

# Senior Men

## Abbey Runners

(6002) Peter Badkin (6003) Ashley Beddoes  
(6006) Adam Ellis (6007) Rory Goldthorpe  
(6010) Simon Jones (6011) John Ward

## Abingdon AC

(6013) Jon Bones (6014) David Morgan

## Ackworth RR

(6017) Bradley Bannister (6018) Darren Horobin  
(6021) Simon Newton (6022) Callum Parke  
(6025) Christopher Shar (6026) Richard Smart  
(6029) Gavin Walker (6030) Joe Worthington

## Aldershot Farnham & District

(6031) Daniel Ayers (6032) Thomas Bowerm  
(6035) Macgregor Cox (6036) Ellis Cross  
(6039) Nathan Gibson (6040) Ricky Harvie  
(6043) Rian McCawley (6044) Alex Pointon  
(6047) Daniel Quinlan (6048) James Quinlan  
(6051) Shaun Smith (6052) Tobias Smith

## Aldridge RC

(6054) Leigh Ally (6055) Brett Antill  
(6058) Aaron Neath (6059) Mark O'Rourke

## Alnwick Harriers

(6062) Bruce Crombie (6063) Jason Dawson

## Altrincham & District AC Limited

(6066) Michael Berks (6067) David Cowlshaw  
(6070) Dan Martell (6071) Kris Matuszczak  
(6074) Tim Raffle (6075) Benjamin Ridell

## Arena 80 AC

(6078) Paul Hebden

## Ashford & District RRC

(6079) Andrew Noble

## Askern & District RC

(6080) Paul Collingwood (6081) Duncan Marlow  
(6084) Stanley Williams (6085) Dean Winter

## Avon Valley Runners

(6086) Chris Brown (6087) Peter Dyer  
(6090) Ed Knudsen (6091) Tim Lowrie

## Aycliffe RC

(6093) Mark Wade

## Baildon Runners

(6094) Matt Adams (6095) Paul Baildon  
(6098) Chris Burke (6099) Phil Davis  
(6102) Henry Eglin (6103) Steve Hargreave  
(6106) Michael Malyon (6107) Jeff Singleton

## White/2 red & 1 grey hoop

(6004) Sunny Cheema (6005) Aidan Curley  
(6008) Owen Hilton (6009) Martin Jones  
(6012) James Whittaker

## Yellow/Maroon

(6015) Harrison Read (6016) Graham Wiggins

## White/blue band

(6019) Charles Lines (6020) Jim Needham  
(6023) Rich Ritucci (6024) James Roberts  
(6027) Ian Vogan (6028) Bradley Walker

## Red/Green/White

(6033) Callum Charlesto (6034) Gus Cockle  
(6037) Sam Eglen (6038) George Gatherco  
(6041) Jonathan Hay (6042) Richard Lovejoy  
(6045) Luke Prior (6046) Ashley Quinlan  
(6049) Paul Rodgers (6050) Philip Sewell  
(6053) Robert Wakefiel

## Blue/black

(6056) Liam Harrold (6057) Simon Hudson  
(6060) Freddie Penrose (6061) Mark Shaw

## White with Red/Black/Yellow hoops

(6064) Steve Patterson (6065) David Richardso

## Yellow/Red

(6068) Adam Gooch (6069) Graham Harrison  
(6072) David Norman (6073) Peter Pickwell  
(6076) Gareth Turner (6077) Neil Walker

## Blue/Red

## White with Burgundy band

(6082) David Pearce (6083) Michael Pearce

## White/Green, Yellow, Green Strip

(6088) Phil Harding (6089) Joby Hobbs  
(6092) Michael Towler

## Blue with Red side panel

## Red/Blue sides

(6096) Dan Binks (6097) James Bryson  
(6100) Mark Delaney (6101) Greg Edgley  
(6104) Lee Kaznowski (6105) Quentin Lewis  
(6108) Ben Watson (6109) Jim Wheldon

Pen: 93

Pen: 66

Pen: 201

Pen: 46 - 47

Pen: 87

Pen: 181

Pen: 73

Pen: 137

Pen: 114

Pen: 236

Pen: 109

Pen: 83

Pen: 129

# Senior Men

## Barlick Fell Runners

(6110) James Austin (6111) Andrew Berry  
(6114) David Mirfield (6115) David Poole  
(6118) Daniel Taylor (6119) Nick Treidl

## Barnet & District AC

(6120) Benjamin Boxer (6121) Jerry Bryan  
(6124) John Owen (6125) Robert Scott

## Barnsley AC

(6128) Noel Adkins (6129) Dave Allembly  
(6132) Michael Casey (6133) Paul Fieldsend  
(6136) Liam Tart (6137) Melvin Wallace

## Barnsley Harriers

(6138) Anthony Bissell (6139) Paul Dodd  
(6142) Martin Swift (6143) David Thompson

## Barrow & Furness Striders Ac

(6144) Ross Campbell

## Barrow Runners

(6145) Geoffrey Beetha (6146) Rod McGowan

## Barton & District AC

(6147) Karl Barker (6148) Richard Bugg  
(6151) Matthew Smith

## Basingstoke & Mid Hants AC

(6152) Avi Govind (6153) Michael Hickey

## Beaumont RC

(6156) Philip Chritchlow (6157) Mehul Vaitha

## Bedford & County AC

(6158) Benjamin Alcock (6159) Matthew Bergin  
(6162) Darren Deed (6163) Jack Douglas  
(6166) Andrew Headley (6167) Stephen Headley  
(6170) Andrew Inskip (6171) Jonathan Janes  
(6174) Andrew McMulki (6175) Christopher Riley

## Beeston AC

(6176) Simon Barnes (6177) David Bish  
(6180) David Evans (6181) John Evans  
(6184) John O'Donnell (6185) Charlie Pearce

## Belgrave Harriers

(6188) Donald Anderson (6189) Ed Auden  
(6192) Bradley Courtnie (6193) Andrew Cumine  
(6196) Steve Gardner (6197) Nick Goolab  
(6200) Steven Jones (6201) Patrick McDouga  
(6204) Scott Mills (6205) James Morris  
(6208) Philip Wicks

## White & Red

(6112) Julian Hood (6113) Luke Maude  
(6116) Gary Shaw (6117) Craig Shearer

## Red/blue

(6122) Peter Ellis (6123) Joe Gomes  
(6126) Chris Violet (6127) Michael Walker

## Turquoise/red trim

(6130) Raymond Archer (6131) Joshua Bird  
(6134) James Musgrave (6135) Lee Spensley

## Orange with Black Stripe

(6140) Paul Fordham (6141) David Howes

## Blue/Yellow/White

## Yellow/red/white

## Gold/Blue hoop

(6149) Martin Manchest (6150) Mark Nettleton

## Amber/black/red

(6154) David Ragan (6155) Terry Wegg

## White/Green Motif

## Royal Blue/White side panel

(6160) Matthew Bray (6161) Michael Channin  
(6164) Craig Emmerson (6165) John Eves  
(6168) Richard Henders (6169) Steven Herring  
(6172) Josh Lunn (6173) William MacKay

## White/2 navy hoops

(6178) Angus Davison (6179) Richard Eadsfort  
(6182) Mike Kirk (6183) Mihail Mihaylov  
(6186) Daniel Rawson (6187) George Russell

## Claret/gold hoop

(6190) Nick Buckle (6191) William Cockerel  
(6194) Ross Finlay (6195) Andrew Fyfe  
(6198) Andrius Jaksevici (6199) William Johnson  
(6202) Alexander Miller (6203) Alex Mills  
(6206) Paskar Owor (6207) Konstantinos To

**Pen: 197**

**Pen: 223**

**Pen: 106**

**Pen: 184**

**Pen: 77**

**Pen: 248**

**Pen: 130**

**Pen: 109**

**Pen: 189**

**Pen: 155**

**Pen: 235**

**Pen: 1 - 2**

# Senior Men

## Belper Harriers

(6209) James Feeney (6210) James Hart  
(6213) Robert Norman (6214) Andy Paisley  
(6217) Malcolm Weir

## Beverley AC

(6218) Darren Robert E (6219) Lewis Holloway  
(6222) David Morrison (6223) Peter Watkinson

## Bexley Ac

(6224) Mark Collier (6225) Nikki Faulkner

## Billingham Marsh Hse H & Ac

(6227) Gary Dack (6228) Paul Edwards  
(6231) Mark Scott

## Bingley Harriers & AC

(6232) Graham Askew (6233) Neil Barrett  
(6236) Alistair Brownlee (6237) Paul Clegg  
(6240) William Duggan (6241) Bruce Duncan  
(6244) Simon Fielding (6245) Ian Fisher  
(6248) Kevin Garlick (6249) Tom Gomersall  
(6252) Donald Johnson (6253) Darren Kay  
(6256) Robin Lawrence (6257) Mark Leigh  
(6260) Tim Midgley (6261) Adrian Netherwo  
(6264) Jamie Robinson (6265) James Senior  
(6268) David Stephenso (6269) Greg Trussell  
(6272) Adam Worrallo (6273) Simon Wright

## Birchfield Harriers

(6274) Kadar Abdullahi (6275) Omer Ahmed  
(6278) Jonathan Bradfor (6279) Peter Dimpleby  
(6282) Lee Harris (6283) Sam Johnson  
(6286) Andrew Moseley (6287) Andrew Peat  
(6290) Michael Tanner (6291) Alexander Tovey

## Birmingham Running Athletics & Triathlon Club (BR)

(6292) Ben Beaumont (6293) Martin Cleaver  
(6296) Martin Ludford

## Birtley AC

(6297) Paul Agnew (6298) Adrian Bailes  
(6301) David Francis (6302) Peter Gill  
(6305) Kieran Reay

## Blackburn Harriers & AC

(6306) Karl Billington (6307) Thomas Blaney  
(6310) Ben Fish (6311) Paul Guinan  
(6314) Jack Hindle (6315) Joshua Holgate  
(6318) Paul Jeffries (6319) Gary Pearse

## Gold/black side stripes

(6211) David Horton (6212) Andrew Nash  
(6215) Joel Paisley (6216) Mark Riches

## Blue/yellow

(6220) Andrew Johnson (6221) Graham Justice

## Orange

(6226) Thomas Wright

## Red/Black Band

(6229) Chris Jefferies (6230) Stephen John Ro

## Blue/White Hoops

(6234) William Belcher (6235) Andy Brown  
(6238) John Convery (6239) Richard Dawson  
(6242) Richard Falkingh (6243) Jason Feeney  
(6246) Stephen Fry (6247) John Gallucci  
(6250) Ian Holmes (6251) David Jefferson  
(6254) Wayne King Farl (6255) Tony Kingham  
(6258) Paul Lemmon (6259) John Merrick  
(6262) John Parkin (6263) Emyr Rees  
(6266) Clive Smith (6267) Paul Spencer  
(6270) Alexander Mark (6271) Robert Williams

## Black

(6276) Ed Banks (6277) Keith Boxley  
(6280) Jonathan Goring (6281) Ben Griffiths  
(6284) Paul Jones (6285) Paul Maguire  
(6288) Jonathon Read (6289) William Richards

## Black with Red/Grey graphic

(6294) Johnny Cullen (6295) Simon Lanckham

## Blue with Yellow side stripe

(6299) Andrew Beevers (6300) Lee Drummond  
(6303) Nicholas Newby (6304) Karl Oakes

## Royal blue/white stripe

(6308) John Chaplin (6309) Christopher Davi  
(6312) Allan Hartley (6313) Marc Hartley  
(6316) Calum James Hol (6317) Joseph Howe  
(6320) Tim Raynes (6321) Robert Warner

**Pen: 237**

**Pen: 105**

**Pen: 98**

**Pen: 236**

**Pen: 10 - 12**

**Pen: 165**

**Pen: 179**

**Pen: 134**

**Pen: 213**

# Senior Men

## Blackheath & Bromley Harriers AC

(6322) Timothy Ayres  
(6326) Rob Donohue  
(6330) Richard Hall  
(6334) Daniel Marks  
(6338) Chris Tuck

(6323) Ross Braden  
(6327) Luca Ercolani  
(6331) Bertie Harrington  
(6335) Fintan Parkinson  
(6339) George Vacharo

## Blackhill Bounders

(6342) Jordan Bell  
(6346) Gary Wallace

(6343) Stewy Bell

## Blaydon Harriers & Ac

(6347) Neil Fellows  
(6351) James Ramshaw

(6348) Philip Jobson  
(6352) George Rudman

## Blyth RC

(6353) Michael Ashby  
(6357) Henry Madden  
(6361) Joseph Woods

(6354) David Bradley  
(6358) David McGarry

## Border Harriers & AC

(6362) Steven Berry  
(6365) Daniel Hornsby

(6363) James Douglas  
(6367) Jordan Hull

## Bourne Town Harriers

(6370) Phil Galpin  
(6371) Neil Taylor

## Bournemouth AC

(6372) Sean Edwards  
(6373) Stuart Glenister

## Bournville Harriers

(6376) Stewart Bond  
(6381) Ian Faddy  
(6385) Kevin Peace  
(6389) Paul Samuels

(6377) Henry Brocklehu  
(6382) Stephen Forcer  
(6386) Stuart Pearson  
(6390) Paul Thompson

## Bowland Fell Runners

(6392) Christopher Bald

## Bracknell AC

(6393) Zak Seddon

## Bradford Airedale AC

(6394) Rob Harrison  
(6395) Stephen Wolsten

## Bridlington RR

(6396) Josh Taylor

## Brighton & Hove Ac

(6397) David Benton  
(6401) Kevin Moore

(6398) Howard Bristow  
(6402) Jmaes Turner

## Brighton Phoenix

(6403) Max Pickard

## Black/blue, maroon bands

(6324) Danny Brewer  
(6328) William Fuller  
(6332) Rod Harrington  
(6336) William Ruiz  
(6340) Jonathan Vintner

(6325) Tom Desborough  
(6329) Alex Gibbins  
(6333) Daniel Kennedy  
(6337) Joshua Schofield  
(6341) Richard Webb

## Black/ two Yellow diagonal stipes

(6344) Aidan Hughes  
(6345) James Newton

## Black/amber hoops

(6349) Eric Lewis  
(6350) Alex Muir

## Green/white band

(6355) Steven French  
(6359) Robert Sharratt

(6356) Craig Harmon  
(6360) David Stamp

## Orange/black diagonal stripe

(6364) Bobby Hagan  
(6368) Kevin Hull

(6366) Daniel Hornsby  
(6369) Graham Millican

## Sky blue/claret

## Yellow/Blue

(6374) David Long  
(6375) Craig Palmer

## Teal/navy trim

(6379) Stewart Crowton  
(6383) Iain Jones  
(6387) Matthew Pollard  
(6391) Daniel Wilson

