

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:32:59	4012	Anna Moller	Aldershot Farnham and Distri	101	0:39:06	5150	Cadie Hibberd	Stratford Upon Avon AC
2	0:33:20	4156	Jessica Judd	Blackburn Harriers and AC	102	0:39:08	4992	Juliet Downs	Sale Harriers Manchester
3	0:33:45	4674	Bronwen Owen	Leeds City AC	103	0:39:10	4238	Rebecca Hair	Cambridge and Coleridge AC
4	0:33:56	4910	Jess Gibbon	Reading AC	104	0:39:11	5242	Harriet Woolley	Tonbridge AC
5	0:33:59	4230	Charlotte Dannatt	Camberley and District AC	105	0:39:12	4254	Aimee Seager	CharnwoodAC
6	0:34:04	4929	Eleanor Bolton	Ribble Valley Harriers	106	0:39:13	5365	Alice Flint	Windsor Slough Eton and Hou
7	0:34:06	4784	Dani Chattenton	Milton Keynes Distance Proje	107	0:39:15	4527	Julia Wedmore	Herne Hill Harriers
8	0:34:07	4677	Lauren Hynes	Leigh Harriers and AC	108	0:39:15	5026	Natasha Sheel	Serpentine RC
9	0:34:18	4686	Abbie Donnelly	Lincoln Wellington AC	109	0:39:19	4110	Alice Reed	Belgrave Harriers
10	0:34:39	4276	Iona Lake	City Of Norwich AC	110	0:39:20	4908	Suzy Whatmough	Ranelagh Harriers
11	0:34:42	4529	Elizabeth Janes	Herts Phoenix AC	111	0:39:22	4291	Donna Sherwin	City Of Stoke AC
12	0:34:47	4538	Hannah Viner	Highgate Harriers	112	0:39:24	4565	Julia Jagger	Holmfirth Harriers AC
13	0:34:49	4009	Lauren Hall	Aldershot Farnham and Distri	113	0:39:25	4518	Sarah Grover	Herne Hill Harriers
14	0:34:55	5373	Sophie Tarver	Wirral AC	114	0:39:26	4107	Mhairi Hall	Belgrave Harriers
15	0:35:00	4006	Niamh Brown	Aldershot Farnham and Distri	115	0:39:27	4486	Morgan Campbell	Havering AC
16	0:35:03	4670	Claire Duck	Leeds City AC	116	0:39:28	4622	Alexa Parker	Kent AC
17	0:35:09	4676	Jennifer Walsh	Leeds City AC	117	0:39:29	4248	Elsie Butler	CharnwoodAC
18	0:35:12	5285	Amelia Pettitt	Vale Royal AC	118	0:39:31	4203	Elaina Gard	Bristol and West AC
19	0:35:17	4015	Nancy Scott	Aldershot Farnham and Distri	119	0:39:32	4258	Rachel See	Cheltenham And County Harri
20	0:35:26	5239	Nicole Taylor	Tonbridge AC	120	0:39:33	4468	Charlotte Slack	Hallamshire Harriers Sheffield
21	0:35:37	4273	Sarah Astin	City Of Norwich AC	121	0:39:34	4785	Helene Greenwood	Milton Keynes Distance Proje
22	0:35:42	4673	Georgia Malir	Leeds City AC	122	0:39:35	4016	Emma Stevens	Aldershot Farnham and Distri
23	0:35:43	4253	Juliet Potter	CharnwoodAC	123	0:39:38	5133	Caroline Brock	Steel City Striders Rc
24	0:35:47	4679	Abigail Howarth	Leigh Harriers and AC	124	0:39:43	5221	Chloe Bird	Tonbridge AC
25	0:35:57	4911	Naomi Mitchell	Reading AC	125	0:39:46	5036	Stephanie Burns	Sheffield RC
26	0:36:04	4931	Caroline Lambert	Ribble Valley Harriers	126	0:39:49	4865	Katherine Hodgson	Nuneaton Harriers
27	0:36:09	5237	Lucy Reid	Tonbridge AC	127	0:39:49	4649	Mae Thompson	Kingston AC And Poly Harrier
28	0:36:17	4164	Emily Japp	Blackpool Wyre and Fylde AC	128	0:39:50	4618	Sarah Hanley	Kent AC
29	0:36:18	4988	Hannah Brown	Sale Harriers Manchester	129	0:39:51	4804	Sophie Goodfellow	Newcastle Staffs AC
30	0:36:22	4146	Molly Browne	Birmingham Running Athletic	130	0:39:52	4932	Nicola Squires	Ribble Valley Harriers
31	0:36:29	4534	Nina Griffith	Highgate Harriers	131	0:39:52	4846	Lisa Deacon	Notts AC
32	0:36:31	4568	Katie Walshaw	Holmfirth Harriers AC	132	0:39:56	5089	Anna Sharp	Southampton AC
33	0:36:41	5084	Laura Brenton	Southampton AC	133	0:39:57	4187	Imogen Peck	Bournville Harriers
34	0:36:42	4533	Yasmin Goater	Highgate Harriers	134	0:40:03	4797	Jessica Franklin	Newbury AC
35	0:36:44	4260	Bethany Garland	Chichester Runners and AC	135	0:40:07	4794	Rebecca Gallop	Newark AC
36	0:36:45	4795	Cloe Hubbard	Newark AC	136	0:40:09	5251	Jessica Prior	Trent Park RC
37	0:36:48	5176	Kate Drew	Taunton AC	137	0:40:10	4207	Emily Strathdee	Bristol and West AC
38	0:36:51	4672	Alice Leake	Leeds City AC	138	0:40:11	4215	Caroline Warrington	Bromsgrove and Redditch
39	0:36:54	5141	Elizabeth Apsley	Stockport Harriers and AC	139	0:40:11	4252	Jane Potter	CharnwoodAC
40	0:36:55	4562	Lucy Byram	Holmfirth Harriers AC	140	0:40:13	4279	Emma Jolley	City Of Portsmouth AC
41	0:36:59	4106	Georgie Fenn	Belgrave Harriers	141	0:40:19	5024	Sarah Pemberton	Serpentine RC
42	0:37:06	4991	Ellen Downs	Sale Harriers Manchester	142	0:40:20	4478	Claire Jones	Harrogate Harriers and AC
43	0:37:07	4782	Philippa Stone	Middlesbrough AC (mandale)	143	0:40:22	4485	Ginte Bailey	Havering AC
44	0:37:11	4909	Anna Boniface	Reading AC	144	0:40:29	4393	Sarah Flanagan	Eton Manor AC
45	0:37:11	4281	Bethany Ansell	City Of Sheffield And Dearn .	145	0:40:30	4142	Ella Shirley	Birchfield Harriers
46	0:37:12	5186	Claire Martin	Telford AC	146	0:40:32	4516	Karen Ellison	Herne Hill Harriers
47	0:37:13	4866	Polly Keen	Nuneaton Harriers	147	0:40:36	4355	Hannah Morris	Dorking and Mole Valley AC
48	0:37:15	5194	Bethanie Murray	Thames Hare and Hounds	148	0:40:37	4610	Emma Ford	Kenilworth Runners
49	0:37:16	4469	Charlotte Ward	Hallamshire Harriers Sheffield	149	0:40:39	5273	Frances Arnott	University Of Leicester Runnin
50	0:37:22	4063	Freya Beth Davis	Basingstoke and Mid Hants A	150	0:40:39	5215	Rebecca Turton	Tipton Harriers
51	0:37:24	4250	Lucy Jones	CharnwoodAC	151	0:40:39	4511	Libbie Read	Heaton Harriers and AC
52	0:37:27	5142	Mollie Williams	Stockport Harriers and AC	152	0:40:40	5087	Miriam Jones-Walters	Southampton AC
53	0:37:28	4930	Nichola Jackson	Ribble Valley Harriers	153	0:40:41	5188	Chloe Beckett	Thames Hare and Hounds
54	0:37:31	4454	Sarah Mercier	Guernsey AC	154	0:40:42	5337	Briquet Belfourd	Westbury Harriers
55	0:37:35	4282	Eleanor Curran	City Of Sheffield And Dearn .	155	0:40:42	4202	Katrina Entwistle	Bristol and West AC
56	0:37:39	5286	Elizabeth Renondeau	Vale Royal AC	156	0:40:44	4233	Belinda Dow	Cambridge and Coleridge AC
57	0:37:42	4232	Charlotte Christensen	Cambridge and Coleridge AC	157	0:40:46	5236	Polly Pitcairn-Knowles	Tonbridge AC
58	0:37:46	4208	Isabelle Talbot Price	Bristol and West AC	158	0:40:51	4339	Rebecca Miller	Derby AC
59	0:37:47	5192	Katy Hedgethorne	Thames Hare and Hounds	159	0:40:52	5043	Rachel Rose	Sheffield RC
60	0:37:51	4872	Alison Lavender	Oswestry Olympians	160	0:40:53	4464	Lilly Fletcher	Hallamshire Harriers Sheffield
61	0:37:51	4134	Kelly Butler	Birchfield Harriers	161	0:40:54	4545	Hannah Wells	Hillingdon AC
62	0:37:51	4952	Sophie Cowper	Rotherham Harriers And AC	162	0:40:55	4862	Eleanor Fowler	Nuneaton Harriers
63	0:37:53	4561	Erica Byram	Holmfirth Harriers AC	163	0:40:58	5376	Sheridan McWilliam	Wolverhampton and Bilston
