

Sheet1

Pos	RaceNo	Time	Name	Club
1	1109	00:13:53	Stephanie Twell	Aldershot Farnham & District AC
2	1175	00:14:19	Joanne Harvey	Exeter Harriers
3	1319	00:14:33	Charlotte Roach	Vale Royal AC
4	1107	00:14:38	Emma Pallant	Aldershot Farnham & District AC
5	1289	00:14:41	Sarah Waldrow	Shaftesbury Barnet Harriers
6	1261	00:14:52	Rosie Edwards	Rotherham Harriers & AC
7	1314	00:14:53	Kirsty Milner	Trafford AC
8	1213	00:14:55	Lauren Howarth	Leigh Harriers & AC
9	1137	00:14:58	Stephanie Barnes	Bristol & West AC
10	1178	00:15:03	Mary Ferrier	Gateshead Harriers & AC
11	1155	00:15:05	Hollie Rowland	City Of Norwich AC
12	1320	00:15:05	Stevie Stockton	Vale Royal AC
13	1105	00:15:06	Rose Anne Gallighan	Aldershot Farnham & District AC
14	1266	00:15:11	Jo Callaway	Royal Sutton Coldfield AC
15	1161	00:15:13	Emma Jackson	City Of Stoke AC
16	1153	00:15:17	Danielle Nimmock	City Of Norwich AC
17	1330	00:15:19	Rebecca Gough	Winchester & District AC
18	1271	00:15:22	Olivia Larcombe	Royal Sutton Coldfield AC
19	1125	00:15:23	Lucy Mayho	Bingley Harriers & AC
20	1167	00:15:24	H Brooks	Crawley AC
21	1240	00:15:24	A Lavender	Oswestry Olympians
22	1332	00:15:26	Lorna Russell	Winchester & District AC
23	1149	00:15:27	Clare Mensley	Charnwood AC
24	1226	00:15:29	Natalie Gray	Medway & Maidstone AC
25	1270	00:15:31	Emma Langdell	Royal Sutton Coldfield AC
26	1162	00:15:36	Vicky Graves	City Of York AC
27	1269	00:15:38	Jordan Kinney	Royal Sutton Coldfield AC
28	1264	00:15:41	Natalie Grant	Rotherham Harriers & AC
29	1200	00:15:42	Steph Bloor	Kingston upon Hull AC
30	1331	00:15:43	India Lee	Winchester & District AC
31	1187	00:15:47	Robyn Matson	Havering Mayesbrook AC
32	1183	00:15:48	Zanthe Wray	Hallamshire Harriers
33	1281	00:15:49	Emma Clayton	Scunthorpe & District AC
34	1268	00:15:50	Olivia Kenney	Royal Sutton Coldfield AC
35	1170	00:15:51	Abby Wilson	Darlington Harriers
36	1141	00:15:53	Katie Knowles	Bristol & West AC
37	1104	00:15:58	Natasha Doel	Aldershot Farnham & District AC
38	1136	00:15:59	I Ainsworth	Bristol & West AC
39	1260	00:16:00	Klachen Cheshire	Rotherham Harriers & AC
40	1147	00:16:01	Katie Lomas	Charnwood AC
41	1257	00:16:04	Jade Allen	Rotherham Harriers & AC
42	1173	00:16:08	Sarah Hudak	East Cheshire Harriers & Tameside AC
43	927	00:16:16	Natalie Kipps	Orion Harriers
44	1132	00:16:16	Jodie Stimpson	Birmingham Rowheath AC
45	1133	00:16:18	Rachel Wood	Blackburn Harriers
46	1337	00:16:22	Charlotte Oconell	Wirral AC
47	1291	00:16:22	Alex Snook	Shildon R & AC
48	1224	00:16:23	Tanya Taylor	Marshall Milton Keynes AC
49	1311	00:16:25	Lowri Richards	Tonbridge AC
50	1285	00:16:26	Rebecca Gardiner	Shaftesbury Barnet Harriers
51	1116	00:16:31	Suzi Boast	Bedford & County AC
52	1279	00:16:35	Janine Stockton	Sale Harriers Manchester

