







## 2014 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:45:28	5007	Carmel Harrison	Rothwell Harriers	701	0:58:38	4371	Isabel Syred	Cheadle RC
602	0:45:29	4527	Sarah Rees	Gosforth Harriers	702	0:58:52	4416	Fiona Craig	Cleethorpes & District AC
603	0:45:29	4739	Fiona Towell	Leighton Buzzard Athletic Clu	703	1:00:31	4411	Susan Allen	Clayton Le Moors Harriers
604	0:45:29	4128	Abigail Wright	Aldridge RC	704	1:01:24	4828	Dawn Lock	Lytham St Annes RR Club
605	0:45:31	4691	Hannah Frith	Kimberworth Striders	705	1:01:31	5180	Grace Hough	Telford Harriers
606	0:45:32	4532	Lucy Roberts	Grantham RC	706	1:04:52	4426	Elizabeth Young	Cleveleys RC
607	0:45:33	4121	Lizi Chambers	Aldridge RC	707	1:05:43	5181	Cynthia Lewis	Telford Harriers
608	0:45:35	4123	Anne Kelsall	Aldridge RC	708	1:09:39	5156	Ruby Ooi	Stourbridge RC
609	0:45:42	4381	Tanya Richardson	Chesapeake RR					
610	0:45:43	4716	Janet Mee	Leamington Cycling & Athleti					
611	0:45:45	4405	Gemma Brierley	Clapham Chasers					
612	0:45:47	4940	Cath Lancaster	Pensby Runners					
613	0:45:50	4457	Claire Wilkinson	Denby Dale Travellers					
614	0:45:56	4741	Melanie Dickson	Lincoln & District Runners					
615	0:46:01	4214	Meg McHale	Belper Harriers					
616	0:46:01	4916	Angela Fisher	Nuneaton Harriers AC					
617	0:46:06	5060	Stephanie Vaatz *	Serpentine RC					
618	0:46:07	4747	Claire Rycroft	Lincoln & District Runners					
619	0:46:09	4939	Joanne Cook	Pensby Runners					
620	0:46:11	5270	Sharon Lamont	Wallasey Athletic Club					
621	0:46:14	4654	Angela Hames	Istead & Ifield Harriers					
622	0:46:21	5090	Cez Probert	Silson Joggers AC					
623	0:46:32	4907	Emma Kealey	Notts AC					
624	0:46:32	4155	Mary Brown	Barnet & District AC					
625	0:46:36	4922	Gowan Miller	Nuneaton Harriers AC					
626	0:46:36	4810	Geraldine Ward	Longwood Harriers AC					
627	0:46:38	4425	Julie Sherwood	Cleveleys RC					
628	0:46:46	5352	Lisa Hodgkins	Wolverhampton & Bilston AC					
629	0:46:47	4455	Sarah Everett	Denby Dale Travellers					
630	0:46:48	5297	Emma Sheldon	West Bromwich Harriers					
631	0:46:49	4507	Emma Long	Folkestone RC					
632	0:46:49	5008	Denise Ramsden	Rothwell Harriers					
633	0:46:50	4824	Pamela Binns	Lytham St Annes RR Club					
634	0:46:53	4942	Louise Waywell	Pensby Runners					
635	0:46:53	4421	Diane Pratt	Cleethorpes & District AC					
636	0:46:55	4559	Carol Sharratt	Hatton Darts					
637	0:46:59	5079	Amanda Hillary	Sheffield RC					
638	0:46:59	5073	Natalie Cosgrove	Sheffield RC					
639	0:47:02	5029	Elin Loftesnes	Sandhurst Joggers					
640	0:47:07	4742	Samantha Hunt	Lincoln & District Runners					
641	0:47:08	4645	Julie Elmes	Ilkley Harriers AC					
642	0:47:10	4668	Nicky Atherton	Kenilworth Runners					
643	0:47:17	4169	Linda Westlake	Barnsley AC					
644	0:47:31	4254	Lizi Snushall	Birmingham Running Athletic					
645	0:47:31	4569	Claire Conway	Headington RR					
646	0:47:37	4176	Gaby Wolferink-Schaap	Barnsley Harriers					
647	0:47:43	5097	Andrea Talbot	Sinfin Running Club					
648	0:47:50	4175	Olivia Thompson	Barnsley Harriers					
649	0:47:55	5167	Charlotte Hill	Team Derby					
650	0:47:57	4899	Kerry Allen	Notts AC					
651	0:48:01	4491	Rachel Brittle	Eton Manor AC					
652	0:48:04	5261	Sara Dyer	Valley Striders AC					
653	0:48:08	4818	Amanda Byworth	Low Fell RC					
654	0:48:12	4423	Deborah Cardwell	Cleveleys RC					
655	0:48:15	5122	Manisha Parmar	Sparkhill Harriers					