64	0:37:55	4159	Jo Hickman Dunne	Blackheath And Bromley Harr	164	0:40:58	4162	Molly Betmead	Blackpool Wyre and Fylde AC
65	0:37:57	5381	Leah Harris	Worthing and District Harrier	165	0:40:59	4383	Alice Germana	Epsom and Ewell Harriers
66	0:37:59	4596	Georgia Campbell	Jarrow and Hebburn AC	166	0:41:01	4984	Fliss Tournant	Saffron Striders RC
67	0:38:02	4567	Ruby Sykes	Holmfirth Harriers AC	167	0:41:03	4582	Rachel Carter	Ilkley Harriers AC
68	0:38:03	4588	Hannah Pettersson	Ipswich Harriers	168	0:41:05	4651	Isabel Davis	Knowle and Dorridge RC
69	0:38:05	5195	Natalie Seymour	Thames Hare and Hounds	169	0:41:08	4854	Sarah MacKness	Notts AC
70	0:38:06	4465	Hannah May Fletcher-Poole	Hallamshire Harriers Sheffield	170	0:41:10	4075	Ellie Still	Bedford and County AC
71	0:38:08	5008	Ruth Jones	Salford Harriers and AC	171	0:41:11	4993	Jenny Evans	Sale Harriers Manchester
72	0:38:09	4773	Elle Roche	Marshall Milton Keynes AC	172	0:41:13	5407	Lucy Pinder	York Knavesmire Harriers
73	0:38:11	5356	Helen Hall	Winchester and District AC	173	0:41:15	4617	Eliza Grant	Kent AC
74	0:38:12	5193	Lauren Major	Thames Hare and Hounds	174	0:41:16	4160	Jessica Keene	Blackheath And Bromley Harri
75	0:38:12	5367	Hannah Novakovic	Windsor Slough Eton and Hou	175	0:41:17	5334	Joanna Male	West End Runners
76	0:38:13	4337	Chrissie Dover	Derby AC	176	0:41:17	4566	Claire Leaver-Hewitt	Holmfirth Harriers AC
77	0:38:13	4772	Alice Ritchie	Marshall Milton Keynes AC	177	0:41:19	4145	Elizabeth Watters	Birchfield Harriers
78	0:38:15	4017	Katie Stevens	Aldershot Farnham and Distri	178	0:41:20	5005	Sarah Carroll	Salford Harriers and AC
79	0:38:16	4953	Natasha Hatswell	Rotherham Harriers And AC	179	0:41:25	4659	Mary Hodgson	Lancaster and Morecambe At
80	0:38:18	4204	Natalie Griffiths	Bristol and West AC	180	0:41:25	4194	Laurie Marlow	Bracknell AC
81	0:38:19	5401	Emily Baines	York Knavesmire Harriers	181	0:41:27	4239	Fiona Hughes	Cambridge and Coleridge AC
82	0:38:20	4539	Victoria Walker	Highgate Harriers	182	0:41:29	4665	Zara Hadfield	Leamington Cycling and AC
83	0:38:31	4783	Cecilie Andersen	Milton Keynes Distance Proje	183	0:41:29	4292	Mandy Vernon	City Of Stoke AC
84	0:38:31	4109	Olivia Papaioannou	Belgrave Harriers	184	0:41:30	5343	Lucy Richens	Westbury Harriers
85	0:38:33	4234	Lucy Dowsett	Cambridge and Coleridge AC	185	0:41:30	4848	Naomi Elliott	Notts AC
86	0:38:34	5197	Chloe Baker	Thames Valley Harriers	186	0:41:31	5327	Kelly Barnett	Wellingborough and District /
87	0:38:37	4275	Lauren Howe	City Of Norwich AC	187	0:41:31	4268	Amy Weyers	Chorlton Runners
88	0:38:37	4295	Charlotte Mason	City of York AC	188	0:41:34	4902	Natalie Haarer	Ranelagh Harriers
89	0:38:40	4771	Lara Bromilow	Marshall Milton Keynes AC	189	0:41:37	5155	Kelley Haniver	Stubbington Green Runners
90	0:38:45	4338	Bethan Hudson	Derby AC	190	0:41:39	4048	Gemma Knudsen	Avon Valley Runners
91	0:38:45	4623	Katie Rowland	Kent AC	191	0:41:41	5360	Jennifer Ball	Windsor Slough Eton and Hou
92	0:38:48	4559	Helen Berry	Holmfirth Harriers AC	192	0:41:44	5303	Helen Beck	Wakefield District H and AC
93	0:38:50	4004	Cordelia Parker	Abingdon AC	193	0:41:44	4754	Heather Hughes	Manchester YMCA Harriers
94	0:38:52	4332	Cas Jackson	Dartford Harriers AC	194	0:41:45	4880	Sarah Caskey	Peterborough and Nene Valle
95	0:38:53	4014	Sally Ratcliffe	Aldershot Farnham and Distri	195	0:41:47	4288	Victoria Hughes	City Of Stoke AC
96	0:38:58	4475	Sharon Barlow	Harrogate Harriers and AC	196	0:41:48	4274	Cat Cummings	City Of Norwich AC
97	0:38:58	4682	Olivia Stones	Leigh Harriers and AC	197	0:41:49	4047	Bethan Francis	Avon Valley Runners
98	0:39:03	4271	Sophie Lee	City of Hull AC	198	0:41:52	4436	Bethan Moor	Gloucester AC
99	0:39:04	4933	Hannah Stroud	Ribble Valley Harriers	199	0:41:53	5224	Alexandra Crockford	Tonbridge AC
100	0:39:04	4809	Rebecca Twardochleb	Newcastle Staffs AC	200	0:41:54	5143	Grace Allen	Stourbridge RC

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:41:54	5290	Jihanna Bonilla-Allard	Valley Striders AC	301	0:44:27	4001	Andrea Cobo	Abbey Runners
202	0:41:56	5358	Samantha Parkinson	Winchester and District AC	302	0:44:27	5350	Emma Carter	Winchester and District AC
203	0:41:57	4298	Anna Jurkiewicz	Clapham Chasers	303	0:44:27	5189	Jessica Davies	Thames Hare and Hounds
204	0:41:57	4328	Jade Hutchinson	Darlington H and AC	304	0:44:29	4966	Olivia Harris	Royal Sutton Coldfield AC
205	0:42:01	4148	Eloise Lee	Birmingham Running Athletic	305	0:44:31	4985	Helen Armitage	Sale Harriers Manchester
206	0:42:03	4121	Victoria Croucher	Bexley AC	306	0:44:31	4087	Lucy Grant	Beeston AC
207	0:42:06	4294	Libby Brown	City Of York AC	307	0:44:32	4434	Gemma Collier	Gloucester AC
208	0:42:08	4479	Helen Mercer-Jones	Harrogate Harriers and AC	308	0:44:32	4481	Emma Robinson	Harrogate Harriers and AC
209	0:42:09	4423	Charlotte Svenson	Fulham RC	309	0:44:33	4183	Maeve Kenny	Bournville Harriers
210	0:42:10	5240	Lucy Thompson	Tonbridge AC	310	0:44:34	4392	Claire Fisher	Eton Manor AC
211	0:42:10	5175	Kirstie Booth	Taunton AC	311	0:44:35	5382	Rebecca Miles	Wreake and Soar Valley
212	0:42:11	4280	Emma Montiel	City Of Portsmouth AC	312	0:44:35	5025	Sonia Pignorel	Serpentine RC
213	0:42:11	4540	Emily Young	Highgate Harriers	313	0:44:37	4577	Cathy Ayton	Ilkeston RC
214	0:42:12	4384	Naomi Lenane	Epsom and Ewell Harriers	314	0:44:37	4356	Yvette Dore	Dulwich Runners AC
215	0:42:14	5241	Liz Weeks	Tonbridge AC	315	0:44:39	4137	Sarah Conway	Birchfield Harriers
216	0:42:17	4525	Shannon Sinclair	Herne Hill Harriers	316	0:44:39	4489	Madeleine Ding	Headington RR
217	0:42:18	4176	Monica Baptista	Bournville Harriers	317	0:44:40	5178	Amy Britton	Team Bath AC
218	0:42:19	5388	Gabrielle McNeelance	Wreake Runners	318	0:44:42	4152	Lorna Graham	Birtley AC
219	0:42:20	4046	Veryan Cranston	Avon Valley Runners	319	0:44:47	4297	Lucy Hancock	Clapham Chasers
220	0:42:23	4996	Emma Finney	Sale Harriers Manchester	320	0:44:48	4496	Rachel Shaw	Headington RR
221	0:42:24	5257	Deborah Thomas	Trentham Rc	321	0:44:49	4816	Louise Hayes	North Shields Polytechnic Clu
222	0:42:27	4341	Veleska Willis	Derby AC	322	0:44:50	5159	Lisa Staley	Sutton in Ashfield Harriers an
223	0:42:28	5385	Emily Hollis	Wreake Runners	323	0:44:52	5397	Natasha Taylor	Wycombe Phoenix Harriers a
224	0:42:29	4361	Amy Etherington	Durham City Harriers and AC	324	0:44:52	4333	Chloe Scotchbrook	Datchet Dashers
