

Senior Men

10/11/2017

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name	Leg4	Name
1	1:03:11.20	Tonbridge Ac 'A'	0:15:38.30 (9)	G Duggan	0:16:18.75 (5)	C Joslin-Allen	0:15:44.90 (1)	R Driscoll	0:15:29.25 (1)	C Olley
2	1:03:14.10	Aldershot Farnham & District 'A'	0:15:37.85 (8)	J Grace	0:16:25.05 (7)	G Cockle	0:15:39.40 (2)	E Cross	0:15:31.80 (2)	J Hay
3	1:04:02.50	Shaftesbury Barnet Harriers 'A'	0:16:00.15 (17)	J Crabtree	0:15:48.70 (2)	B Goater	0:16:05.25 (3)	R Horton	0:16:08.40 (3)	P Crout
4	1:04:20.70	Lincoln Wellington Athletic Club 'A'	0:15:33.70 (7)	J Wilkinson	0:16:22.20 (4)	T Straw	0:16:24.40 (5)	A Scott	0:16:00.40 (4)	M Bowser
5	1:05:01.70	Bristol and West AC 'A'	0:16:21.25 (29)	S Mitchell	0:16:19.45 (17)	J Millar	0:16:11.30 (9)	J McKenna	0:16:09.70 (5)	D Studley
6	1:05:06.20	Liverpool Harriers & AC 'A'	0:16:48.85 (47)	J Ashcroft	0:15:59.25 (18)	D Gezimu	0:15:48.60 (7)	D Jarvis	0:16:29.50 (6)	M Jackson
7	1:05:15.60	Stockport Harriers & AC 'A'	0:15:29.70 (5)	J Martin	0:15:43.40 (1)	J Morris	0:17:14.20 (6)	A Nixon	0:16:48.30 (7)	J Nixon
8	1:05:25.95	Aldershot Farnham & District 'B'	0:16:15.75 (26)	B Bradley	0:16:43.50 (24)	M Cox	0:16:17.95 (11)	R Harvie	0:16:08.75 (8)	D Blomquist
9	1:05:33.50	Newham & Essex Beagles AC 'A'	0:16:11.00 (22)	D King-Clutterbuck	0:15:58.55 (9)	J Rössiter	0:16:37.05 (8)	E Pierce	0:16:46.90 (9)	N Sheehan
10	1:05:47.50	Leeds City Athletic Club 'A'	0:16:01.30 (18)	O Meslek	0:16:26.45 (14)	M Salter	0:16:57.05 (13)	N Hooker	0:16:22.70 (10)	J Woodcock-Shaw
11	1:05:50.10	Tonbridge Ac 'B'	0:16:11.85 (25)	J Bryant	0:16:00.65 (10)	D Brown	0:16:59.60 (10)	M Ellis	0:16:38.00 (11)	T Faes
12	1:05:57.45	Preston Harriers 'A'	0:15:22.45 (1)	P Dever	0:17:03.85 (13)	A Benson	0:16:52.80 (12)	M Wigelsworth	0:16:38.35 (12)	D Bebbington
13	1:06:19.80	Aldershot Farnham & District 'C'	0:15:39.55 (10)	G Gathercole	0:17:13.40 (20)	T Smith	0:16:40.60 (14)	C Charleston	0:16:46.25 (13)	S Eglen
14	1:06:20.65	Gateshead Harriers & AC 'A'	0:15:23.00 (2)	L Moses	0:16:46.50 (8)	J Cripwell	0:16:01.70 (4)	C Johnson	0:18:09.45 (14)	K Connolly
15	1:06:45.00	Bedford & County AC 'A'	0:15:58.45 (16)	J Eves	0:16:35.35 (15)	J Lunn	0:17:18.25 (18)	R Henderson	0:16:52.95 (15)	M Bray
16	1:06:46.80	Bristol and West AC 'B'	0:16:35.00 (37)	J Moody	0:16:38.75 (29)	R Grainger	0:16:49.50 (23)	H Lane	0:16:43.55 (16)	O Jones
17	1:06:55.50	Cambridge & Coleridge AC 'A'	0:16:27.45 (33)	L Kempson	0:16:52.65 (33)	C Darling	0:16:42.75 (22)	S Smith	0:16:52.65 (17)	P Aste
18	1:07:12.90	Notts AC 'A'	0:16:45.60 (45)	R Needham	0:16:20.00 (25)	S Mitchell	0:16:51.65 (20)	T Hartley	0:17:15.65 (18)	M Williams
19	1:07:16.65	Highgate Harriers 'A'	0:16:02.00 (19)	R Bahelbi	0:17:15.10 (31)	J Laybourn	0:16:56.20 (26)	R Wilson	0:17:03.35 (19)	F Smithwick
20	1:07:22.30	Reading Ac 'A'	0:16:55.45 (54)	M Booth	0:16:02.65 (23)	J Davies	0:17:22.20 (28)	E Stockdale	0:17:02.00 (20)	L Jolly
21	1:07:23.70	Salford Harriers & Ac 'A'	0:16:40.35 (41)	W Beauchamp	0:16:27.45 (26)	S Robinson	0:17:08.00 (27)	J Tighe	0:17:07.90 (21)	J Bailey
22	1:07:26.05	Birchfield Harriers 'A'	0:16:25.80 (31)	A Tovey	0:16:25.95 (19)	J Goringe	0:17:02.45 (19)	M Missen	0:17:31.85 (22)	A Rutherford
