	Barnsley AC
247	7251	00:43:06	Richard Brown	Louth AC
248	6089	00:43:07	Gavin Felton	Barnsley AC
249	6327	00:43:10	Zared Hale	Brighton & Hove AC
250	6848	00:43:11	Alex Urban	Hercules Wimbledon AC
251	7745	00:43:11	Robert Hughes	Salford Harriers
252	6510	00:43:12	Brendan McMillan	Claremont RR
253	7362	00:43:13	Joel Clewett	Metropolitan Police AC
254	8217	00:43:15	Jamie Anderson	Telford Harriers
255	7804	00:43:15	Fraser Johnson	Serpentine RC
256	7042	00:43:15	Andrew Dunwoody	Kent AC
257	6903	00:43:16	Martin Bateman	Hillingdon AC
258	8294	00:43:17	Greg Cole	Tonbridge AC
259	8082	00:43:17	Sam Lucking	Staffordshire Moorlands AC
260	8102	00:43:17	Dean Matkin	Stockport Harriers & AC
261	6862	00:43:18	Tim Elsey	Herne Hill Harriers
262	7551	00:43:20	Bill Bennett	Orion Harriers
263	8425	00:43:21	Charlie Pass	Wesham RR
264	7429	00:43:22	Steve Ratcliffe	Newcastle Staffs AC
265	7496	00:43:23	Richard Darling	Notts AC
266	8571	00:43:24	Jim Roche	Woodford Green AC with Essex Ladies
267	7161	00:43:25	Andrew Inchley	Leighton Buzzard AC
268	7336	00:43:27	Edward Gumbley	Manx Harriers
269	6867	00:43:28	Sawar Khan	Herne Hill Harriers

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270	6824	00:43:29	Robert Warner	Havering Mayesbrook AC
271	7725	00:43:30	Mike Hatch	Sale Harriers Manchester
272	7428	00:43:30	Jamie Pringle	Newcastle Staffs AC
273	7450	00:43:32	Jamal Mohamed	Newham & Essex Beagles
274	8233	00:43:34	Gordon Pearce	Thames Hare & Hounds
275	7090	00:43:35	Jamie Langley	Leamington C & AC
276	7639	00:43:37	Richard Kinnersley	Reading AC
277	6072	00:43:37	Alex Horton	Barnet & District AC
278	7991	00:43:40	Ben Johnson	Southport Waterloo AC
279	7422	00:43:42	Mark Flint	Newcastle Staffs AC
280	6242	00:43:46	Daniel Brewer	Blackheath & Bromley Harriers
281	7572	00:43:49	David Taylor	Oxford University AC
282	6760	00:43:50	Dominic Morton	Halesowen ACC
283	6816	00:43:50	Matt Judson	Harrow AC
284	7817	00:43:51	Andrew Reeves	Serpentine RC
285	7524	00:43:51	Jarratt Perkins	Notts AC
286	7418	00:43:51	Mark Vardy	Newbury AC
287	7333	00:43:53	Gianni Epifani	Manx Harriers
288	8608	00:43:54	Johnny Kendle	York Knavesmire Harriers
289	6075	00:43:54	Richard McCormick	Barnet & District AC
290	6843	00:43:55	Phil Glynn	Hercules Wimbledon AC
291	8414	00:43:55	Michael Moore	Werrington Joggers
292	7808	00:43:56	Ebrima Noble	Serpentine RC
293	7534	00:43:57	Nick Talbot	Notts AC
294	6325	00:43:57	Howard Bristow	Brighton & Hove AC
295	7368	00:43:58	Simon Riley	Metropolitan Police AC
296	7190	00:43:59	J Michaelson	Liverpool Harriers & AC
297	6702	00:44:00	Adam Taylor	Fleckney & Kibworth RC
298	7267	00:44:01	Stuart Still	Luton AC
299	8227	00:44:01	Nicholas Gould	Thames Hare & Hounds
300	7658	00:44:02	Andrew Walker	Reigate Priory AC
301	7444	00:44:04	Kelvin Goodwin	Newham & Essex Beagles
302	8546	00:44:05	Dave Smith	Wolverhampton & Bilston AC
303	8352	00:44:06	Simon Midwood	Valley Striders AC
304	8106	00:44:07	Adrian Nutter	Stockport Harriers & AC
305	8451	00:44:08	Gregg Ward	Westbury Harriers
306	7683	00:44:09	Phil Williams	Rochdale Harriers & AC
307	8222	00:44:12	Steven Ried	Telford Harriers
308	8256	00:44:14	Ben Osborn	The Stragglers
309	7775	00:44:15	Jolyon Attwooll	Serpentine RC
310	6882	00:44:16	Andrew Aitken	Highgate Harriers
311	7555	00:44:17	Andrew Warner	Orion Harriers
312	7996	00:44:18	Jay Tartt	Southport Waterloo AC
313	6489	00:44:19	John Danahay	City of Stoke AC
314	6222	00:44:20	Neil Allan	Birtley AC
315	6334	00:44:21	Steve Goss	Bristol & West AC
316	7175	00:44:25	A Ashton	Liverpool Harriers & AC
317	8348	00:44:26	Rob De Giovanni	Valley Striders AC
318	8281	00:44:27	John Millington	Tipton Harriers
319	7552	00:44:28	Ian Clark	Orion Harriers
320	7069	00:44:28	Tom Mckee	Kingston upon Hull AC
321	6738	00:44:29	Ben Evans	Guildford & Godalming AC
322	8354	00:44:31	Gwil Thomas	Valley Striders AC
323	7181	00:44:32	R Dewhurst	Liverpool Harriers & AC

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324	7327	00:44:33	Nigel Armstrong	Manx Harriers
325	6465	00:44:35	James Rogers	City of Hull AC
326	7201	00:44:36	Bernie Murphy	Liverpool Pembroke & Sefton H AC
327	7151	00:44:36	Tony Battersby	Leigh Harriers & AC
328	6548	00:44:36	James Wood	Congleton Harriers
329	7995	00:44:38	Richard Shearer	Southport Waterloo AC
330	8477	00:44:38	Graham Macneil	Wilmslow RC
331	8576	00:44:39	Harold Wyber	Woodford Green AC with Essex Ladies
332	7346	00:44:40	Chris Hearn	Marshall Milton Keynes AC
333	8407	00:44:42	Tim Hawkins	Wells City Harriers
334	6841	00:44:44	Deon Coetzee	Hercules Wimbledon AC
335	7798	00:44:46	Paul Haymen	Serpentine RC
336	7709	00:44:48	Paul Birch	Rugby & Northampton AC
337	7926	00:44:50	Tim Price	Solihull & Small Heath AC
338	7570	00:44:51	Robert Kerr	Oxford Brookes Running & AC
339	7349	00:44:52	Ross Threlfall	Marshall Milton Keynes AC
340	6752	00:44:52	Mark Hadley	Halesowen ACC
341	7792	00:44:55	Martin Gaunt	Serpentine RC
342	7138	00:44:56	Trevor Wilks	Leeds City AC
343	6603	00:44:57	Adam Fozzard	Derby AC
344	7155	00:45:00	John Howarth	Leigh Harriers & AC
345	6528	00:45:01	Gareth Lowe	Clowne RR
346	7560	00:45:01	Tom Bell	OWLS Leicester
347	6845	00:45:05	Rory McMahon	Hercules Wimbledon AC
348	6125	00:45:07	David Lipscomb	Bedford & County AC
349	6181	00:45:07	Matthew Chadwick	Beverley AC
350	8290	00:45:07	Dan Bradley	Tonbridge AC
351	6917	00:45:08	Graham Moffatt	Holme Pierrepont RC
352	7389	00:45:08	Mike Chapman	Nene Valley Harriers
353	6486	00:45:08	Steve Bazell	City of Stoke AC
354	7390	00:45:09	Chris Cooper	Nene Valley Harriers
355	7957	00:45:10	Nick Atkinson	South Shields Harriers & AC
356	7037	00:45:12	Stuart Beaney	Kent AC
357	8502	00:45:13	Simon Millett	Windsor Slough Eton & Hounslow AC
358	6289	00:45:14	Kevin Bell	Border Harriers
359	6860	00:45:15	Mike Cummings	Herne Hill Harriers
360	7111	00:45:17	Martin Farran	Leeds City AC
361	7008	00:45:18	Nigel Bedell	Keighley & Craven AC
362	6671	00:45:19	Kevin Stephenson	Elswick Harriers
363	7936	00:45:19	Peter Mallison	South Cheshire Harriers
364	7694	00:45:19	Andy Grenfell	Rosendale Harriers & AC
365	7896	00:45:20	Simon Woodward	Silson Joggers AC
366	7142	00:45:21	James Gardner	Leeds University AC/CC
367	6927	00:45:22	Nathan Martin	Holmfirth Harriers AC
368	6554	00:45:23	Luke Montgomery	Corby AC
369	6484	00:45:23	Andy Allen	City of Stoke AC
370	8394	00:45:26	Dan Doherty	Wellingborough & District AC
371	6613	00:45:27	Ian Stevens	Derby AC
372	8157	00:45:28	Daniel Gueran	Stubbington Green Runners
373	8581	00:45:29	Dave Hall	Worcester AC
374	8145	00:45:29	Rob Minton	Stratford on Avon AC
375	8569	00:45:30	Tomaz Plibersek *	Woodford Green AC with Essex Ladies
376	6390	00:45:30	Matthew Law	Charnwood AC
377	7740	00:45:31	Simon Bruton	Salford Harriers