656	0:48:17	4735	Helen Crossland	Leighton Buzzard Athletic Clu					
657	0:48:23	4874	Amy Whitehurst	Newcastle (Staffs) AC					
658	0:48:40	5215	Alison O'Hara	Tonbridge AC					
659	0:48:53	4696	Jill Buckley	Kirkstall Harriers					
660	0:48:59	4124	Karen Kiteley	Aldridge RC					
661	0:49:04	4529	Suzanne Britz	Grantham RC					
662	0:49:08	4506	Tina Eke	Folkestone RC					
663	0:49:46	4948	Helen Boyer	Preston Harriers					
664	0:49:54	4326	Nicola Long	Burton AC					
665	0:49:55	4101	Ann Bath	26.2 Road Runners Club					
666	0:49:57	4930	Kate Russell	OWLS Leicester					
667	0:50:12	5094	Karen Pope	Sinfin Running Club					
668	0:50:14	4944	Teresa Flannigan	Pitsea RC					
669	0:50:23	5289	Tracey Treadwell	Wellingborough & District AC					
670	0:50:25	4133	Annie Page	Amphill & Flitwick Flyers RC					
671	0:50:25	4131	Rebecca Fleckney	Amphill & Flitwick Flyers RC					
672	0:50:28	4639	Rachel Davis	Ilkeston RC					
673	0:50:38	4227	Tracy Stone	Bexley AC					
674	0:50:57	5123	Helen King	Sphinx AC					
675	0:51:07	5221	Sarah Schofield	Tonbridge AC					
676	0:51:20	5124	Fiona Quinn	Sphinx AC					
677	0:51:30	4670	Pauline Dable	Kenilworth Runners					
678	0:51:37	5344	Jan Brookes	Wolverhampton & Bilston AC					
679	0:51:37	5355	Trish Morgan	Wolverhampton & Bilston AC					
680	0:51:40	5324	Gill Goodwin	Winchester & District AC					
681	0:51:44	5179	Emma Hodges	Telford Harriers					
682	0:51:57	5125	Jackie Stuart	Sphinx AC					
683	0:52:00	4365	Sue Baker	Cheadle RC					
684	0:52:04	4540	Taryn Talbot	Great Western Runners					
685	0:52:12	4515	Donna Cook	Gainsborough Morton Strider					
686	0:52:39	4419	Alison Parker	Cleethorpes & District AC					
687	0:52:51	4644	Paula Pigot	Ilkeston RC					
688	0:52:53	5296	Lauren Forbes	West Bromwich Harriers					
689	0:53:10	4222	Susan Hyde	Bexley AC					
690	0:53:59	4701	Gemma Rathbone	Kirkstall Harriers					
691	0:54:01	4412	Christine Leathley	Clayton Le Moors Harriers					
692	0:54:26	4534	Wendy Tremain	Grantham RC					
693	0:55:23	5169	Sheena Parry	Team Derby					
694	0:55:27	4702	Baldish Sandhu	Kirkstall Harriers					
695	0:55:58	5376	Victoria Taylor	Hyde Park Harriers					
696	0:56:02	4141	Lisa Black	Aurora Harriers					
697	0:56:03	4637	Dawn Bower	Ilkeston RC					
698	0:56:16	4424	Hillary Goorney	Cleveleys RC					
699	0:58:17	4224	Jan Jones	Bexley AC					
700	0:58:18	4226	Wendy Somogyi	Bexley AC					

# 2014 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
<b>Team Results:</b>									
Pos	Points	Team / Club		Placings					
1	21	Aldershot Farnham & District AC		( 2 3 5 11 )					
2	102	Charnwood AC		( 1 8 14 79 )					
3	127	Rotherham Harriers & AC		( 23 29 31 44 )					
4	162	Belgrave Harriers		( 7 41 47 67 )					
5	217	Bristol & West AC		( 16 27 32 142 )					
6	290	Vale Royal AC		( 4 58 108 120 )					
7	296	Holmfirth Harriers AC		( 9 40 53 194 )					
8	297	Serpentine RC		( 48 50 94 105 )					
9	383	Westbury Harriers		( 55 68 106 154 )					
10	393	Winchester & District AC		( 46 90 118 139 )					
11	418	Southampton Athletic Club		( 25 69 157 167 )					
12	423	Hallamshire Harriers Sheffield		( 30 39 135 219 )					
13	431	Notts AC		( 85 97 122 127 )					
14	450	Nuneaton Harriers AC		( 28 78 116 228 )					
15	488	Tipton Harriers		( 45 119 138 186 )					
16	511	London Heathside AC		( 51 136 151 173 )					
17	522	Cambridge & Coleridge		( 99 107 114 202 )					
