

Senior Men

08/11/2016

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name	Leg4	Name
1	1:00:50.20	Aldershot Farnham & District 'A'	0:14:59.55 (5)	J Grace	0:15:36.45 (4)	H Dixon	0:14:55.15 (1)	A Vernon	0:15:19.05 (1)	J Hay
2	1:02:02.90	Tonbridge AC 'A'	0:15:27.60 (15)	J West	0:15:51.30 (15)	D Brown	0:15:27.60 (2)	A Howard	0:15:16.40 (2)	C Olley
3	1:02:34.15	Bristol & West AC 'A'	0:16:00.40 (36)	J Millar	0:15:12.65 (14)	W Christofi	0:15:49.25 (6)	O Jones	0:15:31.85 (3)	R Peters
4	1:02:43.85	Cambridge & Coleridge AC 'A'	0:15:19.55 (11)	K Wood	0:15:33.50 (5)	B Mazaheri	0:16:08.65 (5)	J Escalante-Phillips	0:15:42.15 (4)	R Tennant
5	1:02:49.90	Liverpool Harriers & AC 'A'	0:15:46.50 (28)	J Ashcroft	0:15:50.40 (23)	D Jarvis	0:15:26.25 (7)	D Cliffe	0:15:46.75 (5)	M Jackson
6	1:02:56.50	Bedford & County AC 'A'	0:14:55.80 (4)	J Goodwin	0:16:03.10 (8)	J Hoad	0:15:49.80 (3)	D Deed	0:16:07.80 (6)	J Bellward
7	1:03:09.30	Newham & Essex Beagles AC 'A'	0:15:35.40 (20)	D Clutterbuck	0:15:51.85 (19)	J Trigwell	0:15:56.10 (12)	D Chesser	0:15:45.95 (7)	F Baddick
8	1:03:27.10	Hallamshire Harriers Sheffield 'A'	0:14:47.85 (1)	A Helyer	0:16:05.90 (6)	B Houghton	0:16:22.55 (9)	D Archer	0:16:10.80 (8)	T Horton
9	1:03:33.85	Notts AC 'A'	0:15:18.30 (10)	A Watson	0:15:07.60 (1)	D Musson	0:16:34.40 (4)	M Williams	0:16:33.55 (9)	T Hartley
10	1:03:38.75	Highgate Harriers 'A'	0:16:02.50 (38)	C Rainsford	0:15:06.35 (11)	A Maud	0:16:34.00 (17)	J Laybourn	0:15:55.90 (10)	R Bahelbi
11	1:03:39.60	Lincoln Wellington AC 'A'	0:15:08.00 (7)	M Bowser	0:15:54.20 (9)	T Straw	0:16:32.00 (16)	S Robinson	0:16:05.40 (11)	J Wilkinson
12	1:03:52.80	City Of Norwich AC 'A'	0:15:30.80 (17)	A Dunbar	0:15:41.00 (13)	T Hook	0:16:08.00 (11)	P Arnold	0:16:33.00 (12)	J Senior
13	1:03:54.50	Morpeth Harriers & AC 'A'	0:14:52.90 (3)	J Taylor	0:15:39.75 (2)	C Avery	0:16:45.50 (10)	R Balmбра	0:16:36.35 (13)	J Scott
14	1:04:03.80	Birchfield Harriers 'A'	0:15:24.60 (14)	A Tovey	0:15:56.10 (16)	J Goringe	0:16:34.00 (20)	A Ridley	0:16:09.10 (14)	A Peat
15	1:04:06.40	University of Birmingham AC & CCC 'A'	0:16:18.15 (48)	T Cooke	0:15:17.00 (22)	S McCallum	0:15:51.25 (14)	I Crowe-Wright	0:16:40.00 (15)	W Michael
16	1:04:12.10	Aldershot Farnham & District 'B'	0:15:57.10 (34)	B Bradley	0:16:17.95 (33)	M Arnold	0:15:55.60 (26)	J Rowe	0:16:01.45 (16)	I Bailey
17	1:04:21.10	Salford Harriers & AC 'A'	0:16:06.85 (40)	B Lima	0:15:21.35 (20)	C Hardman	0:16:20.60 (18)	G Priestley	0:16:32.30 (17)	J Bailey
18	1:04:30.15	City Of Stoke AC 'A'	0:15:35.90 (21)	A Brecker	0:16:10.40 (26)	R Holroyd	0:16:14.00 (23)	W Neill	0:16:29.85 (18)	O Langford
19	1:04:36.55	Leeds City Athletic Club 'A'	0:15:49.80 (30)	J Woodcock-Shaw	0:16:35.35 (36)	M Salter	0:15:57.20 (29)	S Deakin	0:16:14.20 (19)	J Townsend
20	1:04:43.55	Rotherham Harriers And AC 'A'	0:15:37.10 (24)	L Cotter	0:16:30.30 (30)	A Larkin	0:16:06.05 (27)	K Craib	0:16:30.10 (20)	E Smales
