Senior Women

Pos	Time	Name	Club
1	0:29:07	Jessica Judd	Chelmsford AC
2	0:29:10	Louise Small	Aldershot Farnham & District
3	0:29:21	Claire Duck	Leeds City Athletic Club
4	0:29:27	Emily Hosker Thornhi	Aldershot Farnham & District
5	0:29:54	Juliet Potter	Charnwood A C
6	0:29:56	Louise Damen	Winchester & District AC
7	0:30:07	Lauren Hall	Aldershot Farnham & District
8	0:30:10	Georgia Taylor-Brow	Sale Harriers Manchester
9	0:30:15	Philippa Bowden	Aldershot Farnham & District
10	0:30:19	Katie Holt	City Of Stoke AC
11	0:30:20	Faye Fullerton	Havering AC
12	0:30:24	Sophie Coldwell	Charnwood A C
13	0:30:25	Sarah Tunstall	Kendal Amateur Athletic Club
14	0:30:25	Ruth Barnes	Avon Valley Runners
15	0:30:26	Amy Griffiths	Aldershot Farnham & District
16	0:30:29	Elizabeth Browne	Hallamshire Harriers Sheffield
17	0:30:43	Ashley Gibson	Tonbridge AC
18	0:30:44	Vicky Pritchard	Shaftesbury Barnet Harriers
19	0:30:46	Jennifer Walsh	Wakefield District H & AC
20	0:30:48	Isabel Brinsden	Epsom & Ewell Harriers
21	0:30:49	Victoria Knight	Cambridge & Coleridge AC
22	0:30:54	Nicole Taylor	Tonbridge AC
23	0:30:57	Molly Renfer	Highgate Harriers
24	0:31:01	Emma Holt	Morpeth Harriers & AC
25	0:31:03	Emily Japp	Blackpool Wyre & Fylde AC
26	0:31:06	Claire Martin	Telford AC
27	0:31:09	Tracy Barlow	Thames Valley Harriers
28	0:31:19	Hannah Viner	Highgate Harriers
29	0:31:23	Anna Boniface	Reading AC
30	0:31:25	Anne Holyland	Charnwood A C
31	0:31:33	Georgia Malir	Leeds City Athletic Club
32	0:31:35	Sophie Cowper	Rotherham Harriers and AC
33	0:31:37	Helen Warburton	Gosforth Harriers & AC
34	0:31:39	Amy Clements	Kent AC
35	0:31:44	Julie Briscoe	Wakefield District H & AC
36	0:31:45	Hayley Munn	Winchester & District AC
37	0:31:47	Zanthe Wray	Hallamshire Harriers Sheffield
38	0:31:49	Katherine Bingle	Aldershot Farnham & District
39	0:31:50	Emma Houchell	Basildon AC
40	0:31:52	Bethanie Murray	Oxford University AC
41	0:31:55	Katie Walshaw	Holmfirth Harriers AC
42	0:31:58	Rachael Lundgren	Gosforth Harriers & AC
43	0:31:59	Lara Bromilow	Marshall Milton Keynes AC
44	0:32:04	Helen Berry	Holmfirth Harriers AC
45	0:32:07	Laura Gent	Aldershot Farnham & District
46	0:32:10	Emma Dixon	Highgate Harriers
47	0:32:13	Molly Browne	Birmingham Running Athletics & Triathl
48	0:32:13	Nicole Roberts	Birchfield Harriers
49	0:32:14	Gemma Barry	Hillingdon AC
50	0:32:14	Lucy Reid	Tonbridge AC
51	0:32:14	Melanie Wilkins	Winchester & District AC
52	0:32:16	Jade Stone	Matlock Athletic Club
53	0:32:18	Nichola Jackson	Ranelagh Harriers
54	0:32:18	Sarah Lowery	Sheffield RC
55	0:32:20	Veleska Wills	Derby Athletic Club
56	0:32:21	Zara Knappy	Rotherham Harriers and AC
57	0:32:22	Ashley Scott	Highgate Harriers
58	0:32:23	Sarah Murphy	Vale Royal AC
59	0:32:25	Vicki Cronin	Trafford Athletic Club
60	0:32:25	Katie Synge	Charnwood A C
61	0:32:26	Eleanor Fowler	Nuneaton Harriers
62	0:32:27	Rebecca Hall	Corby AC
63	0:32:30	Charlotte Chalwin	Basingstoke & Mid Hants AC
64	0:32:36	Claire Grima	Hercules Wimbledon AC
65	0:32:40	Naomi Mitchell	Reading AC
66	0:32:40	Alice Leake	Leeds City Athletic Club
67	0:32:42	Simone Dailey	Winchester & District AC
68	0:32:42	Alice Burgin	Bedford & County AC
69	0:32:45	Lucy Elliott	Winchester & District AC
70	0:32:49	Alice Reed	Stratford Upon Avon AC
71	0:32:49	Nicola Squires	Hallamshire Harriers Sheffield
72	0:32:50	Rose Penfold	Fulham Running Club
73	0:32:50	Megan McBrien	Royal Sutton Coldfield Athletic Club
74	0:32:50	Evie Brailsford	City Of Sheffield And Dearne AC
75	0:32:51	Katie Moore	Herne Hill Harriers
76	0:32:51	Sally Judd	Chelmsford AC
77	0:32:51	Tessa Clarke	Wolverhampton & Bilston
78	0:32:52	Emma Parkinson	Rotherham Harriers and AC
79	0:32:52	Polly Keen	Nuneaton Harriers
80	0:32:53	Kelly Grant	City Of Norwich AC
81	0:32:55	Carla Brown	Cambridge & Coleridge AC
82	0:32:58	Kerry Holland	Southend On Sea AC
83	0:32:59	Amie Fithern	Tipton Harriers
84	0:33:04	Kate Spilsbury	Vale Royal AC
85	0:33:07	Sophie Lee	City of Hull AC
86	0:33:08	Rhiannon Dunlop	Havant AC
87	0:33:09	Katie Allen	Birchfield Harriers
88	0:33:10	Kelly Thorneycroft	London Heathside Runners AC
89	0:33:12	Suzannah Monk	Guildford & Godalming AC
90	0:33:16	Stephanie Burns	Rotherham Harriers and AC
91	0:33:18	Bethany Garland	Chichester Runners & AC
92	0:33:18	Charlene Jacobs-Conr	Luton Athletic Club
93	0:33:20	Rebecca Howard	Aldershot Farnham & District
94	0:33:24	Katrine Svane	Team Bath Athletics Club
95	0:33:26	Chloe Bird	Tonbridge AC
96	0:33:26	Lynne Hill	Tipton Harriers
97	0:33:28	Ellie Stevens	Birchfield Harriers
98	0:33:32	Anna Hoogkamer	City Of Norwich AC
99	0:33:34	Alanah Harris	Bedford & County AC
100	0:33:37	Gail Griffiths	Manx Harriers
101	0:33:39	Mary James	South London Harriers
102	0:33:43	Natalie Griffiths	Bristol and West AC (est. 1882)*
103	0:33:45	Sally Hogan	Bromsgrove & Redditch
104	0:33:47	Rebecca Frake	Cambridge & Coleridge AC
105	0:33:49	Charlotte Mason	City of York AC
106	0:33:50	Jodie Spencer	Vale Royal AC
107	0:33:51	Alex Gounelas	Eton Manor AC
108	0:33:52	Kate Titlow	Vale Royal AC
109	0:33:54	Sarah Lackman	Abingdon AC
110	0:33:55	Lucy Rogers	Wycombe Phoenix Harriers & AC
111	0:33:56	Stephanie Ainley	Thames Valley Harriers
