

2016 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:30:35	4317	Lillian Partridge	ALDERSHOT FARNHAM & DIS	101	0:35:28	5506	Alex Binley	WOLVERHAMPTON & BILSTO
2	0:30:45	4886	Claire Duck	LEEDS CITY ATHLETIC CLUB	102	0:35:29	5281	Lucy Waterlow	ST ALBANS STRIDERS
3	0:30:54	4568	Katie Holt	CITY OF STOKE AC	103	0:35:31	4481	Chloe Beckett	BRAINTREE & DISTRICT AC
4	0:31:00	4529	Juliet Potter	CHARNWOOD A C	104	0:35:32	4425	Katie Allen	BIRCHFIELD HARRIERS
5	0:31:09	4720	Hatti Archer	HALLAMSHIRE HARRIERS SHE	105	0:35:33	5371	Amie Fithern	TIPTON HARRIERS
6	0:31:12	4382	Rebecca Murray	BEDFORD & COUNTY AC	106	0:35:34	4647	Clare Elms	DULWICH RUNNERS AC
7	0:31:13	4836	Rebecca Robinson	KENDAL AMATEUR ATHLETIC	107	0:35:36	5220	Mary James	SOUTH LONDON HARRIERS
8	0:31:16	4307	Georgie Bruinvels	ALDERSHOT FARNHAM & DIS	108	0:35:37	5030	Katherine Hodgson	NUNEATON HARRIERS
9	0:31:22	4790	Svenja Abel	HIGHGATE HARRIERS	109	0:35:38	5353	Victoria Carter	THAMES VALLEY HARRIERS
10	0:31:27	4838	Sarah Tunstall	KENDAL AMATEUR ATHLETIC	110	0:35:40	5045	Sarah Shepheard	PADDOCK WOOD AC
11	0:31:28	4536	Jessica Judd	CHELMSFORD AC	111	0:35:43	4717	Emily Monk	HALESOWEN ACC
12	0:31:28	4320	Louise Small	ALDERSHOT FARNHAM & DIS	112	0:35:43	5417	Kate Moulds	VALE ROYAL AC
13	0:31:31	5419	Amelia Pettitt	VALE ROYAL AC	113	0:35:45	4701	Harriett Buswell	GOSFORTH HARRIERS & AC
14	0:31:37	5221	Steph McCall	SOUTH LONDON HARRIERS	114	0:35:45	4858	Cath Stibbs	KENT AC
15	0:31:53	4380	Rachel Humphreys	BEDFORD & COUNTY AC	115	0:35:46	5235	Bryher Bowness	SOUTHAMPTON ATHLETIC CL
16	0:32:02	5007	Eleanor Davis	NEWQUAY ROAD RUNNERS	116	0:35:46	4534	Gemma Barry	CHELMSFORD AC
17	0:32:04	4783	Stacey Ward	HERNE HILL HARRIERS	117	0:35:50	5466	Katie Hughes	WESTBURY HARRIERS
18	0:32:05	4426	Tamara Armoush	BIRCHFIELD HARRIERS	118	0:35:51	4665	Alex Gounelas	ETON MANOR AC
19	0:32:06	4516	Victoria Knight	CAMBRIDGE & COLERIDGE A	119	0:35:55	4457	Amber Reed	BLACKHEATH AND BROMLEY
20	0:32:14	5433	Julie Briscoe	WAKEFIELD DISTRICT H & AC	120	0:35:58	4687	Helen Brown	FOREST OF DEAN AC
21	0:32:21	4787	Elizabeth Janes	HERTS PHOENIX AC	121	0:36:00	4918	Sue Rust	LONDON HEATHSIDE RUNNE
22	0:32:23	4984	Emma Holt	MORPETH HARRIERS & AC	122	0:36:00	5453	Kelly Barnett	WELLINGBOROUGH & DISTRI
23	0:32:25	4954	Rosie Keane	LUTON AC	123	0:36:01	5130	Megan McBrien	ROYAL SUTTON COLDFIELD A
24	0:32:30	5029	Eleanor Fowler	NUNEATON HARRIERS	124	0:36:04	5069	Dawn Richardson	QUAKERS RUNNING CLUB
25	0:32:36	4719	Elizabeth Adams	HALLAMSHIRE HARRIERS SHE	125	0:36:04	4884	Leila Armoush	LEEDS CITY ATHLETIC CLUB
26	0:32:37	4306	Katherine Bingle	ALDERSHOT FARNHAM & DIS	126	0:36:06	4485	Francesca Eddy	BRISTOL AND WEST AC (EST.
27	0:32:42	5083	Anna Boniface	READING AC	127	0:36:07	4857	Teresa Murphy	KENT AC
28	0:32:44	5529	Anne Holyland	WREAKE RUNNERS	128	0:36:08	4913	Celine Murray	LONDON HEATHSIDE RUNNE
29	0:32:45	5238	Ellie Monks	SOUTHAMPTON ATHLETIC CL	129	0:36:08	5134	Hayley Ashby	SALE HARRIERS MANCHESTEI
30	0:32:50	4852	Amy Clements	KENT AC	130	0:36:09	5179	Lucy Short	SHAFTESBURY BARNET HARR
31	0:32:56	5236	Laura Brenton	SOUTHAMPTON ATHLETIC CL	131	0:36:11	5124	Alina Stepanchuk	ROTHERHAM HARRIERS AND
32	0:32:57	4987	Cat Foleywray	NENE VALLEY HARRIERS	132	0:36:16	4915	Anna O'Hare	LONDON HEATHSIDE RUNNE
33	0:32:58	4567	Lucy Hayes	CITY OF STOKE AC	133	0:36:17	4539	Rebecca Luxton	CHELMSFORD AC
34	0:32:59	5041	Bethanie Murray	OXFORD UNIVERSITY AC	134	0:36:21	5538	Kirsty Vogan	YORK KNAVESMIRE HARRIER
35	0:33:02	5418	Sarah Murphy	VALE ROYAL AC	135	0:36:21	4903	Elizabeth Egan	LIVERPOOL HARRIERS & AC
36	0:33:03	4811	Katie Walshaw	HOLMFIRTH HARRIERS AC	136	0:36:22	5372	Sophie Lynch	TIPTON HARRIERS
37	0:33:05	4429	Danielle Hodgkinson	BIRCHFIELD HARRIERS	137	0:36:22	4791	Emma Burgess	HIGHGATE HARRIERS
38	0:33:06	5215	Jess Chen	SOUTH LONDON HARRIERS	138	0:36:22	5137	Luisa Candioli	SALE HARRIERS MANCHESTEI
39	0:33:11	5470	Caroline Lambert	WETHERBY RUNNERS AC	139	0:36:23	5152	Katie White	SALE HARRIERS MANCHESTEI
40	0:33:15	5122	Samantha Johnson	ROTHERHAM HARRIERS AND	140	0:36:25	4343	Jacqueline Rockliffe	AVON VALLEY RUNNERS
41	0:33:16	4555	Charlotte Ward	CITY OF HULL AC	141	0:36:27	4365	Emma Neil	BARROW RUNNERS
42	0:33:19	5382	Nicole Taylor	TONBRIDGE AC	142	0:36:28	4994	Rebecca Taylor	NEWARK AC
43	0:33:24	4661	Isabel Brinsden	EPSOM & EWELL HARRIERS	143	0:36:29	5084	Jordan Folk	READING AC
44	0:33:29	4765	Claire Grima	HERCULES WIMBLEDON AC	144	0:36:31	4623	Tracey Greenway	DERBY ATHLETIC CLUB
45	0:33:33	4721	Hannah Fletcher	HALLAMSHIRE HARRIERS SHE	145	0:36:32	4807	Helena Croft	HOLMFIRTH HARRIERS AC
46	0:33:36	5339	Claire Martin	TELFORD AC	146	0:36:33	5087	Sarah Wilkins	READING AC
47	0:33:39	4376	Alice Burgin	BEDFORD & COUNTY AC	147	0:36:35	5471	Sophie Martin	WHARFEDALE HARRIERS
48	0:33:45	4598	Rebecca Hall	CORBY AC	148	0:36:36	4460	Rhiannon Silson	BORDER HARRIERS & AC
49	0:33:45	5171	Katie Williams	SERPENTINE RC	149	0:36:38	4503	Clare Pusey	BURNHAM JOGGERS
50	0:33:46	4479	Philippa Bowden	BRACKNELL AC	150	0:36:42	5414	Sarah Griffiths	VALE ROYAL AC
51	0:33:46	5383	Laura Allen	TOTLEY AC	151	0:36:43	5488	Karen Rushton	WINCHESTER & DISTRICT AC
52	0:33:47	5361	Emily Shearer	THAMES VALLEY HARRIERS	152	0:36:44	5517	Audrey Wilson	WOLVERHAMPTON & BILSTO
53	0:33:48	4487	Annabel Granger	BRISTOL AND WEST AC (EST.	153	0:36:45	4799	Hannah Wells	HILLINGDON AC
