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Pos	RaceNo	Time	Name	Club
1	3	00:20:21	Emelia Gorecka	Aldershot Farnham & District
2	76	00:20:51	Jessica Judd	Chelmsford AC
3	50	00:20:54	Annabel Gummow	Bristol & West AC
4	328	00:21:46	Megan Huxley	Vale Royal AC
5	5	00:21:51	Georgia Peel	Aldershot Farnham & District
6	125	00:21:59	Georgia Taylor-Brown	East Cheshire Harriers & Tameside AC
7	14	00:22:15	Rebecca Murray	Bedford & County AC
8	363	00:22:19	Alice Wright	Worcester AC
9	4	00:22:20	Ruth Haynes	Aldershot Farnham & District
10	64	00:22:32	Rebecca Straw	Cannock & Stafford AC
11	13	00:22:36	Alice Burgin	Bedford & County AC
12	67	00:22:38	Sophie Coldwell	Charnwood AC
13	362	00:22:40	Jennifer Nesbitt	Worcester AC
14	6	00:22:52	Susan Shiel Rankin	Aldershot Farnham & District
15	148	00:22:56	Katie Snowden	Herne Hill Harriers
16	263	00:23:02	Rebecca Robinson	Royal Sutton Coldfield AC
17	136	00:23:03	Fiona Bell	Hallamshire Harriers
18	103	00:23:04	Matilda Lowther	City of York AC
19	290	00:23:05	Helen Wilson	South London Harriers
20	261	00:23:09	Megan McBrien	Royal Sutton Coldfield AC
21	175	00:23:12	Shannon Johnson	Leigh Harriers & AC
22	122	00:23:14	Emma Peters	East Cheshire Harriers & Tameside AC
23	160	00:23:15	Jessica Lonsdale	Kingston upon Hull AC
24	56	00:23:17	Georgina Schwiening	Cambridge & Coleridge AC
25	354	00:23:18	Emily Atkin	Wirral AC
26	200	00:23:20	Danielle Wallis	Macclesfield Harriers
27	252	00:23:30	Laura Gent	Reigate Priory AC
28	32	00:23:32	Rebecca Taylor	Blackburn Harriers
29	213	00:23:35	Elle Roche	Marshall Milton Keynes AC
30	159	00:23:36	Danielle Leerson	Jersey Spartans AC
31	242	00:23:47	Grace Howie	Poole AC
32	323	00:23:47	Nicole Taylor	Tonbridge AC
33	332	00:23:50	Tessa McCormick	Vale Royal AC
34	52	00:23:50	Olivia Sadler	Bristol & West AC
35	296	00:23:51	Laura Farrar	St.Albans AC
36	223	00:23:53	Charlotte Taylor	Nene Valley Harriers
37	359	00:23:54	Lauren McGregor	Woodford Green AC with Essex Ladies
38	199	00:23:58	Reeve Walcott-Nolan	Luton AC
39	267	00:23:58	Sarah Bennett	Rugby & Northampton AC
40	309	00:23:59	Alex Stainthorpe	Teambath AC
41	165	00:24:00	Sarah Hodgson	Lancaster & Morecambe AC
42	348	00:24:01	Amy Rochford	Winchester & District AC
43	133	00:24:03	Emily Monk	Halesowen ACC
44	46	00:24:03	Fern Brereton	Bracknell AC
45	68	00:24:04	Grace Hobbs	Charnwood AC
46	255	00:24:07	Natasha Hatswell	Rotherham Harriers & AC
47	126	00:24:08	April Hogg	Enfield & Haringey AC
48	92	00:24:08	Esmá Salmon	City of Norwich AC
49	73	00:24:10	Aimee Garnett	Chelmsford AC
50	345	00:24:10	Jade Bowling	Winchester & District AC
51	37	00:24:10	Amber Reed	Blackheath & Bromley Harriers
52	176	00:24:12	Bethany Jones	Leigh Harriers & AC
53	283	00:24:18	Ciara Stewart	Shaftesbury Barnet Harriers