112	0:34:00	Rhiannon Silson	Border Harriers & AC
113	0:34:00	Emily Monk	Halesowen ACc
114	0:34:01	Sarah MacKness	Telford AC
115	0:34:02	Melissa Woodward	Royal Sutton Coldfield Athletic Club
116	0:34:03	Katie Lomas	Charnwood A C
117	0:34:06	Rebecca Pierce	Team Bath Athletics Club
118	0:34:08	Rebecca Berger-Nort	Bracknell AC
119	0:34:08	Claire Somerton	Cambridge & Coleridge AC
120	0:34:09	Diane Moore	Headington RR
121	0:34:10	Elsie Butler	Charnwood A C
122	0:34:10	Helen Talbot	Nuneaton Harriers
123	0:34:12	Victoria Crawford	Serpentine RC
124	0:34:14	Paula Richardson	Coventry Godiva Harriers
125	0:34:14	Rebecca Gallop	Newark AC
126	0:34:16	Natasha Lodge	Herne Hill Harriers
127	0:34:16	Jennifer McLachlan	Winchester & District AC
128	0:34:17	Maria Heslop	Paddock Wood AC
129	0:34:19	Michelle Willcocks	Sutton In Ashfield Harriers & AC
130	0:34:20	Nik Terrega	York Knavesmire Harriers
131	0:34:22	Becky Penty	York Knavesmire Harriers
132	0:34:23	Nicci Blandford	Southampton Athletic Club
133	0:34:37	Megan Brickell	Tonbridge AC
134	0:34:37	Emma Burgess	Highgate Harriers
135	0:34:41	Cloe Hubbard	Newark AC
136	0:34:42	Rachael Ayerst	Southampton Athletic Club
137	0:34:43	Karen Ellison	Herne Hill Harriers
138	0:34:44	Cas Wright	London Heathside Runners AC
139	0:34:48	Emma Jolley	City Of Portsmouth AC
140	0:34:51	Anna Godfrey	Reading AC
141	0:34:55	Imogen Peck	Bristol and West AC (est. 1882)
142	0:34:56	Alice Smith	Sunderland Harriers & AC
143	0:34:56	Sarah Hanley	Kent AC
144	0:34:57	Jenny Featherstone	Totley AC
145	0:34:58	Sarah Griffiths	Vale Royal AC
146	0:34:59	Teresa Murphy	Kent AC
147	0:34:59	Helen Palmer	Serpentine RC
148	0:35:00	Sarah Kingston	Southampton Athletic Club
149	0:35:02	Kelly Dicks	Great Western Runners
150	0:35:03	Georgina Russell	Southampton Athletic Club
151	0:35:03	Rebecca Bunting	London Heathside Runners AC
152	0:35:05	Audrey Wilson	Wolverhampton & Bilston
153	0:35:07	Cordelia Parker	Abingdon AC
154	0:35:14	Toni O'Donovan	Barrow Runners
155	0:35:17	Sarah Attwood	York Knavesmire Harriers
156	0:35:19	Alina Stepanchuk	Rotherham Harriers and AC
157	0:35:19	Jennifer Smith	Kent AC
158	0:35:20	Deborah Thomas	Trentham RC
159	0:35:22	Jenni Muston	Spenborough & Dist AC
160	0:35:23	Karla Borland	Southampton Athletic Club
161	0:35:24	Florence Emond	Bristol and West AC (est. 1882)
162	0:35:25	Helen Armitage	Sale Harriers Manchester
163	0:35:25	Ula Cartwright-Finch	London Heathside Runners AC
164	0:35:27	Sophia Tucker	University of Warwick
165	0:35:29	Susannah Davies	Tipton Harriers
166	0:35:31	Tamara Freeman	Bromsgrove & Redditch
167	0:35:32	Yasmin Goater	Guildford & Godalming AC
168	0:35:33	Carla Plowden-Rober	Aldershot Farnham & District
169	0:35:34	Sarah Cumber	Halifax Harriers & AC
170	0:35:35	Jane Higgs	Kent AC
171	0:35:36	Emma Montiel	City Of Portsmouth AC
172	0:35:36	Bryher Bowness	Southampton Athletic Club
173	0:35:36	Bethany Brown	Middlesbrough Athletic Club (mandale)
174	0:35:37	Margaret Sykes	Holmfirth Harriers AC
175	0:35:38	Polly Ainsley	Bristol and West AC (est. 1882)
176	0:35:40	Jill Pittard	Northbrook AC
177	0:35:41	Louise Dawson	City Of Stoke AC
178	0:35:41	Jacqueline Rockliffe	Avon Valley Runners
179	0:35:41	Sophie Martin	Wharfedale Harriers
180	0:35:42	Liz Barker	Headington RR
181	0:35:43	Victoria Hayes	Chelmsford AC
182	0:35:45	Wendy King	Chelmsford AC
183	0:35:47	Sally-Ann Walker	Tipton Harriers
184	0:35:48	Beth Armstrong	Bexley AC
185	0:35:50	Sally Underhill	Belgrave Harriers
186	0:35:52	Natasha Sheel	Serpentine RC
187	0:35:52	Jo Buckley	Bingley Harriers & AC
188	0:35:52	Alex Binley	Hercules Wimbledon AC
189	0:35:52	Hannah Wells	Hillingdon AC
190	0:35:53	Natalie Wettler	Charnwood A C
191	0:35:54	Emma Robinson	Harrogate Harriers & AC
192	0:35:56	Lora Blann	Altrincham & District AC
193	0:35:58	Harriett Buswell	Leeds City Athletic Club
194	0:35:58	Heather Paterson	Dorking & Mole Valley AC
195	0:35:59	Amber Reed	Blackheath And Bromley Harriers
196	0:36:00	Caroline Warrington	York Knavesmire Harriers
197	0:36:01	Kelly Hewitson	Southampton Athletic Club
198	0:36:02	Helen Elmore	Sheffield Tri Club
199	0:36:02	Lucy Ellis	Ealing Southall & Middlesex AC
200	0:36:04	Nicola Devine	Doncaster Athletic Club
201	0:36:05	Frances Arnott	Southampton Athletic Club
202	0:36:08	Joanne Sanders	Wigston Phoenix RC
203	0:36:09	Laura Blazey	Ranelagh Harriers
204	0:36:10	Julia Wedmore	Herne Hill Harriers
205	0:36:13	Elizabeth Hutson	Rotherham Harriers and AC
206	0:36:15	Zara Blower	Leamington Cycling & Athletic Club
207	0:36:15	Amicia Lee	Leeds City Athletic Club
208	0:36:15	Sarah Urwin-Mann	Reading Roadrunners
209	0:36:18	Michelle Bartlett	Banbury Harriers AC
210	0:36:20	Joanne Birtwistle	Notts AC
211	0:36:21	Sophie Kirk	Fulham Running Club
212	0:36:24	Joanne Raine	Crook & Dist Sports AC
213	0:36:26	Sarah Carroll	Salford Harriers & AC
214	0:36:27	Amy Johnson	Headington RR
215	0:36:29	Alice Wood	Tonbridge AC
216	0:36:31	Helen Lister	Dulwich Runners AC
217	0:36:34	Vicky Younger	Sunderland Harriers & AC
218	0:36:35	Andrea Deathridge	Royal Sutton Coldfield Athletic Club
219	0:36:37	Fiona Alexander	Ripley Running Club
220	0:36:37	Bethany Gibson	Aldershot Farnham & District
