

Senior Women

| Pos | Time | Team | Leg1 | Name | Leg2 | Name | Leg3 | Name |
|-----|------------|--------------------------------------|------------------|-----------------|------------------|-------------------|-----------------|--------------------|
| 1 | 0:29:48.05 | Aldershot Farnham & District 'A' | 0:09:44.25 (3) | K Bingle | 0:09:55.85 (1) | E Gorecka | 0:10:07.95 (1) | E Hosker Thornhill |
| 2 | 0:30:42.55 | Leeds City Athletic Club 'A' | 0:09:57.45 (4) | C Duck | 0:10:14.70 (2) | S Stockton | 0:10:30.40 (2) | L Crookes |
| 3 | 0:31:13.55 | Charnwood A C 'A' | 0:09:58.80 (5) | J Potter | 0:10:52.15 (10) | A Holyland | 0:10:22.60 (3) | J Potter |
| 4 | 0:31:15.60 | Cambridge & Coleridge AC 'A' | 0:10:00.20 (7) | C Christensen | 0:10:35.45 (4) | V Knight | 0:10:39.95 (4) | K Hedgethorne |
| 5 | 0:31:16.55 | Preston Harriers | 0:10:01.70 (8) | J Fairchild | 0:10:39.65 (6) | H Clitheroe | 0:10:35.20 (5) | R Rigby |
| 6 | 0:31:28.00 | Birchfield Harriers 'A' | 0:09:59.70 (6) | T Armouh | 0:11:00.60 (11) | K Allen | 0:10:27.70 (6) | J Cooke |
| 7 | 0:31:33.95 | Aldershot Farnham & District 'B' | 0:10:05.35 (10) | P Bowden | 0:10:37.30 (7) | J Harvey | 0:10:51.30 (7) | L Gent |
| 8 | 0:31:36.50 | Sale Harriers Manchester 'A' | 0:10:16.55 (14) | M Davies | 0:10:32.30 (9) | E Downs | 0:10:47.65 (8) | E Tilley |
| 9 | 0:31:38.30 | Stockport Harriers & AC 'A' | 0:09:39.05 (2) | E Vernon | 0:11:09.50 (8) | A Silvander | 0:10:49.75 (9) | L Rudd |
| 10 | 0:31:56.25 | Lincoln Wellington Athletic Club 'A' | 0:10:38.50 (24) | R Harrison | 0:10:53.20 (17) | G Holloway | 0:10:24.55 (10) | A Donnelly |
| 11 | 0:32:03.05 | Oxford University AC 'A'* | 0:10:06.70 (11) | F Scrafton | 0:11:00.00 (13) | K Horner | 0:10:56.35 (11) | S Saller |
| 12 | 0:32:14.70 | City Of Stoke Ac | 0:09:37.85 (1) | K Holt | 0:10:57.90 (5) | S Lovewell | 0:11:38.95 (12) | L Dawson |
| 13 | 0:32:15.35 | Ribble Valley Harriers | 0:10:42.65 (26) | H Glover | 0:10:46.05 (16) | N Jackson | 0:10:46.65 (13) | L Powell-Smith |
| 14 | 0:32:32.60 | Basildon Ac | 0:10:36.05 (23) | G Kersey | 0:10:56.10 (18) | E Houchell | 0:11:00.45 (14) | R Wiseman |
| 15 | 0:32:40.90 | Shaftesbury Barnet Harriers | 0:10:15.15 (13) | V Pritchard | 0:10:18.05 (3) | N Taschimowitz | 0:12:07.70 (15) | E Dimmer |
| 16 | 0:32:43.25 | Hallamshire Harriers Sheffield 'A' | 0:10:43.85 (28) | N Hackett | 0:10:51.60 (19) | Z Wray | 0:11:07.80 (16) | H Fletcher |
| 17 | 0:32:50.00 | City Of Norwich AC 'A' | 0:10:04.70 (9) | S Astin | 0:11:14.15 (15) | M Beckett | 0:11:31.15 (17) | I Rodriguez |