(6380) Ben Dodd  
(6384) Richard Keep  
(6388) Dave Powner

## Orange/Green

## Yellow/Royal blue diagonal

## White with horizontal blue and black hoop

## Gold

## Red/2 black hoops

(6399) William Cork  
(6400) Stephen Ferroni

## White/Navy club logo

Pen: 18 - 19

Pen: 239

Pen: 126

Pen: 230

Pen: 116

Pen: 177

Pen: 102

Pen: 190

Pen: 231

Pen: 193

Pen: 117

Pen: 203

Pen: 66

Pen: 181

# Senior Men

## Bristol & West AC

(6404) Harry Allen (6405) Peter Bains  
(6408) Maciej Bialogons (6409) Matthew Bond  
(6412) Miles Chandler (6413) William Christofi  
(6416) Jarlath McKenna (6417) Jack Millar  
(6420) Andrew Watt

## Bromsgrove & Redditch

(6421) Mark Appleton (6422) Peter Ball

## Burnden RR

(6425) Chris Greenall (6426) Jonathan Sangst

## Burton AC

(6428) Mark Hedges (6429) Robert Sharratt

## Bury AC

(6430) Giles Bennett (6431) Ben Coop

## Buxton AC

(6432) Peter Bailey (6433) Daniel Latham  
(6436) David Soles (6437) Robert White

## Caistor RC

(6438) Tom Bell (6439) Roderick Burton

## Cambridge & Coleridge AC

(6442) Graham Anderso (6443) Paul Aste  
(6446) Chris Darling (6447) Craig Dyce  
(6450) Michael Gilbert (6451) Jack Gray  
(6454) Richard Lyle (6455) Chris Molloy  
(6458) Charlie Ritchie (6459) Norman Shreeve  
(6462) Paul Veitch

## Cambridge Harriers

(6463) Clem Dixon (6464) Dom Fiore  
(6467) Ian Marshall (6468) Graham Maynar  
(6471) David Reader

## Cambridge University Hare & Hounds Club

(6472) Jacob Brockman (6473) James Edgerton

## Canterbury Harriers

(6476) Andy Phillips

## Centurion RC

(6477) Edmund Wallace

## Charnwood AC

(6478) Martin Lewis (6479) Adam Lockton  
(6482) John Rees (6483) Peter Swaine

## Chelmsford Ac

(6485) Michael Bridgela

## White/red band

(6406) Joe Ballard (6407) Alberto Beltran  
(6410) Graham Breen (6411) Andrew Chambe  
(6414) Owain Jones (6415) Peter Legrice  
(6418) Josh Moody (6419) Richard Peters

## Red/2 blue diagonal stripes

(6423) Andrew Freeman (6424) Kevin Lanckham

## Silver with Black Diagonal Stripe

(6427) William Thomas

## Black/blue side panels

## Black/White quarters

## Navy/sky blue

(6434) Stefan Ledin (6435) Andrew Lidstone

## Blue

(6440) Nicholas Martin (6441) Phillip Vines

## White/2 blue hoops

(6444) Ben Chamberlain (6445) Duncan Coombs  
(6448) Jonathan Escalan (6449) Matthew Fox  
(6452) Alastair Hodges (6453) Lloyd Kempson  
(6456) Oliver Park (6457) Andrew Parment  
(6460) Nick Smallwood (6461) Joseph Turner

## Light Blue

(6465) Danny Kendall (6466) Dean Lacy  
(6469) Mark Newell (6470) Christian Poulton

## Light green/blue/black panels

(6474) Joseph Gray (6475) Lawrence Hollo

## Blue/White Trim & Sides

## Blue/White Hoops

## Green with Yellow Fox and sides

(6480) Kevin Lomas (6481) Harry Lupton  
(6484) Nick White

## Yellow/green

**Pen: 80**

**Pen: 153**

**Pen: 144**

**Pen: 164**

**Pen: 210**

**Pen: 198**

**Pen: 101**

**Pen: 13 - 14**

**Pen: 182**

**Pen: 214**

**Pen: 228**

**Pen: 165**

**Pen: 164**

**Pen: 149**

# Senior Men

## Cheltenham & County Harriers

(6486) Matthew Evans (6487) Dominic James  
(6490) Liam Roarty (6491) Phil Wylie

## Chester Triathlon Club

(6492) Adrian Bellwood (6493) Steve Collyer  
(6496) Neil Jenkins (6497) Michael Waring

## Chichester Runners & Ac

(6498) Jim Garland

## Chiltern Harriers AC

(6499) Allan Stewart

## Chorlton Runners

(6500) Peter Adams (6501) David Alderson  
(6504) Paul Brown (6505) Luke Carter  
(6508) Tim Fletcher (6509) Paul Griffiths  
(6512) Etienne Humphri (6513) Fraser MacDonal  
(6516) Nick Parrott (6517) Russell Price  
(6520) Gary Scott (6521) Ian Sharpe  
(6524) Michael Taylor (6525) Nick Taylor  
(6528) John Wright (6529) David Wyeth

## Cirencester AC

(6530) Oliver Pritchard (6531) James Thomas

## City of Hull AC

(6533) James Abel (6534) Adrian Bushby  
(6537) Stephen Hall (6538) Jim Harlock  
(6541) James Pearson (6542) Alan Pollard

## City Of Norwich AC

(6544) Jonathan Baxter (6545) Gary Crush  
(6548) Morricone Jack (6549) Peter Mahoney  
(6552) James Senior (6553) Logan Smith  
(6556) Sam Todd

## City Of Portsmouth AC

(6557) Lewis Banner (6558) Adam O'Hara

## City Of Sheffield & Dearne Ac

(6560) David Dempsey (6561) Jonathan Shields

## City Of Stoke Ac

(6562) Jamie Arnold (6563) Alexander Breck  
(6566) Ryan Nokes (6567) Ian Salt  
(6570) Louis Wrigley

## City of York AC

(6571) Alex Boynton (6572) Mark Cage  
(6575) Ed Mezzetti (6576) David Paver  
(6579) Tim Stratton

## White/2 black hoops

(6488) Dan Owen (6489) Luke Pollard

## Blue

(6494) Ian Fitzpatrick (6495) Paul Hancock

## White/Green band

## Green with white trim & black side panels

## Black

(6502) Colin Banno-Tho (6503) Tim Blackwell  
(6506) Justin Cleary (6507) Anthony Everitt  
(6510) Andrew Haney (6511) Ben Hobson  
(6514) Ben McCormack (6515) Paul Molloy  
(6518) Christopher Rayn (6519) James Savage  
(6522) Jerry Smith (6523) Jamie Stewart  
(6526) Daniel Vasey (6527) Stephen Welch

## Red/Black Side panels

(6532) Aaron Willis

## Purple/White

(6535) Paul Clucas (6536) Andrew Robert  
(6539) Carl Horth (6540) James Matthews  
(6543) James Rogers

## Red/yellow stripe

(6546) George Gay (6547) Stuart Huntingto  
(6550) Dominic Oliver (6551) Jonathan Quint  
(6554) Mark Solway (6555) Ben Spratling

## Blue/white/red

(6559) Chris Scott

## Blue & Green

## White/black & red hoops

(6564) Thomas Hendric (6565) Shajahan Janally  
(6568) David Sheldon (6569) Ed Wilson

## Green/black

(6573) Nick Elliott (6574) Sam Lynn  
(6577) George Phillips (6578) Michael Raynes

Pen: 83

Pen: 153

Pen: 189

Pen: 94

Pen: 20 - 21

Pen: 96

Pen: 138

Pen: 91

Pen: 85

Pen: 174

Pen: 95

Pen: 168

# Senior Men

## Clapham Chasers

(6580) Jamie Bannister  
(6584) Joe Elliott  
(6588) Edward Mallett  
(6592) Sam Robinson

(6581) Scott Bemment  
(6585) Phoenix Green  
(6589) Aidan Mercer  
(6593) Eddie Rolls

## Royal Blue/Green & White Trim

(6582) Ross Brown  
(6586) Mike Haynes  
(6590) Arran Mornin  
(6594) Gary Salmon

(6583) Nicholas Dawkin  
(6587) Jack Leafe  
(6591) Sebastian Mouldi  
(6595) Adam Walker

**Pen: 249**

## Claremont RR

(6596) Kenneth McCor

(6597) Daniel Mourenza

## Sky blue/ dark blue trim

**Pen: 218**

## Clayton-le-Moors Harriers

(6598) Gareth Berry  
(6602) Richard Briscoe  
(6606) Craig Eccles

(6599) Jeremy Bradsha  
(6603) Peter Browning  
(6607) Mick Hughes

## Orange/Black/White

(6600) Ryan Bradshaw  
(6604) Matthew Duckw  
(6608) Mark Magee

(6601) Martin Brady  
(6605) James Dunderdal  
(6609) Craig Nicholls

**Pen: 166**

## Cleethorpes & District AC

(6610) Matthew Arliss  
(6614) Paul Evison  
(6618) Daniel James

(6611) Stephen Bryant  
(6615) Karl Greensmith  
(6619) Robert Pritchard

## Royal blue/gold diagonal stripe

(6612) David Burrell  
(6616) Paul Greenway  
(6620) Michael Skelton

(6613) Wayne Byrne  
(6617) Nick Gregory  
(6621) Daniel Snook

**Pen: 107**

## Congleton Harriers

(6622) Nick Budd

(6623) Bryan Lomas

## Yellow

(6624) Stuart Rider

**Pen: 187**

## Cookham RC

(6625) Ayushman Saha

## Blue

**Pen: 209**

## Corby Ac

(6626) Jacob Akers  
(6630) Luke Montgomer

(6627) Chris Curtis  
(6631) Sean Stanley

## Blue/2 red bands

(6628) Wojciech Kantcz  
(6632) John Treacy

(6629) Paul MacKay

**Pen: 211**

## Coventry Godiva Harriers

(6633) Amittai Ben-Israe  
(6637) David Conway  
(6641) Scott Hudspith  
(6645) Zachary Nolan  
(6649) Clark Roberts  
(6653) John Wilson

(6634) Andrew Boon  
(6638) Peter Eccleston  
(6642) Matthew Lole  
(6646) Jose Ortiz Gonzal  
(6650) Martin Slevin

## Red/yellow band

(6635) Tom Burgess  
(6639) Garry Flude  
(6643) Joseph McLeod  
(6647) Oliver Paulin  
(6651) Alistair Smith

(6636) Simon Clarke  
(6640) James Griggs  
(6644) Mohamed Daud  
(6648) Rob Richardson  
(6652) Harvey Speed

**Pen: 3 - 4**

## Crawley Ac

(6654) Walter Hill

(6655) Jack Kosky

## Black/3 gold bands

**Pen: 187**

## Crewe & Nantwich Ac

(6656) Neil Fowler

## White/Blue, yellow band

**Pen: 175**

## Crook & Dist Sports Ac

(6657) Gerry Hehir

## Orange

**Pen: 249**

## Croydon Harriers

(6658) Neil Aikman  
(6662) Richard Hooper  
(6666) John Millington  
(6670) Colin Oxlade

(6659) Glenn Barden  
(6663) Kartik Iyer  
(6667) James Moore  
(6671) Matt Peek

## White/2 dark blue hoops

(6660) Josh Haasz  
(6664) Matt Kiernan  
(6668) Brendan Murphy  
(6672) Martin Rowe

(6661) Norman Hemmin  
(6665) Patrick Lucas  
(6669) Dominic Nolan  
(6673) David White

**Pen: 200**

# Senior Men

## Dacorum & Tring AC

(6674) Gareth Clark (6675) Andrew Cracknel  
(6678) Matt Hamilton (6679) Jonathan Hogget  
(6682) David Olima (6683) Jack Parslow

## Darlington H & Ac

(6684) David Aiken (6685) Paul Allan  
(6688) Andrew Harrison (6689) Drew Inglis  
(6692) Colin James Tayl (6693) Philip Teece

## Dartford Harriers AC

(6695) Chris Biddle (6696) Connor Burford  
(6699) Jason Marchant

## Denby Dale AC

(6700) Ralph Barker (6701) Simon Browne  
(6704) James Mumford (6705) Mathew Radbou  
(6708) Tom Shelton

## Derby AC

(6709) Joseph Booth (6710) Chris Jordan  
(6713) Alex Pilcher

## Derwent Valley Trail Runners

(6714) John Rippon

## Derwentside Ac

(6715) Adrian Cattle Jo (6716) Mark Charlton  
(6719) John Donneky (6720) Graham Marshall

## Desford Striders

(6721) Graham Hobbs

## Doncaster AC

(6722) Paul Bond (6723) Steve Fox  
(6726) Stuart Lindsay (6727) Mark Webster

## Dorking & Mole Valley AC

(6729) Ben Brunswick

## Dulwich Runners Ac

(6730) Timothy Bowen (6731) Edward Chuck  
(6734) Alastair Locke (6735) Jack Ramm

## Durham City Harriers & AC

(6738) Jason Catterall (6739) Alexander Cook  
(6742) Daniel Jenkin (6743) Geoff Watson

## Ealing Eagles RC

(6746) Cam Easton (6747) John Foxall  
(6750) Jose Pabon (6751) Kieran Santry

## Ealing Southall & Middlesex AC

(6752) Akira Anzai-Jacks (6753) Sam Ashcroft  
(6756) Mukhtar Farah (6757) Ricky Grimes  
(6760) Philip York

## Purple/green

(6676) Robert Davies (6677) Andrew Fulford  
(6680) Jamie Marlow (6681) Phil Oddy

## White/2 vertical blue stripes

(6686) Michael Dolan (6687) Carl Eddon  
(6690) Ian Morris (6691) Mark Tallon  
(6694) Kevin Wilson

## Blue/light blue band

(6697) Alex Cameron (6698) Daniel Jackson

## Green/White Quarters

(6702) Andrew Dufeu (6703) Ross McClelland  
(6706) Jonathan Ridge (6707) Steven Sharp

## White/Green & red side stripes

(6711) Joseph Kilgour (6712) Jonathon Owen

## Red & Black

## Red/Yellow

(6717) Mark Davinson (6718) Steven Dickson

## Red/Light Blue

## White/Green & Royal Blue Trim

(6724) Martin James (6725) Glynn Jones  
(6728) Callum Wilson

## Mauve/lightblue/white

## Red/2 blue stripes

(6732) Des Crinion (6733) Duncan Hussey  
(6736) Stephen Smythe (6737) Thomas South

## Orange

(6740) Daniel Garbutt (6741) Matthew Hornsb  
(6744) Christopher Wilki (6745) Jonathan Wilkins

## Black & White

(6748) Thomas Irving (6749) Andrew McFarla

## Green/amber diagonal

(6754) Reece Asik (6755) Robert Brown  
(6758) Mohamed Hashi (6759) Steve Plested

Pen: 191

Pen: 239

Pen: 196

Pen: 101

Pen: 174

Pen: 212

Pen: 209

Pen: 194

Pen: 132

Pen: 185

Pen: 230

Pen: 195

Pen: 125

Pen: 210



# Senior Men

## Easingwold RC

(6761) Mark Whiteman

## East Cheshire Harriers & Tameside Ac

(6762) Gavin Browne  
(6766) James Hartshorn  
(6770) Scott Matthews  
(6774) Luke Piper  
(6778) Dennis Thomas  
(6763) Liam Browne  
(6767) Barry Hirst  
(6771) Martin McGann  
(6775) Darren Smith