21	1:04:45.20	Loughborough Students AC 'A'	0:15:31.85 (18)	D Nolan	0:15:54.25 (18)	D Wallis	0:16:48.25 (28)	S Woodford	0:16:30.85 (21)	G Lowry
22	1:04:55.40	Blackheath & Bromley Harriers AC 'A'	0:14:49.80 (2)	P Sesemann	0:16:42.20 (21)	A Rayner	0:15:32.30 (8)	S Overall	0:17:51.10 (22)	D Kennedy
23	1:04:56.80	Thames Valley Harriers 'A'	0:15:36.55 (23)	C Smith	0:16:32.65 (31)	C Kissane-Wood	0:15:43.00 (19)	A Silva	0:17:04.60 (23)	A Walsh
24	1:04:59.45	Gateshead Harriers & AC 'A'	0:15:20.60 (12)	L Moses	0:15:36.60 (7)	R Murray	0:16:31.85 (15)	S Greenwood	0:17:30.40 (24)	K Connolly
25	1:05:09.05	Derby Athletic Club 'A'	0:15:09.20 (8)	L Gunn	0:15:26.55 (3)	A Pilcher	0:16:48.40 (13)	D Westbury	0:17:44.90 (25)	J Booth
26	1:05:12.10	Hillingdon AC	0:15:31.95 (19)	A Abdulle	0:16:12.80 (25)	M Mohamed	0:16:40.25 (30)	R Thompson	0:16:47.10 (26)	J Laing
27	1:05:14.50	Lincoln Wellington AC 'B'	0:15:50.95 (31)	R Wilson	0:16:06.40 (27)	A Scott	0:16:32.25 (31)	J Straw	0:16:44.90 (27)	R Page
28	1:05:19.25	Bideford AC	0:15:55.65 (32)	S Antell	0:15:47.85 (24)	A Richmond	0:16:20.35 (24)	M Jenkin	0:17:15.40 (28)	A Ingle
29	1:05:21.90	Notts AC 'B'	0:15:48.05 (29)	R Needham	0:16:30.15 (34)	K Farrow	0:16:18.65 (32)	F Hessian	0:16:45.05 (29)	P Clark
30	1:05:47.40	Aldershot Farnham & District 'C'	0:16:14.65 (45)	T Smith	0:16:53.10 (45)	J Morwood	0:16:30.75 (37)	J Wyllie	0:16:08.90 (30)	M Cox
31	1:05:56.00	Tonbridge AC 'B'	0:16:38.95 (55)	S Molloy	0:15:44.55 (35)	C De'Ath	0:16:51.20 (33)	M Ellis	0:16:41.30 (31)	C Joslin-Allen
32	1:05:58.75	Windsor Slough Eton & Hounslow AC 'A'	0:16:06.45 (39)	A Goodall	0:16:21.90 (37)	R Harvie	0:16:46.85 (34)	K Wye	0:16:43.55 (32)	S Millett
33	1:05:59.55	Reading AC	0:16:21.70 (50)	D Lewis	0:14:48.80 (12)	J Davies	0:16:44.70 (21)	E Stockdale	0:18:04.35 (33)	R Tan
34	1:06:19.55	Sale Harriers Manchester 'A'	0:15:28.75 (16)	J Roden	0:17:13.80 (39)	P Green	0:16:47.80 (35)	D Kashi	0:16:49.20 (34)	J Wignall
35	1:06:42.00	St Mary's College AC	0:15:39.25 (25)	J Hall	0:16:21.95 (28)	A Haynes	0:17:58.60 (41)	S Don	0:16:42.20 (35)	A Saulsby
36	1:06:57.20	Kendal Amateur AC	0:15:57.60 (35)	A Russell	0:16:52.05 (41)	H Foster	0:16:44.55 (36)	M Hoyle	0:17:23.00 (36)	R Ingham
37	1:07:05.85	Cambridge & Coleridge AC 'B'	0:16:43.35 (59)	O Park	0:16:37.30 (50)	C Darling	0:16:24.85 (40)	S Smith	0:17:20.35 (37)	R Park
38	1:07:08.15	Owls AC Leicester 'A'	0:15:55.95 (33)	D Hallam	0:17:27.90 (51)	L Ingram	0:17:06.25 (44)	C McMillan	0:16:38.05 (38)	T Mahon
39	1:07:26.05	Birchfield Harriers 'B'	0:16:08.70 (41)	R Grant	0:16:36.85 (40)	T Beasley	0:17:47.15 (46)	A Rutherford	0:16:53.35 (39)	B Griffiths
40	1:07:30.70	Serpentine RC 'A'	0:16:48.90 (61)	W Green	0:17:35.70 (68)	S Barrett	0:16:05.70 (45)	G Hughes	0:17:00.40 (40)	D Murgan
41	1:07:42.15	Blackburn Harriers & AC 'A'	0:15:42.25 (26)	R Warner	0:16:22.80 (29)	T Raynes	0:17:40.30 (39)	C Davies	0:17:56.80 (41)	A Battersy
