

# Senior Women

31/10/2009

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name
1	0:30:19.05	Charnwood AC 'A'	0:10:15.45 (7)	G Steel	0:09:58.20 (1)	T Kizywicki	0:10:05.40 (1)	H Whitmore
2	0:30:33.45	Bristol & West AC 'A'	0:10:12.75 (5)	R Randell	0:10:05.70 (3)	K Goodhead	0:10:15.00 (2)	C Hallissey
3	0:30:40.15	Woodford Green AC with Essex Lad	0:10:19.95 (8)	L Snow	0:09:55.40 (2)	J Sparke	0:10:24.80 (3)	K Sparke
4	0:30:42.05	Aldershot Farnham & District AC 'A'	0:10:31.40 (14)	N Doel	0:10:34.80 (7)	E Adams	0:09:35.85 (4)	S Twell
5	0:30:58.65	Bedford & County AC 'A'	0:10:38.30 (17)	N Peters	0:10:15.60 (5)	N Sykes	0:10:04.75 (5)	K Wootton
6	0:31:09.85	Harvering Mayesbrook AC	0:09:58.75 (1)	L Deadman	0:11:15.10 (10)	R Matson	0:09:56.00 (6)	F Fullerton
7	0:31:55.05	Hallamshire Harriers 'A'	0:10:20.25 (10)	J Russell	0:10:05.15 (4)	H Dean	0:11:29.65 (7)	R Proctor
8	0:32:21.95	Bristol & West AC 'B'	0:11:00.05 (28)	R Mitchell	0:10:32.25 (13)	I Ainsworth	0:10:49.65 (8)	H Fines
9	0:32:23.90	Coventry Godiva Harriers 'A'	0:10:20.05 (9)	T Brown	0:11:12.40 (14)	S Simmons	0:10:51.45 (9)	F Briscoe
10	0:32:24.10	Bingley Harriers 'A'	0:10:33.80 (15)	V Wilkingson	0:10:38.75 (8)	S Jarvis	0:11:11.55 (10)	J Buckley
11	0:32:30.65	Chester Le Street & District AC 'A'	0:10:46.80 (21)	S Wilkingson	0:10:52.50 (15)	M Czarenxa	0:10:51.35 (11)	T Laws
12	0:32:39.55	Birchfield Harriers 'A'	0:11:08.30 (33)	S Williams	0:10:09.95 (11)	D Walters	0:11:21.30 (12)	C Grice
13	0:32:54.65	Charnwood AC 'B'	0:10:36.15 (16)	S Maude	0:11:08.65 (16)	G Hillier	0:11:09.85 (13)	K Lomas
14	0:33:00.15	Loughborough Students AC 'A'	0:11:20.25 (38)	A Snook	0:10:39.50 (18)	A Campbell	0:11:00.40 (14)	A Wilson
15	0:33:09.10	Shaftesbury Barnet Harriers 'A'	0:10:09.10 (4)	R Felton	0:10:56.50 (6)	S Partridge	0:12:03.50 (15)	A Bailey
16	0:33:28.75	Kingston Upon Hull AC	0:10:29.85 (13)	J Maddick	0:10:50.90 (12)	N Maddick	0:12:08.00 (16)	M Maddick
17	0:33:33.20	Blackheath & Bromley Harriers AC 'A'	0:10:49.40 (22)	E Murty	0:10:58.60 (17)	B Proctor	0:11:45.20 (17)	J Butler
18	0:33:41.10	Marshall Milton Keynes 'A'	0:11:02.95 (30)	L Brohilot	0:11:08.15 (21)	C Scott	0:11:30.00 (18)	S Gibbens
19	0:33:43.10	City of Norwich AC 'A'	0:10:00.85 (3)	H Rowland	0:11:12.55 (9)	J Clarke	0:12:29.70 (19)	L Emmett
20	0:33:51.35	City of York AC 'A'	0:10:38.55 (18)	B Penty	0:11:44.35 (24)	E Willits	0:11:28.45 (20)	K Mellor
21	0:33:59.15	Hallamshire Harriers 'B'	0:10:59.95 (27)	Z Wray	0:11:20.40 (23)	J Seymore	0:11:38.80 (21)	P Wilkie