| 18 | 0:32:51.75 | Notts AC 'A' | 0:10:23.10 (16) | L Marshall | 0:10:54.65 (14) | L Holt | 0:11:34.00 (18) | S MacKness |
| 19 | 0:32:55.90 | Chelmsford Ac | 0:11:12.15 (40) | S Judd | 0:11:53.95 (40) | R Cole | 0:09:49.80 (19) | J Judd |
| 20 | 0:33:18.95 | Trafford Athletic Club 'A' | 0:10:09.60 (12) | C Thomas | 0:12:06.95 (30) | A Cauley | 0:11:02.40 (20) | V Cronin |
| 21 | 0:33:41.40 | Leeds City Athletic Club 'B' | 0:10:35.35 (21) | A Leake | 0:11:39.25 (29) | H Buswell | 0:11:26.80 (21) | S Partridge |
| 22 | 0:33:49.05 | Birchfield Harriers 'B' | 0:10:30.70 (20) | G Hartigan | 0:11:15.65 (21) | S McManus | 0:12:02.70 (22) | J Parker |
| 23 | 0:33:53.85 | Holmfirth Harriers Ac 'A' | 0:10:49.00 (30) | H Berry | 0:11:16.35 (25) | R Sykes | 0:11:48.50 (23) | C Leaver |
| 24 | 0:33:58.40 | Leigh Harriers & Ac 'A' | 0:10:25.25 (17) | L Riches | 0:10:36.30 (12) | A Howarth | 0:12:56.85 (24) | L Peplow |
| 25 | 0:34:02.65 | Thames Valley Harriers 'A' | 0:11:19.30 (44) | K Addy | 0:10:40.15 (24) | H Timmins | 0:12:03.20 (25) | L Da Silva |
| 26 | 0:34:06.05 | Herne Hill Harriers 'A' | 0:10:27.25 (18) | C Tighe | 0:11:40.00 (26) | F De Mauny | 0:11:58.80 (26) | S Mitchell |
| 27 | 0:34:08.10 | City of York AC 'A' | 0:10:58.20 (36) | K Wood | 0:12:01.70 (38) | H Wilkinson | 0:11:08.20 (27) | C Mason |
| 28 | 0:34:11.80 | London Heathside Runners AC | 0:11:00.30 (38) | B Scott | 0:11:42.95 (35) | K Thorneycroft | 0:11:28.55 (28) | J Hinton |
| 29 | 0:34:12.65 | Rotherham Harriers And Ac 'A' | 0:10:51.10 (32) | S Burns | 0:11:05.85 (23) | S Johnson | 0:12:15.70 (29) | E Hutson |
| 30 | 0:34:14.60 | Oxford University AC 'B'* | 0:11:15.45 (42) | R Skokowski | 0:11:24.00 (33) | H Plaschkes | 0:11:35.15 (30) | L Klickstein |
| 31 | 0:34:19.30 | Derby Athletic Club | 0:10:40.25 (25) | V Wills | 0:11:33.35 (28) | L Shipley | 0:12:05.70 (31) | C Dover |
| 32 | 0:34:28.00 | West Suffolk AC 'A' | 0:10:45.25 (29) | H Archer | 0:10:57.95 (20) | J Anthony | 0:12:44.80 (32) | C Anthony |
| 33 | 0:34:33.85 | University of Nottingham AC* | 0:11:28.75 (47) | C Bird | 0:11:17.30 (36) | R Berger-North | 0:11:47.80 (33) | K Buckingham |
| 34 | 0:34:40.20 | Milton Keynes Distance Project | 0:10:43.05 (27) | D Chattendon | 0:11:40.95 (31) | H Greenwood | 0:12:16.20 (34) | A Ritchie |
| 35 | 0:34:49.60 | Salford Harriers & Ac 'A' | 0:10:57.60 (35) | Runner A1252 | 0:11:15.05 (27) | Runner B1252 | 0:12:36.95 (35) | Runner C1252 |
| 36 | 0:34:52.65 | Hallamshire Harriers Sheffield 'B' | 0:10:56.25 (34) | E Brailsford | 0:12:02.80 (37) | E Crownshaw | 0:11:53.60 (36) | C Slack |