42	1:08:19.55	Ealing Southall & Middlesex AC 'A'	0:16:16.05 (46)	B Waterman	0:17:33.25 (55)	M Hashi	0:17:16.90 (52)	S Ashcroft	0:17:13.35 (42)	C Hepworth
43	1:08:33.95	Tipton Harriers 'A'	0:16:25.15 (51)	B Gamble	0:16:40.75 (43)	L Vine	0:17:20.55 (42)	A Brown	0:18:07.50 (43)	D Bate
44	1:08:35.50	Newham & Essex Beagles AC 'B'	0:16:25.75 (52)	N Sheehan	0:16:53.50 (49)	J Waldron	0:17:40.80 (49)	W Bell	0:17:35.45 (44)	B Raeside
45	1:08:37.10	Leeds City Athletic Club 'B'	0:16:59.60 (71)	P Vee	0:17:18.65 (64)	L Foster	0:17:06.00 (54)	T Edwards	0:17:12.85 (45)	A Osborne
46	1:08:45.15	Rotherham Harriers And AC 'B'	0:16:51.60 (64)	R Harris	0:16:46.10 (53)	A Johnson	0:17:13.80 (48)	S Clegg	0:17:53.65 (46)	P Hoole
47	1:09:07.65	Leigh Harriers & AC 'A'	0:16:35.15 (54)	M Conroy	0:17:30.30 (59)	P Williams	0:17:20.80 (55)	R Smith	0:17:41.40 (47)	T Kneller
48	1:09:13.30	Shaftesbury Barnet Harriers 'A'	0:15:36.40 (22)	B Goater	0:15:28.10 (10)	R Horton	0:17:01.35 (25)	M Grant	0:21:07.45 (48)	T Parkin
49	1:09:16.70	Marshall Milton Keynes AC 'A'	0:16:11.20 (43)	S Tuttle	0:17:27.55 (54)	G Jones	0:17:43.45 (53)	J Tuttle	0:17:54.50 (49)	O Lum
50	1:09:17.75	University of Birmingham AC & CCC 'B'	0:16:54.20 (66)	A Bampton	0:17:26.70 (66)	E Richards	0:17:32.55 (59)	S Garret	0:17:24.30 (50)	D Thomas
51	1:09:19.65	Sheffield RC 'A'	0:16:13.45 (44)	M Tanner	0:18:00.10 (61)	J Fowler	0:18:23.00 (64)	D Addenbrooke	0:16:43.10 (51)	J Sweetnam-Powel
52	1:09:31.65	Harrow AC 'A'	0:17:07.25 (78)	J Cooper	0:16:47.55 (57)	D Nevins	0:18:08.45 (60)	C Jones	0:17:28.40 (52)	S Ledger
53	1:09:47.50	Peterborough AC	0:16:58.55 (70)	S Haw	0:16:51.15 (56)	B Heron	0:17:38.65 (56)	J Whitehead	0:18:19.15 (53)	D Snipe
54	1:10:17.30	Penistone Footpath Runners & AC 'A'	0:17:00.20 (72)	A Swift	0:17:15.35 (62)	S Hinchcliffe	0:17:29.30 (58)	S Dimelow	0:18:32.45 (54)	J Broom
55	1:10:26.00	East Cheshire Harriers & Tameside AC 'A'	0:15:00.90 (6)	J Steward	0:18:14.45 (48)	G Browne	0:17:49.90 (50)	J Hudak	0:19:20.75 (55)	B Hirst
56	1:10:30.75	Woodford Green AC with Essex Ladies	0:15:43.75 (27)	J Stockings	0:17:31.15 (47)	S Beedell	0:17:50.80 (51)	L Clark	0:19:25.05 (56)	P Caton
57	1:10:32.35	Rossendale Harriers & AC 'A'	0:16:44.90 (60)	G Cunliffe	0:16:44.80 (52)	C Fell	0:16:57.10 (43)	R Webb	0:20:05.55 (57)	J Johnstn
58	1:10:32.55	Lincoln Wellington AC 'C'	0:16:55.10 (67)	A Baker	0:17:45.55 (71)	M Thorpe	0:17:52.00 (63)	S Shuttleworth	0:17:59.90 (58)	H Baxter
59	1:10:34.95	Hallamshire Harriers Sheffield 'B'	0:17:01.80 (74)	J Gratton	0:18:08.35 (77)	A Dyson	0:17:20.45 (62)	J Birch	0:18:04.35 (59)	N Northrop
60	1:10:54.90	Newark AC 'A'	0:15:23.50 (13)	L Taylor	0:17:14.75 (38)	O Carrington	0:18:58.25 (57)	M Waite	0:19:18.40 (60)	T Baguley
61	1:10:58.65	Cannock & Stafford AC	0:17:53.35 (96)	A Blundell	0:17:08.15 (74)	P Wolfe	0:17:58.00 (66)	N Haycock	0:17:59.15 (61)	C Pearson
