

# Junior Men

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:32:25	Ellis Cross	Aldershot Farnham & District	101	0:37:12	Cameron Everist	Bourne Town Harriers	201	0:43:28	Charlie McMenemy	Canterbury Harriers
2	0:32:29	Ben Dijkstra	Leicester Coritanian AC	102	0:37:14	Matthew Bradly	Windsor Slough Eton & Hounslow AC	202	0:44:02	Oliver Munns	Rugby & Northampton AC
3	0:32:41	Paulos Surafel	Enfield and Haringey A C	103	0:37:18	Ben Musgrove	Rugby & Northampton AC	203	0:44:44	Charlie Johnson	Manchester Harriers & AC
4	0:32:42	Patrick Dever	Preston Harriers	104	0:37:20	Thomas Marchant	Pendle Athletic Club	204	0:44:47	Hector O'Neill	Canterbury Harriers
5	0:32:52	Petros Surafel	Enfield and Haringey A C	105	0:37:22	George Lewis	East Cheshire Harriers & Tameside AC	205	0:44:59	Samuel Avis	Tonbridge AC
6	0:32:57	Emile Cairress	Leeds City Athletic Club	106	0:37:22	George Cooke	Stockport Harriers & AC	206	0:45:12	David Fryer-Winder	Buxton AC
7	0:33:00	George Duggan	Tonbridge AC	107	0:37:23	Manish Kunwar	Ealing Southall & Middlesex AC	207	0:46:09	Edward Thomas	Leicester Coritanian AC
8	0:33:10	Gus Cockle	Aldershot Farnham & District	108	0:37:25	Jack Hope	Kettering Town Harriers	208	0:46:37	Nathan Hilditch	Oldham & Royton H & AC
9	0:33:25	Jonathan Shields	City Of Sheffield And Dearne AC	109	0:37:28	Jack Tallentire	Sunderland Harriers & AC	209	0:46:42	Conor Vale	University of Nottingham
10	0:33:28	Shaun Evans	Royal Sutton Coldfield Athletic Club	110	0:37:30	Bayley Massey	Cambridge Harriers	210	0:47:54	Aaron Dodds	Billingham Marsh Hse H & AC
11	0:33:32	John Millar	Ipswich Harriers	111	0:37:32	Donnacha Maguire	Manchester Harriers & AC	211	0:49:24	Kayenne Grant-Evans	Hercules Wimbledon AC
12	0:33:38	George Gathercole	Aldershot Farnham & District	112	0:37:33	Amrik Gill	Leicester Coritanian AC				
13	0:33:39	Harry Powell	Kingston upon Hull AC	113	0:37:33	Michael Bartram	West Suffolk AC				
14	0:33:42	Dane Blomquist	Aldershot Farnham & District	114	0:37:33	Alex Jones	Royal Sutton Coldfield Athletic Club				
15	0:33:44	Luke Prior	Wells City Harriers	115	0:37:34	Will Rawson	Leigh Harriers & AC				
16	0:33:51	Hugo Milner	Derby Athletic Club	116	0:37:36	Charlie Davis	Blackheath And Bromley Harriers				
17	0:33:57	Jake Berry	Medway And Maidstone AC	117	0:37:43	Alex Hampson	Nene Valley Harriers				
18	0:34:01	Logan Smith	Dereham Runners & AC	118	0:37:48	Bruce Beckett	City Of Norwich AC				
19	0:34:03	Tim Faes	Tonbridge AC	119	0:37:52	James Beeks	Basingstoke & Mid Hants AC				
20	0:34:10	Liam Burthem	Liverpool Harriers & AC	120	0:37:56	Mukhtar Farah	Ealing Southall & Middlesex AC				
21	0:34:13	Sam Stevens	Leicester Coritanian AC	121	0:37:57	Bryn Smith	Aldershot Farnham & District				
22	0:34:15	Daniel Lawton	Trafford Athletic Club	122	0:37:58	Nathan Williams	Vale Royal AC				
