

2010 Nationals XC - Under 13 Girls

| Pos | Bib | Time | Name | Club | Pos | Bib | Time | Name | Club |
|-----|------|----------|-----------------------|--------------------------------------|-----|------|----------|--------------------|--------------------------------------|
| 1 | 1494 | 00:12:25 | Hope Goddard | Bracknell AC | 101 | 1477 | 00:13:43 | Alisha Johnson | Blackpool Wyre & Fylde AC |
| 2 | 1607 | 00:12:29 | Bethany Donnelly | East Cheshire Harriers & Tameside AC | 102 | 1682 | 00:13:43 | Anna Weston | Invicta East Kent AC |
| 3 | 2028 | 00:12:31 | Bella Croft | Windsor Slough Eton & Hounslow AC | 103 | 1956 | 00:13:44 | Eve Goodhart | Thames Valley Harriers |
| 4 | 1493 | 00:12:32 | Grace Goddard | Bracknell AC | 104 | 1549 | 00:13:44 | Emma Barraclough | Chiltern Harriers AC |
| 5 | 1821 | 00:12:32 | Elisabeth Hood | Poole AC | 105 | 1832 | 00:13:45 | Megan Humphreys | Radley AC |
| 6 | 1678 | 00:12:37 | Bobby Clay | Invicta East Kent AC | 106 | 1929 | 00:13:45 | Katie Hughes | Staffordshire Moorlands AC |
| 7 | 1450 | 00:12:38 | Lydia Turner | Birtley AC | 107 | 1446 | 00:13:47 | Kennedy Wallace | Birchfield Harriers |
| 8 | 1994 | 00:12:39 | Rebecca Firth | Wakefield District Harriers & AC | 108 | 1648 | 00:13:50 | Louise Nash | Hastings AC |
| 9 | 1412 | 00:12:40 | Katie Shiel Rankin | Aldershot Farnham & District AC | 109 | 1524 | 00:13:52 | Lucy Jones | Charnwood AC |
| 10 | 1609 | 00:12:42 | Megan Bates | Eden Runners | 110 | 1799 | 00:13:52 | Laura Gilbert | Nuneaton Harriers AC |
| 11 | 1553 | 00:12:43 | Connie Lewis | Chiltern Harriers AC | 111 | 1534 | 00:13:53 | Christy Dailly | Chelmsford AC |
| 12 | 1986 | 00:12:44 | Jessica Parsons | Vale Royal AC | 112 | 1468 | 00:13:53 | Georgina Taylor | Blackheath & Bromley Harriers |
| 13 | 1768 | 00:12:45 | Sophia Cliffe | Marshall Milton Keynes AC | 113 | 1628 | 00:13:54 | Molly Traviss | Halifax Harriers AC |
| 14 | 1514 | 00:12:47 | Chelsea Nugent | Carlisle Aspatria AC | 114 | 1761 | 00:13:54 | Caelidh Ross | Mansfield Harriers & AC |
| 15 | 1739 | 00:12:48 | Zoe Tynan | Liverpool Harriers & AC | 115 | 1619 | 00:13:55 | Alonamae Lonsdale | Gateshead Harriers |
| 16 | 1714 | 00:12:49 | Mari Smith | Leicester Coritanian | 116 | 1810 | 00:13:55 | Evangeline Foster | Orion Harriers |
| 17 | 1812 | 00:12:51 | Georgia Tuckfield | Orion Harriers | 117 | 1572 | 00:13:55 | Tasha Stone | City of Stoke AC |
| 18 | 1586 | 00:12:52 | Sian Rainsley | Coventry Godiva Harriers | 118 | 1466 | 00:13:56 | Charlotte Rhule | Blackheath & Bromley Harriers |
| 19 | 2021 | 00:12:54 | Hannah Knaption | Winchester & District AC | 119 | 1945 | 00:13:56 | Sophie Burnett | Sunderland Harriers & AC |
| 20 | 1519 | 00:12:54 | Hannah Cox | Charnwood AC | 120 | 1865 | 00:13:56 | Molly Rees | Royal Sutton Coldfield AC |
| 21 | 1571 | 00:12:55 | Lucy Holt | City of Stoke AC | 121 | 1411 | 00:13:57 | Molly Sharples | Aldershot Farnham & District AC |
| 22 | 1454 | 00:12:56 | Elizabeth Greenwood | Blackburn Harriers & AC | 122 | 2029 | 00:13:57 | Kathryn Ditton | Windsor Slough Eton & Hounslow AC |
| 23 | 1952 | 00:12:57 | Caitlin Stewart | Team Southampton | 123 | 1467 | 00:13:57 | Lucy Sidey | Blackheath & Bromley Harriers |
| 24 | 1526 | 00:12:57 | Hannah Nutthall | Charnwood AC | 124 | 1654 | 00:13:58 | Victoria Picken | Herne Hill Harriers |
| 25 | 1541 | 00:12:59 | Millie Smith | Chelmsford AC | 125 | 1931 | 00:13:59 | Lucy Golland | Stilton Striders |
| 26 | 2037 | 00:13:00 | Sophie Tarver | Wirral AC | 126 | 1911 | 00:14:00 | Erin Donagh | Southport Waterloo AC |
| 27 | 1696 | 00:13:01 | Gemma Keir | Leeds City AC | 127 | 1635 | 00:14:00 | Martha Clapp | Harborough AC |
| 28 | 1483 | 00:13:01 | Sophie Montgomery | Blaydon Harriers & AC | 128 | 1885 | 00:14:00 | Louise Taylor | Scarborough AC |