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378	7148	00:45:32	Danny Keating	Leicester Coritanian
379	8056	00:45:32	Tom Griffiths	St.Helens Sutton AC
380	7610	00:45:32	Niall Bourke	Pudsey & Bramley AC
381	6346	00:45:32	Rob Whitham	Bristol & West AC
382	8512	00:45:33	Mark Hulmston	Wirral AC
383	7065	00:45:34	Richard Mathie	Kingston AC & Poly Harriers
384	7372	00:45:34	Christopher Rumsey	Middlesbrough & Cleveland Harriers
385	7945	00:45:34	Andy Collins	South London Harriers
386	7821	00:45:35	Andrew Taylor	Serpentine RC
387	7204	00:45:35	Clark Roberts	Liverpool Pembroke & Sefton H AC
388	8333	00:45:35	Phil Read	Uttoxeter RR
389	7260	00:45:36	Jonathon Stephens	Low Fell RC
390	6052	00:45:36	Paul Collingwood	Askern District RC
391	8204	00:45:37	Daniel Jones	Teambath AC
392	7471	00:45:40	Mark Betts	Norwich RR
393	7796	00:45:42	Duncan Hancox	Serpentine RC
394	8518	00:45:43	Peter Scarrett	Wirral AC
395	7860	00:45:45	Chris Ireland	Sheffield RC
396	8538	00:45:46	Paul Hammond	Wolverhampton & Bilston AC
397	7777	00:45:46	Simon Barker	Serpentine RC
398	7692	00:45:47	Grant Cunliffe	Rossendale Harriers & AC
399	8484	00:45:48	Jim Pendrill	Wilmslow RC
400	6359	00:45:50	Gordon Smith	Burton AC
401	6100	00:45:50	Jonathan Folland	Barrow Runners
402	7217	00:45:51	Michael Davidson	London Heathside
403	8257	00:45:51	Roy Reeder	The Stragglers
404	7566	00:45:52	Benjamin Cross	Oxford Brookes Running & AC
405	6228	00:45:52	Lee Millmore	Birtley AC
406	7514	00:45:54	Steve Long	Notts AC
407	6709	00:45:54	David Weekes	Folkestone RC
408	7734	00:45:54	Phil Scowcroft	Sale Harriers Manchester
409	8055	00:45:55	Barry Graney	St.Helens Sutton AC
410	7345	00:45:56	Bayan Gatluak *	Marshall Milton Keynes AC
411	6691	00:45:58	Phil Sangar	Epsom & Ewell Harriers
412	8235	00:45:59	Jerry Watson	Thames Hare & Hounds
413	7922	00:46:00	Simon Bently	Solihull & Small Heath AC
414	8268	00:46:03	Dean Hill	Tipton Harriers
415	6411	00:46:05	Lee Pickering	Chelmsford AC
416	8302	00:46:06	Jon Undy	Tonbridge AC
417	7657	00:46:09	Mark Thomas	Reigate Priory AC
418	6190	00:46:10	Jon Armstrong	Bexley AC
419	7110	00:46:11	Ben Dyson	Leeds City AC
420	8245	00:46:12	Matt Ponting	Thames Valley Harriers
421	6747	00:46:13	Marc Woodall	Guildford & Godalming AC
422	7259	00:46:14	John Stephens	Low Fell RC
423	8240	00:46:15	Manuel Da Silva	Thames Valley Harriers
424	7171	00:46:16	Paul Samways	Lincoln Wellington AC
425	6448	00:46:17	Keith Johnston	Chorley Harriers & Tri
426	8409	00:46:18	Jon Rowe	Wells City Harriers
427	8442	00:46:20	Jeffrey Kettle	West Cheshire AC
428	7512	00:46:21	Matthew Judson	Notts AC
429	6960	00:46:21	Dave McGuire	Hyde Park Harriers
430	6240	00:46:22	David Thornton	Blackburn Harriers
431	7432	00:46:22	Tim Twentyman	Newcastle Staffs AC

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432	8655	00:46:24	Ian Day	Ely Runners
433	8440	00:46:24	Andrew Clague	West Cheshire AC
434	6804	00:46:26	Jonathan Johnson	Harrogate Harriers & AC
435	7162	00:46:28	Peter Mackrell	Leighton Buzzard AC
436	7367	00:46:28	Rhys Peters	Metropolitan Police AC
437	7684	00:46:29	Robin Carter	Rolls Royce Harriers
438	7105	00:46:29	Sean Cotter	Leeds City AC
439	8457	00:46:32	Steven Nicholls	Wigan Phoenix
440	6408	00:46:34	Ken Hoye	Chelmsford AC
441	6341	00:46:34	Dan Noad	Bristol & West AC
442	6681	00:46:36	John Scott	Enfield & Haringey AC
443	7177	00:46:41	R Blagg	Liverpool Harriers & AC
444	7641	00:46:42	Darren Stevens	Reading AC
445	8335	00:46:43	Ian Salt	Uttoxeter RR
446	6014	00:46:43	Nick Jacobs	Aldershot Farnham & District
447	7074	00:46:43	Anthony Jewitt	Lancaster & Morecambe AC
448	6051	00:46:44	Paul Clarke	Amber Valley & Erewash AC
449	7220	00:46:44	Julian Ferraro	London Heathside
450	7631	00:46:46	Niall O"connor	Ranelagh Harriers
451	8203	00:46:47	Alex Copping	Teambath AC
452	8545	00:46:47	Ian Pincher	Wolverhampton & Bilston AC
453	6949	00:46:53	Euan West	Huncote Harriers AC
454	7214	00:46:53	Paul Sankey	Liverpool RC
455	6831	00:46:54	Richard Skilbeck	Headington RR
456	6642	00:46:54	Robert Brown	Ealing Southall & Middlesex AC
457	8357	00:46:56	Jeremy Gold	Victoria Park H. & Tower Hamlets AC
458	8530	00:46:57	Dan Brazier	Wolverhampton & Bilston AC
459	6351	00:46:57	Jimmy Atkins	Bromsgrove & Redditch AC
460	6660	00:46:58	Gary Matthews	East Cheshire Harriers & Tameside AC
461	8353	00:46:58	Dave Penman	Valley Striders AC
462	8387	00:46:58	Zac Mcdonough	Watford Harriers
463	8366	00:46:59	Chris Ward	Wakefield District H & AC
464	7224	00:47:00	Paul Lemmon	London Heathside
465	6598	00:47:01	Simon Rutherford	Darlington Harriers & AC
466	7974	00:47:03	Paul Fotherby	Southampton AC
467	8199	00:47:04	Dave Williams	Tamworth AC
468	7720	00:47:05	Elton Davies	Sale Harriers Manchester
469	7202	00:47:05	Chris Pedder	Liverpool Pembroke & Sefton H AC
470	7609	00:47:06	David Watson	Preston Harriers
471	8195	00:47:07	Howard Bush	Tamworth AC
472	7868	00:47:07	Shaun Cooper	Shelton Striders (NS)
473	6837	00:47:07	Ian Robinson	Heaton Harriers
474	7240	00:47:09	Andrew Peat	Long Eaton RC
475	6442	00:47:10	David Biddulph	Chorley Harriers & Tri
476	7934	00:47:10	Michael Hatton	South Cheshire Harriers
477	6800	00:47:12	Pat Brew	Harrogate Harriers & AC
478	7679	00:47:14	Ian Roberts	Rochdale Harriers & AC
479	8123	00:47:15	Tim Davies	Stopsley Striders
480	6187	00:47:15	James Pearson	Beverley AC
481	7663	00:47:16	Tadeusz Zaranko	Richmond & Zetland Harriers
482	6516	00:47:17	Mark Wightman	Clayton-Le-Moors Harriers
483	7705	00:47:18	Peter Neal	Rotherham Harriers & AC
484	7982	00:47:18	Alec Kyrakides	Southend AC
485	7221	00:47:19	John Flahive	London Heathside

