

2019 National XC Relays

Senior Women

Complete

Pos	Time	bib	Team	Leg1	Leg2	Leg3			
1	0:31:09.30	1085	Aldershot Farnham & District 'A'	00:09:52.60 (1)	E Hosker Thornhill	00:10:38.70 (1)	N Brown	00:10:38.00 (1)	L Hall
2	0:32:08.30	1178	Leeds City AC 'A'	00:10:21.55 (4)	B Owen	00:11:05.05 (3)	S Pennycook	00:10:50.70 (2)	J Walsh
3	0:32:35.00	1113	Cambridge & Coleridge AC 'A'	00:10:28.05 (10)	H Archer	00:11:07.50 (5)	V Knight	00:10:59.45 (3)	S Reid
4	0:32:43.65	1221	Sale Harriers Manchester 'A'	00:10:40.15 (12)	D Fegan	00:11:19.60 (9)	S Wood	00:10:43.90 (4)	S Samuels
5	0:32:56.00	1089	Basildon AC 'A'	00:10:18.95 (6)	G Kersey	00:11:24.25 (6)	E Houchell	00:11:12.80 (5)	R Wiseman
6	0:33:07.60	1210	Ribble Valley Harriers 'A'	00:10:26.70 (9)	E Bolton	00:11:08.50 (4)	C Lambert	00:11:32.40 (6)	H Stroud
7	0:33:07.75	1108	Bristol and West AC 'A'	00:11:02.00 (24)	I Talbot Price	00:11:21.20 (14)	N Griffiths	00:10:44.55 (7)	K Maltby
8	0:33:14.15	1117	CharnwoodAC 'A'	00:11:37.85 (47)	K Lomas	00:10:46.05 (15)	G Steel	00:10:50.25 (8)	J Potter
9	0:33:24.05	1179	Leeds City AC 'B'	00:10:23.25 (8)	G Malir	00:11:59.15 (13)	L Armouh	00:11:01.65 (9)	A Leake
10	0:33:25.95	1183	Lincoln Wellington AC 'A'	00:10:01.80 (2)	A Donnelly	00:11:05.95 (2)	R Harrison	00:12:18.20 (10)	L Wilkinson
11	0:33:31.20	1192	Milton Keynes Distance Project 'A'	00:10:21.45 (7)	D Chattenton	00:11:58.70 (12)	H Greenwood	00:11:11.05 (11)	C Arnell
12	0:33:41.50	1214	Rotherham Harriers And Ac 'A'	00:10:56.95 (19)	N Devine	00:11:33.45 (18)	Z Knappy	00:11:11.10 (12)	C Thackery
13	0:33:47.85	1215	Rotherham Harriers And Ac 'B'	00:10:59.80 (22)	N Hatswell	00:11:14.90 (10)	J Blizard	00:11:33.15 (13)	K Pearson
14	0:34:00.95	1165	Holmfirth Harriers Ac 'A'	00:11:10.10 (29)	R Sykes	00:11:30.00 (20)	L Byram	00:11:20.85 (14)	E Byram
15	0:34:03.80	1124	City Of Stoke Ac 'A'	00:10:12.35 (3)	K Holt	00:11:41.15 (7)	L Hayes	00:12:10.30 (15)	L Dawson
16	0:34:09.45	1248	Tonbridge Ac 'A'	00:10:50.50 (18)	K Marsh	00:11:45.40 (19)	C Bird	00:11:33.55 (16)	A Wood
17	0:34:10.60	1098	Birchfield Harriers 'A'	00:10:43.80 (14)	N Collier	00:11:43.70 (17)	G Hartigan	00:11:43.10 (17)	K Butler
18	0:34:11.80	1149	Hallamshire Harriers Sheffield 'A'	00:11:11.90 (31)	H Fletcher-Poole	00:11:12.75 (16)	R Lundgren	00:11:47.15 (18)	C Slack
19	0:34:12.40	1181	Leigh Harriers & Ac 'A'	00:11:18.70 (37)	O Stones	00:11:33.65 (24)	L Peplow	00:11:20.05 (19)	A Howarth
