

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:36:23	8308	Steven Vernon	Stockport Harriers & AC	101	0:39:30	8456	Ian Rawlinson	Tipton Harriers
2	0:36:31	8090	Richard Goodman	Shaftesbury Barnet Harriers	102	0:39:32	6276	Ben Harding	Blackheath & Bromley Harrie
3	0:36:37	6884	Andy Heyes	Hallamshire Harriers Sheffield	103	0:39:33	8022	Josh Tighe	Salford Harriers & AC
4	0:36:46	7567	Nick Swinburn	Morpeth H & AC	104	0:39:38	7132	Andy Burn	Jarrow & Hebburn AC
5	0:36:48	7289	James Wilkinson	Leeds City AC	105	0:39:41	6955	Chris Rainsford	Heanor Running Club
6	0:36:51	7183	John Gilbert	Kent AC	106	0:39:42	7732	Stuart Spencer	Notts AC
7	0:37:00	7804	Jon Pepper	Phoenix AC	107	0:39:43	8395	Paul Ward	Telford AC
8	0:37:01	8075	Nicholas Torry	Serpentine RC	108	0:39:45	6887	Tom Jenkins	Hallamshire Harriers Sheffield
9	0:37:03	6214	Jonathon Brownlee	Bingley Harriers & AC	109	0:39:45	7281	Adam Osborne	Leeds City AC
10	0:37:04	6282	Michael Skinner	Blackheath & Bromley Harrie	110	0:39:46	6439	Christopher Perrin	Cannock & Stafford AC
11	0:37:11	6913	Adam Bowden	Harrow AC	111	0:39:47	7521	Steve Tuttle	Marshall Milton Keynes AC
12	0:37:15	8196	Adam Hickey	Southend on Sea AC	112	0:39:48	7556	Ian Harding	Morpeth H & AC
13	0:37:20	7024	Audun Nordtveit	Highgate Harriers	113	0:39:48	7542	Tom Collins	Medway and Maidstone AC
14	0:37:22	6703	Dan Garbutt	Durham City Harriers & AC	114	0:39:50	7549	Greg Jayasiriya	Middlesbrough & Cleveland F
15	0:37:24	6150	Jack Goodwin	Bedford & County AC	115	0:39:54	6758	Michael Christoforou	Enfield & Haringey AC
16	0:37:26	8374	Tom Bishop	Team Derby	116	0:39:55	8468	Tom Cox	Tonbridge AC
17	0:37:27	6589	Andrew Ward	Clowne Road Runners	117	0:39:56	7283	Jack Simpson	Leeds City AC
18	0:37:28	6181	Paskar Owor	Belgrave Harriers	118	0:39:56	7265	Mike Burrett	Leeds City AC
19	0:37:31	6147	Mark Draper	Bedford & County AC	119	0:39:58	6018	Neil Phillips	Aldershot Farnham & District
20	0:37:40	8451	Josh Lilly	Tipton Harriers	120	0:40:02	7624	Dave Mitchinson	Newham & Essex Beagles
21	0:37:43	7700	Peter Hodgkinson	Notts AC	121	0:40:03	6760	Alex Milne	Enfield & Haringey AC
22	0:37:47	6005	Ian Bailey	Aldershot Farnham & District	122	0:40:04	6423	Danny Kendall	Cambridge Harriers
23	0:37:49	6662	Jonathon Gilby	Derby Athletic Club	123	0:40:04	8206	Patrick Vis	Southport Waterloo AC
24	0:37:50	6487	Graham Rush	Cheltenham and County Harr	124	0:40:06	7943	Chris Fell	Rossendale Harriers & AC
25	0:37:51	7743	Alistair Watson	Notts AC	125	0:40:08	7338	Adam Peers	Liverpool Harriers & AC
26	0:37:52	6146	Darren Deed	Bedford & County AC	126	0:40:10	7598	Alex Muir	Newbury AC
27	0:37:53	6627	Toby Spencer	Coventry Godiva Harriers	127	0:40:11	8445	Matt Granger	Tipton Harriers
28	0:37:53	6554	Andy Maud	Clapham Chasers	128	0:40:12	8460	Ian Williams	Tipton Harriers
29	0:37:53	6142	Matt Bergin	Bedford & County AC	129	0:40:13	6780	Jake Waldron	Exeter Harriers
30	0:37:54	8011	Carl Hardman	Salford Harriers & AC	130	0:40:14	7586	Dominic Shaw	New Marske Harriers Club
31	0:37:56	6346	William Gray	Brighton & Hove AC	131	0:40:15	8303	Jack Morris	Stockport Harriers & AC
32	0:38:02	7012	Shaun Dixon	Highgate Harriers	132	0:40:17	8404	Ben Reynolds	Thames Hare & Hounds
33	0:38:04	8100	Glen Watts	Shaftesbury Barnet Harriers	133	0:40:18	6297	Matthew Grieve	Border Harriers & AC
34	0:38:05	7572	Lewis Timmins	Morpeth H & AC	134	0:40:19	6003	Jamie Ashton	Aldershot Farnham & District
35	0:38:06	7284	Carl Smith	Leeds City AC	135	0:40:19	8514	Nick Sturge	Trent Park RC
36	0:38:07	8017	Gary Priestley	Salford Harriers & AC	136	0:40:20	8550	Stuart Doyle	Vale Royal AC
37	0:38:09	7610	Frank Baddick	Newham & Essex Beagles	137	0:40:21	8457	Liam Roberts	Tipton Harriers
38	0:38:12	6051	David Norman	Altrincham & District AC	138	0:40:22	6725	Patrick Gardiner	East Cheshire Harriers & Tam
39	0:38:13	7029	Danny Russell	Highgate Harriers	139	0:40:22	8205	Joseph Vis	Southport Waterloo AC
40	0:38:15	6759	Shaun Collins	Enfield & Haringey AC	140	0:40:22	7129	Tim Corby	Invicta East Kent AC
41	0:38:15	6511	Alex Dunbar	City of Norwich AC	141	0:40:23	6153	Andrew Inskip	Bedford & County AC
42	0:38:17	7777	Edward Highton	OWLS Leicester	142	0:40:24	7825	David Rigby	Preston Harriers
43	0:38:19	6028	Joe Wade	Aldershot Farnham & District	143	0:40:24	6344	Howard Bristow	Brighton & Hove AC
44	0:38:20	7269	Simon Deakin	Leeds City AC	144	0:40:26	7620	Olly Laws	Newham & Essex Beagles
45	0:38:22	6043	Matt Barnes	Altrincham & District AC	145	0:40:27	7013	Henry Dodwell	Highgate Harriers
46	0:38:24	6424	Dean Lacy	Cambridge Harriers	146	0:40:29	6601	Chris Bannon	Coventry Godiva Harriers
47	0:38:26	6665	Alex Pilcher	Derby Athletic Club	147	0:40:31	7953	Richard Harris	Rotherham Harriers & AC
48	0:38:27	7709	Sam Mitchell	Notts AC	148	0:40:32	8057	Glenn Hughes *	Serpentine RC
49	0:38:28	6704	Daniel Jenkin	Durham City Harriers & AC	149	0:40:32	7831	Matt Lockyer	Pudsey & Bramley AC
50	0:38:29	7328	Richard Burney	Liverpool Harriers & AC	150	0:40:36	6231	Andrew Peat	Birchfield Harriers
51	0:38:29	7986	Niall Brooks	Sale Harriers Manchester	151	0:40:37	6156	Josh Lunn	Bedford & County AC
52	0:38:30	7048	Robert Thompson	Hillingdon AC	152	0:40:38	7772	Tom Bell	OWLS Leicester
53	0:38:31	7575	Adrian Whitman	Morpeth H & AC	153	0:40:39	6096	Michael Wright	Barnet & District AC
54	0:38:32	7735	Jonathon Thewlis	Notts AC	154	0:40:40	8606	Nathan Young	Wells City Harriers
55	0:38:33	6295	James Douglas	Border Harriers & AC	155	0:40:40	6179	Kyle Marks	Belgrave Harriers
56	0:38:36	8065	Richard Phillippis	Serpentine RC	156	0:40:40	6017	Elliot Palmer	Aldershot Farnham & District
57	0:38:38	8455	Phil Nicholls	Tipton Harriers	157	0:40:40	6542	William Neill	City of Stoke AC
58	0:38:40	7443	Daniel Woodgate	Luton Athletic Club	158	0:40:40	7167	Richard Simkiss	Kenilworth Runners
59	0:38:41	8099	Dan Watts	Shaftesbury Barnet Harriers	159	0:40:41	6888	Rob Little	Hallamshire Harriers Sheffield
60	0:38:44	8450	Richard Kay	Tipton Harriers	160	0:40:42	8060	David Morgan	Serpentine RC
61	0:38:45	6008	Adam Clarke	Aldershot Farnham & District	161	0:40:43	7729	Robert Smith	Notts AC
62	0:38:45	8066	Jonathan Poole	Serpentine RC	162	0:40:43	6292	Kevin Bell	Border Harriers & AC
63	0:38:47	7287	James Walsh	Leeds City AC	163	0:40:44	7862	Jack Gregory	Reading AC
64	0:38:49	7264	Alan Buckley	Leeds City AC	164	0:40:45	7706	Rob Keal	Notts AC
65	0:38:49	7823	Chris Livesey	Preston Harriers	165	0:40:45	7626	Niall Sheehan *	Newham & Essex Beagles
66	0:38:51	6529	Alex Teuten	City Of Portsmouth AC	166	0:40:48	6600	Dan Rodgers	Cornwall AC
67	0:38:52	6014	Aaron Harris	Aldershot Farnham & District	167	0:40:49	7770	Simon Allen	OWLS Leicester
68	0:38:53	7023	Ben Noad	Highgate Harriers	168	0:40:50	8744	Tomaz Plibersek	Woodford Green AC with Ess
69	0:38:54	6024	Chris Rooke	Aldershot Farnham & District	169	0:40:52	8679	Simon Millett	Windsor Slough Eton & Houn
70	0:38:54	8683	Alex Tovey	Windsor Slough Eton & Houn	170	0:40:53	6805	Dara Chesser	Gateshead Harriers & AC
71	0:38:56	7740	Christopher Warburton	Notts AC	171	0:40:56	6956	Joe Rainsford	Heanor Running Club
72	0:38:58	7179	Russell Bentley	Kent AC	172	0:40:57	8204	Matthew Thompson	Southport Waterloo AC
73	0:39:00	7783	Paul Richardson	OWLS Leicester	173	0:40:57	7963	Nick Corker	Royal Sutton Coldfield AC
74	0:39:00	8736	Martyn Cryer	Woodford Green AC with Ess	174	0:41:00	7930	Philip Williams	Rochdale Harriers & AC
75	0:39:01	8093	Kojo Kyereme	Shaftesbury Barnet Harriers	175	0:41:00	6987	Simon Coombes	Herne Hill Harriers
76	0:39:01	6154	Matt Janes	Bedford & County AC	176	0:41:01	7485	Alan Corlett	Manx Harriers
77	0:39:02	7696	Tim Hartley	Notts AC	177	0:41:03	6368	Ben Robinson	Bristol & West AC
78	0:39:02	8092	Richard Horton	Shaftesbury Barnet Harriers	178	0:41:03	6602	Tom Bark	Coventry Godiva Harriers
79	0:39:03	6702	Ben Douglas	Durham City Harriers & AC	179	0:41:05	7007	Robel Bahelbi	Highgate Harriers
80	0:39:04	8699	Gilbert Grundy	Woking AC	180	0:41:06	7558	Andrew Lawrence	Morpeth H & AC
81	0:39:06	8373	David Bishop	Team Derby	181	0:41:08	8463	Dan Bradley	Tonbridge AC
82	0:39:08	7021	Ryan Mckinlay	Highgate Harriers	182	0:41:08	7442	Tom Mead	Luton Athletic Club
83	0:39:09	7564	Nathan Shrubb	Morpeth H & AC	183	0:41:11	6011	Will Davies	Aldershot Farnham & District
84	0:39:10	8098	Will Ryle-Hodges	Shaftesbury Barnet Harriers	184	0:41:11	7255	Jamie Langley	Leamington Cycling & Athleti
85	0:39:12	7990	Gavin Hill	Sale Harriers Manchester	185	0:41:11	7195	Jack Wilson	Kent AC
86	0:39:13	8088	Orlando Edwards	Shaftesbury Barnet Harriers	186	0:41:12	8074	Hugh Torry	Serpentine RC
87	0:39:15	7782	Josh Norman	OWLS Leicester	187	0:41:14	6711	Sam Ashcroft	Ealing Southall Middlesex AC
88	0:39:17	6951	James Mee	Heanor Running Club	188	0:41:15	8001	James Wignall	Sale Harriers Manchester
89	0:39:18	8466	Ben Cole	Tonbridge AC	189	0:41:15	6406	James Chettle	Cambridge & Coleridge
90	0:39:20	7271	Dominic Easter	Leeds City AC	190	0:41:16	7947	Rob Webb	Rossendale Harriers & AC
91	0:39:21	7554	Ross Floyd	Morpeth H & AC	191	0:41:17	6280	Andrew Rayner	Blackheath & Bromley Harrie
92	0:39:21	7374	Tom Aldred	London Heathside AC	192	0:41:18	7177	Stuart Beaney	Kent AC
93	0:39:22	6009	Steve Connor	Aldershot Farnham & District	193	0:41:18	6234	Tim Carter	Birmingham Running Athletic
94	0:39:23	7998	Jaimie Roden	Sale Harriers Manchester	194	0:41:19	6486	Daniel Owen	Cheltenham and County Harr
95	0:39:23	7997	Gareth Raven	Sale Harriers Manchester	195	0:41:20	8406	Phil Tedd	Thames Hare & Hounds
96	0:39:26	7628	Gavin Smith	Newham & Essex Beagles	196	0:41:21	6232	Ed Banks	Birmingham Running Athletic
97	0:39:27	6625	Alistair Smith	Coventry Godiva Harriers	197	0:41:21	8400	Ed Catmur	Thames Hare & Hounds
98	0:39:28	7184	Chris Greenwood	Kent AC	198	0:41:21	6989	Jeff Cunningham	Herne Hill Harriers
99	0:39:28	7322	Richard Brown	Lincoln Wellington AC	199	0:41:22	6457	Gary Burnett	Charnwood AC
100	0:39:29	6157	Will Mackay	Bedford & County AC	200	0:41:24	8670	Andrew Greenleaf	Winchester & District AC

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:41:26	6614	James Griggs	Coventry Godiva Harriers	301	0:42:31	8079	Hendrik Zietsman	Serpentine RC
202	0:41:28	7171	Tim Alexander	Kent AC	302	0:42:32	8641	Daniel Summers	Westbury Harriers
203	0:41:28	6975	Matthew Sharp	Hercules Wimbledon AC	303	0:42:34	8663	Peter Speake	Wilmslow RC
204	0:41:29	6417	Michael Salt	Cambridge & Coleridge	304	0:42:35	6877	Richard White	Halesowen AC
205	0:41:31	8743	Kevin Murphy	Woodford Green AC with Ess	305	0:42:36	6274	Alex Gibbins	Blackheath & Bromley Harrie
206	0:41:33	6740	Jonathan Frost	East Hull Harriers & AC	306	0:42:36	6908	Chris Miller	Harrogate Harriers & AC
207	0:41:35	8740	Angus Holford	Woodford Green AC with Ess	307	0:42:37	6967	Jonathan Cornish	Hercules Wimbledon AC
208	0:41:36	7043	James Laing	Hillingdon AC	308	0:42:39	7194	Phil Sanders	Kent AC
209	0:41:36	8676	Nathan Dittton	Windsor Slough Eton & Houn	309	0:42:39	7854	Peter Haarer	Ranelagh Harriers
210	0:41:37	8750	Darren Southcott	Woodford Green AC with Ess	310	0:42:40	6977	Ben Toomer	Hercules Wimbledon AC