221	0:36:39	Sophie Lynch	Tipton Harriers
222	0:36:40	Kirstie Anderson	Tynedale Harriers & AC
223	0:36:40	Bethan Hubbard	Aldershot Farnham & District
224	0:36:41	Emma Stevens	Aldershot Farnham & District
225	0:36:42	Kerry Storrar	Barnsley Athletic Club
226	0:36:43	Maureen McCarthy	West Suffolk AC
227	0:36:48	Helena Herrmann	Trafford Athletic Club
228	0:36:49	Christine Heaton	Holme Pierrepont RC
229	0:36:49	Lucie Tait-Harris	Telford AC
230	0:36:50	Katherine Wellam	Sale Harriers Manchester
231	0:36:54	Natalia Eddy	Serpentine RC
232	0:36:58	Rebecca Gould	Hinckley Running Club
233	0:36:59	Emma Beckwith	Leeds University AC/CC Club
234	0:36:59	Rosalind Kelling	Banbury Harriers AC
235	0:37:00	Victoria Buck	Kent AC
236	0:37:02	Grace Allen	Stourbridge RC
237	0:37:05	Leonie Shipley	Derby Athletic Club
238	0:37:10	Sian Hawkes	City Of Portsmouth AC
239	0:37:12	Siana Jones	Thames Valley Harriers
240	0:37:14	Bethany Larby	Gosforth Harriers & AC
241	0:37:16	Francesca Clarke	Hercules Wimbledon AC
242	0:37:20	Louise Trainor	Quakers Running Club
243	0:37:20	Leigh James	London Heathside Runners AC
244	0:37:21	Ruth Jones	Aldershot Farnham & District
245	0:37:23	Victoria Brown	Serpentine RC
246	0:37:24	Sarah Gill	Harrogate Harriers & AC
247	0:37:26	Sarah Pennington	Southend On Sea AC
248	0:37:26	Ruth Jones	Nene Valley Harriers
249	0:37:27	Helen Stansfield	Wallasey Athletic Club
250	0:37:30	Joanna Winfield	Luton Athletic Club
251	0:37:31	Claire Hayes Gill	Holme Pierrepont RC
252	0:37:34	Anne Chinoy	Sale Harriers Manchester
253	0:37:34	Samya Armoush	Sheffield RC
254	0:37:36	Lucy Cambridge	Wolverhampton & Bilston
255	0:37:37	Cassie Holmes	York Knavesmire Harriers
256	0:37:37	Becki Robinson	Salford Harriers & AC
257	0:37:38	Sophie Lloyd	White Horse Harriers
258	0:37:38	Emma Cupitt	Holme Pierrepont RC
259	0:37:39	Sue Phillips	Darlington H & AC
260	0:37:39	Jayne Pemble	Westbury Harriers
261	0:37:41	Jessica Denman	Ilkeston Running Club
262	0:37:41	Sarah Semmens	Long Eaton Running Club
263	0:37:42	Krisztina Kurucz	Kettering Town Harriers
264	0:37:43	Emily Baines	York Knavesmire Harriers
265	0:37:44	Joanne Finch	Notts AC
266	0:37:45	Julia Bailey	Ranelagh Harriers
267	0:37:46	Rebecca Hewitt	Barrow Runners
268	0:37:47	Claire Pickersgill	Longwood Harriers AC
269	0:37:48	Emma Bexson	Stratford Upon Avon AC
270	0:37:54	Pascale Holden	Shelton Striders
271	0:37:55	Rebecca Donohue	Liverpool Harriers & AC
272	0:37:57	Lizzie Goldie-Scott	Belgrave Harriers
273	0:38:00	Hannah Whitelam	Hallamshire Harriers Sheffield
274	0:38:05	Fiona Maddocks	Belgrave Harriers
275	0:38:06	Eloise Lee	Birmingham Running Athletics & Triathl
276	0:38:08	Lucy Pitcairn-Knowle	Tonbridge AC
277	0:38:10	Harriet Griffiths	Headington RR
278	0:38:10	Heather Langham	Leeds City Athletic Club
279	0:38:10	Tamara Dutt	Aldershot Farnham & District
280	0:38:11	Megan Thomas	Birmingham Running Athletics & Triathl
281	0:38:12	Ann Gould	Holme Pierrepont RC
282	0:38:13	Rebecca Northmore	Ranelagh Harriers
283	0:38:13	Taryne McPherson	Eton Manor AC
284	0:38:14	Katie Smith	York Knavesmire Harriers
285	0:38:16	Stephanie Robson	Bingley Harriers & AC
286	0:38:18	Daisy Pickles	Macclesfield Harriers & AC
287	0:38:19	Jane Bradshaw	Blackheath And Bromley Harriers
288	0:38:22	Maria Frykfors	Headington RR
289	0:38:23	Jacqueline Keavney	Richmond & Zetland Harriers
290	0:38:24	Joanne Moss	Congleton Harriers
291	0:38:24	Louise Richmond	Charnwood A C
292	0:38:25	Eliza Grant	Kent AC
293	0:38:25	Hayley Gill	Matlock Athletic Club
294	0:38:25	Jessica Gill	New Forest Runners
295	0:38:26	Hannah Fleet	Lancaster & Morecambe AC
296	0:38:27	Gayle Brown	Leicester Coritanian AC
297	0:38:28	Amy Inchley	Leighton Buzzard Athletic Club
298	0:38:28	Leanne Herron	Blyth Running Club
299	0:38:29	Rebecca Freeman	Solihull & Small Heath Athletic Club
300	0:38:30	Monica Baptista	Bournville Harriers

Senior Women

Pos	Time	Name	Club
301	0:38:31	Emma Essex-Crosby	Preston Harriers
302	0:38:33	Alice Hoskin	London Heathside Runners AC
303	0:38:34	Emma Woodworth	Westbury Harriers
304	0:38:35	Helen Tromans	Dudley Kingswinford RC
305	0:38:35	Claire Fisher	Eton Manor AC
306	0:38:38	Tara Robb	Low Fell RC
307	0:38:39	Sarah Boxer	Barnet & District AC
308	0:38:40	Natalie Thompson	Windsor Slough Eton & Hounslow AC
309	0:38:40	Frances Vickers	Birchfield Harriers
310	0:38:41	Natalie Wickings	Hillingdon AC
311	0:38:41	Jill Westwood	Avon Valley Runners
312	0:38:44	Kate Williams	Kent AC
313	0:38:45	Claire O'Callaghan	South Shields Harriers & AC
314	0:38:47	Joanne Matthews	Hermitage Harriers
315	0:38:48	Catherine Wilson	Beeston AC
316	0:38:49	Courtney Thornberry	Leamington Cycling & Athletic Club
317	0:38:49	Sophie Wilkinson	Nene Valley Harriers
318	0:38:52	Penelope Barber	Tipton Harriers
319	0:38:54	Daisy Gladstone	Serpentine RC
320	0:38:56	Lucy Partridge	Pensby Runners
321	0:38:58	Zoe Woodward	Eton Manor AC
322	0:39:01	Kerry Stainton	Louth AC
323	0:39:04	Catherine Tinker	Charnwood A C
324	0:39:04	Lydia Blackmore	Kent AC
325	0:39:06	Corrina Loosemore	Ilkeston Running Club
326	0:39:09	Cheralynne Todd Mcl	Rushcliffe AC
327	0:39:10	Kate Shockley	Hillingdon AC
