

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:28:33	5713	Phoebe Law	Kingston AC & Polytechnic H	101	0:33:22	5798	Kelly Thorneycroft	London Heathside
2	0:28:54	4930	Louise Small	Aldershot Farnham & District	102	0:33:23	6328	Victoria Barthelmeess	Thames Hare & Hounds
3	0:29:05	5191	Iona Lake	City Of Norwich AC	103	0:33:23	6380	Maria Heslop	Tonbridge AC
4	0:29:16	6086	Georgia Taylor-Brown	Sale Harriers Manchester	104	0:33:26	6583	Suzanne Turvey	Woodford Green AC with Ess
5	0:29:34	6082	Katie Hewison	Sale Harriers Manchester	105	0:33:27	6088	Emma Tilley	Sale Harriers Manchester
6	0:29:39	6161	Naomi Taschimowitz	Shaftesbury Barnet Harriers	106	0:33:28	5757	Laura Kaye	Lincoln Wellington AC
7	0:29:43	6273	Eleanor Vernon	Stockport Harriers & AC	107	0:33:30	5141	Elsie Butler	Charnwood AC
8	0:29:49	5147	Juliet Potter	Charnwood AC	108	0:33:35	5828	Elissa Morris	Manx Harriers
9	0:29:51	5188	Sarah Astin	City Of Norwich AC	109	0:33:37	5418	Jackie Skinner	Fulham RC
10	0:29:54	5755	Abbie Donnelly	Lincoln Wellington AC	110	0:33:37	6211	Kelly Hewitson	Southampton AC
11	0:29:58	5121	Charlotte Christensen	Cambridge & Coleridge	111	0:33:38	5163	Alice Taylor	Cheltenham & County Harrie
12	0:30:00	5162	Beth Hawling	Cheltenham & County Harrie	112	0:33:39	6594	Lucy Rogers	Wycombe Phoenix Harriers &
13	0:30:01	4907	Katherine Bingle	Aldershot Farnham & District	113	0:33:43	5873	Cloe Hubbard	Newark AC
14	0:30:07	5146	Jane Potter	Charnwood AC	114	0:33:44	5538	Eileen Brandley	Hercules Wimbledon AC
15	0:30:10	5730	Claire Duck	Leeds City AC	115	0:33:46	6315	Eilidh Bell	Team Bath AC
16	0:30:19	5128	Georgina Schwiening	Cambridge & Coleridge	116	0:33:47	6184	Mary James	South London Harriers
17	0:30:19	5738	Stevie Stockton	Leeds City AC	117	0:33:49	5350	Bethany Runciman	Ely Runners
18	0:30:23	6392	Lucy Reid	Tonbridge AC	118	0:33:49	6208	Bryher Bowness	Southampton AC
19	0:30:32	6078	Danielle Fegan	Sale Harriers Manchester	119	0:33:50	6314	Hannah Taunton	Taunton AC
20	0:30:37	5127	Victoria Knight	Cambridge & Coleridge	120	0:33:55	5063	Rhiannon Silson	Border Harriers & AC
21	0:30:41	5356	Isabel Brinsden	Epsom & Ewell Harriers	121	0:33:55	5549	Karen Ellison	Herne Hill Harriers
22	0:30:41	5579	Hannah Viner	Highgate Harriers	122	0:33:56	5160	Rebecca Luxton	Chelmsford AC
23	0:30:41	6209	Laura Brenton	Southampton AC	123	0:33:57	6123	Helen Gray	Serpentine RC
24	0:30:41	5915	Lori Marshall	Notts AC	124	0:33:58	5850	Hannah Plaschkes	Milton Keynes Distance Proje
25	0:30:45	6395	Nicole Taylor	Tonbridge AC	125	0:33:59	5096	Imogen Peck	Bristol & West AC
26	0:30:47	6052	Natasha Hatswell	Rotherham Harriers & AC	126	0:34:00	5123	Rebecca Frake	Cambridge & Coleridge
27	0:30:48	5827	Rachael Franklin	Manx Harriers	127	0:34:01	5126	Fiona Hughes	Cambridge & Coleridge
28	0:30:49	5735	Georgia Mailr	Leeds City AC	128	0:34:02	6310	Kate Drew	Taunton AC
29	0:30:49	5003	Sophie Harris	Belgrave Harriers	129	0:34:06	5686	Katie Rowland	Kent AC
30	0:30:49	5652	Rebecca Robinson	Kendal AAC	130	0:34:07	5037	Lucy Nell	Birmingham Running Athletic
31	0:30:58	5729	Lucy Crookes	Leeds City AC	131	0:34:08	6006	Fanny Vein	Ranelagh Harriers
32	0:31:01	4981	Alice Burgin	Bedford & County AC	132	0:34:09	6274	Christine Lathwell	Stopsley Striders
33	0:31:02	5167	Bethany Garland	Chichester Runners & AC	133	0:34:09	6352	Sophie Biggs	The Stragglers Running Club
34	0:31:08	5918	Eleanor Fowler	Nuneaton Harriers	134	0:34:10	4916	Lauren Hall	Aldershot Farnham & District
35	0:31:09	4914	Laura Gent	Aldershot Farnham & District	135	0:34:14	5467	Elisa Bostock	Hadleigh Hares
36	0:31:14	5573	Tessa Hill	Highgate Harriers	136	0:34:14	5775	Olivia Desborough	London Heathside
37	0:31:17	5728	Emma Clayton	Leeds City AC	137	0:34:15	5482	Charlotte Slack	Hallamshire Harriers Sheffield
38	0:31:21	5125	Katy Hedgethorne	Cambridge & Coleridge	138	0:34:16	6077	Jenny Evans	Sale Harriers Manchester
39	0:31:22	6035	Katie Walshaw	Ribble Valley Harriers	139	0:34:17	4948	Caroline Hoyte	Arena 80 AC
40	0:31:24	5480	Natalia Hackett	Hallamshire Harriers Sheffield	140	0:34:19	5061	Clare McKeown	Border Harriers & AC
41	0:31:26	6032	Nichola Jackson	Ribble Valley Harriers	141	0:34:21	5090	Elaina Gard	Bristol & West AC
42	0:31:28	5866	Emma Holt	Morpeth Harriers & AC	142	0:34:24	5144	Katie Lomas	Charnwood AC
43	0:31:28	6011	Naomi Forshaw	Reading AC	143	0:34:30	5911	Joanne Birtwistle	Notts AC
44	0:31:30	5189	Mabel Beckett	City Of Norwich AC	144	0:34:33	5093	Fiona Marks	Bristol & West AC
45	0:31:31	5732	Sarah Hodgson	Leeds City AC	145	0:34:33	6386	Tina Oldershaw	Tonbridge AC
46	0:31:33	5032	Molly Browne	Birmingham Running Athletic	146	0:34:34	5456	Nici Cahusac	Guldford & Godalming AC
47	0:31:35	6115	Isabel Clark	Serpentine RC	147	0:34:36	6524	Katie Hughes	Westbury Harriers
48	0:31:37	6076	Ellen Downs	Sale Harriers Manchester	148	0:34:37	5577	Ashley Scott	Highgate Harriers
49	0:31:37	6334	Bethanie Murray	Thames Hare & Hounds	149	0:34:39	4920	Bethan Hubbard	Aldershot Farnham & District
50	0:31:48	6320	Claire Martin	Telford AC	150	0:34:39	5443	Sophia Tucker	Grantham AC
51	0:31:56	5608	Helen Berry	Holmfirth Harriers AC	151	0:34:43	5502	Ginte Bailey	Havering AC
52	0:31:57	6444	Sarah Murphy	Vale Royal AC	152	0:34:43	6417	Emma Rowley	Trent Park RC
53	0:31:58	5643	Georgia Campbell	Jarrow & Hebburn AC	153	0:34:45	5996	Laura Blazey	Ranelagh Harriers
54	0:31:59	5833	Lara Bromilow	Marshall Milton Keynes AC	154	0:34:46	6343	Lisa Da Silva	Thames Valley Harriers
55	0:32:01	6056	Emma Parkinson	Rotherham Harriers & AC	155	0:34:47	6129	Marina Johnson	Serpentine RC
56	0:32:03	5000	Georgie Fenn	Belgrave Harriers	156	0:34:47	5946	Claire Hammett	Oxford University AC
57	0:32:06	5581	Gemma Barry	Hillingdon AC	157	0:34:48	5955	Chloe Finlay	Peterborough AC
58	0:32:11	6033	Louisa Powell-Smith	Ribble Valley Harriers	158	0:34:49	6142	Megan Roberts	Serpentine RC
59	0:32:13	5091	Natalie Griffiths	Bristol & West AC	159	0:34:52	6213	Sarah Kingston	Southampton AC
60	0:32:13	5737	Heather Sellars	Leeds City AC	160	0:34:52	6145	Lavinia Singer	Serpentine RC
61	0:32:14	5494	Lucy Ashe	Harrow AC	161	0:34:53	5810	Sarah Winstone	Lordshill RR
62	0:32:22	5556	Katie Moore	Herne Hill Harriers	162	0:34:54	6094	Tessa Robinson	Salford Harriers
63	0:32:23	4977	Emma Houchell	Basildon AC	163	0:34:55	5920	Katherine Hodgson	Nuneaton Harriers
64	0:32:23	6344	Sarah Johnson	Thames Valley Harriers	164	0:34:55	5680	Teresa Murphy	Kent AC
65	0:32:24	5477	Evie Brailsford	Hallamshire Harriers Sheffield	165	0:34:55	6162	Victoria Walker	Shaftesbury Barnet Harriers
66	0:32:27	6563	Charlotte Firth	Windsor Slough Eton & Houn	166	0:34:56	5954	Sarah Caskey	Peterborough AC
67	0:32:27	5195	Rhiannan Dunlop	City Of Portsmouth AC	167	0:34:56	5087	Naomi Aylwin	Bristol & West AC
68	0:32:28	6055	Zara Knapp	Rotherham Harriers & AC	168	0:34:58	6366	Sarah Winter	The Stragglers Running Club
69	0:32:30	5838	Rachel Robinson	Marshall Milton Keynes AC	169	0:34:59	4937	Lora Blann	Altrincham & District AC
70	0:32:31	5575	Rebecca Johnson	Highgate Harriers	170	0:35:04	6309	Kirsty Booth	Taunton AC
71	0:32:33	5540	Claire Grima	Hercules Wimbledon AC	171	0:35:05	5210	Rosemary Hurford	Clapham Chasers
72	0:32:34	6332	Lauren Major	Thames Hare & Hounds	172	0:35:07	5107	Faith Viney	Bure Valley Harriers
73	0:32:36	6143	Natasha Sheel	Serpentine RC	173	0:35:07	5725	Jenny Jeeves	Leamington C & AC
74	0:32:37	6338	Ruby Woolfe	Thames Hare & Hounds	174	0:35:08	6428	Harriet Wooley	Tunbridge Wells Harriers
75	0:32:38	5279	Nicola Devine	Doncaster AC	175	0:35:08	6073	Floss Tournant	Saffron Striders
76	0:32:48	6031	Helen Glover	Ribble Valley Harriers	176	0:35:08	6369	Susannah Davies	Tipton Harriers
77	0:32:50	6468	Rachel Thomas	Victoria Park H. & Tower Han	177	0:35:09	5216	Ailish Toomey	Clapham Chasers