## East Hull Harriers & Ac

(6779) Shaun Alcock  
(6783) Matthew Hayes  
(6787) Kevin Sharp  
(6791) Paul Teece  
(6780) Gary Fee  
(6784) Kris Hopkins  
(6788) Nigel Sisson  
(6792) Stephen Tichopa

## East London Runners

(6795) Mark Moir

## Eden Runners

(6796) Phil Cooper  
(6797) Alex Davies

## Elvet Striders

(6798) Matthew Archer  
(6802) Paul Evans  
(6806) Phil Ray  
(6799) Michael Barlow  
(6803) James Garland  
(6807) Graeme Watt

## Ely Runners

(6809) Robert Campbell  
(6810) Richard Hill

## Enfield & Haringey AC

(6813) Daniel Carpenter  
(6814) Dominic Jaques

## Epsom & Ewell Harriers

(6817) Simon Bean  
(6818) Andrew Fay

## Eton Manor AC

(6821) Giles Bailey  
(6825) David Cato  
(6829) Richard Parr  
(6833) Graham White  
(6822) John Black  
(6826) Simon Cottle  
(6830) James Pilch

## Evenwood RR

(6834) Chris Anderson  
(6835) Paul Tucker

## Exeter Harriers

(6836) Howard Bailey  
(6840) Peter Heckles  
(6844) Ben Stone  
(6837) Neil Bennett  
(6841) Harry Mills

## Fairlands Valley Spartans

(6845) Thomas Sauka

## Navy/Green

## Green with Gold side panels

(6764) Timothy Greenal  
(6768) Derek Hughes  
(6772) Anthony McGuin  
(6776) Joe Steward  
(6765) Matthew Gush  
(6769) Gary Matthews  
(6773) Tom McGuinnes  
(6777) Martin Stout

## Red

(6781) Tim Groves  
(6785) Paul Nippres  
(6789) Greame Smith  
(6793) Andrew Wiggles  
(6782) Martin Hardey  
(6786) Martin Oliver  
(6790) Lewis Suddaby  
(6794) Christopher Wile

## Red

## Green/blue band

## Purple/green & white trim

(6800) Geoff Davis  
(6804) Dave Gibson  
(6808) Conrad White  
(6801) Simon Dobson  
(6805) Jack Lee

## Black

(6811) Stephen Howard  
(6812) Matthew Mason

## Red/gold

(6815) Alex Milne  
(6816) William Mycroft

## Red/Yellow

(6819) Neil Henderson  
(6820) Benjamin Standa

## Cambridge blue/white hoops

(6823) Paul Boddey  
(6827) Dave Daugirda  
(6831) Rob Sommerville  
(6824) Paul Cates  
(6828) George Fernande  
(6832) Chris Tait

## Green & White Quarters

## White/maroon hoop

(6838) Callum Crawford  
(6842) Matthew Prisk  
(6839) Jonathan Hague  
(6843) Adam Stobbs

## Light Blue & Dark Blue

Pen: 219

Pen: 240

Pen: 160

Pen: 186

Pen: 103

Pen: 250

Pen: 151

Pen: 171

Pen: 75

Pen: 232

Pen: 131

Pen: 172

Pen: 131

# Senior Men

## Fitmums & Friends

(6846) Alex Abel (6847) Andy Coy  
(6850) Neil Thompson (6851) John Walker

## Fleet & Crookham AC

(6853) Ben Raggett

## Formula One Circuit Crew

(6854) Paul Griffiths (6855) Martin Hunt

## Fulham RC

(6856) Paul Barnes (6857) Rick Cannon  
(6860) Thomas Daley (6861) Leo Gebbie  
(6864) Stephen McLeod (6865) Tom Pollard  
(6868) Andrew Stringer (6869) Ben Thornton

## Gateshead Harriers & AC

(6871) Daniel Alexander (6872) Steven Asquith  
(6875) James Cripwell (6876) Peter Grimoldby  
(6879) Jonathan Malley (6880) Steven Medd

## Gloucester AC

(6882) Aaron Bennett (6883) James D'arcy De  
(6886) Christopher O'Ca (6887) Owen Parry

## Gosforth Harriers & Ac

(6890) John Alexander (6891) Steve Boddy  
(6894) Matthew Gwilym (6895) Andrew Heppell  
(6898) Richard McQuad (6899) James McReesh  
(6902) Kevin Spreadbur (6903) Jonny Stephenso

## Grange Farm & Dunmow Runners

(6905) Lee Pickering

## Grantham RC

(6906) Jack Dodwell (6907) Robert Howbroo  
(6910) Nick Rossington (6911) Matthew Willia

## Guildford & Godalming AC

(6912) James Adams (6913) Andrew Baker  
(6916) Ben Friend (6917) Colin High  
(6920) Bruce Rainford (6921) John Sanderson

## Hadleigh Hares AC

(6924) Paul Lacey

## Halesowen ACC

(6925) Russell Cadwalla (6926) Adam Cross  
(6929) David Lewis (6930) Jonathan Lewis  
(6933) Bill Nock (6934) James Parker

## Halifax Harriers & AC

(6937) Ryan Barker (6938) Ben Crowther  
(6941) Heath Reilly

## Blue/white writing

(6848) Alex Eaton (6849) Stuart Spencer  
(6852) Mark Wilkinson

## White/Black/Red

## Red with 2 vertical Black stripes

## Black/White

(6858) Simon Clarkson (6859) Christopher Coo  
(6862) James Hampshir (6863) Frederick Levy  
(6866) Robert Prichard-J (6867) Charlie Sandison  
(6870) Douglas Wood

## White/red band

(6873) Ross Christie (6874) Kevin Connolly  
(6877) Daniel Johnson (6878) Matthew Linsley  
(6881) Martin Slater

## White/red trim

(6884) David Gresswell (6885) Steven Haines  
(6888) Ian Summers (6889) James Walters

## Green/white hoops

(6892) Steven Bond (6893) Maurice Bourke  
(6896) Nick Houghton (6897) Al Johnson  
(6900) Ben Moore (6901) Neil Ramsay  
(6904) Kevin Thomas

## Royal Blue & White

## Green

(6908) Matthew Kingsto (6909) Andrew Pask

## Green/black bands

(6914) Terry Booth (6915) George Dollner  
(6918) Lee Lintern (6919) Matthew McDan  
(6922) Andrew Taylor (6923) Marc Woodall

## Red/White/Black

## Gold/white, brown hoops

(6927) Peter Dear (6928) James Hoult  
(6931) Alex Morgan (6932) Andrew Nock  
(6935) Jamie Sircom (6936) David Turvey

## Saxe blue/royal, yellow side panel

(6939) Mark Gaughan (6940) Simon Johnson

**Pen: 88**

**Pen: 72**

**Pen: 106**

**Pen: 113**

**Pen: 241**

**Pen: 214**

**Pen: 248**

**Pen: 79**

**Pen: 152**

**Pen: 219**

**Pen: 122**

**Pen: 122**

**Pen: 202**

# Senior Men

## Hallamshire Harriers Sheffield

(6942) Dave Archer (6943) Nicholas Barber  
(6946) Robert Cook (6947) Matthew Craig  
(6950) James Hartley (6951) Peter Hodges  
(6954) Sam Peters (6955) Gareth Phoenix  
(6958) Joshua Walton (6959) Robert Wapshott

## Harborough AC

(6960) Peter Attenboro (6961) William Clapp  
(6964) David MacLean (6965) Jamie McAllister  
(6968) Daniel Taylor (6969) Gary Wallis

## Harpenden Arrows

(6970) Steve Bowran (6971) Roger Montgom

## Harrogate Harriers & AC

(6974) Nick Andralojc (6975) Chris Miller  
(6978) Nathan Smith (6979) Robert Smith

## Harrow AC

(6982) Jim Cooper (6983) Joe Gammell  
(6986) Damian Nevins (6987) Declan Traynor

## Hastings AC

(6988) Russ Keen (6989) John Ralph

## Havering AC

(6990) Jamie Buckley-St (6991) Martin Chester  
(6994) Barry Smith (6995) Grant Twist  
(6998) John Whitehead

## Headington RR

(6999) Nicholas Tuttle

## Heanor RC

(7000) Lee D'Arcy (7001) Ashley Deeming  
(7004) Joe Rainsford (7005) Tony Weatherso

## Heaton Harriers & Ac

(7006) Thomas Andrew (7007) Robert Brown  
(7010) Wayne Fuller (7011) David Michael Gi  
(7014) Ian Robinson (7015) George Routledg

## Helm Hill Runners

(7016) Carl Hanaghan

## Helpston Harriers AC

(7017) Benn Lyman (7018) Steven Robinson

## Helsby RC

(7019) Tom De Jong (7020) Chris Fitzpatrick

## Red/white

(6944) Steven Bayton (6945) John Birch  
(6948) Carl Egdell (6949) Craig Fishwick  
(6952) James McCrae (6953) Connor Milnes  
(6956) Phillip Radford (6957) Aidan Smith

## Yellow

(6962) Adam Eales (6963) Martin Hughes  
(6966) Graeme Rolfe (6967) Ian Southwell

## Red

(6972) David Russell (6973) Julian Tall

## Red/black/yellow

(6976) Kevin Murphy (6977) Timothy Richard  
(6980) Gareth Somervill (6981) Paul Stockburn

## Black/White, Green, Blue bands

(6984) Jonathan Hill (6985) Chris Jones

## Royal Blue & Red

## Blue/gold

(6992) Freddy Keefe (6993) Russell Middleto  
(6996) Steve Walker (6997) Robert Warner

## Yellow/blue hoop

## Yellow/blue band

(7002) Geoff Lowry (7003) Paul Mercer

## White/green trim

(7008) Chris Checkley (7009) Andy Duguid  
(7012) James McKenzie (7013) Calum Mills

## Teal

## Navy Blue & White

## Green & White Piping

(7021) Peter Rodriguez (7022) Ian Rutherford

**Pen: 167**

**Pen: 140**

**Pen: 229**

**Pen: 244**

**Pen: 162**

**Pen: 97**

**Pen: 227**

**Pen: 138**

**Pen: 198**

**Pen: 204**

**Pen: 222**

**Pen: 182**

**Pen: 85**

# Senior Men

## Hercules Wimbledon Ac

(7023) Belal Ahmed (7024) Tom Buckley  
(7027) Tom Jervis (7028) Finn Johnson  
(7031) Mark Livingstone (7032) James Miller  
(7035) Frederick Slemec (7036) Joe Toomey

## Hermitage Harriers

(7038) Alex Percy (7039) Jason Williams

## Herne Hill Harriers

(7040) Alan Barnes (7041) Nick Bester  
(7044) Angus Butler (7045) Trevor Chilton  
(7048) Jack Dickenson (7049) Eric Dol  
(7052) Alex Hobley (7053) John Kettle  
(7056) Keith Newton (7057) Raj Paranandi  
(7060) Matthew Robert (7061) Andrew Simms  
(7064) Edward Turner (7065) Andrew Warburt

## Herts Phoenix Ac

(7067) George Cook (7068) David Stephens

## Highgate Harriers

(7069) Russ Ashford (7070) Robel Bahelbi  
(7073) Andres Chau (7074) Fred Comman  
(7077) William De Donc (7078) Shaun Dixon  
(7081) Chris Goldsack (7082) Charlie Haywood  
(7085) Adam Lennox (7086) Alex Lepreire  
(7089) Henry Murdoch (7090) John O'Shea  
(7093) Fergal Smithwick (7094) Richard Stewart  
(7097) Mark Watson (7098) Rob Wilson

## Hillingdon AC

(7099) Fahad Abdi (7100) John Bignell  
(7103) Scott Farley (7104) James Laing  
(7107) Mohamed Moha (7108) Martin Searle  
(7111) Dominic Speight (7112) Mark Speight  
(7115) Aramias Zeration

## Hinckley RC

(7116) Joseph Langham (7117) Nick Moore

## Holme Pierrepont Rc

(7118) Neil Cooper (7119) Gary Cragg  
(7122) Eddie George (7123) Joon Wee Ho  
(7126) Will Meredith (7127) Chris Rhodes  
(7130) John Sutherns (7131) Steve Tupholme

## Holmfirth Harriers Ac

(7134) Simon Barrans (7135) Christopher Bea  
(7138) Mark Buckingham (7139) Lewis Byram  
(7142) Andy Hauser (7143) Philip Hewitt  
(7146) Christopher Law (7147) Damian McQueen  
(7150) Robert Robinson (7151) Tim Street

## Gold/red diagonal sash

(7025) Sean Crummy (7026) James Greene  
(7029) David Lewin (7030) Gordon Lilly  
(7033) Tom Morris (7034) Elliot Palmer  
(7037) Robert Tuer

**Pen: 112**

## Silver/black diagonal

## Red/black hoops

(7042) Jack Brotchie (7043) Christopher Busa  
(7046) Andrew Clarke (7047) Jeff Cunningham  
(7050) Deron Fagan (7051) Andrew Grigg  
(7054) Lewis Lloyd (7055) Matthew Munro  
(7058) Valdis Pauzers (7059) Rick Pearson  
(7062) Ian Strong (7063) Simon Thompso  
(7066) James Ward

**Pen: 245**

**Pen: 5 - 6**

## Red

## Black/white hoops

(7071) Chris Bailey (7072) Peter Chambers  
(7075) Tom Crowley (7076) Darryl Davison  
(7079) Christian Erlands (7080) Dave Fowler  
(7083) Danny Isaacs (7084) Jonathan Laybou  
(7087) Joseph Lowe (7088) Luke McManus  
(7091) Roger Poolman (7092) Sean Renfer  
(7095) Murray Strain (7096) Rob Walker

**Pen: 199**

**Pen: 34 - 35**

## White/red diagonal

(7101) Joe Carton (7102) John Doyle  
(7105) Paul Leppard (7106) Richard Mann  
(7109) Gabriel Segall (7110) David Smith  
(7113) Robert Thompso (7114) Philip Warburton

**Pen: 228**

## Blue/White Diagonal Stripe

## Navy/red band

(7120) Tom Davies (7121) Steven Eathering  
(7124) James Kirkwood (7125) Oliver Matharu  
(7128) Andrew Soley (7129) Anthony Squire  
(7132) Sam Williams-Du (7133) Mark Wyszynski

**Pen: 217**

**Pen: 226**

## Amber/club badge

(7136) Steve Berridge (7137) Jonathan Bray  
(7140) Karl Dransfield (7141) Steve Green  
(7144) Clark Hind (7145) Rob Kersey  
(7148) Samuel O Shea (7149) Alex Robinson  
(7152) Kai Sunman (7153) Neil Thornton