| 29 | 1883 | 00:13:02 | Bronwen Owen | Scarborough AC | 129 | 1505 | 00:14:01 | Charlotte Murphy | Cambridge & Coleridge |
| 30 | 1723 | 00:13:02 | Abbie Donnelly | Lincoln Wellington AC | 130 | 1872 | 00:14:01 | Rachel Hibberd | Sale Harriers Manchester |
| 31 | 1562 | 00:13:03 | Alice Cheverton | City of Norwich AC | 131 | 1535 | 00:14:02 | Natasha Fisher | Chelmsford AC |
| 32 | 1550 | 00:13:03 | Rosalind Firth | Chiltern Harriers AC | 132 | 1429 | 00:14:02 | Lauren Russell | Bedford & County AC |
| 33 | 1401 | 00:13:04 | Leigh Chadman | Aldershot Farnham & District AC | 133 | 1625 | 00:14:03 | Hannah Sharkey | Halesowen AC |
| 34 | 1457 | 00:13:09 | Sally Searson | Blackburn Harriers & AC | 134 | 1497 | 00:14:03 | Hannah Alderson | Bury AC |
| 35 | 1954 | 00:13:09 | Isobel Bradley | Telford AC | 135 | 1953 | 00:14:04 | Brialen Taylor | Team Southampton |
| 36 | 2006 | 00:13:10 | Carys McCaulay | Warrington AC | 136 | 1823 | 00:14:04 | Rebecca Warrington | Poole AC |
| 37 | 1998 | 00:13:10 | Annabel Mason | Wakefield District Harriers & AC | 137 | 1842 | 00:14:06 | Charlotte Robinson | Reigate Priory AC |
| 38 | 1622 | 00:13:10 | Robyn Waugh | Gateshead Harriers | 138 | 1909 | 00:14:06 | Meredith Cox | Solihull & Small Heath AC |
| 39 | 1584 | 00:13:11 | Ellie Welch | Corby AC | 139 | 1933 | 00:14:07 | Evie Carter | Stockport Harriers & AC |
| 40 | 1542 | 00:13:11 | Katie Solis | Chelmsford AC | 140 | 1735 | 00:14:08 | Isabel Perez | Liverpool Harriers & AC |
| 41 | 1775 | 00:13:11 | Emma Wortley | Middlesbrough AC | 141 | 1894 | 00:14:09 | Molly Garden | Shaftesbury Barnet Harriers |
| 42 | 1573 | 00:13:12 | Ella Eadon | City of York AC | 142 | 1759 | 00:14:09 | Claire Norris | Mansfield Harriers & AC |
| 43 | 1923 | 00:13:13 | Rosie Johnson | St.Helens Sutton AC | 143 | 1434 | 00:14:10 | Daisy Ward | Bedford & County AC |
| 44 | 1537 | 00:13:15 | Jodie Judd | Chelmsford AC | 144 | 1569 | 00:14:10 | Natasha Clowes | City of Stoke AC |
| 45 | 1499 | 00:13:15 | Christie Cook | Bury AC | 145 | 1852 | 00:14:11 | Megan Solomon | Rossendale Harriers & AC |
| 46 | 1707 | 00:13:16 | Jemima Green | Leicester Coritanian | 146 | 1645 | 00:14:11 | Katie Garland | Hastings AC |
| 47 | 1605 | 00:13:16 | Megan Ashelby | East Cheshire Harriers & Tameside AC | 147 | 1405 | 00:14:11 | Georgie Hoff | Aldershot Farnham & District AC |
| 48 | 1891 | 00:13:17 | Natalie Connor | Shaftesbury Barnet Harriers | 148 | 1941 | 00:14:11 | Katy Whiteoak | Stockport Harriers & AC |
| 49 | 2019 | 00:13:17 | Danielle Thompson | Wigan Harriers | 149 | 1755 | 00:14:12 | Emma Heath | Mansfield Harriers & AC |
| 50 | 2005 | 00:13:17 | Harriet Knowles-Jones | Warrington AC | 150 | 1777 | 00:14:12 | Alison Brown | Morpeth Harriers & AC |
| 51 | 1554 | 00:13:18 | Hannah Morton | Chiltern Harriers AC | 151 | 1918 | 00:14:12 | Pippa Bailey | St.Albans AC |
| 52 | 1427 | 00:13:18 | Kelly Rodd | Bedford & County AC | 152 | 1700 | 00:14:14 | Bronya Bird | Leicester Coritanian |
| 53 | 1582 | 00:13:19 | Helena Keenan | Corby AC | 153 | 1878 | 00:14:14 | Charlotte Simms | Salford Metropolitan AC |
| 54 | 1884 | 00:13:19 | Lucy Schofield | Scarborough AC | 154 | 1734 | 00:14:15 | Erin McBride | Liverpool Harriers & AC |
| 55 | 1490 | 00:13:23 | Leah Pelope | Bolton United Harriers & AC | 155 | 1950 | 00:14:15 | Phoebe Kalik | Team Southampton |
| 56 | 1540 | 00:13:23 | Rosa Prideaux | Chelmsford AC | 156 | 1868 | 00:14:15 | Charlotte Murphy | Rugby & Northampton AC |
| 57 | 1913 | 00:13:23 | Abby Parkinson | Spensborough AC | 157 | 1474 | 00:14:16 | Beth Everson | Blackpool Wyre & Fylde AC |
| 58 | 1496 | 00:13:25 | Siannah Rayment | Bracknell AC | 158 | 1606 | 00:14:16 | Roisin Clegg | East Cheshire Harriers & Tameside AC |