78	0:32:50	4978	Charlotte Chalwin	Basingstoke & Mid Hants AC	178	0:35:10	6108	Alex Baird	Serpentine RC
79	0:32:53	6601	Nik Terrega	York Knavesmire Harriers	179	0:35:12	5688	Jennifer Smith	Kent AC
80	0:32:54	5727	Harriet Buswell	Leeds City AC	180	0:35:14	5944	Natalie Beadle	Oxford University AC
81	0:32:55	5249	Stevie Lawrence	Croydon Harriers	181	0:35:15	6008	Suzy Whatmough	Ranelagh Harriers
82	0:32:58	5614	Ruby Sykes	Holmfirth Harriers AC	182	0:35:19	4956	Bethan Francis	Avon Valley Runners
83	0:32:58	5459	Eleanor Harrison	Guldford & Godalming AC	183	0:35:21	5089	Sarah Everitt	Bristol & West AC
84	0:32:59	6139	Sarah Pemberton	Serpentine RC	184	0:35:22	6398	Jenny Featherstone	Totley AC
85	0:33:00	5733	Alice Leake	Leeds City AC	185	0:35:23	5794	Sarah Swinhoe	London Heathside
86	0:33:02	5569	Emma Burgess	Highgate Harriers	186	0:35:23	6599	Louise Pinder	York Knavesmire Harriers
87	0:33:02	5485	Zanthe Wray	Hallamshire Harriers Sheffield	187	0:35:24	6336	Elizabeth Stavreski	Thames Hare & Hounds
88	0:33:02	5094	Catie O'Donoghue	Bristol & West AC	188	0:35:27	6422	Mandy Vernon	Trentham RC
89	0:33:05	6059	Megan McBrien	Royal Sutton Coldfield AC	189	0:35:28	5004	Jess Reed	Belgrave Harriers
90	0:33:07	5778	Josie Hinton	London Heathside	190	0:35:28	5019	Sarah Conway	Birchfield Harriers
91	0:33:07	5143	Anne Holyland	Charnwood AC	191	0:35:29	5445	Kelly Dicks	Great Western Runners
92	0:33:10	6092	Hayley Kuter	Salford Harriers	192	0:35:31	6297	Kelley Haniver	Stubbington Green Runners
93	0:33:11	5299	Clare Elms	Dulwich Runners AC	193	0:35:32	5046	Katie Buckingham	Blackburn Harriers
94	0:33:13	5975	Amy Bond	Poole AC	194	0:35:36	6442	Jessica Walker	University of Warwick
95	0:33:13	5092	Ellen Harrison	Bristol & West AC	195	0:35:38	5849	Helene Greenwood	Milton Keynes Distance Proje
96	0:33:14	4902	Cordelia Parker	Abingdon AC	196	0:35:38	5357	Naomi Lenane	Epsom & Ewell Harriers
97	0:33:14	5196	Emma Jolley	City Of Portsmouth AC	197	0:35:39	5478	Ellie Crownshaw	Hallamshire Harriers Sheffield
98	0:33:16	5913	Lucy Holt	Notts AC	198	0:35:40	6581	Rachel Lund	Woodford Green AC with Ess
99	0:33:18	6337	Ruth Wallace	Thames Hare & Hounds	199	0:35:42	5580	Lisa Wenninger	Highgate Harriers
100	0:33:21	5101	Sally Hogan	Bromsgrove & Redditch AC	200	0:35:42	5033	Rosie Davies	Birmingham Running Athletic

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:35:43	6593	Jenny Roberts	Wycombe Phoenix Harriers &	301	0:37:29	5861	Lauren Longhurst	Mornington Chasers
202	0:35:43	5662	Isabel Bradley	Kent AC	302	0:37:30	5664	Victoria Buck	Kent AC
203	0:35:46	6495	Kelly Barnett	Wellingborough & District AC	303	0:37:32	5059	Rachel Brown	Border Harriers & AC
204	0:35:46	4971	Zoe Levin	Barnet & District AC	304	0:37:32	5238	Anne Matthews	Crawley AC
205	0:35:47	4955	Veryan Cranston	Avon Valley Runners	305	0:37:33	5015	Sarah Dewhirst	Bingley Harriers & AC
206	0:35:50	5088	Ana Maria Duran Mingo	Bristol & West AC	306	0:37:33	5058	Bryony North	Blackwater Valley Runners
207	0:35:51	5917	Hannah Robinson	Notts AC	307	0:37:34	6165	Ellen McLeod	Sheffield RC
208	0:35:55	5734	Amicia Lee	Leeds City AC	308	0:37:34	6376	Charlotte Cohen	Tonbridge AC
209	0:35:56	5028	Elizabeth Watters	Birchfield Harriers	309	0:37:34	5001	Lizzie Goldie-Scot	Belgrave Harriers
210	0:35:56	5364	Naomi Dews	Eton Manor AC	310	0:37:35	5574	Kani Hinshelwood	Highgate Harriers
211	0:35:57	6459	Kelly Clark	Victoria Park H. & Tower Har	311	0:37:36	5605	Aimee Palace	Holme Pierrepont RC
212	0:35:57	5691	Penelope Teoh	Kent AC	312	0:37:39	5358	Diana Norman	Epsom & Ewell Harriers
213	0:35:59	6218	Sarah Imbush	Southend On Sea AC	313	0:37:39	6163	Samya Armouh	Sheffield RC
214	0:35:59	6388	Shauna Paice	Tonbridge AC	314	0:37:39	5826	Heather Hughes	Manchester Ymca Harriers
215	0:36:01	6523	Kirstie Hamilton James	Westbury Harriers	315	0:37:40	5886	Emma Holt	North Derbyshire RC
216	0:36:02	5868	Grace Mullins	Nene Valley Harriers	316	0:37:44	5288	Heather Paterson	Dorking & Mole Valley AC
217	0:36:02	5159	Wendy King	Chelmsford AC	317	0:37:47	5777	Satu Hietanen	London Heathside
218	0:36:03	5417	Alice Riddell-Webster	Fulham RC	318	0:37:48	5847	Stephanie Hearn	Medway & Maidstone AC
219	0:36:04	5240	Amelia Brown	Crawley Saints & Sinners Run	319	0:37:49	5670	Ali Farrall	Kent AC
220	0:36:05	5634	Emily McKane	Invicta East Kent AC	320	0:37:49	6058	Andrea Deathridge	Royal Sutton Coldfield AC
221	0:36:06	5683	Alexa Parker	Kent AC	321	0:37:51	6053	Elizabeth Hutson	Rotherham Harriers & AC
222	0:36:07	4915	Megan Gildea	Aldershot Farnham & District	322	0:37:52	5334	Hayley Simpson	East Cheshire Harriers & Tam
223	0:36:08	5420	Leah Walland	Fulham RC	323	0:37:52	5995	Julia Bailey	Ranelagh Harriers
224	0:36:11	6322	Lucie Tait-Harris	Telford AC	324	0:37:53	6216	June Cork	Southend On Sea AC
225	0:36:12	5303	Helen Lister	Dulwich Runners AC	325	0:37:55	6109	Ahlem Ben Gueblia	Serpentine RC
226	0:36:13	6557	Samantha Parkinson	Winchester & District AC	326	0:37:56	6568	Margaret Cooper	Wirral AC
227	0:36:14	5677	Catherine Kandie	Kent AC	327	0:37:57	4999	Felicity Cole	Belgrave Harriers
228	0:36:14	5998	Rebecca Curtis-Hall	Ranelagh Harriers	328	0:37:57	5294	Claire Baglin	Dulwich Runners AC
229	0:36:15	6466	Hannah Somani	Victoria Park H. & Tower Har	329	0:37:58	6080	Emma Finney	Sale Harriers Manchester
230	0:36:15	5544	Lucy Wertheim	Hercules Wimbledon AC	330	0:37:58	5172	Hannah Wardley	Chiltern Harriers AC
231	0:36:16	6503	Sarah Bailey	West 4 Harriers	331	0:38:00	6093	Becki Robinson	Salford Harriers
232	0:36:16	5565	Deborah Rushman	Herts Phoenix AC	332	0:38:00	5219	Alice Whaley	Clapham Chasers
233	0:36:17	6220	Hayley Lamkin	Southend On Sea AC	333	0:38:01	6017	Sarah Dooley	Reading Roadrunners
234	0:36:17	5715	Niamh Jackson	Kirkstall Harriers	334	0:38:08	6513	Claire Harris	West Cheshire AC
235	0:36:18	6372	Catherine Holden	Tipton Harriers	335	0:38:09	5026	Frances Vickers	Birchfield Harriers
236	0:36:19	6158	Elana Dimmer	Shaftesbury Barnet Harriers	336	0:38:10	6410	Sally Woolhouse	Trafford AC
237	0:36:20	5539	Gina Galbraith	Hercules Wimbledon AC	337	0:38:11	5566	Catherine Airey	Highgate Harriers
238	0:36:22	6620	Elizabeth Egan	Liverpool Harriers & AC	338	0:38:12	6212	Miriam Jones-Walters	Southampton AC
239	0:36:24	6269	Chloe Haines	Steel City Striders	339	0:38:12	5367	Sarah Flanagan	Eton Manor AC
240	0:36:25	5907	Alicia Lacey	Norwich RR	340	0:38:12	5600	Janet Atkinson	Holme Pierrepont RC
241	0:36:26	5052	Amber Reed	Blackheath & Bromley Harrie	341	0:38:13	5872	Jess Gill	New Forest Runners
242	0:36:27	5245	Joanne Raine	Crook & Dist.Sports AC	342	0:38:13	5223	Ruth Dervan	Clapham Pioneers
243	0:36:30	5617	Janet Rashleigh	Horwich RMI Harriers	343	0:38:14	6200	Suzanne Gutcher	South Shields Harriers & AC
244	0:36:30	5129	Claire Somerton	Cambridge & Coleridge	344	0:38:16	5676	Jane Higgs	Kent AC
245	0:36:31	5018	Eleanor Kitchen	Bingley Harriers & AC	345	0:38:17	6304	Amber Brough-Nuesink	Sutton Runners
246	0:36:31	6306	Alice Germana'	Sutton Runners	346	0:38:17	4960	Leah Sartain	Avon Valley Runners
247	0:36:32	5603	Christine Heaton	Holme Pierrepont RC	347	0:38:18	5151	Lauren Smith	Charnwood AC
248	0:36:34	5635	Gabija Rasiukeviciute	Invicta East Kent AC	348	0:38:18	5564	Isabel Found	Herts Phoenix AC
249	0:36:36	6382	Sasha Houghton	Tonbridge AC	349	0:38:18	5506	Robyn Matson	Havering AC
250	0:36:36	6120	Natalia Eddy	Serpentine RC	350	0:38:18	5805	Jennifer Wing	London Heathside
251	0:36:37	5043	Lisa Short	Birtley AC	351	0:38:20	5242	Joanna Beckett	Crook & Dist.Sports AC
252	0:36:37	6075	Anne Chinooy	Sale Harriers Manchester	352	0:38:21	6205	Frances Arnott	Southampton AC
253	0:36:38	6207	Karla Borland	Southampton AC	353	0:38:23	6074	Helen Armitage	Sale Harriers Manchester