23	1:07:27.20	Southampton Athletic Club 'A'	0:16:03.70 (20)	J Knapp	0:16:51.85 (22)	A Wall-Clarke	0:17:05.05 (21)	M Costley	0:17:26.60 (23)	C Hilton
24	1:07:33.30	City Of Stoke Ac 'A'	0:15:25.00 (3)	A Brecker	0:16:27.35 (3)	D Sheldon	0:17:48.85 (15)	S Janally	0:17:52.10 (24)	K Hallett - Blanch
25	1:07:38.00	Lincoln Wellington Athletic Club 'B'	0:16:24.90 (30)	S Robinson	0:16:14.50 (16)	R Wilson	0:17:11.00 (17)	R Page	0:17:47.60 (25)	C Reed
26	1:07:43.10	East Cheshire Harriers & Tameside Ac	0:15:25.40 (4)	J Steward	0:16:50.15 (11)	T McGuinness	0:17:27.85 (16)	J Hudak	0:17:59.70 (26)	S Matthews
27	1:07:54.65	Morpeth Harriers & Ac 'A'	0:16:37.15 (39)	G Lowry	0:16:51.15 (35)	I Harding	0:16:53.20 (29)	J Scott	0:17:33.15 (27)	A Lawrence
28	1:08:19.25	Leeds City Athletic Club 'B'	0:16:44.90 (44)	S Flanagan	0:17:07.20 (39)	M Hoyle	0:17:09.75 (32)	P Vis	0:17:17.40 (28)	A Buckley
29	1:08:21.30	Bracknell AC	0:15:46.20 (14)	Z Seddon	0:16:39.05 (12)	M Seddon	0:17:47.75 (25)	O Lum	0:18:08.30 (29)	D Riddington
30	1:08:25.45	Blackburn Harriers & Ac 'A'	0:16:11.20 (23)	R Warner	0:17:10.75 (37)	J Hindle	0:18:20.45 (38)	C Davies	0:16:43.05 (30)	B Fish
31	1:08:45.35	Marshall Milton Keynes AC 'A'	0:16:42.70 (42)	S Tuttle	0:17:05.60 (34)	L Smith	0:17:20.00 (35)	J Tuttle	0:17:37.05 (31)	G Jones
32	1:08:49.65	Liverpool Harriers & Ac 'B'	0:16:34.55 (36)	A Jarvis	0:17:29.95 (42)	E Martin	0:16:24.35 (30)	L Burthum	0:18:20.80 (32)	J Mullen
33	1:09:00.90	Blackheath & Bromley Harriers AC 'A'	0:15:57.05 (15)	W Fuller	0:17:14.60 (27)	R Braden	0:17:51.05 (33)	D Kennedy	0:17:58.20 (33)	C Tuck
34	1:09:06.25	Windsor Slough Eton & Hounslow AC 'A'	0:17:12.45 (64)	A Goodall	0:16:56.85 (44)	S Millett	0:17:20.65 (36)	K Wye	0:17:36.30 (34)	J Tidd
35	1:09:09.35	Rotherham Harriers And Ac 'A'	0:17:09.80 (62)	A Larkin	0:16:44.90 (40)	E Smales	0:17:38.65 (37)	R Harris	0:17:36.00 (35)	G Sampson
36	1:09:18.75	Thames Valley Harriers 'A'	0:15:32.20 (6)	A Silva	0:17:44.25 (30)	A Walshe	0:17:34.55 (31)	C Kissane-Wood	0:18:27.75 (36)	D Garcia Rasines
37	1:09:23.25	Durham City Harriers & AC 'A'	0:16:54.65 (53)	D Garbutt	0:17:03.80 (41)	M Grimes	0:17:50.05 (40)	R Everson	0:17:34.75 (37)	R Linten
38	1:09:28.10	Sale Harriers Manchester 'A'	0:16:21.10 (28)	L Betts	0:17:52.00 (47)	A White	0:18:09.00 (46)	D Marsh	0:17:06.00 (38)	J Wignall
39	1:09:45.80	University of Nottingham AC 'A'*	0:16:26.95 (32)	A Houchell	0:16:26.55 (21)	A Kitagawa	0:18:10.60 (34)	W Morris	0:18:41.70 (39)	M Gala
40	1:09:50.60	Highgate Harriers 'B'	0:17:11.20 (63)	W De Doncker	0:18:03.50 (59)	A Chau	0:17:32.00 (51)	N Gold	0:17:03.90 (40)	O Keane
41	1:09:55.45	Coventry Godiva Harriers 'A'	0:16:20.35 (27)	O Doulin	0:17:53.20 (48)	A Smith	0:17:32.00 (39)	H Speed	0:18:09.90 (41)	D Carr
42	1:10:04.20	Cambridge & Coleridge AC 'B'	0:17:40.40 (80)	T Fletcher	0:17:51.70 (66)	N Smallwood	0:16:52.25 (47)	J Escalante-Phillips	0:17:39.85 (42)	O Park
43	1:10:08.35	Lincoln Wellington Athletic Club 'C'	0:16:50.70 (50)	W Strangeway	0:17:20.70 (46)	J Richardson	0:18:10.10 (45)	M Thorpe	0:17:46.85 (43)	H Baxter