211	0:41:37	7335	John Mccole	Liverpool Harriers & AC	311	0:42:40	6543	Dean Richardson	City of Stoke AC
212	0:41:38	7639	Nick Baker	North Derbyshire RC	312	0:42:41	7488	Michael Garrett	Manx Harriers
213	0:41:38	6949	Stuart King	Heanor Running Club	313	0:42:41	6298	Bob Hodgson	Border Harriers & AC
214	0:41:38	8052	Will Green	Serpentine RC	314	0:42:42	6265	Sam Barnes	Blackheath & Bromley Harrie
215	0:41:39	6296	Harry Earl	Border Harriers & AC	315	0:42:42	8481	James Taylor	Tonbridge AC
216	0:41:39	7276	Daniel Grant	Leeds City AC	316	0:42:42	7520	Ross Threfall	Marshall Milton Keynes AC
217	0:41:39	8753	Harold Wyber	Woodford Green AC with Ess	317	0:42:42	6594	Chris Curtis	Corby AC
218	0:41:40	7780	Tom Meakin	OWLS Leicester	318	0:42:44	7334	Ian Lawton	Liverpool Harriers & AC
219	0:41:41	7199	Steve Hebblethwaite	Keswick AAC	319	0:42:46	8068	Andrew Reeves	Serpentine RC
220	0:41:41	7028	Brahma Pochee	Highgate Harriers	320	0:42:46	6509	Piers Arnold	City of Norwich AC
221	0:41:41	6819	Richard De-Camps	Gloucester AC	321	0:42:47	6923	Alan Wray	Harrow AC
222	0:41:42	7955	Aidan Johnson	Rotherham Harriers & AC	322	0:42:48	6440	James Perrin	Cannock & Stafford AC
223	0:41:42	6991	Tim Elsey	Herne Hill Harriers	323	0:42:49	6517	Oliver Maskell	City of Norwich AC
224	0:41:43	8191	Matt Revier	Southampton Athletic Club	324	0:42:50	6978	Robert Tuer	Hercules Wimbledon AC
225	0:41:44	8306	James Scott-Buccluech	Stockport Harriers & AC	325	0:42:50	7011	Jon Deane	Highgate Harriers
226	0:41:45	7155	Phillip Gould	Kenilworth Runners	326	0:42:50	8014	Dave Lockett	Salford Harriers & AC
227	0:41:45	6915	Jim Cooper	Harrow AC	327	0:42:51	8754	Rory Johnson	Worcester AC
228	0:41:46	6924	Glen Wright-Colopy	Harrow AC	328	0:42:51	6578	Lewis Banton	Clowne Road Runners
229	0:41:46	6127	Grant Webb	Basildon AC	329	0:42:52	7403	George Stewart	London Heathside AC
230	0:41:47	8631	John Collier	Westbury Harriers	330	0:42:53	8694	Philip Robertson	Wirral AC
231	0:41:47	7566	Tom Straughan	Morpeth H & AC	331	0:42:57	8490	Dan Ansell	Trafford AC
232	0:41:47	8403	Gordon Pearce	Thames Hare & Hounds	332	0:42:58	7016	Dan Higgins	Highgate Harriers
233	0:41:48	7552	John Butters	Morpeth H & AC	333	0:42:58	7091	Carl Sommer	Huncoate Harriers AC
234	0:41:48	6242	Dan Robinson	Birmingham Running Athletic	334	0:42:58	8280	Gareth Briggs	Staffordshire Moorlands AC
235	0:41:49	7950	Kyle Craib	Rotherham Harriers & AC	335	0:43:00	6312	Matthew Grace	Bourne Town Harriers
236	0:41:51	8443	Dan Dalmedo	Tipton Harriers	336	0:43:00	6469	Peter Swaine	Charnwood AC
237	0:41:51	6302	Ross Landon	Border Harriers & AC	337	0:43:02	7324	Joshua Stone	Lincoln Wellington AC
238	0:41:52	6061	Craig Palmer	Amphill & Flitwick Flyers RC	338	0:43:03	6520	Iain Robertson	City of Norwich AC
239	0:41:54	6016	Joe Morwood	Aldershot Farnham & District	339	0:43:04	7958	Gareth Sampson	Rotherham Harriers & AC
240	0:41:54	8473	Harry Paton	Tonbridge AC	340	0:43:04	7054	Stewart Gregory	Holme Pierrepont RC
241	0:41:55	7018	Jonathan Laybourn	Highgate Harriers	341	0:43:05	6779	John Terry	Exeter Harriers
242	0:41:55	7370	Alec Duffield	Loftus & Whitby AC	342	0:43:05	6973	Alex Robinson	Hercules Wimbledon AC
243	0:41:55	6175	Will Cockerell	Belgrave Harriers	343	0:43:05	6881	Philip Cooper	Hallamshire Harriers Sheffield
244	0:41:57	8091	Matt Grant	Shaftesbury Barnet Harriers	344	0:43:06	6886	Pete Hodges	Hallamshire Harriers Sheffield
245	0:41:58	8192	Tim Spencer	Southampton Athletic Club	345	0:43:06	6104	Dave Thompson	Barnsley AC
246	0:41:58	7268	Alex Davy	Leeds City AC	346	0:43:08	8035	Andrew Fleming	Scarborough Athletic Club
247	0:41:59	6141	Sam Bennett	Bedford & County AC	347	0:43:08	7948	Samuel Clegg	Rotherham Harriers & AC
248	0:41:59	7438	Jonathon Stephens	Low Fell RC	348	0:43:09	6438	Craig Pearson	Cannock & Stafford AC
249	0:42:00	8405	Martin Shore	Thames Hare & Hounds	349	0:43:09	7187	David Longley	Kent AC
250	0:42:01	6379	Joe Smith	Bromsgrove & Redditch	350	0:43:10	7753	Andrew Harding	Nuneaton Harriers AC
251	0:42:02	7544	Mark Wilkins	Medway and Maidstone AC	351	0:43:12	7230	Chris Sharpe	Knowle & Dorridge RC
252	0:42:03	6976	Fred Slemack	Hercules Wimbledon AC	352	0:43:12	8199	David Hamilton	Southport Waterloo AC
253	0:42:05	6471	Tom Whitmore	Charnwood AC	353	0:43:13	6640	Jamie Rutherford	Darlington Harriers & AC
254	0:42:06	6982	Matthew Adcock	Hermitage Harriers	354	0:43:14	6521	James Senior	City of Norwich AC
255	0:42:06	8362	Matthew Clark	Swinton Running Club	355	0:43:14	6849	Ben Evans	Guildford & Godalming AC
256	0:42:07	6054	Ben Abdelnoor	Ambleside AC	356	0:43:16	7510	Graham Jones	Marshall Milton Keynes AC
257	0:42:08	6183	Mike Trees	Belgrave Harriers	357	0:43:16	6319	Manol Dimitrov	Bournemouth AC
258	0:42:09	6917	Matt Judson	Harrow AC	358	0:43:17	7739	Andrew Warburton	Notts AC
259	0:42:12	7203	Phil Winskill	Keswick AAC	359	0:43:19	6957	Shane Rice	Heanor Running Club
260	0:42:12	7248	Steven Worthington	Lancaster & Morecambe AC	360	0:43:19	7551	Fergus Bates	Morpeth H & AC
261	0:42:13	6606	Daniel Carr	Coventry Godiva Harriers	361	0:43:20	6324	Chris Collins	Bournville Harriers
262	0:42:13	6267	Daniel Brewer	Blackheath & Bromley Harrie	362	0:43:22	7239	David Brown	Lancaster & Morecambe AC
263	0:42:13	8012	Robert Hughes	Salford Harriers & AC	363	0:43:22	7414	Greg Cherry	Long Eaton RC
264	0:42:14	8633	Anthony Glover	Westbury Harriers	364	0:43:22	6088	Alex Horton	Barnet & District AC
265	0:42:15	6320	Robert McTaggart	Bournemouth AC	365	0:43:23	8246	Adam Dunajko	St Albans Striders
266	0:42:16	7890	Matt Stratford	Redhill Road Runners	366	0:43:24	8459	Adam Soley	Tipton Harriers
267	0:42:16	8094	Euan Mackenzie	Shaftesbury Barnet Harriers	367	0:43:24	7994	David Marsh	Sale Harriers Manchester
268	0:42:16	6804	Sam Brand	Gateshead Harriers & AC	368	0:43:25	7378	Andrew Brooker	London Heathside AC
269	0:42:17	7216	Gregan Clarkson	Kingston Upon Hull AC	369	0:43:25	6278	Kevin May	Blackheath & Bromley Harrie
270	0:42:17	6441	Philip Wolfe	Cannock & Stafford AC	370	0:43:26	8499	Scott Aiten	Trent Park RC
271	0:42:17	7954	Philip Hoole	Rotherham Harriers & AC	371	0:43:26	8042	Simon Barrett	Serpentine RC
272	0:42:18	7006	Peter Townsend	Herts Phoenix AC	372	0:43:28	6290	Frazer Jardine	Bolton United Harriers & AC
273	0:42:18	8054	Pau Herrero *	Serpentine RC	373	0:43:29	8183	David Wakefield	South Shields Harriers & AC
274	0:42:20	7274	Leon Foster	Leeds City AC	374	0:43:30	8624	David Alexander	West Cheshire AC
275	0:42:21	8426	Sean Renfer *	Thames Valley Harriers	375	0:43:31	8745	Bertie Powell	Woodford Green AC with Ess
276	0:42:22	8535	James Duncie	Tyne Bridge Harriers	376	0:43:33	6120	Ian Cox	Barrow Runners
277	0:42:22	6914	Matt Carey	Harrow AC	377	0:43:34	7712	John Muddeman	Notts AC
278	0:42:22	6626	Harvey Speed	Coventry Godiva Harriers	378	0:43:34	6176	Tom Hadfield	Belgrave Harriers
279	0:42:23	7133	Brendan McMillan	Jarrow & Hebburn AC	379	0:43:35	6806	Kevin Connolly	Gateshead Harriers & AC
280	0:42:23	7720	Jarratt Perkins	Notts AC	380	0:43:40	6463	Tom Lupton	Charnwood AC
281	0:42:23	7285	Chris Smith	Leeds City AC	381	0:43:40	6347	Zared Hale	Brighton & Hove AC
282	0:42:23	8439	Daniel Beier	Tipton Harriers	382	0:43:41	7961	Mark Smith	Rothwell Harriers
283	0:42:24	6130	Alex Hamilton	Basingstoke & Mid Hants AC	383	0:43:42	6480	Ken Hoye	Chelmsford AC
284	0:42:24	8462	Phil Wilson	Tipton Harriers	384	0:43:42	8034	Graham Robinson	Sandhurst Joggers
285	0:42:24	7707	Steve Long	Notts AC	385	0:43:42	6953	Ben O'connell	Heanor Running Club
286	0:42:25	8653	Rob Downs	Wilmslow RC	386	0:43:42	6861	Adam Stirk	Guildford & Godalming AC
287	0:42:25	6485	Jeremy Bradley	Cheltenham and County Harr	387	0:43:43	7034	Martin Bateman	Hillingdon AC
288	0:42:26	8725	David Smith	Wolverhampton & Bilston AC	388	0:43:43	6821	Finn Brodie	Gosforth Harriers
289	0:42:26	6414	Oliver Park	Cambridge & Coleridge	389	0:43:45	6420	James Gordon	Cambridge Harriers
290	0:42:26	6079	Michael Towler	Avon Valley Runners	390	0:43:45	7716	Andrew Norton	Notts AC
291	0:42:26	7612	Wayne Bell	Newham & Essex Beagles	391	0:43:47	8121	Kenneth Malton	Shelton Striders
292	0:42:27	6537	Callum Dillon	City of Stoke AC	392	0:43:47	8544	Andy Green	Tynedale Harriers & AC
293	0:42:28	7539	Colin Davenport	Matlock AC	393	0:43:48	7279	Greg Hull	Leeds City AC
294	0:42:28	8189	Richard Pearson	Southampton Athletic Club	394	0:43:48	7708	Chris McGurk	Notts AC
295	0:42:29	7463	Ed Fazakerley	Manchester Harriers & AC	395	0:43:48	6947	Tim Holling	Heanor Running Club
296	0:42:29	8237	Ashley Miles	Sphinx AC	396	0:43:49	7307	Peter Mackrell	Leighton Buzzard Athletic Clu
297	0:42:30	6342	David Benton	Brighton & Hove AC	397	0:43:50	7182	Calum Fraser	Kent AC
298	0:42:30	6178	Roy Maddams	Belgrave Harriers	398	0:43:50	7208	Kevin Doyle	Kimberworth Striders
299	0:42:30	7228	Joe Read	Knowle & Dorridge RC	399	0:43:50	7175	Lawrence Avery	Kent AC
300	0:42:31	6778	Dunatas Tumaitis *	Eton Manor AC	400	0:43:51	6403	Robert White	Buxton & District AC

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:43:53	6345	Matthew Bristow	Brighton & Hove AC	501	0:45:10	6668	Matthew Parker	Derwent Runners Derby
402	0:43:54	6091	Will Morris	Barnet & District AC	502	0:45:11	6822	Tom Coates	Gosforth Harriers
403	0:43:54	7975	Seb Palmer	Rugby & Northampton AC	503	0:45:12	8561	Gwil Thomas	Valley Striders AC
404	0:43:54	7305	Andy Inchley	Leighton Buzzard Athletic Clu	504	0:45:12	8170	Philip Pearson	South London Harriers
405	0:43:55	7515	Mark Palser	Marshall Milton Keynes AC	505	0:45:13	7174	Luke Armitage	Kent AC
406	0:43:55	6741	Matthew Hayes	East Hull Harriers & AC	506	0:45:14	6432	Peter Gould	Cambridge University Hare at
407	0:43:56	7775	Scott Green	OWLS Leicester	507	0:45:14	7384	John Flahive	London Heathside AC
408	0:43:57	8281	Jason Burgess	Staffordshire Moorlands AC	508	0:45:15	8737	Joe Everitt	Woodford Green AC with Ess
409	0:44:01	6337	Paul Thompson	Bournville Harriers	509	0:45:15	7959	Ross Blackburn	Rothwell Harriers
410	0:44:02	6410	Istvan Jacso *	Cambridge & Coleridge	510	0:45:16	8583	John Thelwell	Wallasey Athletic Club
411	0:44:03	8051	Martin Gaunt	Serpentine RC	511	0:45:19	8646	Dave Mcguire	Wharfedale Harriers
412	0:44:03	6623	Clark Roberts	Coventry Godiva Harriers	512	0:45:20	7314	Matt Suter	Lewes AC
413	0:44:05	7607	Steve Ratcliffe	Newcastle (Staffs) AC	513	0:45:20	7982	Carl Barber	Sale Harriers Manchester
414	0:44:05	7392	Dan McKeown	London Heathside AC	514	0:45:21	8276	Steve Vaughan	Stafford Harriers
415	0:44:05	6532	Nicholas Barber	City of Stoke AC	515	0:45:22	7408	Paul Allcock	Long Eaton RC
416	0:44:07	6044	Tom Bush	Altrincham & District AC	516	0:45:22	7741	Richard Warburton	Notts AC
417	0:44:07	7687	Richard Darling	Notts AC	517	0:45:23	7499	Gary Blaber	Marshall Milton Keynes AC
418	0:44:09	6459	Tim Doran	Charmwood AC	518	0:45:25	7235	Robert Kelly	Knowsley Harriers AC
419	0:44:09	8715	Paul Hammond	Wolverhampton & Bilston AC	519	0:45:25	7158	Kev Hope	Kenilworth Runners
420	0:44:09	7818	Peter Collins	Portsmouth Joggers	520	0:45:26	8262	John Robson	St Theresa's A.C.
