



# 2019 National XC Relays

## Senior Men

### Complete

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4				
120	01:30:03.100	138	Newark Ac 'B'	20:25.50 (117)	S Roberts	22:20.80 (122)	A Dix	23:56.55 (126)	L Braithwaite	23:20.25 (120)	J Talbot
121	01:30:30.250	184	Sheffield RC 'A'	19:57.40 (109)	R Cassy	21:06.50 (104)	G Lowry	22:32.65 (103)	J Thompson	26:53.70 (121)	C Heggis
122	01:30:40.100	103	Huntingdonshire Ac	19:36.00 (99)	D Preston	26:26.30 (147)	P Downhill	21:20.45 (129)	S Church	23:17.35 (122)	D Darnell
123	01:30:46.250	188	Southwell RC	20:08.75 (112)	D Wheat	24:09.25 (131)	D Corbett	24:55.75 (138)	P Orton	21:32.50 (123)	P Grogan
124	01:31:40.950	127	Mansfield Harriers 'C'	20:51.20 (126)	J Cooke	21:13.55 (114)	D Ward	24:02.80 (123)	M Fickling	25:33.40 (124)	R Lacey
125	01:31:48.550	113	Lancaster & Morecambe AC 'B'	26:29.20 (186)	K Rowlands	21:28.10 (164)	J Dalgleish	21:13.40 (135)	K Wilson	22:37.85 (125)	B Sache
126	01:32:48.900	163	Retford AC	21:05.60 (128)	A Kinsley	23:14.55 (132)	N Kendall	25:39.25 (143)	L Ellis	22:49.50 (126)	S Foster
127	01:33:01.100	143	North Derbyshire RC 'B'	21:48.30 (140)	A Todd	22:55.75 (134)	I Monaghan	23:07.65 (131)	D Houlton	25:09.40 (127)	M May
128	01:34:28.250	64	Doncaster AC 'C'	21:39.25 (136)	T Chisholm	23:13.60 (137)	A Cotterill	23:09.75 (132)	J Buxton	26:25.65 (128)	S Parkin
129	01:34:34.200	100	Holme Pierrepont RC 'C'	23:51.70 (168)	J Ho	23:25.40 (162)	W Meredith	21:29.00 (134)	J Sutherns	25:48.10 (129)	C Allen
130	01:34:52.750	74	Formula One Circuit Crew	21:42.25 (137)	M Jacobs	23:44.70 (143)	T Allman	26:29.70 (149)	S Taylor	22:56.10 (130)	M Nutt
131	01:34:52.800	13	Beeston AC 'B'	23:41.80 (166)	D Bish	23:13.35 (158)	P Wallis	23:46.45 (145)	C Pearce	24:11.20 (131)	M Mihaylov
132	01:34:54.200	199	Sutton In Ashfield Harriers & Ac 'C'	23:39.85 (164)	P Castledine	22:25.30 (149)	W Lowe	23:28.55 (141)	G Bird	25:20.50 (132)	A Newell
133	01:35:12.400	71	East Hull Harriers & Ac 'C'	23:07.10 (158)	J Lundy	23:52.25 (159)	P Nippres	22:11.60 (136)	T Cross	26:01.45 (133)	K Sharp
134	01:35:59.000	174	Rushcliffe Ac 'C'	22:23.80 (149)	D McIntyre	23:24.90 (144)	A Wardle	23:23.30 (137)	N Emery	26:47.00 (134)	R Tuffin
135	01:36:04.050	139	Newark Ac 'C'	21:37.60 (135)	T Bagguley	23:42.70 (142)	G Owens	27:50.00 (156)	B Shiel	22:53.75 (135)	C Braithwaite
136	01:36:06.000	15	Belper Harriers 'B'	22:17.20 (146)	D Horton	23:49.80 (150)	R Norman	25:36.15 (148)	M Weir	24:22.85 (136)	A Naylor
137	01:36:22.550	85	Harborough AC 'A'	22:38.00 (153)	D MacLean	22:22.50 (138)	R Hudson	24:53.50 (142)	G Rolfe	26:28.55 (137)	P Attenborough
138	01:36:28.050	189	Sparkhill Harriers 'A'	23:09.25 (159)	J Hannon	22:01.60 (140)	M Williams	27:16.75 (151)	R Mills	24:00.45 (138)	P Finnegan
139	01:36:53.850	43	City of Hull AC 'B'	22:58.90 (157)	S Glenville	26:46.20 (172)	C Horth	25:22.25 (162)	A Guymmer	21:46.50 (139)	P Clucas
140	01:37:23.350	145	North Shields Polytechnic Club 'A'	22:57.15 (156)	D Suleman	23:25.60 (152)	T Brannon	24:02.15 (144)	B Young	27:08.45 (140)	A Turner