| 59 | 1830 | 00:13:25 | Rebecca Coope | Pudsey & Bramley AC | 159 | 1681 | 00:14:17 | Amy Old | Invicta East Kent AC |
| 60 | 1969 | 00:13:25 | Sian Driscoll | Tonbridge AC | 160 | 1647 | 00:14:17 | Sophie Markwick | Hastings AC |
| 61 | 1710 | 00:13:25 | India Mitchell-Jarvis | Leicester Coritanian | 161 | 1792 | 00:14:17 | Charlotte Peach | Newark AC |
| 62 | 1536 | 00:13:26 | Maddie Gough | Chelmsford AC | 162 | 1565 | 00:14:18 | Katie Stratton | City of Norwich AC |
| 63 | 1932 | 00:13:27 | Lucy Palmer | Stilton Striders | 163 | 1715 | 00:14:18 | Bethany Taylor | Leicester Coritanian |
| 64 | 1820 | 00:13:27 | Emma Butterworth | Poole AC | 164 | 1779 | 00:14:19 | Josie McCreton | Morpeth Harriers & AC |

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|-----|------|----------|--------------------|-----------------------------------|-----|------|----------|-----------------------|-----------------------------------|
| 65 | 1491 | 00:13:27 | Vicki Birch | Bracknell AC | 165 | 1927 | 00:14:19 | Lauren Hancock | Staffordshire Moorlands AC |
| 66 | 1727 | 00:13:28 | Rebekah Ward | Lincoln Wellington AC | 166 | 1749 | 00:14:19 | Molly Bogin | Manchester Harriers & AC |
| 67 | 1523 | 00:13:28 | Emily Hollis | Charnwood AC | 167 | 1854 | 00:14:20 | Maisie Elliott | Rotherham Harriers & AC |
| 68 | 1942 | 00:13:28 | Mollie Williams | Stockport Harriers & AC | 168 | 1855 | 00:14:21 | Elena Freeman | Rotherham Harriers & AC |
| 69 | 1425 | 00:13:29 | Sarah Kerr | Bedford & County AC | 169 | 1713 | 00:14:22 | Rebecca Orton | Leicester Coritanian |
| 70 | 1463 | 00:13:30 | Georgina Kennedy | Blackheath & Bromley Harriers | 170 | 1556 | 00:14:22 | Hannah Thear | Chiltern Harriers AC |
| 71 | 1728 | 00:13:30 | Sophia Brennan | Liverpool Harriers & AC | 171 | 1971 | 00:14:22 | Katie Humphrey | Tonbridge AC |
| 72 | 1683 | 00:13:31 | Ellen Whitehead | Invicta East Kent AC | 172 | 1588 | 00:14:23 | Georgia Pickles | Crewe & Nantwich AC |
| 73 | 1877 | 00:13:32 | Hollie Barnes | Salford Metropolitan AC | 173 | 2022 | 00:14:23 | Klara Lyne | Winchester & District AC |
| 74 | 1935 | 00:13:34 | Lucy Donaghy | Stockport Harriers & AC | 174 | 1431 | 00:14:24 | Aimee Trafford | Bedford & County AC |
| 75 | 2025 | 00:13:34 | Rosie Upton | Winchester & District AC | 175 | 2026 | 00:14:24 | Gemma Burgin | Windsor Slough Eton & Hounslow AC |
| 76 | 1824 | 00:13:36 | Beth Blackwell | Preston Harriers | 176 | 1869 | 00:14:24 | Becky Pinto | Rugby & Northampton AC |
| 77 | 1921 | 00:13:36 | Victoria Pritchard | St.Albans AC | 177 | 1579 | 00:14:25 | Holly Bevins | Corby AC |
| 78 | 1570 | 00:13:36 | Jessica Heath | City of Stoke AC | 178 | 1817 | 00:14:25 | Katie Hutchinson | Peterborough AC |
| 79 | 2009 | 00:13:37 | Elizabeth Smith | Warrington AC | 179 | 1839 | 00:14:26 | Georgia Walton | Reading AC |
| 80 | 1421 | 00:13:37 | Lucy Wildash | Basingstoke & Mid Hants AC | 180 | 1522 | 00:14:26 | Georgia Gartside | Charnwood AC |
| 81 | 1420 | 00:13:37 | Gemma Wildash | Basingstoke & Mid Hants AC | 181 | 2004 | 00:14:26 | Katy Entwistle | Warrington AC |
| 82 | 1847 | 00:13:38 | Rebecca Flanagan | Rosendale Harriers & AC | 182 | 1659 | 00:14:27 | Lucy Farquhar | Holmfirth Harriers AC |
| 83 | 1472 | 00:13:38 | Amelia Betmead | Blackpool Wyre & Fylde AC | 183 | 1711 | 00:14:27 | Elizabeth Mulvaney | Leicester Coritanian |
| 84 | 1650 | 00:13:38 | Georgie Hay | Herne Hill Harriers | 184 | 2000 | 00:14:28 | Sophie Woolin | Wakefield District Harriers & AC |
| 85 | 1867 | 00:13:38 | Elizabeth Ward | Royal Sutton Coldfield AC | 185 | 1585 | 00:14:29 | Penny Oliver | Coventry Godiva Harriers |
| 86 | 1974 | 00:13:39 | Alessia Russo | Tonbridge AC | 186 | 1926 | 00:14:30 | Rachel Woosey | St.Helens Sutton AC |