62	1:11:25.50	Sutton In Ashfield Harriers & AC 'A'	0:17:12.65 (80)	K Watson	0:17:03.15 (63)	R Robinson	0:18:08.45 (61)	L Wigman	0:19:01.25 (62)	P Cirth
63	1:11:28.30	Rotherham Harriers And AC 'C'	0:17:05.15 (76)	G Sampson	0:17:29.70 (69)	C Adams	0:18:26.50 (67)	D Worsdall	0:18:26.95 (63)	I Whyman
64	1:11:42.20	City Of Stoke AC 'B'	0:17:45.45 (94)	C Dillon	0:17:56.90 (84)	K Hallett - Blanch	0:17:52.05 (71)	T Hendricken	0:18:07.80 (64)	T Guy
65	1:12:15.95	Blackhill Bounders 'A'	0:17:01.20 (73)	G Wallace	0:17:23.00 (67)	J Bell	0:19:14.70 (72)	P Duffy	0:18:37.05 (65)	D Best
66	1:12:17.20	Thames Valley Harriers 'B'	0:17:12.60 (79)	K Sexton	0:18:10.45 (79)	A Mitchell	0:17:23.85 (65)	R Vallance	0:19:30.30 (66)	S Norris
67	1:12:21.65	Salford Harriers & AC 'B'	0:18:34.00 (118)	M Grace	0:18:44.65 (104)	D Lockett	0:17:45.40 (82)	B McCartney	0:17:17.60 (67)	C Tulley
68	1:12:37.95	Rushcliffe AC 'A'	0:17:56.10 (98)	G Moffatt	0:18:49.40 (94)	M Scott	0:17:58.95 (80)	M Dunkley	0:17:53.50 (68)	S Dickens
69	1:12:45.30	Trafford Athletic Club	0:18:58.65 (130)	A Hlebo	0:17:44.10 (93)	S O'Meara	0:17:49.55 (79)	J Prest	0:18:13.00 (69)	M Hunt
70	1:12:47.05	North Derbyshire RC 'A'	0:17:14.50 (82)	C Adams	0:19:18.05 (90)	I Monaghan	0:17:42.35 (77)	A Tarry	0:18:32.15 (70)	J Sanderson
71	1:12:48.10	City Of Norwich AC 'B'	0:17:16.70 (83)	G Gay	0:17:25.30 (72)	A Varvel	0:20:22.85 (83)	M Solway	0:17:43.25 (71)	S Goodall
72	1:13:07.50	Altrincham & District AC	0:17:25.75 (87)	R Ganose	0:17:14.20 (70)	D Norman	0:18:33.50 (68)	N Bulger	0:19:54.05 (72)	R Preece
73	1:13:14.90	Nene Valley Harriers 'A'	0:17:42.25 (93)	M Channing	0:18:34.25 (89)	M Chapman	0:17:08.30 (70)	N Tweedie	0:19:50.10 (73)	A Todd
74	1:13:50.70	Hallamshire Harriers Sheffield 'C'	0:18:18.65 (112)	P Faulkner	0:18:45.45 (99)	G Phoenix	0:17:25.35 (78)	N Barber	0:19:21.25 (74)	D Furniss
75	1:14:19.85	Serpentine RC 'B'	0:18:16.35 (110)	A Orr	0:19:06.60 (106)	M Bottone	0:18:44.45 (94)	J Gillanders	0:18:12.45 (75)	A Reeves
76	1:14:19.95	Clowne Road Runners Club 'A'	0:17:55.40 (97)	D Page	0:18:15.45 (88)	J Street	0:18:39.45 (81)	P Twigg	0:19:29.65 (76)	G Worsfold
77	1:14:21.10	Durham City Harriers & AC 'A'	0:19:15.95 (137)	C Walker	0:18:17.20 (110)	J Benet	0:18:53.55 (96)	A Walker	0:17:54.40 (77)	R Everson
78	1:14:24.10	Mansfield Harriers 'A'	0:18:15.85 (109)	J Boam	0:17:22.70 (82)	J Mee	0:19:49.35 (86)	P Shaw	0:18:56.20 (78)	A Wetherill
79	1:14:36.35	Birtley AC 'A'	0:16:20.15 (49)	A Bailes	0:17:39.45 (58)	K Reay	0:20:07.20 (75)	N Newby	0:20:29.55 (79)	J Graham
80	1:14:47.10	Ripley Running Club 'A'	0:18:55.50 (128)	D Taylor	0:18:43.45 (117)	P Sorrell	0:17:51.75 (87)	L Beresford	0:19:16.40 (80)	T Clayton
81	1:14:53.05	Doncaster Athletic Club 'A'	0:18:56.30 (129)	W Martison	0:18:33.70 (107)	M James	0:19:11.10 (99)	B Elliott	0:18:11.95 (81)	L Milburn
82	1:15:03.15	Wolverhampton & Bilston	0:18:18.00 (111)	J Parr	0:19:14.20 (108)	D Vaughan	0:19:07.00 (98)	S Andrews	0:18:23.95 (82)	J Lewis