54	0:33:50	5508	Tessa Clarke	WOLVERHAMPTON & BILSTO	154	0:36:47	5073	Julia Bailey	RANELAGH HARRIERS
55	0:33:51	4515	Katy Hedgethorne	CAMBRIDGE & COLERIDGE A	155	0:36:48	5265	Jenni Muston	SPENBOROUGH & DIST AC
56	0:33:52	4389	Samantha Amend	BELGRAVE HARRIERS	156	0:36:48	4448	Lisa Short	BIRTLEY AC
57	0:33:52	4975	Karen Shimmin	MANX HARRIERS	157	0:36:49	4363	Natasha Cuthbert	BARROW RUNNERS
58	0:33:57	5024	Lori Marshall	NOTTS AC	158	0:36:50	5143	Emma Finney	SALE HARRIERS MANCHESTEI
59	0:34:00	4990	Grace Mullins	NENE VALLEY HARRIERS	159	0:36:53	4730	Emma Robinson	HARROGATE HARRIERS & AC
60	0:34:01	5523	Suzanne Turvey	WOODFORD GREEN AC WITH	160	0:36:56	4480	Rebecca Turton	BRACKNELL AC
61	0:34:03	5181	Victoria Walker	SHAFTESBURY BARNET HARR	161	0:36:57	4977	Gemma Childs	MARSHALL MILTON KEYNES /
62	0:34:06	5402	Mandy Vernon	TRENTHAM RC	162	0:36:58	5189	Sarah Lowery	SHEFFIELD RC
63	0:34:08	4309	Laura Gent	ALDERSHOT FARNHAM & DIS	163	0:36:59	4427	Sarah Conway	BIRCHFIELD HARRIERS
64	0:34:09	5165	Sarah Pemberton	SERPENTINE RC	164	0:37:00	5234	Nicci Blandford	SOUTHAMPTON ATHLETIC CL
65	0:34:11	4724	Zanthe Wray	HALLAMSHIRE HARRIERS SHE	165	0:37:04	5410	Bethany Runciman	UNIVERSITY OF SHEFFIELD UT
66	0:34:13	5085	Naomi Forshaw	READING AC	166	0:37:05	4803	Christine Heaton	HOLME PIERREPOINT RC
67	0:34:14	4489	Ellen Harrison	BRISTOL AND WEST AC (EST.	167	0:37:07	5129	Katie Ingle	ROYAL SUTTON COLDFIELD A
68	0:34:16	5338	Sarah MacKness	TELFORD AC	168	0:37:11	5341	Lucie Tait-Harris	TELFORD AC
69	0:34:17	5132	Mel Woodward	ROYAL SUTTON COLDFIELD A	169	0:37:13	5151	Katherine Wellam	SALE HARRIERS MANCHESTEI
70	0:34:17	5355	Sarah Johnson	THAMES VALLEY HARRIERS	170	0:37:13	4974	Caroline Mayers	MANX HARRIERS
71	0:34:18	4526	Elsie Butler	CHARNWOOD A C	171	0:37:14	5239	Tracy English	SOUTHEND ON SEA AC
72	0:34:20	5120	Natasha Hatswell	ROTHERHAM HARRIERS AND	172	0:37:17	4314	Sofie Kent	ALDERSHOT FARNHAM & DIS
73	0:34:22	5176	Rebekah Gardiner	SHAFTESBURY BARNET HARR	173	0:37:20	4764	Gina Galbraith	HERCULES WIMBLEDON AC
74	0:34:23	5117	Jessica Fawcett	ROTHERHAM HARRIERS AND	174	0:37:23	5207	Sara Willhoit	SHREWSBURY AC
75	0:34:29	4806	Helen Berry	HOLMFIRTH HARRIERS AC	175	0:37:28	5164	Helen Palmer	SERPENTINE RC
76	0:34:29	4749	Lisa Palmer	HEANOR RUNNING CLUB	176	0:37:28	4988	Ruth Jones	NENE VALLEY HARRIERS
77	0:34:29	4517	Claire Somerton	CAMBRIDGE & COLERIDGE A	177	0:37:30	5133	Helen Armitage	SALE HARRIERS MANCHESTEI
78	0:34:32	4917	Rebecca Piggott	LONDON HEATHSIDE RUNNEI	178	0:37:32	4347	Rosalind Kelling	BANBURY HARRIERS AC
79	0:34:36	5422	Kate Spilsbury	VALE ROYAL AC	179	0:37:32	4538	Wendy King	CHELMSFORD AC
80	0:34:40	5064	Nichola Jackson	PRESTON HARRIERS	180	0:37:34	5148	Jane Thomas	SALE HARRIERS MANCHESTEI
81	0:34:44	4311	Lauren Hall	ALDERSHOT FARNHAM & DIS	181	0:37:35	5536	Andrea Lancaster	YORK KNAVESMIRE HARRIER
82	0:34:51	5127	Nicola Roder	ROYAL NAVY ATHLETICS CLUI	182	0:37:38	4849	Lydia Blackmore	KENT AC
83	0:34:52	5075	Megan De Silva	RANELAGH HARRIERS	183	0:37:39	4912	Cathy Jeremiah	LONDON HEATHSIDE RUNNEI
84	0:34:54	5162	Sam Ludlow Taylor	SERPENTINE RC	184	0:37:41	4989	Nicky Morgan	NENE VALLEY HARRIERS
85	0:34:56	4698	Mary Ferrier	GATESHEAD HARRIERS & AC	185	0:37:43	5460	Christine Anthony	WEST SUFFOLK AC
86	0:34:59	5089	Alice Leake	READING ROADRUNNERS	186	0:37:44	4492	Imogen Peck	BRISTOL AND WEST AC (EST.
87	0:35:02	4355	Joanne Kent	BARNET & DISTRICT AC	187	0:37:46	5486	Samantha Parkinson	WINCHESTER & DISTRICT AC
88	0:35:03	4693	Rose Penfold	FULHAM RUNNING CLUB	188	0:37:48	4834	Hazelle Webster-Costella	JARROW & HEBBURN AC
89	0:35:05	5115	Stephanie Burns	ROTHERHAM HARRIERS AND	189	0:37:48	5312	Tamara Jordan	STOWMARKET STRIDERS RC
90	0:35:08	5393	Vicki Cronin	TRAFFORD ATHLETIC CLUB	190	0:37:49	5520	Rachel Lund	WOODFORD GREEN AC WITH
91	0:35:10	4527	Katie Lomas	CHARNWOOD A C	191	0:37:50	5223	Jo Vickers	SOUTH LONDON HARRIERS
92	0:35:12	4955	Claire McMahon-Adie	LUTON AC	192	0:37:51	5366	Lucy Tyler	THETFORD AC
93	0:35:15	4537	Sally Judd	CHELMSFORD AC	193	0:37:52	5247	Jane Bartholomew	SPARKHILL HARRIERS
94	0:35:18	5043	Maria Heslop	PADDOCK WOOD AC	194	0:37:54	5071	Lois McCartan	RACING TONT
95	0:35:18	5316	Rebecca Lord	STUBBINGTON GREEN RUNN	195	0:37:57	4820	Siobhan Skinner	HUNTINGDONSHIRE AC
96	0:35:21	5284	Gemma Connolly	ST HELENS SUTTON AC	196	0:37:59	5462	Maureen McCarthy	WEST SUFFOLK AC
97	0:35:23	5424	Kate Titlow	VALE ROYAL AC	197	0:38:00	4618	Rebecca Wilby	DARTFORD HARRIERS AC
98	0:35:24	5168	Natasha Sheel	SERPENTINE RC	198	0:38:08	5494	Molly Riglin	WINDSOR SLOUGH ETON & F
99	0:35:26	5158	Victoria Crawford	SERPENTINE RC	199	0:38:08	5326	Nicola Woodward	SUNDERLAND HARRIERS & A
100	0:35:27	4973	Gail Griffiths	MANX HARRIERS	200	0:38:09	4810	Margaret Sykes	HOLMFIRTH HARRIERS AC

2016 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:38:11	5527	Sarah Worley	WORKSOP HARRIERS	301	0:40:34	4802	Ann Gould	HOLME PIERREPONT RC
202	0:38:12	5446	Jess Gray	WATFORD JOGGERS	302	0:40:35	4554	Corinna Turner	CITY OF HULL AC
203	0:38:13	4612	Sue Phillips	DARLINGTON H & AC	303	0:40:38	5379	Lucy Pitcairn-Knowles	TONBRIDGE AC
204	0:38:22	4604	Joanne Raine	CROOK & DIST SPORTS AC	304	0:40:39	5505	Helen Robinson	WOLDS VETERAN RC
205	0:38:26	5387	Hazel Tant	TOTLEY AC	305	0:40:39	4390	Megan Bailey	BELGRAVE HARRIERS