141	01:37:48.950	196	Stilton Striders 'B'	23:50.80 (167)	S Botttrill	23:17.05 (161)	A Nicholls	26:53.55 (161)	J Houghton	23:47.55 (141)	A Ison
142	01:38:30.300	109	Kimberley & District Striders	24:09.60 (173)	S Haskard	23:48.35 (165)	D Mellor	23:15.30 (147)	G Storr	27:17.05 (142)	M Whitmill
143	01:39:02.700	16	Beverley AC	24:32.80 (175)	P Savage	20:16.40 (135)	S Walker	31:26.40 (166)	D Morrison	22:47.10 (143)	A Johnson
144	01:39:28.650	198	Sutton In Ashfield Harriers & Ac 'B'	21:24.85 (133)	N Burnside	24:52.35 (153)	D Crow	24:29.10 (146)	M Salisbury	28:42.35 (144)	B Whitehead
145	01:39:29.300	80	Grantham RC 'C'	21:58.55 (142)	S Jepson-Rivers	24:11.95 (151)	J Dodwell	23:04.20 (139)	G Meadows	30:14.60 (145)	W Baxter
146	01:39:35.200	72	Fitnams and Friends 'A'	25:17.40 (180)	N Thompson	22:08.75 (163)	M Sharp	25:18.75 (153)	J Walker	26:50.30 (146)	A Coy
147	01:39:38.350	193	Steel City Striders Rc 'B'	21:24.25 (132)	J Lea-Wilson	25:46.85 (154)	S Jones	28:54.20 (163)	T Bilsborough	24:23.05 (147)	A Davies
148	01:39:58.150	146	North Shields Polytechnic Club 'B'	21:43.80 (138)	V Hemy	25:18.15 (160)	J Nash	26:26.65 (158)	R Mosedale	26:28.75 (148)	D Hughes
149	01:40:05.300	166	Ripley RC 'B'	24:00.70 (169)	W Smithurst	24:41.80 (167)	M Baker	24:20.35 (155)	D Elliott	27:02.45 (149)	I Warton-Woods
150	01:40:13.050	30	Bourne Town Harriers 'B'	24:02.10 (170)	D James	25:18.15 (170)	P Galpin	24:03.95 (157)	S Adams	26:48.85 (150)	L Hanton
151	01:40:15.100	161	Redhill RR 'B'	23:28.65 (163)	T Raynor	26:34.00 (174)	P James	26:16.90 (167)	R Poynter	23:55.55 (151)	S Gelderd
152	01:40:18.500	149	Notts AC 'C'	24:35.20 (177)	A Williams	24:14.60 (168)	M Gibbons	24:53.50 (160)	S Leek	26:35.20 (152)	J Robinson
153	01:42:04.750	144	North Derbyshire RC 'C'	26:08.85 (185)	S Beddoe	23:21.90 (171)	W Church	26:34.65 (165)	G Bates	25:59.35 (153)	D Pendlebury
154	01:42:46.500	92	Hermitage Harriers 'B'	22:50.10 (155)	M Dumelow	22:15.45 (139)	M Kemp	35:00.05 (173)	E Quinn	22:40.90 (154)	D Pallett
155	01:43:03.250	44	City of Hull AC 'C'	24:54.20 (179)	W Murtagh	25:55.00 (175)	P Watkins	26:44.45 (170)	L Fletcher	25:29.60 (155)	J Abel
156	01:44:21.200	86	Harborough AC 'B'	24:08.50 (172)	I Barber	26:41.40 (177)	D Ward	27:16.90 (172)	K Dinsdale	26:14.40 (156)	M Hughes
157	01:44:32.350	216	Vegan Runners UK 'B'	25:37.40 (182)	G Burdell	23:21.35 (169)	K Hughes	23:37.20 (152)	M Salkild	31:56.40 (157)	R Catlin
158	01:46:45.550	73	Fitnams and Friends 'B'	25:39.90 (183)	A Pay	26:13.40 (179)	J Evans	25:57.55 (171)	A Abel	28:54.70 (158)	D Johnson
159	01:49:53.850	110	Kimberworth Striders	20:40.95 (125)	K Doyle	26:07.45 (157)	P Greenwood	26:11.05 (154)	E Lever	36:54.40 (159)	K Chapman
160	01:56:52.800	61	Desford Striders 'B'	30:00.45 (188)	C Jackson	25:07.65 (182)	M Page	34:43.65 (177)	D Miles	27:01.05 (160)	D Yarnall
161	02:00:00.000	7	Barnsley Harriers 'B'	28:38.70 (187)	N Armitage	25:42.05 (181)	J Shepherd	32:40.65 (176)	S Howes	32:58.60 (161)	D Howes