| 37 | 0:34:53.05 | Birtley AC 'A' | 0:11:39.00 (52) | L Graham | 0:10:16.05 (22) | L Turner | 0:12:58.00 (37) | K Walker |
| 38 | 0:34:59.90 | Bedford & County AC | 0:10:22.65 (15) | A Burgin | 0:14:10.65 (53) | E Coombes (keech) | 0:10:26.60 (38) | R Murray |
| 39 | 0:35:13.60 | Notts AC 'B' | 0:11:19.20 (43) | H Robinson | 0:12:23.65 (47) | R Pritchard | 0:11:30.75 (39) | E Shirley |
| 40 | 0:35:17.35 | Bristol and West AC 'A' | 0:10:53.85 (33) | N Griffiths | 0:12:09.05 (39) | E Harrison | 0:12:14.45 (40) | D Mummery |
| 41 | 0:35:19.35 | Lincoln Wellington Athletic Club 'B' | 0:11:47.40 (56) | S Darling | 0:11:24.45 (41) | L Kaye | 0:12:07.50 (41) | E Thorpe |
| 42 | 0:35:30.45 | Charnwood A C 'B' | 0:11:26.40 (45) | K Lomas | 0:12:44.35 (51) | C Tinker | 0:11:19.70 (42) | E Butler |
| 43 | 0:35:56.10 | Sutton In Ashfield Harriers & Ac 'A' | 0:12:18.40 (64) | C Watson | 0:11:07.65 (44) | M Willcocks | 0:12:30.05 (43) | S Hughes |
| 44 | 0:36:00.85 | Vale Royal Ac 'A' | 0:11:37.35 (50) | S Griffiths | 0:11:46.70 (43) | K Moulds | 0:12:36.80 (44) | C Dooley |
| 45 | 0:36:16.35 | Nene Valley Harriers 'A' | 0:12:01.45 (59) | E Randall | 0:11:54.55 (48) | M Ellison | 0:12:20.35 (45) | G Mullins |
| 46 | 0:36:21.00 | Aldershot Farnham & District 'C' | 0:11:28.40 (46) | S Kent | 0:11:13.60 (34) | G Eglen | 0:13:39.00 (46) | C Stewart |
| 47 | 0:36:29.25 | Marshall Milton Keynes AC 'A' | 0:10:50.50 (31) | L Bromilow | 0:11:40.30 (32) | R Robinson | 0:13:58.45 (47) | D Baldwin |
| 48 | 0:36:43.10 | Holmfirth Harriers Ac 'B' | 0:11:55.70 (58) | L Farquhar | 0:12:14.25 (50) | M Sykes | 0:12:33.15 (48) | H Waterman |
| 49 | 0:36:52.25 | Sheffield RC 'A' | 0:11:04.05 (39) | S Lowery | 0:12:31.30 (45) | D Richards | 0:13:16.90 (49) | H Fisher |
| 50 | 0:37:10.65 | North Shields Polytechnic Club 'A' | 0:11:43.85 (54) | C Maley | 0:12:58.65 (54) | M Thompson | 0:12:28.15 (50) | R McIntyre |
| 51 | 0:37:16.15 | Ranelagh Harriers | 0:11:33.35 (49) | R Curtis-Hall | 0:13:53.95 (66) | C Hyde | 0:11:48.85 (51) | E Damant |
| 52 | 0:37:32.00 | Ilkeston Running Club 'A' | 0:11:37.65 (51) | G Coveney | 0:12:27.45 (49) | M Denman | 0:13:26.90 (52) | C Ayton |
| 53 | 0:37:32.80 | Harborough AC 'A' | 0:12:13.60 (63) | S Ward | 0:12:56.25 (59) | J Hanmer | 0:12:22.95 (53) | J Postlethwaite |
| 54 | 0:37:42.25 | Ripley Running Club 'A' | 0:12:02.80 (60) | F Alexander | 0:13:10.35 (61) | J Wharton-Howett | 0:12:29.10 (54) | L Taylor |
| 55 | 0:37:56.10 | Barnet & District Ac | 0:12:35.90 (73) | K Murphy | 0:13:21.20 (70) | N Froud | 0:11:59.00 (55) | J Kent |