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486	7210	00:47:20	Lee Midgehall	Liverpool RC
487	7196	00:47:21	Robert Bland	Liverpool Pembroke & Sefton H AC
488	6542	00:47:22	Peter Carvell	Congleton Harriers
489	8253	00:47:23	Allan Barrie	The Stragglers
490	7016	00:47:24	Mark Knowles	Keighley & Craven AC
491	7960	00:47:25	Paul Bainbridge	South Shields Harriers & AC
492	8191	00:47:28	Paul O'Callaghan	Tadworth AC
493	7924	00:47:28	Steven Howes	Solihull & Small Heath AC
494	7430	00:47:29	Ian Sparks	Newcastle Staffs AC
495	6307	00:47:30	Steve Cumley	Bournville Harriers
496	7952	00:47:30	Stuart Searle	South London Harriers
497	6445	00:47:31	Mark Ellithorn	Chorley Harriers & Tri
498	6905	00:47:33	Scott Farley	Hillingdon AC
499	6753	00:47:34	Tim Hazelwood	Halesowen ACC
500	6855	00:47:34	Roger Alsop	Herne Hill Harriers
501	7522	00:47:36	David Oxland	Notts AC
502	7742	00:47:37	Charles Foster	Salford Harriers
503	8427	00:47:37	Alex Rowe	Wesham RR
504	7606	00:47:37	Kevin Hesketh	Preston Harriers
505	7994	00:47:38	Steve McLean	Southport Waterloo AC
506	7482	00:47:40	Martin Horlock	Norwich RR
507	7283	00:47:40	James Noakes	Macclesfield Harriers
508	6543	00:47:40	Bryan Lomas	Congleton Harriers
509	8373	00:47:41	Greg Jones	Wallasey AC
510	7358	00:47:42	Nicholas Slade	Medway & Maidstone AC
511	7698	00:47:43	Richard Stott	Rossendale Harriers & AC
512	8398	00:47:43	Jon Kemp	Wellingborough & District AC
513	7153	00:47:44	Alister Goulding	Leigh Harriers & AC
514	8197	00:47:46	Thomas Orton	Tamworth AC
515	6010	00:47:48	Jaime Delcampo	Aldershot Farnham & District
516	8610	00:47:49	Chris Roberts	York Knavesmire Harriers
517	8350	00:47:50	Paul Kaiser	Valley Striders AC
518	8298	00:47:50	Richard Owen	Tonbridge AC
519	8494	00:47:51	Paul Stoodley	Winchester & District AC
520	7047	00:47:51	Lee Haze	Kent AC
521	8588	00:47:51	John Hewitt	Worksop Harriers
522	7293	00:47:52	Andy Skitt	Manchester Harriers & AC
523	8534	00:47:54	Darren Edwards	Wolverhampton & Bilston AC
524	7971	00:47:54	David Wakefield	South Shields Harriers & AC
525	8509	00:47:55	Kelvin Dickinson	Wirral AC
526	7805	00:47:57	Charles Lescott	Serpentine RC
527	8119	00:47:57	Roger Taylor	Stone Master Marathoners
528	7927	00:47:58	Rene Vergo	Solihull & Small Heath AC
529	8086	00:47:58	Dave Ansell	Steel City Striders RC
530	8146	00:48:00	Danny Tolhurst	Stratford on Avon AC
531	7948	00:48:00	John Foss	South London Harriers
532	7592	00:48:00	Olly Mason	Peterborough AC
533	7964	00:48:01	Michael Jones	South Shields Harriers & AC
534	8369	00:48:02	Tony Barbat	Wallasey AC
535	8330	00:48:03	Rob Hall	Uttoxeter RR
536	6268	00:48:03	Roy Smith	Blackheath & Bromley Harriers
537	6830	00:48:04	Andy Phelps	Headington RR
538	6616	00:48:06	Robert Russell	Dorking & Mole Valley AC
539	6352	00:48:07	Kevin Lanckham	Bromsgrove & Redditch AC

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540	7347	00:48:08	Steve Herring	Marshall Milton Keynes AC
541	7015	00:48:08	John-Paul Hopkinson	Keighley & Craven AC
542	6969	00:48:09	Kevin Newell	Ilford AC
543	7836	00:48:10	Martyn Whitlock	Severn AC
544	8320	00:48:12	Phil Mainwaring	Trentham RC
545	6317	00:48:12	Peter Gulc	Bridlington RR
546	7396	00:48:13	Chris Mooney	Nene Valley Harriers
547	6532	00:48:14	Simon Sleney	Clowne RR
548	7141	00:48:15	Adam Brown	Leeds University AC/CC
549	8053	00:48:16	Ian Costello	St.Helens Sutton AC
550	6311	00:48:16	Daniel Wilson	Bournville Harriers
551	6217	00:48:17	Richard Gray	Birmingham RA & TC
552	8046	00:48:18	Mike Wall	Sphinx AC
553	6590	00:48:19	Colin Oxlade	Croydon Harriers
554	6277	00:48:19	Perry Mann	Blackpool Wyre & Fylde AC
555	8580	00:48:19	Chris Davies	Worcester AC
556	6745	00:48:20	Mark Tennyson	Guildford & Godalming AC
557	7776	00:48:20	Nick Barberis	Serpentine RC
558	7789	00:48:22	James Edgar	Serpentine RC
559	7956	00:48:22	James Asker	South Shields Harriers & AC
560	8607	00:48:23	Darren Hendley	York Knavesmire Harriers
561	7963	00:48:23	Ben Forster	South Shields Harriers & AC
562	7000	00:48:27	Joe Cumberland	Istead & Ifield Harriers
563	6053	00:48:28	Andy Goodair	Askern District RC
564	7992	00:48:28	Gerry Lenehan	Southport Waterloo AC
565	7624	00:48:29	Ed Barker	Ranelagh Harriers
566	6200	00:48:30	Paul Smyth	Bexley AC
567	7762	00:48:31	Jim Thompson	Saltwell Harriers
568	7006	00:48:33	Craig Deacon	Jarrow & Hebburn AC
569	7935	00:48:33	Pat Hudson	South Cheshire Harriers
570	6085	00:48:34	David Wilcock	Barnet & District AC
571	6499	00:48:34	Martin Kirby	City of York AC
572	6909	00:48:35	Paul Leppard	Hillingdon AC
573	6388	00:48:38	Ian Satterthwaite	Centurion RC
574	6569	00:48:38	Tobias Gehrke	Coventry Godiva Harriers
575	6908	00:48:39	Steve Hiron	Hillingdon AC
576	7318	00:48:40	Jason Foster	Mansfield Harriers
577	6574	00:48:40	Job King	Coventry Godiva Harriers
578	8552	00:48:42	Jay Toddington	Wolverhampton & Bilston AC
579	6724	00:48:44	Arthur Short	Grantham AC
580	8511	00:48:46	Simon Fox	Wirral AC
581	7950	00:48:49	Paul Mitchell	South London Harriers
582	6663	00:48:49	Steven Robinson	East Cheshire Harriers & Tameside AC
583	8508	00:48:49	Anthony Devoy	Wirral AC
584	8192	00:48:50	Tim Wilkes	Tadworth AC
585	7206	00:48:50	John Wealthy	Liverpool Pembroke & Sefton H AC
586	6246	00:48:51	Richard Daniel	Blackheath & Bromley Harriers
587	8351	00:48:52	Kevin McMullan	Valley Striders AC
588	7784	00:48:53	Ben Cope	Serpentine RC
589	7969	00:48:53	Chris Muir	South Shields Harriers & AC
590	6529	00:48:54	Scott Ramsden	Clowne RR
591	7064	00:48:54	Anthony Budarkiewicz	Kingston AC & Poly Harriers
592	8220	00:48:55	Ian Maxwell	Telford Harriers
593	7648	00:48:56	Paul Newton	Redhill RR

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594	7627	00:48:56	Chris Bundhun	Ranelagh Harriers
595	6453	00:48:57	Peter Baker	City of Hull AC
596	8050	00:48:58	Stuart Raven	Springfield Striders
597	8537	00:48:58	Tom Fisher	Wolverhampton & Bilston AC
598	8448	00:48:59	Robin Phillips	Westbury Harriers
599	8318	00:48:59	Dale Colclough	Trentham RC
600	7708	00:48:59	Russell Simpson	Royal Sutton Coldfield AC
601	8075	00:49:02	Jason Burgess	Staffordshire Moorlands AC
602	6180	00:49:02	Ian Boardley	Beverley AC
603	7687	00:49:03	Jon Leek	Rolls Royce Harriers
604	6759	00:49:03	Alex Morgan	Halesowen ACC
605	7710	00:49:03	Vincent Carroll	Rugby & Northampton AC
606	7291	00:49:04	Michael Hibbert	Manchester Harriers & AC
607	7492	00:49:04	Michael Benford	Notts AC
608	8084	00:49:05	John Whylock	Staffordshire Moorlands AC
609	6098	00:49:06	Darren Bestwick	Barrow Runners
610	7569	00:49:07	Ben Hurtley	Oxford Brookes Running & AC
611	8180	00:49:08	Mark Birchall	Swinton RC
612	8527	00:49:08	Peter Hutchinson	Wolds Veteran RC
613	8495	00:49:09	David Vosser	Winchester & District AC
614	8289	00:49:10	Mick Barlow	Tonbridge AC
615	6260	00:49:11	Brendan McShane	Blackheath & Bromley Harriers
616	7905	00:49:11	Chris Morrison	Sinfin RC
617	8370	00:49:13	Phil Cuthbert	Wallasey AC
618	6506	00:49:14	Mike Raynes	City of York AC
619	6617	00:49:14	Mark Elliott	Droitwich AC
620	6097	00:49:15	Dave Battersby	Barrow Runners
621	8014	00:49:15	Colin Martin	Spectrum Striders
622	6947	00:49:15	Graeme Slight	Huncote Harriers AC
623	7477	00:49:16	Mark Garrett	Norwich RR
624	8107	00:49:18	Paul Nutter	Stockport Harriers & AC
625	6696	00:49:19	Paul Cates	Eton Manor AC
626	6058	00:49:19	Dean Winter	Askern District RC
627	6764	00:49:20	Nick Price	Halesowen ACC
628	7895	00:49:21	Kevin Reboul	Silson Joggers AC
629	6175	00:49:23	Andy Parkin	Belper Harriers
630	6275	00:49:24	Gary Johnson	Blackpool Wyre & Fylde AC
631	6398	00:49:25	Tom Whitmore	Charnwood AC
632	8088	00:49:25	Simon Bennett	Steel City Striders RC
633	7701	00:49:25	John Comrie	Rotherham Harriers & AC
634	8121	00:49:26	Adrian Copp	Stopsley Striders
635	8139	00:49:27	Malcolm Bowyer	Stratford on Avon AC
636	7265	00:49:29	Lee Murphy	Luton AC
637	7417	00:49:29	Andy Tuttle	Newbury AC
638	7486	00:49:30	Paul Sullivan	Norwich RR
639	7716	00:49:32	Neil Wilsher	Rugby & Northampton AC
640	8386	00:49:32	Stephen Burthem	Warrington AC
641	7208	00:49:36	Maurice Collins	Liverpool RC
642	6046	00:49:36	Toby Percival	Altrincham & District AC
643	7364	00:49:37	John Knight	Metropolitan Police AC
644	6070	00:49:39	Chris Burkinshaw	Barnet & District AC
645	6913	00:49:39	Paul Swan	Hillingdon AC
646	6889	00:49:42	Nick Gold	Highgate Harriers
647	7875	00:49:43	Sam Pearch	Shelton Striders