20	0:34:36.40	1222	Sale Harriers Manchester 'B'	00:11:17.20 (34)	E Downs	00:11:32.30 (23)	M Davies	00:11:46.90 (20)	J Downs
21	0:34:38.80	1261	Windsor Slough Eton & Hounslow AC 'A'	00:11:10.10 (30)	A Flint	00:11:53.65 (27)	C Johnson	00:11:35.05 (21)	C Firth
22	0:34:39.60	1116	Cambridge Harriers	00:11:18.40 (36)	S Sinha	00:11:28.35 (21)	N Sinha	00:11:52.85 (22)	C Ford
23	0:34:42.75	1101	Blackburn Harriers & Ac 'A'	00:11:43.35 (49)	A Ralph	00:10:11.05 (8)	J Judd	00:12:48.35 (23)	E Sagar-Hesketh
24	0:34:46.05	1160	Herts Phoenix Ac 'A'	00:10:41.80 (13)	K Mhlanga	00:12:18.15 (25)	S Judd	00:11:46.10 (24)	L Rowedder
25	0:35:04.15	1211	Ribble Valley Harriers 'B'	00:11:35.30 (42)	C Rice	00:11:52.15 (31)	N Squires	00:11:36.70 (25)	H Thornhill
26	0:35:09.55	1087	Aldershot Farnham & District 'C'	00:11:19.75 (39)	G Juknyte	00:11:49.45 (28)	K Stevens	00:12:00.35 (26)	A Weston
27	0:35:10.95	1199	Notts AC 'A'	00:11:04.80 (25)	H Robinson	00:12:08.50 (29)	K Lord	00:11:57.65 (27)	E Shirley
28	0:35:18.85	1189	Marshall Milton Keynes AC 'A'	00:11:06.25 (26)	E Roche	00:11:42.75 (22)	A Ritchie	00:12:29.85 (28)	A Roskilly
29	0:35:31.40	1086	Aldershot Farnham & District 'B'	00:11:32.75 (41)	S Ratcliffe	00:12:15.90 (38)	A Milnes	00:11:42.75 (29)	E Stevens
30	0:35:40.70	1158	Herne Hill Harriers 'A'	00:11:36.90 (46)	S Grover	00:12:00.85 (34)	M Pocock	00:12:02.95 (30)	J Wedmore
31	0:36:05.10	1184	Lincoln Wellington AC 'B'	00:11:39.55 (48)	C Cooney	00:12:03.70 (36)	H Haywood	00:12:21.85 (31)	C Hanson
32	0:36:09.95	1129	Dacorum & Tring AC 'A'	00:11:36.30 (44)	Runner A1129	00:12:20.55 (41)	Runner B1129	00:12:13.10 (32)	Runner C1129
33	0:36:19.95	1132	Derby AC 'A'	00:11:18.85 (38)	C Dover	00:12:20.40 (35)	C Reading	00:12:40.70 (33)	R Miller
34	0:36:27.90	1114	Cambridge & Coleridge AC 'B'	00:11:53.90 (54)	A Philip	00:12:39.85 (47)	R Sharpe	00:11:54.15 (34)	R Frake
35	0:36:32.00	1166	Holmfirth Harriers Ac 'B'	00:10:57.90 (20)	J Jagger	00:12:26.85 (30)	C Leaver-Hewitt	00:13:07.25 (35)	H Croft
36	0:36:59.60	1194	Morpeth Harriers & Ac	00:12:44.40 (70)	M Thompson	00:12:02.50 (50)	J Cram	00:12:12.70 (36)	R Falloon
37	0:37:06.85	1125	City Of Stoke Ac 'B'	00:12:03.90 (57)	M Vernon	00:12:13.60 (43)	L Matthews	00:12:49.35 (37)	J Donnelly
38	0:37:12.80	1235	St Albans Striders 'A'	00:11:43.90 (50)	P Bailey	00:12:12.35 (40)	L Waterlow	00:13:16.55 (38)	L Eckley
39	0:37:19.15	1264	Wirral AC	00:10:33.50 (11)	S Tarver	00:12:56.95 (32)	S Kearney	00:13:48.70 (39)	S Phelan