### Incomplete

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4				
1	00:54:17.400	20	Birtley AC	17:41.95 (48)	T Goulding	19:11.85 (55)	G Poulton	17:23.60 (37)	A Bales		
2	00:58:20.200	25	Blackheath And Bromley Harriers AC 'B'	18:37.70 (69)	T Desborough	19:36.35 (74)	M Cage	20:06.15 (69)	I Firla		
3	00:58:39.350	130	Marshall Milton Keynes AC 'C'	18:15.30 (61)	S Tuttle	20:05.55 (75)	J Vick	20:18.50 (72)	S Ratcliffe		
4	01:01:12.250	55	Dacorum & Tring AC 'A'	18:33.75 (67)	M Hamilton	20:13.50 (82)	B Kenny	22:25.00 (87)	R Rowlands		
5	01:02:47.850	171	Royal Sutton Coldfield AC	17:03.85 (31)	S Evans	22:47.00 (92)	A Blackham	22:57.00 (96)	N Blunt		
6	01:04:06.000	183	Sheffield Hallam University AC	18:47.10 (77)	S Cullen	18:52.90 (67)	J Benstead	26:26.00 (107)	S Gibbons		
7	01:04:23.900	206	Tipton Harriers 'B'	18:41.05 (73)	Runner A206	20:11.95 (83)	Runner C206	25:30.90 (108)	Runner B206		
8	01:05:34.350	152	Peterborough & Nene Valley AC 'C'	23:14.40 (161)	M Alderson	21:37.20 (136)	P Houlden	20:42.75 (116)	N Popple		
9	01:06:03.200	200	Taunton AC	20:21.50 (116)	J Heal	21:52.10 (116)	K Paul	23:49.60 (122)	R Brown		
10	01:11:57.900	45	City Of Norwich AC 'A'	34:44.85 (190)	B Spratling	18:42.55 (180)	G Crush	18:30.50 (150)	S Watson		
11	01:13:31.450	135	Morpeth Harriers & Ac 'B'	17:37.70 (44)	J Armstrong	18:06.00 (41)	P Winkler	37:47.75 (159)	J Scott		
12	01:15:27.500	5	Askern & District RC	21:52.55 (141)	D Marlow	29:24.45 (178)	S Pearson	24:10.50 (164)	P Collingwood		
13	01:16:30.000	140	Newark Striders RC	23:18.45 (162)	D Cross	25:18.05 (166)	G Tasker	27:53.50 (168)	S White		
14	01:17:16.000	28	Blackhill Bounders 'B'	25:25.95 (181)	B Anderson	24:28.15 (173)	S Bell	27:21.90 (169)	A Hughes		
15	01:22:22.550	190	Sparkhill Harriers 'B'	24:42.55 (178)	E O'Neill	26:06.95 (176)	A Law	31:33.05 (174)	A Edwards		
16	01:26:15.800	77	Grantham AC	24:22.65 (174)	P Davidson	34:11.75 (183)	D Eldridge	27:41.40 (175)	J Young		
17	01:33:16.600	90	Heanor RC 'C'	22:24.95 (150)	Runner A90	46:24.50 (184)	Runner C90	24:27.15 (178)	Runner D90		
18	00:34:01.150	182	Shaftesbury Barnet Harriers 'B'	16:51.35 (27)	T Butler	17:09.80 (16)	M Pearce				
19	00:34:51.000	154	Preston Harriers	16:34.40 (16)	D Bebbington	18:16.60 (28)	T Croken				
20	00:39:57.200	122	Liverpool Harriers & Ac 'B'	20:15.70 (114)	R Whiston	19:41.50 (94)	M Hughes				
21	00:43:21.300	107	Keighley & Craven Ac 'B'	22:07.15 (143)	P Crabtree	21:14.15 (128)	R Hudson				
22	00:45:19.200	52	City Of York AC 'B'	22:18.60 (147)	J Palmer	23:00.60 (141)	M Raynes				
23	00:46:27.000	105	Ilkeston RC 'B'	22:09.55 (144)	M Lambert	24:17.45 (155)	R Iliffe				
24	00:18:40.300	84	Hallamshire Harriers Sheffield 'B'	18:40.30 (72)	C Fishwick						
25	00:20:35.300	102	Holmfirth Harriers Ac 'B'	20:35.30 (121)	J Harman						
26	00:21:07.600	23	Blackburn Harriers & Ac 'C'	21:07.60 (129)	D Maynard						
27	00:22:39.300	47	City Of Norwich AC 'C'	22:39.30 (154)	R Ashton						
28	00:25:59.000	194	Steel City Striders Rc 'C'	25:59.00 (184)	R Pegg						
29	00:31:02.850	213	Vale Royal Ac 'B'	31:02.85 (189)	R Pettitt						