254	0:36:38	6206	Nicci Blandford	Southampton AC	354	0:38:24	5787	Emily Reichert	London Heathside
255	0:36:39	6396	Alice Wood	Tonbridge AC	355	0:38:24	6232	Natasha Geere	Spensborough & District AC
256	0:36:40	5561	Stacy Wheat	Herne Hill Harriers	356	0:38:25	6195	Rachel Breheny	South Shields Harriers & AC
257	0:36:41	5082	Laurie Marlow	Bracknell AC	357	0:38:26	5312	Anna Thomas	Dulwich Runners AC
258	0:36:42	6431	Mairi Clancy	Tyne Bridge Harriers	358	0:38:27	5535	Claire Powell	Hedge End RC
259	0:36:43	5780	Corinna Jackson	London Heathside	359	0:38:29	5874	Rachel Allen	Newbury AC
260	0:36:45	5049	Lorna Clowes	Blackheath & Bromley Harrie	360	0:38:30	6604	Hannah Medder	Jersey Spartans AC
261	0:36:48	5100	Tamara Freeman	Bromsgrove & Redditch AC	361	0:38:30	5694	Georgina Wiley	Kent AC
262	0:36:50	5541	Anne Hegvold	Hercules Wimbledon AC	362	0:38:31	6423	Lynda Hembury	Tring RC
263	0:36:51	5404	Natalie Carroll	Fulham RC	363	0:38:33	5307	Rebecca Schulleri	Dulwich Runners AC
264	0:36:52	5186	Amy Welch	Chorlton Runners	364	0:38:34	6000	Alice Forbes	Ranelagh Harriers
265	0:36:54	5515	Amy Johnson	Headington RR	365	0:38:35	6409	Melanie Monks	Trafford AC
266	0:36:54	5484	Hannah Whitelam	Hallamshire Harriers Sheffield	366	0:38:37	6489	Harriet Irving	Waverley Harriers
267	0:36:56	5979	Harriet Hughes	Poole AC	367	0:38:37	5412	Hannah Farrow	Fulham RC
268	0:36:57	5476	Katrina Oddy	Halifax Harriers & AC	368	0:38:38	5927	Alison Trauttmansdorff	Orion Harriers
269	0:37:00	5723	Zara Blower	Leamington C & AC	369	0:38:38	5300	Emma Ibell	Dulwich Runners AC
270	0:37:00	5789	Sue Rust	London Heathside	370	0:38:39	6284	Emma Bexson	Stratford Upon Avon AC
271	0:37:00	4947	Natalie Thomas	Andover AC	371	0:38:40	6533	Vicky Tester	Westbury Harriers
272	0:37:01	5521	Rachel Shaw	Headington RR	372	0:38:40	5281	Gayle Banks	Dorking & Mole Valley AC
273	0:37:01	6598	Emily Baines	York Knavesmire Harriers	373	0:38:41	5550	Monika Garjek	Herne Hill Harriers
274	0:37:01	5229	Megan Woodworth	Clapham Pioneers	374	0:38:41	6515	Eleanor Robinson	West Cheshire AC
275	0:37:02	6578	Mollie Parr	Wolverhampton & Bilston	375	0:38:42	5344	Sally Hughes	Elvet Striders
276	0:37:04	5672	Eliza Grant	Kent AC	376	0:38:44	5173	Leona Beaumont	Chorlton Runners
277	0:37:05	6551	Emma Carter	Winchester & District AC	377	0:38:44	5205	Eleanor Andrews	Clapham Chasers
278	0:37:05	6112	Jennifer Bradley	Serpentine RC	378	0:38:45	6545	Bronwyn Mayo	Wimbledon Windmilers
279	0:37:06	5490	Jacquie Hanmer	Harborough AC	379	0:38:47	5310	Katie Styles	Dulwich Runners AC
280	0:37:07	5599	Hannah Wells	Hillingdon AC	380	0:38:48	6465	Rachel Morison	Victoria Park H. & Tower Har
281	0:37:08	4990	Sophie Eadsforth	Beeston AC	381	0:38:49	6569	Anne Rosbottom	Wirral AC
282	0:37:10	5498	Riz Maslen	Hastings AC	382	0:38:49	5602	Ann Gould	Holme Pierrepont RC
283	0:37:11	6087	Jane Thomas	Sale Harriers Manchester	383	0:38:50	5572	Louise Faherty	Highgate Harriers
284	0:37:11	5769	Sara Black	London Heathside	384	0:38:50	6044	Jill Butterworth	Rochdale Harriers & AC
285	0:37:12	5005	Josephine Rhodes	Belgrave Harriers	385	0:38:50	4950	Helena Rooney	Arena 80 AC
286	0:37:12	6413	Cara Huckstep	Trent Park RC	386	0:38:52	6570	Penny Thorn	Wirral AC
287	0:37:13	6514	Kerry Riley	West Cheshire AC	387	0:38:53	5461	Sophie Johnson	Guildford & Godalming AC
288	0:37:14	5553	Lara Langston	Herne Hill Harriers	388	0:38:54	5045	Kirsty Walker	Birtley AC
289	0:37:15	5633	Rhian Dawes	Invicta East Kent AC	389	0:38:55	5297	Christina Dimitrov	Dulwich Runners AC
290	0:37:15	5084	Pheobe Connolly	Brighton & Hove AC	390	0:38:55	5193	Marieke Vermue	City Of Norwich AC
291	0:37:18	4959	Jacqueline Rockliffe	Avon Valley Runners	391	0:38:55	4968	Charlotte Kennedy	Barnet & District AC
292	0:37:18	6354	Helen Davies	The Stragglers Running Club	392	0:38:56	6275	Grace Allen	Tonbridge RC
293	0:37:19	5182	Stephanie Stevens	Chorlton Runners	393	0:38:56	6391	Lucy Pitcairn-Knowles	Tonbridge AC
294	0:37:21	5237	Myshola Kirkham	Coventry Godiva Harriers	394	0:38:56	5460	Susanna Harrison	Guildford & Godalming AC
295	0:37:22	5748	Johanna Sharples	Leighton Buzzard AC	395	0:38:57	5221	Rosie Clarke	Clapham Pioneers
296	0:37:23	6434	Laura Kidd	University of Leicester R & AC	396	0:38:58	6124	Jen Green	Serpentine RC
297	0:37:25	4931	Emma Stevens	Aldershot Farnham & District	397	0:38:59	5871	Sophie Wilkinson	Nene Valley Harriers
298	0:37:26	5071	Marianne Hensman	Bournville Harriers	398	0:38:59	5823	Daisy Pickles	Macclesfield Harriers & AC
299	0:37:26	5225	Catherine Fuller	Clapham Pioneers	399	0:38:59	5435	Beth Wells	Gloucester AC
300	0:37:27	5421	Susannah Weiland	Fulham RC	400	0:39:00	5520	Susanna Power	Headington RR

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:39:01	5083	Becky Turton	Bracknell AC	501	0:40:31	6068	Debbie Aitken	Runnymede Runners
402	0:39:02	6121	Anne Eden	Serpentine RC	502	0:40:33	6014	Debbie Taylor	Reading AC
403	0:39:03	6389	Penny Pilbeam	Tonbridge AC	503	0:40:33	4904	Caroline Kerr	Alchester Running Club
404	0:39:07	5527	Kelsey Moloney	Heanor RC	504	0:40:34	6365	Dee Smale	The Stragglers Running Club
405	0:39:08	5500	Lorna Watts	Hastings AC	505	0:40:36	5705	Rebecca Hunt	Kimberworth Striders
406	0:39:09	5441	Susan Driscoll	Gosforth Harriers & AC	506	0:40:36	5700	Elaine Fairbrother	Kettering Town Harriers
407	0:39:11	5154	Catherine Tinker	Charnwood AC	507	0:40:36	6007	Lara Werrett	Ranelagh Harriers
408	0:39:12	5793	Tara Shrestha Carney	London Heathside	508	0:40:38	5901	Sally Eason	Northbrook AC
409	0:39:14	5436	Lucy Jeczalik	Good Gym	509	0:40:39	5098	Shelley Duffy	BRJ Run and Tri
410	0:39:15	5884	Hannah Barnett	North Derbyshire RC	510	0:40:39	5619	Kelly Crawford	Huntingdonshire AC
411	0:39:16	5695	Kate Williams	Kent AC	511	0:40:40	6060	Gemma Sidaway	Royal Sutton Coldfield AC
412	0:39:17	4910	Lucy Butt	Aldershot Farnham & District	512	0:40:40	5228	Charlie Tromans	Clapham Pioneers
413	0:39:17	6467	Eleanor Tait	Victoria Park H. & Tower Ham	513	0:40:41	4944	Hattie King	Amphill & Flitwick Flyers RC
414	0:39:17	5687	Bethanie Shakespeare	Kent AC	514	0:40:41	6246	Rebecca Pittman	Springfield Striders
415	0:39:18	6602	Caroline Warrington	York Knavesmire Harriers	515	0:40:41	5519	Yvonne Morris	Headington RR
416	0:39:18	6329	Jessica Davies	Thames Hare & Hounds	516	0:40:43	5567	Nicola Audhlam Gardiner	Highgate Harriers
417	0:39:18	5064	Lorna Al-Ani	Bournville Harriers	517	0:40:43	5325	Kelly Scanlon	Ealing Eagles RC
418	0:39:20	5366	Claire Fisher	Eton Manor AC	518	0:40:43	5302	Michelle Lennon	Dulwich Runners AC
419	0:39:23	6330	Vikki Fisel	Thames Hare & Hounds	519	0:40:44	5779	Marie Howard	London Heathside
420	0:39:23	6215	Hannah Wilson	Southampton AC	520	0:40:46	6397	Jennifer Woodrow	Tonbridge AC
421	0:39:28	5390	Charlotte Hanson	Farnham Runners	521	0:40:48	5306	Lucy Pickering	Dulwich Runners AC
422	0:39:29	5558	Shannon Sinclair	Herne Hill Harriers	522	0:40:49	5898	Amy Burdis	Northbrook AC
423	0:39:30	6225	Vicki Bone	Sparkhill Harriers	523	0:40:50	6025	Rachel Edwards	Redway Runners
424	0:39:30	4941	Jess Anstey	Amphill & Flitwick Flyers RC	524	0:40:50	5825	Helen Southcott	Maiden Newton Runners
425	0:39:31	5909	Rachel Miller	Norwich RR	525	0:40:50	5184	Emma Tollefson	Chorlton Runners
426	0:39:31	5980	Claire Snape	Poole AC	526	0:40:51	4939	Beverley Jackson	Altrincham & District AC
427	0:39:32	4957	Diane Hier	Avon Valley Runners	527	0:40:51	5621	Eleanor Smith	Huntingdonshire AC
428	0:39:33	5649	Emma Glover	Jesmond Joggers	528	0:40:52	5862	Francesca Molossi-Murphy	Mornington Chasers
429	0:39:35	6475	Sarah Robson	Wallsend Harriers & AC	529	0:40:53	4974	Joanne Squire	Barnet & District AC
430	0:39:35	6553	Jo Jefferies	Winchester & District AC	530	0:40:54	6348	Lauren Morris	Thames Valley Harriers
431	0:39:35	6508	Rosemary Lewis	West 4 Harriers	531	0:40:56	6071	Cheralynne Todd McIntyre	Rushcliffe AC