44	1:10:12.80	Bedford & County AC 'B'	0:16:57.15 (57)	S Knee-Robinson	0:17:10.75 (43)	M Harrison	0:18:08.45 (43)	T Powell	0:17:56.45 (44)	P Benedickter
45	1:10:18.55	Tipton Harriers 'A'	0:16:09.50 (21)	P Brookes	0:17:36.15 (36)	P Wilson	0:18:08.40 (41)	D Bate	0:18:24.50 (45)	T Holden
46	1:10:23.20	Halifax Harriers & AC 'A'	0:16:44.60 (43)	J Habberghan	0:18:25.25 (55)	I Whitehouse	0:17:20.80 (48)	J Crossfield	0:17:52.55 (46)	M Gaughan
47	1:10:27.30	Leigh Harriers & AC 'A'	0:18:03.80 (91)	T Kneller	0:17:09.45 (58)	W Rawson	0:17:28.05 (50)	D Smith	0:17:46.00 (47)	R Thorpe
48	1:10:30.05	Herne Hill Harriers	0:15:43.40 (13)	L Lloyd	0:17:34.90 (32)	S Coombes	0:19:15.95 (49)	A Clarke	0:17:55.80 (48)	A Warburton
49	1:10:36.95	Hallamshire Harriers Sheffield	0:17:20.40 (66)	C Milnes	0:18:10.25 (65)	P Hodges	0:17:40.65 (53)	N Barber	0:17:25.65 (49)	J Birch
50	1:10:40.75	Sheffield RC 'A'	0:16:11.80 (24)	M Tanner	0:17:00.60 (28)	M Craig	0:19:05.05 (44)	B Mahoney	0:18:23.30 (50)	S Little
51	1:10:45.65	Amphill & Flitwick Flyers RC 'A'	0:16:49.20 (48)	C Palmer	0:18:21.30 (56)	P Farmer	0:17:36.85 (52)	T Harris	0:17:58.30 (51)	M Dillon
52	1:10:54.90	Hermitage Harriers	0:17:22.55 (68)	P Featherstone	0:18:21.40 (70)	A Percy	0:17:44.55 (57)	M Adcock	0:17:26.40 (52)	J Williams
53	1:11:05.35	Windsor Slough Eton & Hounslow AC 'B'	0:16:56.40 (56)	J Dry	0:18:19.05 (60)	B Findlay	0:18:29.90 (63)	K Best	0:17:20.00 (53)	S Pencole
54	1:11:13.30	Tonbridge Ac 'C'	0:17:42.20 (81)	J Keywood	0:18:11.30 (72)	J Taylor	0:17:48.65 (61)	B Murphy	0:17:31.15 (54)	H Paton
55	1:11:52.95	Sutton In Ashfield Harriers & Ac 'A'	0:17:23.10 (69)	K Watson	0:17:58.65 (62)	D Nugent	0:17:56.25 (54)	R Robinson	0:18:34.95 (55)	P Whittingham
56	1:12:03.30	Birchfield Harriers 'B'	0:17:30.60 (74)	Y Idris	0:18:26.30 (73)	B Griffiths	0:18:26.20 (68)	M Biggs	0:17:40.20 (56)	P Taylor
57	1:12:04.60	Rugby & Northampton Ac 'A'	0:17:06.25 (60)	A McDonnell	0:17:40.85 (50)	A Wright	0:18:56.00 (62)	R Male	0:18:21.50 (57)	R Latimer
58	1:12:06.75	Salford Harriers & Ac 'B'	0:16:55.45 (55)	D Rigby	0:18:45.05 (69)	B Lima	0:17:49.55 (59)	P Leybourne	0:18:36.70 (58)	B McCartney
59	1:12:18.80	Birtley AC 'A'	0:17:22.00 (67)	K Reay	0:16:47.85 (45)	A Bailes	0:17:50.45 (42)	T Goulding	0:20:18.50 (59)	N Newby
60	1:12:21.60	Harrow AC 'A'	0:16:40.10 (40)	D Nevens	0:18:47.35 (63)	C Jones	0:18:43.80 (65)	J Hill	0:18:10.35 (60)	J Cooper
61	1:12:41.50	Leighton Buzzard Athletic Club 'A'	0:17:31.40 (76)	W Mead	0:18:07.10 (68)	G Turner	0:18:35.15 (67)	T Inchley	0:18:27.85 (61)	P MacKrell
62	1:12:42.35	Doncaster Athletic Club 'A'	0:17:23.35 (70)	L Milburn	0:18:06.35 (64)	D Orme	0:17:59.40 (58)	S Wright	0:19:13.25 (62)	P Badger
63	1:12:50.55	Notts AC 'B'	0:16:53.50 (52)	C Smith	0:18:10.40 (53)	S Long	0:18:17.35 (55)	J Muddeman	0:19:29.30 (63)	B Abbott
64	1:12:57.70	City Of Norwich AC 'B'	0:17:31.05 (75)	G Crush	0:18:41.25 (77)	S Goodall	0:18:11.35 (69)	S Todd	0:18:34.05 (64)	A Bentley
65	1:12:59.15	Rotherham Harriers And Ac 'B'	0:17:09.00 (61)	S Sims	0:17:49.50 (52)	A Johnson	0:18:34.70 (60)	P Hoole	0:19:25.95 (65)	I Whyman
66	1:13:29.85	Lancaster & Morecambe AC	0:17:50.60 (84)	D Brown	0:18:19.05 (75)	I Scott	0:18:42.90 (72)	M Gardner	0:18:37.30 (66)	M Leadbeatter
