

Sheet1

Pos	RaceNo	Time	Name	Club
1	2910	00:14:57	Bronwen Owen	Scarborough AC
2	2587	00:15:04	Abbie Hetherington	Carlisle Aspatria AC
3	2502	00:15:14	Grace Baker	Aldershot Farnham & District
4	2980	00:15:15	Ruth Bourne	Tonbridge AC
5	2719	00:15:18	Bobby Clay	Invicta East Kent AC
6	3004	00:15:19	Annabelle Mason	Wakefield District H & AC
7	2652	00:15:23	Shan Rainsley	Coventry Godiva Harriers
8	2689	00:15:30	Natalia Hackett	Hallamshire Harriers
9	2628	00:15:37	Lucy Holt	City of Stoke AC
10	2537	00:15:40	Lydia Turner	Birtley AC
11	2741	00:15:41	Mari Smith	Leicester Coritanian
12	2510	00:15:44	Harriet Preedy	Aldershot Farnham & District
13	2604	00:15:46	Sophie Riches	Chelmsford AC
14	2518	00:15:50	Charlotte Chalwin	Basingstoke & Mid Hants AC
15	2921	00:15:51	Eleanor Hunt	Shaftesbury Barnet Harriers
16	2746	00:15:52	Abbie Donnelly	Lincoln Wellington AC
17	2737	00:15:53	Amy Griffiths	Leicester Coritanian
18	2985	00:15:54	Leah Melvin	Tonbridge AC
19	2533	00:15:55	Anna Fawcett	Birtley AC
20	2509	00:15:56	Rebecca Howard	Aldershot Farnham & District
21	2966	00:15:58	Loren Bleaken	Teambath AC
22	2911	00:15:58	Louise Taylor	Scarborough AC
23	2971	00:16:01	Isobel Bradley	Telford AC
24	2505	00:16:02	Leigh Chapman	Aldershot Farnham & District
25	2990	00:16:02	Jade Evans	Vale Royal AC
26	3002	00:16:03	Rebecca Firth	Wakefield District H & AC
27	2843	00:16:04	Bethany Hawtin	Oxford City AC
28	2554	00:16:05	Molly Betmead	Blackpool Wyre & Fylde AC
29	2988	00:16:10	Alice Wood	Tonbridge AC
30	2747	00:16:11	Bo Haywood	Lincoln Wellington AC
31	2503	00:16:12	Hannah Bethwaite	Aldershot Farnham & District
32	2704	00:16:12	Georgie Hay	Herne Hill Harriers
33	2519	00:16:14	Gemma Wildash	Basingstoke & Mid Hants AC
34	2993	00:16:15	Jessica Parsons	Vale Royal AC
35	2798	00:16:16	Jasmine Finlay	Marshall Milton Keynes AC
36	2534	00:16:17	Sophie Forster	Birtley AC
37	2566	00:16:18	Christie Cook	Bury AC
38	2710	00:16:19	Emily Ruane	Herts Phoenix AC
39	2676	00:16:19	Megan Ashelby	East Cheshire Harriers & Tameside AC
40	2791	00:16:19	Caelidh Ross	Mansfield Harriers
41	3024	00:16:21	Emily Stoodley	Winchester & District AC
42	2614	00:16:23	Connie Lewis	Chiltern Harriers AC
43	2915	00:16:25	Natalie Connor	Shaftesbury Barnet Harriers
44	2538	00:16:27	Sally Searson	Blackburn Harriers
45	2927	00:16:27	Megan Blake	Solihull & Small Heath AC
46	3034	00:16:27	Ellie Wallis	Windsor Slough Eton & Hounslow AC
47	2960	00:16:28	Mollie Williams	Stockport Harriers & AC
48	2634	00:16:28	Connie O'Neill	City of York AC
49	2698	00:16:29	Lydia Hallam	Havering Mayesbrook AC
50	2605	00:16:30	Katie Solis	Chelmsford AC
51	2940	00:16:30	Bethany Ellis	Spensborough & District AC
52	2540	00:16:31	Kate Curran	Blackheath & Bromley Harriers
53	2785	00:16:33	Molly Johnson	Mansfield Harriers
54	2776	00:16:34	Hannah Farmer	Luton AC
55	2875	00:16:34	Rebecca Flanagan	Rossendale Harriers & AC

