

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:29:00	4999	Jessica Gibbon	Reading AC	101	0:34:40	5284	Emily Jeanes	Trent Park Running Club
2	0:29:08	5019	Eleanor Bolton	Ribble Valley Harriers	102	0:34:41	5267	Harriet Woolley	Tonbridge AC
3	0:29:23	4710	Bronwen Owen	Leeds City Athletic Club	103	0:34:42	5467	Ana Montgomery	Wycombe Phoenix Harriers &
4	0:29:43	5057	Georgia Taylor-Brown	Sale Harriers Manchester	104	0:34:42	4917	Emily Negus	Nuneaton Harriers
5	0:30:06	4009	Niamh Brown	Aldershot Farnham & District	105	0:34:43	5266	Alice Wood	Tonbridge AC
6	0:30:08	5007	Kirsty Walker	Reading AC	106	0:34:44	5166	Christine Lathwell	Stopsley Striders
7	0:30:09	5457	Sophie Tarver	Wirral AC	107	0:34:44	5473	Josie Rawes	York Knavesmire Harriers
8	0:30:09	4711	Jennifer Walsh	Leeds City Athletic Club	108	0:34:45	4594	Natasha Lodge	Herne Hill Harriers
9	0:30:09	4767	Beth Hawling	London Heathside	109	0:34:46	5243	Amie Williams	Tipton Harriers
10	0:30:23	4843	Philippa Stone	Middlesbrough Athletic Club	110	0:34:49	4020	Emma Stevens	Aldershot Farnham & District
11	0:30:28	4018	Nancy Scott	Aldershot Farnham & District	111	0:34:51	4884	Emma Rowley	Newquay Road Runners
12	0:30:32	4321	Julie Emmerson	Coventry Godiva Harriers	112	0:34:52	5216	Claire Hammett	Thames Hare & Hounds
13	0:30:45	4078	Sarah Astin	Belgrave Harriers	113	0:34:53	4583	Katie Balme	Herne Hill Harriers
14	0:30:48	4019	Louise Small	Aldershot Farnham & District	114	0:34:55	5397	Kate Tittlow	West Cheshire Athletic Club
15	0:30:50	4109	Anne Kenchington	Birmingham Running Athletic	115	0:34:58	4935	Chloe Finlay	Peterborough & Nene Valley
16	0:30:56	4113	Niamh Bridson-Hubbard	Blackheath & Bromley Harrie	116	0:34:59	4909	Naomi Elliott	Notts AC
17	0:30:58	4199	Holly Dixon	Cambridge Harriers	117	0:34:59	4136	Caitlin Peers	Bournemouth AC
18	0:31:02	4325	Sian Rainsley	Coventry Godiva Harriers	118	0:35:00	5280	Cyn Cano	Trent Park Running Club
19	0:31:05	5262	Lucy Reid	Tonbridge AC	119	0:35:00	5228	Lara Sterritt	Thames Valley Harriers
20	0:31:13	4708	Georgia Malir	Leeds City Athletic Club	120	0:35:01	4276	Eleanor Curran	City Of Sheffield And Dearne
21	0:31:13	5332	Amelia Pettitt	Vale Royal AC	121	0:35:02	4995	Suzy Whatmough	Ranelagh Harriers
22	0:31:15	4707	Rhianne Hughes	Leeds City Athletic Club	122	0:35:03	5224	Chloe Baker	Thames Valley Harriers
23	0:31:16	4615	Hannah Viner	Highgate Harriers	123	0:35:04	4077	Samantha Amend	Belgrave Harriers
24	0:31:17	4232	Juliet Potter	Charnwood A C	124	0:35:05	4180	Tamara Freeman	Bromsgrove and Redditch
25	0:31:30	5084	Naomi Taschimowitz	Shaftesbury Barnet Harriers	125	0:35:06	5275	Vicki Cronin	Trafford Athletic Club
26	0:31:33	4053	Kate Testlea	Basingstoke & Mid Hants AC	126	0:35:07	4092	Flora Whyte	Belgrave Harriers
27	0:31:44	4258	Mabel Beckett	City Of Norwich AC	127	0:35:07	4076	Lea Adamson	Belgrave Harriers
28	0:31:46	4514	Suzannah Monk	Guildford & Godalming AC	128	0:35:11	4063	Josie Smith	Bedford & County AC