| 87 | 1930 | 00:13:39 | Rebecca Hughes | Staffordshire Moorlands AC | 187 | 2038 | 00:14:30 | Hannah Campion | Wolverhampton & Bilston AC |
| 88 | 1813 | 00:13:40 | Amy Moran | Pendle AC | 188 | 1470 | 00:14:31 | Holly Walman | Blackheath & Bromley Harriers |
| 89 | 1576 | 00:13:40 | Jess Isaacs | City of York AC | 189 | 1603 | 00:14:31 | Besirat Tesfu | Ealing Southall & Middlesex AC |
| 90 | 1712 | 00:13:40 | Alice Murfitt | Leicester Coritanian | 190 | 1936 | 00:14:31 | Ellen Downs | Stockport Harriers & AC |
| 91 | 1564 | 00:13:40 | Megan Soames | City of Norwich AC | 191 | 2027 | 00:14:32 | Tilly Compton-Stewart | Windsor Slough Eton & Hounslow AC |
| 92 | 1756 | 00:13:40 | Molly Johnson | Mansfield Harriers & AC | 192 | 1642 | 00:14:32 | Molly Webster | Harrogate Harriers & AC |
| 93 | 2030 | 00:13:41 | Eloise Milbourn | Windsor Slough Eton & Hounslow AC | 193 | 1423 | 00:14:32 | Courtney Hunter | Bedford & County AC |
| 94 | 2017 | 00:13:41 | Mia Moore | Wetherby Runners AC | 194 | 1590 | 00:14:33 | Sarah Thompson | Dallam RC |
| 95 | 1915 | 00:13:41 | Ellen Bolland | Sphinx AC | 195 | 1559 | 00:14:33 | Megan Bird | City of Norwich AC |
| 96 | 1679 | 00:13:42 | Lilly Coward | Invicta East Kent AC | 196 | 1856 | 00:14:34 | Emily Hutchinson | Rotherham Harriers & AC |
| 97 | 2002 | 00:13:42 | Jessica Coulson | Warrington AC | 197 | 1876 | 00:14:34 | Connie Vickers | Sale Harriers Manchester |
| 98 | 1949 | 00:13:42 | Abbie Fisher | Team Southampton | 198 | 1630 | 00:14:35 | Georgia Hird | Hallamshire Harriers |
| 99 | 1578 | 00:13:42 | Georgia Bevins | Corby AC | 199 | 1539 | 00:14:35 | Lucy Longdon | Chelmsford AC |
| 100 | 1538 | 00:13:43 | Emily Ley | Chelmsford AC | 200 | 2044 | 00:14:36 | Beth Scott | Wreake Runners |
| Pos | Bib | Time | Name | Club | Pos | Bib | Time | Name | Club |
| 201 | 1568 | 00:14:36 | Sophie Taylor | City of Sheffield AC | 303 | 1744 | 00:15:27 | Chloe Hever | Longwood Harriers AC |
| 202 | 1730 | 00:14:37 | Hannah Delaney | Liverpool Harriers & AC | 304 | 1724 | 00:15:27 | Lucy Read | Lincoln Wellington AC |
| 203 | 1671 | 00:14:37 | Katie Scholey | Huntingdonshire AC | 305 | 1751 | 00:15:27 | Caitlin Whitehead | Manchester Harriers & AC |
| 204 | 1498 | 00:14:38 | Eleanor Boyle | Bury AC | 306 | 1705 | 00:15:28 | Caitlin Danaher | Leicester Coritanian |
| 205 | 1731 | 00:14:39 | Abbie Gray | Liverpool Harriers & AC | 307 | 2040 | 00:15:28 | Lauren Hillman | Wolverhampton & Bilston AC |
| 206 | 1746 | 00:14:40 | Rebecca Morris | Longwood Harriers AC | 308 | 1567 | 00:15:29 | Anina Atkinson | City of Sheffield AC |
| 207 | 1640 | 00:14:40 | Claire Jones | Harrogate Harriers & AC | 309 | 1604 | 00:15:29 | Dhara Thompson | Ealing Southall & Middlesex AC |
| 208 | 1657 | 00:14:40 | Hannah Webb | Herne Hill Harriers | 310 | 1836 | 00:15:29 | Lois Meredith | Reading AC |
| 209 | 1990 | 00:14:40 | Anni Sorensen | Vale Royal AC | 311 | 1677 | 00:15:30 | Lucy Williamson | Ilkley Harriers |
| 210 | 1789 | 00:14:41 | Izzy Pearse | New Marske Harriers | 312 | 1858 | 00:15:31 | Grace Tomlinson | Rotherham Harriers & AC |
| 211 | 1826 | 00:14:41 | Isobell Hughes | Preston Harriers | 313 | 1439 | 00:15:32 | Victoria Blincoe | Bexley AC |
| 212 | 1973 | 00:14:41 | Lucy Roud | Tonbridge AC | 314 | 1602 | 00:15:32 | Izzy Morris-McIntyre | Ealing Southall & Middlesex AC |
| 213 | 1912 | 00:14:41 | Elle Bolton-Hardy | Spenborough AC | 315 | 1786 | 00:15:34 | Georgie Gibb | Nene Valley Harriers |
| 214 | 1663 | 00:14:42 | Olivia Sykes | Holmfirth Harriers AC | 316 | 1997 | 00:15:35 | Heather Ludvigson | Wakefield District Harriers & AC |
| 215 | 1762 | 00:14:42 | Ella Shirley | Mansfield Harriers & AC | 317 | 1943 | 00:15:36 | Sophie Williams | Stockport Harriers & AC |