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56	3045	00:16:35	Amelia Barrett	Woodford Green AC with Essex Ladies
57	2926	00:16:36	Chloe Loreda	Sildon R & AC
58	2850	00:16:36	Emma Butterworth	Poole AC
59	2945	00:16:37	Victoria Pritchard	St.Albans AC
60	2934	00:16:39	Caitlin Stewart	Southampton AC
61	2623	00:16:43	Eleanor Curran	City of Sheffield AC
62	2561	00:16:43	Leah Peplow	Bolton United Harriers
63	2508	00:16:44	Beth Gibson	Aldershot Farnham & District
64	2841	00:16:47	Georgia Tuckfield	Orion Harriers
65	2693	00:16:51	Charlotte Slack	Hallamshire Harriers
66	2845	00:16:52	Amy Moran	Pendle AC
67	2522	00:16:52	Mollie McKenzie	Bedford & County AC
68	2577	00:16:52	Grace De Rome	Cambridge Harriers
69	2563	00:16:57	Annasley Park	Bristol & West AC
70	2955	00:16:57	Evie Carter	Stockport Harriers & AC
71	2904	00:16:58	Abigail Fitton	Sale Harriers Manchester
72	2595	00:16:58	Hannah Nuttall	Charwood AC
73	2805	00:17:00	Emma Wortley	Middlesbrough AC
74	2624	00:17:01	Eve Pound	City of Sheffield AC
75	2854	00:17:01	Rebecca Coope	Pudsey & Bramley AC
76	3022	00:17:01	Georgia Morris	Winchester & District AC
77	2778	00:17:02	Ellie Still	Luton AC
78	2642	00:17:03	Helena Keenan	Corby AC
79	2723	00:17:04	Suzie Reid	Ipswich Harriers
80	3023	00:17:05	Phoebe Rochford	Winchester & District AC
81	2884	00:17:06	Jessica Freeman	Rotherham Harriers & AC
82	2572	00:17:06	Hollie Parker	Cambridge & Coleridge AC
83	2512	00:17:06	Rosanna Stewart	Aldershot Farnham & District
84	2626	00:17:07	Natasha Clowes	City of Stoke AC
85	2529	00:17:08	Ellie Howat	Birchfield Harriers
86	2608	00:17:08	Tazmin Boam	Chesterfield & District AC
87	3007	00:17:10	Sophie Woollin	Wakefield District H & AC
88	2681	00:17:10	Nicole Bailey	Halesowen ACC
89	2832	00:17:11	Amy Casey	Nuneaton Harriers
90	3025	00:17:12	Rosie Upton	Winchester & District AC
91	2691	00:17:13	Georgia Hird	Hallamshire Harriers
92	2775	00:17:13	Megan Turner	Ludlow Runners
93	2793	00:17:14	Ella Shirley	Mansfield Harriers
94	2902	00:17:14	Genevieve Roberts	Rugby & Northampton AC
95	2745	00:17:14	Evie Rothwell	Lewes AC
96	2644	00:17:17	Ellie Welch	Corby AC
97	2535	00:17:17	Paige Gilhespy	Birtley AC
98	2752	00:17:18	Rebekah Ward	Lincoln Wellington AC
99	2970	00:17:19	Kirsty Stanley	Teambath AC
100	2736	00:17:19	Jemima Green	Leicester Coritanian
101	2951	00:17:19	Rabeca Hughes	Staffordshire Moorlands AC
102	2800	00:17:21	Ellie Hemming	Marshall Milton Keynes AC
103	2616	00:17:22	Alice Cheverton	City of Norwich AC
104	3038	00:17:24	Fiona Nuttall	Wirral AC
105	2929	00:17:26	Siobhan Taylor	Solihull & Small Heath AC
106	2601	00:17:26	Christy Dailly	Chelmsford AC
107	2806	00:17:27	Alison Brown	Morpeth Harriers & AC
108	2584	00:17:27	Amelia Ridgway	Cannock & Stafford AC
109	2664	00:17:28	Veleska Wills	Derby AC
110	2513	00:17:28	Jemma Eyre	Altrincham & District AC