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648	7675	00:49:45 Paul Leary	Rochdale Harriers & AC
649	7236	00:49:45 David Boot	Long Eaton RC
650	7198	00:49:46 Greg Callaghan	Liverpool Pembroke & Sefton H AC
651	6669	00:49:47 Dave Jardin	Elswick Harriers
652	8061	00:49:48 Ian White	St.Helens Sutton AC
653	8132	00:49:49 Mark Sains	Stopsley Striders
654	7254	00:49:50 Scott Gibson	Low Fell RC
655	7278	00:49:50 Chris Bentley	Macclesfield Harriers
656	6714	00:49:50 Steve Medd	Gateshead Harriers & AC
657	6004	00:49:53 Richard Batchelor	Aldershot Farnham & District
658	7057	00:49:53 Stuart Scott	Kent AC
659	7855	00:49:55 Ian Alexander-Barnet	Sheffield RC
660	7640	00:49:55 Luke McAra	Reading AC
661	6817	00:49:56 Mike Kelly	Harrow AC
662	8602	00:49:57 Robbie Hawkins	Yeovil Town RRC
663	7419	00:49:58 Martin Bailey	Newcastle Staffs AC
664	6055	00:49:59 Wayne Martison	Askern District RC
665	6309	00:50:00 Stuart Pearson	Bournville Harriers
666	6141	00:50:00 Andrew Hunter	Beeston AC
667	7248	00:50:01 Ben Higgins	Loughborough Students AC
668	8510	00:50:01 Will Ferguson	Wirral AC
669	6782	00:50:01 Adam Brooks	Harborough AC
670	6305	00:50:01 Dennis Rainbow	Boston & District AC
671	7157	00:50:03 Phil Williams	Leigh Harriers & AC
672	7212	00:50:04 Ian Palin	Liverpool RC
673	7888	00:50:05 Jim Darcy	Silson Joggers AC
674	8420	00:50:05 John Collier	Wesham RR
675	7334	00:50:06 Andrew Fox	Manx Harriers
676	7180	00:50:06 A Clarke	Liverpool Harriers & AC
677	6544	00:50:07 Chris Moss	Congleton Harriers
678	8447	00:50:08 Colin Johnson	Westbury Harriers
679	7925	00:50:08 Steven Lidgate-Taylor	Solihull & Small Heath AC
680	8054	00:50:08 Mark Davies	St.Helens Sutton AC
681	8147	00:50:08 Kieran Tursner	Stratford on Avon AC
682	7324	00:50:09 Tim Raynor	Mansfield Harriers
683	6756	00:50:11 Andy Merrell	Halesowen ACC
684	7403	00:50:13 Timothy Bagguley	Newark AC
685	7617	00:50:14 Andy Angus	Queens Park Harriers
686	7713	00:50:15 John Saw	Rugby & Northampton AC
687	8395	00:50:17 Martin Hamilton	Wellingborough & District AC
688	7071	00:50:19 Phillip Hewitt	Kirkstall Harriers
689	8010	00:50:20 Nick Stringer	Sparkhill Harriers
690	7815	00:50:21 Brent Plump	Serpentine RC
691	7269	00:50:22 Colin Laidlaw	Lytham St Annes RR
692	8305	00:50:24 Andy Wood	Tonbridge AC
693	7939	00:50:24 James Simpson	South Cheshire Harriers
694	7564	00:50:25 Tristan Bamford	Oxford Brookes Running & AC
695	6255	00:50:25 Dave Griffin	Blackheath & Bromley Harriers
696	7091	00:50:29 Brian Miller	Leamington C & AC
697	6625	00:50:29 David Norman	Dudley Kingswinford RC
698	7001	00:50:30 Derek George	Istead & Ifield Harriers
699	6071	00:50:30 Peter Ellis	Barnet & District AC
700	8017	00:50:31 Ian Pudge	Spectrum Striders
701	7647	00:50:33 Martyn McHale	Redhill RR

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702	7870	00:50:34	Robert Donald	Shelton Striders
703	6983	00:50:35	Nick Little	Invicta East Kent AC
704	6061	00:50:35	Ian Hayden	Aurora Harriers
705	7033	00:50:38	Pete Matthews	Kenilworth Runners
706	6197	00:50:40	Martin Jenner	Bexley AC
707	6076	00:50:40	Desmond Michael	Barnet & District AC
708	8057	00:50:41	Ian Hayburn	St.Helens Sutton AC
709	8603	00:50:41	Barry Atkinson	York Knavesmire Harriers
710	7782	00:50:42	Stephen Brown	Serpentine RC
711	8606	00:50:42	Rory Henderson	York Knavesmire Harriers
712	8579	00:50:45	Phil Bullock	Worcester AC
713	6361	00:50:47	Duncan Stewart	Burton AC
714	8550	00:50:48	Paul Tabor	Wolverhampton & Bilston AC
715	8196	00:50:48	Stephen Deegan	Tamworth AC
716	7227	00:50:48	Norman Mitchell	London Heathside
717	7794	00:50:50	Ollie Gilmore	Serpentine RC
718	6630	00:50:50	Mathew Smith	Dudley Kingswinford RC
719	6183	00:50:52	Andrew Johnston	Beverley AC
720	7822	00:50:53	Richard Taylor	Serpentine RC
721	6110	00:50:54	Daniel Short	Basingstoke & Mid Hants AC
722	6842	00:50:56	Sean Crummy	Hercules Wimbledon AC
723	8008	00:50:58	Mark Pearce	Sparkhill Harriers
724	6146	00:50:58	Malachi Byansi	Belgrave Harriers
725	7584	00:50:59	Andrew Green	Pensby Runners
726	7476	00:50:59	Mark Edwards	Norwich RR
727	8198	00:51:00	Mark Waplinton	Tamworth AC
728	6928	00:51:00	Gavin Pilkington	Holmfirth Harriers AC
729	6150	00:51:01	Rob Harding	Belgrave Harriers
730	6092	00:51:02	Justin Jones	Barnsley AC
731	7497	00:51:02	Nick Evans	Notts AC
732	8488	00:51:03	Andy Watts	Wilmslow RC
733	8238	00:51:04	Richard Bell	Thames Valley Harriers
734	6256	00:51:06	Richard Hall	Blackheath & Bromley Harriers
735	7416	00:51:08	Geoff Anderson	Newbury AC
736	8381	00:51:11	Phil Walton	Wallasey AC
737	7348	00:51:14	Chris Mahon	Marshall Milton Keynes AC
738	7757	00:51:14	Fintan Clarke	Saltwell Harriers
739	6798	00:51:17	David Askew	Harrogate Harriers & AC
740	7793	00:51:17	Ben Gilmore	Serpentine RC
741	8201	00:51:17	Jon Meek	Tavistock AC
742	8367	00:51:18	John Armstrong	Wallasey AC
743	6310	00:51:18	Matthew Slater	Bournville Harriers
744	7871	00:51:19	Stephen Hawkins	Shelton Striders
745	7158	00:51:20	Nick Clay	Leighton Buzzard AC
746	7741	00:51:20	Sean Cordell	Salford Harriers
747	8036	00:51:21	Nick Gilkes	Sphinx AC
748	7083	00:51:21	Chris Warren	Lancaster & Morecambe AC
749	6078	00:51:21	William Morris	Barnet & District AC
750	7088	00:51:23	Michael Denney	Leamington C & AC
751	8138	00:51:24	Pete Walters	Stourbridge RC
752	8529	00:51:27	Andy Bave	Wolverhampton & Bilston AC
753	6457	00:51:27	Stuart Buchan	City of Hull AC
754	6996	00:51:29	Ker Macrosson	Ipswich Jaffa
755	6951	00:51:30	Shane Hunt	Huntingdonshire AC