432	0:39:35	5894	Sarah Mitcherson	North Herts RR	532	0:40:57	6590	Bethany Brown	Wycombe Phoenix Harriers &
433	0:39:36	5784	Louisa Pointon	London Heathside	533	0:40:57	6061	Rachel Thebridge	Royal Sutton Coldfield AC
434	0:39:36	6016	Gemma Buley	Reading Roadrunners	534	0:40:58	5489	Emma Cowley	Handsworth Roadhogs
435	0:39:37	5372	Taryne McPherson	Eton Manor AC	535	0:40:58	5497	Rebecca Mabon	Hastings AC
436	0:39:38	5989	Louise Trainor	Quakers RC	536	0:40:59	6043	Anna Blomfield	Rochdale Harriers & AC
437	0:39:38	4964	Sarah Boxer	Barnet & District AC	537	0:41:00	5069	Laura Gale	Bournville Harriers
438	0:39:38	6308	Lauren Murray	Swinton RC	538	0:41:01	6010	Shirley-ann Dix	Reading AC
439	0:39:39	5024	Kathryn Salt	Birchfield Harriers	539	0:41:02	5620	Ieva Klavina	Huntingdonshire AC
440	0:39:41	5403	Helen Burke	Fulham RC	540	0:41:03	6400	Jacquie Barlow	Totton RC
441	0:39:42	5317	Ali Barber	Ealing Eagles RC	541	0:41:03	5194	Katie Carew-Robinson	City Of Portsmouth AC
442	0:39:43	6549	Ella Waddingham	Wimbledon Windmilers	542	0:41:04	6024	Philippa White	Reading Roadrunners
443	0:39:44	5668	Sarah Dowling	Kent AC	543	0:41:07	6488	Gail Winter	Watford Joggers
444	0:39:44	6037	Jacqueline Keavney	Richmond & Zetland Harriers	544	0:41:08	5607	Carly Stretton	Holme Pierrepont RC
445	0:39:45	4958	Sue Jedd	Avon Valley Runners	545	0:41:09	5213	Anna Jurkiewicz	Clapham Chasers
446	0:39:45	5842	Melanie Wright	Marshall Milton Keynes AC	546	0:41:09	6535	Rachel Bennett	White Horse Harriers
447	0:39:46	6307	Rebecca Mills	Swinton RC	547	0:41:10	6278	Heidi Bingham	Stowmarket Striders
448	0:39:47	5503	Clare Davies	Havering AC	548	0:41:10	6202	Jackie Murdy	South Shields Harriers & AC
449	0:39:49	6258	Jenny Maddocks	St Albans Striders	549	0:41:11	5858	Maki Kimura	Mornington Chasers
450	0:39:50	5885	Kim Gray	North Derbyshire RC	550	0:41:11	5650	Kate Robson	Jesmond Joggers
451	0:39:50	5309	Eleanor Simmons	Dulwich Runners AC	551	0:41:15	6293	Stephanie Upton	Striders Of Croydon
452	0:39:50	6122	Sophie Anne Flanagan	Serpentine RC	552	0:41:16	5726	Courtney Thornberry	Leamington C & AC
453	0:39:54	5340	Eleanor Wilkinson	East London Runners	553	0:41:17	6441	Katie Tame	University of Warwick
454	0:39:55	6368	Penelope Barber	Tipton Harriers	554	0:41:18	5471	Melanie Hepke	Halesowen AC
455	0:39:55	5438	Polly Skeats Beswick	Good Gym	555	0:41:18	6079	Sinead Ferguson	Sale Harriers Manchester
456	0:39:55	5601	Ruth Brandon	Holme Pierrepont RC	556	0:41:19	5555	Evie McDermott	Herne Hill Harriers
457	0:39:56	5870	Emma Randall	Nene Valley Harriers	557	0:41:20	6399	Anne Hegarty	Totley AC
458	0:39:56	6385	Susan Jeddo	Tonbridge AC	558	0:41:22	5474	Rebecca Moore	Halesowen AC
459	0:39:57	6282	Mary Narey	Stowmarket Striders	559	0:41:25	6302	Vikki Cotton	Sunderland Harriers & AC
460	0:39:58	6390	Ellen Pitcairn-Knowles	Tonbridge AC	560	0:41:25	6393	Antonia Skerritt	Tonbridge AC
461	0:39:58	5389	Kayleigh Copeland	Farnham Runners	561	0:41:27	6295	Tina Chantry	Stubington Green Runners
462	0:39:59	5803	Jacqueline Wastell	London Heathside	562	0:41:29	6279	Clare Douglas	Stowmarket Striders
463	0:40:01	4975	Danielle Stapleton	Barnet & District AC	563	0:41:29	5987	Rebecca Howard	Quakers RC
464	0:40:02	4988	Catherine Simkins	Beeston AC	564	0:41:30	6131	Nicola Kaye	Serpentine RC
465	0:40:03	6363	Karen Levene	The Stragglers Running Club	565	0:41:30	5226	Carmel Salvidge	Clapham Pioneers
466	0:40:03	5352	Lauren Thoms	Ely Runners	566	0:41:30	5200	Samantha Piddington	City Of Portsmouth AC
467	0:40:04	5658	Jane Kidd	Kenilworth Runners	567	0:41:31	6013	Rachel Phillips	Reading AC
468	0:40:05	5821	Sian Gulliver	Macclesfield Harriers & AC	568	0:41:33	6018	Marie-louise Kertzman	Reading Roadrunners
469	0:40:06	6201	Carly Henderson	South Shields Harriers & AC	569	0:41:33	6429	Charlotte Carpenter	Tyne Bridge Harriers
470	0:40:07	6493	Philippa Staddon	Waverley Harriers	570	0:41:33	5824	Hanny Stockman	Macclesfield Harriers & AC
471	0:40:08	5014	Maria Del Sol Carrera Vivar	Bingley Harriers & AC	571	0:41:33	5960	Jenny Leng	Petts Wood Runners
472	0:40:08	5669	Susie Fairbrass	Kent AC	572	0:41:37	5175	Emma Butler	Chorlton Runners
473	0:40:08	5645	Heather Robinson	Jarrow & Hebburn AC	573	0:41:38	5370	Jenny Heymann	Eton Manor AC
474	0:40:10	5774	Kate Davenport	London Heathside	574	0:41:38	5444	Meera Rajoo-Oakley	Great Bentley RC
475	0:40:10	5568	Sarah Bailey	Highgate Harriers	575	0:41:39	5667	Susanna Davies	Kent AC
476	0:40:11	5192	Ellie Stevens	City Of Norwich AC	576	0:41:39	6290	Nikki Javan	Striders Of Croydon
477	0:40:11	5222	Bethia Connolly	Clapham Pioneers	577	0:41:40	5321	Hayley Kandt	Ealing Eagles RC
478	0:40:12	5953	Verity Carrick	Peterborough AC	578	0:41:41	4932	Cathy Stewart	Aldershot Farnham & District
479	0:40:12	5984	Emma Essex-Crosby	Preston Harriers	579	0:41:42	5785	Yvette Ralston	London Heathside
480	0:40:12	5813	Kerry Stainton	Louth AC	580	0:41:44	6440	Emma Ford	University of Warwick
481	0:40:12	6005	Marie Synnott-Wells	Ranelagh Harriers	581	0:41:44	5640	Sally George	Istead & Ifield Harriers
482	0:40:14	5701	Kristzina Kurucz	Kettering Town Harriers	582	0:41:44	5110	Bev Holmes	Burnham Joggers
483	0:40:15	5846	Bernadette Harrop	Medway & Maidstone AC	583	0:41:48	6227	Emma Donnelly	Sparkhill Harriers
484	0:40:16	5570	Natasha Cendrowicz	Highgate Harriers	584	0:41:48	6579	Emily Simmonds	Wolverhampton & Bilston
485	0:40:17	5095	Nicola Oldroyd	Bristol & West AC	585	0:41:49	6262	Elizabeth Walls	St Albans Striders
486	0:40:17	6240	Polly Bridgman	Springfield Striders	586	0:41:51	5132	Susan Dixon	Cambridge Harriers
487	0:40:19	5142	Mariam Getachew	Charnwood AC	587	0:41:53	6127	Kate Hickling	Serpentine RC
488	0:40:19	6114	Jo Burkett	Serpentine RC	588	0:41:54	5949	Lea Roumazailles	Oxford University AC
489	0:40:20	5276	Sally Kyle	Dartford RR	589	0:41:54	5341	Kerry Davies	Eden Runners
490	0:40:20	5023	Nicola Ross	Birchfield Harriers	590	0:41:54	5065	Monica Baptista	Bournville Harriers
491	0:40:21	5610	Lesley Ewart	Holmfirth Harriers AC	591	0:41:55	6437	Eleanor O'Grady	University of Sheffield Union
492	0:40:21	6311	Liz Heal	Taunton AC	592	0:41:55	5799	Jessica Vinluan	London Heathside
493	0:40:21	6408	Louise Mangan	Trafford AC	593	0:41:55	4933	Louise Booker	Aldridge RC
494	0:40:21	5746	Amy Farnfield	Leighton Buzzard AC	594	0:41:56	6164	Heather Fisher	Sheffield RC
495	0:40:22	6104	Julie Willis	Saltwell Harriers	595	0:41:56	5432	Kirsty Reid	Gloucester AC
496	0:40:24	5073	Rhian Littlewood	Bournville Harriers	596	0:41:57	5298	Yvette Dore	Dulwich Runners AC
497	0:40:28	5488	Rachael Roughan	Halstead RR	597	0:41:57	6135	Tatiana McIntosh	Serpentine RC
498	0:40:30	6600	Clare Rowntree	York Knavesmire Harriers	598	0:41:57	5844	Mo Fazakerley	Medway & Maidstone AC
499	0:40:30	5149	Louise Richmond	Charnwood AC	599	0:41:58	5039	Shannel Curtis	Birtley AC
500	0:40:31	6004	Rebecca Northmore	Ranelagh Harriers	600	0:41:58	5916	Becca Peach	Notts AC

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:42:00	6458	Laura Whitton	Vegan Runners UK	701	0:43:47	6482	Kate Pickard	Watford Joggers
602	0:42:02	6137	Caroline Morgan	Serpentine RC	702	0:43:48	5762	Liz McLennan	Lingfield RC
603	0:42:04	6067	Nicola Hayes	Running for Time	703	0:43:48	6305	Natasha Cook	Sutton Runners
604	0:42:06	5782	Luice Mauger	London Heathside	704	0:43:49	5116	Kate Ledin	Buxton AC
605	0:42:07	5592	Iwona Gray-Cauvin	Hillingdon AC	705	0:43:51	5070	Jude Glynn	Bournville Harriers
606	0:42:07	6296	Penny Forse	Stubington Green Runners	706	0:43:51	5816	Hannah Crossley	Ludlow Runners
607	0:42:08	5284	Dawn Howell	Dorking & Mole Valley AC	707	0:43:52	6099	Linda Gerute	Saltwell Harriers
608	0:42:09	5889	Paula Adams	North Herts RR	708	0:43:53	5440	Floor Christie-De Jong	Gosforth Harriers & AC