40	0:37:27.90	1119	City of Hull AC 'A'	00:11:36.10 (43)	N Curgenvon	00:13:16.85 (51)	N Bell	00:12:34.95 (40)	S Lhee
41	0:37:39.35	1151	Harborough AC 'A'	00:12:00.65 (56)	S Ward	00:11:55.40 (39)	H Eveleigh	00:13:43.30 (41)	J Hanmer
42	0:37:48.70	1162	Holme Pierrepont RC 'A'	00:11:52.75 (53)	G Coveney	00:12:49.30 (49)	C Lewis	00:13:06.65 (42)	H Sampson
43	0:37:52.55	1255	Valley Striders AC	00:12:58.85 (75)	R Bentley	00:12:35.55 (58)	M Jones	00:12:18.15 (43)	S Kemsshall
44	0:38:07.85	1202	Peterborough & Nene Valley AC 'A'	00:11:59.70 (55)	C Finlay	00:12:25.70 (45)	S Caskey	00:13:42.45 (44)	C Lydford
45	0:38:12.45	1126	City of York AC 'A'	00:11:09.00 (28)	C Mason	00:13:31.95 (48)	E Eadon	00:13:31.50 (45)	M Ledden
46	0:38:26.95	1120	City of Hull AC 'B'	00:12:26.75 (65)	T Roberts	00:12:49.95 (55)	N Bright	00:13:10.25 (46)	R Mason
47	0:38:45.45	1249	Tonbridge Ac 'B'	00:12:21.80 (64)	A Crockford	00:12:47.55 (52)	P Banbury	00:13:36.10 (47)	E Pitcairn-Knowles
48	0:38:46.85	1154	Harrogate Harriers & AC	00:12:13.95 (63)	I Rowe	00:13:46.55 (62)	C Wright	00:12:46.35 (48)	H Mercer-Jones
49	0:39:37.20	1130	Dacorum & Tring AC 'B'	00:12:45.50 (71)	K Dubouison	00:13:03.60 (61)	G Mann	00:13:48.10 (49)	K Arcy
50	0:39:39.30	1250	Trafford AC 'A'	00:12:49.90 (72)	A Cauley	00:13:25.90 (63)	M Monks	00:13:23.50 (50)	T Kemp
51	0:39:40.25	1105	Bournville Harriers 'A'	00:13:21.10 (84)	K Green	00:13:32.75 (67)	L Al-Ani	00:12:46.40 (51)	R Littlewood
52	0:39:42.35	1195	Newark AC 'A'	00:11:16.30 (33)	C Hubbard	00:12:46.10 (42)	R Gallup	00:15:39.95 (52)	A Monaghan
53	0:39:45.80	1128	Coventry Godiva Harriers	00:11:46.15 (51)	I Davis	00:13:27.50 (53)	K Anderson	00:14:32.15 (53)	S Charter
54	0:39:50.65	1186	Mansfield Harriers 'A'	00:11:14.90 (32)	N Yates	00:14:00.90 (54)	H Jones	00:14:34.85 (54)	A Mortiboy
55	0:40:07.20	1205	Queensbury RC	00:12:39.40 (68)	A McKechnie	00:13:47.45 (65)	J Horan	00:13:40.35 (55)	L Robinson
56	0:40:16.15	1168	Ilkeston RC	00:12:30.00 (67)	J Saunders	00:14:09.15 (66)	J Denman	00:13:37.00 (56)	M Denman
57	0:40:18.15	1200	Notts AC 'B'	00:13:03.85 (76)	C Charlton	00:14:06.55 (69)	L Read	00:13:07.75 (57)	B Peach
58	0:40:23.75	1150	Hallamshire Harriers Sheffield 'B'	00:11:51.95 (52)	L Fletcher	00:13:48.40 (60)	E Crownshaw	00:14:43.40 (58)	R Poole
59	0:40:31.80	1228	Sheffield RC 'A'	00:12:11.90 (60)	E McLeod	00:12:18.00 (46)	R Rose	00:16:01.90 (59)	A Dale
60	0:40:35.10	1170	Keighley & Craven AC	00:12:39.50 (69)	S O'Sullivan	00:14:58.05 (74)	K Atherton	00:12:57.55 (60)	S Bevan