18	600	Highgate Harriers		( 64 86 164 286 )					
19	609	Wolverhampton & Bilston AC		( 59 66 201 283 )					
20	683	Telford AC		( 18 63 137 465 )					
21	690	Trentham RC		( 77 82 124 407 )					
22	696	Bournville Harriers		( 20 203 232 241 )					
23	729	Sale Harriers Manchester		( 149 180 196 204 )					
24	730	St Albans Striders		( 102 117 140 371 )					
25	741	Tonbridge AC		( 65 188 221 267 )					
26	752	Kenilworth Runners		( 96 197 222 237 )					
27	763	Morpeth H & AC		( 13 42 329 379 )					
28	809	Birmingham Running Athletics &		( 133 147 226 303 )					
29	823	Sheffield RC		( 126 199 238 260 )					
30	903	Kent AC		( 143 229 265 266 )					
31	987	North Derbyshire RC		( 152 162 274 399 )					
32	1005	Liverpool RC		( 72 234 250 449 )					
33	1012	Avon Valley Runners		( 217 247 272 276 )					
34	1038	Totley AC		( 198 200 292 348 )					
35	1116	Wellingborough & District AC		( 148 277 289 402 )					
36	1133	York Knavesmire Harriers		( 183 227 269 454 )					
37	1179	Kimberworth Striders		( 171 195 382 431 )					
38	1190	Clapham Chasers		( 153 163 263 611 )					
39	1208	Ranelagh Harriers		( 145 301 327 435 )					
40	1228	Norwich Road Runners		( 212 242 368 406 )					
41	1264	Loftus & Whitby AC		( 104 279 409 472 )					
42	1306	Stafford Harriers		( 288 295 338 385 )					
43	1390	Eton Manor AC		( 61 284 497 548 )					
44	1397	Headington RR		( 178 252 322 645 )					
45	1410	Birchfield Harriers		( 43 350 466 551 )					
46	1470	Wilmslow RC		( 211 244 484 531 )					
47	1487	Elvet Striders		( 251 320 433 483 )					
48	1516	Harborough AC		( 113 324 494 585 )					
49	1531	Huncote Harriers AC		( 214 393 443 481 )					
50	1555	Ripley RC		( 240 417 446 452 )					
51	1569	Lincoln & District Runners		( 328 342 373 526 )					
52	1586	Barnsley AC		( 176 317 450 643 )					
53	1619	Corby AC		( 132 488 496 503 )					
54	1637	Redhill Road Runners		( 258 392 424 563 )					
55	1638	Huntingdonshire AC		( 319 401 427 491 )					
56	1649	Barnet & District AC		( 308 387 413 541 )					
57	1655	Leamington Cycling & Athletic Cl		( 179 293 573 610 )					
58	1668	Congleton Harriers		( 354 398 453 463 )					
59	1675	Rochdale Harriers & AC		( 313 356 498 508 )					
60	1732	Louth AC		( 305 432 462 533 )					
61	1737	Long Eaton RC		( 376 438 441 482 )					
62	1744	Beeston AC		( 125 537 538 544 )					
63	1807	Grantham RC		( 220 425 556 606 )					
64	1881	Cheadle RC		( 141 515 542 683 )					
65	1884	Kirkstall Harriers		( 314 426 547 597 )					
66	1885	Great Western Runners		( 257 352 592 684 )					
67	1948	Silson Joggers AC		( 347 400 579 622 )					
68	1961	Folkestone RC		( 335 479 558 589 )					
69	2053	Low Fell RC		( 362 477 561 653 )					
70	2077	Bexley AC		( 377 428 599 673 )					
71	2082	Pensby Runners		( 281 570 612 619 )					
72	2083	Denby Dale Travellers		( 346 495 613 629 )					
73	2162	Istead & Ifield Harriers		( 511 512 518 621 )					
74	2173	Amphill & Flitwick Flyers RC		( 287 545 670 671 )					
75	2182	Desford Striders		( 486 535 568 593 )					
76	2223	Sphinx AC		( 191 674 676 682 )					
77	2252	Sinfin Running Club		( 361 577 647 667 )					
78	2259	Aldridge RC		( 440 604 607 608 )					
79	2279	Ilkeston RC		( 403 517 672 687 )					
80	2301	Cleethorpes & District AC		( 529 559 578 635 )					
81	2326	Telford Harriers		( 233 681 705 707 )					
82	2394	Barnsley Harriers		( 516 584 646 648 )					
83	2685	Cleveleys RC		( 627 654 698 706 )					