206	0:38:27	4976	Natasha Baker	MARSHALL MILTON KEYNES J	306	0:40:41	4630	Hannah Wibberley	DERWENT RUNNERS (DERBY)
207	0:38:28	4909	Ula Cartwright-Finc	LONDON HEATHSIDE RUNNEI	307	0:40:42	5145	Clare McCarron	SALE HARRIERS MANCHESTEI
208	0:38:29	4566	Calvi Thompson	CITY OF SHEFFIELD AND DEAI	308	0:40:43	4463	Monica Baptista	BOURNVILLE HARRIERS
209	0:38:30	4744	Amy Johnson	HEADINGTON RR	309	0:40:44	4552	Rosalyn Webster	CHORLTON RUNNERS
210	0:38:31	4364	Becky Hewitt	BARROW RUNNERS	310	0:40:45	5161	Sarah Knox	SERPENTINE RC
211	0:38:32	4572	Helena Leathley	CLAYTON LE MOORS HARRIEI	311	0:40:46	5483	Sarah Lawson	WINCHESTER & DISTRICT AC
212	0:38:32	4308	Lucy Butt	ALDERSHOT FARNHAM & DIS	312	0:40:47	5219	Linda Ingram	SOUTH LONDON HARRIERS
213	0:38:33	4396	Christina Pennock	BELGRAVE HARRIERS	313	0:40:47	4922	Jessica Vinluan	LONDON HEATHSIDE RUNNEI
214	0:38:33	4518	Harriet Woolley	CAMBRIDGE & COLERIDGE A	314	0:40:49	4313	Ruth Jones	ALDERSHOT FARNHAM & DIS
215	0:38:33	4896	Stephanie Simpson	LEIGH ON SEA STRIDERS	315	0:40:51	4655	Janine Ridgard	EAST CHESHIRE HARRIERS & T
216	0:38:35	5467	Jayne Pemble	WESTBURY HARRIERS	316	0:40:54	4622	Joanne Worboys-Hodgson	DENBY DALE TRAVELLERS
217	0:38:36	4435	Christine Bertram	BIRMINGHAM RUNNING ATH-	317	0:40:56	5070	Louise Trainor	QUAKERS RUNNING CLUB
218	0:38:37	5074	Ellen Clague	RANELAGH HARRIERS	318	0:40:57	5367	Louise White	THETFORD AC
219	0:38:38	5356	Siana Jones	THAMES VALLEY HARRIERS	319	0:40:58	4996	Catherine Tuttle	NEWBURY AC
220	0:38:41	4851	Victoria Buck	KENT AC	320	0:40:58	4558	Tessa Killingbeck	CITY OF NORWICH AC
221	0:38:42	4767	Lisa Thomas	HERCULES WIMBLETON AC	321	0:40:59	4948	Kerry Stainton	LOUTH AC
222	0:38:42	5169	Grace Sim	SERPENTINE RC	322	0:40:59	5480	Alison Fenwick	WINCHESTER & DISTRICT AC
223	0:38:43	4361	Kerry Storrar	BARNSELY ATHLETIC CLUB	323	0:40:59	5413	Carolyn Dooley	VALE ROYAL AC
224	0:38:45	5498	Anne Rosbottom	WIRRAL AC	324	0:41:05	4405	Helen Morley	BELPER HARRIERS
225	0:38:49	5100	Jacqueline Keavney	RICHMOND & ZETLAND HARF	325	0:41:08	4718	Sally Spencer	HALESOWEN ACC
226	0:38:52	4439	Claire Capper	BIRMINGHAM RUNNING ATH-	326	0:41:11	5160	Daisy Gladstone	SERPENTINE RC
227	0:38:53	4742	Maria Frykfors	HEADINGTON RR	327	0:41:11	4699	Maggie Loraine	GATESHEAD HARRIERS & AC
228	0:38:54	4491	Alexa Parker	BRISTOL AND WEST AC (EST.	328	0:41:13	4335	Candy Hawkins	ASHFORD AC
229	0:38:56	5026	Hannah Robinson	NOTTS AC	329	0:41:13	5321	Colleen Compton	SUNDERLAND HARRIERS & A
230	0:38:57	5156	Ahlem Ben Gueblia	SERPENTINE RC	330	0:41:15	5323	Emma North	SUNDERLAND HARRIERS & A
231	0:39:00	5080	Marie Synnott-Wells	RANELAGH HARRIERS	331	0:41:16	4939	Lindsay Smith	LONG EATON RUNNING CLUI
232	0:39:03	4446	Lorna Graham	BIRTLEY AC	332	0:41:17	5186	Heather Fisher	SHIFFIELD RC
233	0:39:04	4341	Claire Howard	AVON VALLEY RUNNERS	333	0:41:18	4762	Monika Crouse	HERCULES WIMBLETON AC
234	0:39:07	5532	Gintare Gaigaliene	WYE VALLEY RUNNERS	334	0:41:18	5522	Jenny Thomas	WOODFORD GREEN AC WITH-
235	0:39:13	5173	Margaret Cooper	SHAFTESBURY BARNET HARR	335	0:41:19	4432	Elizabeth Watters	BIRCHFIELD HARRIERS
236	0:39:15	5337	Jessica Harvey	TELFORD AC	336	0:41:21	5404	Charlotte Carpenter	TYNE BRIDGE HARRIERS
237	0:39:15	4454	Jane Bradshaw	BLACKHEATH AND BROMLEY	337	0:41:22	5465	Maria Hobbs	WESTBURY HARRIERS
238	0:39:17	4384	Kirsty Thompson	BEDFORD & COUNTY AC	338	0:41:23	5140	Jacqueline Cordingley	SALE HARRIERS MANCHESTEI
239	0:39:20	5018	Sarah Costin	NOTTS AC	339	0:41:23	4388	Helen Spencer	BEESTON AC
240	0:39:20	4606	Elizabeth Wood	CROOK & DIST SPORTS AC	340	0:41:24	4649	Kirsty Walker	DURHAM CITY HARRIERS & A
241	0:39:22	4761	Francesca Clarke	HERCULES WIMBLETON AC	341	0:41:25	5305	Amy Gamble	STONE MASTER MARATHONI
242	0:39:23	4859	Kate Williams	KENT AC	342	0:41:25	5163	Nicola McGlennon	SERPENTINE RC
243	0:39:24	5370	Susannah Davies	TIPTON HARRIERS	343	0:41:26	5135	Amy Ashton	SALE HARRIERS MANCHESTEI
244	0:39:26	4549	Sarah Renshaw	CHORLTON RUNNERS	344	0:41:27	4550	Emma Tollefson	CHORLTON RUNNERS
245	0:39:26	4733	Riz Maslen	HASTINGS AC	345	0:41:29	5458	Nicola Ross	WEST BROMWICH HARRIERS
246	0:39:29	5535	Cassie Holmes	YORK KNAVESMIRE HARRIER	346	0:41:32	5232	Claire O'Callaghan	SOUTH SHIELDS HARRIERS &
247	0:39:29	4951	Cheryl Parkin	LOW FELL RC	347	0:41:32	5035	Tara Ashton	OWLS AC LEICESTER
248	0:39:30	4591	Joanne Moss	CONGLETON HARRIERS	348	0:41:33	4690	Amy Capper	FULHAM RUNNING CLUB
249	0:39:31	5469	Kelly Winstone	WESTBURY HARRIERS	349	0:41:34	5531	Nicola Emerson	WYE VALLEY RUNNERS
250	0:39:32	4332	Beverley Ganose	ALTRINCHAM & DISTRICT AC	350	0:41:35	4916	Noelle O'Regan	LONDON HEATHSIDE RUNNEI
251	0:39:32	5242	Sarah Jeffery	SOUTHEND ON SEA AC	351	0:41:36	4326	Emma Figures	ALDRIDGE RC
252	0:39:33	4563	Jenny Doyle	CITY OF SHEFFIELD AND DEAI	352	0:41:36	4708	Kelly Dicks	GREAT WESTERN RUNNERS
253	0:39:34	4334	Anne-marie Jones	ALTRINCHAM & DISTRICT AC	353	0:41:38	4514	Helen Grant	CAMBRIDGE & COLERIDGE A
254	0:39:35	4778	Kate Crawford	HERNE HILL HARRIERS	354	0:41:39	4670	Zoe Woodward	ETON MANOR AC
255	0:39:36	4824	Nicola Roper	ILKESTON RUNNING CLUB	355	0:41:42	4963	Paula Nimmo	MACCLESFIELD HARRIERS & J
256	0:39:37	5227	Rachel Breheny	SOUTH SHIELDS HARRIERS &	356	0:41:45	4333	Carole Harrison	ALTRINCHAM & DISTRICT AC