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53	1227	00:16:39	Lauren Roche	Middlesborough & Cleveland Harriers
54	1218	00:16:40	C Murphy	Liverpool Harriers & AC
55	1262	00:16:43	Jessica Fawcett	Rotherham Harriers & AC
56	1211	00:16:45	Danielle Allen	Leigh Harriers & AC
57	1148	00:16:52	Amber McGee	Charnwood AC
58	1286	00:16:53	Clare Miles	Shaftesbury Barnet Harriers
59	1233	00:16:54	Amelia Susulowsky	Nene Valley Harriers
60	1225	00:16:54	Jenny Reed	Matlock AC
61	1138	00:16:55	Clare Louise Conway	Bristol & West AC
62	1214	00:17:01	Rebecca Howarth	Leigh Harriers & AC
63	1329	00:17:03	Charlotte Bates	Winchester & District AC
64	1234	00:17:03	Jess Williams	Nene Valley Harriers
65	1176	00:17:05	Claire Baudouin	Gateshead Harriers & AC
66	1190	00:17:13	Monique Davis	Herne Hill Harriers
67	1242	00:17:15	Sarah Caskey	Peterborough AC
68	1273	00:17:16	Hannah Jones	Rugby & Northampton AC
69	1219	00:17:17	Melissa Ronan	Liverpool Harriers & AC
70	1182	00:17:19	Alex Firth	Hallamshire Harriers
71	1324	00:17:19	Rheanon Rainford	Warrington AC
72	1267	00:17:20	Clare Hodgson	Royal Sutton Coldfield AC
73	1255	00:17:24	Sarah Yeomans	Rossendale Harriers & AC
74	1146	00:17:27	Becky Krych	Charnwood AC
75	1212	00:17:28	Dionne Allen	Leigh Harriers & AC
76	1106	00:17:29	Charlotte Maxted	Aldershot Farnham & District AC
77	1117	00:17:39	Rachel Cave	Bedford & County AC
78	1272	00:17:41	Nicole Powell	Royal Sutton Coldfield AC
79	1129	00:17:51	Emma Limes	Birchfield Harriers
80	1232	00:17:54	Natasha Frolich	Nene Valley Harriers
81	1201	00:17:56	Emily Curry	Kingston upon Hull AC
82	1295	00:17:56	Kerry Holland	Southend AC
83	1245	00:18:00	Shirley Ann Dix	Reading AC
84	1293	00:18:01	Jenny Musgrave	Solihull & Small Heath AC
85	1342	00:18:03	Lucy Rogers	Wycombe Phoenix Harriers & AC
86	1284	00:18:06	Chantelle Bazzonni	Shaftesbury Barnet Harriers
87	1327	00:18:08	Natalie Sutton	West Norfolk AC
88	1220	00:18:10	Sophie Whiteside	Liverpool Harriers & AC
89	1217	00:18:13	Hannah McManus	Liverpool Harriers & AC
90	1250	00:18:14	Jo Adams	Richmond & Zetland Harriers
91	1189	00:18:17	Jmaela Brooks	Herne Hill Harriers
92	1163	00:18:18	Emma Willits	City Of York AC
93	1288	00:18:19	Hannah Shelley	Shaftesbury Barnet Harriers
94	1296	00:18:21	Caran Lefever	Southend AC
95	1174	00:18:22	Sally Teague	East Cheshire Harriers & Tameside AC
96	1344	00:18:22	Roxanne Russell	Birchfield Harriers
97	1120	00:18:23	Simei Snyman	Bedford & County AC
98	1308	00:18:26	Hayley Pegg	Thrift Green Trotters
99	1228	00:18:27	Laura Dixon	Morpeth Harriers & AC
100	1216	00:18:34	Danielle Leahy	Liverpool Harriers & AC
101	1315	00:18:43	Katie Herman	University of Liverpool AC
102	1168	00:18:44	Elizabeth Roberts	Dacorum & Tring AC
103	1287	00:18:47	Perry Ryan	Shaftesbury Barnet Harriers
104	1309	00:18:50	Susannah Davies	Tipton Harriers
105	1259	00:18:54	Kim Bateman	Rotherham Harriers & AC

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106	1263	00:19:00	Annabelle Grady	Rotherham Harriers & AC
107	1151	00:19:05	Rebecca Moorhouse	Chiltern Harriers AC
108	1110	00:19:06	Leila Armoush	Amber Valley AC
109	1316	00:19:07	Sarah Neary	University of Liverpool AC
110	1274	00:19:12	Pippa Hicks	Rutland AC
111	1303	00:19:12	Kat Snowden	Tamworth AC
112	1253	00:19:16	Catherine Gallagher	Rossendale Harriers & AC
113	1254	00:19:26	Laura Johnston	Rossendale Harriers & AC
114	1112	00:19:28	Briony Walsh	Ashford AC
115	1191	00:19:28	Jenny Honneyball	Herne Hill Harriers
116	1312	00:19:55	Nicola Ellis	Trafford AC
117	1115	00:20:02	Tarley Barnes	Bedford & County AC
118	1301	00:20:08	Emily Field Lucas	Tamworth AC
119	1318	00:20:25	Rachael Clews	Vale Royal AC
120	1150	00:20:44	Hannah Roberts	Charnwood AC
121	1247	00:20:59	Rose Dyson	Reading AC
122	1181	00:21:05	Hollie Clarke	Hallamshire Harriers
123	1126	00:21:27	Holly Ramsden	Bingley Harriers & AC
124	1297	00:21:31	Samantha` Brough	Stilton Striders
125	1194	00:21:32	Amie Reynolds	Herne Hill Harriers
126	1195	00:21:53	Katy Burgin	Huntingdonshire AC
127	1128	00:21:57	Sarah Capewell	Birchfield Harriers
128	1130	00:22:08	Holly O'Nera	Birchfield Harriers
129	1144	00:24:17	Joanna Gibson	Charnwood AC