**Pen: 63 - 64**

# Senior Men

## Horsforth Harriers

(7154) Phil Boynton (7155) Greg Brant  
(7158) Robert Halstead (7159) Ben Johnston  
(7162) Max Rowell (7163) Finbar Slevin  
(7166) Robert Webster

## Horsham Blue Star Harriers

(7167) Christopher Lee

## Horwich R M I Harriers

(7168) David Barnes (7169) Gareth Booth  
(7172) Daniel Gilbert (7173) Tony Hesketh  
(7176) Andrew Lloyd (7177) Alastair Murray  
(7180) Marcus Taylor

## Houghton Harriers & Ac

(7181) Tom Atkinson (7182) David Coulson  
(7185) David Gribben (7186) Innes Hodgson

## Huntingdonshire Ac

(7188) Mark Barry (7189) Steven Church  
(7192) Jamie Hall (7193) Shane Hunt  
(7196) Rod McKee (7197) Jeff Mercer  
(7200) Carl Rooney (7201) Adrian Smith

## Hyde Park Harriers

(7203) Chris Carrick (7204) Paul Dickens  
(7207) Adam Lomas (7208) Stephen Milne  
(7211) Michael Vargas

## Ilford AC

(7212) Trevor Robinson

## Ilkeston RC

(7213) Julian Bloor (7214) Ian Hunter  
(7217) Philip Sale

## Ilkley Harriers Ac

(7218) Michael Abrams- (7219) Tim Ashelford  
(7222) Stephen Coy (7223) Nathan Edmonds  
(7226) Peter Lewis (7227) Daniel McKeown  
(7230) David Westhead (7231) Jack Wood

## Invicta East Kent AC

(7232) Adam McKenna (7233) Abel Tsegay

## Ipswich Harriers

(7235) Stephen Hicks (7236) John Millar

## Ipswich Jaffa Rc

(7237) Daniel Summers

## Istead & Ifield Harriers

(7238) Jason Beaney (7239) Darren Harger

## Blue/White

(7156) Garth De Roux (7157) Neal Edmondson  
(7160) Stuart Little (7161) Barney Plummer  
(7164) Andrew Smith (7165) Alex Trimble-Finl

Pen: 136

## White with Royal side panel

Pen: 104

## Red/black chevron

(7170) Ian Conroy (7171) Alex Fowler  
(7174) James Kevan (7175) Nick Leigh  
(7178) Peter Ramsdale (7179) Mark Seddon

Pen: 183

## Black with Horz.amber band

(7183) Lee Dover (7184) Rory Graham  
(7187) Shaun McGrath

Pen: 162

## Green/yellow band

(7190) Derek Darnell (7191) Ty Farrer  
(7194) Ian Marshall (7195) Darren Matthew  
(7198) Nick Osborn (7199) Andrew Richards  
(7202) Mark Wishart

Pen: 215

## Red with white vertical stripe

(7205) Paul Farmery (7206) Matthew Gray  
(7209) John Pratt (7210) Jonathan Spain

Pen: 82

## White/Dark & light Blue bands

Pen: 160

## White/red band

(7215) Simon Kirk (7216) Andrew Mitchell

Pen: 84

## Red/Green Hoop

(7220) Robert Budding (7221) Matthew Cox  
(7224) Steven Gott (7225) Istvan Jacso  
(7228) Malcolm Pickerin (7229) Arthur Reilly

Pen: 206

## Red/white letters

(7234) Gavin Whitlock

Pen: 183

## Dark Blue/light blue band

Pen: 115

## Orange

Pen: 76

## Purple

(7240) James Milsom

Pen: 196

# Senior Men

## Jarrow & Hebburn AC

(7241) Jonny Evans (7242) Jonathan Gilroy  
(7245) Michael Thornto

## Jesmond Joggers

(7246) Joseph Cherry (7247) Stefan Haass  
(7250) Simon Wells (7251) James Wilkins

## Keighley & Craven Ac

(7253) Scott Bairstow (7254) John Conroy  
(7257) Matthew Warter (7258) Carl Whale

## Kendal AAC

(7261) Duncan Copley (7262) Matthew Doey  
(7265) Tom Hartley (7266) Alasdair Russell

## Kenilworth Runners

(7267) Wayne Briggs (7268) Andrew Crabtree  
(7271) Stanley Doxey (7272) Matt Dyer  
(7275) Christopher Lyon (7276) Ben Taylor

## Kent Ac

(7279) Tim Alexander (7280) Luke Armitage  
(7283) Stuart Beaney (7284) Russell Bentley  
(7287) Dame Dibaba (7288) Alex Dudney  
(7291) Calum Fraser (7292) John Gilbert  
(7295) Ben Harding (7296) Joe Hartley  
(7299) Anthony Johnso (7300) Tim Lawrence  
(7303) Arif Merali (7304) Dave Morgan  
(7307) Neil Phillips (7308) Leonard Reilly  
(7311) Thomas Thain (7312) Jordan Weaver

## Keswick AC

(7314) John Battrick (7315) Simon Neville

## Kettering Town Harriers

(7316) Ian Hearne

## Kimberley & District Striders

(7317) Sandeep Chauha (7318) Lee Cutforth  
(7321) Stephen Haskard (7322) David Saunders

## Kimberworth Striders

(7324) Kevin Doyle (7325) Gavin Edley  
(7328) Simon Hopkins (7329) Brian Miranda

## Kings Heath RC

(7331) David Bagwell (7332) Michael Green  
(7335) Tim Knight

## Kingston upon Hull AC

(7336) Gregan Clarkson

## Gold /navy sash

(7243) Patrick McShane (7244) Ian Salkeld

## Blue with white side stripe

(7248) Jonathan Law (7249) Chris Lawrence  
(7252) Robert Willers

## Red & green hoops

(7255) Paul Crabtree (7256) Pete Lloyd  
(7259) Craig Whale (7260) Shaun Wilkinson

## Green/red trim

(7263) Jonathan Dry (7264) Mike Egnor

## Green/Black/White

(7269) Neil Cressy (7270) Tom Dable  
(7273) Russell Graham (7274) Kevin Hope  
(7277) Stewart Underhil (7278) Ivan Wilson

## Navy blue

(7281) Ted Aston (7282) Mick Barlow  
(7285) James Bowler (7286) Ben Cook  
(7289) Ian Ellwood (7290) Sean Fitzpatrick  
(7293) Christopher Gree (7294) Edward Hadlow  
(7297) Owen Hind (7298) Bernie Hutchinso  
(7301) Su Min Lee (7302) Peter Lighting  
(7305) Tom Mower (7306) Daniel Pettitt  
(7309) Philip Sanders (7310) Niall Stewart  
(7313) Alex Yee

## Yellow with Green Band

## Red & White Hoops

## Red & white

(7319) Darren Dodsley (7320) Michael Doyle  
(7323) Chris Worth

## Yellow/Black

(7326) Paul Greenwood (7327) Neil Grocutt  
(7330) John Nolan

## Black

(7333) Paul Jolliffe (7334) George Kingsley

## Navy/gold trim

**Pen: 90**

**Pen: 141**

**Pen: 246**

**Pen: 188**

**Pen: 104**

**Pen: 7 - 9**

**Pen: 133**

**Pen: 226**

**Pen: 102**

**Pen: 218**

**Pen: 127**

**Pen: 156**

# Senior Men

## Kirkstall Harriers

(7337) Simon Boardman (7338) Tim Dixon  
(7341) Chris Hudson (7342) Kevin Longmate  
(7345) Sean O'Halloran (7346) Andy Pullan

## Knaresborough Striders

(7349) Sean Brennan (7350) Philip Cornforth  
(7353) Gary Wilkinson

## Knowle & Dorridge RC

(7354) Simon Bentley (7355) Jack Bristow  
(7358) Darren John (7359) Pete Makepeace  
(7362) Gary Polhill (7363) Torsten Roesler  
(7366) Nicholas Woolle

## Knowsley Harriers

(7367) Tadi Abeki (7368) Ian Broadhurst

## Lancaster & Morecambe AC

(7369) David Brown (7370) Raymond Edgar  
(7373) Kieran Rowlands (7374) Beau Smith

## Leamington C & AC

(7375) Paul Caruana (7376) Phillip Gould  
(7379) Brian Miller (7380) Steven Roberts

## Leeds & Bradford Triathlon Club

(7382) James Bostock (7383) Nicholas Edge

## Leeds City AC

(7385) Mohamed Abshir (7386) Jack Allison  
(7389) Michael Burrett (7390) Emile Cairess  
(7393) Alexander Davy (7394) Simon Deakin  
(7397) Simon Ellis (7398) Martin Farran  
(7401) Robert Gatenby (7402) Adam Grice  
(7405) Adrian Holliday (7406) Nick Hooker  
(7409) Ollie Lockley (7410) Matt Lockyer  
(7413) Martin Roscoe (7414) Joshua Rowe  
(7417) Philip Sesemann (7418) Chris Smith  
(7421) Robert Torch (7422) Joe Townsend  
(7425) Joshua Woodcoc

## Leicester Coritanian Ac

(7426) David Pearce (7427) Sam Stevens

## Leigh Harriers & Ac

(7428) Martin Conroy (7429) Jason Denton  
(7432) John Howarth (7433) Dave Pollitt  
(7436) Dave Smith (7437) Robert Thorpe

## Leighton Buzzard AC

(7439) James Bell (7440) Matthew Brooks  
(7443) Andrew Inchley (7444) Warren Rose

## Lincoln & District Runners

(7445) Daniel Farmer (7446) Dave Hunter

## Purple

(7339) Christopher Glov (7340) Simon Hands  
(7343) Adam Moger (7344) Alan O'Brien  
(7347) Rowan Temple (7348) Jonathan Young

## Blue/Yellow

(7351) Stephen Morlan (7352) Ted Welton

## Green/Yellow hoops

(7356) Richard Dixon (7357) Max Gimson  
(7360) Daniel Malone (7361) Robert Michaels  
(7364) Gregory Turner (7365) Phil Wood

## Red/White Hoops

## White/maroon,yellow band

(7371) Graham Hodgso (7372) Mark Leadbeatte

## White/blue band

(7377) Joshua Hough (7378) Mark Marsh  
(7381) Howard Roden

## Red/black/white

(7384) Johnathan Green

## Blue/Yellow

(7387) Alexander Bellew (7388) Gordon Benson  
(7391) Jason Cherriman (7392) Joseph Cook  
(7395) Benjamin Dougla (7396) Thomas Edwards  
(7399) Sean Flanagan (7400) Leon Foster  
(7403) Matt Grieve (7404) Mick Hill  
(7407) Michael Hoyle (7408) Gregory Hull  
(7411) John MacE (7412) Adam Osborne  
(7415) Graham Rush (7416) Michael Salter  
(7419) Adam Stacey (7420) Linton Taylor  
(7423) Patrick Vis (7424) Trevor Wilks

## Royal blue

## White/green band

(7430) Allister Goulding (7431) Andrew Howarth  
(7434) William Rawson (7435) Andy Smalley  
(7438) Phillip Williams

## Purple/yellow

(7441) Nigel Chesterton (7442) Benjamin Corfiel

## Green/Black

(7447) Rob Sim

**Pen: 147**

**Pen: 143**

**Pen: 203**

**Pen: 180**

**Pen: 234**

**Pen: 234**

**Pen: 157**

**Pen: 15 - 17**

**Pen: 124**

**Pen: 222**

**Pen: 237**

**Pen: 205**

# Senior Men

## Lincoln Wellington AC

(7448) Les Ball (7449) Neil Coney  
(7452) Kevin Maplethor (7453) Martin Morley  
(7456) Sam Shuttlewort (7457) Joshua Stone  
(7460) Joe Wilkinson (7461) Justin Williams

## Lingfield RC

(7464) Ian Greenaway

## Liverpool Harriers & AC

(7465) Alan Ashton (7466) Kevin Bell  
(7469) Daniel Cliffe (7470) John Connolly  
(7473) Matthew Jackso (7474) Aaron Jarvis  
(7477) Adrian Roach (7478) Andy Salmon  
(7481) James Wootton

## Liverpool Pembroke & Sefton H AC

(7482) Andrew Foster (7483) Chris Maher  
(7486) Sammy Rashid (7487) Mark Wynne

## Loftus & Whitby AC

(7488) Gary Beard (7489) Chris Foster  
(7492) Sam Leadley (7493) Andrew Marshall  
(7496) Malcolm Peggs (7497) Ben Senior

## London City AC

(7498) Simon Brown (7499) Adam Millbery

## London Frontrunners

(7501) Christos Bitzis-Po (7502) Patrick Cahill  
(7505) Leon Clement (7506) Neil Colquhoun  
(7509) Matt Hunter (7510) Fergal Joyce  
(7513) Martin Oldham (7514) William Parry  
(7517) Michael Rutherford (7518) Marius Thies  
(7521) Stephen Woodga (7522) Witold Wozniak

## London Heathside

(7523) Tom Aldred (7524) Steve Armstrong  
(7527) Joseph Clemoes (7528) Matt Collins  
(7531) Ewan Gault (7532) Peter Gould  
(7535) Liam Hazelton (7536) Chris Holmes  
(7539) Josph McKeow (7540) Francesco Mello  
(7543) Andrew Owen (7544) Jacob Phillips  
(7547) Henry Turner (7548) Chris Vincent

## Long Eaton RC

(7550) Colin Bostock (7551) Marc Kinch  
(7554) Mark Lay

## Longwood Harriers Ac

(7555) Simon Crook (7556) Josh Elderfield

## Lordshill RR

(7558) Robert Daniel Ag (7559) Neil Catchlove  
(7562) Alan Grahon (7563) Mathew Pidgeon  
(7566) Graham Rafferty (7567) Aaron Rogers

## White/black, red hoops

(7450) Jeff Hall (7451) Simon MacHin  
(7454) Jake Richardson (7455) Shane Robinson  
(7458) Mark Turner (7459) Francis Ward  
(7462) Phillip Williams (7463) Ronny Wilson

## White/Red & Green sides

## Old Gold

(7467) Richard Burney (7468) Ricky Challinor  
(7471) Dejene Gezimu (7472) Charlie Hulson  
(7475) Daniel Jarvis (7476) Euan Martin  
(7479) Aduaqani Sharif (7480) Lee Siemaszko

## White/red, black hoops

(7484) Kyle Nicholls (7485) Chris Pedder

## Maroon & Gold

(7490) Mikey Garbutt (7491) Joe Leadley  
(7494) James O'Brien (7495) Graham Palmer

## Navy Blue

(7500) Mathew Speed

## Red/White

(7503) Jeremy Campbell (7504) Tim Charters  
(7507) Shane Cullinan (7508) Karlwinder Haye  
(7511) John Keenan (7512) Frances O'Callag  
(7515) Minesh Patel (7516) James Relph  
(7519) Chris Tibbett (7520) Julian Williams