257	0:39:38	4882	Angela Chahal	LEAMINGTON CYCLING AND	357	0:41:45	4905	Hannah Traynor	LIVERPOOL HARRIERS & AC
258	0:39:39	4349	Nina Atherton	BARNET & DISTRICT AC	358	0:41:47	5118	Sasha Ann Gallagher	ROTHERHAM HARRIERS AND
259	0:39:40	5079	Rebecca Northmore	RANELAGH HARRIERS	359	0:41:48	5452	Gail Winter	WATFORD JOGGERS
260	0:39:41	4315	Beatrix Lafreniere	ALDERSHOT FARNHAM & DIS	360	0:41:50	4741	Madeleine Ding	HEADINGTON RR
261	0:39:43	5369	Penelope Barber	TIPTON HARRIERS	361	0:41:51	5218	Pamela Iannella	SOUTH LONDON HARRIERS
262	0:39:43	4593	Charmaine Wood	CONGLETON HARRIERS	362	0:41:53	5110	Anna Blomfield	ROCHDALE HARRIERS & AC
263	0:39:44	4394	Lizzie Goldie-Scot	BELGRAVE HARRIERS	363	0:41:56	4792	Natasha Cendrowicz	HIGHGATE HARRIERS
264	0:39:45	4902	Rebecca Donohue	LIVERPOOL HARRIERS & AC	364	0:41:57	5222	Natasha McKenna	SOUTH LONDON HARRIERS
265	0:39:47	5050	Lucy Partridge	PENSBY RUNNERS	365	0:41:57	5229	Melanie Cooke-Dunlop	SOUTH SHIELDS HARRIERS &
266	0:39:47	5270	Kathryn Stuart	SPHINX AC	366	0:42:01	4603	Jayne Henderson	CROOK & DIST SPORTS AC
267	0:39:48	5195	Rebekah Walker	SHEFFIELD RC	367	0:42:03	4906	Julie Mastrodonardo	LOFTUS & WHITBY AC
268	0:39:50	4956	Joanna Winfield	LUTON AC	368	0:42:03	4658	Kerry Davies	EDEN RUNNERS
269	0:39:52	4530	Louise Richmond	CHARNWOOD A C	369	0:42:03	5482	Jo Jefferies	WINCHESTER & DISTRICT AC
270	0:39:53	4522	Lucy Cundliffe	CAMBRIDGE TRIATHLON CLU	370	0:42:03	4822	Cathy Ayton	ILKESTON RUNNING CLUB
271	0:39:54	4952	Tara Robb	LOW FELL RC	371	0:42:04	4467	Charolotte Hall	BOURNVILLE HARRIERS
272	0:39:56	5248	Vicki Bone	SPARKHILL HARRIERS	372	0:42:04	5509	Rachel Gibson	WOLVERHAMPTON & BILSTO
273	0:39:56	5533	Kylie Mansfield	WYE VALLEY RUNNERS	373	0:42:05	4878	Helen Sharman	KNOWSLEY HARRIERS
274	0:39:57	4464	Laura Gale	BOURNVILLE HARRIERS	374	0:42:06	5226	Amy Bound	SOUTH SHIELDS HARRIERS &
275	0:39:59	4942	Claire Pickersgill	LONGWOOD HARRIERS AC	375	0:42:06	4715	Kerri James	HALESOWEN ACC
276	0:40:01	4632	Nicola Davies	DESFORD STRIDERS	376	0:42:06	5091	Sophie King	REDHILL ROAD RUNNERS
277	0:40:02	5340	Alison Preece	TELFORD AC	377	0:42:09	4585	Jacqueline Robson	CLOWNE ROAD RUNNERS CLU
278	0:40:02	4888	Amicia Lee	LEEDS CITY ATHLETIC CLUB	378	0:42:14	4941	Victoria Yeomans	LONG EATON RUNNING CLUI
279	0:40:04	4344	Jill Westwood	AVON VALLEY RUNNERS	379	0:42:18	4813	Kathryn Evans	HUNTCOTE HARRIERS
280	0:40:05	4689	Catherine Millet	FORMULA ONE CIRCUIT CREV	380	0:42:19	4532	Catherine Tinker	CHARNWOOD A C
281	0:40:05	5023	Anne-laure Larriviere	NOTTS AC	381	0:42:22	5342	Victoria Doran	TELFORD HARRIERS
282	0:40:06	4889	Sheryl Punter	LEEDS CITY ATHLETIC CLUB	382	0:42:26	4477	Suz West	BOURNVILLE HARRIERS
283	0:40:06	5199	Pascale Holden	SHELTON STRIDERS	383	0:42:29	5008	Rebecca Broughton	NORTH DERBYSHIRE RC
284	0:40:07	5447	Kate Pickard	WATFORD JOGGERS	384	0:42:31	5203	Kate Wray	SHELTON STRIDERS
285	0:40:08	4964	Daisy Pickles	MACCLESFIELD HARRIERS & J	385	0:42:31	5309	Heidi Bingham	STOWMARKET STRIDERS RC
286	0:40:08	4667	Kate Malcolm	ETON MANOR AC	386	0:42:33	5093	Rachel Shambrook	REDHILL ROAD RUNNERS
287	0:40:10	4728	Sarah Gill	HARROGATE HARRIERS & AC	387	0:42:34	4760	Eileen Brandley	HERCULES WIMBLETON AC
288	0:40:10	4801	Maggie Statham	HOLLAND SPORTS AC	388	0:42:36	5208	Clare Harrison	SINFIN RUNNING CLUB
289	0:40:10	4470	Linda Howell	BOURNVILLE HARRIERS	389	0:42:37	5147	Lynda Rowlinson	SALE HARRIERS MANCHESTEI
290	0:40:11	5261	Liz Whitfield	SPECTRUM STRIDERS	390	0:42:40	4850	Eloisa Brown	KENT AC
291	0:40:16	4911	Angela Howe	LONDON HEATHSIDE RUNNEI	391	0:42:41	5096	Natalie Wilson	REDHILL ROAD RUNNERS
292	0:40:19	4968	Beverley Armstrong	MANSFIELD HARRIERS	392	0:42:42	4445	Shannel Curtis	BIRTLEY AC
293	0:40:20	4800	Ciara Williams	HILLINGDON AC	393	0:42:43	5038	Gwyneth Hueter	OXFORD CITY AC
294	0:40:21	4924	Jennifer Wing	LONDON HEATHSIDE RUNNEI	394	0:42:44	5260	Jane Lowe	SPECTRUM STRIDERS
295	0:40:21	5264	Natasha Geere	SPENBOROUGH & DIST AC	395	0:42:46	4404	Meg McHarg	BELPER HARRIERS
296	0:40:22	4848	Courtney Thornberry	KENILWORTH RUNNERS	396	0:42:47	4629	Hannah Phillips	DERWENT RUNNERS (DERBY)
297	0:40:23	5105	Esther Broughton	RIPLEY RUNNING CLUB	397	0:42:48	5166	Lisa Pettit	SERPENTINE RC
298	0:40:29	4860	Claire Chapman	KIMBERWORTH STRIDERS	398	0:42:49	4694	Emma Redshaw	FULHAM RUNNING CLUB
299	0:40:30	5525	Joanne Gentle	WORCESTER AC	399	0:42:56	4653	Melanie Kay	EAST CHESHIRE HARRIERS & T
300	0:40:32	5398	Kerry Dixon	TRENTHAM RC	400	0:42:57	4471	Liz Lepa	BOURNVILLE HARRIERS

2016 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:42:59	5003	Rachel Wakefield	NEWCASTLE STAFFS AC	501	0:45:30	5103	Fiona Wilson	RICHMOND & ZETLAND HARRIERS
402	0:43:00	5040	Lisa Sammons	OXFORD CITY AC	502	0:45:37	5111	Jill Butterworth	ROCHDALE HARRIERS & AC
403	0:43:02	4659	Susan Davis	ELVET STRIDERS	503	0:45:39	5450	Victoria Sylvester	WATFORD JOGGERS
404	0:43:04	5492	Victoria Brookling	WINDSOR SLOUGH ETON & F	504	0:45:40	5142	Sinead Ferguson	SALE HARRIERS MANCHESTER
405	0:43:06	4436	Danielle Bogue	BIRMINGHAM RUNNING ATH-	505	0:45:42	5295	Carol Beattie	STEEL CITY STRIDERS RC
406	0:43:07	4508	Kate Ledin	BUXTON & DISTRICT AC	506	0:45:43	4381	Ruth Kerr	BEDFORD & COUNTY AC
407	0:43:10	5365	Christina Plumley	THETFORD AC	507	0:45:44	4615	Alyson Williamson	DARLINGTON H & AC
408	0:43:10	5298	Rio Cooper	STEEL CITY STRIDERS RC	508	0:45:46	5090	Bev Barnes	REDHILL ROAD RUNNERS