29	0:31:49	4259	Iona Lake	City Of Norwich AC	129	0:35:13	4108	Flora Johnson	Birmingham Running Athletic
30	0:31:53	5220	Bethanie Murray	Thames Hare & Hounds	130	0:35:16	4118	Amy Leach	Blackheath & Bromley Harrie
31	0:31:59	4014	Lauren Hall	Aldershot Farnham & District	131	0:35:16	4734	India Elliott	Liverpool Harriers & AC
32	0:32:02	4105	Lillian Partridge	Birchfield Harriers	132	0:35:17	4593	Grace Leyland	Herne Hill Harriers
33	0:32:04	4507	Carolyn Baxter	Guildford & Godalming AC	133	0:35:18	5231	Sophie Biggs	The Stragglers Running Club
34	0:32:06	5110	Lillian Hawkins	Southampton Athletic Club	134	0:35:19	5427	Lucy Elliott	Winchester & District AC
35	0:32:09	4158	Elena Carey	Bracknell AC	135	0:35:19	4553	Ginte Bailey	Havering AC
36	0:32:11	5329	Abigail Howarth	Vale Royal AC	136	0:35:20	5458	Katie Hopkins	Woking AC
37	0:32:17	4107	Molly Browne	Birmingham Running Athletic	137	0:35:20	4383	Clare Elms	Dulwich Runners AC
38	0:32:18	4260	Emily Ruane	City Of Norwich AC	138	0:35:21	4736	Jade Morgan	Liverpool Harriers & AC
39	0:32:19	5256	Lauren Major	Tonbridge AC	139	0:35:22	4933	Tilly Woods	Oxford University AC
40	0:32:23	4114	Andrea Clement	Blackheath & Bromley Harrie	140	0:35:23	4487	Kim Simpson	Gatehead Harriers & AC
41	0:32:28	4550	Eileen Beach	Hastings AC	141	0:35:24	4877	Rebecca Twardochleb	Newcastle Staffs Ac
42	0:32:28	4243	Beth Garland	Chichester Runners & AC	142	0:35:25	4915	Katherine Hodgson	Nuneaton Harriers
43	0:32:29	5405	Floren Scrafton	Westbury Harriers	143	0:35:27	4167	Naomi Aylwin	Bristol and West AC
44	0:32:32	5254	Verity Hopkins	Tonbridge AC	144	0:35:27	4079	Natalie Beadle	Belgrave Harriers
45	0:32:32	4168	Chelsea Creak	Bristol and West AC	145	0:35:27	4679	Jennifer Berg	Kent AC
46	0:32:34	4783	Brogan Wallace	London Heathside	146	0:35:28	4614	Karina Thornton	Highgate Harriers
47	0:32:35	4051	Charlotte Chalwin	Basingstoke & Mid Hants AC	147	0:35:28	5004	Katie Rodda	Reading AC
48	0:32:40	4629	Julia Jagger	Holmfirth Harriers AC	148	0:35:31	4091	Alix Vermeulen	Belgrave Harriers
49	0:32:42	5326	Naomi Kingston	University of Sheffield Union	149	0:35:33	4690	Alexa Parker	Kent AC
50	0:32:47	4528	Charlotte Slack	Hallamshire Harriers Sheffield	150	0:35:33	4236	Ella Taylor	Charnwood A C
51	0:32:48	4008	Katriona Brown	Aldershot Farnham & District	151	0:35:34	4128	Rhiannon Douglas	Border Harriers & Ac
52	0:32:49	4424	Naomi Lenane	Epsom & Ewell Harriers	152	0:35:34	4116	Carole Coulon	Blackheath & Bromley Harrie
53	0:32:51	4633	Annabel Morton	Horsham Blue Star Harriers	153	0:35:36	4170	Elaina Gard	Bristol and West AC
54	0:32:58	4081	Rachel Brown	Belgrave Harriers	154	0:35:38	5086	Ellen Joanna McLeod	Sheffield RC
55	0:33:00	4760	Rebecca Bunting	London Heathside	155	0:35:39	4475	Leah Walland	Fulham Running Club
56	0:33:03	4626	Erica Byram	Holmfirth Harriers AC	156	0:35:40	4195	Julie Backley	Cambridge Harriers
57	0:33:06	4769	Josie Hinton	London Heathside	157	0:35:42	4151	Eleanor Pitcher	Bournville Harriers