421	0:44:10	7816	David Cross	Poole Runners	521	0:45:27	6284	Jonathan Vinter	Blackheath & Bromley Harrie
422	0:44:10	7262	Peter Branney	Leeds City AC	522	0:45:28	6816	Mike Mawby	Glossopdale Harriers
423	0:44:11	6585	Daniel Page	Clowne Road Runners	523	0:45:30	7386	Howard Gold	London Heathside AC
424	0:44:11	7588	John Birch	Newark AC	524	0:45:31	7493	Paul Sykes	Manx Harriers
425	0:44:13	7893	Andy Wetherill	Redhill Road Runners	525	0:45:31	7041	Scott Farley	Hillingdon AC
426	0:44:14	8513	Carl Redondo	Trent Park RC	526	0:45:32	7032	Michael Ussher	Highgate Harriers
427	0:44:14	8293	David Palmer	Steel City Striders RC	527	0:45:33	6950	Simon Lloyd	Heanor Running Club
428	0:44:16	7037	Edward Campbell	Hillingdon AC	528	0:45:34	7218	Scott Anderson	Kirkstall Harriers
429	0:44:16	7550	Christopher Rumsey	Middlesbrough & Cleveland F	529	0:45:34	6942	John Woods	Headington RR
430	0:44:17	6129	Samuel Bevan	Basingstoke & Mid Hants AC	530	0:45:34	7522	Jeremy Vick	Marshall Milton Keynes AC
431	0:44:17	8132	Chris Wood	Silson Joggers AC	531	0:45:35	8037	Gary Crompton	Scunthorpe & District AC
432	0:44:18	8073	Benjamin Tolputt	Serpentine RC	532	0:45:35	6878	Gareth Burrell	Halifax Harriers & AC
433	0:44:18	6552	Luke Davis	Clapham Chasers	533	0:45:37	7731	William Speake	Notts AC
434	0:44:19	6336	Chris Tarren	Bournville Harriers	534	0:45:37	7482	Andrew Wilson	Mansfield Harriers
435	0:44:21	7240	Raymond Edgar	Lancaster & Morecambe AC	535	0:45:37	6604	Jason Brotherhood	Coventry Godiva Harriers
436	0:44:23	8045	Daniel De Palol *	Serpentine RC	536	0:45:39	8207	Stev Wilkinson	Southport Waterloo AC
437	0:44:23	7326	Alan Ashton	Liverpool Harriers & AC	537	0:45:39	7516	Jonathan Peters	Marshall Milton Keynes AC
438	0:44:25	6992	Deron Fagan	Herne Hill Harriers	538	0:45:41	7407	Phil Wright	London Heathside AC
439	0:44:26	6095	Mike Walker	Barnet & District AC	539	0:45:42	8030	Jim Thompson	Saltwell Harriers
440	0:44:26	6240	Nick Lewis	Birmingham Running Athletic	540	0:45:43	8558	Paul Kaiser	Valley Striders AC
441	0:44:27	7296	Ryan Butler	Leigh Harriers & AC	541	0:45:44	6435	Aaron Brown	Cannock & Stafford AC
442	0:44:28	7931	Robin Carter	Rolls-Royce Harriers	542	0:45:45	8040	Chris Lines	Sedgefield Harriers
443	0:44:29	6421	Steve Hodges	Cambridge Harriers	543	0:45:45	8248	Graham Foster	St Albans Striders
444	0:44:30	8123	Sam Peach	Shelton Striders	544	0:45:46	8120	Martin Kerr	Shelton Striders
445	0:44:31	7047	Daniel Thompson	Hillingdon AC	545	0:45:47	6882	Adam Dyson	Hallamshire Harriers Sheffield
446	0:44:32	8784	Chris Roberts	York Knivesmire Harriers	546	0:45:49	7363	Ian Palin	Liverpool RC
447	0:44:32	8637	Chris Palmer	Westbury Harriers	547	0:45:50	7375	Steve Armstrong	London Heathside AC
448	0:44:33	7796	Matt Hill	Peterborough AC	548	0:45:50	6291	Steve Angus	Border Harriers & AC
449	0:44:34	6404	Graham Anderson	Cambridge & Coleridge	549	0:45:51	6553	James Ellis	Clapham Chasers
450	0:44:35	7071	Alistair Rees	Holmfirth Harriers AC	550	0:45:51	7881	Ian Hales	Redhill Road Runners
451	0:44:36	8547	Ian Salt	Uttoxeter RR	551	0:45:52	6964	Ian Robinson	Heaton Harriers & AC
452	0:44:36	8787	Oliver Starkey	Severn AC	552	0:45:53	8041	Nicola Barberis Negra *	Serpentine RC
453	0:44:38	6428	Mark Penny	Cambridge Harriers	553	0:45:54	7388	Chris Hartley	London Heathside AC
454	0:44:40	6945	Chris Dale	Heanor Running Club	554	0:45:54	8117	Robert Donald	Shelton Striders
455	0:44:41	8557	Paul Fotherby	Valley Striders AC	555	0:45:54	8621	James Jefferson	West Bromwich Harriers
456	0:44:41	6810	John Gibson	Gateshead Harriers & AC	556	0:45:55	7039	Simon Connell	Hillingdon AC
457	0:44:42	8299	James Corden	Stockport Harriers & AC	557	0:45:55	7073	Jonathan Sykes	Holmfirth Harriers AC
458	0:44:42	6708	Chris Walker	Durham City Harriers & AC	558	0:45:56	7188	Michael Longley	Kent AC
459	0:44:43	8061	Calvin Mullings	Serpentine RC	559	0:45:56	7967	Dave Long	Royal Sutton Coldfield AC
460	0:44:44	6705	Marius Klein	Durham City Harriers & AC	560	0:45:57	6408	Craig Dyce	Cambridge & Coleridge
461	0:44:44	6795	Jim Last	Framlingham Flyers	561	0:45:57	6252	Lee Millmore	Birtley AC
462	0:44:44	8243	Steve Cockrell	St Albans Striders	562	0:45:57	6963	Andrew Hebden	Heaton Harriers & AC
463	0:44:44	6148	Craig Emmerson	Bedford & County AC	563	0:45:57	8372	Andrew Wright	Tamworth AC
464	0:44:45	7185	Owen Hind	Kent AC	564	0:45:58	7224	David Christie	Knarborough Striders
465	0:44:46	6824	Ben Forster	Gosforth Harriers	565	0:45:58	7898	Andrew Walker	Reigate Priory AC
466	0:44:46	6726	Tim Greenald	East Cheshire Harriers & Tam	566	0:45:59	6983	Gavin Mcdermott	Hermitage Harriers
467	0:44:46	8496	Jeff Prest	Trafford AC	567	0:45:59	7387	Anthony Hall	London Heathside AC
468	0:44:47	6321	Rich Bayliss	Bournville Harriers	568	0:46:00	6686	David Moore	Dorking & Mole Valley AC
469	0:44:47	7969	Chris Taylor	Royal Sutton Coldfield AC	569	0:46:01	7577	Sean Beard	Nene Valley Harriers
470	0:44:49	6646	Craig Sharp	Dartford Harriers AC	570	0:46:02	6222	Peter Dumbleby	Birchfield Harriers
471	0:44:50	8044	Cedric Berthelon *	Serpentine RC	571	0:46:02	6857	Nathan Martin	Guildford & Godalming AC
472	0:44:50	7019	Jack Matthewman	Highgate Harriers	572	0:46:05	6478	Michael Bridgeland	Chelmsford AC
473	0:44:51	8283	Craig Jeffrey	Staffordshire Moorlands AC	573	0:46:05	6562	Keith Scofield	Clapham Chasers
474	0:44:51	6707	Gareth Maguire	Durham City Harriers & AC	574	0:46:06	7672	Martin Hewetson	Norwich Road Runners
475	0:44:51	8511	Oliver Menhelson	Trent Park RC	575	0:46:06	7053	Mathew Grainge	Holme Pierrepont RC
476	0:44:52	6883	Craig Fishwick	Hallamshire Harriers Sheffield	576	0:46:06	6935	Tim Doole	Headington RR
477	0:44:52	6177	Fraser Logan	Belgrave Harriers	577	0:46:08	8345	Paul Redman	Sunderland Harriers & AC
478	0:44:53	8691	Mark Hulmston	Wirral AC	578	0:46:10	8491	Richard Clancy	Trafford AC
479	0:44:55	7189	Richard Mathie	Kent AC	579	0:46:11	7193	Len Reilly	Kent AC
480	0:44:56	7297	Alistar Goulding	Leigh Harriers & AC	580	0:46:11	8342	Steven Gordon	Sunderland Harriers & AC
481	0:44:56	6535	David Bratt	City of Stoke AC	581	0:46:12	7097	Steve Church	Huntingdonshire AC
482	0:44:56	8668	Ian Debnam	Winchester & District AC	582	0:46:12	8125	James Walker	Shelton Striders
483	0:44:57	6734	Gary Matthews	East Cheshire Harriers & Tam	583	0:46:13	6305	Graham Millican	Border Harriers & AC
484	0:44:57	8458	Matt Smith	Tipton Harriers	584	0:46:14	6115	Rich Spooner	Barnsley Harriers
485	0:44:58	6429	Christian Poulton	Cambridge Harriers	585	0:46:14	6941	Richard Skilbeck	Headington RR
486	0:44:58	6694	Ben Foster	Dudley Kingswinford RC	586	0:46:14	8685	Kevin Buxton	Wirral AC
487	0:44:59	6374	Mark Appleton	Bromsgrove & Redditch	587	0:46:15	7971	Vince Carroll	Rugby & Northampton AC
488	0:44:59	6415	Richard Park	Cambridge & Coleridge	588	0:46:16	7406	Andy Welshman	London Heathside AC
489	0:44:59	7579	Matt Green	Nene Valley Harriers	589	0:46:16	8005	Albert Castle	Salford Harriers & AC
490	0:45:00	6706	Robin Linten	Durham City Harriers & AC	590	0:46:18	6351	Niall Robinson	Brighton & Hove AC
491	0:45:01	6912	John Young	Harrogate Harriers & AC	591	0:46:18	7394	Stuart Meiklejohn	London Heathside AC
492	0:45:01	6030	Rob Wakefield	Aldershot Farnham & District	592	0:46:19	8780	Giles Hawking	York Knivesmire Harriers
493	0:45:01	6868	Mark Hadley	Halesowen AC	593	0:46:20	6363	Andrew Malloy	Bristol & West AC
494	0:45:03	7114	Ian Hunter	Ilkeston RC	594	0:46:20	6571	Ed Huxford	Cleethorpes & District AC
495	0:45:03	8576	Greg Jones	Wallasey Athletic Club	595	0:46:21	7395	Paul Mercer	London Heathside AC
496	0:45:03	7056	Anthony Meenaghan	Holme Pierrepont RC	596	0:46:21	6396	Stuart Hodgkinson	Bury Athletic Club
497	0:45:04	8015	Billy McCartney	Salford Harriers & AC	597	0:46:22	7701	Jamie Hutchinson	Notts AC
498	0:45:06	8536	Christopher Graham	Tyne Bridge Harriers	598	0:46:22	7197	Chris Edis	Keswick AAC
499	0:45:07	7908	Luke Beresford	Ripley RC	599	0:46:23	6598	Nral Humphreys	Corby AC
500	0:45:08	8419	Gordon Irvine	Thames Valley Harriers	600	0:46:23	8279	Adam Brearley	Staffordshire Moorlands AC

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:46:23	7226	Richard Dixon	Knowle & Dorrridge RC	701	0:47:23	7576	Geoff Whitman	Morpeth H & AC
602	0:46:23	7651	James Walsh	North Herts RRC	702	0:47:23	6488	Richard Allen	Chesapeake RR
603	0:46:23	8709	Graham Eaton	Wolverhampton & Bilston AC	703	0:47:24	8070	Barney Southin	Serpentine RC
604	0:46:24	8275	Ian Talbot	Stafford Harriers	704	0:47:24	7332	Gareth Howell	Liverpool Harriers & AC
605	0:46:25	8723	Mat Richards	Wolverhampton & Bilston AC	705	0:47:24	7333	Mathew Hughes	Liverpool Harriers & AC
606	0:46:25	6667	Oliver Meek	Derwent Runners Derby	706	0:47:24	7382	Tom Fancett	London Heathside AC
607	0:46:26	6204	Luis Crane	Bexley AC	707	0:47:25	8638	Robin Phillips	Westbury Harriers
608	0:46:26	8110	Gareth Irvine	Sheffield RC	708	0:47:25	8492	Martin Cooke	Trafford AC
609	0:46:27	8568	John Armstrong	Wallasey Athletic Club	709	0:47:25	8724	Jack Sexty	Wolverhampton & Bilston AC
610	0:46:27	8415	Manuel Da Silva	Thames Valley Harriers	710	0:47:26	7391	Richard Macaulay	London Heathside AC
611	0:46:28	6531	Robin Ward	City Of Portsmouth AC	711	0:47:26	6807	Richard Craven	Gateshead Harriers & AC
612	0:46:28	6946	Ashley Deeming	Heanor Running Club	712	0:47:28	8331	Mark Eaton	Stubbington Green Runners
613	0:46:28	6285	Stewy Bell	Blackhill Bounders	713	0:47:29	7555	Rob Hancox	Morpeth H & AC
614	0:46:28	7915	Dean Taylor	Ripley RC	714	0:47:29	7728	Jon-Philip Seymour	Notts AC
615	0:46:28	7151	Neil Cressey	Kenilworth Runners	715	0:47:29	6727	Simon Grundy	East Cheshire Harriers & Tam
616	0:46:29	8748	Tony Russell	Woodford Green AC with Ess	716	0:47:30	7270	Ben Dyson	Leeds City AC
617	0:46:30	7088	Dave Egginton	Huncote Harriers AC	717	0:47:30	6329	Oliver Kirkland	Bournville Harriers
618	0:46:30	6814	Martin Slater	Gateshead Harriers & AC	718	0:47:31	7899	Mark Crawford	Richmond & Zetland Harriers
619	0:46:30	7949	John Comrie	Rotherham Harriers & AC	719	0:47:32	7962	Thomas Chen	Royal Sutton Coldfield AC
620	0:46:31	7191	Nick Park	Kent AC	720	0:47:32	6200	Jon Armstrong	Bexley AC
621	0:46:31	6831	Adam Madge	Grantham AC	721	0:47:33	8300	Robert Goulsbra	Stockport Harriers & AC
622	0:46:32	8449	Jonathon Hunt	Tipton Harriers	722	0:47:34	6676	Ryan Pegg	Desford Striders