61	0:40:48.90	1216	Rotherham Harriers And Ac 'C'	00:12:06.15 (58)	R Lancelley	00:13:24.25 (57)	J Reed	00:15:18.50 (61)	N Norton
62	0:41:00.30	1175	Kimberworth Striders 'A'	00:13:57.15 (97)	S Mills	00:13:48.95 (75)	A Marsden	00:13:14.20 (62)	R Hunt
63	0:41:23.80	1167	Holmfirth Harriers Ac 'C'	00:12:53.95 (73)	M Sykes	00:14:26.90 (71)	J Thomas	00:14:02.95 (63)	Z Storr
64	0:41:44.60	1099	Birchfield Harriers 'B'	00:11:26.05 (40)	J Lutwyche	00:12:51.50 (44)	S Conway	00:17:27.05 (64)	E Evans
65	0:41:50.00	1121	City of Hull AC 'C'	00:13:52.85 (94)	P Tarbet	00:13:30.15 (72)	C Turner	00:14:27.00 (65)	R Love
66	0:41:50.55	1217	Royal Sutton Goldfield AC	00:12:26.85 (66)	O Harris	00:13:54.75 (64)	G Delaney	00:15:28.95 (66)	R Thebridge
67	0:41:52.65	1206	Reading AC	00:10:46.85 (16)	S Crumly	00:12:49.45 (33)	A Godfrey	00:18:16.35 (67)	H Panting
68	0:41:52.95	1219	Rushcliffe Ac 'A'	00:13:30.60 (89)	C Todd McIntyre	00:14:17.75 (76)	K Malone	00:14:04.60 (68)	T Tuffin
69	0:41:54.50	1163	Holme Pierrepont RC 'B'	00:13:45.15 (92)	R Brandon	00:14:08.65 (77)	E Cupitt	00:14:00.70 (69)	A Gould
70	0:41:55.35	1173	Kimberley & District Striders 'A'	00:13:19.95 (83)	H Woods	00:13:55.90 (70)	K Herbert	00:14:39.50 (70)	R Sherman
71	0:42:07.55	1110	Buxton AC 'A'	00:13:22.85 (86)	D Hope	00:14:40.35 (79)	J Bednall	00:14:04.35 (71)	R Dowle
72	0:42:33.35	1201	Notts AC 'C'	00:13:25.60 (87)	B Neal	00:13:42.05 (68)	A Nash	00:15:25.70 (72)	L Dickinson
73	0:42:48.65	1093	Beeston AC 'A'	00:13:56.05 (96)	J Welburn	00:14:03.35 (78)	S Maybanks	00:14:49.25 (73)	G Thomas-Neher
74	0:43:01.25	1146	Grantham RC 'A'	00:15:05.35 (121)	C Davis	00:15:04.20 (99)	M Parczuk	00:12:51.70 (74)	S Chynoweth
75	0:43:03.00	1241	Sutton In Ashfield Harriers & Ac 'A'	00:13:13.10 (79)	C Watson	00:15:19.10 (83)	Y Robinson	00:14:30.80 (75)	T Parker
76	0:43:12.40	1135	Doncaster AC 'A'	00:13:09.30 (78)	J Kerry	00:16:01.25 (90)	J Felczerek	00:14:01.85 (76)	R James
77	0:43:17.45	1106	Bournville Harriers 'B'	00:13:54.80 (95)	A Price	00:14:08.90 (80)	L Gale	00:15:13.75 (77)	J Green
78	0:43:24.55	1237	Steel City Striders Rc 'A'	00:14:18.45 (101)	C Civico	00:14:50.60 (89)	D Kesterton	00:14:15.50 (78)	J Herring
79	0:43:30.20	1203	Peterborough & Nene Valley AC 'B'	00:14:59.75 (119)	S Watson	00:15:34.40 (104)	A Staines	00:12:56.05 (79)	R Jones
80	0:43:34.85	1187	Mansfield Harriers 'B'	00:13:51.90 (93)	B Armstrong	00:14:13.90 (81)	H Pritchett	00:15:29.05 (80)	C Hough