| 56 | 0:38:06.70 | Doncaster Athletic Club 'A' | 0:10:59.60 (37) | N Devine | 0:13:15.95 (52) | S Wood | 0:13:51.15 (56) | M Taylor |
| 57 | 0:38:07.00 | Nene Valley Harriers 'B' | 0:12:21.75 (66) | C Pavey | 0:12:43.55 (58) | S Wilkinson | 0:13:01.70 (57) | I Woodard |
| 58 | 0:38:14.55 | Harpenden Arrows | 0:11:41.80 (53) | H Turner | 0:13:38.25 (64) | E Maggott | 0:12:54.50 (58) | L Hicks |
| 59 | 0:38:45.50 | Holme Pierrepont Rc 'B' | 0:12:59.10 (88) | R Brandon | 0:13:11.80 (71) | J Atkinson | 0:12:34.60 (59) | A Gould |
| 60 | 0:38:51.25 | St Albans Striders | 0:11:13.65 (41) | M Steer | 0:14:11.05 (65) | H Ryder | 0:13:26.55 (60) | A Anders |
| 61 | 0:38:52.90 | Birchfield Harriers 'C' | 0:12:39.35 (77) | F Vickers | 0:13:48.85 (75) | K Salt | 0:12:24.70 (61) | S Conway |
| 62 | 0:38:59.55 | Holme Pierrepont Rc 'A' | 0:12:53.80 (86) | E Van Loon | 0:12:46.35 (68) | H Sampson | 0:13:19.40 (62) | E Cupitt |
| 63 | 0:39:00.95 | Mansfield Harriers 'A' | 0:12:38.45 (75) | B Armstrong | 0:13:36.45 (72) | H Pritchett | 0:12:46.05 (63) | K Johnson |
| 64 | 0:39:07.00 | North Shields Polytechnic Club 'B' | 0:12:36.45 (74) | L Bradley | 0:13:50.05 (74) | J Davies | 0:12:40.50 (64) | N Thornburn |
| 65 | 0:39:09.05 | Long Eaton Running Club | 0:12:38.80 (76) | S Warwick | 0:12:17.85 (55) | E Lunt | 0:14:12.40 (65) | J Mather |
| 66 | 0:39:24.15 | Newcastle Staffs AC 'A' | 0:11:44.40 (55) | M Buckle | 0:13:45.15 (67) | G Woodcock | 0:13:54.60 (66) | T Stone |
| 67 | 0:39:26.50 | North Derbyshire RC | 0:12:10.25 (61) | D Lock | 0:13:02.00 (60) | H Barnett | 0:14:14.25 (67) | C Tan |
| 68 | 0:39:27.35 | Notts AC 'C' | 0:12:52.15 (85) | S Garside | 0:13:02.35 (69) | J Pidgeon | 0:13:32.85 (68) | B Peach |
| 69 | 0:39:29.25 | Heanor Running Club 'A' | 0:10:35.65 (22) | L Palmer-Blount | 0:14:28.70 (57) | R Leivers | 0:14:24.90 (69) | P Roadley |
| 70 | 0:40:03.75 | Penistone Footpath Runners & AC | 0:12:32.70 (72) | L Latchem | 0:14:19.50 (79) | H Parkin | 0:13:11.55 (70) | J Johnson |
| 71 | 0:40:05.90 | Amphill & Flitwick Flyers RC 'A' | 0:12:41.45 (78) | H King | 0:12:34.85 (63) | D Pedley | 0:14:49.60 (71) | J Pritchett |
| 72 | 0:40:06.30 | Rugby & Northampton Ac 'A' | 0:13:24.85 (96) | Z Shepherd | 0:14:07.60 (87) | H Jones | 0:12:33.85 (72) | B Goddard |
| 73 | 0:40:08.85 | Holme Pierrepont Rc 'C' | 0:13:25.25 (97) | N Dixon | 0:13:17.50 (77) | C Stretton | 0:13:26.10 (73) | S Tyler |
| 74 | 0:40:28.15 | Buxton AC 'A' | 0:13:20.55 (93) | J Bednall | 0:13:38.40 (81) | E Wentworth | 0:13:29.20 (74) | T Wilson |