58	0:33:07	4235	Hannah Seager	Charnwood A C	158	0:35:45	5018	Eloise Bull	Reigate Priory AC
59	0:33:12	4093	Victoria Hiscock	Benfleet RC	159	0:35:53	5083	Charlene Jacobs-Conradie	Shaftesbury Barnet Harriers
60	0:33:13	4763	Evangelista Divetain	London Heathside	160	0:35:53	5037	Josephine Edmunds	Royston Runners
61	0:33:14	4163	Tara Bage	Brighton Phoenix	161	0:35:53	4327	Amelia Starling	Coventry Godiva Harriers
62	0:33:15	5330	Kate Moulds	Vale Royal AC	162	0:35:55	5185	Jessica Fox	Sunderland Harriers & AC
63	0:33:20	4206	Megan Marchant	Cambridge Harriers	163	0:36:00	4562	Leonie Glasson	Headington RR
64	0:33:24	4691	Katie Rowland	Kent AC	164	0:36:03	5039	Tilly Lea	Rugby & Northampton Ac
65	0:33:28	4531	Harriet Wingfield	Hallamshire Harriers Sheffield	165	0:36:04	4433	Eleanor George	Eton Manor AC
66	0:33:30	5109	Natalie Griffiths	Southampton Athletic Club	166	0:36:06	4296	Bonnie Murphy	Clapham Chasers
67	0:33:37	4086	Olivia Papaioannou	Belgrave Harriers	167	0:36:07	5068	Victoria Crawford	Serpentine RC
68	0:33:39	5062	Alice Wright	Sale Harriers Manchester	168	0:36:08	5452	Isabelle Rayner	Windsor Slough Eton & Houn
69	0:33:40	4089	Grace Richardson	Belgrave Harriers	169	0:36:09	5430	Jane Gandee	Winchester & District AC
70	0:33:41	4684	Sarah Hanley	Kent AC	170	0:36:11	4189	Belinda Dow	Cambridge & Coleridge AC
71	0:33:42	4865	Rebecca Gallop	Newark AC	171	0:36:13	5385	Laura James	Wells City Harriers
72	0:33:43	4527	Eve Pannone	Hallamshire Harriers Sheffield	172	0:36:15	5297	Deborah Thomas	Trentham Rc
73	0:33:45	5265	Lucy Thompson	Tonbridge AC	173	0:36:15	4620	Hannah Wells	Hillingdon AC
74	0:33:48	4926	Alexandra Bettez	Oxford University AC	174	0:36:16	4266	Katie Simister	City Of Portsmouth AC
75	0:33:48	4757	Annie Arnold	London Heathside	175	0:36:17	5042	Alex Gandee	Rushcliffe Ac
76	0:33:54	4728	Natalie Burns	Lincoln Wellington Athletic Cl	176	0:36:18	4829	Laura Dickinson	Manx Harriers
77	0:33:54	4169	Katrina Entwistle	Bristol and West AC	177	0:36:18	4366	Hannah Morris	Dorking & Mole Valley AC
78	0:33:58	5040	Elizabeth Leason	Runnymede Runners	178	0:36:22	5063	Amelia Beaman	Salford Harriers & Ac
79	0:34:04	4480	Paula Rutherfordood	Ful-On Tri Club	179	0:36:23	4883	Alison Roose	Newquay Road Runners
80	0:34:06	5030	Mya Taylor	Rotherham Harriers And Ac	180	0:36:24	4775	Ciera Kennedy	London Heathside
81	0:34:07	4669	Alexandra Sneddon	Jarrow & Hebburn AC	181	0:36:25	4333	Madeleine Armstrong-Plieth	Croydon Harriers
82	0:34:09	4011	Laura Gent	Aldershot Farnham & District	182	0:36:25	4083	Sarah Dewhirst	Belgrave Harriers
83	0:34:09	5226	Emily Dudgeon	Thames Valley Harriers	183	0:36:26	5279	Kat Alpe	Trent Park Running Club
84	0:34:13	5158	Caroline Brock	Steel City Striders Rc	184	0:36:26	4038	Holly Newman	Avon Valley Runners
85	0:34:15	5215	Helene Greenwood	Thames Hare & Hounds	185	0:36:27	4130	Clare McKeown	Border Harriers & Ac
86	0:34:16	5051	Juliet Downs	Sale Harriers Manchester	186	0:36:28	5260	Polly Pittcairn-Knowles	Tonbridge AC