81	0:43:38.20	1253	Vale Royal AC 'A'	00:13:17.70 (80)	H Smith	00:15:44.20 (87)	L Gale	00:14:36.30 (81)	D Broad
82	0:43:59.00	1096	Belper Harriers	00:13:18.15 (81)	L Rowley	00:17:08.35 (103)	C Sheldon	00:13:32.50 (82)	K Kucharek
83	0:44:05.25	1197	North Derbyshire RC 'A'	00:12:54.95 (74)	H Barnett	00:15:46.95 (84)	S Witham	00:15:23.35 (83)	S Johnson
84	0:44:06.60	1190	Marshall Milton Keynes AC 'B'	00:14:37.20 (110)	F Yull	00:14:21.50 (86)	D Brent	00:15:07.90 (84)	D Baldwin
85	0:44:08.55	1207	Redhill RR 'A'	00:14:29.25 (104)	L Doyle	00:15:11.00 (93)	L Woolley	00:14:28.30 (85)	C Martin
86	0:44:23.85	1137	East Hull Harriers & Ac 'A'	00:14:49.65 (115)	C Fee	00:14:29.10 (92)	V Moverley	00:15:05.10 (86)	D Johnston
87	0:44:28.45	1155	Heanor RC 'A'	00:14:12.10 (100)	Runner A1155	00:14:45.50 (85)	Runner B1155	00:15:30.85 (87)	Runner C1155
88	0:44:42.50	1251	Trafford AC 'B'	00:14:01.35 (98)	L Mangan	00:14:07.65 (82)	N Desai	00:16:33.50 (88)	S Exon

2019 National XC Relays

Senior Women

Complete

Pos	Time	bib	Team	Leg1	Leg2	Leg3
89	0:45:06.15	1176	Kimberworth Striders 'B'	00:14:33.00 (108)	S Weatherall 00:16:04.30 (105)	H Woodburn 00:14:28.85 (89)
90	0:45:17.00	1238	Steel City Striders Rc 'B'	00:13:29.45 (88)	S Koriba 00:19:01.90 (122)	C Martin 00:12:45.65 (90)
91	0:45:17.90	1164	Holme Pierrepont RC 'C'	00:14:58.05 (118)	N Jones 00:15:09.40 (98)	S Chicken 00:15:10.45 (91)
92	0:45:21.25	1140	Fitmums and Friends 'A'	00:14:31.20 (106)	A English 00:14:46.50 (91)	J Hastings 00:16:03.55 (92)
93	0:45:48.35	1088	Barnsley Harriers	00:14:30.45 (105)	K Roberts 00:16:37.40 (110)	E Moorhouse 00:14:40.50 (93)
94	0:45:54.85	1240	Stilton Striders	00:13:06.10 (77)	K Hateley 00:16:02.75 (88)	A Fisher 00:16:46.00 (94)
95	0:45:56.90	1142	Formula One Circuit Crew 'A'	00:14:32.60 (107)	H Clarke 00:15:15.70 (94)	C Hill 00:16:08.60 (95)
96	0:46:02.30	1102	Blackburn Harriers & Ac 'B'	00:14:20.25 (102)	L Davies 00:15:35.95 (96)	M Teare 00:16:06.10 (96)
97	0:46:19.05	1208	Redhill RR 'B'	00:14:46.55 (114)	H Polak 00:15:05.55 (95)	N Wilson 00:16:26.95 (97)
98	0:46:27.50	1256	Vegan Runners UK 'A'	00:14:36.05 (109)	L Ambruleviciute 00:15:40.40 (100)	J MacKie 00:16:11.05 (98)
99	0:46:34.85	1091	Bedford & County AC 'A'	00:15:55.05 (117)	E Coombes (keech) 00:15:25.10 (101)	H Vinnicombe 00:16:14.70 (99)
100	0:46:42.65	1188	Mansfield Harriers 'C'	00:14:51.25 (116)	S Bradbury 00:16:36.30 (112)	A Purdue 00:15:15.10 (100)