23	0:34:20	Alasdair Kinloch	Tonbridge AC	123	0:37:58	Tom Corby	Owls AC Leicester				
24	0:34:28	John Spill	Oxford University AC	124	0:37:59	Scott Taylor	Bourne Town Harriers				
25	0:34:36	Seb Garry	Wycombe Phoenix Harriers & AC	125	0:38:03	Kieran Eland	Tonbridge AC				
26	0:34:37	Jay Ferns	Loftus & Whitby AC	126	0:38:07	William Morris	University of Nottingham				
27	0:34:37	Matthew Sheen	Vale Royal AC	127	0:38:10	Alexander MacHin-Pa	Highgate Harriers				
28	0:34:45	Jamie Goodge	Tonbridge AC	128	0:38:11	David Clark	Wycombe Phoenix Harriers & AC				
29	0:34:48	Harry Halford	Wolverhampton & Bilston	129	0:38:13	Joe Gentry	North Somerset AC				
30	0:34:55	Euan Gilchrist	Sale Harriers Manchester	130	0:38:15	Alexander Lindfield	Forest of Dean AC				
31	0:34:57	James Wooldridge	London Heathside Runners AC	131	0:38:16	Ethan James Godridg	Barnsley Athletic Club				
32	0:34:58	Baldvin Magnusson	Kingston Upon Hull AC	132	0:38:18	Thomas Godding	Birtley AC				
33	0:34:59	Mathew Wigelswort	Preston Harriers	133	0:38:21	Humza Ahmed	Winchester & District AC				
34	0:35:00	Jamie Philpott	Herts Phoenix AC	134	0:38:27	Pascal Bouttier-Butle	Leicester Coritanian AC				
35	0:35:01	Adam Houchell	Basildon AC	135	0:38:28	Mohamed Abshir	Leeds City Athletic Club				
36	0:35:03	Sam Johnson	Derby Athletic Club	136	0:38:32	Stuart Brown	Tonbridge AC				
37	0:35:08	Thomas Butler	Barnet & District AC	137	0:38:33	Luke Piper	East Cheshire Harriers & Tameside AC				
38	0:35:09	Jake Lonsdale	Preston Harriers	138	0:38:37	Daniel Leng	Alnwick Harriers				
39	0:35:13	James McCrae	Nene Valley Harriers	139	0:38:42	Brad Lawrence	Wycombe Phoenix Harriers & AC				
40	0:35:15	Hedley Hardcastle	Derby Athletic Club	140	0:38:45	Oscar Barbour	Stratford Upon Avon AC				
41	0:35:23	Oliver Paulin	Coventry Godiva Harriers	141	0:38:50	Oliver Greenstein	Shaftesbury Barnet Harriers				
42	0:35:23	Toby Ralph	Tonbridge AC	142	0:38:50	Thomas East	Poole Runners				
43	0:35:25	James Heneghan	Winchester & District AC	143	0:38:59	Peter Dear	Halesowen ACC				
44	0:35:26	Rian McCawley	Aldershot Farnham & District	144	0:39:00	George Phillips	City of York AC				
45	0:35:27	Tom McGuinness	East Cheshire Harriers & Tameside AC	145	0:39:04	Khalid Ali Ahmed	Shaftesbury Barnet Harriers				
46	0:35:29	Sam Costley	Southampton Athletic Club	146	0:39:05	Alex Blackham	Royal Sutton Coldfield Athletic Club				
47	0:35:30	Sam Griffiths	Shaftesbury Barnet Harriers	147	0:39:05	Marco Arcuri	Blackheath And Bromley Harriers				
48	0:35:42	Jamie Atkins	Dartford Harriers AC	148	0:39:06	Ewan McLachlan	University of Nottingham				
49	0:35:43	Max O'Sullivan	Owls AC Leicester	149	0:39:06	Tom Angell	Bedford & County AC				
50	0:35:43	Nathan Townsend	Trafford Athletic Club	150	0:39:08	Edward Cannell	Kettering Town Harriers				
51	0:35:44	Jack Boswell	Aldershot Farnham & District	151	0:39:09	Peter Finn	Wycombe Phoenix Harriers & AC				