87	0:34:16	5112	Sarah Winstone	Southampton Athletic Club	187	0:36:29	4237	Rachel Broome	Chelmsford Ac
88	0:34:20	4762	Olivia Desborough	London Heathside	188	0:36:31	5468	Jenny Roberts	Wycombe Phoenix Harriers &
89	0:34:24	4173	Catie O'Donoghue	Bristol and West AC	189	0:36:32	5438	Eleanor Swire	Winchester & District AC
90	0:34:25	5076	Natasha Sheel	Serpentine RC	190	0:36:33	4616	Emily Young	Highgate Harriers
91	0:34:28	5209	Serena Carter	Thames Hare & Hounds	191	0:36:34	4737	Abbie Oliver	Liverpool Harriers & AC
92	0:34:29	4050	Emily Smith	Barrow Runners	192	0:36:36	5082	Elana Dimmer	Shaftesbury Barnet Harriers
93	0:34:30	4085	Ella-may Hards	Belgrave Harriers	193	0:36:37	5111	Lucy Short	Southampton Athletic Club
94	0:34:31	4934	Sarah Caskey	Peterborough & Nene Valley	194	0:36:38	5255	Sasha Humphries	Tonbridge AC
95	0:34:32	4529	Nicola Squires	Hallamshire Harriers Sheffield	195	0:36:38	4263	Emma Jolley	City Of Portsmouth AC
96	0:34:35	4833	Lara Bromilow	Marshall Milton Keynes AC	196	0:36:40	5413	Mattie Edwards	Wilmslow Striders
97	0:34:35	4925	Rebecca Frake	Oxford City AC	197	0:36:40	5010	Hannah Green	Reading Roadrunners
98	0:34:35	4631	Ruby Sykes	Holmfirth Harriers AC	198	0:36:41	4990	Cecily Day	Ranelagh Harriers
99	0:34:37	4194	Lara Atkinson	Cambridge Harriers	199	0:36:41	5462	Bethany Tabor	Wolverhampton & Bilston
100	0:34:40	4176	Hannah Pollak	Bristol and West AC	200	0:36:41	4233	Aimee Seager	Charnwood A C

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:36:42	4782	Shannon Sinclair	London Heathside	301	0:38:51	4175	Hannah Plunkett-Cole	Bristol and West AC
202	0:36:43	5121	Jenna Williams	Southend On Sea Ac	302	0:38:52	4496	Sophia Tucker	Grantham AC
203	0:36:45	5203	Claire Altmann	Thames Hare & Hounds	303	0:38:53	4300	Francesca Stocco	Clapham Chasers
204	0:36:46	5229	Rosie Vallance	Thames Valley Harriers	304	0:38:53	4047	Karen Murphy	Barnet & District AC
205	0:36:47	5320	Kathryn Stevenson	Tyne Bridge Harriers	305	0:38:53	5353	Harriet Lowndes	Victoria Park Harriers And To
206	0:36:47	4209	Katie Sanders	Cambridge Harriers	306	0:38:54	4524	Ellie Crownshaw	Hallamshire Harriers Sheffield
207	0:36:49	5070	Megan Hunt	Serpentine RC	307	0:38:54	4885	Emily Baynes	North Derbyshire RC
208	0:36:50	4927	Julia Burdulis	Oxford University AC	308	0:38:55	4597	Natalie McDougall	Herne Hill Harriers
209	0:36:52	4082	Mimi Corden-Lloyd	Belgrave Harriers	309	0:38:56	4634	Janet Rashleigh	Horwich R M I Harriers
210	0:36:53	5242	Bethany Walker	Tipton Harriers	310	0:39:00	5383	Christine Robinson	Waverley Harriers
211	0:36:53	5444	Sophie Roberts	Windrush Triathlon Club	311	0:39:02	5080	Laura Bestow	Sevenoaks AC
212	0:36:59	4062	Lauren Nichols	Bedford & County AC	312	0:39:04	4219	Anoushka Johnson	Central Park Athletics
213	0:37:00	5247	Chloe Bird	Tonbridge Ac	313	0:39:04	4822	Fran Sille	Maidenhead AC
214	0:37:01	4640	Ieva Klavina	Huntingdonshire AC	314	0:39:05	4229	Hollie Elliott	Charnwood A C