67	1:13:39.80	Charnwood A C 'A'	0:17:24.60 (71)	S Mears	0:18:12.70 (67)	T Whitmore	0:18:11.70 (64)	P Swaine	0:19:50.80 (67)	A Lockton
68	1:13:44.70	Barnsley Athletic Club 'A'	0:17:03.70 (59)	D Kestrel(chan)	0:17:40.20 (49)	D Middleton	0:19:27.55 (66)	N Adkins	0:19:33.25 (68)	S Roeback
69	1:13:56.35	Heanor Running Club 'A'	0:16:34.30 (35)	J Rainsford	0:18:47.15 (61)	G Smith	0:19:28.75 (71)	C Parker	0:19:06.15 (69)	A Deeming
70	1:14:12.20	Long Eaton Running Club 'A'	0:19:43.90 (136)	R Howe	0:19:03.70 (112)	J Berehowskj	0:17:52.60 (87)	O Partridge	0:17:32.00 (70)	A Perrin
71	1:14:15.50	Abingdon Ac	0:19:21.95 (125)	J Miller	0:18:39.50 (101)	D Wilson	0:18:15.65 (81)	P Hughes	0:17:58.40 (71)	O Steptey
72	1:14:41.70	Bure Valley Harriers	0:17:48.00 (82)	S Coyne	0:18:24.15 (76)	R Davidson	0:19:23.35 (75)	M Hewetson	0:19:06.20 (72)	F Heasman
73	1:15:02.10	Rushcliffe Ac 'A'	0:18:01.35 (90)	S Dickens	0:18:56.75 (96)	N Scott	0:19:45.70 (88)	K Bowen	0:18:18.30 (73)	M Dunkley
74	1:15:17.60	Buxton AC 'A'	0:18:13.70 (95)	B Light	0:19:18.05 (93)	N Winfield	0:18:30.85 (78)	R White	0:19:15.00 (74)	B McKenna
75	1:15:25.20	Holme Pierrepont Rc 'A'	0:18:21.55 (99)	M Nutt	0:18:50.85 (91)	C Taylor	0:19:06.35 (83)	E George	0:19:06.45 (75)	J Kirkwood
76	1:15:31.80	Ripley Running Club 'A'	0:18:18.65 (96)	P Sorrell	0:18:21.75 (81)	L Beresford	0:19:22.85 (79)	R West	0:19:28.55 (76)	M Jones
77	1:15:33.75	Cambridge & Coleridge AC 'C'	0:18:20.10 (98)	R Mahen	0:20:09.55 (106)	C Wood	0:18:19.25 (89)	R Park	0:18:44.85 (77)	A Parmenter
78	1:15:34.85	West Suffolk AC 'A'	0:16:50.05 (49)	S Anthony	0:16:59.95 (38)	M Bartram	0:22:19.75 (80)	J Anthony	0:19:25.10 (78)	A Davies
79	1:15:35.05	Exeter Harriers 'A'	0:17:33.80 (77)	C Crawford	0:19:28.70 (88)	P Heckles	0:18:52.00 (77)	H Mills	0:19:40.55 (79)	T Burman
80	1:15:36.35	Kendal Amateur Athletic Club	0:16:30.90 (34)	A Russell	0:19:32.00 (74)	T Hartley	0:19:50.50 (76)	K Wilson	0:19:42.95 (80)	C McGurk
81	1:15:40.90	Mansfield Harriers 'A'	0:18:24.35 (103)	J Boam	0:17:57.95 (78)	M Johnson	0:19:12.60 (94)	N Cope	0:20:06.00 (81)	C Monk
82	1:16:11.55	North Derbyshire RC 'A'	0:17:56.75 (87)	J Sanderson	0:18:55.15 (84)	M Winter	0:20:31.45 (72)	I Monaghan	0:18:48.20 (82)	A Tarry
83	1:16:18.90	Preston Harriers 'B'	0:18:19.00 (97)	D Neal	0:19:32.45 (100)	A Waddelove	0:19:47.45 (96)	A Durney	0:18:40.00 (83)	E Roberts
84	1:16:22.30	Nene Valley Harriers 'A'	0:17:48.25 (83)	M Channing	0:19:34.85 (92)	S Beard	0:19:14.30 (86)	M Chapman	0:19:44.90 (84)	L Hartill
85	1:16:45.25	North Shields Polytechnic Club 'A'	0:17:54.45 (85)	W Robson	0:17:49.65 (71)	S Ellis	0:19:42.10 (73)	P Davies	0:21:19.05 (85)	T Brannon
86	1:17:18.60	Newark Ac 'A'	0:17:25.50 (72)	O Carrington	0:19:34.75 (87)	M Waite	0:19:36.10 (85)	T Bagguley	0:20:42.25 (86)	L Braithwaite
87	1:17:19.75	East Hull Harriers & Ac 'A'	0:18:44.40 (110)	N Sisson	0:18:03.35 (83)	A Gibson	0:21:42.40 (101)	P Nirrpress	0:18:49.60 (87)	M Hayes
88	1:17:24.05	Leigh Harriers & Ac 'B'	0:18:42.50 (108)	T Henders	0:18:03.15 (82)	P Williams	0:19:45.95 (84)	A Urmoston	0:20:52.45 (88)	J Howarth