83	1:15:08.20	Holme Pierrepont RC 'A'	0:17:59.40 (99)	D Greenwood	0:18:48.45 (96)	S Williams-Duncan	0:18:59.95 (92)	E George	0:19:20.40 (83)	A Squire
84	1:15:10.25	Keighley & Craven AC 'A'	0:17:18.90 (85)	C Shearer	0:18:34.55 (85)	C Loftus	0:20:20.75 (95)	J Conroy	0:18:56.05 (84)	S Bairstow
85	1:15:13.95	City Of York AC	0:16:17.40 (47)	D Cheeseman	0:19:07.20 (80)	M Cage	0:20:34.20 (93)	R Buck	0:19:15.15 (85)	P Goble
86	1:15:17.25	St Albans AC	0:17:20.70 (86)	O Poulain	0:15:47.45 (46)	J McMurray	0:20:32.90 (73)	G Withers	0:21:36.20 (86)	P Durbin
87	1:15:24.60	Barnsley Harriers	0:18:00.90 (101)	R Spooner	0:18:00.50 (87)	P Johnson	0:19:37.65 (90)	M Schofield	0:19:45.55 (87)	A Thomson
88	1:15:28.05	Steel City Striders RC 'A'	0:18:08.05 (104)	J Kilcoyne	0:18:39.55 (95)	T Burton	0:20:07.75 (102)	A Whoffindin	0:18:32.70 (88)	B Jones

Senior Men

08/11/2016

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name	Leg4	Name
92	1:16:14.50	Long Eaton Running Club	0:19:23.35	(138) A Dickenson	0:19:07.45	(121) R Howe	0:18:14.50	(100) A Perrin	0:19:29.20	(92) M Howard
93	1:16:22.65	Leigh Harriers & AC 'B'	0:19:07.95	(134) L Moore	0:18:12.45	(105) T Henders	0:19:47.85	(103) J Howarth	0:19:14.40	(93) A Urmston
94	1:16:24.40	Derwent Runners 'A'	0:18:35.00	(119) S Knibbs	0:19:26.50	(117) M Parker	0:20:11.90	(109) E Rodrigues	0:18:11.00	(94) M Cartwright
95	1:16:33.75	Redway Runners 'A'	0:18:49.25	(125) J Down	0:19:45.45	(124) J Armstrong	0:20:10.50	(114) M Douglas	0:17:48.55	(95) P Mizon
96	1:16:36.85	Bourne Town Harriers	0:18:29.75	(117) S Sheppard	0:18:25.30	(97) A Swallow	0:20:35.95	(106) T Gilbert	0:19:05.85	(96) J Thompson
97	1:16:42.85	Kingston Upon Hull AC	0:16:52.30	(65) O Newton	0:17:15.80	(60) G Clarkson	0:20:59.65	(84) J Wilson	0:21:35.10	(97) L Craven
98	1:16:44.90	Marshall Milton Keynes AC 'B'	0:18:14.40	(108) M Greener	0:19:42.10	(116) J Vick	0:19:33.85	(105) C Hearn	0:19:14.55	(98) S Herring
99	1:16:51.35	Bournville Harriers 'A'	0:17:47.05	(95) H Brocklehurst	0:19:20.30	(100) O Kirkland	0:21:16.50	(112) S Whiting	0:18:27.50	(99) M Pollard
100	1:17:24.15	Houghton Harriers & AC	0:18:28.75	(116) R Graham	0:19:12.55	(112) S Johnson	0:20:31.50	(108) D Gribben	0:19:11.35	(100) S McGrath
101	1:17:28.70	Heanor Running Club 'A'	0:18:28.10	(115) C Parker	0:18:43.40	(101) P Harpham	0:18:25.00	(89) A Deeming	0:21:52.20	(101) A Moat
102	1:17:57.50	Wirral AC 'A'	0:18:21.50	(113) D Norman	0:18:51.55	(102) N Toner	0:19:36.30	(101) K Dickinson	0:21:08.15	(102) K Buxton
103	1:18:07.30	Blackburn Harriers & AC 'B'	0:17:59.80	(100) R Stones	0:18:58.85	(98) B Costello	0:19:32.10	(97) D Reilly	0:21:36.55	(103) J Chaplin
104	1:18:13.65	Trentham RC	0:19:36.40	(145) E Wilson	0:19:14.70	(128) D Pickstock	0:18:47.00	(107) A Grew	0:20:35.55	(104) T Wall
105	1:18:18.35	Sheffield RC 'B'	0:18:50.35	(126) B Mahoney	0:19:57.30	(126) G Irvine	0:19:34.70	(111) C Ireland	0:19:56.00	(105) R Cassy