22	0:34:04.45	Tipton Harriers 'B'	0:10:58.50 (26)	H Jennings	0:11:45.10 (28)	C Veysey	0:11:20.85 (22)	L Cox
23	0:34:07.35	Holfirth Harriers & AC 'A'	0:11:03.95 (31)	K Walshaw	0:11:45.30 (31)	C Leaver	0:11:18.10 (23)	H Berry
24	0:34:09.05	Sutton in Ashfield Harriers & AC 'A'	0:11:40.65 (48)	H Mulcaster	0:10:50.50 (26)	C Woolis	0:11:37.90 (24)	F Meakin
25	0:34:13.40	Bedford & County AC 'B'	0:10:56.75 (24)	R Newsted	0:11:05.60 (19)	R Gibbs	0:12:11.05 (25)	R Cave
26	0:34:29.10	Aldershot Farnham & District AC 'B'	0:11:14.10 (36)	C Adams	0:11:21.55 (27)	B Andrew	0:11:53.45 (26)	M Jones
27	0:34:30.85	Coventry Godiva Harriers 'B'	0:11:35.45 (44)	S Rowton	0:11:31.40 (37)	M Kirkham	0:11:24.00 (27)	Z Hyde Peters
28	0:34:32.40	Wakefield DH & AC 'A'	0:12:13.50 (65)	S Marshall	0:10:49.45 (36)	J Briscoe	0:11:29.45 (28)	K Johnson
29	0:34:33.25	Liverpool Harriers & AC 'A'	0:11:15.15 (37)	C Draper	0:11:43.00 (35)	S Murray	0:11:35.10 (29)	L Egan
30	0:34:40.05	City of Stoke AC	0:11:59.50 (56)	K Anderson	0:10:47.65 (30)	E Jackson	0:11:52.90 (30)	C Booker
31	0:34:50.75	Royal Sutton Coldfield AC	0:10:46.50 (20)	E Langdell	0:11:21.00 (20)	J Callaway	0:12:43.25 (31)	A Bridges
32	0:34:54.60	Derby AC	0:10:53.75 (23)	E Stevens	0:11:58.75 (33)	A Lupan	0:12:02.10 (32)	R Olivant
33	0:34:59.35	Lancaster & Morecambe AC 'A'	0:10:26.65 (12)	L Gandner	0:11:49.35 (22)	C Rodham	0:12:43.35 (33)	H Booth
34	0:35:02.80	Trafford AC 'A'	0:10:13.75 (6)	K Milner	0:12:12.80 (25)	V O'Donnell	0:12:36.25 (34)	Runner C1196
35	0:35:08.65	Sale Harriers Manchester 'A'	0:11:51.60 (52)	E Heighway	0:11:00.80 (32)	J Hill	0:12:16.25 (35)	S Holland
36	0:35:18.70	Scunthorpe & Dist AC 'A'	0:11:38.10 (46)	D Marsh	0:11:19.05 (34)	S Kemshall	0:12:21.55 (36)	C Morley
37	0:35:21.45	Liverpool Pembroke & Sefton Harri	0:11:22.05 (39)	K Longley	0:11:22.90 (29)	L Doyle	0:12:36.50 (37)	C Terry
38	0:35:25.10	Loughborough Students AC 'B'	0:11:35.90 (45)	J Orr	0:11:48.40 (40)	E Damant	0:12:00.80 (38)	P Williams
39	0:35:37.40	Salford Harriers 'A'	0:10:39.00 (19)	T Walker	0:13:46.30 (51)	J Bilton	0:11:12.10 (39)	S Briggs
40	0:35:48.55	Border Harriers	0:11:34.65 (42)	R Silson	0:12:10.20 (44)	C Mikeown	0:12:03.70 (40)	C Douglas
41	0:35:53.75	Notts AC 'A'	0:11:12.95 (35)	S Bull	0:12:25.65 (42)	L Morris	0:12:15.15 (41)	J Marriott
42	0:35:57.45	Leeds City 'A'	0:12:12.10 (63)	A Varley	0:11:53.75 (47)	R Dyson	0:11:51.60 (42)	B Townsend