409	0:43:11	5000	Hannah Jones	NEWCASTLE STAFFS AC	509	0:45:49	4540	Rachel Bown	CHESAPEAKE ROAD RUNNER
410	0:43:13	4599	Zarinda Batstone	COVENTRY GODIVA HARRIER	510	0:45:50	4874	Marion Muir	KIRKSTALL HARRIERS
411	0:43:14	4469	Emily Holden	BOURNVILLE HARRIERS	511	0:45:52	4716	Caroline Lambert	HALESOWEN ACC
412	0:43:16	5514	Emily Simmonds	WOLVERHAMPTON & BILSTO	512	0:45:55	4605	Eleanor Spencer-Regan	CROOK & DIST SPORTS AC
413	0:43:18	5518	Karen Balcombe	WOODFORD GREEN AC WITH	513	0:45:57	4947	Trudy Roberts	LOUTH AC
414	0:43:19	4497	Sarah Richardson	BROMSGROVE & REDDITCH	514	0:45:58	4773	Katie Smith	HERMITAGE HARRIERS
415	0:43:19	4562	Katie Carew-Robinson	CITY OF PORTSMOUTH AC	515	0:45:58	5329	Elizabeth Taschmowitz	TAUNTON AC
416	0:43:20	5363	Sandra Bower	THETFORD AC	516	0:46:02	5290	Tracy Ridings	STAFFORD HARRIERS
417	0:43:20	4339	Juliet Coulson	AVON VALLEY RUNNERS	517	0:46:03	5198	Rebecca Emerton	SHELTON STRIDERS
418	0:43:20	5167	Caroline Ringrow	SERPENTINE RC	518	0:46:05	4868	Angela Martin	KINGS HEATH RC - THE LIONS
419	0:43:20	4817	Wendy Thompson	HUNCOTE HARRIERS	519	0:46:05	5125	Gillian Taylor	ROTHERHAM HARRIERS AND
420	0:43:21	5204	Joanne Dean	SHREWSBURY AC	520	0:46:10	4936	Vicky Parker	LONG EATON RUNNING CLUB
421	0:43:23	4748	Rose Leivers	HEANOR RUNNING CLUB	521	0:46:14	4589	Paula Kennerley	CONGLETON HARRIERS
422	0:43:24	4819	Karen Cameron	HUNTINGDONSHIRE AC	522	0:46:14	4865	Kerry Allen	KINGS HEATH RC - THE LIONS
423	0:43:26	5542	Sarah Myford	NEWQUAY & PAR AC	523	0:46:15	5336	Lisa Blagden	TELFORD AC
424	0:43:27	5082	Emma Wellham	RANELAGH HARRIERS	524	0:46:17	4433	Samantha Watters	BIRCHFIELD HARRIERS
425	0:43:28	5095	Heather Thornley	REDHILL ROAD RUNNERS	525	0:46:20	4746	Rita Fisher	HEANOR RUNNING CLUB
426	0:43:28	5253	Katie Meridith	SPARKHILL HARRIERS	526	0:46:24	5400	Julia Rigby	TRENTHAM RC
427	0:43:29	5010	Akua McGeoch	NORTH DERBYSHIRE RC	527	0:46:25	5231	Nicola Myers	SOUTH SHIELDS HARRIERS &
428	0:43:31	4845	Sara Habib	KENILWORTH RUNNERS	528	0:46:28	5415	Jayne Lomax	VALE ROYAL AC
429	0:43:31	5374	Rachel Fagg	TONBRIDGE AC	529	0:46:28	4674	Nichola Dye	FITMUMS AND FRIENDS
430	0:43:32	4509	Elizabeth Nocton	BUXTON & DISTRICT AC	530	0:46:28	5524	Alex Wardle	WOODFORD GREEN AC WITH
431	0:43:33	4961	Alannah Birtwistle	MACCLESFIELD HARRIERS & J	531	0:46:29	5154	Lyndsey Stephenson	SALTWELL HARRIERS
432	0:43:34	4970	Amanda Hardy	MANSFIELD HARRIERS	532	0:46:30	4768	Vivien Urban	HERCULES WIMBLEDON AC
433	0:43:38	4506	Sheila Bradley	BUXTON & DISTRICT AC	533	0:46:30	4348	Rebecca Pull	BANBURY HARRIERS AC
434	0:43:38	5504	Rachel Portlock	WOLDS VETERAN RC	534	0:46:33	5540	Qin Zhou	YORK KNAVESMIRE HARRIER
435	0:43:40	4815	Clare Moore	HUNCOTE HARRIERS	535	0:46:34	4891	Rachel Hodgkinson	LEIGH HARRIERS & AC
436	0:43:42	4547	Hannah Ahle	CHORLTON RUNNERS	536	0:46:38	5297	Jo Carnie	STEEL CITY STRIDERS RC
437	0:43:43	5443	Helen Stansfield	WALLASEY ATHLETIC CLUB	537	0:46:39	4498	Debbie Simpson	BROMSGROVE & REDDITCH
438	0:43:44	4595	Sally Coombs	CORBY AC	538	0:46:40	5249	Clare Bovill	SPARKHILL HARRIERS
439	0:43:45	5022	Julie Lambourne	NOTTS AC	539	0:46:46	5004	Amy Whitehurst	NEWCASTLE STAFFS AC
440	0:43:50	4861	Rebecca Hunt	KIMBERWORTH STRIDERS	540	0:46:47	4754	Jenny Friend	HEATON HARRIERS & AC
441	0:43:51	5060	Sarah Swift	POOLE RUNNERS	541	0:46:48	4640	Carol Fisher	DUDLEY KINGSWINFORM RC
442	0:43:54	4821	Eleanor Smith	HUNTINGDONSHIRE AC	542	0:46:53	4375	Madeleine Brodie	BEDFORD & COUNTY AC
443	0:44:00	4502	Patricia Keene	BURNHAM JOGGERS	543	0:46:56	5301	Nicola Ross	STEEL CITY STRIDERS RC
444	0:44:02	5311	Louise Goddard	STOWMARKET STRIDERS RC	544	0:46:58	4675	Caroline Gronow	FITMUMS AND FRIENDS
445	0:44:05	4387	Christine Bexton	BEESTON AC	545	0:47:06	4967	Sharon Armitage	MANSFIELD HARRIERS
446	0:44:06	5138	Helen Carter	SALE HARRIERS MANCHESTER	546	0:47:11	5102	Pauline Whittaker	RICHMOND & ZETLAND HARRIERS
447	0:44:07	4830	Jacqueline King	ISTEAD & IFIELD HARRIERS	547	0:47:14	4643	Hannah McGuire	DUDLEY KINGSWINFORM RC
448	0:44:10	4521	Emily Meins	CAMBRIDGE HARRIERS	548	0:47:14	4962	Barbara Murray	MACCLESFIELD HARRIERS & J
449	0:44:11	4472	Rhian Littlewood	BOURNVILLE HARRIERS	549	0:47:15	4706	Sarah High	GRANTHAM RUNNING CLUB
450	0:44:12	5113	Lindsay Cuthbertson	ROLLS ROYCE HARRIERS	550	0:47:20	4619	Sally Campbell	DENBY DALE TRAVELLERS
451	0:44:14	4548	Sarah Gray	CHORLTON RUNNERS	551	0:47:21	4551	Alison Wainwright	CHORLTON RUNNERS
452	0:44:14	4949	Clare Brewis	LOW FELL RC	552	0:47:21	4957	Emma Davis	LYMM RUNNERS
453	0:44:15	4644	Lynn Sprague	DUDLEY KINGSWINFORM RC	553	0:47:24	4866	Hannah Batchelor	KINGS HEATH RC - THE LIONS
454	0:44:16	4342	Sue Jeddi	AVON VALLEY RUNNERS	554	0:47:24	5394	Sue Exon	TRAFFORD ATHLETIC CLUB
455	0:44:16	4624	Sarah Holford	DERBY ATHLETIC CLUB	555	0:47:27	4673	Lindi Day	FITMUMS AND FRIENDS
456	0:44:17	4442	Sarah Wallis	BIRMINGHAM RUNNING ATH-	556	0:47:28	4371	Danielle Mayes	BEAUMONT RC
457	0:44:17	5092	Laura Merryweather	REDHILL ROAD RUNNERS	557	0:47:31	4465	Aine Gallagher	BOURNVILLE HARRIERS
458	0:44:18	5442	Mary Rees	WALLASEY ATHLETIC CLUB	558	0:47:32	4422	Alana Gill	BINGLY HARRIERS & AC
459	0:44:18	5068	Rebecca Howard	QUAKERS RUNNING CLUB	559	0:47:33	4403	Rachel Clark	BELPER HARRIERS
460	0:44:18	4408	Kate Little	BEVERLY ATHLETIC CLUB	560	0:47:35	5468	Victoria Sloan	WESTBURY HARRIERS