623	0:46:32	6270	Steve Cooper	Blackheath & Bromley Harrie	723	0:47:35	6447	Marc Curtis	Centurion RC
624	0:46:32	8480	Adam Styles	Tonbridge AC	724	0:47:35	7619	David Kail	Newham & Essex Beagles
625	0:46:33	7111	James Calden	Ilkeston RC	725	0:47:36	8287	James Wood	Staffordshire Moorlands AC
626	0:46:33	6136	Steven Gibson	Beaumont RC	726	0:47:37	8560	Alex Nancolas	Valley Striders AC
627	0:46:33	7828	Niall Bourke	Pudsey & Bramley AC	727	0:47:37	6411	Graeme Kennedy	Cambridge & Coleridge
628	0:46:33	8355	Chris Catt	Sutton Runners	728	0:47:37	7123	Steven Coy	Ilkley Harriers AC
629	0:46:34	6997	Keith Newton	Herne Hill Harriers	729	0:47:38	7309	Chris Norman	Leighton Buzzard Athletic Clu
630	0:46:34	8418	Henry Hughes *	Thames Valley Harriers	730	0:47:38	8108	Tim Fletcher	Sheffield RC
631	0:46:35	8424	Stephen Norris	Thames Valley Harriers	731	0:47:39	6825	Sam Gant	Gosforth Harriers
632	0:46:35	7050	Christopher Woolley	Hillingdon AC	732	0:47:40	8706	Simon Cairow	Wolverhampton & Bilston AC
633	0:46:35	6894	Matt Driver	Harborough AC	733	0:47:40	7436	Roger Siltoe	Low Fell RC
634	0:46:36	8240	Edward Blake	St Albans Striders	734	0:47:40	6133	Daniel Short	Basingstoke & Mid Hants AC
635	0:46:37	7763	Owen Flage	Oldham & Royton Harriers &	735	0:47:41	6251	Peter Gill	Birtley AC
636	0:46:37	6139	Karl Wilkins	Beaumont RC	736	0:47:42	8625	Andrew Claque	West Cheshire AC
637	0:46:38	6027	Chris Try	Aldershot Farnham & District	737	0:47:43	8770	Gavin Poynton	Wreake Runners
638	0:46:39	6762	John Scott	Enfield & Haringey AC	738	0:47:44	6286	Christopher Essex Crosby	Blackpool Wyre & Fylde AC
639	0:46:39	8247	Joe Dunn	St Albans Striders	739	0:47:45	6080	Peter Veleski	Avon Valley Runners
640	0:46:40	6899	Tom Ward	Harborough AC	740	0:47:45	6443	Paul Mcknespiey	Carlisle Aspatria AC
641	0:46:41	6492	Carl Handford	Chesapeake RR	741	0:47:47	7596	Richard Peach	Newark AC
642	0:46:42	8782	Darren Hendley	York Knavesmire Harriers	742	0:47:47	8655	James Grannon	Wilmslow RC
643	0:46:42	8241	Colin Braybrook	St Albans Striders	743	0:47:48	6376	Andrew Freeman	Bromsgrove & Redditch
644	0:46:44	7865	Darren Stevens	Reading AC	744	0:47:48	8622	Richard Powell	West Bromwich Harriers
645	0:46:45	7541	Karl Webster	Matlock AC	745	0:47:49	6954	Lee Perkins	Heanor Running Club
646	0:46:45	6863	Marc Woodall	Guildford & Godalming AC	746	0:47:50	7758	Matthew Tonks	Nuneaton Harriers AC
647	0:46:45	6797	Darren Sheppard	Framlingham Flyers	747	0:47:50	6768	Paul Cates	Eton Manor AC
648	0:46:46	7196	Ian Davies	Keswick AAC	748	0:47:50	7771	Scott Baxter	OWLS Leicester
649	0:46:47	6876	Dave Turvey	Halesowen AC	749	0:47:51	8689	Simon Fox	Wirral AC
650	0:46:49	6077	Joby Hobbs	Avon Valley Runners	750	0:47:51	6700	Andrew Sprague	Dudley Kingswinford RC
651	0:46:50	8104	Kevin Bartholomew	Sheffield RC	751	0:47:51	8472	Richard Owen	Tonbridge AC
652	0:46:51	8356	Martin Giles	Sutton Runners	752	0:47:51	8763	John Hewitt	Worksop Harriers
653	0:46:52	7877	Mark Davis	Redhill Road Runners	753	0:47:54	6591	Bryan Lomas	Congleton Harriers
654	0:46:53	8785	Neil Stabbs	York Knavesmire Harriers	754	0:47:54	8783	Tom Ratcliffe	York Knavesmire Harriers
655	0:46:53	7428	Jason Stainton	Louth AC	755	0:47:56	6333	Richard Rollins	Bournville Harriers
656	0:46:53	6898	Daniel Taylor	Harborough AC	756	0:47:57	6643	Reuben Burford	Dartford Harriers AC
657	0:46:54	8578	Connor Mcardle	Wallasey Athletic Club	757	0:47:58	8649	Christopher Burgess	Wigan & District H & AC
658	0:46:55	8097	Robert Rigby	Shaftesbury Barnet Harriers	758	0:47:58	7304	Elliot Hind	Leighton Buzzard Athletic Clu
659	0:46:55	6922	Steve Norris	Harrow AC	759	0:47:58	7120	Colin Ward	Ilkeston RC
660	0:46:55	6380	Steve Williams	Bromsgrove & Redditch	760	0:47:58	8214	Jim Semmelroth	Southwell Running Club
661	0:46:57	8530	Tom Sawyer	Tring RC	761	0:47:59	8292	Alastair Lawson	Steel City Striders RC
662	0:46:57	7381	Gavin Evans	London Heathside AC	762	0:47:59	7044	Paul Leppard	Hillingdon AC
663	0:46:58	8049	David P Evans	Serpentine RC	763	0:48:01	8539	John Hurse	Tyne Bridge Harriers
664	0:46:58	8538	Alan Hodgson	Tyne Bridge Harriers	764	0:48:01	8512	Mike Prior	Trent Park RC
665	0:47:00	6823	Gareth Driscoll	Gosforth Harriers	765	0:48:02	6075	Paul Green	Avon Valley Runners
666	0:47:00	8173	Stuart Searle	South London Harriers	766	0:48:03	8602	Neil Biss	Wells City Harriers
667	0:47:01	7173	Richard Archer	Kent AC	767	0:48:04	6918	Jon Kyte	Harrow AC
668	0:47:01	8072	Richard Taylor	Serpentine RC	768	0:48:04	7674	Paul Martin	Norwich Road Runners
669	0:47:03	7418	Anthony Hatswell	Long Eaton RC	769	0:48:06	7792	Simon Rogers	Pensby Runners
670	0:47:03	7887	Simon Nash	Redhill Road Runners	770	0:48:06	7379	Chris Burn	London Heathside AC
671	0:47:05	6180	Robert Norville	Belgrave Harriers	771	0:48:06	6811	Steven Medd	Gateshead Harriers & AC
672	0:47:06	8380	Craig Bridges	Teambath AC	772	0:48:07	7693	Martyn Gibbons	Notts AC
673	0:47:07	6862	Mark Tenyson	Guildford & Godalming AC	773	0:48:07	6567	Colin Shuttleworth	Clayton Le Moors Harriers
674	0:47:07	7799	Daniel Snipe	Peterborough AC	774	0:48:09	8251	John Ockenden	St Albans Striders
675	0:47:08	8585	Phil Walton	Wallasey Athletic Club	775	0:48:10	6078	Tim Lowrie	Avon Valley Runners
676	0:47:08	6710	Dan Whittle	Durham City Harriers & AC	776	0:48:10	8180	Mick Jones	South Shields Harriers & AC
677	0:47:08	7229	Torsten Roesler	Knowle & Dorrridge RC	777	0:48:13	7983	Paul Barrett	Sale Harriers Manchester
678	0:47:08	8634	Justin Grimwood	Westbury Harriers	778	0:48:14	7751	Eric Fowler	Nuneaton Harriers AC
679	0:47:10	6437	Aidan McCormack	Cannock & Stafford AC	779	0:48:15	6731	Phillip Jacques	East Cheshire Harriers & Tam
680	0:47:11	8118	Steven Emerton	Shelton Striders	780	0:48:16	8674	Andrew Parkinson	Winchester & District AC
681	0:47:11	8527	Nigel Bunn	Tring RC	781	0:48:17	8212	Martin Harrigan	Southwell Running Club
682	0:47:11	7778	Luke Ingram	OWLS Leicester	782	0:48:18	7673	Richard Johnson	Norwich Road Runners
683	0:47:12	8029	Matt Knowles	Saltwell Harriers	783	0:48:18	8046	James Edgar	Serpentine RC
684	0:47:13	8277	David Bethell	Staffordshire Moorlands AC	784	0:48:19	6699	Robert Sannwald	Dudley Kingswinford RC
685	0:47:13	7003	Louis Waterman-Evans	Herne Hill Harriers	785	0:48:20	7591	Aaron Cain	Newark AC
686	0:47:14	7513	Josh Lyman	Marshall Milton Keynes AC	786	0:48:21	8160	Steve Howes	Solihull & Small Heath Athleti
687	0:47:14	6718	James Steer	Ealing Southall Middlesex AC	787	0:48:22	8032	David Bresun	Sandhurst Joggers
688	0:47:14	7617	Thomas Fourt	Newham & Essex Beagles	788	0:48:22	6654	Ross McClelland	Denby Dale Travellers
689	0:47:15	7450	Chris Bentley	Macclesfield Harriers & AC	789	0:48:22	6855	Matthew King	Guildford & Godalming AC
690	0:47:15	6561	Martin Rutter	Clapham Chasers	790	0:48:23	8112	Stuart Little	Sheffield RC
691	0:47:16	7069	Garreth Humphries	Holmfirth Harriers AC	791	0:48:23	8471	Steve Keywood	Tonbridge AC
692	0:47:16	8774	Barry Atkinson	York Knavesmire Harriers	792	0:48:24	6085	Danny Digweed	Barnet & District AC
693	0:47:17	6186	Malcolm Young	Belgrave Harriers	793	0:48:25	6974	David Scrimshaw	Hercules Wimbledon AC
694	0:47:17	8597	Jon Kemp	Wellingborough & District AC	794	0:48:26	7433	David France	Low Fell RC
695	0:47:19	8310	Chris Blake	Stourbridge RC	795	0:48:26	8332	Adrian Piddington	Stubbington Green Runners
696	0:47:19	7161	Pete Matthews	Kenilworth Runners	796	0:48:28	8069	Tim Renshaw *	Serpentine RC
697	0:47:20	8675	David Vosser	Winchester & District AC	797	0:48:29	7104	Scott Henderson	Hyde Park Harriers
698	0:47:21	7647	Paul Sorrell	North Derbyshire RC	798	0:48:30	8772	Gareth Tomlinson	Wreake Runners
699	0:47:22	7884	Tony Lowe	Redhill Road Runners	799	0:48:30	6743	Philip Mccoy	East Hull Harriers & AC
700	0:47:22	8033	Mark Fallowfield-Smith	Sandhurst Joggers	800	0:48:33	8169	Paul Mitchell	South London Harriers

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
801	0:48:34	8113	Ben Mahoney	Sheffield RC	901	0:49:43	6959	Mark Banks	Heaton Harriers & AC
802	0:48:35	6466	John Rees	Charnwood AC	902	0:49:43	7487	Andy Fox	Manx Harriers
803	0:48:35	8336	Andrew Stockwell	Stubbington Green Runners	903	0:49:43	8590	Stephen Burthem	Warrington A C
804	0:48:35	7051	Keith Alger	Holme Pierrepoint RC	904	0:49:44	7150	Rich Broadbent	Kenilworth Runners
805	0:48:36	6107	Tom White	Barnsley AC	905	0:49:45	7157	Roger Homes	Kenilworth Runners
806	0:48:36	6639	Daniel Hunter	Darlington Harriers & AC	906	0:49:46	8781	Rory Henderson	York Knivesmire Harriers
807	0:48:36	8127	James Darcy	Silsion Joggers AC	907	0:49:47	7095	Euan West	Huncote Harriers AC
808	0:48:37	8722	Ian Pincher	Wolverhampton & Bilston AC	908	0:49:48	7980	Mike Ashby	Sale Harriers Manchester
809	0:48:38	6794	Daniel Kinsman	Framlingham Flyers	909	0:49:49	6311	Tony Gilbert	Bourne Town Harriers
810	0:48:38	7664	Stuart Lumsden	Northbrook Athletic Club	910	0:49:49	8168	John Mackay	South London Harriers
811	0:48:39	7494	Andy Watson	Manx Harriers	911	0:49:49	6630	Neil Aikman	Croydon Harriers
812	0:48:40	7169	Lee Adams	Kent AC	912	0:49:49	6635	Mark Maginn	Croydon Harriers
813	0:48:40	7234	Michael Gall	Knowsley Harriers AC	913	0:49:50	7136	Scott Bairstow	Keighley & Craven AC
814	0:48:41	7528	Dave Clarke	Massey Ferguson RC	914	0:49:50	7393	Joseph McKeown	London Heathside AC
815	0:48:41	8141	Christopher Morrison	Sinfin Running Club	915	0:49:51	7871	Ian Beckingham	Redhill Road Runners
816	0:48:41	7431	Les Cavanagh	Low Fell RC	916	0:49:51	6853	Matthew Hills	Guildford & Godalming AC
817	0:48:42	7583	James MacDonald	Nene Valley Harriers	917	0:49:54	8711	Darren Edwards	Wolverhampton & Bilston AC
818	0:48:44	6052	Neil Walker	Altrincham & District AC	918	0:49:55	6254	Jonathan Haynes	Bishops Stamford RC
819	0:48:45	7529	David Conway	Massey Ferguson RC	919	0:49:55	8658	Richard Hiron	Wilmslow RC
820	0:48:46	7951	Howard Darwin	Rotherham Harriers & AC	920	0:49:56	6315	Mick Howells	Bourne Town Harriers
821	0:48:47	7658	Christopher Waite	North Shields Polytechnic Club	921	0:49:56	6843	Paul Mason	Great Western Runners
822	0:48:48	6716	Andy Leung	Ealing Southall Middlesex AC	922	0:49:57	7100	Martin Rowe	Huntingdonshire AC
823	0:48:48	8524	Roger Taylor	Trentham RC	923	0:49:58	7345	Danny Gilbody	Liverpool Pembroke & Sefton
824	0:48:48	8128	Andy Field	Silsion Joggers AC	924	0:49:58	6653	Kevin Jackson	Denby Dale Travellers