225	0:42:30	5058	Helen Heley	Silson AC	325	0:44:53	4081	Caitlin Bradbury	Beeston AC
226	0:42:31	4132	Lesley Watson	Bingley Harriers and AC	326	0:44:54	4345	Charlotte Kenny	Derwent Runners (derby)
227	0:42:31	4955	Robyn Lanceley	Rotherham Harriers And AC	327	0:44:55	4241	Vashti MacDonald-Clink	Cambridge and Coleridge AC
228	0:42:31	5253	Kerry Dixon	Trentham Rc	328	0:44:57	5232	Jacqueline O'Reilly	Tonbridge AC
229	0:42:32	5276	Tam Calder	University of Nottingham AC	329	0:44:58	4189	Alison Price	Bournville Harriers
230	0:42:33	4371	Hayley Simpson	East Cheshire Harriers and Ta	330	0:45:00	4380	Nina Mason	Elvet Striders
231	0:42:33	4180	Katherine Green	Bournville Harriers	331	0:45:03	5050	Pascale Holden	Shelton Striders
232	0:42:34	4205	Ellen Harrison	Bristol and West AC	332	0:45:05	4777	Lottie Riddle	Matlock AC
233	0:42:35	4716	Genevieve Weston	London Heathside	333	0:45:06	4945	Bethan Faulkner	Rochdale Tri Club
234	0:42:36	5280	Cara Gibbons	Vale Royal AC	334	0:45:07	4418	Hannah Farrow	Fulham RC
235	0:42:36	4570	Janet Rashleigh	Horwich R M I Harriers	335	0:45:07	4069	Lynn Emmett	Beccles and Bungay Harriers
236	0:42:39	4572	Shelley Duffy	Huntingdonshire AC	336	0:45:08	5017	Daisy Gladstone	Serpentine RC
237	0:42:40	5332	Lucy Ellis	West End Runners	337	0:45:11	5107	Natasha Geere	Spensborough and Dist AC
238	0:42:42	5411	Sophia Tucker	Grantham AC	338	0:45:12	5370	Natalie Thompson	Windsor Slough Eton and Ho
239	0:42:44	5179	Lizzi Pitt	Team Bath AC	339	0:45:14	4778	Louise Rowley	Matlock AC
240	0:42:44	4247	Grace Miles	Cambridge University Hare ar	340	0:45:19	4267	Sarah Renshaw	Chorlton Runners
241	0:42:45	4620	Teresa Murphy	Kent AC	341	0:45:20	4320	Anna Corby	Croydon Harriers
242	0:42:48	5394	Melanie Phair	Wycombe Phoenix Harriers ai	342	0:45:21	5099	Jane Bartholomew	Sparkhill Harriers
243	0:42:50	4743	Alannah Birtwistle	Macclesfield Harriers and AC	343	0:45:22	5013	Laura Carmichael	Serpentine RC
244	0:42:51	4237	Chloe Haines	Cambridge and Coleridge AC	344	0:45:27	4700	Isobel Mastroolonardo	Loftus and Whitby AC
245	0:42:52	4144	Frances Vickers	Birchfield Harriers	345	0:45:28	5228	Susan Jeddo	Tonbridge AC
246	0:42:53	5147	Tamara Jordan	Stowmarket Striders RC	346	0:45:28	4819	Patricia Speedie	North York Moors AC
247	0:42:54	5260	Mairi Clancy	Tyne Bridge Harriers	347	0:45:30	4398	Jane Rukin-White	Eton Manor AC
248	0:42:56	5309	Rebecca Blacklock	Wallasey AC	348	0:45:32	4595	Victoria Wright	Istead and Ifield Harriers
249	0:42:58	4844	Joanne Clamp	Notts AC	349	0:45:33	4477	Sarah Gill	Harrogate Harriers and AC
250	0:43:02	4242	Rebecca Sharpe	Cambridge and Coleridge AC	350	0:45:37	4564	Lucy Farquhar	Holmfirth Harriers AC
251	0:43:02	4488	Robyn Matson	Havering AC	351	0:45:38	4313	Michelle Stevens	Congleton Harriers
252	0:43:03	4769	Natasha Baker	Marshall Milton Keynes AC	352	0:45:39	5405	Kate Osborn	York Knavesmire Harriers
253	0:43:05	4157	Ellen Sagar-Hesketh	Blackburn Harriers and AC	353	0:45:39	4097	Catherine Simkins	Beeston AC
254	0:43:06	4085	Sophie Eadsforth	Beeston AC	354	0:45:44	5162	Amber Brough-Nuesink	Sutton Runners
255	0:43:06	4520	Katie Kedward	Herne Hill Harriers	355	0:45:44	4980	Debbie Stevens	Rushcliffe AC
256	0:43:07	5252	Jayne Dickens	Trentham Rc	356	0:45:45	5110	Sara Wallace	Spensborough and Dist AC
257	0:43:07	4491	Amy Johnson	Headington RR	357	0:45:46	4451	Kelly Dicks	Great Western Runners
258	0:43:08	4750	Kirsty Matthews	Maidenhead AC	358	0:45:47	4438	Beth Grogan	Goole Youth AC
259	0:43:12	5234	Ellen Pitcairn-Knowles	Tonbridge AC	359	0:45:48	4796	Rebecca Downie	Newbury AC
260	0:43:14	4235	Emma Etheredge	Cambridge and Coleridge AC	360	0:45:48	5173	Rebecca Mills	Swinton RC
261	0:43:15	5002	Jane Victoria Thomas	Sale Harriers Manchester	361	0:45:49	4615	Susannah Fairbrass	Kent AC
262	0:43:16	5297	Amy Casson	Vegan Runners UK	362	0:45:52	5269	Hannah Stewart	Tyne Bridge Harriers
263	0:43:17	4685	Francesca Ryde	Leighton Buzzard Tri Club	363	0:45:53	4705	Erika Kulikova	London Fronrunners
264	0:43:19	4105	Mimi Corden-Lloyd	Belgrave Harriers	364	0:45:54	4687	Amy Rockall	Lincoln Wellington AC
265	0:43:23	5250	Melanie Monks	Trafford AC	365	0:45:57	5160	Claire Watson	Sutton in Ashfield Harriers an
266	0:43:25	4869	Helen Talbot	Nuneaton Harriers	366	0:45:59	4228	Samantha Willis	Buxton AC
267	0:43:27	5255	Joanne Stanfield	Trentham Rc	367	0:46:00	4981	Cheralynne Todd McIntyre	Rushcliffe AC
268	0:43:29	5357	Charlotte Hoskins	Winchester and District AC	368	0:46:02	5403	Grace Kelleher	York Knavesmire Harriers
269	0:43:30	4443	Sarah Chynoweth	Grantham RC	369	0:46:04	5171	Charlotte Wilton	Swindon Harriers
270	0:43:33	4817	Carla Maley	North Shields Polytechnic Clu	370	0:46:05	5018	Katie Hickling	Serpentine RC
271	0:43:34	4153	Lisa Short	Birtley AC	371	0:46:05	4514	Helen Davies	Hercules Wimbledon AC
272	0:43:34	5321	Sarah Robson	Wallsend Harriers and AC	372	0:46:06	4982	Elizabeth Tomlin	Rushcliffe AC
273	0:43:35	4989	Anne Chinoy	Sale Harriers Manchester	373	0:46:07	5389	Christine Symms	Wrekin RR
274	0:43:36	4358	Rebecca Schulleri	Dulwich Runners AC	374	0:46:08	4856	Beth Neal	Notts AC
275	0:43:36	4008	Megan Gildea	Aldershot Farnham and Distri	375	0:46:10	5238	Nicola Summerfield	Tonbridge AC
276	0:43:36	4359	Katie Styles	Dulwich Runners AC	376	0:46:11	4487	Clare Davies	Havering AC
277	0:43:38	5220	Pandora Banbury	Tonbridge AC	377	0:46:13	4753	Joanna Knapman	Manchester Tri Club
278	0:43:46	5268	Kathryn Stevenson	Tyne Bridge Harriers	378	0:46:17	4793	Rosie Beadle	Newark AC
279	0:43:50	4569	Liz Woodfield	Holmfirth Harriers AC	379	0:46:18	5245	Amy Cauley	Trafford AC
280	0:43:51	4127	Sarah Dewhirst	Bingley Harriers and AC	380	0:46:21	5306	Hayley Newbound	Wakefield District H and AC
281	0:43:53	4629	Elana Albery	Kettering Town Harriers	381	0:46:22	4547	Janet Atkinson	Holme Pierrepont Rc
282	0:43:55	4556	Claire Lewis	Holme Pierrepont Rc	382	0:46:24	5410	Sarah Thorne	York Knavesmire Harriers
283	0:43:59	4317	Myshola Kirkham	Coventry Godiva Harriers	383	0:46:25	4067	Eva Morant	Beaumont RC
284	0:44:00	4212	Natasha Newton	Bromsgrove and Redditch	384	0:46:29	4501	Kelsey Moloney	Honor RC
285	0:44:00	5377	Becky Palmer	Wolverhampton and Bilston	385	0:46:31	5371	Sarah Phelan	Wirral AC
286	0:44:01	4627	Megan Williams	Kent AC	386	0:46:33	5098	Rebecca Taylor	Southend On Sea AC
287	0:44:08	4167	Claire Collinson	Blaydon Harriers and AC	387	0:46:33	4999	Sian Rowley	Sale Harriers Manchester