## Dark blue/red, gold trim

(7525) Andy Barnes (7526) Francois Barou  
(7529) Simon Dunderdal (7530) Gavin Evans  
(7533) Thomas Griffiths (7534) Charles Hardy  
(7537) Daniel Johns (7538) Jonathan Litchfie  
(7541) Norman Mitchell (7542) Peter Northall  
(7545) Jake Spencer (7546) Alex Sweet  
(7549) Andrew Woodin

## Blue/White

(7552) Aaron Kirk (7553) Gary Kupinskyj

## Blue/3 white hoops

(7557) James Scholes

## White

(7560) Chris Cook (7561) James Fanning  
(7564) Dean Powell (7565) Andrew Proctor  
(7568) Benjamin M Tav (7569) Kevin Willsher

Pen: 178

Pen: 100

Pen: 135

Pen: 71

Pen: 72

Pen: 134

Pen: 22 - 23

Pen: 26 - 27

Pen: 139

Pen: 145

Pen: 176



# Senior Men

## Loughborough Students AC

(7570) Rhys Francis

## Low Fell Rc

(7571) Richard Conder

(7575) Neil James Kavan

(7579) Ian Marriott

(7572) Philip Halse

(7576) Craig Lamb

(7580) Gavin Thompson

## Lymm Runners

(7582) Peter Burton

(7586) Michael Smith

(7583) John Croall

## Macclesfield Harriers & AC

(7587) Richard Brown

(7591) Billy Hicks

(7595) Neil Pettie

(7599) Alex Wright

(7588) Joe De Sousa

(7592) David Larkin

(7596) David Shoesmith

## Manchester Harriers & AC

(7600) Jason Brogan

(7604) James Hinde

(7601) Michael Cunning

(7605) Alex Masidlover

## Manchester Triathlon Club

(7608) Andy Adkin

(7609) Rob Harper

## Manchester YMCA Harriers

(7610) Stephen Ingham

(7611) Craig Jones

## Mansfield Harriers

(7614) Graeme Baguley

(7615) Jordan Boam

## Manx Harriers

(7618) Jamie Beaman

(7622) Andrew Fox

(7626) Andy Watson

(7619) Alan Corlett

(7623) Michael Garrett

## Marple Runners

(7627) James Deighton

(7628) Darren Peatfield

## Marshall Milton Keynes AC

(7630) Matthew Clarke

(7634) Graham Jones

(7638) Liam Smith

(7642) Steve Withers

(7631) Thomas Comerfo

(7635) Paul Mizon

(7639) James Tuttle

(7643) Ian Wood

## Massey Ferguson Rc

(7645) Jack Blakemore

(7649) Gary Lawson

(7653) Dean Semple

(7646) David Clarke

(7650) Dave Lee

(7654) Jeremy Shaun Tri

## Matlock AC

(7655) Colin Davenport

(7659) Patrick Wright

(7656) Daniel Haworth

## African Violet

Pen: 173

## Maroon/white lettering

(7573) Ian Hayden

(7577) Jason Long

(7581) Danny Wade

(7574) Colin Hodgson

(7578) Stephen Magrat

Pen: 156

## Green/Black

(7584) Jim Dawson

(7585) Mark Elwood

Pen: 207

## Maroon/Silver Band

(7589) Chris Goodfellow

(7593) Tim Marsh

(7597) Mark Walker

(7590) Robert Hasler

(7594) James Noakes

(7598) Shaun Wilde

Pen: 201

## Royal blue/red band

(7602) David Dyer

(7606) Neil Ryan

(7603) Glen Gandy

(7607) Chris Sewart

Pen: 69

## Red/Black

Pen: 170

## Black/red, white bands

(7612) Michael O'Brien

(7613) Jon Paramor

Pen: 105

## Blue/green

(7616) Glen Holland

(7617) Mark Marriot

Pen: 161

## Red/yellow, white trim

(7620) Oliver Dickinson

(7624) Stephen Garrett

(7621) Andrew Falconer

(7625) Kevin Loundes

Pen: 146

## Red and Black Horizontal stripes

(7629) Jeremy Woodha

Pen: 78

## Orange/black hoop

(7632) Thomas Cuthber

(7636) Mark Palser

(7640) Steve Tuttle

(7644) Daniel Woodgat

(7633) Thomas Dell

(7637) Stephen Ratcliffe

(7641) Jeremy Vick

Pen: 231

## Red & White quarters

(7647) Dean Clarke

(7651) Jason Nicholson

(7648) Ross Thomas Co

(7652) Peter Paprcka

Pen: 98

## Light Blue/Navy/White

(7657) Harry Holmes

(7658) John Thorpe

Pen: 158

# Senior Men

## Medway & Maidstone Ac

(7660) Tom Collins (7661) Jack Crossley  
(7664) Teweldebrhan M (7665) Mark Wilkins

## Middlesbrough & Cleveland Harriers

(7667) Gordon Baird (7668) Lewis Bourner  
(7671) Greg Jayasuriya (7672) Chris Rumsey

## Middlesbrough AC

(7675) Kieren Walker

## Middleton Harriers Ac

(7676) Jordan Lee Burke (7677) Chris Humble

## Milton Keynes Distance Project

(7679) Michael Greener (7680) Noah Hurton  
(7683) Kirk Smith (7684) Alex Walker

## Morpeth Harriers & Ac

(7687) Carl Avery (7688) Alistair Douglass  
(7691) Andrew Hebden (7692) Tom Innes  
(7695) Nick McCormick (7696) David Nicholson  
(7699) Mark Snowball (7700) Thomas Straugh

## Nene Valley Harriers

(7703) Jay Belham (7704) Michael Chapma  
(7707) Alex Hampson (7708) Lee Hartill  
(7711) Harrison Miles (7712) Luke Myers  
(7715) Andrew M Todd (7716) Duane Tomaselli

## New Forest Runners

(7717) Michael Standag

## New Marske Harriers

(7718) David Learoyd

## Newark Ac

(7719) Timothy Baggule (7720) Carl Braithwaite  
(7723) Thomas Hubbard (7724) George Anderto

## Newbury AC

(7726) Philip Marshall (7727) Callum Oneill

## Newcastle (Staff) Tri Club

(7730) Matt Eardley (7731) Mark Hatton

## Newcastle Staffs Ac

(7732) Stuart Cassidy (7733) Mark Cotton  
(7736) Richard Longley (7737) Pab Maddox  
(7740) Tim Sharman (7741) Jerome Stevens  
(7744) Matthew Way

## Newcastle University AC

(7745) Bradley Wilsher

## Red/black hoop

(7662) Adam Feathersto (7663) Lee McMeekin  
(7666) Gareth Williams

## White/black hoop

(7669) Mark Evans (7670) Mark Jackson  
(7673) Martin Vasey (7674) Jamie Wilkinson

## Light Blue/Dark Blue band

## Green/black & white diagonal stripes

(7678) John Weaver

## Black

(7681) Thomas Lees (7682) Tim Lefroy  
(7685) Charles Wheeler (7686) George Wheeler

## Royal blue/2 white bands

(7689) Ross Floyd (7690) Steve Haswell  
(7693) Andrew Lawrenc (7694) George Lowry  
(7697) Andrew Pratt (7698) Jordan Scott  
(7701) Adrian Whitwam (7702) Phillip Winkler

## White/red, blue band

(7705) Darryl Coulter (7706) James Farrington  
(7709) Paul Houlden (7710) James Mac Dona  
(7713) Simon Parkes (7714) Paul Parkin

## White with Green band

## Cambridge blue/gold hoop

## Blue/grey quarters

(7721) Lee Braithwaite (7722) Oliver Crampton  
(7725) Gareth Owens

## Royal Blue/red , white hoops

(7728) Andrew Tuttle (7729) Daniel Tuttle

## Black/Grey/Red/White

## Red/white/blue

(7734) Neil Dixon (7735) Neil Gerrity  
(7738) Kevin Oakley (7739) Jonathon Ranfor  
(7742) Paul Wakefield (7743) Andrew Walker

## Blue/Red

Pen: 207

Pen: 130

Pen: 65

Pen: 191

Pen: 244

Pen: 123

Pen: 124

Pen: 77

Pen: 127

Pen: 121

Pen: 89

Pen: 242

Pen: 154

Pen: 140

# Senior Men

## **Newham & Essex Beagles AC**

(7746) Frank Baddick (7747) John Beattie  
(7750) Samatar Farah (7751) Daniel Giles  
(7754) Will Rial (7755) Jayme Rossiter  
(7758) Joshua Trigwell (7759) Francois Turpaul

## **Newquay & Par Ac**

(7761) Paul Stevens (7762) Simon Williams

## **Nidd Valley RR**

(7763) Christopher Beat (7764) James Cook  
(7767) James Knapp (7768) Tony Ledwaba-C  
(7771) Steff Quinn (7772) Philip Robinson  
(7775) Richard Street (7776) Andy Todd

## **North Derbyshire RC**

(7779) Steve Bennett (7780) Tim Clayton  
(7783) Martin Dawson (7784) Gary Elkington  
(7787) Steven Penney (7788) Robert Scriven  
(7791) Tom Topham

## **North Herts RRC**

(7792) Andrew Leach

## **North Leeds Fell Runners**

(7793) Nicolas Fielden (7794) Richard Foster  
(7797) Dominic Nurse (7798) Andrew Sanderc

## **North Shields Polytechnic Club**

(7800) Spencer Brown (7801) Bradley Clough  
(7804) David Green (7805) Jonathon Heane  
(7808) Jason Adam Nas (7809) David Quinn  
(7812) Alan Turner (7813) Chris Waite

## **North York Moors Ac**

(7814) Richard Atkins (7815) Jeffrey Belt  
(7818) Richard Fawcett (7819) Anthony Harnett  
(7822) Paul McGough (7823) Shaun O'Shea  
(7826) Paul Stocks (7827) Philip Utley

## **Northbrook AC**

(7828) Rory Anderson (7829) Robert Barry  
(7832) Tommy Dempse (7833) Martin McHugh  
(7836) Terry Moynihan (7837) Paul Robbins  
(7840) Ben Smith (7841) Darren Taplin

## **Norwich RR**

(7842) Steve Bell (7843) Will Buck  
(7846) Mat Porter (7847) Richard Sargeant  
(7850) Graham Waterin (7851) Carl White

## **Black & Yellow**

(7748) Wayne Bell (7749) Patrick Chesser  
(7752) John Gordon (7753) Olivier Heaslip  
(7756) Josh Snowden (7757) Edgars Sumskis  
(7760) Jake Waldron

## **Burgundy/white trim**

## **Gold/Black**

(7765) Kevin Dalton (7766) Brian Hainswort  
(7769) Martin Lofthous (7770) Andrew Peagram  
(7773) Nigel Scaife (7774) Simon Staiano  
(7777) Steven Turner (7778) Matthew Wilkins

## **Yellow with Red hoop**

(7781) Richard Corker (7782) Ashley Crow  
(7785) Henry Kay (7786) Sam Passingham  
(7789) Richard Start (7790) Daniel Teasel

## **Black/Blue,Green,Yellow Band**

(7795) Ian Furlong (7796) Philip Livermore  
(7799) Daniel Starkey

## **Red/blue, white band**

(7802) Graeme Cook (7803) William Ewens  
(7806) Vaughan Hemy (7807) Roger Mosedale  
(7810) Garry Robson (7811) William Robson

## **Black/gold band**

(7816) Darren Clements (7817) Barry Dunne  
(7820) Jack Hustwitt (7821) Ian Latimer  
(7824) Jonathan Parker (7825) Jonathan Skidmo

## **Black/green/yellow**

(7830) Kevin Coughlan (7831) Spencer Davies  
(7834) Lee McKervey (7835) Liam Mills  
(7838) Stephen Simpson (7839) Craig Slyde

## **Red/black,white**

(7844) David Houghton (7845) Anthony Millett  
(7848) Paul Smith (7849) Paul Sullivan  
(7852) Joe Woodley

**Pen: 186**

**Pen: 163**

**Pen: 233**

**Pen: 123**

**Pen: 136**

**Pen: 108**

**Pen: 121**

**Pen: 175**

**Pen: 227**

**Pen: 149**

# Senior Men

## Notts AC

(7853) Ben Abbott (7854) George Birt  
(7857) Harry Foster (7858) Sam Godwin  
(7861) Peter Hodgkinson (7862) David Keasey  
(7865) Gareth Little (7866) Steve Long  
(7869) John Muddeman (7870) Douglas Musson  
(7873) Cameron Smith (7874) Jonathan Thewlis  
(7877) Martin Whiteho (7878) Matthew Willia

## Nuneaton Harriers

(7880) Eric Fowler (7881) Alan William Glai  
(7884) Nicholas Wilson

## Oldham & Royton H & Ac

(7885) Paul Bartholome (7886) Nathan Hilditch  
(7889) Daniel Timperley

## Orion Harriers

(7890) Bill Bennett

## Orpington RR

(7891) Steven Georgiadi

## Otley AC

(7892) Antonio Cardinal (7893) Christopher Cha  
(7896) David Fox (7897) Nicholas Hodgkin  
(7900) Tom Lynch (7901) Andrew Roberts  
(7904) Andrew Webster

## Owls AC

(7905) Simon Allen (7906) Daniel Doyle  
(7909) Luke Ingram (7910) Chris McMillan

## Oxford University CCC

(7912) Luke Doughty (7913) James Knox

## PACTRAC

(7916) Mark Weathersb (7917) Richard Wright

## Penistone Footpath Runners & AC

(7918) Martin Ball (7919) Kelvin Bowskill  
(7922) Shaun Dimelow (7923) Steve Dommett  
(7926) Scott Hinchcliffe (7927) Peter Knight  
(7930) Luke McGuinness (7931) David Needham  
(7934) Matthew Robins (7935) Charlie Skipper

## Pensby Runners

(7937) Paul Alexander (7938) Rob Beech  
(7941) Kevin Charleston (7942) Chris Davies  
(7945) Gary Parker (7946) Ralph Pawling  
(7949) Richard Shayle

## Peterborough AC

(7950) Kirk Brawn (7951) Ben Heron  
(7954) James Skinner (7955) Shaun Walton

## White/Green/yellow

(7855) Nicholas Clarke (7856) William Dixon  
(7859) Tim Hartley (7860) Tim Hatton  
(7863) Stuart King (7864) Steven Leek  
(7867) Chris McGurk (7868) Samuel Mitchell  
(7871) Ben Norris (7872) Bruce Raeside  
(7875) Paul Thompson (7876) Alastair Watson  
(7879) Allan Wilson

## Red/blue

(7882) Christopher Jam (7883) Andrew Harris

## Red

(7887) Michael Mannin (7888) Lee Robinson

## White/Red/Black

## Yellow

## White/2 black hoops

(7894) Liam Dunne (7895) Rob Fearnley  
(7898) Howard Jeffrey (7899) Graham Lake  
(7902) Richard Smith (7903) Joseph Torr