461	0:44:19	4592	Sarah Jane Poole	CONGLETON HARRIERS	561	0:47:37	5368	Joanne Acha	TIPTON HARRIERS
462	0:44:21	5128	Helen Elsoueidi	ROYAL SUTTON COLDFIELD A	562	0:47:38	5501	Sian McCourt	WOLDS VETERAN RC
463	0:44:23	5364	Marion McCall	THETFORD AC	563	0:47:40	5210	Helen Ripley	SINFIN RUNNING CLUB
464	0:44:25	4466	Jude Glynn	BOURNVILLE HARRIERS	564	0:47:45	4345	Zoe Yeomans	AVON VALLEY RUNNERS
465	0:44:25	5294	Joanne Hackett	STAFFS MOORLANDS AC	565	0:47:45	4946	Fiona Lawrie	LOUTH AC
466	0:44:26	4933	Jackie Mather	LONG EATON RUNNING CLUB	566	0:47:46	4828	Louise Chapman	ISTEAD & IFIELD HARRIERS
467	0:44:26	4631	Kimberly Burns	DES福德 STRIDERS	567	0:47:51	4908	Kim Butler	LONDON HEATHSIDE RUNNER
468	0:44:28	4354	Kirsty Johnstone	BARNET & DISTRICT AC	568	0:47:57	4880	Carol Blower	LEAMINGTON CYCLING AND
469	0:44:29	5109	Lucy Taylor	RIPLEY RUNNING CLUB	569	0:47:57	4458	Charlotte Douglas	BORDER HARRIERS & AC
470	0:44:30	5420	Kerry Riley	VALE ROYAL AC	570	0:48:00	4372	Jill Murdey	BEAUMONT RC
471	0:44:31	4863	Samantha Weatherall	KIMBERWORTH STRIDERS	571	0:48:03	4934	Sarah McLaughlin	LONG EATON RUNNING CLUB
472	0:44:32	4660	Stephanie Piper	ELVET STRIDERS	572	0:48:04	5194	Kate Waddicor	SHIFFIELD RC
473	0:44:33	5112	Amanda Carter	ROLLS ROYCE HARRIERS	573	0:48:09	5445	Clare Bonnick	WATFORD JOGGERS
474	0:44:33	5292	Christine Skellern	STAFFORD HARRIERS	574	0:48:11	4826	Gaenor Coy	ILKLEY HARRIERS AC
475	0:44:34	5389	Emma Pilbeam	TOTTON RC	575	0:48:13	4756	Joanne Rowe	HEATON HARRIERS & AC
476	0:44:36	4805	Jackie Welburn	HOLME PIERREPONT RC	576	0:48:15	4580	Joanna Evans	CLEETHORPES AND DISTRICT
477	0:44:39	4786	Elixabeth Doyle	HERTS PHOENIX AC	577	0:48:16	4740	Claire Conway	HEADINGTON RR
478	0:44:39	5455	Louise Kemp	WELLINGBOROUGH & DISTRI	578	0:48:17	4931	Charlotte Hunt	LONG EATON RUNNING CLUB
479	0:44:40	5193	Clare Thompson	SHEFFIELD RC	579	0:48:18	5392	Ruth Beresford	TRAFFORD ATHLETIC CLUB
480	0:44:41	5403	Rosemary Wilson	TRENTHAM RC	580	0:48:21	5108	Jayne Fitzpatrick	RIPLEY RUNNING CLUB
481	0:44:45	4683	Catherine O'Connor	KELKSTONE RC	581	0:48:24	4507	Heather Fryer-Winder	BUXTON & DISTRICT AC
482	0:44:49	5335	Emily Beebee	TELFORD AC	582	0:48:26	4450	Jan Buckingham	BLACKBURN HARRIERS & AC
483	0:44:49	4927	Catherine Benson	LONG EATON RUNNING CLUB	583	0:48:29	4639	Sarah Cox	DUDLEY KINGSWINFORM RC
484	0:44:49	5149	Janneke Van Beijnum	SALE HARRIERS MANCHESTER	584	0:48:29	4726	Lianne Brooks	HARBOROUGH AC
485	0:44:54	5211	Carole Quirk	SKELMERSDALE BOUNDARY F	585	0:48:30	4938	Catherine Rowe	LONG EATON RUNNING CLUB
486	0:44:55	5027	Charlotte Saunders	NOTTS AC	586	0:48:35	5021	Wendy Kane	NOTTS AC
487	0:44:57	4651	Andrea Edwards	EAST CHESHIRE HARRIERS &	587	0:48:36	4434	Sarah Bakewell	BIRMINGHAM RUNNING ATH-
488	0:45:00	5200	Samantha James	SHELTON STRIDERS	588	0:48:39	4564	Caroline Fuller	CITY OF SHEFFIELD AND DEAI
489	0:45:04	4844	Laura Gould	KENILWORTH RUNNERS	589	0:48:45	5094	Joanne Stocks	REDHILL ROAD RUNNERS
490	0:45:11	5456	Natasha Wain	WELLINGBOROUGH & DISTRI	590	0:48:45	4402	Rosemary Arris-Pratt	BELPER HARRIERS
491	0:45:12	4321	Cathy Stewart	ALDRSHOT FARNHAM & DIS	591	0:48:48	5385	Helen Foot	TOTLEY AC
492	0:45:16	4676	Fleur Holland	FITMUMS AND FRIENDS	592	0:48:49	4541	Amanda Gallagher	CHESAPEAKE ROAD RUNNER
493	0:45:16	5049	Amanda McGonigle	PENSBY RUNNERS	593	0:48:52	4950	Vicki Halse	LOW FELL RC
494	0:45:18	4443	Rachel Young	BIRMINGHAM RUNNING ATH-	594	0:48:54	5438	Sharon Lamont	WALLASEY ATHLETIC CLUB
495	0:45:22	4610	Lesley Miller	DARLINGTON H & AC	595	0:48:56	4666	Jennifer Hall	ETON MANOR AC
496	0:45:23	4635	Linda Whitelegg	DES福德 STRIDERS	596	0:48:58	5513	Alison Pinches	WOLVERHAMPTON & BILSTO
497	0:45:24	4745	Glenda Alton	HEANOR RUNNING CLUB	597	0:48:58	5002	Susan Twardochleb	NEWCASTLE STAFFS AC
498	0:45:26	4688	Catherine Allen	FORMULA ONE CIRCUIT CREV	598	0:49:03	4969	Jackie Duers	MANSFIELD HARRIERS
499	0:45:27	5011	Chew Tan	NORTH DERBYSHIRE RC	599	0:49:04	4608	Stephanie Kingdon	DARLINGTON H & AC
500	0:45:28	5377	Jessica Owen	TONBRIDGE AC	600	0:49:04	4577	Lorraine Burrell	CLEETHORPES AND DISTRICT

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Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:49:06	4642	Sally McConville	DUDLEY KINGSWINFORD RC	701	0:56:15	5411	Jenny Goodwin	UTTOXETER ROAD RUNNERS
602	0:49:07	4945	Christine Giles	LOUTH AC	702	0:56:32	5296	Magdalena Boo	STEEL CITY STRIDERS RC
603	0:49:10	4895	Brenda Wane	LEIGH HARRIERS & AC	703	0:56:43	4959	Sylvia Elisabet Gittins	LYTHAM ST ANNES RR CLUB
604	0:49:12	4304	Hayley Hawthorne	ACKWORTH ROAD RUNNERS	704	0:56:47	4357	Anne Bennett	BARNSELY ATHLETIC CLUB
605	0:49:14	4829	Helen Fooks	ISTEAD & IFIELD HARRIERS	705	0:56:51	4329	Abigail Wright	ALDRIDGE RC
606	0:49:15	4385	Hayley Vinnicombe	BEDFORD & COUNTY AC	706	0:56:57	5209	Karen Pope	SINFIN RUNNING CLUB
607	0:49:19	5268	Laura Pibworth	SPHINX AC	707	0:56:58	5406	Sara James	TYNE BRIDGE HARRIERS
608	0:49:21	4325	Melissa Emery	ALDRIDGE RC	708	0:56:58	4570	Susan Allen	CLAYTON LE MOORS HARRIEI
609	0:49:28	4359	Laura Keys	BARNSELY ATHLETIC CLUB	709	0:57:02	4573	Kathryn Avison	CLEETHORPES AND DISTRICT
610	0:49:28	4966	Stephanie Goodchild	MANCHESTER YMCA HARRIEI	710	0:57:02	4578	Sarah Coleman	CLEETHORPES AND DISTRICT
611	0:49:30	5126	Denise Ramsden	ROTHWELL & DISTRICT HARR	711	0:57:07	4633	Kelly Grounds	DESFORD STRIDERS