288	0:44:09	5408	Clare Rowntree	York Knavesmire Harriers	388	0:46:34	5399	Caroline Houghton	Wyomondham AC
289	0:44:10	4463	Ellie Crownshaw	Hallamshire Harriers Sheffield	389	0:46:34	4578	Elizabeth Bamford	Ilkeston RC
290	0:44:10	4611	Emma Garnett	Kenilworth Runners	390	0:46:34	4174	Teresa Medley	Border Harriers and AC
291	0:44:12	5338	Fiona Tamsin Chick	Westbury Harriers	391	0:46:34	4195	Danielle Seddon	Bracknell AC
292	0:44:13	4667	Harriet Buswell	Leeds City AC	392	0:46:35	5071	Hannah Lilley	Sinfin RC
293	0:44:15	5392	Hannah Lowther	Wycombe Phoenix Harriers ai	393	0:46:38	4246	Susan Dixon	Cambridge Harriers
294	0:44:17	4987	Lydia Briggs	Sale Harriers Manchester	394	0:46:40	4727	Sari Giering	Lordshill RR
295	0:44:21	4395	Jennifer Heymann	Eton Manor AC	395	0:46:43	4849	Joanne Finch	Notts AC
296	0:44:22	4071	Diana Chalmers	Bedford and County AC	396	0:46:45	4579	Jessica Denman	Ilkeston RC
297	0:44:24	5054	Lauren Morley	Shrewsbury AC	397	0:46:47	4901	Jenny Yates	Radcliffe AC
298	0:44:24	4666	Leila Armoush	Leeds City AC	398	0:46:47	5152	Victoria Sharpe	Stratford Upon Avon AC
299	0:44:25	4537	Sabina Russell	Highgate Harriers	399	0:46:48	4531	Natasha Cendrowicz	Highgate Harriers
300	0:44:26	4325	Georgina Mann	Dacorum and Tring AC	400	0:46:48	5168	Jessica Pierce	Swindon Harriers

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:46:50	4327	Alice Steele	Dallam RC	501	0:48:51	4397	Jane Pannell	Eton Manor AC
402	0:46:50	4039	Abigail Wells-Day	Amphill and Flitwick Flyers R	502	0:48:51	4730	Charlotte Keeler	Lordshill RR
403	0:46:51	4965	Georgina Delaney	Royal Sutton Coldfield AC	503	0:48:53	4922	Hannah Polak	Redhill RR
404	0:46:52	5028	Janet Worster	Serpentine RC	504	0:48:55	5413	Floor Christie-De Jong	Gosforth Harriers and AC
405	0:46:53	5342	Lovelock Liz	Westbury Harriers	505	0:48:56	4941	Jill Barton	Rochdale Harriers and AC
406	0:46:55	4732	Rachael Phelps	Lordshill RR	506	0:48:58	5248	Louise Mangan	Trafford AC
407	0:46:56	5339	Abigail Hall	Westbury Harriers	507	0:48:58	4272	Rachel Love	City of Hull AC
408	0:46:58	4964	Annette Belcher	Royal Sutton Coldfield AC	508	0:48:59	4542	Zoe Dobbs	Hillingdon AC
409	0:47:00	4554	Christine Heaton	Holme Pierrepont Rc	509	0:48:59	4544	Freya Hollingsworth	Hillingdon AC
410	0:47:01	4316	Sally Boon	Coventry Godiva Harriers	510	0:48:59	4628	Sarah Young	Kent AC
411	0:47:02	4702	Naseem Allmomen	London Frontrunners	511	0:49:01	4967	Gemma Sidaway	Royal Sutton Coldfield AC
412	0:47:03	4573	Ieva Klavina	Huntingdonshire AC	512	0:49:02	4399	Louise Vacher	Eton Manor AC
413	0:47:04	4330	Nova Tarn	Darlington H and AC	513	0:49:03	5144	Phoebe Packham	Stourbridge RC
414	0:47:06	4888	Emma Essex-Crosby	Preston Harriers	514	0:49:04	4959	Rowena Skelhorn	Rothwell Harriers and AC
415	0:47:07	4558	Editha Van Loon	Holme Pierrepont Rc	515	0:49:07	4389	Sarah Carey	Eton Manor AC
416	0:47:09	4184	Laura Leslie	Bournville Harriers	516	0:49:10	4990	Beatrice Cordingley	Sale Harriers Manchester
417	0:47:09	4978	Katherine Malone	Rushcliffe AC	517	0:49:13	4712	Ruth Miller	London Heathside
418	0:47:12	4633	Kerstine Herbert	Kimberley and District Strider	518	0:49:14	5182	Sarah Huskinson	Team Derby Runner
419	0:47:14	4161	Lauren Young	Blackhill Bounders	519	0:49:15	4098	Gabriele Thomas-Neher	Beeston AC
420	0:47:20	4226	Katie Rolfe	Buxton AC	520	0:49:16	4506	Paige Roadley	Heanor RC
421	0:47:21	4553	Ann Gould	Holme Pierrepont Rc	521	0:49:16	4824	Catherine Fenn	Northbrook AC
422	0:47:23	4400	Zoe Woodward	Eton Manor AC	522	0:49:18	4973	Freya Vincent	Rugby and Northampton AC
423	0:47:24	4714	Jessica Vinluan	London Heathside	523	0:49:19	5400	Kerry Archer	York Knavesmire Harriers
424	0:47:24	4757	Beverley Armstrong	Mansfield Harriers	524	0:49:20	4050	Fiona Robson	Avon Valley Runners
425	0:47:25	4353	Lucy Brett	Dorking and Mole Valley AC	525	0:49:23	4143	Sarah Travis	Birchfield Harriers
426	0:47:27	4709	Kimberli Butler	London Heathside	526	0:49:24	4946	Amanda Carter	Rolls Royce Harriers
427	0:47:28	4707	Hazel Reade	London Frontrunners	527	0:49:25	4825	Lottie Graham	Northbrook AC
428	0:47:30	5015	Victoria Crawford	Serpentine RC	528	0:49:25	4449	Meera Rajoo-Oakley	Great Bentley RC
429	0:47:32	4002	Helen Roden	Abbey Runners	529	0:49:25	5299	Tess Killingbeck	Vegan Runners UK
430	0:47:32	5040	Sarah Kimpton	Sheffield RC	530	0:49:28	4833	Eleanor Townsend	Northbrook AC
431	0:47:33	4493	Yvonne Morris	Headington RR	531	0:49:32	4805	Hannah Jones	Newcastle Staffs AC
432	0:47:34	5235	Lucy Pitcairn-Knowles	Tonbridge AC	532	0:49:32	4775	Nicky Dick	Matlock AC
433	0:47:34	4335	Katie Sharp	Denby Dale AC	533	0:49:33	4863	Mary Hall	Nuneaton Harriers
434	0:47:35	5258	Charlotte Carpenter	Tyne Bridge Harriers	534	0:49:40	4401	Allison English	Fitmums and Friends
435	0:47:35	4054	Sarah Boxer	Barnet and District AC	535	0:49:40	4310	Joanne Moss	Congleton Harriers
436	0:47:36	4523	Evie McDermott	Herne Hill Harriers	536	0:49:41	5244	Ruth Beresford	Trafford AC
437	0:47:36	4940	Joanne Wharton-Howett	Ripley RC	537	0:49:41	5068	Clare Harrison	Sinfin RC
438	0:47:38	5006	Laura Councill	Salford Harriers and AC	538	0:49:42	5156	Lucy May	Stubbington Green Runners
439	0:47:39	5317	Abbie Cresswell	Wallsend Harriers and AC	539	0:49:43	4179	Jude Glynn	Bournville Harriers
440	0:47:39	4905	Rebecca Northmore	Ranelagh Harriers	540	0:49:45	4726	Lucy Fraser	Lordshill RR
441	0:47:41	5226	Rachel Fagg	Tonbridge AC	541	0:49:51	4591	Jacqueline King	Istead and Ifield Harriers
442	0:47:41	4129	Emma Green	Bingley Harriers and AC	542	0:49:51	4223	Kate Ledin	Buxton AC
443	0:47:42	5078	Alice R Smith	South London Harriers	543	0:49:51	5170	Felicity Webb	Swindon Harriers
444	0:47:43	5121	Polly Bridgman	Springfield Striders RC	544	0:49:52	4850	Samantha Garside	Notts AC
445	0:47:43	4307	Gemma Scougal	Clowne RR Club	545	0:49:55	4583	Sarah Edwards	Ilkley Harriers AC
446	0:47:43	4626	Kate Williams	Kent AC	546	0:49:57	4647	Eleanor Arnfield	Kingston AC And Poly Harrier
447	0:47:43	4621	Amanda Nio	Kent AC	547	0:49:58	4231	Karen Cameron	Cambridge and Coleridge AC
448	0:47:46	4938	Fiona Alexander	Ripley RC	548	0:49:58	4619	Jo Mott	Kent AC
449	0:47:47	4342	Rebecca Alexander	Derwent Runners (derby)	549	0:49:59	4403	Rachael Saxby	Fitmums and Friends
450	0:47:48	4178	Laura Gale	Bournville Harriers	550	0:49:59	5091	Hannah Willson	Southampton AC
451	0:47:49	4655	Kerry Thompson	Knowle and Dorridge RC	551	0:50:00	4190	Sarah Jane Rock-Webster	Bournville Harriers