## Black/White vertical stripes

(7907) Bilal Farah (7908) Scott Green  
(7911) Craig Twigg

## Dark blue/white patch on side

(7914) Joe Morrow (7915) Thomas Quirk

## Red/Black & White

## white, black side panel red stripe

(7920) John Broom (7921) Matthew Coldwe  
(7924) Keith Gordon (7925) Andrew Paul Hep  
(7928) Daniel Limb (7929) Richard MacKie  
(7932) Daren Nockels (7933) Oliver Simon Pik  
(7936) Jon Waller

## Turquoise/ Grey

(7939) Dan Bruffell (7940) Rob Chalmers  
(7943) Rob Grantham (7944) Alistair Malpas  
(7947) Nigel Pratten (7948) Simon Rogers

## White/blue, gold hoop

(7952) Oliver Mason (7953) Nathan Pople

Pen: 32 - 33

Pen: 116

Pen: 119

Pen: 70

Pen: 147

Pen: 245

Pen: 150

Pen: 247

Pen: 169

Pen: 208

Pen: 91

Pen: 71

# Senior Men

<b>Pitsea RC</b> (7956) James Russell		<b>Black and white</b>	<b>Pen: 146</b>
<b>Pocklington Runners</b> (7957) Tristan Featherb		<b>White with Royal Blue Side Panel</b>	<b>Pen: 178</b>
<b>Pontefract AC</b> (7958) Anthony Bowyer	(7959) David Kidd	<b>White/Purple</b> (7960) Steve Lowe	<b>Pen: 202</b>
<b>Poole Ac</b> (7961) Tom Austin	(7962) Peter Cornes	<b>Black/gold diagonal stripe</b>	<b>Pen: 204</b>
<b>Poole Runners</b> (7963) Joe Godden	(7964) Colin Somers	<b>Dark Blue/White/Light Blue</b> (7965) Rupert Tory	<b>Pen: 250</b>
<b>Preston Harriers</b> (7966) Daniel Bebbington (7970) Kevin Hesketh (7974) Chris Wales	(7967) Andy Benson (7971) Neil McDonald (7975) David Watson	<b>Blue/white/red</b> (7968) Simon Collins (7972) Simon Robinson (7976) Andy Whaley	(7969) Lee Foley (7973) Richard Smith (7977) Wesley Wilkinso <b>Pen: 94</b>
<b>Prestwich AC</b> (7978) Tom Alldred	(7979) Matthew Brenna	<b>Black &amp; Red</b> (7980) Paul Savage	(7981) Richard Shuttlew <b>Pen: 205</b>
<b>Pudsey &amp; Bramley AC</b> (7982) David Alcock (7986) Callum Hanson (7990) Chi Trinh	(7983) Neil Armitage (7987) Robert Hope	<b>Maroon/yellow stripe</b> (7984) Joe Baxter (7988) John Navis	(7985) Niall Bourke (7989) Graham Pilling <b>Pen: 110</b>
<b>Pudsey Pacers RC</b> (7991) Jake Birkby (7995) Thomas Keighley (7999) Robert Samuels	(7993) Robert Greaves (7996) Gareth Millard (8000) Johnny Scott	<b>Yellow/Black &amp; Red side panels</b> (7992) Robert Greaves (7997) Mark Orbell	(7994) Jon Holah (7998) Stephen Pattison <b>Pen: 212</b>
<b>Quakers RC</b> (8001) Lloyd Ashby (8005) David Ledgerwo (8009) Graham Park	(8002) James Atkinson (8006) Luke Minall (8010) Michael Thomps	<b>Black/white</b> (8003) Rob Dent (8007) Dave Murphy (8011) David Todd	(8004) Steve Howell (8008) Daniel Orton <b>Pen: 97</b>
<b>Quays RC</b> (8012) Lee Dunn	(8013) Phil Pennall	<b>Blue with Green.Black Stripe</b> (8014) Stephen Symons	<b>Pen: 88</b>
<b>Queensbury RC</b> (8015) Simon Brady (8019) Gary Rowling	(8016) Tom Collinge (8020) Chris Williams	<b>Orange/Green/White</b> (8017) Andrew Dovern	(8018) Alistair Galt <b>Pen: 115</b>
<b>Radcliffe AC</b> (8021) John Andrew (8025) Chris Paxton	(8022) John Gibbs (8026) Robert Short	<b>Yellow with Black trim</b> (8023) Steve Hamer (8027) Ian Warrington	(8024) Craig Norman (8028) Christopher Whit <b>Pen: 142</b>
<b>Radley AC</b> (8029) Alexander Miell-I		<b>Mauve/gold side stripe</b>	<b>Pen: 173</b>
<b>Ramsbottom RC</b> (8030) George Butler		<b>Black &amp; Slate Grey</b>	<b>Pen: 73</b>

# Senior Men

## Ranelagh Harriers

(8031) Ben Anderson  
(8035) Ian Kenton  
(8039) Peter Weir

(8032) Chris Brook  
(8036) Ross MacDonald

## Blue & Amber

(8033) Peter Haarer  
(8037) Mike Peace

(8034) Mark Herbert  
(8038) Vaughan Ramsay

**Pen: 96**

## Reading AC

(8040) Mark Booth  
(8044) Edward Stockdal

(8041) Ryan Faulkner  
(8045) Robert Tan

## Red/blue, white side panels

(8042) Luc Jolly

(8043) Arturo Martinez

**Pen: 144**

## Redhill RR

(8046) Clive Greyson  
(8050) Mark Salter  
(8054) Wyn Williams

(8047) Michael Horn  
(8051) Michael Stephen

## Red/white/grey

(8048) Martyn McHale  
(8052) Leigh Stubbs

(8049) Paul Newton  
(8053) Mark Webster

**Pen: 86**

## Reigate Priory AC

(8055) Thomas Almond  
(8059) Andrew Walker

(8056) Thomas Brightle

## Red

(8057) Paddy Patrick

(8058) Dave Rayner

**Pen: 195**

## Ribble Valley Harriers

(8060) Chris Barnes  
(8064) Christopher Hold

(8061) Thomas Corrigan  
(8065) Shaun Livesey

## Black

(8062) Callum Davidson  
(8066) John Sutton

(8063) Nick Gaskell  
(8067) Ben Walmsley

**Pen: 103**

## Richmond & Zetland Harriers

(8068) Mark Crawford  
(8072) Shaun Purkiss-M

(8069) Liam Fletcher  
(8073) Liam Rabjohn

## Red/diagonal white stripe

(8070) Anthony Jefford  
(8074) Robin Wilkin

(8071) Tony Lambert

**Pen: 119**

## Ripley RC

(8075) Matt Baker  
(8079) David Cope  
(8083) Ian Warton-Woo

(8076) Greg Bayliss  
(8080) Matt Jackson

## Green/2 yellow diagonal stripe

(8077) Luke Beresford  
(8081) Matt Jones

(8078) Robert Coates  
(8082) Dean Taylor

**Pen: 145**

## Roadhogs Leicester Ac

(8084) Brian Feldman

## Burgundy

**Pen: 224**

## Rochdale Harriers & AC

(8085) Nick Barton  
(8089) John Mayall  
(8093) Richard Stirzaker

(8086) Matthew Cox  
(8090) Jeff McCarthy  
(8094) Mark Walker

## Black/red amber diagonals

(8087) Ray Dalby  
(8091) Kristian Robinso  
(8095) Nick Walsh

(8088) Alex Frost  
(8092) Ian Stainthorpe

**Pen: 163**

## Rodillian Runners

(8096) Brent Carlin

(8097) Ian Harrison

## Green / Black

(8098) Robert Hoban

**Pen: 185**

## Rolls Royce Harriers

(8099) Tom Mowbray

## Blue/white hoop

**Pen: 154**

## Rossendale Harriers & Ac

(8100) Grant Cunliffe  
(8104) Joseph Johnston  
(8108) Andy Preston

(8101) Christopher Fell  
(8105) Alan Lundberg-B  
(8109) James Tipton

## Sky blue/navy, white diagonal

(8102) Andrew Grenfell  
(8106) Kevin McGilvray  
(8110) Sam Tosh

(8103) Michael Hunt  
(8107) Marcus Preedy  
(8111) Robert Webb

**Pen: 70**

## Rotherham Harriers & Ac

(8112) Sam Clegg  
(8116) Steve Dawson  
(8120) Jonathan Johnso  
(8124) Richard Parker

(8113) John Comrie  
(8117) James Gallacher  
(8121) Daniel Kestrel  
(8125) Gareth Sampson

## Black/white trim

(8114) Luke Cotter  
(8118) Philip Hoole  
(8122) Arron Larkin  
(8126) Steven Sims

(8115) Howard Darwin  
(8119) Aidan Johnson  
(8123) Lee Milburn  
(8127) Elliott Smales

**Pen: 238**

# Senior Men

## Rothwell Harriers & AC

(8128) Ross Blackburn (8129) Paul Brown  
(8132) Simon Garside (8133) Matt Kelly  
(8136) Brian Shaw (8137) Jason Westmorel

## Roundhay Runners

(8138) Matthew Blakele (8139) James Carvello  
(8142) Richard Gibbs (8143) John Irving  
(8146) Matthew Newell (8147) Stu Sklinar  
(8150) Ali White (8151) Jonathan Wills

## Royston Runners

(8152) William Bowers

## Rugby & Northampton Ac

(8153) Sam Blackshaw (8154) Vincent Carroll  
(8157) Nigel Roberts

## Rushcliffe Ac

(8158) Stephen Dickens (8159) Marlon Dunkley  
(8162) Adrian Freeman (8163) David Greenwood  
(8166) Jonathan Masto (8167) Danny McIntyre  
(8170) Harvey Sugden (8171) Russell Tuffin

## Saddleworth RC

(8174) Gerard Finnigan (8175) Kevin Jones

## Sale Harriers Manchester

(8176) Dan Appleby (8177) Mike Ashby  
(8180) Paul Barrett (8181) Nicholas Barry  
(8184) Conor Donaghy (8185) Chris Donnelly  
(8188) Olivier Gaillemin (8189) Euan Gilchrist  
(8192) David Howlett (8193) Kenneth Hunt  
(8196) Nigel Martin (8197) Gareth Raven  
(8200) Jamie Roden (8201) Callum Rowlinson  
(8204) Matthew Spragg (8205) Joseph Vis

## Salford Harriers & Ac

(8207) Paul Bannister (8208) Will Beauchamp  
(8211) Paul Creighton (8212) Ian Grime  
(8215) Michael Heaney (8216) Mathew Holt  
(8219) Philip Leybourne (8220) Bruno Lima  
(8223) Andrew Marsden (8224) Andrew Martin  
(8227) Phillip Quibell (8228) Trevor Rayner  
(8231) Benjamin Rix (8232) Stuart Robinson  
(8235) Paul Stephens (8236) Tony Taylor  
(8239) Luke Wordswort

## Salford Metropolitan Ac

(8240) Dave Cornes (8241) Ray Devine  
(8244) Matthew Hill (8245) David Hughes  
(8248) Anthony Salih (8249) Daniel Sate  
(8252) Darren Tyldesley (8253) Kevin Waterhous

## Yellow/black

(8130) William Collumb (8131) Steve Firth  
(8134) Hadrian Knight (8135) Marc Randall

## Royal Blue

(8140) James Clink (8141) Christopher Cob  
(8144) Tim Jenner (8145) Ben Moakler  
(8148) Joe Steele (8149) Andy Turner

## Black/Red

## Sky Blue & Black

(8155) William Gardner (8156) Robert Male

## Blue/white

(8160) Neil Emery (8161) Martin Findlay  
(8164) Paul Hendrick (8165) Morton Hoejbjer  
(8168) Graham Moffatt (8169) Marc Scott  
(8172) Derk Van Der Wa (8173) Andy Wardle

## Navy/White band

## Green/red, white bands

(8178) Sam Aspinwall (8179) Matthew Barnes  
(8182) Luke Betts (8183) Alex Bradford  
(8186) Rob Fairbanks (8187) George Frost  
(8190) Paul Green (8191) Gavin Hill  
(8194) Daniel Kashi (8195) Alastair Knockto  
(8198) David Rich (8199) Philip Robertson  
(8202) Nick Samuels (8203) Adam Sciacca  
(8206) James Wignall

## Red/white diagonal

(8209) Thomas Cornthw (8210) Jeremy Cosway  
(8213) Grant Gunn-And (8214) Carl Hardman  
(8217) David Hudson (8218) James Kovacs  
(8221) Chris Livesey (8222) John Lloyd  
(8225) Billy McCartney (8226) Gary Priestley  
(8229) Christopher Rich (8230) David Rigby  
(8233) Mark Russell (8234) John Seed  
(8237) Josh Tighe (8238) Philip West

## Maroon/blue hoop

(8242) Ben Farrelly (8243) Aaron Givens  
(8246) Girish Patel (8247) Mike Race  
(8250) Paul Stevenson (8251) Liam Towers  
(8254) Shane Wolstencr

**Pen: 148**

**Pen: 247**

**Pen: 208**

**Pen: 141**

**Pen: 224**

**Pen: 172**

**Pen: 36 - 37**

**Pen: 41 - 43**

**Pen: 128**

# Senior Men

## Saltaire Striders

(8255) Andy Brown  
(8259) Mohanlal Mistry

(8256) Stuart Dunbar  
(8260) Matthew Nowell

## Saltwell Harriers

(8262) Paul Blackett  
(8266) Fred Smith

(8263) John Clarke  
(8267) Paul Smith

## Sandhurst Joggers

(8269) Graham Robinso

## Scunthorpe & District Ac

(8270) Gary Crompton

(8271) Steve Heslop

## Sedgefield Harriers

(8273) Justin Cox

(8274) Sean Haycock

## Selby Striders

(8277) Alex Hoggard

## Serpentine RC

(8278) Damien Abram  
(8282) Gavin Edmonds  
(8286) Xavier Gruot  
(8290) Isaac Leigh  
(8294) Andrew Orr  
(8298) Hugh Torry  
(8302) Nathan Wilkins

(8279) Michele Bottone  
(8283) John Franklin  
(8287) Matthew Holden  
(8291) Sammy Li  
(8295) Darren Over  
(8299) Nicholas Torry  
(8303) Christopher Wrig

## Shaftesbury Barnet Harriers

(8304) Phillip Crout  
(8308) Thomas Kearns  
(8312) William Ryle-Hod

(8305) Orlando Edwards  
(8309) Robert Lightowle  
(8313) Adam Thorpe

## Sheffield RC

(8314) David Addenbro  
(8318) Afif El Amrani  
(8322) Stuart Little  
(8326) Jack Nuttgens  
(8330) Steven Ross  
(8334) James Thompson

(8315) Robert Addenbr  
(8319) Christopher Heg  
(8323) Neal Matthews  
(8327) Alex Plant  
(8331) Joseph Sweetna  
(8335) Jed Turner