101	0:46:47.35	1233	Sparkhill Harriers 'A'	00:14:39.55 (111)	C Bovill 00:15:26.10 (97)	E Donnelly 00:16:41.70 (101)
102	0:46:51.60	1172	Kendal Amateur AC 'B'	00:14:45.60 (113)	H Clark 00:16:00.20 (97)	P Bowen 00:16:05.80 (102)
103	0:47:00.00	1174	Kimberley & District Striders 'B'	00:14:28.05 (103)	E Harrison 00:17:35.80 (118)	K Newton 00:14:56.15 (103)
104	0:47:02.50	1156	Heanor RC 'B'	00:15:19.35 (128)	Runner A1156 00:15:46.95 (109)	Runner B1156 00:15:56.20 (104)
105	0:47:06.95	1171	Kendal Amateur AC 'A'	00:15:17.65 (113)	H Barker 00:16:21.05 (114)	J Nowell 00:15:28.25 (105)
106	0:47:19.20	1265	Worksop Harriers 'A'	00:15:25.25 (130)	C McGinley 00:16:18.95 (116)	T Hamilton 00:15:35.00 (106)
107	0:47:22.20	1111	Buxton AC 'B'	00:15:20.65 (129)	J Cudahy 00:17:10.45 (121)	A Thornton 00:14:51.10 (107)
108	0:47:28.65	1094	Beeston AC 'B'	00:15:14.20 (124)	N Mbodji 00:16:18.15 (113)	J Beverley 00:15:56.30 (108)
109	0:48:11.25	1220	Rushcliffe Ac 'B'	00:15:12.40 (122)	S Rathbone 00:17:13.90 (120)	V Wardle 00:15:44.95 (109)
110	0:48:13.95	1138	East Hull Harriers & Ac 'B'	00:15:48.70 (134)	S Oglesby 00:15:55.05 (115)	R Sharp 00:16:30.20 (110)
111	0:48:15.05	1242	Sutton In Ashfield Harriers & Ac 'B'	00:15:17.55 (126)	E Cable 00:15:36.15 (107)	M Cook 00:17:21.35 (111)
112	0:48:35.40	1134	Desford Striders	00:17:26.20 (145)	L Botterill 00:16:36.00 (128)	N Fraser 00:14:33.20 (112)
113	0:48:49.50	1147	Grantham RC 'B'	00:16:22.55 (137)	S Hull 00:16:39.00 (124)	S High 00:15:47.95 (113)
114	0:49:41.35	1157	Heanor RC 'C'	00:15:15.50 (125)	Runner A1157 00:16:30.55 (117)	Runner B1157 00:17:55.30 (114)
115	0:49:42.10	1143	Formula One Circuit Crew 'B'	00:14:42.70 (112)	C Millet 00:16:32.85 (111)	J Mallinson 00:18:26.55 (115)
116	0:49:49.30	1112	Buxton AC 'C'	00:15:43.90 (132)	S Bradley 00:18:01.50 (126)	C Narejko 00:16:03.90 (116)
117	0:50:16.70	1212	Ripley RC 'A'	00:17:14.30 (143)	S Hill 00:17:07.55 (131)	J Fitzpatrick 00:15:54.85 (117)
118	0:50:51.10	1198	North Derbyshire RC 'B'	00:15:12.75 (123)	K Anderson 00:18:57.90 (129)	K Grafton 00:16:40.45 (118)
119	0:50:55.55	1213	Ripley RC 'B'	00:15:45.80 (133)	T Heaslip 00:15:20.45 (108)	J Wharton-Howett 00:19:49.30 (119)
120	0:51:07.85	1243	Sutton In Ashfield Harriers & Ac 'C'	00:17:12.45 (142)	G Bacon 00:17:06.60 (130)	S Johnson 00:16:48.80 (120)
121	0:52:20.05	1152	Harborough AC 'B'	00:18:29.60 (148)	M Brocklebank 00:16:12.35 (132)	J Chapman 00:17:38.10 (121)