452	0:47:50	4500	Jayne Lynas	Heanor RC	552	0:50:01	4118	Laura Emms	Beverley AC
453	0:47:53	5108	Angela Hall	Spensborough and Dist AC	553	0:50:02	4182	Charlie Hurd	Bournville Harriers
454	0:47:54	4467	Rachel Poole	Hallamshire Harriers Sheffield	554	0:50:03	4367	Sophie Santry	Ealing Eagles RC
455	0:47:54	5180	Phillippa Spruit	Team Bath AC	555	0:50:03	4504	Kerry Queenan	Heanor RC
456	0:47:55	4263	Leona Beaumont	Chorlton Runners	556	0:50:04	4800	Maxine Bickerton	Newcastle Staffs AC
457	0:47:55	4818	Michelle Thomson	North Shields Polytechnic Clu	557	0:50:06	4837	Deborah English	Norwich RR
458	0:47:56	5272	Charlie Pinkney	Tynedale Harriers and AC	558	0:50:07	5262	Gemma Finnie	Tyne Bridge Harriers
459	0:47:57	4229	Tania Wilson	Buxton AC	559	0:50:09	4758	Sandra Baguley	Mansfield Harriers
460	0:48:00	5346	Jacqui Jones	Wigan and District H and AC	560	0:50:11	4052	Jill Westwood	Avon Valley Runners
461	0:48:00	4614	Victoria Buck	Kent AC	561	0:50:12	5335	Zoe Webster	West End Runners
462	0:48:01	4748	Sue Stockdale	Macclesfield Harriers and AC	562	0:50:16	5187	Alison Preece	Telford AC
463	0:48:03	5359	Rosie Upton	Winchester and District AC	563	0:50:16	4636	Rachelle Sherman	Kimberley and District Strider
464	0:48:04	4115	Nicky Owen	Belper Harriers	564	0:50:17	4813	Jade Watson	Newcastle Staffs AC
465	0:48:06	4550	Lisa Chan	Holme Pierrepont Rc	565	0:50:18	4864	Melanie Hill	Nuneaton Harriers
466	0:48:10	4997	Sarah Goulden	Sale Harriers Manchester	566	0:50:20	4812	Rachel Wakefield	Newcastle Staffs AC
467	0:48:11	5124	Imogen Ovenden	Springfield Striders RC	567	0:50:31	4925	Natalie Wilson	Redhill RR
468	0:48:13	4855	Ami Nash	Notts AC	568	0:50:31	4125	Kirsty McEwen	Bexley AC
469	0:48:15	4904	Marianne Malam	Ranelagh Harriers	569	0:50:34	5249	Rachel McDonnell	Trafford AC
470	0:48:16	4944	Danielle Dignan	Rochdale Tri Club	570	0:50:34	4914	Sharon Fox	Redditch Stars
471	0:48:18	5387	Ellen McNeelance	Wreake Runners	571	0:50:35	4312	Lucy Rusbridge	Congleton Harriers
472	0:48:22	4831	Gemma Ross	Northbrook AC	572	0:50:36	4638	Samantha Weatherall	Kimberworth Striders
473	0:48:22	4738	Clare Magrath	Low Fell RC	573	0:50:37	4917	Vivienne Craven	Redhill RR
474	0:48:23	5174	Helen Nation	Swinton RC	574	0:50:37	4065	Sarah Day	Beaumont RC
475	0:48:24	4841	Janet Davies	Notfast RC	575	0:50:40	4222	Ruth Gowers	Buxton AC
476	0:48:24	4631	Elaine Fairbrother	Kettering Town Harriers	576	0:50:41	4350	Rose James	Doncaster AC
477	0:48:25	4557	Julie McGeorge	Holme Pierrepont Rc	577	0:50:43	4681	Rachel Pollitt	Leigh Harriers and AC
478	0:48:26	5354	Alison Fenwick	Winchester and District AC	578	0:50:45	4970	Helen Jones	Rugby and Northampton AC
479	0:48:28	4315	Alice Smyth	Corby AC	579	0:50:47	4424	Amy Tayler	Fulham RC
480	0:48:28	5009	Ruth Ollershaw	Salford Harriers and AC	580	0:50:48	5154	Penny Forse	Stubbington Green Runners
481	0:48:28	4742	Louise Bentham	Luton AC	581	0:50:50	5069	Fiona Hawkins	Sinfin RC
482	0:48:31	4455	Sarah Pye	Guildford and Godalming AC	582	0:50:50	4421	Katherine Gow	Fulham RC
483	0:48:33	4030	Diana Weightman	Alnwick Harriers	583	0:50:51	4604	Carolyn Kevan	Kendal Amateur AC
484	0:48:33	5148	Mary Narey	Stowmarket Striders RC	584	0:50:53	4735	Kirsty Wood	Lordshill RR
485	0:48:34	4150	Shannel Curtis	Birtley AC	585	0:50:55	4801	Jan Cassidy	Newcastle Staffs AC
486	0:48:34	4563	Katherine Farquhar	Holmfirth Harriers AC	586	0:50:56	4378	Susan Davis	Elvet Striders
487	0:48:35	4920	Claire Martin	Redhill RR	587	0:50:56	5402	Toni Jenkinson	York Knavesmire Harriers
488	0:48:36	4503	Joanne Potter	Heanor RC	588	0:50:58	4323	Louise Flower	Dacorum and Tring AC
489	0:48:38	4960	Sarah Waite	Rothwell Harriers and AC	589	0:51:00	4483	Anna Thomas	Harrogate Harriers and AC
490	0:48:38	5079	Vicki Bone	South Shields Harriers and AC	590	0:51:00	4977	Pauline Gandee	Rushcliffe AC
491	0:48:40	5045	Kirsty Bryan-Jones	Sheffield Tri Club	591	0:51:01	4820	Carys Samuel	North Yorkshire Police AC
492	0:48:41	5270	Sarah Wharton	Tyne Bridge Harriers	592	0:51:03	4798	Rebecca Hughes	Newcastle (Staffs) Tri Club
493	0:48:42	4552	Emma Cupitt	Holme Pierrepont Rc	593	0:51:03	4365	Jessica Hood	Ealing Eagles RC
494	0:48:43	4396	Kate Malcolm	Eton Manor AC	594	0:51:05	5316	Marie Costello	Wallsend Harriers and AC
495	0:48:43	4571	Amelia Darnell	Huntingdonshire AC	595	0:51:05	4024	Karen Kiteley	Aldridge Rc
496	0:48:46	4038	Lisa Wells	Amphill and Flitwick Flyers R	596	0:51:08	4836	Theresa Colby	Norwich RR
497	0:48:48	4413	Victoria Thurston	Formula One Circuit Crew	597	0:51:12	5092	Katie Rennie	Southampton University Athl
498	0:48:50	4962	Gemma Travis-Turner	Roundhay Runners	598	0:51:14	4243	Christine Bond	Cambridge Harriers
499	0:48:50	4100	Jackie Welburn	Beeston AC	599	0:51:14	5100	Clare Bovill	Sparkhill Harriers
500	0:48:51	5209	Penelope Barber	Tipton Harriers	600	0:51:15	5140	Kate Scott	Steel City Striders Rc

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:51:15	4120	Victoria Butterworth	Bexley AC	701	0:54:57	4507	Heather Wesson	Heanor RC
602	0:51:20	4983	Melissa Wyszynski	Rushcliffe AC	702	0:54:58	5052	Clare Downes	Shrewsbury AC
603	0:51:22	4410	Catherine Millet	Formula One Circuit Crew	703	0:55:04	4099	Nina Vadgama	Beeston AC
604	0:51:24	4331	Sarah Wilson	Darlington H and AC	704	0:55:04	4308	Joan Clarke	Cobra Running and Tri Club
605	0:51:25	5274	Holly Pan	University of Leicester Runnr	705	0:55:06	4440	Sarah Gartside	Gosforth Harriers and AC
606	0:51:26	5123	Isobel Gowers	Springfield Striders RC	706	0:55:08	5076	Gina Coulson	South London Harriers
607	0:51:27	4632	Michelle Ann Chauhan	Kimberley and District Strider	707	0:55:08	4766	Elise Evans	Marple Runners
608	0:51:27	4746	Saranya Hasler	Macclesfield Harriers and AC	708	0:55:09	4936	Pauline Whittaker	Richmond and Zetland Harrie
609	0:51:29	4645	Claire Wilkes	Kings Heath RC - The Lions	709	0:55:10	5308	Julie Barbat	Wallasey AC
610	0:51:32	4311	Sarah Proudmore	Congleton Harriers	710	0:55:11	4101	Louise West	Beeston AC
611	0:51:34	4472	Hazel Oconnell	Harborough AC	711	0:55:11	4755	Jemma Arbon	Mansfield Harriers
612	0:51:35	4408	Helen Clarke	Formula One Circuit Crew	712	0:55:12	4915	Leanne Adair	Redhill RR
613	0:51:35	4133	Rebecca Weight	Bingley Harriers and AC	713	0:55:14	4305	Bridget Hemstock	Clowne RR Club
614	0:51:36	5325	Julie Williams	Wallsend Harriers and AC	714	0:55:15	5301	Joanna Rickerby	Vegan Runners UK
615	0:51:37	4630	Karen Albery	Kettering Town Harriers	715	0:55:18	5292	Jenny Hall	Valley Striders AC