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54	131	00:24:18	Naomi Collier	Grantham AC
55	48	00:24:25	Becky Turton	Bracknell AC
56	54	00:24:25	Sally Hogan	Bromsgrove & Redditch AC
57	366	00:24:26	Georgina Russell	Wycombe Phoenix Harriers
58	143	00:24:29	Clara Evans	Hereford & County AC
59	361	00:24:29	Victoria Moritz	Worcester AC
60	142	00:24:31	Lauren Mounro Bennett	Helm Hill Runners
61	234	00:24:33	Armani Antoine-Chagar	Orion Harriers
62	335	00:24:34	Ameilla Pettitt	Vale Royal AC
63	236	00:24:36	Lauren Hawtin	Oxford City AC
64	18	00:24:36	Beth Armstrong	Bexley AC
65	91	00:24:42	Nastassja Potgieter	City of Norwich AC
66	260	00:24:44	Gaby Kinney	Royal Sutton Coldfield AC
67	273	00:24:48	Becky Mills	Scarborough AC
68	341	00:24:49	Natalie Wickings	Watford Harriers
69	178	00:24:49	Elizabeth Lee	Leigh Harriers & AC
70	88	00:24:51	Juliet Broster	City of Norwich AC
71	184	00:24:51	Libbie Read	Lincoln Wellington AC
72	114	00:24:51	Chloe Price	Durham City Harriers & AC
73	102	00:24:53	Anna Gould	City of York AC
74	192	00:24:54	K Walker	Liverpool Harriers & AC
75	124	00:24:56	Katie Reynolds	East Cheshire Harriers & Tameside AC
76	81	00:24:58	Beth Hawling	Cheltenham & County Harriers
77	221	00:25:02	Grace Mullins	Nene Valley Harriers
78	276	00:25:03	Georgia Bell	Shaftesbury Barnet Harriers
79	324	00:25:05	Nicola Wilkinson	Tonbridge AC
80	350	00:25:05	Emma Croft	Windsor Slough Eton & Hounslow AC
81	210	00:25:06	Gemma Childs	Marshall Milton Keynes AC
82	245	00:25:08	Cerys Aitken	Reading AC
83	238	00:25:09	Jade Walker	Oxford City AC
84	170	00:25:11	April Beeby	Leicester Coritanian
85	285	00:25:12	Zoe Hewitson	Shildon R & AC
86	284	00:25:13	Isobel Thompson	Shaftesbury Barnet Harriers
87	224	00:25:14	Cloe Hubbard	Newark AC
88	201	00:25:18	Charlotte Bellingham	Mansfield Harriers
89	123	00:25:19	Sally Ratcliffe	East Cheshire Harriers & Tameside AC
90	333	00:25:19	Kate Moulds	Vale Royal AC
91	269	00:25:23	Charlotte Inwood	Rugby & Northampton AC
92	161	00:25:27	Katie Michaels	Kingston upon Hull AC
93	349	00:25:28	Victoria Stoodley	Winchester & District AC
94	20	00:25:30	Jourdanna Beresford-Smith	Birchfield Harriers
95	259	00:25:31	Kate Ingle	Royal Sutton Coldfield AC
96	279	00:25:32	Molly Patch	Shaftesbury Barnet Harriers
97	336	00:25:33	Lucy Whittick	Vale Royal AC
98	75	00:25:34	Sophie Johnstone	Chelmsford AC
99	41	00:25:36	Samantha Smith	Blackpool Wyre & Fylde AC
100	96	00:25:39	Calvi Thompson	City of Sheffield AC
101	162	00:25:39	Nicole Peters	Kingston upon Hull AC
102	1	00:25:40	Cordeilia Parker	Abingdon AAC
103	150	00:25:43	Eleanor Smith	Huntingdonshire AC
104	94	00:25:44	Beth Ansell	City of Sheffield AC
105	321	00:25:48	Kelsey Howard	Tonbridge AC