## Sheffield Tri Club

(8337) Matt Reed

## Shelton Striders

(8338) Tim Bentley

(8339) Kenneth Malton

## Shrewsbury AC

(8340) Carl Aveyard  
(8344) William Preston

(8341) Luke Butler  
(8345) Stephen Waters

## Sinfin RC

(8346) Christopher Mor

(8347) Paul Stevenson

## Yellow/Blue

(8257) Martin Fillingha  
(8261) Matthew Richar

(8258) Will Kerr

## Red/white hoops

(8264) Scott Garrett  
(8268) Jim Thompson

(8265) Matt O'Brien

## Red

## Blue

(8272) Justin Stephenso

## White with Blue Stripe

(8275) Chris Lines

(8276) Ian Spencer

## Red/2 gold hoops

(8280) James Brown  
(8284) James Gillanders  
(8288) Hamilton Huxha  
(8292) Jonathan Moscro  
(8296) Tom Poynton  
(8300) James Turner

(8281) David Campbell  
(8285) Andrew Greenle  
(8289) William Lake  
(8293) Christopher Odd  
(8297) Benjamin Tolputt  
(8301) Philip Whitehous

## Black/white stripes

(8306) Matthew Grant  
(8310) Mark Pearce

(8307) David Greenstein  
(8311) Robert Rigby

## Light blue/black side bands

(8316) Tom Albone  
(8320) Chris Ireland  
(8324) Paul McWhirter  
(8328) Craig Renton  
(8332) Stephen Tanner  
(8336) Matthew Worthi

(8317) Craig Burrows  
(8321) Gareth Irvine  
(8325) Chris Moss  
(8329) Peter Robertsha  
(8333) Tim Tett

## Blue & Red

## Blue/White Stripes

## Royal Blue/Gold

(8342) Rob Fox

(8343) Matt Hall

## Green/white gold side stripe

Pen: 216

Pen: 126

Pen: 68

Pen: 225

Pen: 95

Pen: 82

Pen: 50 - 51

Pen: 193

Pen: 30 - 31

Pen: 176

Pen: 120

Pen: 81

Pen: 211



# Senior Men

## **Solihull & Small Heath AC**

(8348) Daniel Allen

(8349) Chris Dix

## **Gold/blue**

(8350) Steven Howes

(8351) Paul Lloyd

**Pen: 87**

## **South London Harriers**

(8352) Billy Casserley

(8353) Michael Chappell

(8356) Neil Danby

(8357) Tommy Elliott

(8360) Gary Laybourne

(8361) Joseph Lyne

(8364) Gareth Parr

(8365) Philip Pearson

## **White/Maroon**

(8354) Tim Cooke

(8355) Joe Croft

(8358) John Foss

(8359) Neil Hamilton

(8362) Paul Mitchell

(8363) Oliver Norman

(8366) Kevin Quinn

**Pen: 220**

## **South Shields Harriers & Ac**

(8367) Jalal Amin

(8368) Chris Camps

(8371) David Lyall

(8372) Jeff McGurty

(8375) Paul Stewart

(8376) Andrew Walker

## **White/2 royal blue hoops**

(8369) Lee Hetheringto

(8370) Daniel Josephs

(8373) David Myers

(8374) Colin Robson

(8377) Peter Walker

(8378) Miles Weston

**Pen: 217**

## **Southampton AC**

(8379) Daniel Baker

(8380) Max Costley

(8383) Mahamed Maha

(8384) Oliver Smith

## **Red/White stripes**

(8381) Paul Johnson

(8382) Jamie Knapp

(8385) Alexander Teute

(8386) Steven Underwo

**Pen: 137**

## **Southend On Sea Ac**

(8387) Richard Farr

(8388) Rhys Gillard

(8391) Oliver Kyriakides

(8392) Matthew Randall

(8395) Patrick Walsh

(8396) Thomas Walsh

## **Red/black, white side stripes**

(8389) Adam Hickey

(8390) Alec Louis Kyriaki

(8393) Joseph Ray

(8394) Lee Taylor

**Pen: 117**

## **Southport Waterloo AC**

(8397) Simon Coughlin

(8398) Mark Dunham

(8401) James Paybody

(8402) Alex Waddelove

## **Royal blue/gold band**

(8399) David Hamilton

(8400) Andrew Kershaw

(8403) Steve Ward

(8404) Steven Wilkinson

**Pen: 161**

## **Spa Striders**

(8405) Daniel Fleming

(8406) Keith Wilson

## **Green, red stripe**

**Pen: 197**

## **Sparkhill Harriers**

(8407) Tahir Akhtar

(8408) Charles Fentima

(8411) James Hannon

(8412) Craig Hinks

(8415) Andy Law

(8416) Andy Manning

(8419) Mark Pearce

(8420) Andrew Wadsw

## **Red/black hoop**

(8409) Patrick Finnegan

(8410) John Goulding

(8413) Simon Hodges

(8414) Graham Hygate

(8417) Robert Mills

(8418) Edward O'Neill

(8421) Paul Webster

**Pen: 67**

## **Spenborough & Dist AC**

(8422) Simon Bolland

(6001) Henry Carter

(8425) Kevin Ogden

(8426) Joe Sagar

## **Red/gold**

(8423) Daniel Dalton

(8424) Lee Dolman

(8427) Ian Wilson

**Pen: 81**

## **Sphinx Ac**

(8428) Barrie Adams

(8429) Wayne Broadbe

(8432) Anthony O Brien

(8433) Craig Robinson

## **Blue/gold band**

(8430) Kevin Dick

(8431) Allen El- Sour

**Pen: 143**

## **Springfield Striders RC**

(8434) Tim Brockington

(8435) Paul Broome

(8438) Gregory Deacon

(8439) Jonathan Hughes

## **White/yellow trim**

(8436) Stephen Bugden

(8437) Jon Byford

**Pen: 192**

## **St Albans Striders**

(8440) Colin Braybrook

(8441) Phillip Evans

(8444) Tim Searle

(8445) Ming Wang-Koh

## **Yellow/blue**

(8442) Michael Jack

(8443) Mike Jubb

**Pen: 170**

## **St Helens Sutton AC**

(8446) John Appleton

(8447) Matt Blake

(8450) Andrew O'Conno

(8451) Ian Roberts

(8454) Andrew Wilson

## **White/red & black diagonal**

(8448) John Greenall

(8449) Jake Healy

(8452) Chris Taylor

(8453) David Twigg

**Pen: 89**

# Senior Men

## St Theresa's AC

(8455) Martin Horbury

## Stadium Runners

(8456) Ian Sutcliffe

## Stafford Harriers

(8457) Michael Dobson

(8458) Spencer Holland

## Steel City Striders Rc

(8460) Malcolm Baggale

(8464) Stephen Clarke

(8468) Martin Greenoug

(8472) Chris Hodson

(8476) Benjamin Lewis J

(8480) Nick Kirk

(8484) Gareth Pert

(8488) Simon Ross

(8492) Ian Stinson

(8461) Andy Buck

(8465) Adam Close

(8469) James Grinham

(8473) Tim Holt

(8477) Stuart Jones

(8481) John Lea-Wilson

(8485) Rob Pilling

(8489) Timothy Peter Ry

(8493) Andrew Woffindi

## Stockport Harriers & AC

(8496) Grant Anderson

(8500) Ian Murdoch

(8497) James Corden

## Stopsley Striders

(8501) Charlie Jolly

(8502) Danny Kelly

## Stourbridge RC

(8505) James Bellamy

(8506) Steven Burch

## Stowmarket Striders RC

(8509) Tim Larke

(8510) Scott Williams

## Stratford Upon Avon AC

(8511) Malcolm Bowyer

(8515) David Smyth

(8512) Tim Hutchinson

(8516) Kieran Tursner

## Striders Of Croydon

(8517) Luke Burden

(8518) Andy Perks

## Stubbington Green Runners

(8519) Gordon Westley

## Sunderland Harriers & AC

(8520) Paul Blakey

(8524) Steven McMaho

(8528) Steve Rankin

(8532) Robert Walker

(8521) Aidan Crowe

(8525) Allan McManus

(8529) Paul Redman

(8533) Dale Wilkinson

## Sunderland Strollers

(8534) Richard Barker

(8538) Chris Dwyer

(8542) Callum Thom

(8535) Jamie Collin

(8539) Ken Maynard

## Green/Blue/White

Pen: 232

## Red with white stripes at the sides

Pen: 75

## Yellow/2 vertical black stripes

Pen: 92

(8459) Matthew Sargen

## Green/yellow

Pen: 38 - 40

(8462) Nick Burns

(8466) Simeon Cotterell

(8470) Chris Guy

(8474) Simon Hope

(8478) John Kilcoyne

(8482) Alasdair Menmui

(8486) Mark Platton

(8490) Kevin Sibley

(8494) Richard Wood

(8463) Ronan Charlton

(8467) Mark Andrew Gr

(8471) Thomas Hallowa

(8475) Keith Tud Jackso

(8479) Thomas King

(8483) Paul Middlemas

(8487) Hal Roberts

(8491) James Smith

(8495) Michael Wu

## Yellow with black trim

Pen: 139

(8498) Thomas Drabble

(8499) Jack Morris

## Red/Black

Pen: 84

(8503) Charles Nelis

(8504) Tom Rankin

## Red/ 2 white bands

Pen: 243

(8507) Robert Colman

(8508) Edward Davies

## Yellow/Black

Pen: 132

## Yellow/Black hoop

Pen: 180

(8513) Neil Musk

(8514) Michael Sheppar

## Yellow/green

Pen: 235

## Green/white

Pen: 118

## Royal Blue

Pen: 243

(8522) Craig Gunn

(8526) Paul Merrison

(8530) Karl Robinson

(8523) David Lash

(8527) Graeme Pullan

(8531) Darren Stoker

## Navy blue/white band

Pen: 206

(8536) John Cook

(8540) Shaun McFarlane

(8537) Andrew Dobinso

(8541) Richard Schorah

# Senior Men

## Sutton in Ashfield Harriers & AC

(8543) Dean Cross (8544) Anton Newell

## Sutton Runners

(8547) Darko Calina (8548) Abdulkadir Gula  
(8551) Paul McFarlane (8552) Sujan Shrestha

## Swindon Harriers

(8555) Luke Byrne (8556) Simon Byrne  
(8559) Simon Dill (8560) Chris Reade

## Swinton RC

(8561) Ani Das (8562) Steven Doxey  
(8565) Stuart Tucker (8566) Kevin Woodward

## Taunton AC

(8567) Adam Stokes (8568) Archie Walton

## Team Bath AC

(8570) Eliot Ball (8571) Craig Bridges  
(8574) Daniel Jones (8575) Chris Milbourne

## Team Derby Runner

(8577) Mark Ison

## Telford Ac

(8578) Jesse Betts (8579) Mathew Cox  
(8582) Paul O'Brien (8583) Nigel Tatton

## Thames Hare & Hounds

(8584) Jim Allchin (8585) Simon Baines  
(8588) James Chettle (8589) Anthony Doolittle  
(8592) Tom Greenwood (8593) Richard Hewitt  
(8596) James McMullan (8597) James Meiklejohn  
(8600) Jamie Parkinson (8601) Gordon Pearce  
(8604) Oliver Russell (8605) Andy Weir

## Thames Valley Harriers

(8607) Mohamud Aada (8608) Naol Abagibe  
(8611) Hugo Cayssials (8612) Robert Collins  
(8615) James Ellis (8616) Daniel Garcia Ras  
(8619) Gordon Low (8620) James Malcolm  
(8623) Oliver Newton (8624) Calum Nicol  
(8627) Antonio Silva (8628) Chris Smith  
(8631) Robert Vallance (8632) Olivier Wijtenbur

## The Stragglers RC

(8634) Simon Brazil (8635) Nick Brown  
(8638) Jim Desmond (8639) Tim Haughian  
(8642) Jonathan Parry (8643) Kevin Price

## Thurrock Harriers

(8645) Alec Finch

## White/red/green

(8545) David Ward (8546) Paul Whittingha

## Yellow/Black

(8549) Damien Hersey (8550) Neil McAlpine  
(8553) Tom Spooner (8554) Simon Thornhill

## Black & White quarters

(8557) Courtenay Chess (8558) Nyle Clinton

## Red/black & white hoop

(8563) Elliott Drummon (8564) Dan Sutton

## White/Navy,greenside panel

(8569) Joe Walton

## Blue/Yellow

(8572) Thomas Davies (8573) James Donald  
(8576) Aaron Pritchard

## Blue/White

Pen: 148

## Yellow/red, blue sides

(8580) James Egleston (8581) Dean Gapper

## White/black saltire

(8586) James Bartram (8587) Josh Carr  
(8590) Edmund Gazeley (8591) Nic Gould  
(8594) James Hoad (8595) Alastair Kennis  
(8598) Luuk Metselaar (8599) Richard Ollington  
(8602) Ben Reynolds (8603) Patrick Roddy  
(8606) David Wilson

## Light blue, black flashes

(8609) Richard Bell (8610) Greg Bennett  
(8613) Michael Crone (8614) Manuel Da Silva  
(8617) Richard Hooley (8618) Conor Kissane-W  
(8621) Andrew Mitchell (8622) Daniel Mulryan  
(8625) Stephen Norris (8626) Todd Oates  
(8629) Paulos Surafel (8630) Petros Surafel  
(8633) Sayed Yusuf

## Yellow & Black

(8636) Neil Carrington (8637) Malcolm Davies  
(8640) Andrew Hoseaso (8641) Ian Knight  
(8644) Simon Webb

## White/ Blue Chevron

Pen: 238

Pen: 74

Pen: 199

Pen: 150

Pen: 159

Pen: 169

Pen: 151

Pen: 148

Pen: 90

Pen: 28 - 29

Pen: 24 - 25

Pen: 100

# Senior Men

## Tipton Harriers

(8646) Andy Acha  
(8650) Andy Bentley  
(8654) Karl Fletcher  
(8658) Tom Holden  
(8662) Robert Sedgley  
(8666) Myles Wilson

## Tonbridge Ac

(8667) Samuel Avis  
(8671) Steven Brooks  
(8675) Anthony Cohen  
(8679) Anthony Crush  
(8683) Michael Ellis  
(8687) Simon Fraser  
(8691) Nathan Marsh  
(8695) Henry Pearce  
(8699) Kieran Reilly  
(8703) Toby Ryan  
(8707) Scott Shurmer  
(8711) Joseph Watts

(8668) Peter Bannister  
(8672) Stuart Brown  
(8676) Ben Cole  
(8680) Corey De'Ath  
(8684) Robbie Farnham-  
(8688) Alex Howard  
(8692) Euan Nicholls  
(8696) Mark Pitcairn-Kn  
(8700) Julian Rendall  
(8704) Graeme Saker  
(8708) Adam Styles  
(8712) Andrew Wood

## Torbay AAC

(8713) Martyn Breslan  
(8714) Anthony Raine

## Totley AC

(8716) Marcus Adams  
(8720) Steve Franklin  
(8724) Colin Lynch  
(8728) Jamie Rutherford

(8717) Samuel Allin  
(8721) Benjamin Griffith  
(8725) Samuel Mellor  
(8729) Bartholomew Sh