825	0:48:49	8307	Steven Shaughnessy	Stockport Harriers & AC	925	0:49:59	7856	Niall O'connor	Ranelagh Harriers
826	0:48:49	7883	Nigel Lever	Redhill Road Runners	926	0:49:59	8361	Simon Thornhill	Sutton Runners
827	0:48:50	6137	Andy Machin	Beaumont RC	927	0:50:00	7497	Jason Perring	March AC
828	0:48:50	7822	Kevin Hesketh	Preston Harriers	928	0:50:00	6568	Mark Wightman	Clayton Le Moors Harriers
829	0:48:51	7663	Richard Hodge	Northbrook Athletic Club	929	0:50:01	6631	Glen Barden	Croydon Harriers
830	0:48:51	7445	Thomas Howarth	Lytham St Annes RR Club	930	0:50:01	6790	James Rushton	Formula One Circuit Crew
831	0:48:52	7058	Howard Partridge	Holme Pierrepoint RC	931	0:50:02	8071	Andrew Taylor	Serpentine RC
832	0:48:53	8446	Mick Hill	Tipton Harriers	932	0:50:04	7956	Matthew Jones	Rotherham Harriers & AC
833	0:48:53	7683	David Brazener	Notts AC	933	0:50:05	6769	Simon Cottle	Eton Manor AC
834	0:48:54	8664	Graham Taylor	Wilmslow RC	934	0:50:05	8502	Luke Bowie	Trent Park RC
835	0:48:55	6943	Andy Basey	Heanor Running Club	935	0:50:06	7718	David Oxland	Notts AC
836	0:48:55	7979	Neil Willsher	Rugby & Northampton AC	936	0:50:06	8245	Craig Dowie	St Albans Striders
837	0:48:56	6125	Geoff Newill	Barrow Runners	937	0:50:08	6773	Dan Hall	Eton Manor AC
838	0:48:57	7668	John Wilson	Northbrook Athletic Club	938	0:50:09	6448	Gavin Davies	Centurion RC
839	0:48:58	8048	Alex Elferink	Serpentine RC	939	0:50:10	7601	Martin Bailey	Newcastle (Staffs) AC
840	0:48:58	8312	Duncan Cornish	Stourbridge RC	940	0:50:10	8329	Graham Bell	Stubbington Green Runners
841	0:48:59	6936	Martin Dunmore	Headington RR	941	0:50:12	6244	Jort Van Mourik	Birmingham Running Athletic
842	0:48:59	7798	Nathan Pople	Peterborough AC	942	0:50:12	7308	Tom May	Leighton Buzzard Athletic Clu
843	0:49:00	8741	Steve Lambert	Woodford Green AC with Ess	943	0:50:13	8367	Peter Buckley	Tamworth AC
844	0:49:00	8226	Nick Stringer	Sparkhill Harriers	944	0:50:13	6832	Arthur Short	Grantham AC
845	0:49:01	7699	John Hiorns	Notts AC	945	0:50:15	7600	David Wright	Newbury AC
846	0:49:01	7858	Vaughan Ramsay	Ranelagh Harriers	946	0:50:16	7927	Ian Stainthorpe	Rochdale Harriers & AC
847	0:49:01	6789	Matthew Nutt	Formula One Circuit Crew	947	0:50:16	8600	David Yarnall	Wellingborough & District AC
848	0:49:02	6145	Andy Cohen-Wray	Bedford & County AC	948	0:50:18	6317	Tim Wigley	Bourne Town Harriers
849	0:49:04	7590	Lee Braithwaite	Newark AC	949	0:50:19	6366	Peter Mountain	Bristol & West AC
850	0:49:05	7525	Marcus Whelband	Marshall Milton Keynes AC	950	0:50:19	6407	Mark Crook	Cambridge & Coleridge
851	0:49:07	6331	Stuart Pearson	Bournville Harriers	951	0:50:19	7008	Martin Bright	Highgate Harriers
852	0:49:07	8357	Damien Hersey	Sutton Runners	952	0:50:20	8730	James Toddington	Wolverhampton & Bilston AC
853	0:49:08	6560	Christian Rose-Day	Clapham Chasers	953	0:50:21	6476	Lee Plimley	Cheadle RC
854	0:49:10	6712	Andy Dodd	Ealing Southall Middlesex AC	954	0:50:21	6262	Andrew Heys	Blackburn Harriers & AC
855	0:49:12	8562	Steve Webb	Valley Striders AC	955	0:50:22	8704	Andrew Bave	Wolverhampton & Bilston AC
856	0:49:14	8650	Stephen Nicholls	Wigan & District H & AC	956	0:50:22	8611	John Collier	Wesham RR & AC
857	0:49:14	8392	David Tatton	Telford AC	957	0:50:23	6205	Jon Fish	Bexley AC
858	0:49:15	8719	Mark Moore	Wolverhampton & Bilston AC	958	0:50:23	8194	Nick Willson	Southampton Athletic Club
859	0:49:15	7976	Nigel Roberts	Rugby & Northampton AC	959	0:50:23	6530	Chris Tollet	City Of Portsmouth AC
860	0:49:16	6549	Michael Raynes	City of York AC	960	0:50:24	7670	Mark Garrett	Norwich Road Runners
861	0:49:16	8197	Alec Kyrakides	Southend on Sea AC	961	0:50:24	6375	Steve Brooks	Bromsgrove & Redditch
862	0:49:16	7425	Richard Wilkinson	Long Eaton RC	962	0:50:24	6468	Jake Smith	Charnwood AC
863	0:49:17	6690	Rob Russell	Dorking & Mole Valley AC	963	0:50:25	6109	Scott Briggs	Barnsley Harriers
864	0:49:17	7461	Liam Bartlett	Manchester Harriers & AC	964	0:50:25	6031	Paul Burke	Aldridge RC
865	0:49:18	7311	Gary Stratford	Leighton Buzzard Athletic Clu	965	0:50:26	6565	Paul Wallace	Clapham Chasers
866	0:49:18	6313	Shaun Hill	Bourne Town Harriers	966	0:50:27	8234	Nicholas Gilkes	Sphinx AC
867	0:49:21	6472	Carl Astley	Cheadle RC	967	0:50:27	8317	Pete Walters	Stourbridge RC
868	0:49:21	8059	Andy Lister	Serpentine RC	968	0:50:27	7273	Martin Farran	Leeds City AC
869	0:49:23	6377	Matt Henney	Bromsgrove & Redditch	969	0:50:29	8176	Kevin Ayre	South Shields Harriers & AC
870	0:49:23	7518	Carl Reynolds	Marshall Milton Keynes AC	970	0:50:29	8555	Gary Weedall	Vale Royal AC
871	0:49:23	7844	Joao Diogo	Queens Park Harriers	971	0:50:30	7315	Peter Burgon	Lincoln & District Runners
872	0:49:24	7416	Patrick Fitzgerald	Long Eaton RC	972	0:50:30	7972	Terry Egan	Rugby & Northampton AC
873	0:49:25	6581	Richard Hind	Clowne Road Runners	973	0:50:30	8485	Andy Wood	Tonbridge AC
874	0:49:25	6666	Ian Ellwood	Derwent Runners Derby	974	0:50:31	8710	Ross Edgley	Wolverhampton & Bilston AC
875	0:49:26	8572	Phil Cuthbert	Wallasey Athletic Club	975	0:50:31	8208	Darren Corbett	Southwell Running Club
876	0:49:26	8333	Sev Roberts	Stubbington Green Runners	976	0:50:31	6776	Tomas Stasionis *	Eton Manor AC
877	0:49:27	7722	Simon Reed	Notts AC	977	0:50:32	7135	Alex Palmer	Keele University Athletics & C
878	0:49:28	6168	Andrew Hunter	Beeston AC	978	0:50:32	7536	Jerry Trill	Massey Ferguson RC
879	0:49:31	7863	David Kirk	Reading AC	979	0:50:33	8161	Paul Lloyd	Solihull & Small Heath Athleti
880	0:49:31	6764	Brett Belshaw	Erewash Valley RC	980	0:50:33	6190	Krish Dev	Belper Harriers
881	0:49:31	6860	Rajiv Ratan	Guildford & Godalming AC	981	0:50:34	6960	Thomas Bell	Heaton Harriers & AC
882	0:49:32	8190	Michael Read	Southampton Athletic Club	982	0:50:36	6751	David Gibson	Elvet Striders
883	0:49:33	7454	Jason Justice	Macclesfield Harriers & AC	983	0:50:36	7496	Lee Carey	March AC
884	0:49:33	8764	Robert Roper	Workshop Harriers	984	0:50:36	7238	Robbie Williams	Knowsley Harriers AC
885	0:49:34	6241	Martin Ludford	Birmingham Running Athletic	985	0:50:36	7237	James Warburton	Knowsley Harriers AC
886	0:49:34	7808	Andrew Doig	Pitsea RC	986	0:50:38	8116	Jed Turner	Sheffield RC
887	0:49:35	7797	Oliver Mason	Peterborough AC	987	0:50:39	7452	Carl Hanaghan	Macclesfield Harriers & AC
888	0:49:35	7794	Gary Thornton-Allen	Pensby Runners	988	0:50:39	7116	Kevin Johnson	Ilkeston RC
889	0:49:35	7785	Neil Towers	OWLS Leicester	989	0:50:41	7733	Moritz Stoesslein	Notts AC
890	0:49:35	8078	Robert Whitmarsh	Serpentine RC	990	0:50:42	7318	Chris Sutton	Lincoln & District Runners
891	0:49:35	6701	Duncan Hussey	Dulwich Runners AC	991	0:50:42	7410	Tim Baggs	Long Eaton RC
892	0:49:36	7480	Garry Morley	Mansfield Harriers	992	0:50:43	6425	Graham Maynard	Cambridge Harriers
893	0:49:36	8102	Tom Albone	Sheffield RC	993	0:50:44	6622	Michael Peters	Coventry Godiva Harriers
894	0:49:36	7417	Richard Halloran	Long Eaton RC	994	0:50:44	8167	John Foss	South London Harriers
895	0:49:37	7368	Dean Wilson	Liverpool RC	995	0:50:45	8636	Kevin Knights	Westbury Harriers
896	0:49:37	6962	Philip Green	Heaton Harriers & AC	996	0:50:45	6749	Geoff Davis	Elvet Striders
897	0:49:37	6110	Paul Dodd	Barnsley Harriers	997	0:50:46	7176	Mick Barlow	Kent AC
898	0:49:39	6250	David Coulson	Birtley AC	998	0:50:47	7090	Graeme Slight	Huncote Harriers AC
899	0:49:40	8566	Jeremy Gold	Victoria Park Harriers and Ton	999	0:50:47	7843	Gildas Braine	Queens Park Harriers
900	0:49:42	6277	Daniel Kennedy	Blackheath & Bromley Harrie	1000	0:50:49	7456	John Mooney	Macclesfield Harriers & AC

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1001	0:50:50	8546	Gareth Morgan	Uttoxeter RR	1101	0:52:21	8518	Phil Mainwaring	Trentham RC
1002	0:50:50	7660	Rob Barry	Northbrook Athletic Club	1102	0:52:21	6770	Dave Daugirda	Eton Manor AC
1003	0:50:50	8413	Richard Bell	Thames Valley Harriers	1103	0:52:21	6339	Daniel Wilson	Bournville Harriers
1004	0:50:51	8229	Paul Webster	Sparkhill Harriers	1104	0:52:21	7547	Gordon Baird	Middlesbrough & Cleveland Harriers
1005	0:50:52	6675	Ash Payne	Desford Striders	1105	0:52:22	8213	Paul Orton	Southwell Running Club
1006	0:50:53	8383	Michael Thompson	Teesdale AC	1106	0:52:22	7882	Francesco Lari	Redhill Road Runners
1007	0:50:54	6166	Joe Gallagher	Beeston AC	1107	0:52:23	7064	Samuel Williams	Holme Pierrepont RC
1008	0:50:54	8690	Mark Hughes	Wirral AC	1108	0:52:23	8259	Andrew O'Connor	St Helens Sutton AC
1009	0:50:55	6938	Laurie Hurman	Headington RR	1109	0:52:23	6840	Philip Chan	Great Western Runners
1010	0:50:57	8548	Alan Roberts	Vale Of Aylesbury AC	1110	0:52:25	8688	Will Ferquson	Wirral AC
1011	0:50:57	8339	Tony Allinson	Sunderland Harriers & AC	1111	0:52:26	6634	Matt Kiernan	Croydon Harriers
1012	0:50:59	7834	Barrie Day	Purple Patch Running Club	1112	0:52:26	8620	Lee Harris	West Bromwich Harriers
1013	0:51:00	6657	Jonathon Ridge	Denby Dale Travellers	1113	0:52:26	8285	Mark Platts	Staffordshire Moorlands AC
1014	0:51:01	7099	Andrew Richardson	Huntingdonshire AC	1114	0:52:26	8352	Nicholas Luke	Sutton in Ashfield Harriers & AC
1015	0:51:01	7533	Peter Paprka	Massey Ferguson RC	1115	0:52:27	6733	Paul Kenny	East Cheshire Harriers & Tamworth AC
1016	0:51:02	7819	George Garratt	Portsmouth Joggers	1116	0:52:29	7730	Edward Sobey	Notts AC
1017	0:51:03	6875	Phillip Scarr	Halesowen AC	1117	0:52:29	8659	Phil Matthews	Wilmslow RC
1018	0:51:03	7310	Warren Rose	Leighton Buzzard Athletic Club	1118	0:52:29	7535	Dean Semple	Massey Ferguson RC
1019	0:51:05	6629	Dave Cook	Crawley AC	1119	0:52:30	7501	Mike Burling	Marshall Milton Keynes AC
1020	0:51:05	8215	Nigel Watkin	Southwell Running Club	1120	0:52:31	8435	Peter Ward	Thorney RC
1021	0:51:06	6138	Ross Tyrrell	Beaumont RC	1121	0:52:31	8296	Ian Stinson	Steel City Striders RC
1022	0:51:06	7200	Simon Neville	Keswick AAC	1122	0:52:32	8193	Keith Spiers	Southampton Athletic Club
1023	0:51:08	7005	Simon Doyle	Herts Phoenix AC	1123	0:52:35	8201	Robert Johnson	Southport Waterloo AC
1024	0:51:11	8594	Julian Blackwell	Wellingborough & District AC	1124	0:52:36	6757	Graeme Walton	Elvet Striders
1025	0:51:13	7209	Colin Earl	Kimberworth Striders	1125	0:52:36	6698	Dave Norman	Dudley Kingswinford RC
1026	0:51:15	6750	Simon Gardner	Elvet Striders	1126	0:52:37	7062	Steve Tupholme	Holme Pierrepont RC
1027	0:51:15	8133	Jason Ball	Sinfin Running Club	1127	0:52:38	6673	Graham Hobbs	Desford Striders