328	0:39:14	Sheila Lammas	Stratford Upon Avon AC
329	0:39:14	Megan Bailey	Belgrave Harriers
330	0:39:16	Sophie Eadsforth	Beeston AC
331	0:39:16	Anna Midgley	Gloucester AC
332	0:39:16	Cheryl Parkin	Low Fell RC
333	0:39:17	Steff Warwick	Long Eaton Running Club
334	0:39:18	Lisa Thomas	Hercules Wimbledon AC
335	0:39:21	Sarah Tyler	Holme Pierrepont RC
336	0:39:23	Christine Howard	Matlock Athletic Club
337	0:39:24	Heather Robinson	Jarrow & Hebburn AC
338	0:39:24	Samantha Morton	Halesowen ACc
339	0:39:25	Sydnee Watlow	Fulham Running Club
340	0:39:27	Katie Sharp	Denby Dale Travellers
341	0:39:27	Cat Mills	Great Western Runners
342	0:39:28	Ruth Brandon	Holme Pierrepont RC
343	0:39:29	Melissa Denman	Ilkeston Running Club
344	0:39:29	Rachel Davidson	Gosforth Harriers & AC
345	0:39:29	Esther Broughton	Ripley Running Club
346	0:39:30	Alannah Birtwistle	Macclesfield Harriers & AC
347	0:39:30	Kate Malcolm	Eton Manor AC
348	0:39:30	Kathryn Evans	Huncote Harriers
349	0:39:31	Charlotte Carpenter	Tyne Bridge Harriers
350	0:39:31	Shona Cowper	Ealing Southall & Middlesex AC
351	0:39:32	Nicola Oldroyd	Bristol and West AC (est. 1882)
352	0:39:32	Susan Francis	Reading AC
353	0:39:34	Beatrix Lafreniere	Aldershot Farnham & District
354	0:39:35	Paula Kennerley	Congleton Harriers
355	0:39:35	Tamsin Chick	Westbury Harriers
356	0:39:36	Fiona Nuttall	Wirral AC
357	0:39:36	Layla Thompson	Kingston AC And Poly Harriers
358	0:39:37	Lyndsey Richardson	Hermitage Harriers
359	0:39:37	Madeleine Ding	Headington RR
360	0:39:39	Elizabeth Wood	Crook & Dist Sports AC
361	0:39:40	Briony Walsh	Ashford AC
362	0:39:40	Chloe Pearson	Stourbridge RC
363	0:39:40	Victoria Doran	Telford Harriers
364	0:39:42	Lysanne Jurriansen	Tyne Bridge Harriers
365	0:39:44	Rachel Dearden	Roadhoggs Leicester AC
366	0:39:47	Sarah Caskey	Peterborough AC
367	0:39:47	Amy Burdis	Northbrook AC
368	0:39:49	Joy Bailey	Wolverhampton & Bilston
369	0:39:50	Beverley Jackson	Altrincham & District AC
370	0:39:50	Rachel Fagg	Tonbridge AC
371	0:39:51	Sian Gulliver	Macclesfield Harriers & AC
372	0:39:52	Laura Grimer	Nene Valley Harriers
373	0:39:52	Rachel Eddershaw	Serpentine RC
374	0:39:54	Gemma Sidaway	Royal Sutton Coldfield Athletic Club
375	0:39:56	Clark Kristy	Notts AC
376	0:39:57	Victoria Brookling	Windsor Slough Eton & Hounslow AC
377	0:39:58	Katie Carew-Robinso	City Of Portsmouth AC
378	0:40:00	Cathy Ayton	Ilkeston Running Club
379	0:40:03	Anna Mongan	Lincoln & District Runners
380	0:40:04	Vicki Thompson	Jarrow & Hebburn AC
381	0:40:07	Maddy Herbert	Fulham Running Club
382	0:40:08	Louisa Pointon	London Heathside Runners AC
383	0:40:08	Rebecca Howard	Quakers Running Club
384	0:40:10	Joanne Wharton-Ho	Ripley Running Club
385	0:40:11	Joanne Kitching	City Of Portsmouth AC
386	0:40:13	Rhian Littlewood	Bournville Harriers
387	0:40:18	Kerry Hall	Stafford Harriers
388	0:40:20	Jo Eggeman	Cambridge & Coleridge AC
389	0:40:21	Mandy Clarke	York Knavesmire Harriers
390	0:40:22	Natasha Geere	Spenborough & Dist AC
391	0:40:23	Nina Cameron	Heaton Harriers & AC
392	0:40:24	Julia Rigby	Trentham RC
393	0:40:24	Sinead Ferguson	Sale Harriers Manchester
394	0:40:25	Sophie Anne Flanaga	Telford Harriers
395	0:40:25	Amy Hadley	Tipton Harriers
396	0:40:26	Kerry Dixon	Trentham RC
397	0:40:26	Catherine Tuttle	Newbury AC
398	0:40:28	Hannah Hull	St Albans Striders
399	0:40:28	Rebecca Curtis-Hall	Ranelagh Harriers
400	0:40:29	Lisa Darby	Sedgefield Harriers
401	0:40:31	Ragnhild Marstad	Trentham RC
402	0:40:32	Nicola Ross	Birchfield Harriers
403	0:40:32	Sarah Young	Kent AC
404	0:40:32	Clare Brewis	Low Fell RC
405	0:40:32	Helena Walsater-Low	Heaton Harriers & AC
406	0:40:33	Elaine Opara	Wallasey Athletic Club
407	0:40:34	Kirsty Bryan-Jones	Sheffield Tri Club
408	0:40:36	Kerry Davies	Eden Runners
409	0:40:36	Jenny Thomas	Woodford Green AC With Essex Ladies
410	0:40:36	Heather Fisher	Sheffield RC
411	0:40:37	Melanie Wright	Marshall Milton Keynes AC
412	0:40:38	Charlotte Anne Hewi	Worksop Harriers
413	0:40:40	Natasha Lagden	Southend On Sea AC
414	0:40:41	Lindsay Smith	Long Eaton Running Club
415	0:40:45	Jo Irvin	Pensby Runners
416	0:40:47	Rhiannon Needham	Serpentine RC
417	0:40:49	Wendy Fitzpatrick	Aldershot Farnham & District
418	0:40:50	Caroline Archer	Huntingdonshire AC
419	0:40:53	Cathy Cresswell	Ripley Running Club
420	0:40:56	Cathy Brown	Long Eaton Running Club
421	0:40:56	Tania Wilson	Buxton AC
422	0:40:57	Karen Wood	City of York AC
423	0:40:57	Sarah Kaminski	Lincoln & District Runners
424	0:40:59	Catherine Fenn	Northbrook AC
425	0:40:59	Susan Driscoll	Gosforth Harriers & AC
426	0:41:00	Helen Pool	Reading Roadrunners
427	0:41:03	Shaz Wood	Doncaster Athletic Club
428	0:41:03	Helen Spencer	Beeston AC
429	0:41:04	Janneke Van Beijnum	Sale Harriers Manchester
430	0:41:04	Beverley Armstrong	Mansfield Harriers
431	0:41:05	Sarah Millns	Kimberworth Striders
432	0:41:06	Jane Henderson	Crook & Dist Sports AC
433	0:41:06	Emily Meins	Cambridge Harriers
434	0:41:07	Helen Reagan	Sale Harriers Manchester
435	0:41:08	Rachel Breheny	South Shields Harriers & AC
436	0:41:08	Melanie Kay	East Cheshire Harriers & Tameside AC
437	0:41:09	Elly Blackwell	Sheffield Tri Club
438	0:41:09	Lindsey Lyes	Gloucester AC