616	0:51:38	4095	Marie-christine Pardon	Beeston AC	716	0:55:23	5117	Collette O'Keefe	Sphinx AC
617	0:51:39	5049	Rachel Farrow	Shelton Striders	717	0:55:23	4976	Abigail Cast	Rushcliffe AC
618	0:51:40	4543	Iwona Gray-Cauvin	Hillingdon AC	718	0:55:25	4711	Fiona Holland	London Heathside
619	0:51:41	5233	Pearl Pearce	Tonbridge AC	719	0:55:28	4369	Louise Prince	Ealing Southall and Middlese:
620	0:51:42	4422	Emma Less	Fulham RC	720	0:55:30	5300	Jolanta MacKie	Vegan Runners UK
621	0:51:43	4326	Claire Sanders	Dacorum and Tring AC	721	0:55:31	5022	Sarah MacKenzie	Serpentine RC
622	0:51:45	4169	Gemma Harmon	Blyth RC	722	0:55:35	5014	Joanna Conn	Serpentine RC
623	0:51:48	4364	Grainne Devery	Kendal Eagles RC	723	0:55:36	4262	Hannah Ahle	Chorlton Runners
624	0:51:50	4602	Hazel Clark	Kendal Amateur AC	724	0:55:36	4352	Tracy Land	Doncaster AC
625	0:51:51	4842	Kirsty Bradshaw	Notts AC	725	0:55:38	5296	Clare Burdell	Vegan Runners UK
626	0:51:52	4969	Angela Copson	Rugby and Northampton AC	726	0:55:42	5146	Kendra Boag	Stowmarket Striders RC
627	0:51:53	4847	Lisa Dickinson	Notts AC	727	0:55:43	4066	Jazzy Drew	Beaumont RC
628	0:51:56	4217	Sheila Bradley	Buxton AC	728	0:55:45	4368	Michelle Tanner	Ealing Eagles RC
629	0:51:59	5021	Angharad Lescott	Serpentine RC	729	0:55:48	4654	Nicola Evans	Knowle and Dorridge RC
630	0:52:02	5136	Caroline Rowena Greenough	Steel City Striders Rc	730	0:55:49	4420	Alexis Gebbie	Fulham RC
631	0:52:08	4461	Bethan Davies	Halifax Harriers and AC	731	0:55:53	5409	Hannah Strange	York Knavesmire Harriers
632	0:52:10	4070	Madeleine Brodie	Bedford and County AC	732	0:55:54	5278	Natalie Chandler	Vale Of Aylesbury AC
633	0:52:19	5374	Danni Braine	Wolverhampton and Bilston	733	0:55:55	4845	Megan Clarke	Notts AC
634	0:52:19	4040	Massah Cooper	Ashford and District RRC	734	0:55:55	4912	Claire Seymour	Reading Roadrunners
635	0:52:23	4309	Polly Kennerley	Congleton Harriers	735	0:55:55	4663	Carol Blower	Leamington Cycling And AC
636	0:52:23	4318	Jayne Mumford	Coventry Godiva Harriers	736	0:55:56	5139	Philippa Rose	Steel City Striders Rc
637	0:52:26	5318	Catherine Graham	Wallsend Harriers and AC	737	0:55:57	4737	Vicki Halse	Low Fell RC
638	0:52:26	5206	Julie Holmes	The Stragglers RC	738	0:55:59	5271	Jennifer McDonald	Tynedale Harriers and AC
639	0:52:28	5313	Mary Rees	Wallasey AC	739	0:56:00	5062	Justine Verwey	Silson AC
640	0:52:29	4728	Elaine Jeffery	Lordshill RR	740	0:56:02	5138	Julie Meredith	Steel City Striders Rc
641	0:52:33	4255	Elaine Seager	CharnwoodAC	741	0:56:06	4810	Susan Twardochleb	Newcastle Staffs AC
642	0:52:39	5295	Katie Bonner	Vegan Runners UK	742	0:56:08	4897	Caroline Malone	Radcliffe AC
643	0:52:46	4724	Abigail Cheesman	Lordshill RR	743	0:56:09	4948	Samantha Orme	Rolls Royce Harriers
644	0:52:48	4347	Samantha Chivers	Desford Striders	744	0:56:15	4445	Sarah High	Grantham RC
645	0:52:56	4033	Carole Harrison	Altrincham and District AC Lir	745	0:56:19	4916	Jeanette Barnes	Redhill RR
646	0:52:58	4244	Sally Carr	Cambridge Harriers	746	0:56:23	4123	Angela Duffy Smart	Bexley AC
647	0:52:59	4171	Sandra Watson	Blyth RC	747	0:56:26	5016	Maria David	Serpentine RC
648	0:53:04	4057	Faye Lund	Barnsley AC	748	0:56:28	4450	Jenny Buckley	Great Western Runners
649	0:53:09	4490	Sandra Harding-Brown	Headington RR	749	0:56:31	5102	Abigail Frayling	Sparkhill Harriers
650	0:53:11	4860	Carolyn Derbyshire	Nuneaton Harriers	750	0:56:33	4826	Fern Kenny	Northbrook AC
651	0:53:12	5153	Sarah Vernon	Stratford Upon Avon AC	751	0:56:33	4083	Elaine Clifford	Beeston AC
652	0:53:13	4979	Kathryn Mellor	Rushcliffe AC	752	0:56:36	5105	Manisha Pearce	Sparkhill Harriers
653	0:53:16	4639	Kerry Allen	Kings Heath RC - The Lions	753	0:56:38	5104	Leanne Neal	Sparkhill Harriers
654	0:53:17	4642	Millie Flynn	Kings Heath RC - The Lions	754	0:56:40	4072	Emma Coombes (keech)	Bedford and County AC
655	0:53:17	4968	Minerva Chesser	Rugby and Northampton AC	755	0:56:43	5247	Sue Exon	Trafford AC
656	0:53:17	4214	Jenny Wale	Bromsgrove and Redditch	756	0:56:46	4381	Jan Young	Elvet Striders
657	0:53:22	5333	Emily Hall	West End Runners	757	0:56:46	4601	Sue Booth	Kendal Amateur AC
658	0:53:24	4037	Caroline Armstrong	Amphill and Flitwick Flyers R	758	0:56:47	4660	Miriam Maher	Lancaster and Morecambe A
659	0:53:26	4270	Elizabeth Thomas	Cirencester AC	759	0:56:49	4425	Joanne Walker	Fulham RC
660	0:53:27	4616	Caroline Ford	Kent AC	760	0:56:53	4348	Justyna Felczerek	Doncaster AC
661	0:53:29	5372	Anne Rosbottom	Wirral AC	761	0:56:54	4939	Alison Butlin	Ripley RC
662	0:53:35	5230	Grazia Manzotti	Tonbridge AC	762	0:56:57	4265	Zulma Edmondson	Chorlton Runners
663	0:53:37	4879	Claudia Pagoulatou	Pensby Runners	763	0:57:01	4458	Caroline Lambert	Halesowen ACC
664	0:53:37	4407	Catherine O Connor	Folkestone RC	764	0:57:01	5051	Irena Hulova	Shelton Striders
665	0:53:40	4903	Ann Kearey	Ranelagh Harriers	765	0:57:02	4868	Rebecca Shilton	Nuneaton Harriers
666	0:53:41	5020	Margaret King	Serpentine RC	766	0:57:03	4581	Petra Bijsterveld	Ilkley Harriers AC
667	0:53:42	4613	Penny Rusbridge	Kenilworth Runners	767	0:57:05	4834	Dawn Webb	Northbrook AC
668	0:53:43	5305	Eileen Mannion	Wakefield District H and AC	768	0:57:09	4170	Claire Mason	Blyth RC
669	0:53:45	4956	Jo Heseltine	Rothwell Harriers and AC	769	0:57:09	4890	Vicki Sherrington	Preston Harriers
670	0:53:49	4043	Sophie Bradbury	Askern District RC	770	0:57:15	4366	Olivia Parker-Scott	Ealing Eagles RC
671	0:53:50	4919	Nicola Hubbard	Redhill RR	771	0:57:19	4391	Janine Durrant	Eton Manor AC
672	0:53:51	4362	Christine Woods	Durham City Harriers and AC	772	0:57:20	4752	Lindsey Farrelly	Manchester Harriers and AC
673	0:53:53	4220	Heather Fryer-Winder	Buxton AC	773	0:57:20	4089	Wendy Herd	Beeston AC
674	0:53:53	5222	Deniz Bowart	Tonbridge AC	774	0:57:22	4708	Julia Robinson	London Frontrunners
675	0:53:54	4499	Rita Fisher	Heanor RC	775	0:57:25	4703	Carly Eager	London Frontrunners
676	0:53:55	4437	Trudy Wells	Gloucester AC	776	0:57:25	5065	Lois Clifton	Sinfin RC
677	0:54:01	4406	Victoria Green	Folkestone RC	777	0:57:25	5066	Sharon Collins	Sinfin RC
678	0:54:04	5113	Susan Gough	Sphinx AC	778	0:57:29	4829	Caroline Parkinson	Northbrook AC
679	0:54:05	4444	Caroline Davis	Grantham RC	779	0:57:30	4646	Karen Wooff	Kings Heath RC - The Lions
680	0:54:10	5080	Melanie Cooke-Dunlop	South Shields Harriers and AC	780	0:57:32	4073	Ruth Kerr	Bedford and County AC