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756	6007	00:51:31	Mark Clews	Aldershot Farnham & District
757	6727	00:51:32	Philip Chan	Great Western Runners
758	6953	00:51:35	Dave Patmore-Hill	Huntingdonshire AC
759	7719	00:51:36	Paul Barrett	Sale Harriers Manchester
760	7944	00:51:37	Barry Attwell	South London Harriers
761	8401	00:51:37	Andrew Mckenna	Wellingborough & District AC
762	7993	00:51:37	Steve Lewis	Southport Waterloo AC
763	6829	00:51:38	Laurie Hurman	Headington RR
764	6952	00:51:39	Gair Matthews	Huntingdonshire AC
765	8539	00:51:39	Jonnathon Harper	Wolverhampton & Bilston AC
766	7320	00:51:41	John Harrison	Mansfield Harriers
767	6656	00:51:42	Andrew Farley	East Cheshire Harriers & Tameside AC
768	6441	00:51:42	Paul Wareing	Chorley AC
769	7711	00:51:44	Terry Egan	Rugby & Northampton AC
770	8514	00:51:45	Stephen Laker	Wirral AC
771	6447	00:51:46	Paul Jackson	Chorley Harriers & Tri
772	8558	00:51:47	Andy Coleman	Woodford Green AC with Essex Ladies
773	6805	00:51:47	John Mcnerney	Harrogate Harriers & AC
774	8251	00:51:49	Philip Wetton	Thames Valley Harriers
775	6525	00:51:51	Tom Stone	CLC Striders
776	8544	00:51:52	Sean Morgan	Wolverhampton & Bilston AC
777	8319	00:51:54	Paul Gibbings	Trentham RC
778	6562	00:51:56	Martyn Brunt	Coventry Godiva Harriers
779	6350	00:51:57	Phil Anderson	Bromsgrove & Redditch AC
780	6179	00:51:58	Neil Bant	Beverley AC
781	6950	00:52:00	Wayne Gimblett	Huntingdonshire AC
782	8424	00:52:00	Steve Myerscough	Wesham RR
783	7048	00:52:00	Simon Loach	Kent AC
784	6806	00:52:01	Brian Miller	Harrogate Harriers & AC
785	6916	00:52:01	Matthew Mcfarlin	Holme Pierrepont RC
786	6658	00:52:05	Derek Hughes	East Cheshire Harriers & Tameside AC
787	8007	00:52:05	Barry O'Neill	Sparkhill Harriers
788	6444	00:52:05	Joe Duckworth	Chorley Harriers & Tri
789	6171	00:52:08	Simon Edwards	Belper Harriers
790	8128	00:52:10	Chris Lamont	Stopsley Striders
791	7341	00:52:12	Mike Burling	Marshall Milton Keynes AC
792	6623	00:52:12	Ian Hopkins	Dudley Kingswinford RC
793	8018	00:52:13	Julian Spencer	Spectrum Striders
794	8013	00:52:15	Andy Garnett	Spectrum Striders
795	7864	00:52:16	Jed Turner	Sheffield RC
796	6654	00:52:21	Mark Creighton	East Cheshire Harriers & Tameside AC
797	8114	00:52:23	Simon Garside	Stone Master Marathoners
798	8460	00:52:23	David Waddington	Wigan Phoenix
799	6186	00:52:26	Stuart Little	Beverley AC
800	6191	00:52:28	Thomas Clench	Bexley AC
801	6595	00:52:30	Graham Bell	Darlington Harriers & AC
802	7642	00:52:31	Mark Attenborough	Redhill RR
803	7595	00:52:32	Ray Wilson	Peterborough AC
804	7094	00:52:32	Steven Roberts	Leamington C & AC
805	6091	00:52:33	Mark Hurrell	Barnsley AC
806	6518	00:52:34	Glyn Bagnall	CLC Striders
807	6693	00:52:36	Rob Wakefield	Epsom & Ewell Harriers
808	8397	00:52:37	Nigel Jeff	Wellingborough & District AC
809	7766	00:52:38	Ted Kraft	Scarborough AC

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810	8134	00:52:39	Nick Brooks	Stourbridge RC
811	7243	00:52:40	Andrew Norgate	Longwood Harriers AC
812	7961	00:52:41	Paul Doxford	South Shields Harriers & AC
813	7211	00:52:42	David Moran	Liverpool RC
814	7199	00:52:42	Danny Gilbody	Liverpool Pembroke & Sefton H AC
815	6650	00:52:42	Johanne Tesfu	Ealing Southall & Middlesex AC
816	8316	00:52:43	Paul Burslem	Trentham RC
817	6900	00:52:44	Nick Stockman	Highgate Harriers
818	6540	00:52:44	Carson Tweedie	Cobra Running & Tri Club
819	7686	00:52:45	Luke Freeman	Rolls Royce Harriers
820	6698	00:52:46	Adrian Frost	Eton Manor AC
821	7272	00:52:47	Joe Shaw	Lytham St Annes RR
822	7774	00:52:48	James Adams	Serpentine RC
823	6176	00:52:51	Mark Riches	Belper Harriers
824	8586	00:52:52	Paul Dickinson	Worksop Harriers
825	8126	00:52:53	Stuart Harries	Stopsley Striders
826	8058	00:52:55	Ian Pass	St.Helens Sutton AC
827	7120	00:52:55	Danny Jones	Leeds City AC
828	6723	00:52:57	Ben Hatherley	Grantham AC
829	8563	00:52:58	Alistair Holford	Woodford Green AC with Essex Ladies
830	6761	00:53:00	Andy Nock	Halesowen ACC
831	6826	00:53:01	John Griffiths	Headington RR
832	8521	00:53:01	Gary Wilson	Wirral AC
833	8382	00:53:04	Matt Williams	Wallasey AC
834	7032	00:53:05	Martin Lambert	Kenilworth Runners
835	6957	00:53:06	Shane Ewen	Hyde Park Harriers
836	6501	00:53:06	Andrew Nesom	City of York AC
837	6964	00:53:09	Tom Williams	Hyde Park Harriers
838	6535	00:53:09	Steve Cleary	Cobra Running & Tri Club
839	7674	00:53:11	Chris Leach	Rochdale Harriers & AC
840	6530	00:53:11	Matthew Russell	Clowne RR
841	6674	00:53:12	Geoff Davis	Elvet Striders
842	6397	00:53:13	Mark Whitmore	Charnwood AC
843	6924	00:53:15	Brandon Holroyd	Holmfirth Harriers AC
844	7946	00:53:17	Clive Edgington	South London Harriers
845	8548	00:53:17	Chris Stark	Wolverhampton & Bilston AC
846	7858	00:53:18	Jon Cocker	Sheffield RC
847	6156	00:53:19	Alistair Lang	Belgrave Harriers
848	8455	00:53:19	Graham Wiggins	White Horse Harriers
849	6954	00:53:19	Andrew Richardson	Huntingdonshire AC
850	7209	00:53:24	William Merritt	Liverpool RC
851	7715	00:53:24	Adrian White	Rugby & Northampton AC
852	7655	00:53:25	Gavin Lawrence	Reigate Priory AC
853	7590	00:53:26	Gary Thornton-Allen	Pensby Runners
854	7636	00:53:26	Andy Woodhouse	Ranelagh Harriers
855	7470	00:53:27	Michael Armes	Norwich RR
856	8371	00:53:27	Mike Green	Wallasey AC
857	7279	00:53:29	Julian Brown	Macclesfield Harriers
858	7702	00:53:30	Howard Darwin	Rotherham Harriers & AC
859	7753	00:53:31	Ronald Warrender	Salford Harriers
860	6536	00:53:32	Dave Daniels	Cobra Running & Tri Club
861	6172	00:53:33	Ian Hays	Belper Harriers
862	8522	00:53:33	Nick Wilson	Wirral AC
863	6086	00:53:34	Paul Altree	Barnsley AC

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864	7503	00:53:34	Martyn Gibbons	Notts AC
865	7379	00:53:34	Rob Hancox	Morpeth Harriers & AC
866	7622	00:53:35	Frank Nolan	Queens Park Harriers
867	7012	00:53:35	Stephen Carter	Keighley & Craven AC
868	7082	00:53:35	Jim Stewart	Lancaster & Morecambe AC
869	6409	00:53:36	Mike Judd	Chelmsford AC
870	6074	00:53:36	Michael Martin	Barnet & District AC
871	7092	00:53:36	Alex Montgomery	Leamington C & AC
872	8089	00:53:38	Pete Brown	Steel City Striders RC
873	8526	00:53:38	Paul Freeman	Wolds Veteran RC
874	8336	00:53:39	Alan Roberts	Vale Of Aylesbury AC
875	7213	00:53:39	George Pierce	Liverpool RC
876	7144	00:53:41	Rowan Temple	Leeds University AC/CC
877	7053	00:53:42	Nick Park	Kent AC
878	7866	00:53:42	Alex Buckley	Shelton Striders
879	8531	00:53:43	Duncan Davies	Wolverhampton & Bilston AC
880	6081	00:53:44	Laurence Scheyuens	Barnet & District AC
881	7929	00:53:46	Terry Barker	South Cheshire Harriers
882	6998	00:53:47	Steve Cable	Istead & Ifield Harriers
883	7306	00:53:48	Bryn Machin	Manchester YMCA Harriers
884	6624	00:53:48	Robert Kennard	Dudley Kingswinford RC
885	7397	00:53:49	Jaroslav Nijak	Nene Valley Harriers
886	7242	00:53:50	Richard Wilkinson	Long Eaton RC
887	8143	00:53:53	Paul Hawkins	Stratford on Avon AC
888	6426	00:53:55	Neil Shipley	Chesapeake RR
889	7281	00:53:56	John Mooney	Macclesfield Harriers
890	6956	00:53:56	Barry Wild	Huntingdonshire AC
891	6177	00:53:58	Andy Rose	Belper Harriers
892	6030	00:53:59	Martin Wall	Aldridge RC
893	7763	00:54:00	Richard Townsend	Saltwell Harriers
894	6675	00:54:00	David Gibson	Elvet Striders
895	8207	00:54:01	Michael Thompson	Teesdale AC
896	8519	00:54:04	Michael Stone	Wirral AC
897	7688	00:54:04	Ian Page	Rolls Royce Harriers
898	6629	00:54:05	Dan Smith	Dudley Kingswinford RC
899	8190	00:54:06	Geoff Newton	Tadworth AC
900	8421	00:54:10	Alan Glasgow	Wesham RR
901	6933	00:54:11	Christopher Lee	Horsham Blue Star Harriers
902	6659	00:54:12	Kevin Kyte	East Cheshire Harriers & Tameside AC
903	7322	00:54:13	Jonathan Mitchell	Mansfield Harriers
904	7672	00:54:14	Nick Barton	Rochdale Harriers & AC
905	7891	00:54:14	Graham Linnell	Silson Joggers AC
906	8572	00:54:16	Andy Smith	Woodford Green AC with Essex Ladies
907	7616	00:54:17	Steven Snook	Quakers RC
908	6828	00:54:18	Mark Herd	Headington RR
909	7086	00:54:20	Russell Burrows	Leamington C & AC
910	8422	00:54:21	Russell Mabbett	Wesham RR
911	6002	00:54:23	Peter Stepney	Abingdon AAC
912	6955	00:54:23	Martin Rowe	Huntingdonshire AC
913	8127	00:54:23	Paul Keech	Stopsley Striders
914	8535	00:54:27	Rob Edwards	Wolverhampton & Bilston AC
915	8186	00:54:28	Rick Waring	Swinton RC
916	8069	00:54:29	Christopher Ross	Stafford Harriers
917	7670	00:54:37	Mark Tomlinson	Ripley Running Club