111	2586	00:17:28	Danielle Woodward	Cannock & Stafford AC

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112	2618	00:17:28	Lorna McGrath	City of Norwich AC
113	2938	00:17:29	Ellie Roberts	Southport Waterloo AC
114	2612	00:17:29	Rosalind Firth	Chiltern Harriers AC
115	2570	00:17:31	Sophie Jones	Cambridge & Coleridge AC
116	2972	00:17:33	Eleanor Bryan	Telford AC
117	2520	00:17:33	Alanah Harris	Bedford & County AC
118	2820	00:17:34	Charlotte Peach	Newark AC
119	3035	00:17:34	Lauren Brett	Wirral AC
120	2975	00:17:34	Ailish Craig	Tipton Harriers
121	2543	00:17:34	Bethony Frost	Blackheath & Bromley Harriers
122	2956	00:17:35	Ellen Downs	Stockport Harriers & AC
123	2622	00:17:36	Anina Atkinson	City of Sheffield AC
124	3026	00:17:36	Caitlin Critchley	Windsor Slough Eton & Hounslow AC
125	2726	00:17:37	Mary Hodgson	Lancaster & Morecambe AC
126	2631	00:17:37	Kate Harris	City of York AC
127	2896	00:17:39	Elizabeth Ward	Royal Sutton Coldfield AC
128	2630	00:17:39	Flora Boscawen	City of York AC
129	2739	00:17:39	India Mitchell-Jarvis	Leicester Coritanian
130	2600	00:17:40	Sophie Crofts	Chelmsford AC
131	2858	00:17:40	Mollie Haines	Reading AC
132	2607	00:17:40	Rebecca Wade	Chelmsford AC
133	2677	00:17:40	Roisin Clegg	East Cheshire Harriers & Tameside AC
134	2629	00:17:40	Tasha Stone	City of Stoke AC
135	2965	00:17:41	Amy Coulson	Sunderland Harriers & AC
136	2849	00:17:41	Kadle Hutgenson	Peterborough AC
137	2907	00:17:42	Caitlin Thomas	Sale Harriers Manchester
138	3030	00:17:44	Kirsty Marshall	Windsor Slough Eton & Hounslow AC
139	2941	00:17:46	Emma Wilkinson	Spennborough & District AC
140	2557	00:17:46	Kelly Smith	Blackpool Wyre & Fylde AC
141	2611	00:17:47	Emma Barraclough	Chiltern Harriers AC
142	2750	00:17:47	Catrina Thomas	Lincoln Wellington AC
143	2883	00:17:47	Charlotte Dodds	Rotherham Harriers & AC
144	2524	00:17:48	Daisy Ward	Bedford & County AC
145	2894	00:17:49	Molly Rees	Royal Sutton Coldfield AC
146	2935	00:17:49	Sarah Imbush	Southend AC
147	2679	00:17:49	Courtney Donald	East Cheshire Harriers & Tameside AC
148	2982	00:17:50	Sian Driscoll	Tonbridge AC
149	2803	00:17:50	Hannah Maclean	Middlesbrough AC
150	2695	00:17:51	Bethany Ellis	Harborough AC
151	2942	00:17:51	Pippa Bailey	St.Albans AC
152	2887	00:17:52	Jessica Mangham	Rotherham Harriers & AC
153	2836	00:17:53	Chloe Ward	Nuneaton Harriers
154	2598	00:17:53	Marleen Avontuur	Chelmsford AC
155	2995	00:17:53	Emma-Louise Pyatt	Vale Royal AC
156	2801	00:17:54	Fern Yull	Marshall Milton Keynes AC
157	3018	00:17:55	Danielle Thompson	Wigan & District H & AC
158	2928	00:17:56	Meredith Cox	Solihull & Small Heath AC
159	2615	00:17:56	Hannah Wardley	Chiltern Harriers AC
160	2784	00:17:57	Emma Heath	Mansfield Harriers
161	3011	00:17:57	Holly Tidd	Warrington AC
162	2936	00:17:58	Emma Jarvis	Southend AC
163	2943	00:18:00	Madeleine Geers	St.Albans AC