122	0:52:44.05	1139	East Hull Harriers & Ac 'C'	00:16:07.85 (135)	L Tichopad 00:19:26.00 (133)	C Wolstenholme 00:17:10.20 (122)
123	0:55:04.00	1209	Redhill RR 'C'	00:15:39.95 (131)	R Shambrook 00:16:56.45 (123)	H Thornley 00:22:27.60 (123)
124	0:56:17.30	1266	Worksop Harriers 'B'	00:17:10.95 (140)	S Staveley 00:19:32.75 (135)	K Dickinson 00:19:33.60 (124)
125	0:56:39.50	1153	Harborough AC 'C'	00:16:31.80 (138)	M Taylor 00:21:37.30 (136)	L Brooks 00:18:30.40 (125)
126	0:57:01.25	1136	Doncaster AC 'B'	00:16:55.20 (139)	J Cull 00:16:25.30 (125)	T Lane 00:23:40.75 (126)
127	0:59:23.40	1148	Grantham RC 'C'	00:18:15.75 (147)	K Marshall 00:21:24.30 (138)	Y Buckley 00:19:43.35 (127)

Incomplete

Pos	Time	bib	Team	Leg1	Leg2	Leg3
1	0:22:15.10	1244	Thames Hare & Hounds 'A'	00:11:00.20 (23)	B Murray 00:11:14.90 (11)	L Major
2	0:23:01.20	1224	Salford Harriers & Ac 'A'	00:11:07.50 (27)	S Bent 00:11:53.70 (26)	R Jones
3	0:23:45.70	1084	Abingdon AC	00:10:45.05 (15)	F Bunn 00:13:00.65 (37)	L Siddle
4	0:25:19.40	1262	Windsor Slough Eton & Hounslow AC 'B'	00:11:36.60 (45)	M Compton-Stewart 00:13:42.80 (56)	N Thompson
5	0:25:38.85	1185	Liverpool Harriers & AC	00:12:09.95 (59)	E Egan 00:13:28.90 (59)	H Hughes
6	0:27:23.20	1118	Charnwood AC 'B'	00:12:13.65 (62)	H Elliott 00:15:09.55 (73)	M Lomas
7	0:30:20.65	1239	Steel City Striders Rc 'C'	00:14:02.25 (99)	R Cooper 00:16:18.40 (102)	H Eberlin
8	0:32:20.05	1095	Beeston AC 'C'	00:16:21.50 (136)	L West 00:15:58.55 (119)	E Mihaylova
9	0:33:54.80	1141	Fitmums and Friends 'B'	00:17:11.60 (141)	Runner A1141 00:16:43.20 (127)	Runner B1141
10	0:35:44.95	1145	Grantham AC	00:18:05.25 (146)	J Davidson 00:17:39.70 (134)	E Hindmarsh
11	0:39:10.30	1177	Kimberworth Striders 'C'	00:17:24.65 (144)	C Saunders 00:21:45.65 (137)	L Taylor
12	0:10:18.50	1204	Preston Harriers	00:10:18.50 (5)	Runner A1204	
13	0:10:47.65	1169	Invicta East Kent AC	00:10:47.65 (17)	Runner A1169	
14	0:10:58.15	1123	City Of Sheffield And Dearne Ac	00:10:58.15 (21)	E Curran	
15	0:11:17.90	1260	Winchester & District AC	00:11:17.90 (35)	H Hall	
16	0:12:13.30	1122	City Of Norwich AC	00:12:13.30 (61)	A Clarke	
17	0:13:19.30	1225	Salford Harriers & Ac 'B'	00:13:19.30 (82)	B Robinson	
18	0:13:21.90	1104	Blackhill Bounders	00:13:21.90 (85)	L Young	
19	0:13:37.95	1223	Sale Harriers Manchester 'C'	00:13:37.95 (90)	L Tittensor	
20	0:13:39.85	1258	Wakefield District H & AC	00:13:39.85 (91)	S Bostwick (beavers)	
21	0:15:01.60	1107	Bournville Harriers 'C'	00:15:01.60 (120)	J Glynn	