43	0:35:57.90	Sheffield RC 'A'	0:12:06.30 (59)	D Richards	0:11:20.95 (41)	L Sauage	0:12:30.65 (43)	J Horne
44	0:36:11.50	Nene Valley Harriers 'A'	0:11:34.75 (43)	R Jones	0:12:04.30 (43)	A Susukowsky	0:12:32.45 (44)	C Hinch
45	0:36:15.95	Macclesfield Harriers & AC	0:11:11.95 (34)	S Harris	0:11:57.65 (38)	K Lamplough	0:13:06.35 (45)	H Stockman
46	0:36:35.45	Mansfield Harriers AC 'A'	0:11:29.80 (40)	N Yates	0:12:20.45 (45)	M Tedder	0:12:45.20 (46)	K Johnson
47	0:36:45.90	Hallamshire Harriers 'C'	0:11:52.10 (53)	K Sprot	0:13:07.90 (56)	J Dick	0:11:45.90 (47)	K Candy
48	0:36:55.25	Bingley Harriers 'B'	0:12:07.75 (60)	A Dennison	0:11:51.40 (46)	A Raw	0:12:56.10 (48)	M Clarke
49	0:36:57.70	Marshall Milton Keynes 'B'	0:11:46.15 (50)	J Benham	0:12:24.20 (49)	L Cripps	0:12:47.35 (49)	L Clack
50	0:37:33.25	Holfirth Harriers & AC 'B'	0:12:16.50 (67)	D Broom	0:12:32.95 (54)	R Mellor	0:12:43.80 (50)	C Penfold
51	0:37:42.05	Belper Harriers 'A'	0:11:57.55 (55)	J Caborn	0:12:49.55 (53)	S Mellors	0:12:54.95 (51)	S Ilsley
52	0:37:59.75	Notts AC 'B'	0:12:10.95 (62)	M Hootar	0:12:44.20 (55)	F Palmer	0:13:04.60 (52)	N Chandler
53	0:38:14.65	Sutton in Ashfield Harriers & AC 'B'	0:13:09.55 (82)	J Kind	0:12:41.80 (62)	G Johnson	0:12:23.30 (53)	S Hughes
54	0:38:21.65	Harborough AC 'A'	0:11:32.00 (41)	H Eveleigh	0:12:35.10 (48)	K Brooks	0:14:14.55 (54)	N James
55	0:38:34.95	North Derbyshire RC 'A'	0:12:15.80 (66)	S Rodds	0:13:11.30 (59)	A Barker	0:13:07.85 (55)	L Day
56	0:38:47.05	Buxton & District AC 'A'	0:11:55.45 (54)	W Higginbottom	0:14:03.50 (66)	S Nicholson	0:12:48.10 (56)	E Wharton
57	0:39:08.65	Holme Pierrepont 'A'	0:12:42.65 (76)	H Byrme	0:13:36.25 (67)	J Inglis	0:12:49.75 (57)	C Heaton
58	0:39:13.35	Heanor Running Club	0:11:01.65 (29)	L Plamer	0:13:20.30 (50)	G Alton	0:14:51.40 (58)	H Wesson
59	0:39:41.05	Scunthorpe & Dist AC 'B'	0:11:46.65 (51)	J Kemshall	0:13:20.75 (57)	R Fisk	0:14:33.65 (59)	F Fisk
60	0:39:50.00	Sale Harriers Manchester 'B'	0:12:46.60 (77)	J Nicholls	0:13:11.60 (65)	A Pye	0:13:51.80 (60)	L Rowlinson
61	0:39:54.05	Metropolitan Police AC 'A'	0:12:21.05 (70)	A Breen	0:13:22.35 (61)	J Reid	0:14:10.65 (61)	K Balcombe
62	0:39:56.15	Newark AC	0:13:20.35 (85)	H Ward	0:13:06.65 (69)	K Else	0:13:29.15 (62)	A Marsh
63	0:39:59.65	Trafford AC 'B'	0:13:41.40 (92)	R Fearon	0:13:07.75 (72)	S Howarth	0:13:10.50 (63)	J Howe
64	0:40:00.45	Lincoln Wellington AC 'A'	0:12:49.25 (78)	S Strangeway	0:13:07.65 (63)	S Ardson	0:14:03.55 (64)	A Gilroy