164	2660	00:18:00	Danielle Booth	Derby AC
165	2758	00:18:02	I Perez	Liverpool Harriers & AC
166	2794	00:18:02	Tamsin Smith	Mansfield Harriers
167	2939	00:18:03	Katie Byrne	Spennborough & District AC

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168	2668	00:18:04	Saskia Budgett	Ealing Southall & Middlesex AC
169	2811	00:18:05	Alice Dolan	Nene Valley Harriers
170	2651	00:18:06	Penny Oliver	Coventry Godiva Harriers
171	2905	00:18:06	Rachel Hibberd	Sale Harriers Manchester
172	2721	00:18:06	Amy Old	Invicta East Kent AC
173	2881	00:18:07	Megan Solomon	Rossendale Harriers & AC
174	2606	00:18:07	Jessica Swain	Chelmsford AC
175	2592	00:18:08	Georgia Gartside	Charnwood AC
176	2625	00:18:08	Sophie Taylor	City of Sheffield AC
177	3039	00:18:08	Heather Nuttall	Wirral AC
178	3037	00:18:09	Emily Kearney	Wirral AC
179	2900	00:18:09	Mary Hughes	Rugby & Northampton AC
180	2620	00:18:09	Katie Stratton	City of Norwich AC
181	2957	00:18:11	Carla Edwards	Stockport Harriers & AC
182	2890	00:18:11	Georgina Spencer	Rotherham Harriers & AC
183	3001	00:18:12	Faye Beckett	Wakefield District H & AC
184	2683	00:18:13	Zoe Fincher	Halesowen ACC
185	2906	00:18:16	Imani Modahl	Sale Harriers Manchester
186	2782	00:18:17	Hazel Blount	Mansfield Harriers
187	2712	00:18:18	Sophie Spencer	Holmfirth Harriers AC
188	2969	00:18:19	Natalie Nash	Teambath AC
189	2899	00:18:21	Isobel Hughes	Rugby & Northampton AC
190	2771	00:18:23	Freya Williams	Longwood Harriers AC
191	2610	00:18:23	Emily Wass	Chesterfield & District AC
192	3043	00:18:24	Hannah Champion	Wolverhampton & Bilston AC
193	2703	00:18:25	Ashleigh Campbell	Herne Hill Harriers
194	2912	00:18:29	Abigail Hearmon	Sedgefield Harriers
195	2788	00:18:31	Claire Norris	Mansfield Harriers
196	2953	00:18:31	Jasmin Southam	Stilton Striders
197	2949	00:18:31	Rachel Mcgoldrick	St.Helens Sutton AC
198	2735	00:18:36	Yasmin Gibson	Leicester Coritanian
199	2796	00:18:36	Emily Bousfield	Marshall Milton Keynes AC
200	2842	00:18:37	Elissa Clark	Oxford City AC
201	2665	00:18:38	Lara Wisdich	Derby AC
202	2787	00:18:39	Amelia Mitchell	Mansfield Harriers
203	2709	00:18:40	Mary Gough	Herts Phoenix AC
204	2992	00:18:41	Cerys Heaher	Vale Royal AC
205	2817	00:18:42	Lauren Gardiner	Newark AC
206	2893	00:18:42	Gemma Gilbert	Royal Sutton Coldfield AC
207	8652	00:18:43	Izzy Broughton	Herne Hill Harriers
208	2950	00:18:43	Rabeca Higpton	Staffordshire Moorlands AC
209	2716	00:18:44	Katie Scholey	Huntingdonshire AC
210	2756	00:18:44	R Mason	Liverpool Harriers & AC
211	2897	00:18:45	Katie Clubb	Rugby & Northampton AC
212	2772	00:18:46	Emma Clarke	Ludlow Runners
213	2786	00:18:47	Susannah McMillan	Mansfield Harriers
214	2700	00:18:47	Billie Barbour	Herne Hill Harriers
215	2809	00:18:47	Sarah Wilkes	Morpeth Harriers & AC
216	2685	00:18:48	Holly Callaghan	Halifax Harriers & AC