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918	6250	00:54:47	Gareth Evans	Blackheath & Bromley Harriers
919	6602	00:54:49	Gary Fallon	Derby AC
920	6790	00:54:50	Graeme Rolfe	Harborough AC
921	6533	00:54:53	Robert Wain	Clowne RR
922	6695	00:54:54	Micimel Cates	Eton Manor AC
923	7771	00:54:54	Scott Hydon	Sedgefield Harriers
924	8103	00:54:55	Steve Matkin	Stockport Harriers & AC
925	7246	00:54:56	Trevor Wright	Longwood Harriers AC
926	7546	00:54:59	Brian Schofield	Oldham & Royton Harriers & AC
927	8292	00:55:01	Tony Cohen	Tonbridge AC
928	6140	00:55:04	Dave Evans	Beeston AC
929	8136	00:55:04	Dave Rose	Stourbridge RC
930	7295	00:55:05	David Ashton	Manchester YMCA Harriers
931	7411	00:55:05	Howard Leek	Newark AC
932	8551	00:55:06	Dave Tilt	Wolverhampton & Bilston AC
933	7987	00:55:06	Mike Cunningham	Southport Waterloo AC
934	8093	00:55:09	Richard Maxted	Steel City Striders RC
935	8423	00:55:10	Mark Midgeley	Wesham RR
936	8170	00:55:11	Michael Armstrong	Sunderland Strollers
937	6740	00:55:12	Nick Green	Guildford & Godalming AC
938	7532	00:55:14	Martin Saunders	Notts AC
939	6945	00:55:16	Mark Gregory	Huncote Harriers AC
940	7154	00:55:19	Andrew Howarth	Leigh Harriers & AC
941	8329	00:55:20	Grahame Cope	Uttoxeter RR
942	6640	00:55:22	Chris Ashworth	Dursley & District AC
943	7285	00:55:23	Alan Webster	Macclesfield Harriers
944	6363	00:55:26	Danny Fealy	Buxton AC
945	6373	00:55:26	Christof Schwiening	Cambridge & Coleridge AC
946	8405	00:55:27	Guy Travers	Wellingborough & District AC
947	8473	00:55:29	Paul Garnett	Wilmslow RC
948	7653	00:55:32	Neil Hamilton	Reigate Priory AC
949	7656	00:55:32	Paddy Patrick	Reigate Priory AC
950	6700	00:55:32	Ian Lambert	Eton Manor AC
951	8067	00:55:33	Chris Owen	Stafford Harriers
952	7962	00:55:35	Kevin Emmett	South Shields Harriers & AC
953	6522	00:55:35	Joel Freeland	CLC Striders
954	7222	00:55:35	Phil Hogg	London Heathside
955	6438	00:55:35	David Taylor	Chorley AC
956	7507	00:55:37	Dominic Hessian	Notts AC
957	6739	00:55:39	Alistair Gibson	Guildford & Godalming AC
958	6852	00:55:39	Steve Herington	Hereford Couriers
959	6174	00:55:43	Rob Norman	Belper Harriers
960	7644	00:55:43	Terry Chambers	Redhill RR
961	7958	00:55:44	Kevin Ayre	South Shields Harriers & AC
962	8140	00:55:45	James Deacon	Stratford on Avon AC
963	6440	00:55:47	Ian Walker	Chorley AC
964	6387	00:55:48	Andy Roa	Centurion RC
965	7360	00:55:49	Bobby Boothroyd	Metropolitan Police AC
966	7932	00:55:49	Robert Cumming	South Cheshire Harriers
967	6193	00:55:53	Jim Faulkner	Bexley AC
968	6196	00:55:54	Colin Hyde	Bexley AC
969	8068	00:55:56	David Preece	Stafford Harriers
970	7268	00:55:58	Tony Croft	Lytham St Annes RR
971	7682	00:56:00	Mark Walker	Rochdale Harriers & AC

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972	6431	00:56:00	David Breingan	Chiltern Harriers AC
973	6308	00:56:02	Chris Harlan-Marks	Bournville Harriers
974	6649	00:56:03	Stephen Plested	Ealing Southall & Middlesex AC
975	7867	00:56:06	Nicholas Cooper	Shelton Striders
976	6967	00:56:12	Matthew Maple	Ilford AC
977	6885	00:56:13	Duncan Burbidge	Highgate Harriers
978	8004	00:56:13	Craig Hinks	Sparkhill Harriers
979	8260	00:56:17	Ste Abrahams	Tipton Harriers
980	6729	00:56:20	John Hargreaves	Great Western Runners
981	6406	00:56:20	Daryl Ward	Cheadle RC
982	6202	00:56:20	Kevin Winch	Bexley AC
983	6873	00:56:21	Valdis Pauzers	Herne Hill Harriers
984	7848	00:56:23	Ray Powell	Shaftesbury Barnet Harriers
985	8024	00:56:25	Frank Reddington	Spensborough & District AC
986	7594	00:56:26	Peter Ward	Peterborough AC
987	8096	00:56:27	Ian Stinson	Steel City Striders RC
988	8532	00:56:29	Tony Dutton	Wolverhampton & Bilston AC
989	8587	00:56:30	David Havenhand	Worksop Harriers
990	8393	00:56:31	Phil Devereaux	Wellingborough & District AC
991	7081	00:56:34	John Spooner	Lancaster & Morecambe AC
992	6451	00:56:37	John Aitken	City of Hull AC
993	8492	00:56:39	Marc Lyne	Winchester & District AC
994	8601	00:56:41	Paul Allen	Yeovil Town RRC
995	7619	00:56:41	Nathan Godleman	Queens Park Harriers
996	7676	00:56:42	John Mayall	Rochdale Harriers & AC
997	7517	00:56:44	Richard Mitson	Notts AC
998	7544	00:56:45	Nick Wilson	Nuneaton Harriers
999	7473	00:56:47	Mark Burrows	Norwich RR
1000	7041	00:56:49	Hesham Dahman	Kent AC
1001	8048	00:56:50	Anthony Marsh	Springfield Striders
1002	8172	00:56:51	Brian Carroll	Sunderland Strollers
1003	6586	00:56:51	David Dobberson	Crewe & Nantwich AC
1004	6958	00:56:52	Michael Jollands	Hyde Park Harriers
1005	8242	00:56:54	Simon Maddison	Thames Valley Harriers
1006	8164	00:56:55	Gordon Westley	Stubbington Green Runners
1007	8111	00:56:59	Nigel Braun	Stone Master Marathoners
1008	6407	00:57:03	Russell Williams	Cheadle RC
1009	7811	00:57:04	Darren Over	Serpentine RC
1010	7216	00:57:05	Pete Crockford	London Heathside
1011	6354	00:57:06	Nick Chapman	Burton AC
1012	7981	00:57:09	Gred Jarvis	Southend AC
1013	8515	00:57:17	Mark Morris	Wirral AC
1014	7207	00:57:19	Robert Burke	Liverpool RC
1015	7578	00:57:19	Tim Warn	Penny Lane Striders
1016	8120	00:57:20	Peter Breslin	Stopsley Striders
1017	8356	00:57:21	Peter Simpson	Vegan Runners UK
1018	8459	00:57:22	Vincent Robinson	Wigan Phoenix
1019	8416	00:57:25	Andrew Rawlins	Werrington Joggers
1020	6096	00:57:29	Andy Waters	Barnsley AC
1021	6627	00:57:29	Paul Richards	Dudley Kingswinford RC
1022	8380	00:57:30	Dave Walton	Wallasey AC
1023	7238	00:57:31	Robert Fox	Long Eaton RC
1024	7662	00:57:35	Shaun Purkiss	Richmond & Zetland Harriers
1025	6134	00:57:35	Thomas Roberts	Bedford & County AC