106	1:18:30.30	Lincoln & District Runners	0:19:05.45	(133) K Shimada	0:20:42.25	(137) M Dungworth	0:20:16.45	(124) C Tack	0:18:26.15	(106) R Sim
107	1:18:32.70	Holme Pierrepont RC 'B'	0:19:31.05	(143) S Eatherington	0:19:47.50	(132) A Soley	0:19:25.75	(113) C Rhodes	0:19:48.40	(107) W McAneaney
108	1:18:39.95	Ripley Running Club 'B'	0:19:10.30	(136) R Coates	0:19:49.85	(129) S English	0:20:12.10	(119) R West	0:19:27.70	(108) R Kimber
109	1:18:54.35	Penny Lane Striders 'A'	0:19:24.60	(140) J Clarke	0:19:07.00	(122) N Bullock	0:20:37.60	(118) M Goudie	0:19:45.15	(109) P Riding
110	1:19:08.00	Redhill Road Runners 'A'	0:19:55.00	(152) S Nash	0:18:39.00	(123) P Newton	0:20:20.20	(117) M Lee	0:20:13.80	(110) B Wilson
111	1:19:23.35	Gosforth Harriers & AC 'A'	0:17:40.00	(92) Z Wylie	0:20:48.85	(120) M Gwilym	0:20:53.45	(120) S Daniels	0:20:01.05	(111) D Bell
112	1:19:32.55	Asken & District RC 'A'	0:18:39.30	(121) M Pearson	0:19:56.55	(125) A Ball	0:21:15.55	(122) D Pearce	0:19:41.15	(112) D Marlow
113	1:20:19.30	Penistone Footpath Runners & AC 'B'	0:19:08.75	(135) R Clough	0:19:41.80	(127) R MacKie	0:21:48.80	(128) G Dean	0:19:39.95	(113) O Pike
114	1:20:21.15	East Cheshire Harriers & Tameside AC 'A'	0:19:59.00	(154) S Gillespie	0:19:35.30	(134) J Aust	0:20:25.15	(123) M Millns	0:20:21.70	(114) G Matthews
115	1:20:23.10	Retford AC 'B'	0:20:24.70	(160) A Kinsley	0:20:34.90	(144) A Parkin	0:21:11.85	(141) S Noble	0:18:11.65	(115) B Harris
116	1:20:23.20	Harborough AC 'A'	0:17:32.35	(88) A Meads	0:19:42.65	(103) M Gore	0:21:31.60	(115) W Clapp	0:21:36.60	(116) J Thompson
117	1:20:38.40	Tipton Harriers 'B'	0:17:38.05	(91) P Wilson	0:18:03.50	(83) D Brazier	0:21:45.45	(104) R Sedgley	0:23:11.40	(117) P Robinson
118	1:20:45.45	Vale Royal AC 'A'	0:16:41.60	(57) O Williams	0:19:53.85	(91) B Dooley	0:22:13.65	(116) G Fawkes	0:21:56.35	(118) M Pilliner
119	1:20:53.30	Holmfirth Harriers AC	0:18:04.95	(102) S Green	0:19:38.45	(113) J Sykes	0:20:35.10	(110) M Law	0:22:34.80	(119) J Haigh
120	1:20:56.65	Mansfield Harriers 'B'	0:19:38.95	(147) G Morley	0:18:38.85	(118) A Kemp	0:21:20.50	(121) M Fickling	0:21:18.35	(120) T Raynor
121	1:21:07.75	Doncaster Athletic Club 'B'	0:19:47.50	(149) D Wood	0:19:59.05	(136) A Carson	0:20:38.35	(127) M Hookway	0:20:42.85	(121) C Lawson
122	1:21:08.75	Sheffield RC 'C'	0:19:56.00	(153) J Turner	0:21:40.15	(152) R Watts	0:20:23.00	(138) R Jones	0:19:09.60	(122) A Collings
123	1:21:08.90	Beverley Athletic Club	0:20:49.40	(164) G Justice	0:21:00.50	(155) A Johnson	0:19:30.95	(131) D Morrison	0:19:48.05	(123) R Gray
124	1:21:10.50	Retford AC 'A'	0:20:32.15	(163) D Corbett	0:20:52.45	(143) C Pepper	0:20:23.80	(137) S Foster	0:19:22.10	(124) N Kendall
125	1:21:15.65	North Derbyshire RC 'B'	0:19:34.75	(144) A Darnell	0:19:56.95	(138) R Allatt	0:20:46.10	(126) M Jackson	0:20:57.85	(125) A Hall
126	1:21:29.10	Doncaster Athletic Club 'C'	0:20:04.25	(155) A Fearn	0:19:32.80	(135) S Kershaw	0:21:58.75	(133) N Robinson	0:19:53.30	(126) D Watson