65	0:40:03.65	Wesham Road Runners 'A'	0:12:41.65 (75)	S Sharnatt	0:14:55.15 (78)	J Cruise	0:12:26.85 (65)	C Sullivan
66	0:40:04.25	Notts AC 'C'	0:13:33.40 (90)	J Lambourne	0:12:49.40 (68)	T Hallam	0:13:41.45 (66)	R Ellis
67	0:40:30.70	City of York AC 'B'	0:12:16.95 (68)	K Wood	0:13:15.85 (60)	L Prestwich	0:14:57.90 (67)	L Eadon
68	0:40:33.75	Lancaster & Morecambe AC 'B'	0:13:13.20 (84)	J Perry	0:12:44.70 (64)	A Pyrah	0:14:35.85 (68)	K Winrow
69	0:40:55.55	Holme Pierrepont 'B'	0:13:27.90 (88)	R Jones	0:13:45.25 (76)	D Michalaugh	0:13:42.40 (69)	M Mills
70	0:40:57.80	Mansfield Harriers AC 'B'	0:13:31.10 (89)	C Coombes	0:13:06.70 (71)	E Williams	0:14:20.00 (70)	A Hardy
71	0:41:01.70	Nene Valley Harriers 'B'	0:13:11.45 (83)	T Taylor	0:13:39.70 (73)	L Burton	0:14:10.55 (71)	A Page
72	0:41:58.40	Lytham St Annes RRC	0:12:51.25 (79)	M Koth	0:14:33.55 (77)	S Tatton	0:14:33.60 (72)	J Rolfe
73	0:42:07.15	Mansfield Harriers AC 'C'	0:13:47.45 (95)	W Curley	0:14:16.15 (82)	J Stafford	0:14:03.55 (73)	C Hartin

# Senior Women

31/10/2009

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name
74	0:42:26.35	Holme Pierrepont 'C'	0:14:14.25 (100)	B Butcher	0:14:34.35 (85)	M Pohl	0:13:37.75 (74)	L Butterfield
75	0:42:43.55	Belper Harriers 'B'	0:13:58.25 (99)	M Salter	0:13:46.20 (79)	G Redfern	0:14:59.10 (75)	A Robinson
76	0:42:45.80	North Derbyshire RC 'B'	0:13:35.90 (91)	R Heys	0:14:19.00 (80)	J Brocksop	0:14:50.90 (76)	B Young
77	0:42:46.85	Wreake Runners	0:12:03.90 (58)	Z Smith	0:15:57.50 (81)	L Collingham	0:14:45.45 (77)	L Goodbourn
78	0:43:20.40	Holfirth Harriers & AC 'C'	0:13:27.50 (87)	Y Arthur	0:13:30.70 (75)	M Sykes	0:16:22.20 (78)	B Hoyland
79	0:43:28.55	Buxton & District AC 'B'	0:13:51.20 (96)	S Bradley	0:15:17.60 (87)	W Bainbridge	0:14:19.75 (79)	R Barrett
80	0:43:34.15	Wesham Road Runners 'B'	0:13:43.10 (93)	D Dickingson	0:15:44.30 (89)	S Jones	0:14:06.75 (80)	T Hulme
81	0:43:52.05	Sheffield RC 'B'	0:13:27.20 (86)	K Ladell	0:14:41.75 (83)	N Leonard	0:15:43.10 (81)	A Thorp
82	0:44:17.30	Doncaster AC 'A'	0:12:39.40 (74)	L Swanman	0:16:01.60 (84)	A Green	0:15:36.30 (82)	D Fletcher
83	0:46:06.40	Hermitage Harriers RC	0:13:54.85 (98)	J Matthews	0:17:25.40 (91)	C Scrimshaw	0:14:46.15 (83)	K Osbourne
84	0:46:29.85	Sparkhill Harriers	0:14:24.75 (101)	K Newton	0:15:51.00 (90)	A O'Sullivan	0:16:14.10 (84)	M Parmar
85	0:47:31.75	Doncaster AC 'B'	0:15:34.95 (104)	A Parkin	0:16:12.50 (92)	A Page	0:15:44.30 (85)	K Stranbridge