439	0:41:10	Penny Forse	Stubbington Green Runners
440	0:41:11	Jessica Vinluan	London Heathside Runners AC
441	0:41:14	Karen Kiteley	Aldridge RC
442	0:41:15	Wendy Thompson	Huncote Harriers
443	0:41:18	Sarah Swift	Poole Runners
444	0:41:19	Emily Simmonds	Wolverhampton & Bilston
445	0:41:20	Claire Chapman	Kimberworth Striders
446	0:41:21	Catherine Millet	Formula One Circuit Crew
447	0:41:24	Catriona Scott	Headington RR
448	0:41:24	Caroline Ringrow	Serpentine RC
449	0:41:28	Helen Lockyer	City Of Portsmouth AC
450	0:41:28	Eeanor Spencer-Rega	Crook & Dist Sports AC
451	0:41:29	Clare Bovill	Sparkhill Harriers
452	0:41:30	Alison Pye	Matlock Athletic Club
453	0:41:32	Helen Turley	Headington RR
454	0:41:33	Alice Dewhirst	University of Birmingham AC and CCC
455	0:41:33	Amanda Navin	Altrincham & District AC
456	0:41:34	Celine Guery	Hinckley Running Club
457	0:41:34	Charlotte Roberts	Harrogate Harriers & AC
458	0:41:34	Sally Coombs	Corby AC
459	0:41:35	Karen Cameron	Huntingdonshire AC
460	0:41:35	Patricia Speedie	New Marske Harriers Club
461	0:41:40	Jill Butterworth	Rochdale Harriers & AC
462	0:41:41	Trudy Roberts	Louth AC
463	0:41:41	Gemma Leggett	Barrow Runners
464	0:41:46	Lucy Rusbridge	Congleton Harriers
465	0:41:49	Lisa Pettit	Serpentine RC
466	0:41:50	Diana Weightman	Alnwick Harriers
467	0:41:51	Linda Ingram	South London Harriers
468	0:41:53	Alison Osborne	Westbury Harriers
469	0:41:53	Celine Wilcock	Tring RC
470	0:41:53	Rose James	Doncaster Athletic Club
471	0:41:55	Jude Glynn	Bournville Harriers
472	0:41:57	Tracey Taylor	Sale Harriers Manchester
473	0:42:00	Eleanor Smith	Huntingdonshire AC
474	0:42:03	Eileen Brandley	Hercules Wimbledon AC
475	0:42:04	Anne Middleton	Denby Dale Travellers
476	0:42:06	Ruth Kerr	Bedford & County AC
477	0:42:07	Eloisa Brown	Kent AC
478	0:42:09	Louise Goddard	Stowmarket Striders RC
479	0:42:12	Karen Lynch	Doncaster Athletic Club
480	0:42:14	Paula Atkinson	South Shields Harriers & AC
481	0:42:16	Laura Fountain	Serpentine RC
482	0:42:16	Debra Brent	Marshall Milton Keynes AC
483	0:42:18	Joanne Healy	Dragons Running Club (Sale)
484	0:42:19	Melissa Wyszynski	Rushcliffe AC
485	0:42:19	Kirsty Bradshaw	Notts AC
486	0:42:20	Karen Weir	Ranelagh Harriers
487	0:42:22	Jessica Owen	Tonbridge AC
488	0:42:24	Emma Worsley	Denby Dale Travellers
489	0:42:26	Nicola McGlennon	Serpentine RC
490	0:42:27	Cathy Stewart	Aldershot Farnham & District
491	0:42:28	Marisole Da Boit	Derwent Runners (derby)
492	0:42:29	Hannah McGuire	Dudley Kingswinford RC
493	0:42:30	Hannah McLennagha	University of Sheffield AC
494	0:42:30	Laura Gould	Leamington Cycling & Athletic Club
495	0:42:32	Kate Ledin	Buxton AC
496	0:42:33	Nicky Mowat	Wilmslow Running Club
497	0:42:35	Jacqueline King	Istead & Ifield Harriers
498	0:42:38	Danielle De Simone	Heanor Running Club
499	0:42:40	Rachel Thebridge	Royal Sutton Coldfield Athletic Club
500	0:42:41	Susan Davis	Elvet Striders
501	0:42:41	Anna Heaton	Holme Pierrepont RC
502	0:42:42	Rachel Hodgkinson	Leigh Harriers & AC
503	0:42:43	Jane Nodder	York Knavesmire Harriers
504	0:42:43	Alana Gill	Bingley Harriers & AC
505	0:42:44	Hanny Stockman	Macclesfield Harriers & AC
506	0:42:47	Joanne Day	Harrogate Harriers & AC
507	0:42:47	Katrina Wightman	Huncote Harriers
508	0:42:52	Ruth Beresford	Trafford Athletic Club
509	0:42:55	Jenny Friend	Heaton Harriers & AC
510	0:43:01	Sheila Bradley	Buxton AC
511	0:43:02	Charlotte Geeson	Beeston AC
512	0:43:02	Joanne Hackett	Staffs Moorlands AC
513	0:43:04	Kimberli Butler	London Heathside Runners AC
514	0:43:04	Gail Hill	Wilmslow Running Club
515	0:43:05	Kay Guccione	Sheffield Tri Club
516	0:43:07	Kirsty Johnstone	Barnet & District AC
517	0:43:10	Jessica Cook	Crawley AC
518	0:43:10	Louise Chapman	Istead & Ifield Harriers
519	0:43:12	Deborah Pennick	Sedgefield Harriers
520	0:43:14	Heather Martingell	Ranelagh Harriers
521	0:43:15	Siobhan Wakely	Serpentine RC
522	0:43:16	Eleanor Bradbury	Blaydon Harriers & AC
523	0:43:17	Lisa Ansell	Banbury Harriers AC
524	0:43:20	Mary Rees	Wallasey Athletic Club
525	0:43:25	Leanne Carey	Salford Harriers & AC
526	0:43:25	Claire Keene	Birmingham Running Athletics & Triathl
527	0:43:25	Katie Meridith	Sparkhill Harriers
528	0:43:27	Samantha James	Shelton Striders
529	0:43:28	Alex Wardle	Woodford Green AC With Essex Ladies
530	0:43:29	Qin Zhou	York Knavesmire Harriers
531	0:43:33	Charlotte Kenny	Holme Pierrepont RC
532	0:43:40	Jackie Welburn	Holme Pierrepont RC
533	0:43:41	Rosemary Wilson	Trentham RC
534	0:43:44	Natalie Chandler	Vale Of Aylesbury AC
535	0:43:46	Ros Tabor	Dulwich Runners AC
536	0:43:47	Victoria Charlton	Tipton Harriers
537	0:43:47	Katherine Vinnicomb	London Heathside Runners AC
538	0:43:50	Rachel Grant	Holme Pierrepont RC
539	0:43:51	Janine Ellis	Wilmslow Running Club
540	0:43:55	Ellen Ambrose	Halesowen ACc
541	0:43:59	Laura Lewis	Tamworth AC
542	0:44:01	Michelle Tilbury	Kimberley & District Striders
543	0:44:05	Katrin Ryan	Wallasey Athletic Club
544	0:44:05	Rachel Wakefield	Newcastle Staffs AC
545	0:44:07	Lisa Blagden	Telford AC
546	0:44:08	Vicki Halse	Low Fell RC
547	0:44:09	Anne Millett	Norwich Road Runners
548	0:44:09	Fiona Kerr	Avon Valley Runners