89	1:17:27.15	Harborough Ac 'A'	0:18:23.75 (102)	N Pollard	0:19:40.80 (102)	M Gore	0:19:27.20 (

Senior Men

10/11/2017

Pos	Time	Team	Leg1	Name	Leg2	Name	Leg3	Name	Leg4	Name
92	1:17:50.25	Redhill Road Runners 'A'	0:19:15.95 (122)	P Newton	0:17:56.25 (90)	L Stubbs	0:20:34.20 (98)	M Lee	0:20:03.85 (92)	B Wilson
93	1:18:02.15	Vale Royal Ac 'A'	0:19:08.70 (120)	G Williams	0:17:17.55 (80)	S Doyle	0:20:59.90 (93)	R Murray	0:20:36.00 (93)	B Dooley
94	1:18:10.10	St Albans Striders	0:18:00.30 (89)	G Withers	0:18:22.30 (79)	O Poulain	0:22:36.80 (104)	M Carr	0:19:10.70 (94)	P Durbin
95	1:18:25.65	Beeston Ac 'A'	0:18:26.15 (106)	G Russell	0:20:13.00 (109)	A Davison	0:19:57.65 (103)	J Evans	0:19:48.85 (95)	D Rawson
96	1:18:33.40	Holmfirth Harriers Ac 'A'	0:18:08.95 (94)	S Green	0:19:38.60 (99)	B Humphreys	0:19:45.35 (95)	J Sykes	0:21:00.50 (96)	A Shelbourne
97	1:18:42.95	Desford Striders 'A'	0:20:25.55 (158)	R Pegg	0:19:56.35 (130)	G Chivers	0:19:21.20 (112)	H Horsley	0:18:59.85 (97)	A Payne
98	1:18:48.45	Rugby & Northampton Ac 'B'	0:18:43.70 (109)	D Williams	0:18:20.60 (89)	M Andrews	0:20:41.40 (97)	E Wise	0:21:02.75 (98)	P Furness
99	1:18:55.10	Mansfield Harriers 'B'	0:19:21.40 (124)	A Wetherill	0:20:17.35 (121)	G Morley	0:20:03.85 (111)	M Fickling	0:19:12.50 (99)	S Capewell
100	1:19:02.30	East Cheshire Harriers & Tameside Ac	0:18:27.30 (107)	G Browne	0:19:12.00 (97)	T Greenald	0:20:46.60 (100)	G Matthews	0:20:36.40 (100)	D Thomas
101	1:19:03.80	Salford Harriers & Ac 'C'	0:19:00.95 (118)	D Hudson	0:20:30.00 (119)	P West	0:19:51.10 (107)	D Lockett	0:19:41.75 (101)	C Foster
102	1:19:24.70	Leighton Buzzard Athletic Club 'B'	0:18:46.40 (111)	B Corfield	0:19:51.70 (108)	T Inchley	0:20:29.95 (106)	J Cusack	0:20:16.65 (102)	S Dear
103	1:19:34.05	Beverley Athletic Club 'A'	0:19:27.10 (119)	S Walker	0:19:49.50 (118)	D Edge	0:19:49.00 (105)	D Morrison	0:20:28.45 (103)	S Bishop
104	1:19:52.85	Retford AC	0:17:56.50 (86)	B Harris	0:20:45.55 (111)	S Foster	0:20:43.40 (108)	A Kinsley	0:20:27.40 (104)	J Hewitt
105	1:20:13.00	Grantham Ac 'A'	0:20:15.30 (152)	A Mudge	0:20:18.20 (132)	S Hobday	0:20:00.05 (125)	B Lord	0:19:39.45 (105)	J Lord
106	1:20:26.70	Holme Pierrepoint Rc 'B'	0:19:22.90 (126)	A Squire	0:20:49.55 (129)	A Soley	0:19:50.85 (116)	A Barron	0:20:23.40 (106)	W McAneaney
107	1:20:29.10	Wirral AC	0:19:19.45 (123)	S Spence	0:20:27.20 (123)	W Ferguson	0:19:57.90 (113)	K Morgan	0:20:44.55 (107)	R Kearney
108	1:20:32.45	Sheffield RC 'B'	0:19:59.20 (143)	B Wilkinson	0:20:04.80 (125)	C Ireland	0:20:03.00 (118)	R Cassy	0:20:25.45 (108)	C Moss
109	1:20:33.75	Sutton In Ashfield Harriers & Ac 'B'	0:19:47.65 (138)	C Holmes	0:19:18.05 (115)	P Frith	0:21:11.90 (120)	N Burnside	0:20:16.15 (109)	D Cross
110	1:21:03.45	Marshall Milton Keynes AC 'B'	0:19:23.80 (128)	J Vick	0:19:07.95 (107)	S Granger Bevan	0:21:19.65 (114)	P Sutherland	0:21:12.05 (110)	E Ustaran
111	1:21:10.35	Barnsley Harriers 'B'	0:20:06.20 (148)	S Fowler	0:20:03.90 (127)	M Grain	0:20:12.90 (121)	M Schofield	0:20:47.35 (111)	C Barton
112	1:21:13.00	Steel City Striders Rc 'A'	0:19:05.85 (119)	S Needham	0:19:54.15 (114)	R Wood	0:22:38.30 (129)	A Menmuir	0:19:34.70 (112)	S Clarke