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1026	6239	00:57:36	Richard Taylor	Blackburn Harriers
1027	6667	00:57:39	Tom Hanson	Elswick Harriers
1028	7645	00:57:40	Clive Greyson	Redhill RR
1029	7667	00:57:44	Gavin Elliott	Ripley Running Club
1030	8060	00:57:46	Adrian Webb	St.Helens Sutton AC
1031	8129	00:57:47	Martin Mitchell	Stopsley Striders
1032	8005	00:57:48	Rob Mills	Sparkhill Harriers
1033	7355	00:57:48	Steven Junier	Medway & Maidstone AC
1034	7095	00:57:52	Peter Taylor	Leamington C & AC
1035	7093	00:57:52	Graham Roberts	Leamington C & AC
1036	8205	00:57:55	Andrew Moss	Teesdale AC
1037	6436	00:57:55	Henry Minorczyk	Chorley AC
1038	6198	00:57:57	Richard Long	Bexley AC
1039	8155	00:57:57	Nick Crane	Stubbington Green Runners
1040	6539	00:57:58	Andrew Rowe	Cobra Running & Tri Club
1041	7488	00:58:00	Ken Allen	Notts AC
1042	8175	00:58:01	Andy Shotton	Sunderland Strollers
1043	8208	00:58:03	Mike Warren	Teesdale AC
1044	8254	00:58:03	Nick Brown	The Stragglers
1045	6319	00:58:05	Kevin Lewis	Bridlington RR
1046	8118	00:58:15	Duncan Strowger	Stone Master Marathoners
1047	7938	00:58:19	Robert Mayers	South Cheshire Harriers
1048	8066	00:58:20	David Marsden	Stafford Harriers
1049	6065	00:58:21	Andrew Thompson	Aurora Harriers
1050	8095	00:58:22	David Parry	Steel City Striders RC
1051	6786	00:58:23	Martin Hughes	Harborough AC
1052	7542	00:58:24	Pete Greenfield	Nuneaton Harriers
1053	7889	00:58:26	Richard Davies	Silson Joggers AC
1054	8482	00:58:26	Paul Norris	Wilmslow RC
1055	6694	00:58:28	Steve Adams	Eton Manor AC
1056	7586	00:58:29	Richard Green	Pensby Runners
1057	7928	00:58:29	Ian Ankers	South Cheshire Harriers
1058	6421	00:58:30	Kevin Dilks	Chesapeake RR
1059	8383	00:58:31	Stan Williams	Wallasey AC
1060	8215	00:58:33	Nigel Tatton	Telford AC
1061	7164	00:58:34	Fred Watt	Leighton Buzzard AC
1062	6385	00:58:35	Andy Matthews	Centurion RC
1063	8062	00:58:36	Joe Atherton	Stafford Harriers
1064	6991	00:58:36	John Wilkins	Invicta East Kent AC
1065	7588	00:58:39	Gordon Scholefield	Pensby Runners
1066	8039	00:58:40	Ashley Miles	Sphinx AC
1067	7908	00:58:41	Dave Richardson	Sinfin RC
1068	8206	00:58:42	Steve Moss	Teesdale AC
1069	6670	00:58:45	Peter Sloan	Elswick Harriers
1070	7591	00:58:46	Luke Wood	Pensby Runners
1071	7890	00:58:48	Tony Keech	Silson Joggers AC
1072	6224	00:58:48	David Coulson	Birtley AC
1073	7271	00:58:49	William Richmond	Lytham St Annes RR
1074	7666	00:58:53	Anthony Davies	Ripley Running Club
1075	8317	00:58:54	Dan Clowes	Trentham RC
1076	7286	00:58:55	Mark Wheelton	Macclesfield Harriers
1077	7759	00:58:57	Peter Mullarkey	Saltwell Harriers
1078	6102	00:59:01	Ross MacGregor	Barrow Runners
1079	6358	00:59:03	Robert Sharratt	Burton AC

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1080	8131	00:59:07	Andrew Reid	Stopsley Striders
1081	7255	00:59:09	Lawrence Johnson	Low Fell RC
1082	6959	00:59:10	Chris Jones	Hyde Park Harriers
1083	6641	00:59:12	Roland Hobbs	Dursley & District AC
1084	8332	00:59:16	Brian Mackey	Uttoxeter RR
1085	7316	00:59:16	Adey Bellingham	Mansfield Harriers
1086	8125	00:59:17	Richard Hardy	Stopsley Striders
1087	6851	00:59:19	Kevin Barnes	Hereford Couriers
1088	8566	00:59:20	Steve Lambert	Woodford Green AC with Essex Ladies
1089	6189	00:59:22	Peter Watkinson	Beverley AC
1090	6531	00:59:23	Paul Sadler	Clowne RR
1091	6792	00:59:27	Mick Anglim	Hardley Runners
1092	8158	00:59:32	John Gueran	Stubbington Green Runners
1093	6904	00:59:34	John Bignell	Hillingdon AC
1094	7973	00:59:35	Neill Yorston	South Shields Harriers & AC
1095	6433	00:59:36	Barry Chester	Chorley AC
1096	8019	00:59:37	Michael Dransfield	Spensborough & District AC
1097	7664	00:59:39	Jerry Bateman	Ripley Running Club
1098	6145	00:59:42	Don Anderson	Belgrave Harriers
1099	6226	00:59:50	Tony Forster	Birtley AC
1100	8070	00:59:51	Eddie Smith	Stafford Harriers
1101	7873	00:59:53	Kevin Milwain	Shelton Striders
1102	7319	00:59:54	Jon Hardy	Mansfield Harriers
1103	8528	00:59:56	William Ward	Wolds Veteran RC
1104	7413	00:59:57	Robert Orgill	Newark AC
1105	6879	00:59:58	James Ward	Herne Hill Harriers
1106	6505	01:00:01	Mark Pinder	City of York AC
1107	7056	01:00:09	Leonard Reilly	Kent AC
1108	6178	01:00:12	Malcolm Weir	Belper Harriers
1109	8375	01:00:16	Derek Mcardle	Wallasey AC
1110	6079	01:00:17	John Murphy	Barnet & District AC
1111	6080	01:00:19	John Owen	Barnet & District AC
1112	6651	01:00:21	Phillip York	Ealing Southall & Middlesex AC
1113	7651	01:00:21	Mark Tomlinson	Redhill RR
1114	8144	01:00:23	David Jones	Stratford on Avon AC
1115	7947	01:00:25	Peter Emery	South London Harriers
1116	8047	01:00:29	Phil Wilson	Sphinx AC
1117	8344	01:00:30	Colin Rathbone	Vale Royal AC
1118	6364	01:00:35	Ian Francais	Buxton AC
1119	6041	01:00:36	Mike Jones	Altrincham & District AC
1120	6757	01:00:37	Steve Millington	Halesowen ACC
1121	8441	01:00:40	David Hough	West Cheshire AC
1122	7772	01:00:41	Jason Mott	Sedgefield Harriers
1123	7758	01:00:44	John Finnegan	Saltwell Harriers
1124	7600	01:00:46	Peter MacLaughlin	Pitsea RC
1125	7528	01:00:51	Pete Robinson	Notts AC
1126	7599	01:00:56	Kieth Jackson	Pitsea RC
1127	6526	01:00:59	Nick Von Benzon	CLC Striders
1128	8428	01:00:59	Nigel Shepherd	Wesham RR
1129	7276	01:01:01	John Anderson	Macclesfield Harriers
1130	8065	01:01:02	George Mafu	Stafford Harriers
1131	7034	01:01:04	Clive Pearce	Kenilworth Runners
1132	7931	01:01:04	Phillip Cliff	South Cheshire Harriers
1133	6139	01:01:06	Rab Acid	Beeston AC

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1134	6366	01:01:06	Mark Quince	Buxton AC
1135	6751	01:01:07	Maurice Endacott	Halesowen ACC
1136	6063	01:01:09	William Raine	Aurora Harriers
1137	7554	01:01:12	Graham Hall	Orion Harriers
1138	6511	01:01:12	David Wotton	Claremont RR
1139	8388	01:01:21	Paul Emery	Watford Joggers
1140	7601	01:01:23	Jim Russell	Pitsea RC
1141	8112	01:01:26	Adam Doig	Stone Master Marathoners
1142	6795	01:01:27	Mark Darcy	Hardley Runners
1143	7607	01:01:28	Steven Jackson	Preston Harriers
1144	8022	01:01:30	Ian Ogden	Spensborough & District AC
1145	7303	01:01:31	Mark Griffiths	Manchester YMCA Harriers
1146	7270	01:01:32	Colin Nelson	Lytham St Annes RR
1147	6427	01:01:40	Stuart Shipley	Chesapeake RR
1148	6794	01:01:42	Jeremy Barber	Hardley Runners
1149	7689	01:01:42	Bill Southgate	Rolls Royce Harriers
1150	8063	01:01:43	Mark Bentley	Stafford Harriers
1151	8038	01:01:48	Dave Kelly	Sphinx AC
1152	6718	01:01:53	John Stevenson	Glossopdale Harriers
1153	7425	01:01:58	Charles Larsson	Newcastle Staffs AC
1154	8064	01:01:58	Roy Clay	Stafford Harriers
1155	7581	01:02:02	Nigel Crompton	Pensby Runners
1156	8117	01:02:03	Frank Shepley	Stone Master Marathoners
1157	8516	01:02:06	Nigel Pratten	Wirral AC
1158	7288	01:02:07	Michael Cunningham	Manchester Harriers & AC
1159	8045	01:02:08	Mitch Timms	Sphinx AC
1160	6628	01:02:10	Brian Russell	Dudley Kingswinford RC
1161	6424	01:02:11	Gavin Leatherland	Chesapeake RR
1162	6238	01:02:12	John Orrell	Blackburn Harriers
1163	6173	01:02:12	Steve Meath	Belper Harriers
1164	8124	01:02:16	Dave Debnam	Stopsley Striders
1165	6103	01:02:18	Kevan Naylor	Barrow Runners
1166	7480	01:02:18	Richard High	Norwich RR
1167	6581	01:02:23	Martin Slevin	Coventry Godiva Harriers
1168	8223	01:02:26	Andrew Sedgley	Telford Harriers
1169	8225	01:02:26	Arthur Zammit	Telford Harriers
1170	8400	01:02:27	Nick Mchugh	Wellingborough & District AC
1171	7287	01:02:30	Alan Probert	Maidstone Harriers
1172	7309	01:02:31	Jon Paramor	Manchester YMCA Harriers
1173	7085	01:02:32	David Blower	Leamington C & AC
1174	8162	01:02:32	Philip May	Stubbington Green Runners
1175	8592	01:02:38	Phil Mcneelance	Wreake Runners
1176	8376	01:02:40	Barry Metcalfe	Wallasey AC
1177	6143	01:02:45	Anthony Williamson	Beeston AC
1178	7305	01:02:49	Rob Kedigan	Manchester YMCA Harriers
1179	7029	01:02:50	Tom Dable	Kenilworth Runners
1180	8035	01:02:53	Charlie Foster	Sphinx AC
1181	6485	01:02:53	Richard Barrington	City of Stoke AC
1182	8403	01:02:56	Ian Patton	Wellingborough & District AC
1183	8413	01:02:59	Ian McCrae	Werrington Joggers
1184	7423	01:03:03	Neil Gerrity	Newcastle Staffs AC
1185	6722	01:03:05	Phillip Hall	Grantham AC
1186	8365	01:03:09	Alan Spurr	Wakefield District H & AC
1187	6706	01:03:11	Grahame Eke	Folkestone RC