| 216 | 1409 | 00:14:42 | Molly Pocock | Aldershot Farnham & District AC | 318 | 1892 | 00:15:36 | Emma Dwan | Shaftesbury Barnet Harriers |
| 217 | 1772 | 00:14:43 | Hannah Marshall | Middlesbrough AC | 319 | 1882 | 00:15:37 | Sarah Ogden | Scarborough AC |
| 218 | 1506 | 00:14:43 | Hollie Parker | Cambridge & Coleridge | 320 | 1793 | 00:15:37 | Charlie Bagguley | Newcastle (Staffs) AC |
| 219 | 1624 | 00:14:43 | Beth Sharkey | Halesowen AC | 321 | 1924 | 00:15:38 | Maria McGoldrick | St.Helens Sutton AC |
| 220 | 1632 | 00:14:43 | Charlotte Slack | Hallamshire Harriers | 322 | 1940 | 00:15:38 | Leah O'Connell | Stockport Harriers & AC |
| 221 | 1922 | 00:14:44 | Lucy Griffiths | St.Helens Sutton AC | 323 | 1555 | 00:15:38 | Maria Slade | Chiltern Harriers AC |
| 222 | 2007 | 00:14:45 | Laura Nicholson | Warrington AC | 324 | 1694 | 00:15:38 | Charlotte Hall | Leeds Carnegie AC |
| 223 | 1689 | 00:14:45 | Lucy Witherwick | Kingston Upon Hull AC | 325 | 1660 | 00:15:39 | Megan Lamb | Holmfirth Harriers AC |
| 224 | 1655 | 00:14:45 | Elena Rodham-Cooke | Herne Hill Harriers | 326 | 1844 | 00:15:39 | Freja Nicholson | Richmond & Zetland Harriers |
| 225 | 1928 | 00:14:46 | Rebecca Higton | Staffordshire Moorlands AC | 327 | 1760 | 00:15:39 | Rachel Norris | Mansfield Harriers & AC |
| 226 | 1981 | 00:14:46 | Jessica Costello | Vale Royal AC | 328 | 1893 | 00:15:40 | Alice Elwood | Shaftesbury Barnet Harriers |
| 227 | 1875 | 00:14:47 | Caitlin Thomas | Sale Harriers Manchester | 329 | 1738 | 00:15:40 | Lydia Reynolds | Liverpool Harriers & AC |
| 228 | 1626 | 00:14:47 | Carregan Sibley | Halesowen AC | 330 | 1675 | 00:15:40 | Grace Malir | Ilkley Harriers |
| 229 | 1456 | 00:14:47 | Polly Pearse | Blackburn Harriers & AC | 331 | 2036 | 00:15:40 | Aileem Kearney | Wirral AC |
| 230 | 1978 | 00:14:47 | Rachael McManus | Trafford AC | 332 | 1634 | 00:15:41 | Lucy Woodcock | Hallamshire Harriers |

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| 231 | 1513 | 00:14:48 | Dannielle Woodward | Cannock & Stafford AC | 333 | 1841 | 00:15:42 | Florence Wilson | Reading AC |
| 232 | 2011 | 00:14:48 | Suzanne Bentley | Watford Harriers | 334 | 1476 | 00:15:43 | Fiona Hockey | Blackpool Wyre & Fylde AC |
| 233 | 1706 | 00:14:48 | Yasmin Gibson | Leicester Coritanian | 335 | 1631 | 00:15:45 | Flora McNeil | Hallamshire Harriers |
| 234 | 1881 | 00:14:48 | Leah Ogden | Scarborough AC | 336 | 1938 | 00:15:47 | Rebecca Horsfield | Stockport Harriers & AC |
| 235 | 1404 | 00:14:48 | Natalie Gilfrin | Aldershot Farnham & District AC | 337 | 1452 | 00:15:49 | Katie Buckingham | Blackburn Harriers & AC |
| 236 | 1525 | 00:14:48 | Karyn Lewis | Charnwood AC | 338 | 1857 | 00:15:50 | Beth Taylor | Rotherham Harriers & AC |
| 237 | 1783 | 00:14:49 | Sarah Chan | Nene Valley Harriers | 339 | 2012 | 00:15:51 | Lucy Callaghan | Wetherby Runners AC |
| 238 | 2015 | 00:14:49 | Josephine Mather-Hunter | Wetherby Runners AC | 340 | 1833 | 00:15:51 | Abigail Froud | Reading AC |
| 239 | 1968 | 00:14:50 | Hannah Czarnowski | Tonbridge AC | 341 | 1684 | 00:15:51 | Lauren Lowe | Jersey Spartans AC |
| 240 | 1870 | 00:14:50 | Rebecca Smears | Rugby & Northampton AC | 342 | 1557 | 00:15:52 | Meghan Adamson | Chorley Harriers |
| 241 | 1874 | 00:14:50 | Hannah Simeen | Sale Harriers Manchester | 343 | 1719 | 00:15:52 | Hannah O'Malley | Leigh Harriers & AC |
| 242 | 1828 | 00:14:51 | Maxine Smith | Preston Harriers | 344 | 1530 | 00:15:53 | Saskia Sharpe | Charnwood AC |
| 243 | 1995 | 00:14:52 | Saskia Lewis | Wakefield District Harriers & AC | 345 | 2013 | 00:15:53 | Stella Kremer | Wetherby Runners AC |
| 244 | 1807 | 00:14:53 | Madeline Carr | Orion Harriers | 346 | 1627 | 00:15:53 | Lydia Wilkinson | Halesowen AC |
| 245 | 1673 | 00:14:54 | Naomi Elliott | Ilkley Harriers | 347 | 1716 | 00:15:54 | Lucy Whitehead | Leicester Coritanian |