217	2748	00:18:49	Rhiannon Philips	Lincoln Wellington AC
218	2674	00:18:50	Katrina Will	Ealing Southall & Middlesex AC
219	2717	00:18:53	Ellie Dooley	Hyde Park Harriers
220	2814	00:18:53	Paige Lambert	Nene Valley Harriers
221	2675	00:18:54	Olivia Will	Ealing Southall & Middlesex AC
222	2720	00:18:54	Lilly Coward	Invicta East Kent AC
223	3012	00:18:55	Chloe Dearman	Watford Harriers

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224	2609	00:18:55	Lindsay Morgan	Chesterfield & District AC
225	2810	00:18:57	Sarah Chan	Nene Valley Harriers
226	2783	00:18:59	Harriet Codd	Mansfield Harriers
227	2594	00:18:59	Karyn Lewis	Charnwood AC
228	2822	00:19:03	Bethany Scotney	Newark AC
229	2959	00:19:06	Olivia Wild	Stockport Harriers & AC
230	2597	00:19:06	Abby Williamson	Charnwood AC
231	2944	00:19:07	Alice Mulcahy	St.Albans AC
232	2640	00:19:07	Georgia Bevins	Corby AC
233	2733	00:19:07	Nicola Sawyer	Leeds City AC
234	3047	00:19:09	Lucy Hayes	Woodford Green AC with Essex Ladies
235	2984	00:19:11	Katie Humphrey	Tonbridge AC
236	2564	00:19:12	Anna Ball	Bromsgrove & Redditch AC
237	2865	00:19:13	Katherine West	Reading AC
238	3042	00:19:14	Abigail Aulton-Moore	Wolverhampton & Bilston AC
239	2863	00:19:15	Ella Saunders	Reading AC
240	3044	00:19:17	Paige Champion	Wolverhampton & Bilston AC
241	2760	00:19:17	E Stewart	Liverpool Harriers & AC
242	2925	00:19:18	Amy Etherington	Schildon R & AC
243	2764	00:19:18	Sai Kalasiram	Liverpool Pembroke & Sefton H AC
244	3048	00:19:19	Isobel Moss	Woodford Green AC with Essex Ladies
245	2823	00:19:21	Charlotte Dale	Newcastle Staffs AC
246	2715	00:19:23	Faye McLellan	Huntingdonshire AC
247	3019	00:19:24	Natalie Thompson	Wigan & District H & AC
248	2889	00:19:26	Bonnie Smith	Rotherham Harriers & AC
249	2961	00:19:27	Sophie Williams	Stockport Harriers & AC
250	2901	00:19:28	Alison Inwood	Rugby & Northampton AC
251	2686	00:19:28	Mollie Jagger	Halifax Harriers & AC
252	2885	00:19:29	Emily Hutchinson	Rotherham Harriers & AC
253	2636	00:19:29	Zoe Robson	City of York AC
254	2908	00:19:31	Connie Vickers	Sale Harriers Manchester
255	2589	00:19:33	Lauren Cooledge	Charnwood AC
256	2559	00:19:34	Charlotte Ramsay	Blyth RC
257	2888	00:19:35	Holly Rodgers	Rotherham Harriers & AC
258	2777	00:19:36	Katherine Lathwell	Luton AC
259	2722	00:19:36	Rebecca Wickington	Invicta East Kent AC
260	2754	00:19:37	H King	Liverpool Harriers & AC
261	2947	00:19:39	Vicki Lamb	St.Helens Sutton AC
262	2860	00:19:39	Lauren Herrington	Reading AC
263	2862	00:19:43	Charlotte Moore	Reading AC
264	2844	00:19:47	Walker Mya	Oxford City AC
265	3053	00:19:47	Beth Scott	Wreake Runners
266	2920	00:19:51	Sarah Hinton	Shaftesbury Barnet Harriers
267	2765	00:19:51	Katie Walker	Liverpool Pembroke & Sefton H AC
268	2878	00:19:52	Elizabeth Longshaw	Rosendale Harriers & AC
269	3017	00:19:53	Beth Tooley	West Suffolk AC