| 75 | 0:40:39.20 | Steel City Striders Rc | 0:12:47.65 (80) | C Beattie | 0:14:54.20 (88) | J Carnie | 0:12:57.35 (75) | J Davies |
| 76 | 0:40:40.10 | Barnsley Athletic Club | 0:12:13.15 (62) | L Skinner | 0:13:01.35 (62) | J Wakeman | 0:15:25.60 (76) | L Westlake |
| 77 | 0:40:43.90 | Trafford Athletic Club 'B' | 0:12:28.80 (69) | N Davenport | 0:12:33.65 (56) | M Monks | 0:15:41.45 (77) | S Exon |
| 78 | 0:40:58.00 | Redhill Road Runners 'A' | 0:12:59.65 (89) | L Kelly | 0:13:49.00 (78) | S King | 0:14:09.35 (78) | K Haynes |
| 79 | 0:41:15.95 | Kendal Amateur Athletic Club | 0:13:23.75 (95) | K Oldfield | 0:13:55.85 (85) | J Nowell | 0:13:56.35 (79) | J Pennington |
| 80 | 0:41:22.85 | Beeston AC 'A' | 0:12:23.60 (67) | S Eadsforth | 0:14:41.95 (83) | C Bexton | 0:14:17.30 (80) | J Welburn |
| 81 | 0:41:30.10 | Holmfirth Harriers Ac 'C' | 0:12:26.20 (68) | K Farquhar | 0:14:37.75 (82) | J Shottter | 0:14:26.15 (81) | S Cromwell |
| 82 | 0:41:32.05 | City of York AC 'B' | 0:12:45.70 (79) | K Wood | 0:15:35.95 (94) | J Power | 0:13:10.40 (82) | L Eadon |
| 83 | 0:41:46.90 | Bournville Harriers 'A' | 0:13:34.70 (97) | L Gale | 0:14:39.90 (92) | J Glynn | 0:13:32.30 (83) | R Littlewood |
| 84 | 0:41:50.85 | Harborough Ac 'B' | 0:12:56.75 (87) | K Brooks | 0:14:31.60 (86) | L Jenkinson | 0:14:22.50 (84) | G Streater |
| 85 | 0:41:53.60 | Rushcliffe Ac 'A' | 0:13:22.70 (94) | A Cast | 0:13:34.90 (80) | C Todd McIntyre | 0:14:56.00 (85) | V Wardle |
| 86 | 0:42:00.00 | Ilkeston Running Club 'B' | 0:14:37.55 (114) | K MacKenzie | 0:13:24.20 (90) | N Braisby | 0:13:58.25 (86) | S Ward |
| 87 | 0:42:14.85 | Sutton In Ashfield Harriers & Ac 'B' | 0:13:43.50 (103) | Y Robinson | 0:13:22.65 (84) | R Barson | 0:15:08.70 (87) | E Cable |
| 88 | 0:42:28.80 | Ripley Running Club 'B' | 0:13:17.25 (91) | C Cresswell | 0:15:28.35 (99) | A Butlin | 0:13:43.20 (88) | R Lineker |
| 89 | 0:42:30.80 | Mansfield Harriers 'B' | 0:14:39.70 (117) | S Armitage | 0:14:43.45 (105) | S Bradbury | 0:13:07.65 (89) | A Mortiboy |
| 90 | 0:42:56.65 | Marshall Milton Keynes AC 'B' | 0:13:11.30 (90) | D Brent | 0:14:46.65 (89) | S Anderegg | 0:14:58.70 (90) | R Armstrong |
| 91 | 0:43:02.10 | Buxton AC 'B' | 0:13:53.05 (106) | J Cudahy | 0:14:28.10 (93) | R Gowers | 0:14:40.95 (91) | K Ledin |
| 92 | 0:43:07.45 | Lincoln & District Runners 'A' | 0:14:08.85 (111) | S Kaminski | 0:15:03.95 (104) | L Tack | 0:13:54.65 (92) | A Mongan |

Senior Women

07/11/2017

| Pos | Time | Team | Leg1 | Name | Leg2 | Name | Leg3 | Name |