1028	0:51:16	8475	Richard Puxty	Tonbridge AC	1128	0:52:38	8346	Peter Richardson	Sunderland Harriers & AC
1029	0:51:17	7355	Robert Givnan	Liverpool RC	1129	0:52:39	8347	David Savage	Sunderland Harriers & AC
1030	0:51:17	7527	Simon Brown	Massey Ferguson RC	1130	0:52:41	8272	Christopher Ross	Stafford Harriers
1031	0:51:18	8221	Patrick Finnegan	Sparkhill Harriers	1131	0:52:41	6452	Wayne Muddiman	Centurion RC
1032	0:51:18	6226	Neil Lloyd	Birchfield Harriers	1132	0:52:41	8596	Tim Ellwood	Wellingborough & District AC
1033	0:51:19	7677	Paul Sullivan	Norwich Road Runners	1133	0:52:42	6249	David Cleugh	Birtley AC
1034	0:51:20	6037	Mark Shaw	Aldridge RC	1134	0:52:43	8082	Nicholas Gaulder	Severn AC
1035	0:51:21	6089	Michael Martin	Barnet & District AC	1135	0:52:43	7874	Peter Clayton	Redhill Road Runners
1036	0:51:23	6870	Alex Morgan	Halesowen AC	1136	0:52:44	8644	Andy Yuill	Westbury Harriers
1037	0:51:25	7117	Jonathan Pitts	Ilkeston RC	1137	0:52:44	7022	Stephen Meredith	Highgate Harriers
1038	0:51:27	7507	Jos Dyer	Marshall Milton Keynes AC	1138	0:52:45	7112	Simon Davis	Ilkeston RC
1039	0:51:27	7498	Michael Stacey	March AC	1139	0:52:46	7459	Gary Willcock	Macclesfield Harriers & AC
1040	0:51:27	8515	Robin Tremaine	Trent Park RC	1140	0:52:47	7532	Tony Hoy	Massey Ferguson RC
1041	0:51:28	6907	Brian Miller	Harrogate Harriers & AC	1141	0:52:47	6165	David Evans	Beeston AC
1042	0:51:29	7362	David Owens	Liverpool RC	1142	0:52:48	7940	John Taylor	Rolls-Royce Harriers
1043	0:51:31	7253	Paul Caruana	Leamington Cycling & Athletics Club	1143	0:52:49	6090	Des Michael	Barnet & District AC
1044	0:51:32	8047	Gavin Edmonds	Serpentine RC	1144	0:52:50	7761	Stephen White	Nuneaton Harriers AC
1045	0:51:33	7605	Matt Jackson	Newcastle (Staffs) AC	1145	0:52:51	7186	Bernie Hutchinson	Kent AC
1046	0:51:34	7205	Terry Hatter	Kettering Town Harriers	1146	0:52:51	8348	Steven Tiltman	Sunderland Harriers & AC
1047	0:51:34	7365	Geoff Rudd	Liverpool RC	1147	0:52:52	6495	Simon Parkin	Chesapeake RR
1048	0:51:34	7681	Michael Benford	Notts AC	1148	0:52:55	8619	James Greenwood	West Bromwich Harriers
1049	0:51:35	7713	Ian Muxlow	Notts AC	1149	0:52:55	6684	Andy Fry	Dorking & Mole Valley AC
1050	0:51:36	6791	Paul Brown	Framlingham Flyers	1150	0:52:57	8006	Sean Cordell	Salford Harriers & AC
1051	0:51:36	7587	Timothy Bagguley	Newark AC	1151	0:52:57	6164	Robin Baker	Beeston AC
1052	0:51:36	7460	Lloyd Barlow	Manchester Harriers & AC	1152	0:52:57	7914	Richard Phillis	Ripley RC
1053	0:51:37	7759	Mark Treadwell	Nuneaton Harriers AC	1153	0:52:58	7316	Marcus Lancaster	Lincoln & District Runners
1054	0:51:37	8643	Chris Treble	Westbury Harriers	1154	0:52:58	8759	Paul Dickinson	Worksop Harriers
1055	0:51:39	6652	Philip Ellis	Denby Dale Travellers	1155	0:53:00	6383	Alister Mathie	Burton AC
1056	0:51:40	8376	Nick Fowler	Team Derby	1156	0:53:01	6847	Andrew Baker	Guildford & Godalming AC
1057	0:51:40	6334	Matt Slater	Bournville Harriers	1157	0:53:02	8326	Mike Sheppard	Stratford Upon Avon AC
1058	0:51:41	8414	Greg Bennett	Thames Valley Harriers	1158	0:53:03	7885	Martyn Mchale	Redhill Road Runners
1059	0:51:41	7676	Ian Moore	Norwich Road Runners	1159	0:53:03	6651	Ralph Barker	Denby Dale Travellers
1060	0:51:42	6952	Paul Mercer	Heanor Running Club	1160	0:53:04	8124	Andrew Powell	Shelton Striders
1061	0:51:43	6584	Ged Naylor	Clowne Road Runners	1161	0:53:05	7694	Luke Gisbey	Notts AC
1062	0:51:43	7888	Stan Pascoe	Redhill Road Runners	1162	0:53:07	8734	Andy Coleman	Woodford Green AC with Ess
1063	0:51:45	7214	Craig Spencer	Kimberworth Striders	1163	0:53:07	6261	Allan Hartley	Blackburn Harriers & AC
1064	0:51:45	7836	Adewale Kadiri	Purple Patch Running Club	1164	0:53:09	8026	Scott Garrett	Saltwell Harriers
1065	0:51:46	6829	Paul Davidson	Grantham AC	1165	0:53:10	8761	John Harrison	Worksop Harriers
1066	0:51:46	8661	Adam Neale	Wilmslow RC	1166	0:53:11	7087	Keith Chambers	Huncote Harriers AC
1067	0:51:47	8156	Kevin Walker	Skelmersdale Boundary Harriers	1167	0:53:12	8714	Matthew Guy	Wolverhampton & Bilston AC
1068	0:51:47	6418	Christof Schwiening	Cambridge & Coleridge	1168	0:53:13	8175	Steve Vincent	South London Harriers
1069	0:51:49	6774	Ian Lambert	Eton Manor AC	1169	0:53:13	6210	Samuel Risby	Bexley AC
1070	0:51:52	6419	Clem Dixon	Cambridge Harriers	1170	0:53:15	6502	David Breingan	Chiltern Harriers AC
1071	0:51:53	8291	Andrew Buck	Steel City Striders RC	1171	0:53:16	8200	Ray Handley	Southport Waterloo AC
1072	0:51:54	6310	Phil Galpin	Bourne Town Harriers	1172	0:53:19	6461	Kevin Lomas	Charnwood AC
1073	0:51:54	8067	Tom Poynton	Serpentine RC	1173	0:53:19	8635	Mike Howie	Westbury Harriers
1074	0:51:56	7259	Steven Roberts	Leamington Cycling & Athletics Club	1174	0:53:20	7352	Robert Burke	Liverpool RC
1075	0:51:57	8316	Adam Liarris	Stourbridge RC	1175	0:53:21	7868	Ian Abbot	Redhill Road Runners
1076	0:51:59	7464	Paul Heron	Manchester Harriers & AC	1176	0:53:24	8268	Ian Hodgkinson	Stafford Harriers
1077	0:52:00	8595	John Donaldson	Wellingborough & District AC	1177	0:53:27	6128	Mark Bevan	Basingstoke & Mid Hants AC
1078	0:52:01	7589	Carl Braithwaite	Newark AC	1178	0:53:28	7897	Gavin Lawrence	Reigate Priory AC
1079	0:52:02	7530	Ross Cooper	Massey Ferguson RC	1179	0:53:30	7936	Ian Page	Rolls-Royce Harriers
1080	0:52:02	6233	Ben Beaumont	Birmingham Running Athletic Club	1180	0:53:33	8209	Peter Gault	Southwell Running Club
1081	0:52:03	7848	Nicholas Stallman	Queens Park Harriers	1181	0:53:34	6275	Richard Hall	Blackheath & Bromley Harriers
1082	0:52:03	6503	Nick Marsh	Chiltern Harriers AC	1182	0:53:35	6493	Darren Knight	Chesapeake RR
1083	0:52:04	8522	Matthew Plant	Trentham RC	1183	0:53:35	8137	Brendan Devlin	Sinfin Running Club
1084	0:52:04	6188	Shaun Bott	Belper Harriers	1184	0:53:36	6126	David Robson	Barrow Runners
1085	0:52:05	7103	Ben Hartley	Hyde Park Harriers	1185	0:53:37	6470	Mark Whitmore	Charnwood AC
1086	0:52:06	6786	David Weekes	Folkestone RC	1186	0:53:39	6865	James Atkins	Halesowen AC
1087	0:52:08	7481	Tim Raynor	Mansfield Harriers	1187	0:53:39	6827	Richard McQuade	Gosforth Harriers
1088	0:52:11	6207	Martin Jenner	Bexley AC	1188	0:53:40	6755	Mike Hughes	Elvet Striders
1089	0:52:13	7597	Christopher Hobson	Newbury AC	1189	0:53:40	7389	Carl Heap	London Heathside AC
1090	0:52:13	7692	Joe Gardner	Notts AC	1190	0:53:40	6171	Geoff Pennington	Beeston AC
1091	0:52:14	8076	Valerio Uccellani *	Serpentine RC	1191	0:53:41	6087	Joe Gomes	Barnet & District AC
1092	0:52:15	6378	Ian Keyte	Bromsgrove & Redditch	1192	0:53:43	8320	James Deacon	Stratford Upon Avon AC
1093	0:52:15	6948	Carl Hughes	Heanor Running Club	1193	0:53:44	7451	Joe De Sousa	Macclesfield Harriers & AC
1094	0:52:15	8482	Robert Von Kaufmann	Tonbridge AC	1194	0:53:45	8563	David Campbell	Vegan Runners UK
1095	0:52:16	7650	Gareth Wing	North Derbyshire RC	1195	0:53:46	8434	Eamonn Dorling	Thorney RC
1096	0:52:16	7917	Nick Barton	Rochdale Harriers & AC	1196	0:53:47	6851	Alistair Gibson	Guildford & Godalming AC
1097	0:52:16	7222	Liam Mealy	Kirkstall Harriers	1197	0:53:47	8043	Rich Bartlett *	Serpentine RC
1098	0:52:17	8025	Dave Horsfall	Saltwell Harriers	1198	0:53:48	8598	Andrew Redden	Wellingborough & District AC
1099	0:52:20	8239	Michael Wall	Sphinx AC	1199	0:53:48	7749	Peter Barzetovic	Nuneaton Harriers AC
1100	0:52:20	6828	Kevin Thomas	Gosforth Harriers	1200	0:53:49	7478	Jonathon Hardy	Mansfield Harriers

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Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1201	0:53:49	8023	Mike Wakefield	Salford Harriers & AC	1301	0:55:36	7754	Andrew Harris	Nuneaton Harriers AC
1202	0:53:50	8140	Marvin Malia	Sinfin Running Club	1302	0:55:37	7356	David Kirk	Liverpool RC
1203	0:53:50	6981	Frank Wood	Hercules Wimbledon AC	1303	0:55:41	8224	Rob Mills	Sparkhill Harriers
1204	0:53:51	8148	Roger Willison	Sinfin Running Club	1304	0:55:43	8739	Alistair Holford	Woodford Green AC with Ess
1205	0:53:51	6697	Robert Kennard	Dudley Kingswinford RC	1305	0:55:43	6135	Terry Wegg	Basingstoke & Mid Hants AC
1206	0:53:52	6386	Ian Parker	Burton AC	1306	0:55:44	6833	Gordon Geach	Grantham RC
1207	0:53:53	6834	Scott Jones	Grantham RC	1307	0:55:45	6074	Robert Ellis	Avon Valley Runners
1208	0:53:56	8147	Brian Warner	Sinfin Running Club	1308	0:55:47	7842	Mark Tallon	Quakers Running Club
1209	0:53:57	8708	Duncan Davies	Wolverhampton & Bilston AC	1309	0:55:47	6799	Simon Hall	Gainsborough Morton Strider
1210	0:53:58	6800	Phil Kitchen	Gainsborough Morton Strider	1310	0:55:47	6456	Len Wallace	Centurion RC
1211	0:53:58	7869	Mark Attenborough	Redhill Road Runners	1311	0:55:49	6637	Martin Rowe	Croydon Harriers
1212	0:53:59	8344	Dean Phillips	Sunderland Harriers & AC	1312	0:55:50	7366	Mark Scott	Liverpool RC
1213	0:53:59	6658	Chris Booth	Derby Athletic Club	1313	0:55:50	8290	Stephen Atkinson	Steel City Striders RC
1214	0:54:00	7966	Richard Lewis	Royal Sutton Coldfield AC	1314	0:55:52	6835	Ben Mason	Grantham RC
1215	0:54:00	6473	Mick Beardmore	Cheadle RC	1315	0:55:53	8476	Duncan Ralph	Tonbridge AC
1216	0:54:03	6717	Steve Plestead	Ealing Southall Middlesex AC	1316	0:55:54	7755	Phil Harris	Nuneaton Harriers AC
1217	0:54:06	8184	Peter Walker	South Shields Harriers & AC	1317	0:55:54	6455	Edmund Wallace	Centurion RC
1218	0:54:06	7900	Liam Fletcher	Richmond & Zetland Harriers	1318	0:55:57	8599	Guy Travers	Wellingborough & District AC
1219	0:54:08	6167	Tim Hills	Beeston AC	1319	0:55:57	6086	Peter Ellis	Barnet & District AC
1220	0:54:08	7957	Jonathan Maxfield	Rotherham Harriers & AC	1320	0:55:58	7107	Daniel Waas	Hyde Park Harriers
1221	0:54:10	6195	Robert Norman	Belper Harriers	1321	0:55:58	6796	Rob Mackenzie	Framlingham Flyers
1222	0:54:12	8484	Charles Whitmore	Tonbridge AC	1322	0:56:01	8338	Philip Whitehouse	Stubbington Green Runners
1223	0:54:15	6546	Andrew Nesom	City of York AC	1323	0:56:01	7996	Tim Rainey	Sale Harriers Manchester
1224	0:54:18	6695	Mark Homer	Dudley Kingswinford RC	1324	0:56:03	8669	Steve Goodwin	Winchester & District AC
1225	0:54:19	6123	Russell Lewin	Barrow Runners	1325	0:56:04	7479	John Harrison	Mansfield Harriers
1226	0:54:22	6958	Paul Winfield	Hearnor Running Club	1326	0:56:04	7483	Julian Wood	Mansfield Harriers
1227	0:54:22	8219	Mick Edwards	Sparkhill Harriers	1327	0:56:08	6187	Amer Armoush	Belper Harriers