215	0:37:03	4837	Emily Hale	Medway And Maidstone Ac	315	0:39:05	4895	Carla Maley	North Shields Polytechnic Clu
216	0:37:04	4294	Rosemary Hurford	Clapham Chasers	316	0:39:05	4770	Laura Hunt	London Heathside
217	0:37:04	4464	Hannah Farrow	Fulham Running Club	317	0:39:06	5005	Eva Thomas	Reading AC
218	0:37:05	4688	Teresa Murphy	Kent AC	318	0:39:07	4835	Lottie Riddle	Matlock Athletic Club
219	0:37:05	5333	Clara Pettitt	Vale Royal Ac	319	0:39:09	4304	Frances Crozier	Clevedon AC
220	0:37:06	5282	Anja Greenwood	Trent Park Running Club	320	0:39:09	4338	Laura Marshall	Croydon Harriers
221	0:37:06	5420	Helen Rountree	Wimbledon Windmilers	321	0:39:11	5315	Amy Johnson	Tyne Bridge Harriers
222	0:37:07	4471	Sophie McKeeman	Fulham Running Club	322	0:39:11	5387	Anna Critchlow	West 4 Harriers
223	0:37:07	4177	Lucy Tothill	Bristol and West AC	323	0:39:11	4476	Ursula Hankinson	Ful-On Tri Club
224	0:37:09	4826	Charlotte Johnston	Maidstone Harriers	324	0:39:12	4636	Eleanor Daglish	Houghton Harriers & Ac
225	0:37:09	5261	Alice Ralph	Tonbridge Ac	325	0:39:13	4548	Issy Jones	Harrow AC
226	0:37:09	4278	Mandy Vernon	City Of Stoke Ac	326	0:39:13	4618	Freya Hollingsworth	Hillingdon AC
227	0:37:11	4785	Genevieve Weston	London Heathside	327	0:39:13	4609	Ellen Kerr	Highgate Harriers
228	0:37:13	4022	Sophie Vallis	Aldershot Farnham & District	328	0:39:14	4777	Julie Pickering	London Heathside
229	0:37:14	4521	Catherine Allen	Hallamshire Harriers Sheffield	329	0:39:14	5064	Sarah Carroll	Salford Harriers & Ac
230	0:37:14	4388	Rebecca Schulleri	Dulwich Runners AC	330	0:39:15	4492	Victoria Cartwright	GoodGym Race Team
231	0:37:18	5178	Kelley Haniver	Stubbington Green Runners	331	0:39:15	4870	Claire Capper	Newcastle Staffs Ac
232	0:37:19	4368	Heather Paterson	Dorking & Mole Valley AC	332	0:39:17	4468	Seren Hughes	Fulham Running Club
233	0:37:21	5137	Hannah Burkhardt	St Albans Striders	333	0:39:18	5187	Amber Brough-Nuesink	Sutton Runners
234	0:37:21	4726	Johanna Sharples	Leighton Buzzard Athletic Clu	334	0:39:19	4215	Emma Rocheteau	Cambridge University Hare ar
235	0:37:25	4556	Robyn Matson	Havering AC	335	0:39:22	4551	Jenna Levett	Hastings AC
236	0:37:25	4039	Jacqueline Rockliffe	Avon Valley Runners	336	0:39:24	5090	Laura Jacklin	Sinfin Running Club
237	0:37:25	5150	Hannah Rayden	St Albans Striders	337	0:39:24	4251	Leona Beaumont	Chorlton Runners
238	0:37:28	5113	Katherine Fry	Southampton University Athl	338	0:39:28	4998	Lucy Daniells	Reading AC
239	0:37:28	5290	Jayne Dickens	Trentham Rc	339	0:39:28	4509	Karen Bryant	Guildford & Godalming AC
240	0:37:30	5101	Alice Germana	South London Harriers	340	0:39:29	4724	Nicola Mellor	Leighton Buzzard Athletic Clu
241	0:37:33	5205	Chloe Beckett	Thames Hare & Hounds	341	0:39:29	4426	Sheridan Marshall	Epsom & Ewell Harriers
242	0:37:34	5308	Cathy Gill	Tunbridge Wells Harriers	342	0:39:30	5398	Fiona Chick	Westbury Harriers
243	0:37:35	5422	Araminta Stubbs	Wimborne AC	343	0:39:31	5327	Lucy Burch	Vale Royal Ac