681	0:54:12	5167	Olga Reading	Sutton Runners	781	0:57:37	5112	Rachael Allen	Sphinx AC
682	0:54:13	4495	Catriona Scott	Headington RR	782	0:57:38	4404	Emerald Sharkey	Fitmums and Friends
683	0:54:19	4304	Kerry Anderson	Clowne RR Club	783	0:57:39	4974	Catherine Williams	Rugby and Northampton AC
684	0:54:25	4505	Georgina Riley	Heanor RC	784	0:57:40	4394	Jennifer Hall	Eton Manor AC
685	0:54:25	5003	Caroline Wheeler	Sale Harriers Manchester	785	0:57:44	4815	Michele O'Neill-Hall	North East Veterans AC
686	0:54:27	4823	Sarah Duffy	Northbrook AC	786	0:57:48	4186	Helen McGettrick	Bournville Harriers
687	0:54:28	5307	Michele Alty	Wallasey AC	787	0:57:51	4402	Cassie Kemp	Fitmums and Friends
688	0:54:29	4509	Jenny Friend	Heaton Harriers and AC	788	0:57:53	4840	Wendy Smith	Norwich RR
689	0:54:31	5060	Cez Probert	Silson AC	789	0:57:54	4379	Camilla Lauren-Maatta	Elvet Striders
690	0:54:33	5103	Pauline Hygate	Sparkhill Harriers	790	0:57:58	4729	Rhian Jeffery	Lordshill RR
691	0:54:33	4460	Hazel Berrett	Halifax Harriers and AC	791	0:57:59	5384	Megan Brewster	Wreake Runners
692	0:54:35	4690	Donna Walters	Lincoln Wellington AC	792	0:58:03	4886	Gillian Kirk	Poplar RC
693	0:54:39	4376	Stephanie Barlow	Elvet Striders	793	0:58:07	4935	Michelle Sprent	Richmond and Zetland Harrie
694	0:54:47	4736	Catherine Woods	Lordshill RR	794	0:58:08	4221	Beverley Golden	Buxton AC
695	0:54:47	4092	Holly McCain	Beeston AC	795	0:58:12	4717	Gillian Potter	Lonely Goat RC
696	0:54:49	5151	Rebecca Pridham	Stratford Upon Avon AC	796	0:58:15	4023	Anne Kelsall	Aldridge Rc
697	0:54:51	4661	Joanne Sumner	Lancaster and Morecambe A	797	0:58:17	4390	Hayley Dalton	Eton Manor AC
698	0:54:52	4411	Catherine Reilly	Formula One Circuit Crew	798	0:58:18	4471	Louise McAllister	Harborough AC
699	0:54:53	4060	Emma Moorhouse	Barnsley Harriers	799	0:58:25	4721	Elizabeth Lakin	Long Eaton RC
700	0:54:56	4921	Laura Merryweather	Redhill RR	800	0:58:29	4584	Anna Pickering	Ilkley Harriers AC

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
801	0:58:34	5044	Louise Woffindin	Sheffield RC	901	1:11:59	5070	Julieanne Heithus	Sinfin RC
802	0:58:35	4870	Simone Wilson	Nuneaton Harriers	902	1:12:03	5073	Andrea Talbot	Sinfin RC
803	0:58:37	5161	Sue Belcher	Sutton Runners	903	1:12:04	5072	Helen Ripley	Sinfin RC
804	0:58:37	4947	Fleur Cox	Rolls Royce Harriers	904	1:12:14	4419	Louise Garlick	Fulham RC
805	0:58:39	4934	Nicola Bucket	Richmond and Zetland Harrie	905	1:12:25	4124	Geraldine Legon	Bexley AC
806	0:58:39	5116	Victoria O'Brien	Sphinx AC	906	1:12:40	5202	Christine Munden	Thames Valley Harriers
807	0:58:40	5035	Rachel Birch	Sheffield RC	907	1:12:46	4609	Pauline Dable	Kenilworth Runners
808	0:58:41	5106	Jennifer Price	Sparkhill Harriers	908	1:13:10	5163	Felicidade Gunn	Sutton Runners
809	0:58:43	4585	Sally Pickering	Ilkley Harriers AC	909	1:13:16	4058	Sharon Moore	Barnsley AC
810	0:58:48	5169	Jane Spencer	Swindon Harriers	910	1:13:17	4683	Alison Bell	Leighton Buzzard AC
811	0:58:52	4898	Louise Shield	Radcliffe AC	911	1:13:22	5081	Summer Gatens	South Shields Harriers and AC
812	0:59:08	4409	Joanne Mallinson	Formula One Circuit Crew	912	1:13:34	4768	Sarah Mears	Marple Runners
813	0:59:08	4283	Caroline Fuller	City Of Sheffield And Dearn	913	1:17:38	4080	Emmalee Bish	Beeston AC
814	0:59:15	5063	Rachael Elizabeth Brown	Sinfin RC	914	1:18:02	4044	Marie-clare Churchman	Askern District RC
815	0:59:29	4346	Veronica Versino	Derwent Runners (derby)	915	1:21:12	4918	Rosemary Horn	Redhill RR
816	0:59:33	4138	Emily Evans	Birchfield Harriers	916	1:22:55	5053	Grace Hough	Shrewsbury AC
817	0:59:37	4891	Julie Tyrer	Preston Harriers	917	1:23:24	4216	Nicola Long	Burton AC
818	0:59:42	4474	Marise Taylor	Harborough AC	918	1:23:39	4510	Janette Kilgour	Heaton Harriers and AC
819	0:59:48	5057	Tracey Harris	Silson AC	919	1:24:39	4405	Kayleigh Cumber	Folkestone RC
820	0:59:48	5412	Susan Torrance	Silson AC	920	1:33:10	4889	Adela Nuttall	Preston Harriers
821	0:59:53	4084	Gemma Daykin	Beeston AC					
822	0:59:56	4416	Judith Clarkson	Fulham RC					
823	0:59:58	5037	Alexa Dale	Sheffield RC					
824	1:00:04	4957	Hayley Kenny	Rothwell Harriers and AC					
825	1:00:07	4059	Linda Westlake	Barnsley AC					
826	1:00:07	4739	Leena Mulholland	Low Fell RC					
827	1:00:08	5132	Carol Beattie	Steel City Striders Rc					
828	1:00:11	4807	Sharon Tomkinson	Newcastle Staffs AC					
829	1:00:18	4830	Sara Phipps	Northbrook AC					
830	1:00:24	4191	Nicola Tautscher	Bournville Harriers					
831	1:00:29	5315	Julie Collinson	Wallsend Harriers and AC					
832	1:00:32	4053	Clare Janette Boutle	Barnet and District AC					
833	1:00:36	4457	Anna Cosimetti	Halesowen ACC					
834	1:00:39	4078	Jennifer Beverley	Beeston AC					
835	1:00:43	4168	Anne Craddock	Blyth RC					
836	1:00:45	5126	Carole Jack	St Albans Striders					
837	1:00:47	4827	Antoinette McHugh	Northbrook AC					
838	1:01:00	4343	Philippa Cory	Derwent Runners (derby)					
839	1:01:06	4811	Tonia Vernon	Newcastle Staffs AC					
840	1:01:08	4593	Barbara Ockendon	Istead and Ifield Harriers					
841	1:01:14	5323	Christine Stretesky	Wallsend Harriers and AC					
842	1:01:26	4892	Sue Wickham	Preston Harriers					
843	1:01:44	5277	Esther Fischbaum	University of Nottingham AC					
844	1:01:50	4731	Louise Lovesey	Lordshill RR					
845	1:02:04	4387	Jane Millichip	Erewash Valley RC					
846	1:02:14	4130	Sally Robinson	Bingley Harriers and AC					
847	1:02:33	4163	Claire Elizabeth Irons	Blackpool Wyre and Fylde AC					
848	1:02:46	4219	Rachel Dowle	Buxton AC					
849	1:03:03	4590	Helen Fooks	Istead and Ifield Harriers					
850	1:03:11	4093	Evgeniya Mihaylova	Beeston AC					
851	1:03:15	4828	Helen Morris	Northbrook AC					
852	1:03:20	4029	Abigail Wright	Aldridge Rc					
853	1:03:21	5064	Alison Clarke	Sinfin RC					
854	1:03:32	4027	Wendy Sargeant	Aldridge Rc					
855	1:03:35	4859	Angela Burley	Notts Women Runners					
856	1:03:36	4300	Jessie Torr	Clapham Chasers					
857	1:03:38	5266	Emma Moir	Tyne Bridge Harriers					
858	1:03:43	4760	Maddy Collinge	Mansfield Harriers					
859	1:03:50	4056	Marion Harrison	Barnsley AC					
860	1:03:54	4177	Suzanne Bunn	Bournville Harriers					
861	1:03:57	4041	Lucy Johnstone	Ashford and District RRC					
862	1:04:05	4832	Pia Singh	Northbrook AC					
863	1:04:07	5225	Angie Crush	Tonbridge AC					
864	1:04:12	4835	Jo Bygrave	Norwich RR					
865	1:04:32	4643	Kate Johnson	Kings Heath RC - The Lions					
866	1:04:40	4388	Caroline Wickham	Erewash Valley RC					