## Trafford AC

(8732) Dan Atkinson  
(8736) Dan Hill  
(8740) Richard Powell

(8733) Blake Ellis  
(8737) Greg Kelly  
(8741) Jeff Prest

## Trawden AC

(8743) Paul Oldham  
(8744) James Osborne

## Trent Park RC

(8745) Luke Barker  
(8746) Luke Bowie

## Trentham Rc

(8749) Mark Espley  
(8753) Daniel Jordan

(8750) Adrian Frost  
(8754) Pete O'Reilly

## Tring RC

(8757) Nigel Bunn  
(8758) Andrew Collings

## Tunbridge Wells Harriers

(8761) Andrew Howey  
(8762) Mel Taylor

## Green & White hoops

(8648) Tom Bains  
(8652) George Cunningh  
(8656) Nick Hardy  
(8660) Karl Lewis  
(8664) John Stroulger

(8649) Dean Bate  
(8653) Mark Fantom  
(8657) Zabie Hassan  
(8661) Paul Lucas  
(8665) Stuart Whitehou

## White/3 blue hoops

(8669) Tobin Bird  
(8673) Jamie Bryant  
(8677) Greg Cole  
(8681) Ryan Driscoll  
(8685) Steven Fennell  
(8689) Jack Keywood  
(8693) Maximilian Nich  
(8697) Dane Poore  
(8701) Adam Roeder  
(8705) Jordan Saul  
(8709) James Taylor

(8670) Daniel Bradley  
(8674) Alan Buckle  
(8678) Thomas Cox  
(8682) George Duggan  
(8686) Luke Fisher  
(8690) Ross Kinloch  
(8694) Cameron Payas  
(8698) Richard Puxty  
(8702) Luca Russo  
(8706) Mark Schofield  
(8710) Daniel Watt

## Yellow/Red stripe

(8715) Steve Weeks

## Green/White stripe

(8718) Thomas Beaumo  
(8722) Lee Kemp  
(8726) David Millns  
(8730) Sam Thompson

(8719) Felipe Del Solar  
(8723) Aidan Linskill  
(8727) Rob Owen  
(8731) Alistair Wood

## White/blue, gold, blue sash

(8734) Jay Ferns  
(8738) David Maher  
(8742) Matthew Sutton

(8735) Jacob Fletcher  
(8739) Simon O'Meara

## Black & White Stripes

## Green & White

(8747) Thomas Miller  
(8748) Michael Prior

## Green

(8751) Adam Grew  
(8755) Richard Washing

(8752) John Guest  
(8756) Luke Woodward

## Blue/white stripes

(8759) Chris Nicholls  
(8760) Mark Tikaram

## Yellow with royal blue Stripes

Pen: 48 - 49

Pen: 56 - 59

Pen: 179

Pen: 99

Pen: 194

Pen: 159

Pen: 68

Pen: 157

Pen: 223

Pen: 111

# Senior Men

## Tyne Bridge Harriers

(8763) Finn Affleck-Brod (8764) Alex Black  
(8767) Matt Davison (8768) James Dunce  
(8771) Michael Hedley (8772) John Hurse  
(8775) Nicholas Pearson (8776) Simon Pryde  
(8779) Carl Smith (8780) John Tollitt  
(8783) Matt Walker (8784) David Wright

## Tynedale Harriers & AC

(8785) Andy Green (8786) Ben Heathcote

## University of Birmingham AC & CCC

(8788) Joseph Read

## University of Leicester R & AC

(8789) Steven Ellis (8790) Andrew Holland

## University of Lincoln Athletics & CCC

(8791) Oliver Knight

## University of Manchester Ath & XC Club

(8792) Matthew Le Poid (8793) Laurence Skidmo

## University of Nottingham AC

(8794) Lee Taylor

## UTS RC

(8795) Andrew Cotgrav (8796) Matthew Goodw

## Vale Of Aylesbury AC

(8799) James Davis (8800) Clive Fallaize

## Vale Royal AC

(8803) Mark Crabtree (8804) Stuart Doyle  
(8807) Patrick Stradling (8808) Gareth Williams

## Valley Striders AC

(8810) Richard Balshaw (8811) Rob Bumstead  
(8814) Sean Cook (8815) Sam Davison  
(8818) Daniel Fisher (8819) Sean Fitzgerald  
(8822) Joel Giddings (8823) Benjamin Hall  
(8826) Roy Huggins (8827) Bob Jackson  
(8830) Vernon Long (8831) Gary Mann  
(8834) Ian Sanderson (8835) Paul Smith  
(8838) James Tarran (8839) Gwilym Thomas  
(8842) Tom Venning (8843) John Wallace

## Vegan Runners UK

(8846) Gareth Burdell (8847) Chris Cummins  
(8850) Dylan Rickerby (8851) Peter Simpson

## Victoria Park Harriers & Tower Hamlets Ac

(8853) Badar Al Raisi (8854) James Cordwell  
(8857) Jeremy Gold (8858) Dariusz Kabulski

## White/Black Hoop in middle

(8765) Alasdair Blain (8766) David Daniels  
(8769) Tom Elmer (8770) Marc Fenwick  
(8773) Simon Kristianse (8774) David Moir  
(8777) Andrew Quinn (8778) Jevan Robertson  
(8781) Paul Turnbull (8782) Cees Van Der La

## Black

(8787) Will Lloyd

## Red, Yellow & Blue

## Green

## Blue & Yellow

## Purple & Black

## Green with Yellow Strips

## Black with UTS Logo

(8797) Roger Graham (8798) Michael Stone

## Blue with White Hoop

(8801) Mark Fallaize (8802) Alan Roberts

## Blue/Yellow quarters

(8805) James Griffiths (8806) Colin Rathbone  
(8809) Nathan Williams

## White

(8812) Matt Carter (8813) Matt Chadwick  
(8816) Steve Dixon (8817) Mark Farrell  
(8820) Paul Fotherby (8821) Ken Fox  
(8824) Matthew Hallam (8825) Daryl Hibberd  
(8828) Graham Jones (8829) Huw Lippiatt  
(8832) Jon Pownall (8833) Dan Robins  
(8836) Tim Straughan (8837) Leroy Sutton  
(8840) Oliver Thornton (8841) Simon Vallance  
(8844) Steve Webb (8845) Paul White

## Black/green

(8848) Mark Gregory (8849) Gareth Morris  
(8852) Bob Templeman

## White/green, blue sash

(8855) Joseph Dale (8856) Greg Dival  
(8859) Samuel Priestley

Pen: 52 - 53

Pen: 188

Pen: 184

Pen: 114

Pen: 76

Pen: 142

Pen: 107

Pen: 216

Pen: 152

Pen: 158

Pen: 60 - 62

Pen: 118

Pen: 133

# Senior Men

## Wakefield District H & Ac

(8860) Ben Butler  
(8864) Christopher War

(8861) Andrew Cartwrig

## White/green hoops

(8862) Benjamin Khan

(8863) Stephen Tilford

**Pen: 78**

## Wallasey AC

(8865) Steven Armstron  
(8869) Derek McArdle

(8866) Phil Bird  
(8870) Jay Walker

## Red/club name

(8867) Matt Gillbanks

(8868) David McAlister

**Pen: 229**

## Wallsend Harriers & Ac

(8871) Simon Charlton  
(8875) Andrew Graham  
(8879) Simon Lyon  
(8883) Michael Skeldon

(8872) Joseph Collins  
(8876) Adam Hamilton  
(8880) Jordan Middelmi  
(8884) Andy Wigmore

## Green/Gold

(8873) Martin Crozier  
(8877) Danny Hughes  
(8881) Tim Nicholson

(8874) David Diston  
(8878) Michael Lindsay  
(8882) Keith O'Donnell

**Pen: 221**

## Warrington AC

(8885) Tom Greaves

## Red/White

**Pen: 69**

## Watford Joggers

(8886) Jack Chubb

(8887) Sean Collum

## Red/white

(8888) Gary Hilton

(8889) Steve Norris

**Pen: 74**

## Werrington Joggers

(8890) Jeff Lucas

(8891) Andrew Rawlins

## Yellow/blue band

(8892) Geoffrey Walden

**Pen: 65**

## Wesham RR & AC

(8893) Peter Bartlett  
(8897) Philip Leaver  
(8901) David Taylor

(8894) Martin Bates  
(8898) Andrew Owen  
(8902) Graeme Taylor

## Dark blue/light blue

(8895) Mark Belfield  
(8899) Mark Renshall  
(8903) Ben Wrigley

(8896) John Collier  
(8900) Nigel Shepherd

**Pen: 242**

## West Cheshire AC

(8904) Dave Alexander

(8905) Andrew Carter

## Purple

(8906) Andrew Clague

**Pen: 168**

## West Norfolk AC

(8907) Benjamin Colliso

(8908) Martin Koenigsb

## Red

(8909) Neil Watson

**Pen: 92**

## West Suffolk Ac

(8910) Michael Bartram

## Light blue and white

**Pen: 166**

## Westbury Harriers

(8911) Scott Campbell

(8912) Alex Hamblin

## White/blue band

(8913) Neville Metcalfe

(8914) Mike Mewse

**Pen: 221**

## Wetherby Runners AC

(8915) Richard Bewell  
(8919) Robert Whitaker

(8916) Nils Linstrum  
(8920) Paul Windle

## Orange/black

(8917) Alex Matthewso

(8918) Mark Tobin

**Pen: 108**

## Wharfedale Harriers

(8921) Alisdair Burns  
(8925) Robert Furness  
(8929) Robin Howie  
(8933) Adam Stirk

(8922) Paul Crabtree  
(8926) Sam Green  
(8930) David Kirkham  
(8934) Sam Watson

## White/blue,red stripe side panel

(8923) David Driver  
(8927) Ethan Thomas H  
(8931) Ted Mason

(8924) Steve Forster  
(8928) Christian Holmes  
(8932) David McGuire

**Pen: 246**

## Wigan & District H & AC

(8935) Paul Bryers  
(8939) Tony Foster  
(8943) Mark Morgan-Hil

(8936) Shaun Cunliffe  
(8940) Mike Harris  
(8944) Stuart Towns

## Black/red

(8937) Jeff Darbyshire  
(8941) Darren Jackson

(8938) Kevin Edwards  
(8942) Jonathan Kearsle

**Pen: 225**

# Senior Men

## Wilmslow RC

(8945) Richard Coen (8946) Rob Downs  
(8949) Nick Jackson (8950) Trevor Morris  
(8953) Andrew Whitting

## Wimbledon Windmilers

(8954) Khawaja Shahab

## Wimborne Ac

(8955) Robert Rawles

## Winchester & District AC

(8956) Sam Appleton (8957) George Belfield  
(8960) Robert Carter (8961) Dan Cunnington  
(8964) Steve Oliver (8965) Andrew Parkinso

## Windsor Slough Eton & Hounslow AC

(8968) Simon Millett (8969) James Tidd

## Wirral AC

(8971) Richard Bargh (8972) David Brockway  
(8975) Harley Henshaw (8976) Mark Hulmston

## Wolds Veterans RC

(8979) William Ward

## Wolverhampton & Bilston

(8980) Daniel Brazier (8981) Gareth Briggs  
(8984) David Norman (8985) Ben Pilsbury  
(8988) Fred Smith (8989) Lionel Spittle

## Woodford Green AC with Essex Ladies

(8990) David Barrett (8991) Simon Beedell  
(8994) Andrew Coleman (8995) Joshua Entwistle  
(8998) Angus Holford (8999) Phil Norman  
(9002) Bertie Powell (9003) Trevor Powell  
(9006) Thomas Spanyol (9007) Daniel William St

## Wreake & Soar Valley AC

(9010) Richard Botting (9011) Daniel Hallam

## Wreake Runners

(9014) Daniel Gadsby (9015) Richard Palmer

## Wrekin RR

(9017) Stephen Gill

## Wycombe Phoenix Harriers & AC

(9018) Joe Branch (9019) David Clark  
(9022) Tim Hogbin (9023) Oliver Kidd  
(9026) Sean Wilson (9027) Scott Wixon-Nels

## Yeovil Olympiads AC

(9028) Sam Sommerville

## Blue/yellow

(8947) Patrick Grannan (8948) Mike Hill  
(8951) Jim Pendrill (8952) Pete Stock

## Red,Black & white

## Red/Black sash

## Black/gold hoop

(8958) Wayne Bevan (8959) Guy Brayn  
(8962) George King (8963) James Moore  
(8966) Peter Sansome (8967) David Vossier

## Saxe blue/ 2 amber bands

(8970) Kieran Wye

## White/2 green hoops

(8973) Simon Dunk (8974) John Heap  
(8977) Stephen Spence (8978) Nick Wilson

## Black/gold trim

## White/yellow,green,red trim

(8982) Mark Homer (8983) Steven Hopkins  
(8986) Richard Preston (8987) Dave Smith

## Green/white hoops

(8992) Tom Beedell (8993) Peter James Cato  
(8996) Jolyon Everitt (8997) Alistair Holford  
(9000) Tony Pamphilon (9001) Tom Phillips  
(9004) Edward Shepher (9005) Darren Southcott  
(9008) Paul Stockings (9009) Harold Wyber

## Blue & White

(9012) Jake Harrison (9013) Tom Mahon

## White/blue, black bands

(9016) Brian Stevens

## Orange/White/Black

## Blue/red band

(9020) Paul Gilbert (9021) Kieran Gilfedder  
(9024) Vlad Nebolsin (9025) Andy Walling

## Orange,Blue Stripe

**Pen: 177**

**Pen: 213**

**Pen: 125**

**Pen: 79**

**Pen: 110**

**Pen: 171**

**Pen: 86**

**Pen: 111**

**Pen: 44 - 45**

**Pen: 192**

**Pen: 241**

**Pen: 93**

**Pen: 120**

**Pen: 128**

# Senior Men

## York Knavesmire Harriers

(9029) Jamie Arkle  
(9033) Simon Collins  
(9037) Simon Fricke  
(9041) Darren Hendley  
(9045) Richard Lowson  
(9049) John Nodder  
(9053) Chris Roberts  
(9057) Adrian Turner

(9030) Barry Atkinson  
(9034) Kim Critchley  
(9038) Nick Griffin  
(9042) Toby Hone  
(9046) Alistair McQueen  
(9050) Tom Ratcliffe  
(9054) James Sampford  
(9058) Robert Ward

## Yellow/black quarters

(9031) Danny Chan  
(9035) Pete Downes  
(9039) Giles Hawking  
(9043) Andrew Johnson  
(9047) John Middleton  
(9051) Daniel Reece Lor  
(9055) Richard Tarrega  
(9059) Tristan Watson

## Pen: 54 - 55

(9032) Andrew Clark  
(9036) Stefan Durkin  
(9040) Rory Henderson  
(9044) Abbas Kahn  
(9048) Chris Murphy  
(9052) Philip Richardson  
(9056) Ade Thear  
(9060) Nick Zissler