244	0:37:36	5118	Hayley Lamkin	Southend On Sea Ac	344	0:39:32	4185	Bev Holmes	Burnham Joggers
245	0:37:36	5475	Karen Tostee	York Knavesmire Harriers	345	0:39:32	4996	Lydia Blythe	Reading AC
246	0:37:38	4875	Grace Nanford	Newcastle Staffs Ac	346	0:39:33	4795	Sari Giering	Lordshill Road Runners
247	0:37:40	5087	Rachel Rose	Sheffield RC	347	0:39:34	4046	Katherine March	Barnet & District AC
248	0:37:41	4992	Natalie Haarer	Ranelagh Harriers	348	0:39:35	5139	Kate Dixon	St Albans Striders
249	0:37:41	4661	Ashia Fenwick	Ipswich Harriers	349	0:39:35	5270	Helen Bonaer	Totton RC
250	0:37:41	4246	Emily Hollis	Chiltern Harriers AC	350	0:39:36	4137	Lorna Al-Ani	Bournville Harriers
251	0:37:41	4413	Nicola Payne	Ealing Southall & Middlesex A	351	0:39:36	4204	Jessica Lowe	Cambridge Harriers
252	0:37:43	4303	Liza Bradshaw	CLC Striders	352	0:39:37	4611	Sabina Russell	Highgate Harriers
253	0:37:45	5170	Emma Bexson	Stratford Upon Avon AC	353	0:39:38	4980	Karima Harris	Queen's Park Harriers
254	0:37:45	5116	Sarah Jeffery	Southend On Sea Ac	354	0:39:38	4247	Katie Royals	Chiltern Harriers AC
255	0:37:45	5008	Hayleigh Wood	Reading AC	355	0:39:39	5440	Rachel Ferguson	Windrush Triathlon Club
256	0:37:46	4547	Joanna Finill	Harrow AC	356	0:39:43	4986	Georgina Thorborn	Queen's Park Harriers
257	0:37:56	4913	Eleanor Fowler	Nuneaton Harriers	357	0:39:45	5406	Emma Woodworth	Westbury Harriers
258	0:37:57	4068	Caitlin Bradbury	Beeston AC	358	0:39:46	4423	Lauren Johnson	Epsom & Ewell Harriers
259	0:37:57	4490	Briony Bishop	Gloucester AC	359	0:39:48	4554	Clare Davies	Havering AC
260	0:37:59	5218	Katy Hedgethorne	Thames Hare & Hounds	360	0:39:50	4862	Juliette Westbrook	Mornington Chasers
261	0:38:00	4788	Lily Woolcock	London Heathside	361	0:39:53	5197	Amy Glynn	Team Bath Athletic Club
262	0:38:00	5425	Emma Carter	Winchester & District AC	362	0:39:53	4104	Danel Jansen Van Rensburg	Birchfield Harriers
263	0:38:03	5431	Kate Green	Winchester & District AC	363	0:39:54	4567	Rachel Shaw	Headington RR
264	0:38:04	5107	Philippa Aukett	Southampton Athletic Club	364	0:39:54	5454	Natalie Thompson	Windsor Slough Eton & Houn
265	0:38:04	5038	Zoe Hewitson	Royston Runners	365	0:39:55	5321	Hannah Stewart	Tyne Bridge Harriers
266	0:38:04	5341	Lydia Briggs	Victoria Park Harriers And To	366	0:39:55	4181	Natasha Newton	Bromsgrove and Redditch
267	0:38:07	4544	Hannah Turner	Harpندن Arrows	367	0:39:56	5092	Jade Brown	Skegness & District Running C
268	0:38:11	4714	Eleanor Johnson	Leigh on Sea Striders	368	0:39:58	4727	Elizabeth McNally	Leven Valley AC
269	0:38:12	4932	Rebecca Walker	Oxford University AC	369	0:39:58	4680	Victoria Buck	Kent AC
270	0:38:14	4849	Sophie Brownlee	Mornington Chasers	370	0:39:59	4385	Emma Ibell	Dulwich Runners AC
271	0:38:15	5358	Ali Trauttmansdorff	Victoria Park Harriers And To	371	0:40:00	4280	Therese Jansson	City of York AC
272	0:38:16	5250	Alexandra Crockford	Tonbridge Ac	372	0:40:00	5251	Sarah Cronin	Tonbridge Ac