52	0:35:45	Teweldebrhan Meng	Medway And Maidstone AC	152	0:39:11	Joseph Woods	Blyth Running Club				
53	0:35:47	Cameron Weaver	Vale Royal AC	153	0:39:14	Austin Herbert	Nene Valley Harriers				
54	0:35:47	William Collumb	Rothwell & District Harriers	154	0:39:16	Haydn Arnall	Rugby & Northampton AC				
55	0:35:48	Adam Thorpe	Shaftesbury Barnet Harriers	155	0:39:17	Jake Masterman	Morpeth Harriers & AC				
56	0:35:50	Stephen Headley	Bedford & County AC	156	0:39:22	Thomas Hubbard	Newark AC				
57	0:35:51	Andrew Headley	Bedford & County AC	157	0:39:27	Lewis Fagge	Leamington Cycling & Athletic Club				
58	0:35:52	Miles Weatherseed	Tonbridge AC	158	0:39:34	Finn Miskin Young	Wreake and Soar Valley AC				
59	0:35:53	Conor Smith	Bromsgrove And Redditch	159	0:39:37	Max Read	Medway And Maidstone AC				
60	0:35:53	James Cripwell	Gateshead Harriers & AC	160	0:39:38	Kieron Connor	Croydon Harriers				
61	0:35:59	Niall Unger	Windsor Slough Eton & Hounslow AC	161	0:39:38	Bradley Spurdens	Nene Valley Harriers				
62	0:36:00	Alfie Meade	Coventry Godiva Harriers	162	0:39:42	Rhys Rowlands	Dacorum & Tring AC				
63	0:36:02	Nathan Gibson	Aldershot Farnham & District	163	0:39:45	Luke Hack	Richmond & Zetland Harriers				
64	0:36:02	Thomas Rogerson	Liverpool Harriers & AC	164	0:39:49	Matt Pharoah	Walton AC				
65	0:36:03	Alex Chantler-Mayne	Cheltenham and County Harriers	165	0:39:49	Dominic Gardner	Telford AC				
66	0:36:04	Alex Lawrence	Ipswich Harriers	166	0:39:59	Charlie Simpson	University of Nottingham				
67	0:36:07	Paul Wain	Ipswich Jaffa RC	167	0:40:00	Allen Bunyan	Macclesfield Harriers & AC				
68	0:36:08	Jacob John Brown	Vale Royal AC	168	0:40:01	Thomas Desborough	Blackheath And Bromley Harriers				
69	0:36:08	Alex Jolly	Coventry Godiva Harriers	169	0:40:05	James Greer	Richmond & Zetland Harriers				
70	0:36:14	Matt Newell	Ilkley Harriers AC	170	0:40:13	Jacob Phillips	London Heathside Runners AC				
71	0:36:16	Daniel Ray	Reading AC	171	0:40:15	Christopher Fielding	University of Nottingham				
72	0:36:17	Jake Barraclough	Bedford & County AC	172	0:40:17	Dominic Menzies	Bedford & County AC				
73	0:36:18	Jed Marshall	Gateshead Harriers & AC	173	0:40:18	James Lonsdale	Workshop Harriers				
74	0:36:18	Kieren Walker	Sedgefield Harriers	174	0:40:20	Michael Lennon	Reading AC				
75	0:36:18	Connor Bindler	Hercules Wimbledon AC	175	0:40:24	Christopher Bell	Sunderland Harriers & AC				
76	0:36:18	Noah Hurton	Oxford University AC	176	0:40:28	Marcus Preedy	Rossendale Harriers & AC				
77	0:36:20	Tiarnan Crocken	Preston Harriers	177	0:40:35	Bertie Harrington	Blackheath And Bromley Harriers				
78	0:36:26	Rory Domville	Reading AC	178	0:40:44	Ethan Tattersall	Windsor Slough Eton & Hounslow AC				
79	0:36:27	Thomas Trimble	Lincoln Wellington Athletic Club	179	0:40:47	James Crawley	Blackheath And Bromley Harriers				