106	232	00:25:49	Hannah Robinson	Notts AC
107	173	00:25:51	Freya Vincent	Leicester Coritanian

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108	183	00:25:52	Sheridan McWilliam	Lincoln Wellington AC
109	177	00:25:54	Georgina Leck	Leigh Harriers & AC
110	346	00:25:54	Laura Fenwick	Winchester & District AC
111	99	00:25:55	Lucy Hayes	City of Stoke AC
112	16	00:25:57	Megan Shreeves	Bedford & County AC
113	198	00:26:00	Summer Rosonovski	Luton AC
114	274	00:26:02	Michela Kellet	Seaton AC
115	302	00:26:06	Imogen Nutter	Stockport Harriers & AC
116	169	00:26:07	Tilly Abraham	Leicester Coritanian
117	268	00:26:10	Clarissa Blake	Rugby & Northampton AC
118	257	00:26:10	Emma Parkinson	Rotherham Harriers & AC
119	154	00:26:12	Ellie Hume	Invicta East Kent AC
120	113	00:26:14	Kirsty Shipman	Derby AC
121	249	00:26:16	Beki Taylor	Reading AC
122	240	00:26:19	Georgie Freeman	Peterborough AC
123	69	00:26:19	Kim Jalland	Charnwood AC
124	90	00:26:21	Alex McKibben	City of Norwich AC
125	301	00:26:23	Nicola Berry	Stockport Harriers & AC
126	164	00:26:26	Zoe Harding	Lancaster & Morecambe AC
127	294	00:26:30	Alex Morgan	Southend AC
128	246	00:26:31	Rosie Bishop	Reading AC
129	74	00:26:33	Kim Johansen	Chelmsford AC
130	132	00:26:35	Sophia Tucker	Grantham AC
131	111	00:26:36	Rebecca Miller	Derby AC
132	188	00:26:40	R Donohue	Liverpool Harriers & AC
133	60	00:26:40	Teresa Hulme	Cannock & Stafford AC
134	58	00:26:40	Catherine Hulme	Cannock & Stafford AC
135	297	00:26:44	Hannah Hull	St.Albans AC
136	353	00:26:46	Alice Willis	Windsor Slough Eton & Hounslow AC
137	298	00:26:47	Rebecca Pritchard	St.Albans AC
138	327	00:26:47	Hannah Bishop	Vale Royal AC
139	190	00:26:51	O Perez	Liverpool Harriers & AC
140	97	00:26:55	Sammeyjoe Daley-Davies	City of Stoke AC
141	289	00:26:58	Ruth Myburgh	South London Harriers
142	314	00:26:59	Charlotte Davies	Tipton Harriers
143	71	00:27:00	Izzy Perry	Charnwood AC
144	222	00:27:04	Emma Randle	Nene Valley Harriers
145	189	00:27:04	B Mason	Liverpool Harriers & AC
146	101	00:27:06	Laura Eden	City of York AC
147	266	00:27:08	Eleanor Barnes	Rugby & Northampton AC
148	202	00:27:08	Hannah Hardy	Mansfield Harriers
149	98	00:27:10	Aimee Hargreaves	City of Stoke AC
150	8	00:27:10	Emily Allsop	Amber Valley & Erewash AC
151	206	00:27:10	Alice Mortiboy	Mansfield Harriers
152	137	00:27:17	Emily Taylor	Harborough AC
153	27	00:27:19	Sian Whittingham	Birchfield Harriers
154	219	00:27:23	Emma Chan	Nene Valley Harriers
155	77	00:27:25	Jessica Mead	Chelmsford AC
156	315	00:27:27	Lauren Evans	Tipton Harriers
157	239	00:27:28	Penelope Ford	Peterborough AC
158	264	00:27:29	Rachel Smith	Royal Sutton Coldfield AC
159	185	00:27:30	H Barrett	Liverpool Harriers & AC
160	312	00:27:31	Evie Bentley	Telford AC