867	1:04:50	4225	Charlie Narejko	Buxton AC					
868	1:05:00	5119	Jackie Stuart	Sphinx AC					
869	1:05:22	4923	Joanne Stocks	Redhill RR					
870	1:05:34	4896	Karen Doherty	Radcliffe AC					
871	1:05:37	4122	Sarah Dodds	Bexley AC					
872	1:06:00	4949	Gillian Whiteside	Rolls Royce Harriers					
873	1:06:26	4741	Ann Baskeyfield	Ludlow Runners					
874	1:06:39	4363	Liz Ainsworth	Ealing Eagles RC					
875	1:06:47	4704	Sophie Harris	London Frontrunners					
876	1:06:52	4344	Alison Jesney	Derwent Runners (derby)					
877	1:07:08	4088	Juliet Harrison	Beeston AC					
878	1:07:20	4684	Sara Lowe	Leighton Buzzard AC					
879	1:08:01	4722	Valerie Lindsey	Long Eaton RC					
880	1:08:09	4175	Annette Lewis	Bournemouth AC					
881	1:08:13	4224	Jennie Light	Buxton AC					
882	1:08:37	4064	Kelly Beniston	Beaumont RC					
883	1:08:44	4492	Sarah Leach	Headington RR					
884	1:08:51	4644	Barbara Partridge	Kings Heath RC - The Lions					
885	1:08:55	4055	Anne Bennett	Barnsley AC					
886	1:09:02	4211	Charlotte Ball	Bromsgrove and Redditch					
887	1:09:06	4928	Shannon Bennett	Retford AC					
888	1:09:11	4594	Yasmine Pritchard	Istead and Ifield Harriers					
889	1:09:15	4068	Anna Clark	Beccles and Bungay Harriers					
890	1:09:21	4026	Claire O'Brien	Aldridge Rc					
891	1:09:24	4761	Thomasina Copcutt	Mansfield Harriers					
892	1:09:33	4706	Christina Reade	London Frontrunners					
893	1:09:34	4259	Kathryn Wills	Chesapeake RR					
894	1:10:17	4019	Rachel Antoine	Aldridge Rc					
895	1:10:43	5289	Carole Williams	Vale Royal AC					
896	1:10:55	4900	Tracy Wroe	Radcliffe AC					
897	1:11:06	4641	Sahra Derkitt	Kings Heath RC - The Lions					
898	1:11:10	4269	Louise Abbott	Cirencester AC					
899	1:11:20	4799	Julia Bailey	Newcastle Staffs AC					
900	1:11:59	5074	Alyson Woodcock	Sinfin RC					

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
Team Results:					85	2695		Kings Heath RC - The Lions	(609 653 654 779)
1	48		Aldershot Farnham and District	(1 13 15 19)	86	2746		Sutton Runners	(354 681 803 908)
2	58		Leeds City AC	(3 16 17 22)	87	2805		Norwich RR	(557 596 788 864)
3	159		Highgate Harriers	(12 31 34 82)	88	2820		Radcliffe AC	(397 742 811 870)
4	184		Ribble Valley Harriers	(6 26 53 99)	89	2842		Preston Harriers	(414 769 817 842)
5	202		Holmfirth Harriers AC	(32 40 63 67)	90	2872		Blyth RC	(622 647 768 835)
6	250		Thames Hare and Hounds	(48 59 69 74)	91	2945		Rolls Royce Harriers	(526 743 804 872)
7	275		Tonbridge AC	(20 27 104 124)	92	2981		Sphinx AC	(678 716 781 806)
8	296		CharnwoodAC	(23 51 105 117)	93	3097		Aldridge Rc	(595 796 852 854)
9	314		City Of Norwich AC	(10 21 87 196)	94	3217		Barnsley AC	(648 825 859 885)
10	344		Sale Harriers Manchester	(29 42 102 171)					
11	348		Belgrave Harriers	(41 84 109 114)					
12	393		Bristol and West AC	(58 80 118 137)					
13	399		Hallamshire Harriers Sheffield	(49 70 120 160)					
14	401		Cambridge and Coleridge AC	(57 85 103 156)					
15	490		Marshall Milton Keynes AC	(72 77 89 252)					
16	508		Kent AC	(91 116 128 173)					
17	546		Derby AC	(76 90 158 222)					
18	582		Herne Hill Harriers	(107 113 146 216)					
19	601		Nuneaton Harriers	(47 126 162 266)					
20	628		Birchfield Harriers	(61 145 177 245)					
21	706		Leigh Harriers and AC	(8 24 97 577)					
22	710		Windsor Slough Eton and Hounslow	(75 106 191 338)					
23	734		Notts AC	(131 169 185 249)					
24	754		Harrogate Harriers and AC	(96 142 208 308)					
25	845		Winchester and District AC	(73 202 268 302)					
26	867		Southampton AC	(33 132 152 550)					
27	885		Havering AC	(115 143 251 376)					
28	890		Bournville Harriers	(133 217 231 309)					
29	893		York Knavesmire Harriers	(81 172 288 352)					
30	897		Serpentine RC	(108 141 312 336)					
31	972		Trentham Rc	(221 228 256 267)					
32	1034		Westbury Harriers	(154 184 291 405)					
33	1096		Eton Manor AC	(144 295 310 347)					
34	1130		Avon Valley Runners	(190 197 219 524)					
35	1167		Salford Harriers and AC	(71 178 438 480)					
36	1203		Vale Royal AC	(18 56 234 895)					
37	1207		Ranelagh Harriers	(110 188 440 469)					
38	1238		Beeston AC	(254 306 325 353)					
39	1316		Newcastle Staffs AC	(100 129 531 556)					
40	1321		Tyne Bridge Harriers	(247 278 362 434)					
41	1324		Headington RR	(257 316 320 431)					
42	1487		Holme Pierrepont Rc	(282 381 409 415)					
43	1511		Rushcliffe AC	(355 367 372 417)					
44	1515		Sheffield RC	(125 159 430 801)					
45	1561		Bingley Harriers and AC	(226 280 442 613)					
46	1599		London Heathside	(233 423 426 517)					
47	1626		Royal Sutton Coldfield AC	(304 403 408 511)					
48	1630		West End Runners	(175 237 561 657)					
49	1686		Trafford AC	(265 379 506 536)					
50	1703		Wreake Runners	(218 223 471 791)					
51	1704		Fulham RC	(209 334 579 582)					
52	1706		Chorlton Runners	(187 340 456 723)					
53	1787		Buxton AC	(366 420 459 542)					
54	1796		Hillingdon AC	(161 508 509 618)					
55	1842		Lordshill RR	(394 406 502 540)					
56	1844		Heanor RC	(384 452 488 520)					
57	1846		Stratford Upon Avon AC	(101 398 651 696)					
58	1852		Bedford and County AC	(170 296 632 754)					
59	1919		Wallsend Harriers and AC	(272 439 594 614)					
60	1964		Bromsgrove and Redditch	(138 284 656 886)					
61	1975		London Frontrunners	(363 411 427 774)					
62	2012		Kenilworth Runners	(148 290 667 907)					
63	2050		Northbrook AC	(472 521 527 530)					
64	2067		Congleton Harriers	(351 535 571 610)					
65	2089		Steel City Striders Rc	(123 600 630 736)					
66	2121		Bexley AC	(206 568 601 746)					
67	2122		Swindon Harriers	(369 400 543 810)					
68	2130		Redhill RR	(487 503 567 573)					
69	2147		Vegan Runners UK	(262 529 642 714)					
70	2278		Ilkley Harriers AC	(167 545 766 800)					
71	2283		Wallasey AC	(248 639 687 709)					
72	2286		Sinfin RC	(392 537 581 776)					
73	2365		Elvet Striders	(330 586 693 756)					
74	2380		Sparkhill Harriers	(342 599 690 749)					
75	2381		Rugby and Northampton AC	(522 578 626 655)					
76	2410		Formula One Circuit Crew	(497 603 612 698)					
77	2428		Derwent Runners (derby)	(326 449 815 838)					
78	2472		Silson AC	(225 689 739 819)					
79	2496		Rothwell Harriers and AC	(489 514 669 824)					
80	2498		Ealing Eagles RC	(554 593 623 728)					
81	2552		Mansfield Harriers	(424 559 711 858)					
82	2566		Beaumont RC	(383 574 727 882)					
83	2578		Istead and Ifield Harriers	(348 541 840 849)					
84	2652		Fitmums and Friends	(534 549 782 787)					