1228	0:54:23	7380	Emerson Paul	London Heathside AC	1328	0:56:09	7102	Ken Fox	Hyde Park Harriers
1229	0:54:23	6070	David Turnbull	Aurora Harriers	1329	0:56:10	7004	Richard Bloom	Herts Phoenix AC
1230	0:54:24	6678	Josh White	Desford Striders	1330	0:56:12	8335	Pete Simpson	Stubbington Green Runners
1231	0:54:24	6572	Howard Justice	Cleethorpes & District AC	1331	0:56:14	6401	Ross Martland	Buxton & District AC
1232	0:54:26	6748	Matthew Crow	Elvet Striders	1332	0:56:15	8119	Ciaran Guilfoyle	Shelton Striders
1233	0:54:26	8665	Andy Watts	Wilmslow RC	1333	0:56:16	6841	John Cox	Great Western Runners
1234	0:54:28	8525	Terry Wall	Trentham RC	1334	0:56:16	6788	Mark Jacobs	Formula One Circuit Crew
1235	0:54:31	6093	Robert Scott	Barnet & District AC	1335	0:56:17	7396	Norman Mitchell	London Heathside AC
1236	0:54:35	7657	Mark Small	North Shields Polytechnic Clu	1336	0:56:19	8584	Dave Walton	Wallasey Athletic Club
1237	0:54:37	6771	Lenny English	Eton Manor AC	1337	0:56:21	6798	Kenneth Tovell	Framlingham Flyers
1238	0:54:37	6453	Andy Rea	Centurion RC	1338	0:56:21	7748	Tim Woodthorpe	Notts AC
1239	0:54:38	6766	Steve Wickham	Erewash Valley RC	1339	0:56:22	8271	Mark Oliver	Stafford Harriers
1240	0:54:38	7538	Simon Brister	Matlock AC	1340	0:56:23	7835	Chris Donald	Purple Patch Running Club
1241	0:54:41	6775	Rob Sommerville	Eton Manor AC	1341	0:56:23	8488	Mark Hayes	Totton RC
1242	0:54:43	6108	Anthony Bissell	Barnsley Harriers	1342	0:56:24	8609	Andrew Rawlins	Werrington Joggers
1243	0:54:43	8765	Jonathan Stott	Worksop Harriers	1343	0:56:25	8506	Paul Castaldo	Trent Park RC
1244	0:54:45	6586	Paul Sadler	Clowne Road Runners	1344	0:56:25	7325	Francis Ward	Lincoln Wellington AC
1245	0:54:46	7261	Peter Taylor	Leamington Cycling & Athleti	1345	0:56:26	6624	Martin Slevin	Coventry Godiva Harriers
1246	0:54:46	7290	Gary Wilks	Leeds City AC	1346	0:56:27	8166	Peter Emery	South London Harriers
1247	0:54:48	7113	Tony Donaldson	Ilkinston RC	1347	0:56:27	8779	Steven Gow	York Knavesmire Harriers
1248	0:54:49	6211	Martin Smith	Bexley AC	1348	0:56:30	8149	Paul Wood	Sinfin Running Club
1249	0:54:49	7211	Paul Greenwood	Kimberworth Striders	1349	0:56:30	7457	Alan Webster	Macclesfield Harriers & AC
1250	0:54:49	7471	Rob Kedian	Manchester YMCA Harriers	1350	0:56:31	6842	John Hargreaves	Great Western Runners
1251	0:54:49	6393	Giles Bennett	Bury Athletic Club	1351	0:56:32	7837	Christopher Sutton	Purple Patch Running Club
1252	0:54:50	8738	Richard Hogg	Woodford Green AC with Ess	1352	0:56:32	6836	Jez Page	Grantham RC
1253	0:54:50	7774	Dale Cave	OWLS Leicester	1353	0:56:33	7641	Stuart Cunningham	North Derbyshire RC
1254	0:54:52	6102	Mark Hurrell	Barnsley AC	1354	0:56:35	8642	Geraint Torrington	Westbury Harriers
1255	0:54:55	7444	Terry Hellings	Lytham St Annes RR Club	1355	0:56:36	7604	Bryn Griffiths	Newcastle (Staffs) AC
1256	0:54:58	6793	Stewart Hambling	Framlingham Flyers	1356	0:56:38	8337	Gordon Westley	Stubbington Green Runners
1257	0:54:58	8516	Dale Colclough	Trentham RC	1357	0:56:40	8760	Peter Fendley	Worksop Harriers
1258	0:54:58	7895	Neil Hamilton	Reigate Priory AC	1358	0:56:40	7519	Kelvin Smith	Marshall Milton Keynes AC
1259	0:54:59	8050	Michael Eyre *	Serpentine RC	1359	0:56:41	8311	Steven Burch	Stourbridge RC
1260	0:55:03	8315	Paul Giles	Stourbridge RC	1360	0:56:43	8233	Wayne Broadbent	Sphinx AC
1261	0:55:04	6064	Ian Black	Aurora Harriers	1361	0:56:44	8746	Trevor Powell	Woodford Green AC with Ess
1262	0:55:05	7302	Chris Dimmock	Leighton Buzzard Athletic Clu	1362	0:56:46	6217	David Potter	Bingley Harriers & AC
1263	0:55:07	7061	Rob Stewart	Holme Pierrepont RC	1363	0:56:48	6767	Steve Adams	Eton Manor AC
1264	0:55:08	6820	Steve Bond	Gosforth Harriers	1364	0:56:48	6545	Martin Kirby	City of York AC
1265	0:55:10	8729	Paul Tabor	Wolverhampton & Bilston AC	1365	0:56:49	7371	Robert Howard	Loftus & Whitby AC
1266	0:55:10	8358	Paul Mcfarlane	Sutton Runners	1366	0:56:49	8218	Mark Arnold	Sparkhill Harriers
1267	0:55:11	6497	Neil Shipley	Chesapeake RR	1367	0:56:51	7746	Cory Wilson	Notts AC
1268	0:55:12	6897	Graeme Rolfe	Harborough AC	1368	0:56:52	7435	Fai NG	Low Fell RC
1269	0:55:12	7824	Stephen Mort	Preston Harriers	1369	0:56:55	8064	Darren Over	Serpentine RC
1270	0:55:15	6569	Joe Black	Cleethorpes & District AC	1370	0:56:56	7892	Mark Tomlinson	Redhill Road Runners
1271	0:55:16	7599	Andrew Tuttle	Newbury AC	1371	0:56:57	6373	Phil Anderson	Bromsgrove & Redditch
1272	0:55:16	7879	Peter Gillespie	Redhill Road Runners	1372	0:56:57	8410	Fahad Abdi *	Thames Valley Harriers
1273	0:55:17	7236	Billy Merritt	Knowsley Harriers AC	1373	0:56:58	6474	Phil Heathcote	Cheadle RC
1274	0:55:17	6772	Adrian Frost	Eton Manor AC	1374	0:56:58	8211	Steve Hargrave	Southwell Running Club
1275	0:55:18	8465	Tony Cohen	Tonbridge AC	1375	0:56:59	7938	Dean Smith	Rolls-Royce Harriers
1276	0:55:18	7906	Ryan Ball	Ripley RC	1376	0:57:01	6034	Colin Jackson	Aldridge RC
1277	0:55:19	7830	Pete Hill	Pudsey & Bramley AC	1377	0:57:03	8610	Geoffrey Walden	Werrington Joggers
1278	0:55:20	8309	James Bellamy	Stourbridge RC	1378	0:57:05	6867	Richard Guest	Halesowen AC
1279	0:55:20	6998	Valdis Pauzers	Herne Hill Harriers	1379	0:57:05	8265	Richard Caley	Stafford Harriers
1280	0:55:21	8269	Darren Mattoks	Stafford Harriers	1380	0:57:06	6053	Jim Feeney	Amber Valley & Erewash AC
1281	0:55:22	6399	Richard Bouglas	Buxton & District AC	1381	0:57:07	6577	Christopher Wray	Cleethorpes & District AC
1282	0:55:23	6258	John Cookson	Blackburn Harriers & AC	1382	0:57:08	7213	Michael Jackson	Kimberworth Striders
1283	0:55:25	6747	Mike Bennett	Elvet Striders	1383	0:57:14	8577	Dave Mcalister	Wallasey Athletic Club
1284	0:55:25	8027	Phil James	Saltwell Harriers	1384	0:57:14	6871	Andrew Nock	Halesowen AC
1285	0:55:25	7762	Nick Wilson	Nuneaton Harriers AC	1385	0:57:15	8254	Mark Travers	St Albans Striders
1286	0:55:26	6161	Tom Roberts	Bedford & County AC	1386	0:57:15	6477	Adrian Reeves-Jones	Cheadle RC
1287	0:55:27	8696	Terry Alabaster	Witham RC	1387	0:57:17	6173	Don Anderson	Belgrave Harriers
1288	0:55:28	6603	Nick Bennett	Coventry Godiva Harriers	1388	0:57:23	7850	Rob Curtis	Ranelagh Harriers
1289	0:55:28	7921	John Mayall	Rochdale Harriers & AC	1389	0:57:23	7644	Kevin Loftus	North Derbyshire RC
1290	0:55:29	7910	Dennis Holmes	Ripley RC	1390	0:57:24	8263	Mark Bentley	Stafford Harriers
1291	0:55:30	7902	Shaun Purkiss	Richmond & Zetland Harriers	1391	0:57:25	6189	Tim Boursnell	Belper Harriers
1292	0:55:31	6787	Paul Griffiths	Formula One Circuit Crew	1392	0:57:26	7788	Nigel Crompton	Pensby Runners
1293	0:55:31	6212	Tommy Taylor	Bexley AC	1393	0:57:27	6475	Darrel Mosley	Cheadle RC
1294	0:55:31	7764	Brian Schofield	Oldham & Royton Harriers &	1394	0:57:30	6467	Nigel Scoggins	Charnwood AC
1295	0:55:32	8172	Matt Saunders	South London Harriers	1395	0:57:30	8151	William Dalton	Skelmersdale Boundary Harri
1296	0:55:32	8330	Nick Crane	Stubbington Green Runners	1396	0:57:31	8656	Patrick Grannon	Wilmslow RC
1297	0:55:33	7911	Carl Hopkinson	Ripley RC	1397	0:57:31	7242	Michael Leck	Lancaster & Morecambe AC
1298	0:55:33	8613	Alan Glasgow	Wesham RR & AC	1398	0:57:32	7873	Terry Chambers	Redhill Road Runners
1299	0:55:34	6239	Tom Keenan	Birmingham Running Athletic	1399	0:57:34	6390	Kevin Stackhouse	Burton AC
1300	0:55:35	7098	Derek Darnell	Huntingdonshire AC	1400	0:57:35	7035	John Bignell	Hillingdon AC

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Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1401	0:57:36	7419	John Hay	Long Eaton RC	1501	1:00:09	7793	Gordon Scholefield	Pensby Runners
1402	0:57:37	6777	Lance Tabraiham	Eton Manor AC	1502	1:00:15	6341	David Foster	Bridlington RR
1403	0:57:38	7840	Rob McSherry	Quakers Running Club	1503	1:00:16	7918	Matthew Cox	Rochdale Harriers & AC
1404	0:57:38	8294	Richard Pegg	Steel City Striders RC	1504	1:00:19	6527	Tony Hewett	City Of Portsmouth AC
1405	0:57:39	6314	Richard Houghton	Bourne Town Harriers	1505	1:00:21	6350	Andrew Mitchelson	Brighton & Hove AC
1406	0:57:41	7108	Alan Bower	Ilkeston RC	1506	1:00:22	7115	Richard Iliffe	Ilkeston RC
1407	0:57:42	6066	Michael Quinn	Aurora Harriers	1507	1:00:23	8313	Errol Cumberbatch	Stourbridge RC
1408	0:57:42	7857	Mike Peace	Ranelagh Harriers	1508	1:00:27	7458	Mark Wheelton	Macclesfield Harriers & AC
1409	0:57:43	6838	Mark Tremain	Grantham RC	1509	1:00:29	6732	Alan Kennedy	East Cheshire Harriers & Tam
1410	0:57:45	6067	William Raine	Aurora Harriers	1510	1:00:33	8614	Phil Leaver	Wesham RR & AC
1411	0:57:46	6036	Paul Lucas	Aldridge RC	1511	1:00:35	8630	James Cant	Westbury Harriers
1412	0:57:46	6856	Matthew Lythell	Guildford & Godalming AC	1512	1:00:38	6736	Martin McGann	East Cheshire Harriers & Tam
1413	0:57:47	8250	Andrew Maher	St Albans Striders	1513	1:00:40	7036	Bob Burton	Hillingdon AC
1414	0:57:48	8257	Peter Johnson	St Helens Sutton AC	1514	1:00:46	6729	Ian Howarth	East Cheshire Harriers & Tam
1415	0:57:48	7752	Peter Greenfield	Nuneaton Harriers AC	1515	1:00:47	7163	Simon Mottershead	Kenilworth Runners
1416	0:57:51	7246	Jim Stewart	Lancaster & Morecambe AC	1516	1:00:52	7679	Ken Allen	Notts AC
1417	0:57:52	7531	Leon Coppola	Massey Ferguson RC	1517	1:00:57	8217	Wayne Wilmot	Southwell Running Club
1418	0:57:54	6194	Andrew Nash	Belper Harriers	1518	1:01:01	7212	Paul Harvey	Kimberworth Striders
1419	0:57:56	8479	Mark Schofield	Tonbridge AC	1519	1:01:04	7907	Jeremy Bateman	Ripley RC
1420	0:57:58	7880	Clive Grayson	Redhill Road Runners	1520	1:01:04	7922	Kevin McGilvray	Rochdale Harriers & AC
1421	0:57:59	7937	Joe Rees	Rolls-Royce Harriers	1521	1:01:05	7742	Keith Waring	Notts AC
1422	0:58:00	7635	John Horton	Newquay & Par AC	1522	1:01:09	6839	Stephen Blakeley	Great Western Runners
1423	0:58:00	6844	Michael Willcox	Great Western Runners	1523	1:01:10	8171	Steve Rigby	South London Harriers
1424	0:58:01	8575	Mike Griffiths	Wallasey Athletic Club	1524	1:01:12	8220	Charles Fentiman	Sparkhill Harriers
1425	0:58:02	6098	Dave Allemby	Barnsley AC	1525	1:01:13	7426	James Scholes	Longwood Harriers AC
1426	0:58:04	8701	William Ward	Wolds Veteran RC	1526	1:01:13	7811	James Russell	Pitsea RC
1427	0:58:06	8716	Ian Harris	Wolverhampton & Bilston AC	1527	1:01:15	8553	Colin Rathbone	Vale Royal AC
1428	0:58:09	8464	Steve Brooks	Tonbridge AC	1528	1:01:15	8387	Daron Fincham	Telford AC