|-----|------------|--------------------------------------|------------|------------------------|------------|-------------------|------------|----------------------|
| 93 | 0:43:13.20 | Kimberworth Striders 'B' | 0:14:07.55 | (110) H Wade | 0:14:24.65 | (97) C Chapman | 0:14:41.00 | (93) C Saunders |
| 94 | 0:43:16.85 | Sheffield RC 'B' | 0:14:59.40 | (123) A Dale | 0:16:08.35 | (121) K Little | 0:12:09.10 | (94) L Inglis |
| 95 | 0:43:17.15 | Ampt Hill & Flitwick Flyers RC 'B' | 0:15:16.20 | (129) C Halpin | 0:14:33.80 | (108) L Wells | 0:13:27.15 | (95) S Forsey |
| 96 | 0:43:25.40 | East Hull Harriers & Ac 'A' | 0:12:49.95 | (83) A Tomlinson | 0:15:47.50 | (98) L Huart | 0:14:47.95 | (96) E Brackstone |
| 97 | 0:43:49.65 | Belper Harriers | 0:13:44.55 | (104) L Mathews | 0:14:29.05 | (91) R Clark | 0:15:36.05 | (97) R Arris-Pratt |
| 98 | 0:43:57.15 | Ackworth Road Runners | 0:14:33.05 | (113) G Wrangles | 0:16:24.80 | (117) N Williams | 0:12:59.30 | (98) E Roberts |
| 99 | 0:44:14.45 | Redhill Road Runners 'B' | 0:14:42.20 | (118) J Stocks | 0:14:21.80 | (103) L Doyle | 0:15:10.45 | (99) L Robinson |
| 100 | 0:44:20.50 | Retford AC | 0:12:49.35 | (81) D Medne | 0:16:53.75 | (107) E Tasker | 0:14:37.40 | (100) J Dewsbury |
| 101 | 0:44:39.90 | Newcastle Staffs Ac 'B' | 0:16:59.35 | (136) N Brownsword | 0:15:27.55 | (128) V Stevens | 0:12:13.00 | (101) C Dyer |
| 102 | 0:44:46.85 | Rugby & Northampton Ac 'B' | 0:14:38.80 | (116) M Chesser | 0:14:07.65 | (100) C Carroll | 0:16:00.40 | (102) E Katsogianni |
| 103 | 0:44:53.60 | Mansfield Harriers 'C' | 0:15:36.70 | (133) J Duers | 0:15:30.15 | (120) K Kowalski | 0:13:46.75 | (103) H Hardy |
| 104 | 0:45:15.75 | Kimberworth Striders 'A' | 0:13:29.05 | (98) R Hunt | 0:15:29.95 | (101) N Lowe | 0:16:16.75 | (104) H Woodburn |
| 105 | 0:45:20.60 | Barnsley Harriers | 0:14:01.50 | (108) K Roberts | 0:16:02.60 | (110) E Moorhouse | 0:15:16.50 | (105) H Andrews |
| 106 | 0:45:21.80 | Harborough Ac 'C' | 0:15:09.90 | (125) L Brooks | 0:15:50.90 | (118) T Southwell | 0:14:21.00 | (106) C Voelkerling |
| 107 | 0:45:22.75 | Buxton AC 'C' | 0:15:14.05 | (128) E Nocton | 0:15:02.90 | (113) A Mottram | 0:15:05.80 | (107) S Bradley |
| 108 | 0:45:31.75 | Lincoln & District Runners 'B' | 0:15:13.55 | (127) N Gratton | 0:15:11.55 | (115) D Levick | 0:15:06.65 | (108) K Holroyd |
| 109 | 0:45:44.15 | Desford Striders 'A' | 0:14:57.10 | (122) K Grainger | 0:14:44.35 | (106) A Searle | 0:16:02.70 | (109) A Miller |
| 110 | 0:45:59.80 | Rushcliffe Ac 'B' | 0:14:25.25 | (112) K Mellor | 0:15:29.10 | (109) H Hood | 0:16:05.45 | (110) M Wyszynski |