113	1:21:15.30	Amphill & Flitwick Flyers RC 'B'	0:18:21.55 (100)	I Halpin	0:19:58.15 (105)	M Beare	0:22:32.05 (127)	R Gale	0:20:23.55 (113)	S Huntley
114	1:21:31.55	Halifax Harriers & AC 'B'	0:17:38.60 (79)	W Smith	0:20:01.30 (98)	L Spencer	0:20:55.15 (102)	P Sutcliffe	0:22:56.50 (114)	M Knowles
115	1:21:33.50	Belper Harriers	0:18:51.00 (114)	N Brickman	0:21:15.65 (124)	D Horton	0:20:04.90 (119)	J Hart	0:21:21.95 (115)	Z Naylor
116	1:21:34.70	Ripley Running Club 'B'	0:19:49.15 (140)	R Kimber	0:20:09.60 (126)	S English	0:20:25.70 (122)	R Coates	0:21:10.25 (116)	D Taylor
117	1:21:35.00	University of Nottingham AC 'B'*	0:18:06.50 (93)	T Stratton	0:19:27.80 (95)	R Middlewick	0:22:06.55 (110)	C Starling	0:21:54.15 (117)	B Brown
118	1:21:44.55	Keighley & Craven Ac	0:21:42.85 (179)	J Conroy	0:20:44.05 (157)	J Hopkinson	0:19:55.25 (133)	I Willis	0:19:22.40 (118)	S Bairstow
119	1:21:54.45	Heanor Running Club 'C'	0:21:27.40 (173)	L Johnson	0:22:12.70 (167)	M Clark	0:21:30.85 (155)	R Ball	0:16:43.50 (119)	L Whiting
120	1:21:56.25	Blackburn Harriers & Ac 'B'	0:19:09.85 (121)	P Guinan	0:21:43.50 (136)	J Chaplin	0:21:04.60 (130)	D Maynard	0:19:58.30 (120)	K Billington
121	1:21:56.35	Matlock Athletic Club	0:20:40.70 (164)	Runner A136	0:20:48.00 (143)	Runner B136	0:22:09.65 (146)	Runner C136	0:18:18.00 (121)	Runner D136
122	1:22:15.60	Askern & District RC 'A'	0:19:46.40 (137)	A Ball	0:19:45.75 (120)	W Martison	0:25:44.95 (156)	G Wrethell	0:16:58.50 (122)	D O'Grady
123	1:22:16.35	Preston Harriers 'C'	0:20:02.30 (145)	B Read	0:20:56.55 (138)	S MacUras	0:20:19.55 (128)	A Whaley	0:20:57.95 (123)	M Lee
124	1:22:24.50	Long Eaton Running Club 'B'	0:20:33.60 (161)	T Baggs	0:18:37.85 (116)	T Caldwell	0:20:55.15 (117)	E Murden	0:22:17.90 (124)	R Wilkinson
125	1:22:32.10	Tipton Harriers 'B'	0:18:51.85 (115)	D Brazier	0:19:49.60 (110)	Z Hassan	0:21:11.75 (115)	A Acha	0:22:38.90 (125)	R Sedgley
126	1:22:40.20	City Of Norwich AC 'C'	0:21:03.10 (167)	P Mahoney	0:21:10.95 (155)	M Solway	0:20:49.05 (141)	J Baxter	0:19:37.10 (126)	T Barker
127	1:22:41.20	Ilkeston Running Club 'A'	0:18:47.50 (112)	N Manning	0:18:50.90 (96)	L Manning	0:21:58.65 (109)	M Brown	0:23:04.15 (127)	M Lambert
128	1:23:03.10	Rushcliffe Ac 'B'	0:18:53.85 (116)	G Moffatt	0:21:51.60 (135)	J Maston	0:22:10.70 (139)	D Van Der Wardt	0:20:06.95 (128)	J Hullis
129	1:23:08.15	North Derbyshire RC 'B'	0:20:21.50 (156)	A Crow	0:20:50.10 (140)	G Elkington	0:20:46.40 (131)	A Darnell	0:21:10.15 (129)	T Topham
130	1:23:16.30	Beeston Ac 'B'	0:20:08.40 (150)	S Mason	0:20:35.05 (134)	P Herd	0:21:45.00 (135)	J Isherwood	0:20:47.85 (130)	A Mothershaw
131	1:23:19.35	Barnsley Athletic Club 'B'	0:19:35.80 (133)	S Wilson	0:21:02.40 (133)	L Tart	0:25:12.75 (159)	G Stroud	0:17:28.40 (131)	N Nutter
132	1:23:29.60	Desford Striders 'C'	0:22:38.15 (193)	P Bentley-Whittak	0:20:44.00 (164)	K Banbury	0:19:20.55 (137)	D Searle	0:20:46.90 (132)	D Yarnall
133	1:23:44.35	Sutton In Ashfield Harriers & Ac 'C'	0:21:59.40 (182)	C Linacre	0:20:48.85 (159)	W Lowe	0:22:37.40 (157)	P Dobbs	0:18:18.70 (133)	G Bird