| 246 | 1532 | 00:14:54 | Rebekah Stretton | Charnwood AC | 348 | 1702 | 00:15:54 | Olivia Bramley | Leicester Coritanian |
| 247 | 1725 | 00:14:55 | Clara Temple | Lincoln Wellington AC | 349 | 2014 | 00:15:54 | Harriet Lawson | Wetherby Runners AC |
| 248 | 1849 | 00:14:56 | Isabella Lewis | Rossendale Harriers & AC | 350 | 1939 | 00:15:55 | Alice Hughes | Stockport Harriers & AC |
| 249 | 1782 | 00:14:56 | Sarah Wilkes | Morpeth Harriers & AC | 351 | 1861 | 00:15:55 | Jasmine Laidler | Rothwell Harriers |
| 250 | 1784 | 00:14:58 | Annie Dalton | Nene Valley Harriers | 352 | 1729 | 00:15:56 | Olivia Daly | Liverpool Harriers & AC |
| 251 | 1750 | 00:14:58 | Charlotte Kelly | Manchester Harriers & AC | 353 | 1809 | 00:15:56 | Joelle Ewen | Orion Harriers |
| 252 | 1879 | 00:15:00 | Lucy Whittaker | Salford Metropolitan AC | 354 | 1758 | 00:15:57 | Phillipa Mitchell | Mansfield Harriers & AC |
| 253 | 1595 | 00:15:00 | Lara Wisdich | Derby AC | 355 | 1993 | 00:15:58 | Bethan Turner | Victoria Park H. & Tower Hamlets AC |
| 254 | 2018 | 00:15:00 | Hollie Pearson | Wetherby Runners AC | 356 | 2034 | 00:15:59 | Miriam Gordon | Wirral AC |
| 255 | 1977 | 00:15:01 | Isobel Howe | Trafford AC | 357 | 2035 | 00:15:59 | Sydney Isaacs | Wirral AC |
| 256 | 1811 | 00:15:02 | Amelia Hall | Orion Harriers | 358 | 2031 | 00:16:00 | Amy Talbot | Windsor Slough Eton & Hounslow AC |
| 257 | 1487 | 00:15:02 | Charlotte Ramsay | Blyth RC | 359 | 1970 | 00:16:00 | Ella Farndon | Tonbridge AC |
| 258 | 1917 | 00:15:03 | Jennifer Allen | St.Albans AC | 360 | 1500 | 00:16:00 | Jenny Smalley | Bury AC |
| 259 | 1840 | 00:15:04 | Katherine West | Reading AC | 361 | 1558 | 00:16:01 | Fionnuala Hart | Chorley Harriers |
| 260 | 1871 | 00:15:04 | Julia Hassall | Sale Harriers Manchester | 362 | 1752 | 00:16:01 | Sophie Beckingham | Mansfield Harriers & AC |
| 261 | 1697 | 00:15:04 | Nicola Sawyer | Leeds City AC | 363 | 1853 | 00:16:01 | Charlotte Dodds | Rotherham Harriers & AC |
| 262 | 1925 | 00:15:05 | Rachel McGoldrick | St.Helens Sutton AC | 364 | 1843 | 00:16:01 | Hannah Najafi | Richmond & Zetland Harriers |
| 263 | 1610 | 00:15:05 | Jessica Richardson | Elswick Harriers | 365 | 1709 | 00:16:02 | Molly McCallister | Leicester Coritanian |
| 264 | 1920 | 00:15:05 | Alice Mulcahy | St.Albans AC | 366 | 1980 | 00:16:05 | Lucy Burch | Vale Royal AC |
| 265 | 1937 | 00:15:06 | Jess Griffiths | Stockport Harriers & AC | 367 | 1435 | 00:16:06 | Dayna Arnott | Beverley AC |
| 266 | 1473 | 00:15:06 | Molly Betmead | Blackpool Wyre & Fylde AC | 368 | 1438 | 00:16:08 | Kelly Dawson | Beverley AC |
| 267 | 1599 | 00:15:06 | Camille Bradbury | Ealing Southall & Middlesex AC | 369 | 1803 | 00:16:09 | Rachel Emmot | Oldham & Royton Harriers & AC |
| 268 | 1708 | 00:15:06 | Rebecca Griffiths | Leicester Coritanian | 370 | 1992 | 00:16:10 | Gemma Wyatt | Vale Royal AC |
| 269 | 1510 | 00:15:06 | Jamie O'Connor | Cannock & Stafford AC | 371 | 1417 | 00:16:11 | Ella Neil | Andover AC |
| 270 | 1575 | 00:15:07 | Natalie Houlston | City of York AC | 372 | 1600 | 00:16:11 | Georgia Gibbes | Ealing Southall & Middlesex AC |
| 271 | 1794 | 00:15:07 | Dilys Growcott | Newcastle (Staffs) AC | 373 | 1581 | 00:16:12 | Chloe Iliffe (DQ) | Corby AC (DQ) |
| 272 | 1680 | 00:15:08 | Molly Dawson | Invicta East Kent AC | 374 | 1589 | 00:16:13 | Lizzie Goodfellow | Dallam RC |
| 273 | 1528 | 00:15:09 | Harriet Roberts | Charnwood AC | 375 | 1444 | 00:16:15 | Hannah MacArthur | Birchfield Harriers |
| 274 | 1914 | 00:15:09 | Keavey Ward | Spenborough AC | 376 | 1455 | 00:16:16 | Sadit Kenyon | Blackburn Harriers & AC |
| 275 | 1699 | 00:15:10 | Shannon Anderson | Leicester Coritanian | 377 | 1587 | 00:16:17 | Katie Lennon | Crewe & Nantwich AC |