609	0:42:12	6419	Kerry Dixon	Trentham RC	709	0:43:54	5646	Vicki Thompson	Jarrow & Hebburn AC
610	0:42:13	5305	Angie Norris	Dulwich Runners AC	710	0:43:55	6286	Suzie Graham	Stratford Upon Avon AC
611	0:42:14	6446	Emma-louise Pyatt	Vale Royal AC	711	0:43:56	5104	Debbie Morris	Buckingham & Stowe RC
612	0:42:14	6426	Rachel Wray	Tring RC	712	0:43:56	6023	Samantha Whalley	Reading Roadrunners
613	0:42:14	5882	Rachel Wakefield	Newcastle Staffs AC	713	0:43:57	4912	Wendy Fitzpatrick	Aldershot Farnham & District
614	0:42:14	6323	Nicola Atkins	Telford Harriers	714	0:43:58	5451	Emma Dodds	Greenwich Tritons Tri Club
615	0:42:14	6144	Catkin Shelley	Serpentine RC	715	0:43:58	6183	Linda Ingram	South London Harriers
616	0:42:15	6081	Sarah Goulden	Sale Harriers Manchester	716	0:43:59	6106	Sandra Ahrensfield	Serpentine RC
617	0:42:15	5648	Kate Black	Jesmond Joggers	717	0:43:59	6506	Georgie Gillott	West 4 Harriers
618	0:42:18	5185	Alison Wainwright	Chorlton Runners	718	0:44:02	6009	Linda Church	Reading AC
619	0:42:19	5852	Christiana Akingbola	Mornington Chasers	719	0:44:03	5140	Fiona Tester	Canterbury Harriers
620	0:42:19	6015	Sarah Alsford	Reading Roadrunners	720	0:44:04	6425	Hannah Whiffen	Tring RC
621	0:42:20	6542	Amelia Ashton-Jones	Wimbledon Windmilers	721	0:44:05	5396	Catherine O'Connor	Folkestone RC
622	0:42:23	6313	Elizabeth Taschmowitz	Taunton AC	722	0:44:07	5378	Louise Vacher	Eton Manor AC
623	0:42:24	5243	Jane Henderson	Crook & Dist.Sports AC	723	0:44:07	5475	Hazel Berrett	Halifax Harriers & AC
624	0:42:24	6040	Kiska Wilson	Richmond & Zetland Harriers	724	0:44:08	5976	Kirstin Hay	Poole AC
625	0:42:24	5235	Lucy Rusbridge	Congleton Harriers	725	0:44:09	6141	Avril Riddell	Serpentine RC
626	0:42:25	5130	Christine Bond	Cambridge Harriers	726	0:44:09	6239	Laura Pibworth	Sphinx AC
627	0:42:25	5197	Joanne Kitching	City Of Portsmouth AC	727	0:44:11	6520	Clare Eskell	Westbury Harriers
628	0:42:27	5812	Trudy Robert	Louth AC	728	0:44:13	5134	Maria Hine	Cambridge Harriers
629	0:42:29	5941	Gwyneth Hueter	Oxford City AC	729	0:44:14	6130	Branwen Jones	Serpentine RC
630	0:42:29	6547	Chiara Samele	Wimbledon Windmilers	730	0:44:16	5292	Hannah McGuire	Dudley Kingswinford RC
631	0:42:31	5295	Lucy Clapp	Dulwich Runners AC	731	0:44:17	6026	Julie Martin	Redway Runners
632	0:42:31	6494	Martha Staffins	Waverley Harriers	732	0:44:17	5433	Elizabeth Usedon	Gloucester AC
633	0:42:31	5371	Kate Malcolm	Eton Manor AC	733	0:44:18	6136	Sophie McPhillips	Serpentine RC
634	0:42:32	4940	Amanda Navin	Altrincham & District AC	734	0:44:18	6464	Catherine McLaughlin	Victoria Park H. & Tower Han
635	0:42:32	5286	Catherine Matthews	Dorking & Mole Valley AC	735	0:44:20	5406	Jenni Cuniffe	Fulham RC
636	0:42:32	5641	Jacqueline King	Istead & Ifield Harriers	736	0:44:20	5137	Stephanie Bancroft	Canterbury Harriers
637	0:42:32	5983	Sarah Swift	Poole Runners	737	0:44:21	6260	Holly Ryder	St Albans Striders
638	0:42:33	6490	Jo Lofthouse	Waverley Harriers	738	0:44:23	5661	Lydia Blackmore	Kent AC
639	0:42:33	5776	Sarah Duke	London Heathside	739	0:44:23	6069	Joanne Bramley-Maye	Rushcliffe AC
640	0:42:34	5718	Isobel Webster	Kirkstall Harriers	740	0:44:24	6146	Catharine Sowerby	Serpentine RC
641	0:42:35	6264	Emma Evans	St Neots Riverside Runners	741	0:44:25	5496	Katie Arnold	Hastings AC
642	0:42:37	5388	Lindsay Bamford	Farnham Runners	742	0:44:26	6461	Amelia Evans	Victoria Park H. & Tower Han
643	0:42:38	6288	Marianna Chua	Striders Of Croydon	743	0:44:26	5522	Helen Turley	Headington RR
644	0:42:41	5854	Rebecca Bryant	Mornington Chasers	744	0:44:27	5384	Lauren Ing	Fairlands Valley Spartans
645	0:42:41	6509	Helen Quinn	West 4 Harriers	745	0:44:29	6472	Michelle Alty	Wallasey AC
646	0:42:43	6138	Rhiannon Needham	Serpentine RC	746	0:44:30	6253	Deirdre Heydecker	St Albans Striders
647	0:42:43	6455	Clare Coombes	Vegan Runners UK	747	0:44:33	5591	Pauline Fischer	Hillingdon AC
648	0:42:49	5407	Daphne Dazdie	Fulham RC	748	0:44:34	6416	Franca Roberts	Trent Park RC
649	0:42:49	6603	Katrina Prior	Wells City Harriers	749	0:44:34	6360	Julie Haworth	The Stragglers Running Club
650	0:42:50	5202	Donna Claridge	City of Sheffield & Dearne AC	750	0:44:35	6430	Sarah Chadwick	Tyne Bridge Harriers
651	0:42:50	5068	Kiri Elliott	Bournville Harriers	751	0:44:35	4905	Olivia Underhill	Alcester Running Club
652	0:42:50	5448	Catherine Mills	Great Western Runners	752	0:44:37	5654	Elisse Breugelmanns	Kenilworth Runners
653	0:42:54	5241	Cara Law	Crawley Saints & Sinners Run	753	0:44:39	5528	Joanne Potter	Heanor RC
654	0:42:54	5939	Rachael Wright	Otley AC	754	0:44:41	5822	Saranya Hasler	Macclesfield Harriers & AC
655	0:42:57	6562	Victoria Brookling	Windsor Slough Eton & Houn	755	0:44:41	6558	Louise Snook	Winchester & District AC
656	0:42:58	6228	Pauline Hygate	Sparkhill Harriers	756	0:44:41	5981	Madelene Vaughan-Johncey	Poole AC
657	0:43:00	5809	Lucy Fraser	Lordshill RR	757	0:44:42	6559	Rosie Upton	Winchester & District AC
658	0:43:01	6359	Juliana Greenwood	The Stragglers Running Club	758	0:44:42	4973	Danielle Savvas	Barnet & District AC
659	0:43:01	5006	Sally Underhill	Belgrave Harriers	759	0:44:43	5453	Lesley McCarthy	Greenwich Tritons Tri Club
660	0:43:02	6502	Inkeri Abbotts	West 4 Harriers	760	0:44:43	5897	Clare Swift	North Shields Polytechnic Clu
661	0:43:04	6456	Sarah Hall	Vegan Runners UK	761	0:44:49	5345	Nina Mason	Elvet Striders
662	0:43:05	6420	Jill Phillips	Trentham RC	762	0:44:50	6226	Clare Bovill	Sparkhill Harriers
663	0:43:06	5066	Elizabeth Bradley	Bournville Harriers	763	0:44:52	5338	Chloe Millan	East London Runners
664	0:43:07	6270	Naomi Rabin	Steel City Striders	764	0:44:52	5212	Lorna John	Clapham Chasers
665	0:43:07	4913	Judith Freeman	Aldershot Farnham & District	765	0:44:53	5112	Rachel Sammes	Burnham Joggers
666	0:43:08	6119	Kristin Duffey	Serpentine RC	766	0:44:54	5959	Laura Elvin	Petts Wood Runners
667	0:43:09	5604	Julie McGeorge	Holme Pierrepont RC	767	0:44:55	6291	Lucy Kulp	Striders Of Croydon
668	0:43:09	5178	Niamh Gill	Chorlton Runners	768	0:44:58	6586	Emily Bradshaw	Wreake and Soar Valley AC
669	0:43:09	6292	Susanna Lutmann	Striders Of Croydon	769	0:45:01	5318	Grainne Davery	Ealing Eagles RC
670	0:43:10	6224	Claudine Piper	Spa Striders	770	0:45:03	5311	Ros Tabor	Dulwich Runners AC
671	0:43:11	5584	Kathryn Carruthers	Hillingdon AC	771	0:45:03	6105	Sharon Burfield	Sandhurst Joggers
672	0:43:13	5878	Hannah Jones	Newcastle Staffs AC	772	0:45:04	6038	Pauline Whittaker	Richmond & Zetland Harriers
673	0:43:13	5675	Nicky Hayes	Kent AC	773	0:45:04	5308	Joanne Shelton	Dulwich Runners AC
674	0:43:19	6355	Hilary Davies	The Stragglers Running Club	774	0:45:05	6194	Paula Atkinson	South Shields Harriers & AC
675	0:43:20	5247	Elizabeth Wood	Crook & Dist.Sports AC	775	0:45:06	5386	Hazel Smith	Fairlands Valley Spartans
676	0:43:21	6510	Georgina Waddell	West 4 Harriers	776	0:45:06	5800	Katherine Vinnicombe	London Heathside
677	0:43:22	6012	Charlotte Phillips	Reading AC	777	0:45:07	5409	Papiya De	Fulham RC
678	0:43:24	4983	Ruth Kerr	Bedford & County AC	778	0:45:08	5931	Helen Gilbert	Orpington Road Runners
679	0:43:24	6325	Victoria Doran	Telford Harriers	779	0:45:08	6020	Nicole Rickett	Reading Roadrunners
680	0:43:27	6424	Helen Tullie	Tring RC	780	0:45:09	5368	Jennifer Hall	Eton Manor AC
681	0:43:29	5708	Kerry Allen	Kings Heath RC	781	0:45:10	6197	Melanie Cooke-Dunlop	South Shields Harriers & AC
682	0:43:30	5923	Pippa Dowsell	Orion Harriers	782	0:45:10	5530	Joanne Bell	Heaton Harriers
683	0:43:31	4938	Carole Harrison	Altrincham & District AC	783	0:45:11	5486	Anna Bambridge	Halstead RR
684	0:43:32	5077	Sarah Rock	Bournville Harriers	784	0:45:12	5392	Linda Tyler	Farnham Runners
685	0:43:32	5103	Jenny Harris	Buckingham & Stowe RC	785	0:45:13	6113	Sara Brooks	Serpentine RC
