

Sheet1

Pos	Points	Team Name	Placings
1	45	Charnwood AC	(4 10 13 18)
2	106	Bingley Harriers & AC	(7 30 31 38)
3	169	Serpentine RC	(20 27 35 87)
4	196	Hallamshire Harriers	(2 16 84 94)
5	227	City of Norwich AC	(21 24 60 122)
6	242	Bristol & West AC	(25 49 59 109)
7	244	Bedford & County AC	(3 9 44 188)
8	277	Blackheath & Bromley Harriers	(51 57 70 99)
9	319	Sale Harriers Manchester	(5 19 48 247)
10	336	Southampton AC	(26 41 86 183)
11	347	Havering Mayesbrook AC	(11 29 88 219)
12	384	Shaftesbury Barnet Harriers	(65 76 98 145)
13	390	Leeds City AC	(74 80 113 123)
14	484	South London Harriers	(22 85 187 190)
15	488	Aldershot Farnham & District	(8 71 131 278)
16	493	Headington RR	(78 119 144 152)
17	511	Coventry Godiva Harriers	(23 83 149 256)
18	531	Holmfirth Harriers AC	(33 62 157 279)
19	549	Border Harriers	(53 118 182 196)
20	591	Trentham RC	(111 115 132 233)
21	609	Thames Hare & Hounds	(47 104 171 287)
22	694	Westbury Harriers	(73 129 192 300)
23	701	Liverpool Harriers & AC	(116 173 189 223)
24	741	Marshall Milton Keynes AC	(56 92 238 355)
25	763	Rugby & Northampton AC	(175 176 205 207)
26	796	Nene Valley Harriers	(67 107 275 347)
27	820	Wolverhampton & Bilston AC	(102 134 270 314)
28	833	Chelmsford AC	(168 181 215 269)
29	864	Stockport Harriers & AC	(140 146 224 354)
30	871	Reading AC	(154 166 253 298)
31	881	Medway & Maidstone AC	(32 255 290 304)
32	882	Bournville Harriers	(191 216 235 240)
33	885	Chorley Harriers & Tri	(97 220 229 339)
34	891	Telford AC	(143 237 245 266)
35	902	York Knavesmire Harriers	(137 164 271 330)
36	910	Lancaster & Morecambe AC	(68 117 204 521)
37	914	Dulwich Runners AC	(39 246 306 323)
38	1027	Corby AC	(81 163 356 427)
39	1033	Wilmslow RC	(198 200 291 344)
40	1104	Wimbledon Windmilers	(214 272 286 332)
41	1130	Stafford Harriers	(142 282 338 368)
42	1205	Kirkstall Harriers	(90 260 363 492)
43	1236	Notts AC	(169 242 387 438)
44	1255	Cheadle RC	(120 322 393 420)
45	1268	Barnet & District AC	(178 307 366 417)
46	1274	Telford Harriers	(284 294 343 353)
47	1304	Tonbridge AC	(161 236 446 461)
48	1307	Heanor RC	(125 301 402 479)
49	1309	Leamington C & AC	(208 210 434 457)
50	1336	Kidderminster & Stourport AC	(184 228 453 471)
51	1382	Kenilworth Runners	(170 373 399 440)
52	1413	Newcastle Staffs AC	(95 379 465 474)
53	1481	Sparkhill Harriers	(211 365 429 476)

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54	1506 Stopsley Striders	(128 303 529 546)
55	1545 Barnsley AC	(293 316 418 518)
56	1551 Folkestone RC	(288 404 422 437)
57	1611 Stone Master Marathoners	(381 405 411 414)
58	1686 Istead & Ifield Harriers	(331 385 459 511)
59	1742 Wellingborough & District AC	(337 395 496 514)
60	1762 Silson Joggers AC	(398 430 449 485)
61	1770 Lytham St Annes RR	(259 467 494 550)
62	1840 Richmond & Zetland Harriers	(376 433 501 530)
63	1863 Sinfin RC	(425 447 488 503)
64	1911 Aldridge RC	(406 490 499 516)
65	1926 Saltwell Harriers	(445 475 491 515)
66	2090 Pitsea RC	(497 500 542 551)
67	2094 Askern District RC	(493 527 533 541)