549	0:44:09	Angela Wilson	South London Harriers
550	0:44:10	Kirstin Hay	Poole AC
551	0:44:12	Alison Burnett	East Hull Harriers & AC
552	0:44:13	Gail Turbutt	Folkestone RC
553	0:44:15	Fiona Wilson	Richmond & Zetland Harriers
554	0:44:17	Lois Tack	Lincoln & District Runners
555	0:44:25	Gwen Forster	Blyth Running Club
556	0:44:30	Annette Morris	Reigate Priory AC
557	0:44:32	Elies Mann	Norwich Road Runners
558	0:44:33	Amanda Hibbert	Holme Pierrepont RC
559	0:44:34	Vicky Doherty	Lincoln & District Runners
560	0:44:36	Eva Petersen	Serpentine RC
561	0:44:37	Anna Hinchcliffe	Rothwell & District Harriers
562	0:44:38	Amanda Gallagher	Chesapeake Road Runners
563	0:44:39	Sonia Lee	City Of Sheffield And Dearne AC
564	0:44:40	Joanne Acha	Tipton Harriers
565	0:44:41	Debbie Hewitt	Heanor Running Club
566	0:44:42	Susan Gough	Sphinx AC
567	0:44:43	Christine Hearmon	Sedgefield Harriers
568	0:44:44	Dianne Priestley	Kendal Amateur Athletic Club
569	0:44:47	Louise Bibbings	Telford Harriers
570	0:44:47	Rita Fisher	Heanor Running Club
571	0:44:49	Rachel Shambrook	Redhill Road Runners
572	0:44:51	Catherine Benson	Long Eaton Running Club
573	0:44:52	Angela Tegg	West Cheshire Athletic Club
574	0:44:54	Susan Browning	Blyth Running Club
575	0:44:55	Laura Kirwan	Aldridge RC
576	0:44:57	Kerry Allen	Kings Heath RC - The Lions
577	0:44:58	Anna Vinter	Lincoln Wellington Athletic Club
578	0:45:00	Stephanie Adams	Halesowen ACc
579	0:45:02	Sophia Holder	Serpentine RC
580	0:45:02	Tracy Glaister	Sedgefield Harriers
581	0:45:03	Laura Merryweather	Redhill Road Runners
582	0:45:04	Heather Fryer-Winde	Buxton AC
583	0:45:05	Christine Bexton	Beeston AC
584	0:45:08	Helen Carter	Sale Harriers Manchester
585	0:45:10	Millie Dawson	Kings Heath RC - The Lions
586	0:45:11	Christine Skellern	Stafford Harriers
587	0:45:12	Catherine Allen	Formula One Circuit Crew
588	0:45:19	Rosie Winder	Headington RR
589	0:45:20	Elizabeth Ives	Dartford Harriers AC
590	0:45:21	Claire Mason	Blyth Running Club
591	0:45:28	Michelle Noble	Holme Pierrepont RC
592	0:45:30	Renee-Marie Young	Dartford Harriers AC
593	0:45:32	Anne Kelsall	Aldridge RC
594	0:45:32	Jill Phillips	Trentham RC
595	0:45:35	Nancy Skinner	Sheffield Tri Club
596	0:45:37	Stephanie Goodchild	Manchester Ymca Harriers
597	0:45:39	Ruth Lindsey	Sale Harriers Manchester
598	0:45:40	Debbielyn Hallam	Southend On Sea AC
599	0:45:41	Vicky McClelland	Denby Dale Travellers
600	0:45:41	Sue Chicken	Holme Pierrepont RC

Senior Women

Pos	Time	Name	Club
601	0:45:43	Sue Crinnian	Halesowen ACc
602	0:45:45	Freya Hollingsworth	Hillingdon AC
603	0:45:46	Nicola Atkins	Telford Harriers
604	0:45:47	Michelle Sprent	Richmond & Zetland Harriers
605	0:45:48	Sharon Lamont	Wallasey Athletic Club
606	0:45:49	Petra Bijsterveld	Ilkley Harriers AC
607	0:45:49	Suzi Graham	Stratford Upon Avon AC
608	0:45:49	Sue Exon	Trafford Athletic Club
609	0:45:51	Sarah Gartside	Gosforth Harriers & AC
610	0:45:54	Nicola Tautscher	Bournville Harriers
611	0:45:55	Brenda Wane	Leigh Harriers & AC
612	0:45:56	Emma Coombes (kee	Bedford & County AC
613	0:45:58	Lucy Veale	Beeston AC
614	0:45:58	Caroline Fuller	City Of Sheffield And Dearne AC
615	0:45:59	Katie King	Headington RR
616	0:46:00	Doubec Levick	Lincoln & District Runners
617	0:46:03	Carol Beattie	Steel City Striders RC
618	0:46:03	Caroline Saunders	Kimberworth Striders
619	0:46:07	Jennifer Hall	Eton Manor AC
620	0:46:10	Ruth Gowers	Buxton AC
621	0:46:13	Evgeniya Mihaylova	Beeston AC
622	0:46:14	Jane Anderson	Bromsgrove & Redditch
623	0:46:17	Rachel Anderson	Barrow Runners
624	0:46:18	Nadine Minty	Didcot Runners
625	0:46:20	Emma Wellham	Ranelagh Harriers
626	0:46:29	Claire Seymour	Reading Roadrunners
627	0:46:30	Michelle Stevens	Congleton Harriers
628	0:46:34	Carole Clifford	Rothwell & District Harriers
629	0:46:38	Sharon Armitage	Mansfield Harriers
630	0:46:42	Angela Jackson	Steel City Striders RC
631	0:46:43	Stacey Marston	Bournville Harriers
632	0:46:48	Lucy Adams	Holme Pierrepont RC
633	0:46:49	Ruth Wareham	Kings Heath RC - The Lions
634	0:46:52	Sarah Gould	Westbury Harriers
635	0:46:57	Kirsty Phillips	Cleethorpes And District AC
636	0:46:58	Lisa Boyd	Heaton Harriers & AC
637	0:46:59	Sarah Maisey	Serpentine RC
638	0:47:00	Elizabeth Lakin	Long Eaton Running Club
639	0:47:01	Catherine O'Connor	Folkestone RC
640	0:47:03	Joanna Evans	Cleethorpes And District AC
641	0:47:04	Pauline Stocker	Huntingdonshire AC
642	0:47:05	Lorraine Burrell	Cleethorpes and District AC
643	0:47:07	Alexa Dale	Sheffield RC
644	0:47:08	Gemma Harmon	Blyth Running Club
645	0:47:10	Jan Forrester	Matlock Athletic Club
646	0:47:13	Tanya Richardson	Chesapeake Road Runners
647	0:47:14	Diana Braverman	Cambridge & Coleridge AC
648	0:47:15	Gaenor Coy	Ilkley Harriers AC
649	0:47:17	Janet Wyles	Wilmslow Running Club
650	0:47:18	Fiona Towell	Leighton Buzzard Athletic Club
651	0:47:18	Lisa Carter	Radcliffe AC
652	0:47:19	Fiona Atkins	Dartford Harriers AC
653	0:47:20	Julie Lucas	Wilmslow Running Club
654	0:47:21	Heather Thornley	Redhill Road Runners
655	0:47:21	Kate Johnson	Leighton Buzzard Athletic Club
656	0:47:25	Parul Akter	Tyne Bridge Harriers
657	0:47:29	Sarah Whyte	Stafford Harriers