| 276 | 1787 | 00:15:10 | Eleshia Reid | Nene Valley Harriers | 378 | 1859 | 00:16:17 | Megan Byrne | Rothwell Harriers |
| 277 | 1934 | 00:15:11 | Emma Donaghy | Stockport Harriers & AC | 379 | 1646 | 00:16:18 | Rebecca Haggard | Hastings AC |
| 278 | 1662 | 00:15:11 | Sophie Spencer | Holmfirth Harriers AC | 380 | 1511 | 00:16:19 | Chloe Preston | Cannock & Stafford AC |
| 279 | 1863 | 00:15:12 | Amelia Andrews | Royal Sutton Coldfield AC | 381 | 2042 | 00:16:27 | Charlotte Heaps | Wreake Runners |
| 280 | 1644 | 00:15:13 | Zoe Botting | Hastings AC | 382 | 1976 | 00:16:33 | Beth Goddard | Trafford AC |
| 281 | 1989 | 00:15:14 | Lucy Scott | Vale Royal AC | 383 | 1906 | 00:16:35 | Alix Oglesy | Skyrac AC |
| 282 | 1895 | 00:15:14 | Chloe Goodson | Shaftesbury Barnet Harriers | 384 | 1944 | 00:16:37 | Cailin Tootell | Stroud & District AC |
| 283 | 1979 | 00:15:16 | Natalia Nunes | Trafford AC | 385 | 1829 | 00:16:39 | Alex Walker | Preston Harriers |
| 284 | 1658 | 00:15:16 | Megan Breen | Herts Phoenix AC | 386 | 1780 | 00:16:40 | Molly McDonald | Morpeth Harriers & AC |
| 285 | 1743 | 00:15:16 | Katie Walker | Liverpool Pembroke & Sefton H & AC | 387 | 1451 | 00:16:43 | Morgan Angland | Blackburn Harriers & AC |
| 286 | 1520 | 00:15:17 | Eliza Dickie | Charnwood AC | 388 | 1442 | 00:16:45 | Eleanor Winch | Bexley AC |
| 287 | 1598 | 00:15:18 | Rosanna Bell | Ealing Southall & Middlesex AC | 389 | 1802 | 00:16:46 | Emma Burman | Oldham & Royton Harriers & AC |
| 288 | 1433 | 00:15:19 | Alice Wallbank | Bedford & County AC | 390 | 1652 | 00:16:46 | Olivia Lamont | Herne Hill Harriers |
| 289 | 1596 | 00:15:19 | Alice Cambell | Durham City Harriers | 391 | 1896 | 00:16:47 | Ellen Joyce | Shaftesbury Barnet Harriers |
| 290 | 1736 | 00:15:20 | Emily Radforth | Liverpool Harriers & AC | 392 | 1508 | 00:16:54 | Megan Bond-Gillick | Cannock & Stafford AC |
| 291 | 1816 | 00:15:20 | Megan Haines-Eynon | Peterborough AC | 393 | 1827 | 00:16:56 | Emma Shepered | Preston Harriers |
| 292 | 1808 | 00:15:21 | Serena Espeute | Orion Harriers | 394 | 1959 | 00:16:56 | Sophie Hill | Tipton Harriers |
| 293 | 1608 | 00:15:21 | Niamh Hartshorne | East Cheshire Harriers & Tameside AC | 395 | 1919 | 00:17:01 | Laura Edwards | St.Albans AC |
| 294 | 1741 | 00:15:22 | Charlotte Haines | Liverpool Pembroke & Sefton H & AC | 396 | 1531 | 00:17:01 | Chandini Stensel | Charnwood AC |
| 295 | 1846 | 00:15:22 | Rebecca Bevan | Rossendale Harriers & AC | 397 | 1753 | 00:17:07 | Abigail Daguiar | Mansfield Harriers & AC |
| 296 | 1785 | 00:15:23 | Alice Dolan | Nene Valley Harriers | 398 | 1850 | 00:17:09 | Shona Monks | Rossendale Harriers & AC |
| 297 | 1651 | 00:15:23 | Clemmie Hilliare | Herne Hill Harriers | 399 | 1790 | 00:17:10 | Holly Mammatt | Newark AC |

| | | | | | | | | | |
|-----|------|----------|--------------------|----------------------------------|-----|------|----------|----------------------|-------------------|
| 298 | 2033 | 00:15:23 | Eimear Corr | Wirral AC | 400 | 2043 | 00:17:17 | Gabrielle McNeelance | Wreake Runners |
| 299 | 1814 | 00:15:23 | Hayley Bartlett | Peterborough AC | 401 | 1698 | 00:17:19 | Gabrielle Scobie | Leeds City AC |
| 300 | 1732 | 00:15:23 | Hannah King | Liverpool Harriers & AC | 402 | 1518 | 00:17:19 | Lauren Cooledge | Charnwood AC |
| 301 | 1996 | 00:15:25 | Beth Lovellgrave | Wakefield District Harriers & AC | 403 | 1860 | 00:17:20 | Grace Franklin | Rothwell Harriers |
| 302 | 1430 | 00:15:25 | Annabelle Shreeves | Bedford & County AC | 404 | 1901 | 00:17:24 | Georgina Bentley | Skyrac AC |
| Pos | Bib | Time | Name | Club | | | | | |
| 405 | 1845 | 00:17:29 | Rachel Stirr | Richmond & Zetland Harriers | | | | | |