80	0:36:28	Jacob Pickering	Cheltenham and County Harriers	180	0:40:47	Jamie Brown	Tonbridge AC				
81	0:36:28	Alex Robinson	Holmfirth Harriers AC	181	0:40:50	Joseph Ricciardi	Manx Harriers				
82	0:36:29	Joss Barber	Blackheath And Bromley Harriers	182	0:40:52	Tom Acha	Tipton Harriers				
83	0:36:36	Isaac Farnworth	Reading AC	183	0:41:13	Daniel Trickett	Poole AC				
84	0:36:38	Oliver Maxwell Freer	Leicester Coritanian AC	184	0:41:15	Alexander Lione	Cambridge & Coleridge AC				
85	0:36:38	Alex Sutton	Reading AC	185	0:41:19	Lewis Houghton	Kirkby Milers AC				
86	0:36:41	Ermias Zeration	Hillingdon AC	186	0:41:21	Sam Godwin	Notts AC				
87	0:36:42	Andrew Smith	Poole Runners	187	0:41:25	Lavell Pierre	Holmfirth Harriers AC				
88	0:36:42	Thomas Drabble	Stockport Harriers & AC	188	0:41:35	Jake Hindmarch	Derby Athletic Club				
89	0:36:43	Benjamin Sendall	Wycombe Phoenix Harriers & AC	189	0:41:46	Benjamin Read	Preston Harriers				
90	0:36:44	Rhys Gibson	Doncaster Athletic Club	190	0:41:52	Patrick Robinson	Coventry Godiva Harriers				
91	0:36:50	Amittai Ben-Isreal	Peterborough AC	191	0:41:54	George Alvey	Wreake and Soar Valley AC				
92	0:36:55	Louie Boot	Solihull & Small Heath Athletic Club	192	0:41:58	Jonathon Brown	Leamington Cycling & Athletic Club				
93	0:36:55	Jordan Wood	Cambridge & Coleridge AC	193	0:42:22	William Whitmore	Tonbridge AC				
94	0:36:57	Calum Upton	Winchester & District AC	194	0:42:33	Oliver Bowling	Nene Valley Harriers				
95	0:36:58	Phillip Winkler	Morpeth Harriers & AC	195	0:42:39	Joseph Childs	Rugby & Northampton AC				
96	0:36:58	William Page	Colchester & Tendring AC	196	0:42:41	Thomas Robinson	Coventry Godiva Harriers				
97	0:36:59	Jake Richardson	Lincoln Wellington Athletic Club	197	0:43:01	Connor Burford	Dartford Harriers AC				
98	0:37:04	George Phillips	Doncaster Athletic Club	198	0:43:03	Cameron Chisholm	Walton AC				
99	0:37:06	William Mullins	Bedford & County AC	199	0:43:11	Dan Weathers	Wycombe Phoenix Harriers & AC				
100	0:37:09	Mac O'Malley	Trafford Athletic Club	200	0:43:14	George Butler	Burnden Road Runners				

## Team Results:

Pos	Points	Team / Club	Placings
1	35	Aldershot Farnham & District	( 1 8 12 14 )
2	77	Tonbridge AC	( 7 19 23 28 )
3	152	Preston Harriers	( 4 33 38 77 )
4	219	Leicester Coritanian AC	( 2 21 84 112 )
5	270	Vale Royal AC	( 27 53 68 122 )
6	280	Derby Athletic Club	( 16 36 40 188 )
7	284	Bedford & County AC	( 56 57 72 99 )
8	317	Reading AC	( 71 78 83 85 )
9	362	Coventry Godiva Harriers	( 41 62 69 190 )
10	381	Wycombe Phoenix Harriers & AC	( 25 89 128 139 )
11	388	Shaftesbury Barnet Harriers	( 47 55 141 145 )
12	470	Nene Valley Harriers	( 39 117 153 161 )
13	513	Blackheath And Bromley Harriers	( 82 116 147 168 )
14	611	University of Nottingham	( 126 148 166 171 )
15	654	Rugby & Northampton AC	( 103 154 195 202 )