

Time	Team	Leg1	Name	Leg2	Name
0:23:16.90	Liverpool Harriers & AC	0:10:29.15 (19)	R Burns	0:12:47.75 (42)	H Traynor
0:23:39.70	Leeds City Athletic Club 'C'	0:12:19.95 (65)	C Wills	0:11:19.75 (46)	S Kemshall
0:26:17.55	North Shields Polytechnic Club 'C'	0:12:50.25 (84)	K Gunn	0:13:27.30 (73)	C Harlow
0:26:40.35	Vale Royal Ac 'B'	0:12:31.85 (71)	L Knight	0:14:08.50 (76)	L Burch
0:28:28.60	Wakefield District H & Ac 'A'	0:13:37.00 (101)	S Bostwick	0:14:51.60 (95)	M Geary
0:28:31.90	Vegan Runners UK	0:13:40.65 (102)	C Coombes	0:14:51.25 (96)	K Bonner
0:30:56.70	Sparkhill Harriers	0:14:06.35 (109)	V Bone	0:16:50.35 (116)	M Parmar
0:11:32.15	Sale Harriers Manchester 'B'	0:11:32.15 (48)	R Hibberd		
0:11:53.55	Hallamshire Harriers Sheffield 'C'	0:11:53.55 (57)	H Whitelam		
0:12:31.15	Rotherham Harriers And Ac 'B'	0:12:31.15 (70)	N Armitage		
0:13:18.55	Stockport Harriers & AC 'B'	0:13:18.55 (92)	A Hughes		
0:13:35.40	Luton Athletic Club	0:13:35.40 (100)	L Bentham		
0:17:42.70	Bournville Harriers 'C'	0:17:42.70 (138)	G Bermingham		

Fastest Leg 1

Pos	Time	Bib	Name	Team
1	0:09:37.85	A1158	K Holt	City Of Stoke Ac
2	0:09:39.05	A1271	E Vernon	Stockport Harriers & AC 'A'
3	0:09:44.25	A1122	K Bingle	Aldershot Farnham & District 'A'
4	0:09:57.45	A1194	C Duck	Leeds City Athletic Club 'A'
5	0:09:58.80	A1151	J Potter	Charnwood A C 'A'
6	0:09:59.70	A1135	T Armoush	Birchfield Harriers 'A'
7	0:10:00.20	A1149	C Christensen	Cambridge & Coleridge AC 'A'
8	0:10:01.70	A1233	J Fairchild	Preston Harriers
9	0:10:04.70	A1155	S Astin	City Of Norwich AC 'A'
10	0:10:05.35	A1123	P Bowden	Aldershot Farnham & District 'B'

Fastest Leg 2

Pos	Time	Bib	Name	Team
1	0:09:55.85	B1122	E Gorecka	Aldershot Farnham & District 'A'
2	0:10:14.70	B1194	S Stockton	Leeds City Athletic Club 'A'
3	0:10:16.05	B1138	L Turner	Birtley AC 'A'
4	0:10:18.05	B1254	N Taschimowitz	Shaftesbury Barnet Harriers
5	0:10:32.30	B1250	E Downs	Sale Harriers Manchester 'A'
6	0:10:35.45	B1149	V Knight	Cambridge & Coleridge AC 'A'
7	0:10:36.30	B1197	A Howarth	Leigh Harriers & Ac 'A'
8	0:10:37.30	B1123	J Harvey	Aldershot Farnham & District 'B'
9	0:10:39.65	B1233	H Clitheroe	Preston Harriers
10	0:10:40.15	B1276	H Timmins	Thames Valley Harriers 'A'

Fastest Leg 3

Pos	Time	Bib	Name	Team
1	0:09:49.80	C1154	J Judd	Chelmsford Ac
2	0:10:07.95	C1122	E Hosker Thornhill	Aldershot Farnham & District 'A'
3	0:10:22.60	C1151	J Potter	Charnwood A C 'A'
4	0:10:24.55	C1201	A Donnelly	Lincoln Wellington Athletic Club 'A'
5	0:10:26.60	C1131	R Murray	Bedford & County AC
6	0:10:27.70	C1135	J Cooke	Birchfield Harriers 'A'
7	0:10:30.40	C1194	L Crookes	Leeds City Athletic Club 'A'
8	0:10:35.20	C1233	R Rigby	Preston Harriers
9	0:10:39.95	C1149	K Hedgethorpe	Cambridge & Coleridge AC 'A'
10	0:10:46.65	C1240	L Powell-Smith	Ribble Valley Harriers