

Time	Team	Leg1	Name	Leg2	Name
0:18:55.30	Hallamshire Harriers Sheffield	0:09:19.15 (16)	E Crownshaw	0:09:36.15 (9)	C Slack
0:20:14.45	Charnwood A C	0:09:40.35 (23)	H Cox	0:10:34.10 (20)	M Getachew
0:21:23.25	Shaftesbury Barnet Harriers	0:10:29.70 (30)	R Hurley	0:10:53.55 (25)	P Dart
0:23:45.70	Tipton Harriers	0:10:20.40 (29)	D Sedgley	0:13:25.30 (28)	S Reynolds
0:07:56.15	Warrington A C	0:07:56.15 (1)	H Knowles-Jones		
0:08:20.40	Blackheath And Bromley Harriers A	0:08:20.40 (3)	Runner A228		
0:08:35.55	Leeds City AC	0:08:35.55 (6)	G Malir		
0:08:47.85	Highgate Harriers	0:08:47.85 (8)	G Fear		
0:09:21.85	Derby AC	0:09:21.85 (17)	D Booth		

## Fastest Leg

Pos	Time	Bib	Name	Team
1	0:07:56.15	A262	H Knowles-Jones	Warrington A C
2	0:08:19.35	A221	A Griffiths	Aldershot Farnham & District 'A'
3	0:08:20.40	A228	Runner A228	Blackheath And Bromley Harriers AC 'A'
4	0:08:31.05	A234	L Holt	City Of Stoke AC
5	0:08:34.15	A256	E Downs	Stockport Harriers & AC
6	0:08:35.55	A239	G Malir	Leeds City AC
7	0:08:38.65	C221	G Baker	Aldershot Farnham & District 'A'
8	0:08:39.05	B230	C Wilson	Cambridge & Coleridge AC 'A'
9	0:08:45.95	A263	C Murphy	West Suffolk AC
10	0:08:47.85	A238	G Fear	Highgate Harriers