| 111 | 0:46:16.45 | Southwell Running Club 'A' | 0:15:32.55 | (131) M Hall | 0:14:40.35 | (111) S Ward | 0:16:03.55 | (111) L Fozzard |
| 112 | 0:46:28.85 | Redhill Road Runners 'C' | 0:14:38.25 | (115) R Shambrook | 0:16:23.50 | (119) H Purdy | 0:15:27.10 | (112) L Merryweather |
| 113 | 0:46:47.25 | Sleaford Striders AC 'A' | 0:16:08.85 | (135) A Thompson | 0:15:13.80 | (125) D Bailey | 0:15:24.60 | (113) G Dodsworth |
| 114 | 0:46:48.80 | Sleaford Striders AC 'C' | 0:15:16.75 | (130) J Hutton | 0:16:21.45 | (126) J Simpson | 0:15:10.60 | (114) S Tones |
| 115 | 0:46:50.15 | Skegness & District Running Club 'C' | 0:14:54.85 | (120) C Holgate | 0:15:21.10 | (112) S Coupland | 0:16:34.20 | (115) J Martin |
| 116 | 0:47:13.95 | Sleaford Striders AC 'B' | 0:14:46.50 | (119) J Patrick | 0:16:25.65 | (123) T Dickinson | 0:16:01.80 | (116) S Patrick |
| 117 | 0:47:19.85 | Southwell Running Club 'B' | 0:15:42.20 | (134) T Lynch | 0:15:26.60 | (122) J Matthews | 0:16:11.05 | (117) C Loom |
| 118 | 0:47:21.80 | Beeston AC 'B' | 0:15:05.30 | (124) E Mihaylova | 0:16:12.60 | (124) H McCain | 0:16:03.90 | (118) N Mbodji |
| 119 | 0:47:38.15 | Skegness & District Running Club 'A' | 0:13:46.40 | (105) T Rainbow | 0:15:13.50 | (102) H Blair | 0:18:38.25 | (119) R Lear |
| 120 | 0:47:49.35 | Sutton In Ashfield Harriers & Ac 'C' | 0:15:35.30 | (132) M Cook | 0:16:50.80 | (127) K Willetts | 0:15:23.25 | (120) S Bradley |
| 121 | 0:48:08.25 | Skegness & District Running Club 'B' | 0:12:49.65 | (82) E Marshall-Telfer | 0:17:33.25 | (114) M Carr | 0:17:45.35 | (121) A Stone |
| 122 | 0:48:18.80 | Heanor Running Club 'B' | 0:15:12.25 | (126) J Potter | 0:17:21.40 | (129) N Dunbar | 0:15:45.15 | (122) J Wright |
| 123 | 0:49:12.00 | Derwent Runners (derby) | 0:13:55.20 | (107) E Leeming | 0:19:13.45 | (130) K Hallet | 0:16:03.35 | (123) H Crickmore |
| 124 | 0:49:36.55 | Bournville Harriers 'B' | 0:19:14.05 | (140) A Ostojitsch | 0:14:34.95 | (132) P Wright | 0:15:47.55 | (124) C Greenhouse |
| 125 | 0:50:15.50 | Ilkeston Running Club 'C' | 0:18:23.15 | (139) D Bower | 0:15:17.65 | (131) A Langley | 0:16:34.70 | (125) L Lee |
| 126 | 0:50:27.75 | Doncaster Athletic Club 'B' | 0:17:09.75 | (137) D Bawden | 0:17:22.60 | (134) L Herbert | 0:15:55.40 | (126) S Maughan |
| 127 | 0:56:54.35 | East Hull Harriers & Ac 'B' | 0:14:55.05 | (121) A Burnett | 0:19:30.95 | (133) J Beech | 0:22:28.35 | (127) M Carrick |
| 128 | 0:59:49.20 | Desford Striders 'B' | 0:19:37.20 | (141) K Grounds | 0:19:19.85 | (135) J Morris | 0:20:52.15 | (128) L Norton |