612	0:49:32	5275	Carole Mooney	ST ALBANS STRIDERS	712	0:57:25	4980	Sarah Prescott	MASSEY FERGUSON RC
613	0:49:34	4634	Emma Hill	DESFORD STRIDERS	713	0:57:32	5407	Louise Anne Kelly	TYNE BRIDGE HARRIERS
614	0:49:35	4407	Clare Sheldon	BELPER HARRIERS	714	0:57:37	4710	Patricia Parr	GREAT WESTERN RUNNERS
615	0:49:36	4500	Juliette Warburton	BROMSGROVE & REDDITCH	715	0:57:38	4613	Paula Roberts	DARLINGTON H & AC
616	0:49:36	4327	Anne Kelsall	ALDRIDGE RC	716	0:57:41	4412	Betty Ferebee	BEXLEY AC
617	0:49:37	4702	Sarah Gartside	GOSFORTH HARRIERS & AC	717	0:58:01	4542	Zoe Smith	CHESAPEAKE ROAD RUNNER:
618	0:49:43	5300	Naomi Rabin	STEEL CITY STRIDERS RC	718	0:58:05	5360	Christine Munden	THAMES VALLEY HARRIERS
619	0:49:43	5256	Jennifer Price	SPARKHILL HARRIERS	719	0:58:51	5378	Clare Palmer	TONBRIDGE AC
620	0:49:46	4358	Helen Jones-Crofts	BARNSELY ATHLETIC CLUB	720	0:59:00	4336	Laura Tedstone	AURORA HARRIERS
621	0:49:49	4864	Helen Woodburn	KIMBERWORTH STRIDERS	721	0:59:03	4414	Geraldine Legon	BEXLEY AC
622	0:49:53	5019	Donna Davenport	NOTTS AC	722	0:59:13	5269	Jackie Stuart	SPHINX AC
623	0:49:58	4944	Lynda Dalton	LOUTH AC	723	0:59:30	4823	Paula Pigot	ILKESTON RUNNING CLUB
624	0:49:59	5159	Samantha Day	SERPENTINE RC	724	1:01:10	5257	Stephanie Charman	SPECTRUM STRIDERS
625	0:50:00	4368	Susan Zurawliw	BARROW RUNNERS	725	1:01:18	4641	Sarah Krivosic	DUDLEY KINGSWINFORD RC
626	0:50:01	5066	Sue Wickham	PRESTON HARRIERS	726	1:01:21	4707	Magaretta Murray	GRANTHAM RUNNING CLUB
627	0:50:01	4999	Lisa Hawkins	NEWCASTLE STAFFS AC	727	1:02:18	4993	Sally Owens	NEWARK AC
628	0:50:02	5325	Kim Phillips Fox	SUNDERLAND HARRIERS & AI	728	1:02:20	5065	Adela Nuttall	PRESTON HARRIERS
629	0:50:06	4428	Sara Ellen	BIRCHFIELD HARRIERS	729	1:03:03	5048	Rebecca Davies	PENSBY RUNNERS
630	0:50:09	5451	Jane Toon	WATFORD JOGGERS	730	1:04:02	4543	Kathryn Willis	CHESAPEAKE ROAD RUNNER:
631	0:50:10	4703	Sarah Rees	GOSFORTH HARRIERS & AC	731	1:04:11	4853	Linda Eyre	KENT AC
632	0:50:12	4709	Veronica Ford	GREAT WESTERN RUNNERS	732	1:04:32	4657	Mary Carrick	EAST HULL HARRIERS & AC
633	0:50:12	5503	Lesley Parry	WOLDS VETERAN RC	733	1:06:44	5439	Claire Marsden	WALLASEY ATHLETIC CLUB
634	0:50:19	5212	Jane Woodburn	SKELMERSDALE BOUNDARY F	734	1:08:56	4727	Mandip Sidhu	HARDLEY RUNNERS
635	0:50:23	4869	Clare Quinn	KINGS HEATH RC - THE LIONS	735	1:09:05	5104	Natalie Wood	RICHMOND & ZETLAND HARI
636	0:50:24	5457	Deirdre Fee	WERRINGTON JOGGERS	736	1:09:15	4960	Patricia Lock	LYTHAM ST ANNES RR CLUB
637	0:50:26	4870	Sharon Timms	KINGS HEATH RC - THE LIONS	737	1:11:51	5332	Lesley Andrew	TEAM DERBY RUNNER
638	0:50:28	4499	Holly Smith	BROMSGROVE & REDDITCH	738	1:11:53	5333	Sheena Parry	TEAM DERBY RUNNER
639	0:50:29	4505	Wendy Bainbridge	BUXTON & DISTRICT AC	739	1:12:21	5053	Linda Bates	PITSEA RC
640	0:50:30	4804	Jean Inglis	HOLME PIERREPONT RC					
641	0:50:33	5055	Valerie Sinclair	PITSEA RC					
642	0:50:36	4825	Petra Bijsterveld	ILKLEY HARRIERS AC					
643	0:50:39	5184	Alexa Dale	SHEFFIELD RC					
644	0:50:40	5262	Sarah Barker	SPENBOROUGH & DIST AC					
645	0:50:40	4474	Lesley Pym	BOURNVILLE HARRIERS					
646	0:50:42	4843	Pauline Dable	KENILWORTH RUNNERS					
647	0:50:52	5328	Sue Belcher	SUTTON RUNNERS					
648	0:50:58	5106	Alison Butlin	RIPLEY RUNNING CLUB					
649	0:50:59	5473	Susan Thompson	WHARFEDALE HARRIERS					
650	0:51:06	4831	Barbara Ockendon	ISTEAD & IFIELD HARRIERS					
651	0:51:08	5201	Christine Ongoma	SHELTON STRIDERS					
652	0:51:12	5054	Teresa Flannigan	PITSEA RC					
653	0:51:13	5155	Elin Loftesnes	SANDHURST JOGGERS					
654	0:51:14	4451	Lindsay Davies	BLACKBURN HARRIERS & AC					
655	0:51:23	4584	Katie Sandall	CLEETHORPES AND DISTRICT					
656	0:51:32	4596	Debra Galletta	CORBAY AC					
657	0:51:35	4621	Sarah Everett	DENBY DALE TRAVELLERS					
658	0:51:47	4324	Lizi Chambers	ALDRIDGE RC					
659	0:51:51	5510	Imogen Harley	WOLVERHAMPTON & BILSTO					
660	0:51:54	4575	Joanne Barnsley	CLEETHORPES AND DISTRICT					
661	0:51:55	4739	Emma Carter	HEADINGTON RR					
662	0:51:57	4943	Jane Cope	LOUTH AC					
663	0:51:58	5322	Lucie Forster	SUNDERLAND HARRIERS & AI					
664	0:52:01	5213	Leann Banks	SOUTH CHESHIRE HARRIERS					
665	0:52:03	4607	Anne Hutchinson	DARLINGTON H & AC					
666	0:52:06	4362	Linda Westlake	BARNSELY ATHLETIC CLUB					
667	0:52:22	5183	Rachel Blyton	SHEFFIELD RC					
668	0:52:28	5046	Faye Holden	PENDLE ATHLETIC CLUB					
669	0:52:31	5299	Jill Davies	STEEL CITY STRIDERS RC					
670	0:52:47	5516	Tina Smith	WOLVERHAMPTON & BILSTO					
671	0:52:53	4855	Annabelle Hadlow	KENT AC					
672	0:52:54	4609	Anneli Jane MacKenzie-Bro	DARLINGTON H & AC					
673	0:53:02	5436	Nicci Davies	WALLASEY ATHLETIC CLUB					
674	0:53:05	5267	Helen King	SPHINX AC					
675	0:53:18	4650	Sarah MacKenzie	EALING EAGLES RUNNING CL					
676	0:53:19	5357	Barbara Maddison	THAMES VALLEY HARRIERS					
677	0:53:33	4620	Abbie Dagg	DENBY DALE TRAVELLERS					
678	0:53:35	4533	Amy Whitmore	CHARNWOOD A C					
679	0:53:37	4627	Katrina Hallett	DERWENT RUNNERS (DERBY)					
680	0:53:45	5185	Sian Eleri Dickinson	SHEFFIELD RC					
681	0:53:54	5344	Emma Hodges	TELFORD HARRIERS					
682	0:53:59	4370	Kelly Beniston	BEAUMONT RC					
683	0:54:08	5381	Sarah Schofield	TONBRIDGE AC					
684	0:54:18	5001	Laura Matthews	NEWCASTLE STAFFS AC					