161	322	00:27:34	Jayne Mallyon	Tonbridge AC

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162	243	00:27:35	Jessica Mcdermott	Preston Harriers
163	295	00:27:35	Mollie Flannery	Spensorough & District AC
164	272	00:27:38	Misha Nayak-Oliver	Sale Harriers Manchester
165	286	00:27:40	Elizabeth Wood	Shildon R & AC
166	313	00:27:46	Chloe Murphy	Telford AC
167	338	00:27:49	Katie Ashcroft	Warrington AC
168	262	00:27:58	Nicole Parsons	Royal Sutton Coldfield AC
169	146	00:27:59	Maisie Hilliare	Herne Hill Harriers
170	329	00:27:59	Rebecca James	Vale Royal AC
171	241	00:28:10	Amy Haines-Eynon	Peterborough AC
172	107	00:28:11	Nicole Burlinson	Darlington Harriers & AC
173	319	00:28:19	Lucy Blackstone	Tonbridge AC
174	281	00:28:21	Suzu Sato	Shaftesbury Barnet Harriers
175	303	00:28:26	Sarah Tipping	Stockport Harriers & AC
176	204	00:28:30	Demi Jakymelon	Mansfield Harriers
177	163	00:28:34	Carrie Beadle	Lancaster & Morecambe AC
178	9	00:28:49	Jessica Turner	Amber Valley & Erewash AC
179	158	00:28:55	Charmaine Porter	Jarrow & Hebburn AC
180	120	00:28:55	Phoebe Hartshorne	East Cheshire Harriers & Tameside AC
181	208	00:29:10	Eleanor Winning	Mansfield Harriers
182	220	00:29:22	Charlotte Harris	Nene Valley Harriers
183	118	00:29:24	Rachel Walsh	Ealing Southall & Middlesex AC
184	145	00:29:31	Tamsin Cornelius	Herne Hill Harriers
185	355	00:29:42	Hanna Tarver	Wirral AC
186	139	00:29:45	Patsy McWeeney	Havering Mayesbrook AC
187	121	00:29:48	Victoria Hartshorne	East Cheshire Harriers & Tameside AC
188	300	00:30:08	Lizzie Golland	Stilton Striders
189	205	00:30:17	Alice Keogh	Mansfield Harriers
190	115	00:30:19	Rebecca Johnson	Ealing Southall & Middlesex AC
191	85	00:30:21	Leah Nelson-Verrechia	Chorley Harriers & Tri
192	152	00:30:32	Beth Burnett	Invicta East Kent AC
193	265	00:30:36	Miranda Stoddart	Royal Sutton Coldfield AC
194	258	00:30:37	Heidi Smith	Rotherham Harriers & AC
195	95	00:30:53	Susannah Curran	City of Sheffield AC
196	44	00:30:54	Emma Penniston	Boston & District AC
197	33	00:30:57	Catherine Brooks	Blackheath & Bromley Harriers
198	195	00:30:58	Ama Williams	Longwood Harriers AC
199	108	00:30:58	Rebecca Ladyman	Darlington Harriers & AC
200	342	00:31:00	Jade Watson	Werrington Joggers
201	167	00:31:06	Katherine Taylor	Leamington C & AC
202	141	00:31:06	Shannon Sullivan	Havering Mayesbrook AC
203	251	00:31:10	Emma Taylor	Reading AC
204	166	00:31:18	Lydia Mee	Leamington C & AC
205	42	00:31:31	Rebecca Nail	Blyth RC
206	84	00:32:00	Sara Edgar	Chorley Harriers & Tri
207	117	00:32:25	Rebecca Walford	Ealing Southall & Middlesex AC
208	227	00:32:41	Hannah Jones	Newcastle Staffs AC
209	116	00:32:42	Sophe Pitt	Ealing Southall & Middlesex AC
210	83	00:36:14	Leoni Edgar	Chorley Harriers & Tri