127	1:21:32.15	Sleaford Striders AC	0:26:08.85	(194) W Rayner	0:19:19.90	(180) J Siddens	0:18:22.20	(150) C North	0:17:41.20	(127) I Bailey
128	1:21:37.10	Redway Runners 'B'	0:19:26.90	(141) A Maidment	0:21:54.75	(147) N Rowles	0:21:06.65	(142) S Sullivan	0:19:08.80	(128) S Read
129	1:22:09.05	Darlington H & AC 'A'	0:21:46.60	(180) D Stockdale	0:20:05.90	(156) A Gibson	0:22:36.55	(156) I Morris	0:17:40.00	(129) P Lowe
130	1:22:43.55	Ivanhoe Runners	0:19:54.35	(151) M Pleass	0:20:27.00	(140) P Stevenson	0:20:23.55	(129) N Rowles	0:21:58.65	(130) A Lindley
131	1:22:49.45	Derwent Runners 'B'	0:19:29.50	(142) S Mason	0:20:28.20	(138) O Astley	0:22:07.80	(140) S Edwards	0:20:43.95	(131) M Bottom
132	1:22:54.70	Asken & District RC 'B'	0:21:09.20	(173) M Pearce	0:20:17.30	(149) W Stover	0:21:59.95	(148) D O'Grady	0:19:28.25	(132) J Restell
133	1:23:05.90	Clowne Road Runners Club 'B'	0:21:03.10	(169) C Amery	0:20:49.95	(157) S Battle	0:19:18.15	(130) N Fowler	0:21:54.70	(133) P Sadler
134	1:23:23.00	Huncote Harriers	0:18:45.20	(123) N Adams	0:24:06.05	(165) N Parry	0:21:00.75	(151) K Butcher	0:19:31.00	(134) G Chivers
135	1:23:59.60	Sparkhill Harriers 'A'	0:20:25.60	(161) S Underwood	0:20:09.20	(161) N Stringer	0:22:19.55	(144) J Goulding	0:21:05.25	(135) R Bowpitt
136	1:24:43.40	Stafford Harriers 'A'	0:21:45.95	(179) S Groom	0:20:17.20	(158) A Griffin	0:19:58.00	(139) S Holland	0:22:42.25	(136) J Littlewood
137	1:24:51.65	Nene Valley Harriers 'B'	0:18:37.25	(120) B Hampson	0:20:33.55	(130) C Armstrong	0:22:35.20	(136) P Parkin	0:23:05.65	(137) J Farrington
138	1:25:02.25	Northbrook Athletic Club 'A'	0:18:58.90	(131) O Jones	0:22:13.55	(146) P Robbins	0:22:37.80	(149) A McConville	0:21:12.00	(138) R French
139	1:25:11.10	Grantham AC 'A'	0:19:51.25	(150) A Madge	0:21:06.60	(143) A Short	0:22:08.15	(145) M Tucker	0:22:05.10	(139) C Hunt
140	1:25:15.50	Holme Pierrepont RC 'C'	0:20:20.15	(158) T Davies	0:22:45.15	(168) N Devonport	0:21:16.20	(155) S Tupholme	0:20:54.00	(140) G Cragg
141	1:25:57.20	East Hull Harriers & AC 'B'	0:22:05.20	(181) S Coates	0:21:26.65	(170) P McCoy	0:20:26.35	(152) M Petersen	0:21:59.00	(141) P Nippres
142	1:26:15.45	Mansfield Harriers 'C'	0:19:41.25	(148) N Watkin	0:21:15.15	(142) C Linacre	0:20:41.50	(135) C Alcock	0:24:37.55	(142) J Wood
143	1:26:21.15	Rushcliffe AC 'B'	0:20:51.20	(166) D McIntyre	0:20:49.00	(153) A Wardle	0:21:32.35	(147) J Maston	0:23:08.60	(143) S Rendu
144	1:26:24.90	Redhill Road Runners 'B'	0:20:59.60	(167) M Stephenson	0:22:03.00	(167) D Walsh	0:21:11.30	(154) A Reilly	0:22:11.00	(144) P Stacey
145	1:26:33.85	Blackhill Bounders 'C'	0:19:37.00	(146) S Bell	0:21:50.95	(150) C Hodgson	0:21:40.65	(146) R Scott	0:23:25.25	(145) J Carvell
146	1:27:26.40	Belper Harriers	0:20:15.00	(157) C Jordan	0:20:47.35	(145) I Adkin	0:21:50.85	(143) A Nash	0:24:33.20	(146) R Pearce