134	1:23:58.15	Holme Pierrepoint Rc 'C'	0:20:03.10 (146)	W Meredith	0:20:08.70 (128)	C Rhodes	0:22:42.10 (138)	S Tupholme	0:21:04.25 (134)	J Harrison
135	1:24:03.45	Trentham Rc	0:19:28.85 (131)	E Wilson	0:19:45.65 (117)	S Zikmanis	0:21:11.75 (123)	T Wall	0:23:37.20 (135)	D Pickstock
136	1:24:05.85	Kimberworth Striders 'A'	0:22:20.45 (188)	P Greenwood	0:19:27.45 (147)	K Doyle	0:21:09.50 (140)	C Earl	0:21:08.45 (136)	B Rushmere
137	1:24:09.30	Buxton Ac 'B'	0:20:49.60 (166)	D Soles	0:20:39.40 (144)	D Latham	0:20:38.30 (132)	R Bouglas	0:22:02.00 (137)	P Light
138	1:24:14.95	Grantham Running Club	0:19:32.65 (132)	C Limmer	0:22:42.25 (156)	P Davis	0:20:53.45 (142)	D Towey	0:21:06.60 (138)	G Meadows
139	1:24:48.25	Milton Keynes Distance Project	0:20:07.55 (149)	E Winter	0:22:40.80 (160)	R Sanders	0:21:07.60 (150)	L Adams	0:20:52.30 (139)	P Wright
140	1:25:04.50	Southwell Running Club 'A'	0:19:43.70 (135)	L Marshall	0:19:57.35 (122)	P Grogan	0:20:53.90 (126)	J Newson-Smith	0:24:29.55 (140)	S Hargrave
141	1:25:21.95	Redhill Road Runners 'B'	0:20:32.50 (160)	S Nash	0:21:20.00 (149)	P McNally	0:21:31.60 (144)	I Beckingham	0:21:57.85 (141)	R Butterworth
142	1:25:24.50	Heanor Running Club 'B'	0:20:37.05 (162)	L D'Arcy	0:21:31.15 (153)	T Weatherson	0:21:44.80 (149)	M Jackson	0:21:31.50 (142)	I Mellors
143	1:25:51.50	Redhill Road Runners 'C'	0:20:03.50 (147)	D Ellis	0:21:17.40 (141)	A Reilly	0:21:17.00 (136)	W Stott	0:23:13.60 (143)	C Greyson
144	1:26:00.30	Stafford Harriers 'A'	0:20:19.60 (155)	J Green	0:20:38.90 (137)	M Dobson	0:22:34.95 (145)	J Littlewood	0:22:26.85 (144)	D Hibbitt
145	1:26:11.85	Rotherham Harriers And Ac 'C'	0:22:07.15 (184)	J Comrie	0:20:01.05 (154)	R Parker	0:21:15.55 (143)	P Risley	0:22:48.10 (145)	J Gallacher
146	1:26:32.15	Sparkhill Harriers 'A'	0:22:42.70 (194)	A Manning	0:22:42.10 (178)	T Akhtar	0:21:01.30 (161)	D Roulston	0:20:06.05 (146)	P Webster
147	1:26:46.55	Stafford Harriers 'B'	0:21:37.80 (176)	S Holland	0:22:29.90 (169)	I Wood	0:21:34.80 (158)	I Hodgkinson	0:21:04.05 (147)	R Clay
148	1:26:49.75	Derwent Runners (derby) 'A'	0:19:54.00 (141)	E Rodrigues	0:21:38.20 (145)	M Bottom	0:25:16.85 (163)	M Chajeki	0:20:00.70 (148)	S Edwards
149	1:26:55.95	Rushcliffe Ac 'C'	0:21:07.15 (168)	D McIntyre	0:22:30.25 (165)	N Emery	0:22:59.95 (162)	M Hoejbjerg	0:20:18.60 (149)	R Tuffin
150	1:27:45.65	Skegness & District Running Club 'B'	0:20:02.20 (144)	C Bertins	0:21:02.35 (139)	M West	0:22:44.85 (148)	C Rainbow	0:23:56.25 (150)	I Russell
151	1:27:49.30	Lincoln & District Runners	0:19:47.70 (139)	J Henderson	0:27:46.45 (189)	A Jackson-Parr	0:20:19.05 (168)	C Tack	0:19:56.10 (151)	K Shimada
152	1:28:31.40	Holmfirth Harriers Ac 'B'	0:20:21.60 (157)	R Hincliffe-Smith	0:23:31.00 (168)	W Lander	0:23:03.90 (164)	C Sheard	0:21:34.90 (152)	J Harman
153	1:28:44.10	Thames Valley Harriers 'B'	0:20:49.10 (165)	S Brewer	0:21:10.00 (151)	L Marriott	0:23:03.00 (154)	D Ford	0:23:42.00 (153)	P Wetton
154	1:28:44.30	Doncaster Athletic Club 'B'	0:20:16.50 (154)	C Lawson	0:21:07.00 (142)	P Whitehead	0:22:47.10 (151)	D Wood	0:24:33.70 (154)	S Parkin
155	1:28:49.85	Mansfield Harriers 'C'	0:22:13.95 (186)	A Kemp	0:20:26.90 (158)	J Cooke	0:21:45.25 (152)	M Bradbury	0:24:23.75 (155)	S Middleton