658	0:47:34	Rebecca Hunt	Kimberworth Striders
659	0:47:37	Emma Rawson	Rothwell & District Harriers
660	0:47:43	Carol Fisher	Dudley Kingswinford RC
661	0:47:44	Clare Janette Boutle	Barnet & District AC
662	0:47:44	Kathryn Mellor	Holme Pierrepont RC
663	0:47:45	Jan McArd	Wallasey Athletic Club
664	0:47:47	Rebecca Biegel	Banbury Harriers AC
665	0:47:49	Sue Kaye	Denby Dale Travellers
666	0:47:51	Emma Hill	Desford Striders
667	0:47:53	Susan Twardochleb	Newcastle Staffs AC
668	0:48:02	Julie Dutton	Charnwood A C
669	0:48:04	Sophie Fodden	Holmfirth Harriers AC
670	0:48:06	Helen Attwood	Halesowen ACc
671	0:48:08	Cathy Hughes	Tonbridge AC
672	0:48:08	Carole Jack	St Albans Striders
673	0:48:15	Laura Stewart	Serpentine RC
674	0:48:16	Anna Cosimetti	Halesowen ACc
675	0:48:18	Fiona Lawrie	Louth AC
676	0:48:20	Denise Ramsden	Rothwell & District Harriers
677	0:48:25	Alison Bell	Leighton Buzzard Athletic Club
678	0:48:26	Alyson Williamson	Darlington H & AC
679	0:48:28	Irene Forty	Huncote Harriers
680	0:48:30	Joanne Worboys-Hod	Denby Dale Travellers
681	0:48:30	Samantha O' Conner	Sutton In Ashfield Harriers & AC
682	0:48:32	Lindsay Davies	Blackburn Harriers & AC
683	0:48:32	Bev Barnes	Redhill Road Runners
684	0:48:36	Jackie Duvall	Headington RR
685	0:48:38	Melanie Portlock	Cleethorpes and District AC
686	0:48:40	Lisa Vicary	Kings Heath RC - The Lions
687	0:48:40	Rachel Whittaker	Notts AC
688	0:48:41	Yan Cain	Shelton Striders
689	0:48:43	Jennifer Price	Sparkhill Harriers
690	0:48:43	Helen Woodburn	Kimberworth Striders
691	0:48:51	Claire Edwards	Huncote Harriers
692	0:48:53	Rachel Murray	Kirkby Milers AC
693	0:48:53	Bhavna Mistry	Kirkby Milers AC
694	0:48:53	Sarah-Jane Carroll	Kirkby Milers AC
695	0:48:53	Vicki Jones	Kirkby Milers AC
696	0:48:58	Naomi Rabin	Steel City Striders RC
697	0:49:07	Magdalena Boo	Steel City Striders RC
698	0:49:16	Sharon Maughan	Doncaster Athletic Club
699	0:49:21	Claire Marsden	Wallasey Athletic Club
700	0:49:21	Theresa Lamble	Didcot Runners
701	0:49:23	Elysia Gapper	Telford Harriers
702	0:49:27	Stephanie Rose Dann	Dartford Harriers AC
703	0:49:31	Louise Marsden	Wallasey Athletic Club
704	0:49:44	Jodie Clarke	Trentham RC
705	0:49:50	Jane Cope	Louth AC
706	0:49:51	Christine Ongoma	Shelton Striders
707	0:49:53	Sue Wickham	Preston Harriers
708	0:49:53	Lindsey Farrelly	Manchester Harriers & AC
709	0:49:55	Elin Loftesnes	Sandhurst Joggers
710	0:49:58	Sandra Harding-Brow	Headington RR
711	0:50:07	Barbara Partridge	Kings Heath RC - The Lions
712	0:50:08	Gemma Arbon	Mansfield Harriers
713	0:50:11	Joanne Woodward	Team Derby Runner
714	0:50:13	Katrina Hallet	Derwent Runners (derby)
715	0:50:14	Kate Lucas	Denby Dale Travellers
716	0:50:14	Emma Higgins	Halesowen ACc
717	0:50:18	Victoria Sloan	Westbury Harriers
718	0:50:20	Katie Briggs	Tipton Harriers
719	0:50:22	Kathy Leaf	Bexley AC
720	0:50:24	Abbie Thompson	Wolverhampton & Bilston
721	0:50:24	Amber Bradley	Cleethorpes and District AC
722	0:50:25	Rebecca Bridgman	Kings Heath RC - The Lions
723	0:50:33	Abigail Wright	Aldridge RC
724	0:50:40	Jane Duggan	Tonbridge AC
725	0:50:57	Patricia Howard	South London Harriers
726	0:51:03	Hilary McConville	Huntingdonshire AC
727	0:51:20	Jacqui Dean	Roadhoggs Leicester AC
728	0:51:29	Samantha Hale	Tipton Harriers
729	0:51:42	Ewa Johnson	Blyth Running Club
730	0:51:44	Sahra Derkits	Kings Heath RC - The Lions
731	0:51:50	Lucy Stevens	Fulham Running Club
732	0:51:51	Valerie Lindsey	Long Eaton Running Club
733	0:51:52	Olga Wiggins	Preston Harriers
734	0:51:53	Karen Head	Rothwell & District Harriers
735	0:51:59	Jenny Whitehead	Folkestone RC
736	0:52:02	Manisha Parmar	Sparkhill Harriers
737	0:52:09	Eithne Noonan	Westbury Harriers
738	0:52:14	Catherine Cuthbert	Wallasey Athletic Club
739	0:52:24	Ndiarka Mbodji	Beeston AC
740	0:52:45	Sallyann Smith	Sheffield Tri Club
741	0:52:56	Hannah Bennett	Gloucester AC
742	0:53:01	Stephanie Egleston	Telford Harriers
743	0:53:08	Louise Evans	Kings Heath RC - The Lions
744	0:53:09	Victoria Hand	Sphinx AC
745	0:53:14	Lynda Hargreaves	Wharfedale Harriers
746	0:53:20	Emma Dorman	Denby Dale Travellers
747	0:53:21	Theresa Donohue	Lingfield RC
748	0:53:25	Judith Clarkson	Fulham Running Club
749	0:53:28	Zoe Barlow	Heanor Running Club
750	0:53:39	Emma Carter	Headington RR
751	0:53:43	Rachel Sheldrake	Notfast RC
752	0:53:49	Abbie Dagg	Denby Dale Travellers
753	0:53:52	Cilla Harding	Dudley Kingswinford RC
754	0:53:56	Kathy Sharpe	Kent AC
755	0:53:58	Sarah Walker	Tipton Harriers
756	0:54:08	Anne Craddock	Blyth Running Club
757	0:54:36	Tara Ricketts	Holme Pierrepont RC
758	0:54:48	Annabelle Hadlow	Kent AC
759	0:55:00	Jean Inglis	Holme Pierrepont RC
760	0:55:21	Anika Power	Ilkeston Running Club
761	0:55:22	Gill Goodwin	Winchester & District AC
762	0:56:31	Geraldine Legon	Bexley AC
763	0:56:36	Sahata Williams	Holme Pierrepont RC
764	0:56:40	Margaret Whitham	Folkestone RC
765	0:56:43	Sara James	Tyne Bridge Harriers
766	0:57:13	Dawn Bower	Ilkeston Running Club
767	0:57:20	Tina Eke	Folkestone RC
768	0:57:32	Philippa Abrams	Stratford Upon Avon AC
769	0:57:35	Carole Williams	Vale Royal AC
770	0:57:44	Rose Graham	Holme Pierrepont RC
771	0:58:09	Caroline Torry	Serpentine RC