686	0:43:34	4991	Lucy Grant	Beeston AC	786	0:45:13	5532	Jenny Friend	Heaton Harriers
687	0:43:35	6414	Melissa O'Hare	Trent Park RC	787	0:45:15	5473	Caroline Lambert	Halesowen AC
688	0:43:36	5511	Madeleine Ding	Headington RR	788	0:45:17	5859	Rafaele Lamour	Mornington Chasers
689	0:43:37	5323	Sarah MacKenzie	Ealing Eagles RC	789	0:45:17	4979	Cat Coveney	Basingstoke & Mid Hants AC
690	0:43:38	5902	Catherine Fenn	Northbrook AC	790	0:45:18	5632	Diane Kitchen	Ilkley Harriers AC
691	0:43:38	6326	Cristina O'Brien	Telford Harriers	791	0:45:19	6039	Fiona Wilson	Richmond & Zetland Harriers
692	0:43:40	6512	Hannah Wright	West 4 Harriers	792	0:45:22	5709	Clare Beesley	Kings Heath RC
693	0:43:40	5815	Clare Magrath	Low Fell RC	793	0:45:22	5369	Gail Hennessy	Eton Manor AC
694	0:43:40	6346	Fran Lou	Thames Valley Harriers	794	0:45:22	5207	Gemma Brierley	Clapham Chasers
695	0:43:42	6529	Helen Sawyer	Westbury Harriers	795	0:45:22	6411	Dominique Brazier	Trent Park RC
696	0:43:43	6294	Selena Wong	Striders Of Croydon	796	0:45:25	5434	Nicola Walters	Gloucester AC
697	0:43:43	5180	Jacqueline Perrot	Chorlton Runners	797	0:45:25	6281	Dianne Hughes	Stowmarket Striders
698	0:43:44	6483	Sarah Sharman	Watford Joggers	798	0:45:26	5373	Ruth Rose	Eton Manor AC
699	0:43:45	5843	Nicky Dick	Matlock AC	799	0:45:27	5534	Sophie Urquhart	Heaton Harriers
700	0:43:46	5663	Eloisa Brown	Kent AC	800	0:45:29	4936	Diana Weightman	Alnwick Harriers

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
801	0:45:29	5611	Emma Serjeant	Holmfirth Harriers AC	901	0:48:21	5271	Elizabeth Ives	Dartford Harriers AC
802	0:45:30	5537	Chloe Binley	Hercules Wimbledon AC	902	0:48:21	5875	Stephanie Smallman	Newbury AC
803	0:45:31	4997	Jackie Welburn	Beeston AC	903	0:48:24	5347	Jan Young	Elvet Striders
804	0:45:34	4996	Helen Spencer	Beeston AC	904	0:48:25	5079	Nicola Tautscher	Bournville Harriers
805	0:45:34	5855	Anne Caspi	Mornington Chasers	905	0:48:25	5811	Jane Cope	Louth AC
806	0:45:35	5698	Samantha Brockway	Kettering Town Harriers	906	0:48:26	6324	Louise Bibbings	Telford Harriers
807	0:45:36	5293	Lindsey Annable	Dulwich Runners AC	907	0:48:28	5330	Barbro Julin	Ealing Southall & Middlesex /
808	0:45:38	6096	Rachel Sate	Salford Metropolitan AC	908	0:48:35	5131	Sally Carr	Cambridge Harriers
809	0:45:39	6507	Joanne Kelliher	West 4 Harriers	909	0:48:36	5666	Abby Clyndes	Kent AC
810	0:45:42	5187	Elizabeth Thomas	Cirencester AC	910	0:48:37	6362	Mary Hyde	The Stragglers Running Club
811	0:45:42	5596	Bryony Lycett-Brown	Hillingdon AC	911	0:48:37	4946	Lisa Wells	Amphill & Flitwick Flyers RC
812	0:45:44	5781	Heather Marshall	London Heathside	912	0:48:37	5291	Wendy Wakelin	Dorking & Mole Valley AC
813	0:45:46	5925	Lucy Humphreys	Orion Harriers	913	0:48:38	6132	Eda Korkmaz	Serpentine RC
814	0:45:46	5543	Maider Lizoain Cotanda	Hercules Wimbledon AC	914	0:48:38	6471	Karen Dawson	Wakefield Triathlon Club
815	0:45:47	5329	Carol Jones	Ealing Southall & Middlesex /	915	0:48:39	5251	Jules Williams	Croydon Harriers
816	0:45:48	5246	Eleanor Spencer-Regan	Crook & Dist.Sports AC	916	0:48:41	6477	Christine Dearman	Watford Harriers
817	0:45:49	5795	Edyta Szot	London Heathside	917	0:48:45	6505	Monika Bulsiewicz	West 4 Harriers
818	0:45:51	6403	Emma Pilbeam	Totton RC	918	0:48:46	5232	Kirsty Phillips	Cleethorpes AC
819	0:45:51	6479	Jackie Drew	Watford Harriers	919	0:48:48	5513	Sandra Harding-Brown	Headington RR
820	0:45:53	5419	Suzanne Templer	Fulham RC	920	0:48:50	5699	Evelyn Clawson	Kettering Town Harriers
821	0:45:54	5349	Celine Prescott	Ely Runners	921	0:48:52	5319	Marie De Greef	Ealing Eagles RC
822	0:45:55	5616	Michelle Mortimer	Horwich RMI Harriers	922	0:48:55	4945	Julie Pritchett	Amphill & Flitwick Flyers RC
823	0:45:58	5724	Laura Gould	Leamington C & AC	923	0:48:57	5531	Lisa Boyd	Heaton Harriers
824	0:45:59	5415	Tomoko Kikuchi	Fulham RC	924	0:48:58	6070	Kathryn Mellor	Rushcliffe AC
825	0:46:00	5526	Rose Leivers	Heanor RC	925	0:48:58	6072	Viv Wardle	Rushcliffe AC
826	0:46:01	5324	Anne Sampson	Ealing Eagles RC	926	0:48:59	5099	Charlotte Ball	Bromsgrove & Redditch AC
827	0:46:01	6180	Gina Coulson	South London Harriers	927	0:49:02	6377	Angie Crush	Tonbridge AC
828	0:46:03	4967	Kirsty Johnstone	Barnet & District AC	928	0:49:05	5972	Danielle Taylor	Pitsea RC
829	0:46:04	5342	Stephanie Barlow	Elvet Striders	929	0:49:07	5512	Jackie Duval	Headington RR
830	0:46:06	5637	Claire Palfrey	Ipswich Jaffa	930	0:49:10	6238	Collette O'Keefe	Sphinx AC
831	0:46:08	6095	Kate Fowles	Salford Metropolitan AC	931	0:49:11	5840	Lilli Stickley	Marshall Milton Keynes AC
832	0:46:10	4926	Karen McGovern	Aldershot Farnham & District	932	0:49:12	6168	Melanie Bignell	Silson Joggers AC
833	0:46:12	5335	Alison Hayes	East Hull Harriers	933	0:49:14	5464	Michelle Collins	Guildford & Godalming AC
834	0:46:12	6186	Anna Jenkinson	South London Harriers	934	0:49:14	5587	Heather Davidson	Hillingdon AC
835	0:46:17	5703	Barbara Poncia	Kettering Town Harriers	935	0:49:16	5230	Lorraine Burrell	Cleethorpes AC
836	0:46:18	6480	Clare Bonnick	Watford Joggers	936	0:49:18	5138	Lidia Hill	Canterbury Harriers
837	0:46:19	6256	Jenni Johnston	St Albans Striders	937	0:49:21	5969	Caroline Cogdell	Pitsea RC
838	0:46:22	5446	Claire Donnelly	Great Western Runners	938	0:49:22	6356	Sabine Duffy	The Stragglers Running Club
839	0:46:23	6244	Kerry Marsh	Springfield Striders	939	0:49:24	5029	Emily Weir	Birchfield Harriers
840	0:46:24	5133	Susan Edwards	Cambridge Harriers	940	0:49:25	6303	Sue Belcher	Sutton Runners
841	0:46:25	4976	Silvana Williamson	Barnet & District AC	941	0:49:26	5492	Marise Taylor	Harborough AC
842	0:46:26	5487	Wendy Carter	Halstead RR	942	0:49:27	5491	Tracey Southwell	Harborough AC
843	0:46:27	6248	Elaine Tribley	Springfield Striders	943	0:49:28	5704	Paula Sinnott	Kettering Town Harriers
844	0:46:28	6233	Lisa Abbott	Sphinx AC	944	0:49:29	5642	Barbara Ockendon	Istead & Ifield Harriers
845	0:46:29	5965	Jo Pearce	Phoenix Striders	945	0:49:30	5523	Rosie Winder	Headington RR
846	0:46:30	5772	Kimberli Butler	London Heathside	946	0:49:31	6412	Christine Hawker	Trent Park RC
847	0:46:31	5988	Julie Russell	Quakers RC	947	0:49:33	5470	Anna Cosimetti	Halesowen AC
848	0:46:32	5211	Helen Jaques	Clapham Chasers	948	0:49:33	5888	Michele O'Neill-Hall	North East Veterans AC
849	0:46:35	5623	Pauline Stocker	Huntingdonshire AC	949	0:49:33	5516	Maria Keenan	Headington RR
850	0:46:40	6101	Claire Lloyd	Saltwell Harriers	950	0:49:34	5865	Alice Sullivan	Mornington Chasers
851	0:46:41	6047	Kirstie Williamson	Rochdale Tri Club	951	0:49:35	6485	Sophia Stylianou	Watford Joggers
852	0:46:44	5016	Alana Gill	Bingley Harriers & AC	952	0:49:37	5571	Sarah Chapman	Highgate Harriers
853	0:46:45	5290	Vivien Victor	Dorking & Mole Valley AC	953	0:49:38	6543	Louise Ayling	Wimbledon Windmilers
854	0:46:47	6029	Annette Morris	Reigate Priory AC	954	0:49:40	6574	Angeline Howden	Wolds Veterans RC
855	0:46:47	6251	Katie Bunting	St Albans Striders	955	0:49:42	5326	Helena French	Ealing Southall & Middlesex /
856	0:46:49	5248	Miriam De Souza	Croydon Harriers	956	0:49:44	6255	Carole Jack	St Albans Striders
857	0:46:49	6198	Ashleigh Day	South Shields Harriers & AC	957	0:49:47	5401	Charlotte Bliss	Fulham RC
858	0:46:51	5702	Trudi Pike	Kettering Town Harriers	958	0:49:49	5380	Yvonne Goodsell	Eye Community Runners
859	0:46:52	6436	Harriet Smiles	University of Leicester R & AC	959	0:49:50	5879	Helen Ranford	Newcastle Staffs AC
860	0:46:54	5630	Petra Bijsterveld	Ilkley Harriers AC	960	0:49:54	4994	Evgeniya Mihaylova	Beeston AC
861	0:47:02	5622	Amy Steele	Huntingdonshire AC	961	0:49:56	6229	Manisha Parmar	Sparkhill Harriers
862	0:47:05	6128	Sophia Holder	Serpentine RC	962	0:49:58	5176	Ann Carney	Chorlton Runners