1429	0:58:10	6063	Mark Rouse	Amphill & Flitwick Flyers RC	1529	1:01:15	6910	Mike Salt	Harrogate Harriers & AC
1430	0:58:11	6257	Ian Clarkson	Blackburn Harriers & AC	1530	1:01:18	8351	Paul Beasley	Sutton in Ashfield Harriers &
1431	0:58:12	7093	Chris Unwin	Huncote Harriers AC	1531	1:01:21	8321	Brian Gravelsons	Stratford Upon Avon AC
1432	0:58:16	6032	John Gilbert	Aldridge RC	1532	1:01:22	7662	Robert Dimbleby	Northbrook Athletic Club
1433	0:58:18	8707	Rob Challoner	Wolverhampton & Bilston AC	1533	1:01:23	8115	Steve Tanner	Sheffield RC
1434	0:58:21	6397	Pete Bailey	Buxton & District AC	1534	1:01:25	7083	Peter Ramsdale	Horwich R M I Harriers
1435	0:58:26	7110	Edward Buda	Ilkeston RC	1535	1:01:27	7878	Steve Geldred	Redhill Road Runners
1436	0:58:31	6412	Gerald Meah	Cambridge & Coleridge	1536	1:01:28	8702	Steve Allsopp	Wolverhampton & Bilston AC
1437	0:58:33	6327	John Enright	Bournville Harriers	1537	1:01:29	7645	Steve Monaghan	North Derbyshire RC
1438	0:58:33	8216	Simon Willington	Southwell Running Club	1538	1:01:35	7045	John Luscombe	Hillingdon AC
1439	0:58:34	6192	Simon Hackett	Belper Harriers	1539	1:01:38	8273	Edwin Smith	Stafford Harriers
1440	0:58:36	7756	Derek Hateley	Nuneaton Harriers AC	1540	1:01:38	7661	Spencer Davies	Northbrook Athletic Club
1441	0:58:36	7402	Tim Sander	London Heathside AC	1541	1:01:39	6330	Kevin Peace	Bournville Harriers
1442	0:58:37	8126	Trevor Barnes	Silson Joggers AC	1542	1:01:42	7932	Gavin Chadwick	Rolls-Royce Harriers
1443	0:58:37	6202	Glen Butler	Bexley AC	1543	1:01:43	8762	David Havenhand	Workshop Harriers
1444	0:58:38	7952	James Gallacher	Rotherham Harriers & AC	1544	1:01:45	8545	Brian Mackey	Uttoxeter RR
1445	0:58:39	7841	Graham Park	Quakers Running Club	1545	1:01:47	6076	Bernard Hobbs	Avon Valley Runners
1446	0:58:39	6783	Stephen King	Folkestone RC	1546	1:01:50	7207	Paul Young	Kettering Town Harriers
1447	0:58:39	6172	Anthony Williamson	Beeston AC	1547	1:01:52	7313	Fred Watt	Leighton Buzzard Athletic Clu
1448	0:58:40	7462	Mike Cunningham	Manchester Harriers & AC	1548	1:01:53	6499	Robert Softley	Chesapeake RR
1449	0:58:42	7791	Dave Green	Pensby Runners	1549	1:01:57	6394	Nigel Brady	Bury Athletic Club
1450	0:58:42	8222	John Goulding	Sparkhill Harriers	1550	1:01:58	7473	Steve Symons	Manchester YMCA Harriers
1451	0:58:43	8031	Richard Townsend	Saltwell Harriers	1551	1:02:01	6446	Ian Cooper	Centurion RC
1452	0:58:43	6744	Dave Playforth	East Hull Harriers & AC	1552	1:02:19	6191	Gavin Elliott	Belper Harriers
1453	0:58:47	6395	David Flood	Bury Athletic Club	1553	1:02:25	7252	Noel Butler	Leamington Cycling & Athleti
1454	0:58:49	7710	Richard Mitson	Notts AC	1554	1:02:28	7606	Charles Larsson	Newcastle (Staffs) AC
1455	0:58:50	7317	Chris Oak	Lincoln & District Runners	1555	1:02:32	6040	Keran Wood	Aldridge RC
1456	0:58:52	7075	Chris Lee	Horsham Blue Star Harriers	1556	1:02:36	6162	Bob Thompson	Bedford & County AC
1457	0:58:56	7121	Tom Wheatley	Ilkeston RC	1557	1:02:49	8469	Frank Czarnowski	Tonbridge AC
1458	0:58:56	7698	Dominic Hessian	Notts AC	1558	1:02:59	7119	Peter Wallis	Ilkeston RC
1459	0:58:57	6580	Steven Hattersley	Clowne Road Runners	1559	1:03:00	6498	Stuart Shipley	Chesapeake RR
1460	0:58:57	6198	Malcolm Weir	Belper Harriers	1560	1:03:00	6289	Kevin Freeman	Blyth RC
1461	0:58:58	7595	Rob Orgill	Newark AC	1561	1:03:02	6134	Ian Smith	Basingstoke & Mid Hants AC
1462	0:58:59	6930	Tony Collins	Havering Mayesbrook AC	1562	1:03:07	7409	Robert Allen	Long Eaton RC
1463	0:59:00	6163	Rob AC	Beeston AC	1563	1:03:11	7233	Tony Dickinson	Knowsley Harriers AC
1464	0:59:02	6494	Gavin Leatherland	Chesapeake RR	1564	1:03:12	7046	Martin Searle	Hillingdon AC
1465	0:59:03	7789	Jon Fairhurst	Pensby Runners	1565	1:03:14	6633	Norman Hemming	Croydon Harriers
1466	0:59:03	8139	George Katrina	Sinfin Running Club	1566	1:03:14	8323	Phil Marshall	Stratford Upon Avon AC
1467	0:59:06	8728	Andy Starling	Wolverhampton & Bilston AC	1567	1:03:20	8235	Dave Kelly	Sphinx AC
1468	0:59:08	7373	Malcolm Peggs	Loftus & Whitby AC	1568	1:03:26	7415	Damien Cowlshaw	Long Eaton RC
1469	0:59:09	8698	Keith Taylor	Witham RC	1569	1:03:28	7736	Clive Trusson	Notts AC
1470	0:59:10	6677	James Rushton	Desford Striders	1570	1:03:29	8130	Allan Lock	Silson Joggers AC
1471	0:59:12	8096	Ray Powell	Shaftesbury Barnet Harriers	1571	1:03:30	7592	John Combie	Newark AC
1472	0:59:15	8579	Derek Mcardle	Wallasey Athletic Club	1572	1:03:31	6328	Paul Gorman	Bournville Harriers
1473	0:59:20	6033	Simon Hudson	Aldridge RC	1573	1:03:37	6782	Grahame Eke	Folkestone RC
1474	0:59:20	8225	Barry O'neill	Sparkhill Harriers	1574	1:03:44	6720	Phil York	Ealing Southall Middlesex AC
1475	0:59:28	8645	Raj Madhas	Wharfedale Harriers	1575	1:03:48	8697	David Andrews	Witham RC
1476	0:59:30	6896	George Nolan	Harborough AC	1576	1:03:49	8771	John Skevington	Wreake Runners
1477	0:59:32	6489	Ian Bown	Chesapeake RR	1577	1:03:52	8087	Russell Devitt	Shaftesbury Barnet Harriers
1478	0:59:36	6445	Ashley Chandler	Centurion RC	1578	1:03:55	8266	Roy Clay	Stafford Harriers
1479	0:59:36	6570	Paul Greenwood	Cleithorpes & District AC	1579	1:03:58	7814	Colin Harris	Poole AC
1480	0:59:37	8626	Dave Hough	West Cheshire AC	1580	1:04:04	6206	John Gates	Bexley AC
1481	0:59:40	7534	Graham Patton	Massey Ferguson RC	1581	1:04:10	8158	John Cunliffe	Solihull & Small Heath Athleti
1482	0:59:40	7578	Nigel Dickens	Nene Valley Harriers	1582	1:04:12	8252	Adrian Simm	St Albans Striders
1483	0:59:42	7889	Paul Stacey	Redhill Road Runners	1583	1:04:12	8146	Paul Stevenson	Sinfin Running Club
1484	0:59:45	8564	Peter Simpson	Vegan Runners UK	1584	1:04:17	7812	John Tracey	Pitsea RC
1485	0:59:46	6491	Paul Fentem	Chesapeake RR	1585	1:04:21	7790	Roy Fisher	Pensby Runners
1486	0:59:47	6900	Paddy Butler	Hardley Runners	1586	1:04:22	6506	Philip Mccullagh	Chorley AC
1487	0:59:48	6196	Rob Pearce	Belper Harriers	1587	1:04:31	6722	John Bowker	East Cheshire Harriers & Tam
1488	0:59:50	6895	Martin Hughes	Harborough AC	1588	1:04:32	7040	John Doyle	Hillingdon AC
1489	0:59:53	7180	Pete Boxshall	Kent AC	1589	1:04:36	6655	David Nicholson	Denby Dale Travellers
1490	0:59:54	6671	Paul Carnegie	Desford Striders	1590	1:04:36	7978	John Saw	Rugby & Northampton AC
1491	0:59:54	7220	Jason Buckley	Kirkstall Harriers	1591	1:04:45	7934	Lee Griffiths	Rolls-Royce Harriers
1492	0:59:55	7258	Graham Roberts	Leamington Cycling & Athleti	1592	1:04:45	6170	John O'Donnell	Beeston AC
1493	0:59:55	8122	Kevin Milwain	Shelton Striders	1593	1:04:47	8375	Rob Dymond	Team Derby
1494	0:59:59	6792	Steve Garvie	Framlingham Flyers	1594	1:05:01	7446	Greg Oulton	Lytham St Annes RR Club
1495	1:00:00	6387	Robert Sharratt	Burton AC	1595	1:05:17	7109	Richard Bower	Ilkeston RC
1496	1:00:01	7643	Steve Levertton	North Derbyshire RC	1596	1:05:29	6944	Paul Bratby	Heanor Running Club
1497	1:00:02	7106	Jason Newell	Hyde Park Harriers	1597	1:05:31	7787	Stuart Barnard	Pensby Runners
1498	1:00:04	6083	John Clarke	Barnet & District AC	1598	1:05:40	7165	Stef Shillington	Kenilworth Runners
1499	1:00:05	6444	Richard Booth	Centurion RC	1599	1:05:44	7608	Nigel Symms	Newcastle (Staffs) AC
1500	1:00:07	7223	Kieran O'Brien	Kirkstall Harriers	1600	1:05:46	6593	Steve Pullen	Congleton Harriers

2014 National XC - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1601	1:05:54	6113	Dave Howes	Barnsley Harriers					
1602	1:05:56	6756	David Shipman	Elvet Striders					
1603	1:05:57	7250	David Blower	Leamington Cycling & Athleti					
1604	1:06:03	7440	Paul Brooks	Luton Athletic Club					
1605	1:06:03	7820	Del Roberts	Portsmouth Joggers					
1606	1:06:06	7813	Peter Cornes	Poole AC					
1607	1:06:15	8232	Alan Peers	Spectrum Striders					
1608	1:06:20	6765	Simon Pitts	Erewash Valley RC					
1609	1:06:22	7546	Leighton Williams	Mid Essex Casuals					
1610	1:06:38	8223	Craig Hinks	Sparkhill Harriers					
1611	1:06:47	7838	Daniel Crane	Quakers Running Club					
1612	1:06:49	7210	Stuart Frith	Kimberworth Striders					
1613	1:07:11	7472	Ian Manners	Manchester YMCA Harriers					
1614	1:07:27	8786	Runner 8786	Spare					
1615	1:07:29	6830	Philip Hall	Grantham AC					
1616	1:07:41	7221	Burjor Langdana	Kirkstall Harriers					
1617	1:07:53	6837	Andrew Pask	Grantham RC					
1618	1:07:55	7424	Phillip Walters	Long Eaton RC					
1619	1:07:56	8489	Mike Mills	Totton RC					
1620	1:07:57	7249	Michael Aston	Leamington Cycling & Athleti					
1621	1:08:04	6427	Mark Newell	Cambridge Harriers					
1622	1:08:18	6638	Dave Warren	Croydon Harriers					
1623	1:08:24	6105	Trevor Townsend	Barnsley AC					
1624	1:08:37	7640	Steve Bennett	North Derbyshire RC					
1625	1:08:49	7852	Peter Fordham	Ranelagh Harriers					
1626	1:08:53	6715	Alan Keeler	Ealing Southall Middlesex AC					
1627	1:09:01	7909	Jay Bird	Ripley RC					
1628	1:09:22	7870	Andrew Banks	Redhill Road Runners					
1629	1:09:25	7243	George Parrington	Lancaster & Morecambe AC					
1630	1:09:25	8788	Christopher Bent	Buxton & District AC					
1631	1:09:41	8378	Martin Weir	Team Derby					
1632	1:09:44	6117	Rene Wolferink	Barnsley Harriers					
1633	1:09:52	6501	Trevor Brawn	Chiltern Harriers AC					
1634	1:10:44	6548	David Paver	City of York AC					
1635	1:11:03	6670	Francis Breen	Desford Striders					
1636	1:11:20	6573	Antony Martin	Cleethorpes & District AC					
1637	1:11:47	7049	Alan Wells	Hillingdon AC					
1638	1:11:59	8142	Tim Pope	Sinfin Running Club					
1639	1:12:20	8552	Richard Pettitt	Vale Royal AC					
1640	1:12:28	6288	John Winters	Blackpool Wyre & Fylde AC					
1641	1:12:38	8360	Jonathan Pegg	Sutton Runners					
1642	1:13:38	8486	Lindsay Davis	Totton RC					
1643	1:14:11	8654	Trevor Faulkner	Wilmslow RC					
1644	1:14:13	8487	John Hayes	Totton RC					
1645	1:14:17	7432	Alan Elders	Low Fell RC					
1646	1:16:56	6116	Paul Tordoff	Barnsley Harriers					
1647	1:17:35	6112	Justin Goodyear	Barnsley Harriers					
1648	1:17:53	6574	Jason Neilson	Cleethorpes & District AC					
1649	1:18:41	7933	Nick Chadwick	Rolls-Royce Harriers					
1650	1:20:25	7149	Colin Bricher	Kenilworth Runners					
1651	1:24:14	7364	Tony Riley	Liverpool RC					
1652	1:24:14	7369	Kenny Worrall	Liverpool RC					
1653	1:27:00	6253	Barry Murray	Birtley AC					
1654	1:29:23	6674	Steve Morris	Desford Striders					
1655	1:30:36	6965	George Routledge	Heaton Harriers & AC					
1656	1:30:59	7495	Patrick Brown	March AC					
1657	1:35:46	6648	Andrew Morgan	Dartford RR					