772	0:58:17	Helen Brookes	Kings Heath RC - The Lions
773	0:58:28	Samantha Day	Serpentine RC
774	0:59:31	Kathryn Willis	Chesapeake Road Runners
775	1:01:01	Paula Pigot	Ilkeston Running Club
776	1:01:17	Alison Kent	Stourbridge RC
777	1:02:29	Susan Allen	Clayton Le Moors Harriers
778	1:02:49	Kari Edwards	Preston Harriers
779	1:03:44	Taryn Talbot	Great Western Runners
780	1:03:47	Grace Hough	Telford Harriers
781	1:03:47	Emma Hodges	Telford Harriers
782	1:03:56	Nicola Potter	Rolls Royce Harriers
783	1:06:01	Christine Leathley	Clayton Le Moors Harriers
784	1:07:40	Sheena Parry	Team Derby Runner
785	1:07:49	Lesley Andrew	Team Derby Runner
786	1:09:01	Janette Kilgour	Heaton Harriers & AC
787	1:10:22	Sally Winterton	Shelton Striders
788	1:17:54	Ruby Ooi	Stourbridge RC

Pos	Time	Name	Club

Team Results:

Pos	Points	Team / Club	Placings
1	22	Aldershot Farnham & District	(2 4 7 9)
2	107	Charnwood A C	(5 12 30 60)
3	154	Highgate Harriers	(23 28 46 57)
4	160	Winchester & District AC	(6 36 51 67)
5	184	Tonbridge AC	(17 22 50 95)
6	256	Rotherham Harriers and AC	(32 56 78 90)
7	293	Leeds City Athletic Club	(3 31 66 193)
8	325	Cambridge & Coleridge AC	(21 81 104 119)
9	356	Vale Royal AC	(58 84 106 108)
10	397	Hallamshire Harriers Sheffield	(16 37 71 273)
11	440	Chelmsford AC	(1 76 181 182)
12	480	Kent AC	(34 143 146 157)
13	527	Tipton Harriers	(83 96 165 183)
14	540	London Heathside Runners AC	(88 138 151 163)
15	541	Birchfield Harriers	(48 87 97 309)
16	542	Herne Hill Harriers	(75 126 137 204)
17	566	Southampton Athletic Club	(132 136 148 150)
18	586	Reading AC	(29 65 140 352)
19	612	York Knavesmire Harriers	(130 131 155 196)
20	652	Sale Harriers Manchester	(8 162 230 252)
21	659	Gosforth Harriers & AC	(33 42 240 344)
22	687	Serpentine RC	(123 147 186 231)
23	780	Royal Sutton Coldfield Athletic Cl	(73 115 218 374)
24	791	Headington RR	(120 180 214 277)
25	804	Ranelagh Harriers	(53 203 266 282)
26	827	Hercules Wimbledon AC	(64 188 241 334)
27	828	Bristol and West AC (est. 1882)	(141 161 175 351)
28	851	Wolverhampton & Bilston	(77 152 254 368)
29	875	Hillingdon AC	(49 189 310 327)
30	914	Telford AC	(26 114 229 545)
31	925	City Of Portsmouth AC	(139 171 238 377)
32	928	Holmfirth Harriers AC	(41 44 174 669)
33	1003	Fulham Running Club	(72 211 339 381)
34	1016	Eton Manor AC	(107 283 305 321)
35	1018	Holme Pierrepont RC	(228 251 258 281)
36	1051	Avon Valley Runners	(14 178 311 548)
37	1060	Belgrave Harriers	(185 272 274 329)
38	1128	Birmingham Running Athletics &	(47 275 280 526)
39	1133	Matlock Athletic Club	(52 293 336 452)
40	1255	Bedford & County AC	(68 99 476 612)
41	1274	Stratford Upon Avon AC	(70 269 328 607)
42	1307	Ilkeston Running Club	(261 325 343 378)
43	1335	Notts AC	(210 265 375 485)
44	1340	Southend On Sea AC	(82 247 413 598)
45	1347	Trentham RC	(158 392 396 401)
46	1360	Sheffield RC	(54 253 410 643)
47	1367	Ripley Running Club	(219 345 384 419)
48	1386	Westbury Harriers	(260 303 355 468)
49	1400	Harrogate Harriers & AC	(191 246 457 506)
50	1402	Trafford Athletic Club	(59 227 508 608)
51	1429	Long Eaton Running Club	(262 333 414 420)
52	1454	Crook & Dist Sports AC	(212 360 432 450)
53	1507	Barrow Runners	(154 267 463 623)
54	1508	Macclesfield Harriers & AC	(286 346 371 505)
55	1557	Sheffield Tri Club	(198 407 437 515)
56	1569	Halesowen ACc	(113 338 540 578)
57	1576	Doncaster Athletic Club	(200 427 470 479)
58	1584	Beeston AC	(315 330 428 511)
59	1588	Low Fell RC	(306 332 404 546)
60	1630	Banbury Harriers AC	(209 234 523 664)
61	1722	Wallasey Athletic Club	(249 406 524 543)
62	1735	Congleton Harriers	(290 354 464 627)
63	1767	Bournville Harriers	(300 386 471 610)
64	1842	South London Harriers	(101 467 549 725)
65	1902	Denby Dale Travellers	(340 475 488 599)
66	1915	Lincoln & District Runners	(379 423 554 559)
67	1929	Telford Harriers	(363 394 569 603)
68	1941	Heaton Harriers & AC	(391 405 509 636)
69	1976	Huncote Harriers	(348 442 507 679)
70	1991	Huntingdonshire AC	(418 459 473 641)
71	2008	Buxton AC	(421 495 510 582)
72	2017	Blyth Running Club	(298 555 574 590)
73	2066	Sedgefield Harriers	(400 519 567 580)
74	2134	Tyne Bridge Harriers	(349 364 656 765)
75	2152	Kimberworth Striders	(431 445 618 658)
76	2162	Stourbridge RC	(236 362 776 788)
77	2164	Louth AC	(322 462 675 705)
78	2192	Shelton Striders	(270 528 688 706)
79	2198	Wilmslow Running Club	(496 514 539 649)
80	2209	Dudley Kingswinford RC	(304 492 660 753)
81	2279	Leighton Buzzard Athletic Club	(297 650 655 677)
82	2332	Aldridge RC	(441 575 593 723)
83	2382	Heanor Running Club	(498 565 570 749)
84	2403	Sparkhill Harriers	(451 527 689 736)
85	2480	Kings Heath RC - The Lions	(576 585 633 686)

Senior Women

Pos	Time	Name	Club		Pos	Time	Name	Club		Pos	Time	Name	Club
86	2489	Redhill Road Runners		(571 581 654 683)									
87	2519	Preston Harriers		(301 707 733 778)									
88	2524	Rothwell & District Harriers		(561 628 659 676)									
89	2535	Dartford Harriers AC		(589 592 652 702)									
90	2602	Cleethorpes And District AC		(635 640 642 685)									
91	2640	Steel City Striders RC		(617 630 696 697)									
92	2690	Folkestone RC		(552 639 735 764)									
93	2774	Kirkby Milers AC		(692 693 694 695)									