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1188	7280	01:03:11	Steve Lomas	Macclesfield Harriers
1189	6375	01:03:11	Mark Newell	Cambridge Harriers
1190	6027	01:03:14	John Quinn	Aldridge RC
1191	7661	01:03:16	Alistair Mair	Richmond & Zetland Harriers
1192	6090	01:03:18	Adam Hopkison	Barnsley AC
1193	7075	01:03:20	Michael Leck	Lancaster & Morecambe AC
1194	6356	01:03:22	Paul Mathie	Burton AC
1195	8012	01:03:24	Barry Allman	Spectrum Striders
1196	7536	01:03:33	Clive Trusson	Notts AC
1197	7671	01:03:36	Wayne Yearwood	Ripley Running Club
1198	6755	01:03:42	Andy Lloyd	Halesowen ACC
1199	8303	01:03:54	Charles Whitmore	Tonbridge AC
1200	8524	01:03:57	David Andrews	Witham RC
1201	8113	01:03:59	Chris Ellerton	Stone Master Marathoners
1202	6589	01:04:00	Norman Hemming	Croydon Harriers
1203	6704	01:04:04	Ian Bubb	Folkestone RC
1204	6512	01:04:08	Stuart Hartley	Clayton-Le-Moors Harriers
1205	6111	01:04:10	Ian Smith	Basingstoke & Mid Hants AC
1206	7802	01:04:11	Ian Hodge	Serpentine RC
1207	6509	01:04:16	David Kear	Claremont RR
1208	7668	01:04:34	Dennis Holmes	Ripley Running Club
1209	8454	01:04:35	Dene Stringfellow	White Horse Harriers
1210	7615	01:04:38	Graham Park	Quakers RC
1211	8182	01:04:40	Adam Pickup	Swinton RC
1212	8130	01:04:40	Stewart Read	Stopsley Striders
1213	7084	01:04:45	Mick Aston	Leamington C & AC
1214	6537	01:04:56	Michael Elwell	Cobra Running & Tri Club
1215	6705	01:04:57	Ian Bull	Folkestone RC
1216	7894	01:05:10	Nick Pacey	Silson Joggers AC
1217	7036	01:05:26	Stef Sriulington	Kenilworth Runners
1218	7284	01:05:27	Dave Shoosmith	Macclesfield Harriers
1219	6672	01:05:28	Robert Wilson	Elswick Harriers
1220	7256	01:05:29	Bryan Kelly	Low Fell RC
1221	7299	01:05:30	Geoff Cotterill	Manchester YMCA Harriers
1222	7249	01:05:45	John Hart	Loughton AC
1223	7839	01:05:54	Russell Devitt	Shaftesbury Barnet Harriers
1224	8464	01:06:00	Mark Bale	Wilmslow RC
1225	6220	01:06:21	Martin Ludford	Birmingham RA & TC
1226	6645	01:06:30	Graham French	Ealing Southall & Middlesex AC
1227	7539	01:06:32	Keith Waring	Notts AC
1228	7002	01:06:41	John Gillis	Istead & Ifield Harriers
1229	7633	01:06:52	Mike Peace	Ranelagh Harriers
1230	7307	01:06:57	Ian Manners	Manchester YMCA Harriers
1231	6655	01:06:59	Robert Fagg	East Cheshire Harriers & Tameside AC
1232	6024	01:07:03	Simon Hudson	Aldridge RC
1233	6066	01:07:17	Gareth Thraves	Aurora Harriers
1234	7906	01:07:19	Tim Pope	Sinfin RC
1235	8011	01:07:26	David Winter	Sparkhill Harriers
1236	6428	01:07:28	Robert Softley	Chesapeake RR
1237	6087	01:07:49	Dave Brooksbank	Barnsley AC
1238	6023	01:07:50	Geoff Card	Aldridge RC
1239	8404	01:07:56	Howard Smith	Wellingborough & District AC
1240	8116	01:08:02	Richard Shaw	Stone Master Marathoners
1241	7431	01:08:09	Nigel Symms	Newcastle Staffs AC

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1242	6716	01:08:11	Neil McGraw	Glossopdale Harriers
1243	7623	01:08:25	Phil Aiken	Ranelagh Harriers
1244	8181	01:08:32	Steve Hart	Swinton RC
1245	6697	01:08:33	Steve Dunn	Eton Manor AC
1246	6618	01:08:38	Peter Lymer	Droitwich AC
1247	8219	01:08:42	Steven Fairs	Telford Harriers
1248	6284	01:08:48	Ralph Dickinson	Blyth RC
1249	7553	01:08:51	Pete Deadman	Orion Harriers
1250	6386	01:08:54	Chris McCann	Centurion RC
1251	7484	01:08:59	Tony Millett	Norwich RR
1252	7597	01:09:02	Peter Bates	Pitsea RC
1253	7173	01:09:03	George Shuttleworth	Lincoln Wellington AC
1254	6546	01:09:06	Harry Stubbs	Congleton Harriers
1255	6523	01:09:11	Dan Harte	CLC Striders
1256	7603	01:09:16	Nigel Harding	Poole AC
1257	7076	01:09:20	George Parrington	Lancaster & Morecambe AC
1258	8392	01:09:21	Rob Bing	Wellingborough & District AC
1259	8030	01:09:23	Paul Bergin	Sphinx AC
1260	7273	01:09:31	Roy Stevens	Lytham St Annes RR
1261	8594	01:09:34	Andy Steel	Wreake Runners
1262	8654	01:09:42	Trevor Brawn	Chiltern Harriers AC
1263	6031	01:09:42	Steve Wolley	Aldridge RC
1264	6961	01:09:48	Andrew Nicholls	Hyde Park Harriers
1265	7410	01:09:56	Paul Fenton	Newark AC
1266	6316	01:10:01	David Foster	Bridlington RR
1267	6142	01:10:10	John O'Donnell	Beeston AC
1268	6420	01:10:14	William Breslin	Chesapeake RR
1269	6285	01:11:15	Keith Willshire	Blyth RC
1270	7474	01:11:26	Neil Clark	Norwich RR
1271	7892	01:11:27	Allan Lock	Silson Joggers AC
1272	7028	01:11:34	Martin Broomfield	Kenilworth Runners
1273	6797	01:11:36	Ray Noke	Hardley Runners
1274	6067	01:11:59	Keith Weavers	Aurora Harriers
1275	8547	01:12:04	Jim Smith	Wolverhampton & Bilston AC
1276	8221	01:12:10	David Norman	Telford Harriers
1277	6059	01:12:13	Peter Coughlan	Aurora Harriers
1278	7635	01:12:22	Aiah Songu-Mbriwa	Ranelagh Harriers
1279	8471	01:12:24	Trevor Faulkner	Wilmslow RC
1280	8135	01:12:29	Ian Clarke	Stourbridge RC
1281	6056	01:12:37	Simon Newton	Askern District RC
1282	8185	01:12:37	Paul Shier	Swinton RC
1283	6435	01:13:07	Phil McCullagh	Chorley AC
1284	6025	01:13:20	Jason Lee	Aldridge RC
1285	6592	01:13:56	David Warren	Croydon Harriers
1286	6057	01:14:13	Philip Tordoff	Askern District RC
1287	8323	01:16:16	Malcolm Rushton	Trentham RC
1288	6069	01:16:34	Daryl Bowler	Barnet & District AC
1289	6832	01:17:33	Kit Villiers	Headington RR
1290	7027	01:18:03	Colin Bricher	Kenilworth Runners
1291	7942	01:19:07	Chris Walsh	South Cheshire Harriers
1292	6838	01:19:30	George Routledge	Heaton Harriers
1293	7421	01:19:37	Rob Findler	Newcastle Staffs AC
1294	6793	01:19:44	Andy Barber	Hardley Runners
1295	6648	01:20:04	Alan Keeler	Ealing Southall & Middlesex AC

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1296	6513	01:20:29	Ronald Hill	Clayton-Le-Moors Harriers
1297	6661	01:20:29	Martin McGann	East Cheshire Harriers & Tameside AC
1298	6787	01:21:52	David Oram	Harborough AC
1299	7253	01:21:56	Alan Elders	Low Fell RC
1300	8122	01:22:57	Ian Cousins	Stopsley Striders
1301	6869	01:25:03	Andrew Lea-Gerrard	Herne Hill Harriers
1302	6062	01:29:54	Michael Hayden	Aurora Harriers