| 406 | 1611 | 00:17:31 | Erin Smith | Elswick Harriers | | | | | |
| 407 | 1887 | 00:17:40 | Megan Hetherington | Sedgefield Harriers | | | | | |
| 408 | 1561 | 00:17:41 | Ashleigh Bunn | City of Norwich AC | | | | | |
| 409 | 1886 | 00:17:45 | Ellie Gaines | Sedgefield Harriers | | | | | |
| 410 | 1889 | 00:17:45 | Emily Robertshaw | Sedgefield Harriers | | | | | |
| 411 | 2008 | 00:17:46 | Sophie Rice | Warrington AC | | | | | |
| 412 | 1601 | 00:17:48 | Elizabeth Lloyd | Ealing Southall & Middlesex AC | | | | | |
| 413 | 1665 | 00:17:52 | Sophie Williams | Holmfirth Harriers AC | | | | | |
| 414 | 1815 | 00:17:58 | Felicity Ford | Peterborough AC | | | | | |
| 415 | 1795 | 00:18:04 | Chloe Lindop | Newcastle (Staffs) AC | | | | | |
| 416 | 1643 | 00:18:20 | Natasha Bird | Hastings AC | | | | | |
| 417 | 1888 | 00:18:56 | Rebella Holke | Sedgefield Harriers | | | | | |

| Pos | Points | Team Name | Placings | Pos | Points | Team Name | Placings |
|-----|--------|--------------------------------------|--------------------|-----|--------|--------------------------------|---------------------|
| 1 | 128 | Bracknell AC | (1 4 58 65) | 27 | 640 | Herne Hill Harriers | (84 124 208 224) |
| 2 | 165 | Chelmsford AC | (25 40 44 56) | 28 | 647 | Lincoln Wellington AC | (30 66 247 304) |
| 3 | 198 | Chiltern Harriers AC | (11 32 51 104) | 29 | 694 | Hastings AC | (108 146 160 280) |
| 4 | 213 | Leicester Coritnian | (16 46 61 90) | 30 | 712 | St.Helens Sutton AC | (43 186 221 262) |
| 5 | 220 | Charnwood AC | (20 24 67 109) | 31 | 728 | Vale Royal AC | (12 209 226 281) |
| 6 | 262 | Warrington AC | (36 50 79 97) | 32 | 743 | Bury AC | (45 134 204 360) |
| 7 | 276 | Invicta East Kent AC | (6 72 96 102) | 33 | 750 | St.Albans AC | (77 151 258 264) |
| 8 | 310 | Aldershot Farnham & District AC | (9 33 121 147) | 34 | 770 | Rossendale Harriers & AC | (82 145 248 295) |
| 9 | 360 | City of Stoke AC | (21 78 117 144) | 35 | 789 | Shaftesbury Barnet Harriers | (48 141 282 318) |
| 10 | 368 | Corby AC | (39 53 99 177) | 36 | 795 | Sale Harriers Manchester | (130 197 227 241) |
| 11 | 380 | Liverpool Harriers & AC | (15 71 140 154) | 37 | 843 | Rotherham Harriers & AC | (167 168 196 312) |
| 12 | 393 | Windsor Slough Eton & Hounslow AC | (3 93 122 175) | 38 | 914 | Preston Harriers | (76 211 242 385) |
| 13 | 396 | Bedford & County AC | (52 69 132 143) | 39 | 925 | Wetherby Runners AC | (94 238 254 339) |
| 14 | 411 | Team Southampton | (23 98 135 155) | 40 | 926 | Halesowen AC | (133 219 228 346) |
| 15 | 423 | Blackheath & Bromley Harriers | (70 112 118 123) | 41 | 949 | Morpeth Harriers & AC | (150 164 249 386) |
| 16 | 429 | Stockport Harriers & AC | (68 74 139 148) | 42 | 999 | Holmfirth Harriers AC | (182 214 278 325) |
| 17 | 445 | Scarborough AC | (29 54 128 234) | 43 | 1011 | Wirral AC | (26 298 331 356) |
| 18 | 472 | Wakefield District Harriers & AC | (8 37 184 243) | 44 | 1052 | Ealing Southall & Middlesex AC | (189 267 287 309) |
| 19 | 479 | City of Norwich AC | (31 91 162 195) | 45 | 1059 | Nene Valley Harriers | (237 250 276 296) |
| 20 | 497 | Mansfield Harriers & AC | (92 114 142 149) | 46 | 1081 | Reading AC | (179 259 310 333) |
| 21 | 500 | East Cheshire Harriers & Tameside AC | (2 47 158 293) | 47 | 1085 | Hallamshire Harriers | (198 220 332 335) |
| 22 | 529 | Tonbridge AC | (60 86 171 212) | 48 | 1150 | Trafford AC | (230 255 283 382) |
| 23 | 583 | Staffordshire Moorlands AC | (87 106 165 225) | 49 | 1182 | Peterborough AC | (178 291 299 414) |
| 24 | 607 | Blackpool Wyre & Fylde AC | (83 101 157 266) | 50 | 1272 | Cannock & Stafford AC | (231 269 380 392) |
| 25 | 622 | Blackburn Harriers & AC | (22 34 229 337) | 51 | 1643 | Sedgefield Harriers | (407 409 410 417) |
| 26 | 633 | Orion Harriers | (17 116 244 256) | | | | |