863	0:47:06	6171	Madeleine Moutrie	Silson Joggers AC	963	0:50:00	5639	Helen Fooks	Istead & Ifield Harriers
864	0:47:07	6263	Karen Childerley	St Neots Riverside Runners	964	0:50:03	6550	Lesley Davies	Wimborne AC
865	0:47:11	4961	Clare Foreman	Barking Road Runners	965	0:50:03	6462	Monique Geraghty	Victoria Park H. & Tower Han
866	0:47:12	6500	Jennifer Louise Thompson	Wesham RR	966	0:50:04	5899	Julie Cozens	Northbrook AC
867	0:47:13	6584	Alex Wardle	Woodford Green AC with Ess	967	0:50:04	5656	Kerrie Flippance	Kenilworth Runners
868	0:47:13	5447	Fi Lang	Great Western Runners	968	0:50:07	5361	Rachel Brittle	Eton Manor AC
869	0:47:19	6090	Caroline Wheeler	Sale Harriers Manchester	969	0:50:13	5952	Helen Measures	Pensby Runners
870	0:47:21	5105	Fern Parker	Buckingham & Stowe RC	970	0:50:27	6318	Lisa Blagden	Telford AC
871	0:47:22	6022	Claire Seymour	Reading Roadrunners	971	0:50:28	6614	Lyn Hatchett	Totton RC
872	0:47:29	5517	Katie King	Headington RR	972	0:50:31	5678	Jennifer Lindsey	Kent AC
873	0:47:30	6407	Sue Exon	Trafford AC	973	0:50:36	6236	Helen King	Sphinx AC
874	0:47:31	5458	Lisa Ellis	Guildford & Godalming AC	974	0:50:38	5977	Georgia Hill	Poole AC
875	0:47:32	5883	Amy Whitehurst	Newcastle Staffs AC	975	0:50:39	5814	Vicki Halse	Low Fell RC
876	0:47:34	6230	Jennifer Price	Sparkhill Harriers	976	0:50:44	5745	Alison Bell	Leighton Buzzard AC
877	0:47:43	6287	Rebecca Pridham	Stratford Upon Avon AC	977	0:50:46	4989	Caroline Challenger	Beeston AC
878	0:47:45	6175	Justine Verwey	Silson Joggers AC	978	0:50:48	5316	Liz Ainsworth	Ealing Eagles RC
879	0:47:46	5259	Rahana Islam	Dagenham 88 Runners	979	0:50:49	5383	Sharon Crowley	Fairlands Valley Spartans
880	0:47:46	4970	Annabelle Lee	Barnet & District AC	980	0:50:52	6435	Christine Sallaberger	University of Leicester R & AC
881	0:47:46	5442	Sarah Gartside	Gosforth Harriers & AC	981	0:50:53	5507	Clare Rudgley	Havering AC
882	0:47:48	6486	Victoria Sylvester	Watford Joggers	982	0:50:58	4993	Holly McCain	Beeston AC
883	0:47:51	5806	Elizabeth Lakin	Long Eaton Running Club	983	0:50:59	6379	Edina Hellyer	Tonbridge AC
884	0:47:53	5638	Sally Dawodu-Talabi	Istead & Ifield Harriers	984	0:51:03	6521	Carol Fee	Westbury Harriers
885	0:47:53	5881	Susan Twardochleb	Newcastle Staffs AC	985	0:51:05	5179	Katie McInnes	Chorlton Runners
886	0:47:56	5115	Amanda Hedges	Burton AC	986	0:51:07	6367	Charlotte Edwards	Thurrock Harriers
887	0:47:57	6116	Joanna Conn	Serpentine RC	987	0:51:09	5385	Penny Schenkel	Fairlands Valley Spartans
888	0:48:00	6177	Helen Ripley	Sinfin RC	988	0:51:11	5880	Sharon Tomkinson	Newcastle Staffs AC
889	0:48:00	5722	Carol Blower	Leamington C & AC	989	0:51:12	5924	Paula Fairlamb	Orion Harriers
890	0:48:01	5174	Stephanie Bird	Chorlton Runners	990	0:51:13	5845	Kat Ford	Medway & Maidstone AC
891	0:48:03	6242	Allison Gillan	Springfield Striders	991	0:51:13	6176	Julianne Heithus	Sinfin RC
892	0:48:05	6234	Rachael Allen	Sphinx AC	992	0:51:20	6237	Victoria O'Brien	Sphinx AC
893	0:48:05	5060	Kathryn Douglas	Border Harriers & AC	993	0:51:20	5031	Katie Bowyer	Birmingham Running Athletic
894	0:48:07	6427	Carol Tsang	Tunbridge Wells Harriers	994	0:51:23	5993	Susan Kennedy	Queen's Park Harriers
895	0:48:08	5365	Janine Durrant	Eton Manor AC	995	0:51:32	5327	Annette Galloway	Ealing Southall & Middlesex /
896	0:48:09	5231	Joanna Evans	Cleethorpes AC	996	0:51:33	6327	Georgina Westwood	Telford Harriers
897	0:48:11	5362	Fen Coles	Eton Manor AC	997	0:51:39	6576	Kerry Corns	Wolverhampton & Bilston
898	0:48:12	5224	Elise Dowell	Clapham Pioneers	998	0:51:40	5282	Stella Brett	Dorking & Mole Valley AC
899	0:48:16	6280	Louise Goddard	Stowmarket Striders	999	0:51:41	6223	Giulia Patelli	Spa Striders
900	0:48:19	5797	Samantha Taylor	London Heathside	1000	0:51:57	6172	Kathleen Rapson	Silson Joggers AC

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1001	0:51:59	5597	Stephanie Sungtong	Hillingdon AC	1101	1:02:18	5256	Charlotte Banks	Dagenham 88 Runners
1002	0:52:00	5887	Vicky Moss	North Derbyshire RC	1102	1:02:39	6415	Christine Read	Trent Park RC
1003	0:52:00	5930	Melissa Dunn	Orpington Road Runners	1103	1:03:13	5289	Zahra Sharples	Dorking & Mole Valley AC
1004	0:52:17	5636	Julie Haselwood	Ipswich Jaffa	1104	1:03:43	5255	Jennifer Akroyd	Dagenham 88 Runners
1005	0:52:18	5820	Carolyn Smith	Lymm Runners	1105	1:04:14	5589	Angela Duncan	Hillingdon AC
1006	0:52:19	5991	Louise Hinshelwood	Queen's Park Harriers	1106	1:04:15	5518	Sarah Leach	Headington RR
1007	0:52:20	6107	Camilla Allwood	Serpentine RC	1107	1:04:22	5267	Sonya Veerasamy	Dagenham 88 Runners
1008	0:52:20	6111	Kim Bournsnel	Serpentine RC	1108	1:04:22	5258	Beverley Eagles	Dagenham 88 Runners
1009	0:52:23	6103	Alex Roberts	Saltwell Harriers	1109	1:06:15	5817	Joanna Sharp	Ludlow Runners
1010	0:52:25	5982	Annette Lewis	Poole Runners	1110	1:06:26	5263	Sharon Robinson	Dagenham 88 Runners
1011	0:52:28	5499	Fiona Norman-Brown	Hastings AC	1111	1:06:26	5266	Jane Swanson-Sprent	Dagenham 88 Runners
1012	0:52:29	6353	Gail Caruana	The Stragglers Running Club	1112	1:14:03	5250	Radhika Selvarajah	Croydon Harriers
1013	0:52:33	5363	Hayley Dalton	Eton Manor AC	1113	1:15:37	5021	Wendy Morant	Birchfield Harriers
1014	0:52:34	6125	Laura Hamilton	Serpentine RC					
1015	0:52:36	5405	Judith Clarkson	Fulham RC					
1016	0:52:42	5970	Gillian Harrison	Pitsea RC					
1017	0:52:45	5710	Sahra Derkits	Kings Heath RC					
1018	0:52:49	5590	Lucy Duncan	Hillingdon AC					
1019	0:52:50	5183	Victoria Thompson	Chorlton Runners					
1020	0:52:57	5994	Charlie Morris	Queen's Park Harriers					
1021	0:53:06	5454	Emma O'Donnell	Greenwich Tritons Tri Club					
1022	0:53:08	5510	Emma Carter	Headington RR					
1023	0:53:18	6110	Daniella Biziato	Serpentine RC					
1024	0:53:20	5760	Theresa Donohue	Lingfield RC					
1025	0:53:22	6178	Andrea Talbot	Sinfin RC					
1026	0:53:25	5252	Jill Denyer	Cruisers RC					
1027	0:53:28	6525	Eithne Noonan	Westbury Harriers					
1028	0:53:30	6358	Chrissie Glew	The Stragglers Running Club					
1029	0:53:30	6149	Caroline Torry	Serpentine RC					
1030	0:53:31	6317	Joanne Woodward	Team Derby Runner					
1031	0:53:38	5829	Taylor Giacom	Marple Runners					
1032	0:53:38	5830	Emma Moonney	Marple Runners					
1033	0:53:50	5339	Diana Rexhepaj	East London Runners					
1034	0:53:56	4943	Rebecca Fleckney	Ampthill & Flitwick Flyers RC					
1035	0:53:56	6169	Olivia Ferrie	Silson Joggers AC					
1036	0:54:02	6174	Susan Torrance	Silson Joggers AC					
1037	0:54:12	5036	Hannah Ludford	Birmingham Running Athletic					
1038	0:54:15	5919	Melanie Hill	Nuneaton Harriers					
1039	0:54:20	5583	Lyndsey Browne	Hillingdon AC					
1040	0:54:23	5807	Valerie Lindsey	Long Eaton Running Club					
1041	0:54:27	5896	Holly Mansfield	North Shields Polytechnic Clu					
1042	0:54:33	5135	Maria MacDonald	Cambridge Harriers					
1043	0:54:36	5177	Gemma Cleary	Chorlton Runners					
1044	0:54:40	5964	Nicola Maslen	Phoenix Striders					
1045	0:54:49	5411	Jennie Farmer	Fulham RC					
1046	0:54:57	6100	Katy Lawson	Saltwell Harriers					
1047	0:54:58	6150	Stephanie Vaatz	Serpentine RC					
1048	0:55:03	5262	Emma O'Shea	Dagenham 88 Runners					
1049	0:55:08	5076	Lesley Pymm	Bournville Harriers					
1050	0:55:14	5719	Julie Elmes	Knaresborough Striders					
1051	0:55:16	5437	Frances Powrie	Good Gym					
1052	0:55:19	5264	Rosina Salmon	Dagenham 88 Runners					
1053	0:55:23	6097	Samantha Bruce	Saltwell Harriers					
1054	0:55:27	6173	Sheona Sme	Silson Joggers AC					
1055	0:55:30	6102	Helen Mullarkey	Saltwell Harriers					
1056	0:55:32	6349	Christine Munden	Thames Valley Harriers					
1057	0:55:42	5876	Nicola Brownsword	Newcastle Staffs AC					
1058	0:55:49	5387	Peta Wilson	Fairlands Valley Spartans					
1059	0:56:20	6492	Arianna Pisetti Amnesty	Waverley Harriers					