270	3052	00:20:02	Ellen Mcneelance	Wreake Runners
271	2958	00:20:02	Alice Hughes	Stockport Harriers & AC
272	2979	00:20:05	Sophie Hill	Tipton Harriers
273	2593	00:20:06	Ellen Hobbs	Charnwood AC
274	2706	00:20:08	Francesca Meade	Herne Hill Harriers
275	2838	00:20:09	Georgia Maltese	Orion Harriers
276	2757	00:20:09	L Mccourt	Liverpool Harriers & AC
277	3041	00:20:10	Fiona Stuart	Wirral AC
278	2590	00:20:12	Eliza Dickie	Charnwood AC
279	2837	00:20:12	Chloe Lord	Oldham & Royton Harriers & AC

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280	2527	00:20:14	Sophie Debeer	Birchfield Harriers
281	2918	00:20:14	Rebecca Graham	Shaftesbury Barnet Harriers
282	2861	00:20:14	Alice Milsom	Reading AC
283	2903	00:20:18	Eleanor Canham	Sale Harriers Manchester
284	2996	00:20:20	Lucy Scott	Vale Royal AC
285	2729	00:20:24	Emily Baker	Leamington C & AC
286	2725	00:20:26	Hannah Fleet	Lancaster & Morecambe AC
287	2986	00:20:37	Lucy Roud	Tonbridge AC
288	2846	00:20:40	Hayley Bartlett	Peterborough AC
289	2766	00:20:42	Lily Beckford	London Heathside
290	2981	00:20:42	Charlotte Cohen	Tonbridge AC
291	2727	00:20:47	Jessica McCracken	Lancaster & Morecambe AC
292	2768	00:20:55	Kathleen Jackson	London Heathside
293	2770	00:20:55	Yanna Raykov	London Heathside
294	2892	00:20:55	Hannah Davis	Royal Sutton Coldfield AC
295	2581	00:20:57	Rebecca Hawkins	Cannock & Stafford AC
296	2656	00:20:58	Katie Lennon	Crewe & Nantwich AC
297	2515	00:21:15	Molly Mee	Amber Valley & Erewash AC
298	2964	00:21:17	Hannah Taylor	Stratford on Avon AC
299	2667	00:21:20	Rosanna Bell	Ealing Southall & Middlesex AC
300	2690	00:21:24	Alice Hague	Hallamshire Harriers
301	2692	00:21:24	Elora McNeil	Hallamshire Harriers
302	2526	00:21:24	Katherine Hyde	Bexley AC
303	2671	00:21:32	Lara Kotechka	Ealing Southall & Middlesex AC
304	2661	00:21:34	Holly Grief	Derby AC
305	2880	00:21:34	Kathren Pegg	Rossendale Harriers & AC
306	2924	00:21:39	Maria Pereverzina	Shaftesbury Barnet Harriers
307	2694	00:21:42	Hannah Yarrow	Hallamshire Harriers
308	2673	00:21:45	Dhara Thompson	Ealing Southall & Middlesex AC
309	2886	00:21:45	Mary Jenkinson	Rotherham Harriers & AC
310	2769	00:21:45	Harriet MacKinney	London Heathside
311	2974	00:21:57	Sarah Tatton	Telford AC
312	2767	00:22:02	Ellie Jackson	London Heathside
313	2856	00:22:06	Abigail Froud	Reading AC
314	2680	00:22:07	Hayley Simpson	East Cheshire Harriers & Tameside AC
315	2952	00:22:16	Lucy Golland	Stilton Striders
316	2655	00:22:32	Alice Dodds	Crewe & Nantwich AC
317	2877	00:22:42	Chloe Law	Rossendale Harriers & AC
318	2853	00:22:53	Emma Shepherd	Preston Harriers
319	2672	00:22:55	Isabelle Morris-McIntyre	Ealing Southall & Middlesex AC
320	2670	00:22:55	Evie King	Ealing Southall & Middlesex AC
321	2702	00:24:10	Clare Burgess	Herne Hill Harriers
322	2662	00:24:42	Tayo Rose	Derby AC
323	2718	00:27:29	Rebekah Hayne	Hyde Park Harriers