147	1:27:30.50	Steel City Striders RC 'B'	0:19:24.55	(139) K Sibley	0:23:20.60	(163) S Jones	0:21:22.35	(153) A Buck	0:23:23.00	(147) K Jackson
148	1:28:11.20	Sutton In Ashfield Harriers & AC 'C'	0:20:26.45	(162) W Lowe	0:22:50.55	(169) D Herbert	0:23:04.20	(161) I Elliott	0:21:50.00	(148) C Watson
149	1:28:16.90	Ripley Running Club 'C'	0:21:07.65	(172) M Wareham	0:21:42.65	(164) W Smithurst	0:21:54.60	(157) G Bayliss	0:23:32.00	(149) I Warton-Woods
150	1:28:26.25	Gosforth Harriers & AC 'B'	0:21:33.35	(177) K Thomas	0:21:07.65	(161) S Bond	0:23:16.25	(159) K Spreadbury	0:22:29.00	(150) R McQuade
151	1:28:26.95	Redhill Road Runners 'C'	0:21:27.30	(176) G McMahan	0:21:03.75	(160) F Lari	0:22:28.90	(158) T Lowe	0:23:27.00	(151) R Butterworth
152	1:28:31.70	North Derbyshire RC 'C'	0:20:22.50	(159) G Elkington	0:23:58.90	(176) A Lees	0:22:57.30	(164) K Beckett	0:21:13.00	(152) T Elkington
153	1:29:45.70	Heanor Running Club 'B'	0:22:12.85	(183) P Edwards	0:21:41.95	(175) P Winfield	0:22:36.90	(162) I Salt	0:23:14.00	(153) E O'Hanlon
154	1:31:16.75	Clowne Road Runners Club 'C'	0:21:07.45	(171) R Hind	0:22:32.95	(171) D Keeling	0:23:28.35	(163) I Brookes	0:24:08.00	(154) D Elsom
155	1:31:59.20	Rolls Royce Harriers	0:25:11.10	(193) A Norman	0:23:24.85	(187) D Smith	0:24:53.25	(176) S Wakefield	0:18:30.00	(155) R Carter
156	1:32:28.05	Rushcliffe AC 'C'	0:23:19.45	(190) K Allardyce	0:22:34.95	(181) K Pollard	0:23:32.65	(168) M Findlay	0:23:01.00	(156) M Hoebjerg
157	1:33:14.30	Penny Lane Striders 'B'	0:23:40.75	(192) M Devereux	0:23:14.85	(185) J Bampton	0:24:12.70	(171) R Costain	0:22:06.00	(157) J Malone
158	1:33:38.90	Sparkhill Harriers 'B'	0:22:14.25	(184) G Hygate	0:21:37.45	(173) E O'Neill	0:23:37.20	(165) A Edwards	0:26:10.00	(158) C Hinks
159	1:33:57.05	Grantham Running Club	0:22:06.70	(182) P Davis	0:21:45.25	(174) A Pask	0:24:41.10	(167) R Payne	0:25:24.00	(159) R Dobbs
160	1:34:32.70	Derwent Runners 'C'	0:23:37.20	(191) M Chajacki	0:22:39.50	(184) R Ward	0:25:35.00	(173) A Tidmarsh	0:22:41.00	(160) L Harris Redfern
161	1:35:26.65	Northbrook Athletic Club 'B'	0:22:30.85	(186) A Hughes	0:23:44.00	(173) K Coughlan	0:25:29.80	(172) P Rawson	0:23:42.00	(161) T Miller
162	1:35:52.55	Stafford Harriers 'B'	0:21:40.65	(178) I Hodgkinson	0:22:42.00	(177) C Elsley	0:26:24.90	(169) C Baxter	0:25:05.00	(162) R Clay
163	1:36:32.50	Darlington H & AC 'B'	0:23:02.25	(189) D Aiken	0:24:12.30	(186) M Tallon	0:26:03.95	(174) N Addyman	0:23:14.00	(163) N Embleton
164	1:38:16.45	Kimberworth Striders 'A'	0:18:53.05	(127) K Doyle	0:21:26.65	(139) P Greenwood	0:25:57.75	(160) E Lever	0:31:59.00	(164) R Hibberd
165	1:39:13.25	Newark AC 'B'	0:21:05.10	(170) G Owens	0:21:39.05	(162) C Braithwaite	0:28:07.10	(170) L Bagguley	0:28:22.00	(165) G Bagguley
166	1:43:20.35	Steel City Striders RC 'C'	0:27:54.65	(195) T Armstrong	0:22:23.15	(188) I Stinson	0:23:03.55	(175) R Pegg	0:29:59.00	(166) R Garton