156	1:29:16.20	Nene Valley Harriers 'B'	0:19:28.05 (130)	R Huskisson	0:20:59.55 (134)	A Todd	0:23:14.90 (147)	C Hunt	0:25:33.70 (156)	J Farrington
157	1:29:37.55	Ackworth Road Runners 'A'	0:20:29.80 (159)	R Ritucci	0:24:52.00 (176)	T Sinar	0:22:08.90 (165)	J Walters	0:22:06.85 (157)	J Roberts
158	1:29:45.50	Newark Ac 'B'	0:21:18.30 (172)	A Cawthra	0:21:35.10 (162)	G Owens	0:22:03.90 (153)	C Braithwaite	0:24:48.20 (158)	R Orgill
159	1:30:53.10	Skegness & District Running Club 'A'	0:18:56.90 (117)	M Sands	0:22:59.50 (150)	M Lyon	0:20:28.50 (134)	W Kelly	0:28:28.20 (159)	R Barnett
160	1:30:58.05	Notts AC 'C'	0:22:26.50 (190)	M Benford	0:19:40.10 (152)	P Robinson	0:25:42.15 (167)	G Little	0:23:09.30 (160)	S Leek
161	1:31:31.25	Ripley Running Club 'C'	0:23:07.00 (199)	M Picker	0:22:19.85 (179)	W Smithurst	0:23:42.05 (175)	M Baker	0:22:22.35 (161)	T Clayton
162	1:31:31.90	East Hull Harriers & Ac 'B'	0:21:32.60 (175)	M Peterson	0:24:43.40 (186)	D Cracknell	0:22:14.00 (171)	T Groves	0:23:01.90 (162)	K Hopkins
163	1:34:18.50	Southwell Running Club 'B'	0:22:10.50 (185)	P Orton	0:23:04.75 (174)	C Wales	0:24:16.75 (176)	J Howell	0:24:46.50 (163)	C Stowe
164	1:34:26.85	Harborough Ac 'B'	0:22:52.55 (196)	W Clapp	0:22:28.85 (175)	C Loake	0:23:40.25 (173)	I Southwell	0:25:25.20 (164)	G Rolfe
165	1:35:20.50	Beeston AC 'C'	0:21:07.95 (169)	M Jones	0:24:45.65 (184)	C Pearce	0:23:52.00 (177)	M Mihaylov	0:25:34.90 (165)	G Pennington
166	1:35:31.70	Sleaford Striders AC 'A'	0:18:25.55 (104)	I Bailey	0:24:40.70 (163)	J Hutton	0:24:54.75 (169)	A Dickinson	0:27:30.70 (166)	M Sharpe
167	1:35:38.30	Spare Team 236	0:21:47.70 (180)	Runner A236	0:23:50.20 (180)	Runner B236	0:22:50.45 (170)	Runner C236	0:27:09.95 (167)	Runner D236
168	1:35:55.75	Beverley Athletic Club 'B'	0:21:09.55 (170)	A Johnson	0:23:44.30 (174)	A Flint	0:24:14.75 (174)	S Eskrett	0:26:47.15 (168)	B Woodford
169	1:36:31.60	Derwent Runners (derby) 'B'	0:23:28.05 (200)	K Cousins	0:25:57.75 (192)	B Warwick	0:21:16.30 (181)	S Field	0:25:49.50 (169)	J Booker
170	1:38:42.80	Steel City Striders Rc 'B'	0:21:40.20 (178)	M Squires	0:23:59.00 (181)	S Jones	0:24:38.60 (179)	R Pegg	0:28:25.00 (170)	K Bell
171	1:39:35.50	Kimberworth Striders 'B'	0:21:29.25 (174)	L Weatherall	0:22:09.35 (166)	C Keeler	0:26:17.00 (178)	M Thomas	0:29:39.90 (171)	E Lever
172	1:41:05.45	Fitmums And Friends	0:23:04.05 (198)	J Walker	0:23:09.40 (185)	A Eaton	0:24:27.35 (180)	K Sharp	0:30:24.65 (172)	J Evans
173	1:41:55.55	Tipton Harriers 'C'	0:22:35.90 (192)	J Booker	0:23:07.05 (183)	A Bentley	0:25:14.40 (182)	G Cunningham	0:30:58.20 (173)	P Dolan
174	1:46:47.30	Barnsley Harriers 'C'	0:22:22.25 (189)	C Allen	0:20:29.20 (161)	P Needham	0:29:01.05 (184)	D Howes	0:34:54.80 (174)	N Armitage
175	1:49:09.30	Steel City Striders Rc 'C'	0:28:32.40 (204)	L Harvey	0:22:36.45 (195)	M Platten	0:22:48.70 (186)	I Stinson	0:35:11.75 (175)	K Jackson
176	1:53:12.15	Ilkeston Running Club 'B'	0:22:34.50 (191)	N Cort	0:21:39.10 (171)	R Iliffe	0:26:50.55 (183)	R Bower	0:42:08.00 (176)	P Michou
177	1:57:41.10	Desford Striders 'B'	0:22							