1060	0:56:34	6153	Carole Wisdom	Serpentine RC					
1061	0:56:38	5056	Amanda Bailey	Blackwater Valley Runners					
1062	0:56:46	5139	Leontine Jones	Canterbury Harriers					
1063	0:56:47	5381	Calantha Chapman	Fairlands Valley Spartans					
1064	0:56:48	5328	Annick Hooge	Ealing Southall & Middlesex F					
1065	0:56:50	6243	Sarah Goodwin	Springfield Striders					
1066	0:56:53	5449	Patricia Parr	Great Western Runners					
1067	0:57:02	6019	Maria Norville	Reading Roadrunners					
1068	0:57:09	5711	Ruth Wareham	Kings Heath RC					
1069	0:57:11	5968	Marion Breeze	Pitsea RC					
1070	0:57:12	5966	Jenefer Taylor	Phoenix Striders					
1071	0:57:14	6057	Denise Ramsden	Rothwell Harriers					
1072	0:57:16	5716	Jemma Roe	Kirkstall Harriers					
1073	0:57:17	5717	Elizabeth Walker	Kirkstall Harriers					
1074	0:57:20	6357	Mirella Genziani	The Stragglers Running Club					
1075	0:57:28	6474	Mary Rees	Wallasey AC					
1076	0:57:50	5624	Launa Broadley	Iford AC					
1077	0:57:57	5971	Theresa Howe	Pitsea RC					
1078	0:58:01	5469	Helen Attwood	Halesowen AC					
1079	0:58:08	5891	Lindsay Cook	North Herts RR					
1080	0:58:14	5973	Caroline Wallis	Pitsea RC					
1081	0:58:15	5863	Jennifer Moore	Mornington Chasers					
1082	0:58:18	6098	Gillian Donaldson	Saltwell Harriers					
1083	0:58:19	5261	Jenny O'Hanlon	Dagenham 88 Runners					
1084	0:58:32	5613	Ann Smith	Holmfirth Harriers AC					
1085	0:59:23	5834	Karen Bugaj	Marshall Milton Keynes AC					
1086	0:59:32	6283	Philippa Abrams	Stratford Upon Avon AC					
1087	0:59:36	5929	Susan Davies	Orpington Road Runners					
1088	0:59:49	6571	Kirsty Esberger	Witham Runners (Lincolnshir					
1089	0:59:59	5655	Pauline Dable	Kenilworth Runners					
1090	1:00:15	6404	Rene Pilbeam	Totton RC					
1091	1:00:17	5012	Geraldine Legon	Bexley AC					
1092	1:00:20	5260	Lorraine Moor	Dagenham 88 Runners					
1093	1:00:53	5819	Chrissie Knight	Lymm Runners					
1094	1:01:06	5629	Sheila Sinclair	Iford AC					
1095	1:01:18	5895	Jane Tyler	North Herts RR					
1096	1:01:21	5413	Louise Garlick	Fulham RC					
1097	1:01:32	5067	Suzanne Bunn	Bournville Harriers					
1098	1:01:35	5217	Jessie Torr	Clapham Chasers					
1099	1:01:38	5978	Laura Horswill	Poole AC					
1100	1:02:00	5269	Denise Woolston	Dagenham 88 Runners					

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
Team Results:					85	2682		Springfield Striders	(486 514 839 843)
1	76		Sale Harriers Manchester	(4 5 19 48)	86	2686		Northbrook AC	(508 522 690 966)
2	85		Cambridge & Coleridge	(11 16 20 38)	87	2770		Ampthill & Flitwick Flyers RC	(424 513 911 922)
3	91		Leeds City AC	(15 17 28 31)	88	2778		Watford Joggers	(543 698 701 836)
4	184		Aldershot Farnham & District	(2 13 35 134)	89	2780		Cambridge Harriers	(586 626 728 840)
5	214		Ribble Valley Harriers	(39 41 58 76)	90	2846		Halesowen AC	(554 558 787 947)
6	214		Highgate Harriers	(22 36 70 86)	91	2852		Orion Harriers	(368 682 813 989)
7	220		Charnwood AC	(8 14 91 107)	92	2868		Elvet Striders	(375 761 829 903)
8	291		Tonbridge AC	(18 25 103 145)	93	2890		Telford Harriers	(614 679 691 906)
9	294		Thames Hare & Hounds	(49 72 74 99)	94	2964		Croydon Harriers	(81 856 915 1112)
10	327		Serpentine RC	(47 73 84 123)	95	3019		Kirkstall Harriers	(234 640 1072 1073)
11	329		Hallamshire Harriers Sheffield	(40 65 87 137)	96	3043		Stratford Upon Avon AC	(370 710 877 1086)
12	367		Bristol & West AC	(59 88 95 125)	97	3045		Newcastle Staffs AC	(613 672 875 885)
13	410		Southampton AC	(23 110 118 159)	98	3045		Istead & Ifield Harriers	(581 636 884 944)
14	446		City Of Norwich AC	(3 9 44 390)	99	3061		Saltwell Harriers	(495 707 850 1009)
15	470		Rotherham Harriers & AC	(26 55 68 321)	100	3119		Rushcliffe AC	(531 739 924 925)
16	472		Notts AC	(24 98 143 207)	101	3214		North Herts RR	(432 608 1079 1095)
17	512		London Heathside	(90 101 136 185)	102	3275		Kenilworth Runners	(467 752 967 1089)
18	559		Belgrave Harriers	(29 56 189 285)	103	3290		Heaton Harriers	(782 786 799 923)
19	652		Hercules Wimbledon AC	(71 114 230 237)	104	3392		Sphinx AC	(726 844 892 930)
20	674		Kent AC	(129 164 179 202)	105	3419		Totton RC	(540 818 971 1090)
21	693		Ranelagh Harriers	(131 153 181 228)	106	3453		Canterbury Harriers	(719 736 936 1062)
22	727		Herne Hill Harriers	(62 121 256 288)	107	3485		Fairlands Valley Spartans	(744 775 979 987)
23	813		Fulham RC	(109 218 223 263)	108	3558		Kings Heath RC	(681 792 1017 1068)
24	897		Victoria Park H. & Tower Hamlets	(77 211 229 380)	109	3672		Ealing Southall & Middlesex AC	(815 907 955 995)
25	909		Taunton AC	(119 128 170 492)	110	3673		Silson Joggers AC	(863 878 932 1000)
26	953		York Knavesmire Harriers	(79 186 273 415)	111	3950		Pitsea RC	(928 937 1016 1069)
27	1003		Dulwich Runners AC	(93 225 328 357)	112	4062		Dagenham 88 Runners	(879 1048 1052 1083)
28	1010		Guildford & Godalming AC	(83 146 387 394)					
29	1024		Avon Valley Runners	(182 205 291 346)					
30	1057		Clapham Chasers	(171 177 332 377)					
31	1058		The Stragglers Running Club	(133 168 292 465)					
32	1173		Birchfield Harriers	(190 209 335 439)					
33	1271		City Of Portsmouth AC	(67 97 541 566)					
34	1280		Holme Pierrepont RC	(247 311 340 382)					
35	1310		Clapham Pioneers	(274 299 342 395)					
36	1369		Birmingham Running Athletics &	(46 130 200 993)					
37	1402		Eton Manor AC	(210 339 418 435)					
38	1425		Holmfirth Harriers AC	(51 82 491 801)					
39	1428		Westbury Harriers	(147 215 371 695)					
40	1442		Thames Valley Harriers	(64 154 530 694)					
41	1452		Headington RR	(265 272 400 515)					
42	1453		Royal Sutton Coldfield AC	(89 320 511 533)					
43	1456		Border Harriers & AC	(120 140 303 893)					
44	1458		Chorlton Runners	(264 293 376 525)					
45	1495		Barnet & District AC	(204 391 437 463)					
46	1500		Marshall Milton Keynes AC	(54 69 446 931)					
47	1511		Poole AC	(94 267 426 724)					
48	1613		Hillingdon AC	(57 280 605 671)					
49	1650		Reading AC	(43 502 538 567)					
50	1688		Winchester & District AC	(226 277 430 755)					
51	1716		South Shields Harriers & AC	(343 356 469 548)					
52	1748		Bournville Harriers	(298 417 496 537)					
53	1817		Leamington C & AC	(173 269 552 823)					
54	1873		Trent Park RC	(152 286 687 748)					
55	1873		Bingley Harriers & AC	(245 305 471 852)					
56	1877		Reading Roadrunners	(333 434 542 568)					
57	1891		Crook & Dist.Sports AC	(242 351 623 675)					
58	1929		Havering AC	(151 349 448 981)					
59	1930		Dorking & Mole Valley AC	(316 372 607 635)					
60	1963		Hastings AC	(282 405 535 741)					
61	1967		West 4 Harriers	(231 431 645 660)					
62	1997		Mornington Chasers	(301 528 549 619)					
63	2012		Altrincham & District AC	(169 526 634 683)					
64	2067		Trafford AC	(336 365 493 873)					
65	2071		Wimbledon Windmilers	(378 442 621 630)					
66	2106		Waverley Harriers	(366 470 632 638)					
67	2177		North Derbyshire RC	(315 410 450 1002)					
68	2190		Macclesfield Harriers & AC	(398 468 570 754)					
69	2224		Ealing Eagles RC	(441 517 577 689)					
70	2234		Beeston AC	(281 464 686 803)					
71	2234		Sutton Runners	(246 345 703 940)					
72	2308		Farnham Runners	(421 461 642 784)					
73	2365		Stowmarket Striders	(459 547 562 797)					
74	2374		Tring RC	(362 612 680 720)					
75	2389		Medway & Maidstone AC	(318 483 598 990)					
76	2424		Sparkhill Harriers	(423 583 656 762)					
77	2425		Huntingdonshire AC	(510 527 539 849)					
78	2439		Striders Of Croydon	(551 576 643 669)					
79	2492		South London Harriers	(116 715 827 834)					
80	2517		St Albans Striders	(449 585 737 746)					
81	2522		Gloucester AC	(399 595 732 796)					
82	2549		Great Western Runners	(191 652 838 868)					
83	2629		Kettering Town Harriers	(482 506 806 835)					
84	2631		Richmond & Zetland Harriers	(444 624 772 791)					