685	0:54:23	5397	Kathryn Ambrose	TRENTHAM RC					
686	0:54:25	4982	Lisa Young	MASSEY FERGUSON RC					
687	0:54:49	5449	Natalie Smith	WATFORD JOGGERS					
688	0:54:54	5170	Stephanie Vaatz	SERPENTINE RC					
689	0:54:56	5448	Marcia Quinn	WATFORD JOGGERS					
690	0:55:00	5255	Manisha Parmar	SPARKHILL HARRIERS					
691	0:55:04	4872	Laura Davies	KIRKSTALL HARRIERS					
692	0:55:11	4366	Linda Pullen	BARROW RUNNERS					
693	0:55:11	4747	Debbie Hewitt	HEANOR RUNNING CLUB					
694	0:55:17	4684	Angela Saunders	FOLKESTONE RC					
695	0:55:19	4998	Lorraine Droogmans	NEWCASTLE STAFFS AC					
696	0:55:21	5427	Sara Dyer	VALLEY STRIDERS AC					
697	0:55:22	5334	Joanne Woodward	TEAM DERBY RUNNER					
698	0:55:27	4867	Ceridwen Howell	KINGS HEATH RC - THE LIONS					
699	0:56:05	4544	Lynn Windmill	CHESAPEAKE ROAD RUNNER:					
700	0:56:12	4582	Samantha Jensen-Martin	CLEETHORPES AND DISTRICT					

2016 National XC - Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
Team Results:									
Pos	Points	Team / Club		Placings					
1	47	ALDERSHOT FARNHAM & DISTRIC		(1 8 12 26)					
2	140	HALLAMSHIRE HARRIERS SHEFFIE		(5 25 45 65)					
3	224	VALE ROYAL AC		(13 35 79 97)					
4	275	ROTHERHAM HARRIERS AND AC		(40 72 74 89)					
5	295	SERPENTINE RC		(49 64 84 98)					
6	306	BEDFORD & COUNTY AC		(6 15 47 238)					
7	322	BIRCHFIELD HARRIERS		(18 37 104 163)					
8	339	SOUTHAMPTON ATHLETIC CLUB		(29 31 115 164)					
9	350	SOUTH LONDON HARRIERS		(14 38 107 191)					
10	353	CHELMSFORD AC		(11 93 116 133)					
11	365	CAMBRIDGE & COLERIDGE AC		(19 55 77 214)					
12	382	READING AC		(27 66 143 146)					
13	432	BRISTOL AND WEST AC (EST. 188		(53 67 126 186)					
14	435	CHARNWOOD A C		(4 71 91 269)					
15	450	THAMES VALLEY HARRIERS		(52 70 109 219)					
16	451	NENE VALLEY HARRIERS		(32 59 176 184)					
17	453	KENT AC		(30 114 127 182)					
18	456	HOLMFIRTH HARRIERS AC		(36 75 145 200)					
19	459	LONDON HEATHSIDE RUNNERS A		(78 121 128 132)					
20	499	SHAFTESBURY BARNET HARRIERS		(61 73 130 235)					
21	518	TELFORD AC		(46 68 168 236)					
22	564	SALE HARRIERS MANCHESTER		(129 138 139 158)					
23	679	HERCULES WIMBLEDON AC		(44 173 221 241)					
24	679	WOLVERHAMPTON & BILSTON		(54 101 152 372)					
25	686	RANELAGH HARRIERS		(83 154 218 231)					
26	687	LEEDS CITY ATHLETIC CLUB		(2 125 278 282)					
27	745	TIPTON HARRIERS		(105 136 243 261)					
28	807	NOTTS AC		(58 229 239 281)					
29	821	ROYAL SUTTON COLDFIELD ATHL		(69 123 167 462)					
30	837	BELGRAVE HARRIERS		(56 213 263 305)					
31	919	WESTBURY HARRIERS		(117 216 249 337)					
32	971	WINCHESTER & DISTRICT AC		(151 187 311 322)					
33	997	WOODFORD GREEN AC WITH ESS		(60 190 334 413)					
34	1069	AVON VALLEY RUNNERS		(140 233 279 417)					
35	1095	YORK KNAVESMIRE HARRIERS		(134 181 246 534)					
36	1133	BARROW RUNNERS		(141 157 210 625)					
37	1240	SHEFFIELD RC		(162 267 332 479)					
38	1242	BOURNVILLE HARRIERS		(274 289 308 371)					
39	1274	TONBRIDGE AC		(42 303 429 500)					
40	1322	HALESOWEN ACC		(111 325 375 511)					
41	1322	CROOK & DIST SPORTS AC		(204 240 366 512)					
42	1333	THETFORD AC		(192 318 407 416)					
43	1333	CHORLTON RUNNERS		(244 309 344 436)					
44	1341	SOUTH SHIELDS HARRIERS & AC		(256 346 365 374)					
45	1348	WATFORD JOGGERS		(202 284 359 503)					
46	1353	ETON MANOR AC		(118 286 354 595)					
47	1368	TRENTHAM RC		(62 300 480 526)					
48	1373	HEADINGTON RR		(209 227 360 577)					
49	1429	SPARKHILL HARRIERS		(193 272 426 538)					
50	1486	SUNDERLAND HARRIERS & AC		(199 329 330 628)					
51	1492	CONGLETON HARRIERS		(248 262 461 521)					
52	1519	HEANOR RUNNING CLUB		(76 421 497 525)					
53	1563	LOW FELL RC		(247 271 452 593)					
54	1578	REDHILL ROAD RUNNERS		(376 386 391 425)					
55	1581	BIRMINGHAM RUNNING ATHLETI		(226 405 456 494)					
56	1583	HOLME PIERREPONT RC		(166 301 476 640)					
57	1619	MACCLESFIELD HARRIERS & AC		(285 355 431 548)					
58	1658	LONG EATON RUNNING CLUB		(331 378 466 483)					
59	1672	SHELTON STRIDERS		(283 384 488 517)					
60	1804	DARLINGTON H & AC		(203 495 507 599)					
61	1830	KIMBERWORTH STRIDERS		(298 440 471 621)					
62	1850	BUXTON & DISTRICT AC		(406 430 433 581)					
63	1852	DESFORD STRIDERS		(276 467 496 613)					
64	1859	KENILWORTH RUNNERS		(296 428 489 646)					
65	1867	MANSFIELD HARRIERS		(292 432 545 598)					
66	1868	BELPER HARRIERS		(324 395 559 590)					
67	1933	WOLDS VETERAN RC		(304 434 562 633)					
68	1946	NEWCASTLE STAFFS AC		(401 409 539 597)					
69	1992	STEEL CITY STRIDERS RC		(408 505 536 543)					
70	1994	RIPLEY RUNNING CLUB		(297 469 580 648)					
71	2001	LOUTH AC		(321 513 565 602)					
72	2007	RICHMOND & ZETLAND HARRIER		(225 501 546 735)					
73	2118	BARNSELY ATHLETIC CLUB		(223 609 620 666)					
74	2120	FITMUMS AND FRIENDS		(492 529 544 555)					
75	2124	DUDLEY KINGSWINFORD RC		(453 541 547 583)					
76	2162	WALLASEY ATHLETIC CLUB		(437 458 594 673)					
77	2200	DENBY DALE TRAVELLERS		(316 550 657 677)					
78	2204	BROMSGROVE & REDDITCH		(414 537 615 638)					
79	2228	KINGS HEATH RC - THE LIONS		(518 522 553 635)					
80	2233	ALDRIDGE RC		(351 608 616 658)					
81	2268	ISTEAD & IFIELD HARRIERS		(447 566 605 650)					
82	2269	SPHINX AC		(266 607 674 722)					
83	2491	CLEETHORPES AND DISTRICT AC		(576 600 655 660)					
84	2517	CHESAPEAKE ROAD RUNNERS		(509 592 699 717)					