273	0:38:17	4709	Victoria Merrick	Leeds City Athletic Club	373	0:40:01	4650	Jessica Denman	Ilkeston Running Club
274	0:38:18	4962	Becky Rendall	Poole Ac	374	0:40:04	4339	Jessica Moore	Croydon Harriers
275	0:38:20	5345	Claire Fisher	Victoria Park Harriers And To	375	0:40:06	4651	Melissa Denman	Ilkeston Running Club
276	0:38:21	4252	Rachel Brown	Chorlton Runners	376	0:40:08	5184	Holly Watson	Stubbington Green Runners
277	0:38:22	5437	Samantha Parkinson	Winchester & District AC	377	0:40:08	4299	Alice Steele	Clapham Chasers
278	0:38:24	4157	Rebecca Berger-North	Bracknell AC	378	0:40:14	4391	Katie Smith	Dulwich Runners AC
279	0:38:25	4323	Penny Oliver	Coventry Godiva Harriers	379	0:40:15	4040	Leah Sartain	Avon Valley Runners
280	0:38:26	4290	Lucy Hancock	Clapham Chasers	380	0:40:17	4393	Melissa Drignon	Durham City Harriers & AC
281	0:38:27	5050	Anne Chinoy	Sale Harriers Manchester	381	0:40:18	4499	Vicky Presland	Great Bentley Running Club
282	0:38:27	5340	Susan Bint	Victoria Park Harriers And To	382	0:40:20	4218	Elizabeth Brookes	Central Park Athletics
283	0:38:28	4703	Rebecca Keddie	Kingston AC And Poly Harrier	383	0:40:20	4334	Anna Corby	Croydon Harriers
284	0:38:29	4281	Angharad Pryce	City of York AC	384	0:40:21	5115	Lee-anne Cann	Southend On Sea Ac
285	0:38:29	5479	Jenny Featherstone	Totley AC	385	0:40:23	4200	Susan Dixon	Cambridge Harriers
286	0:38:30	4012	Megan Gildea	Aldershot Farnham & District	386	0:40:24	4823	Melanie Tudor	Maidenhead AC
287	0:38:31	4598	Jennifer Nandi	Herne Hill Harriers	387	0:40:24	4003	Andrea Cobo	Abbey Runners
288	0:38:31	4587	Fiona De Mauny	Herne Hill Harriers	388	0:40:24	4850	Cloudy Carnegie	Mornington Chasers
289	0:38:33	4451	Kayleigh Copeland	Farnham Runners	389	0:40:25	5146	Lucy Jones	St Albans Striders
290	0:38:35	4456	Nikki Goodwin	Folkestone RC	390	0:40:25	4387	Ange Norris	Dulwich Runners AC
291	0:38:35	4659	Ruth Kitchen	Ilkley Harriers AC	391	0:40:25	5213	Vikki Filsell	Thames Hare & Hounds
292	0:38:36	4645	Jordan Hinds	Ilford AC	392	0:40:26	5065	Jo Burkett	Serpentine RC
293	0:38:38	4287	Helen Cooper	Clapham Chasers	393	0:40:28	4613	Jemima Storey	Highgate Harriers
294	0:38:40	5381	Sarah Morris	Waverley Harriers	394	0:40:29	5245	Rowena De Belligny	Tiptree Road Runners
295	0:38:41	4881	Eleanor Dixon	Newquay Road Runners	395	0:40:29	4623	Emma Cupitt	Holme Pierpoint Rc
296	0:38:42	5459	Louise Mills	Woking AC	396	0:40:29	4293	Rebecca Hughes	Clapham Chasers
297	0:38:43	4265	Emma Montiel	City Of Portsmouth AC	397	0:40:31	5404	Alison Rogers	Westbury Harriers
298	0:38:46	4162	Hannah Araniello	Brighton Phoenix	398	0:40:33	5134	Naomi Baker	St Albans Striders
299	0:38:46	4214	Emily Bradley	Cambridge University Hare ar	399	0:40:34	4968	Kate Lakeland	Preston Harriers
300	0:38:49	5081	Suzy Claridge	Sevenoaks AC	400	0:40:37	5418	Bernadette Maher	Wimbledon Windmilers

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:40:38	4421	Corrine Whaling	Elvet Striders	501	0:42:36	4422	Louisa Harrold	Epsom & Ewell Harriers
402	0:40:38	4607	Natasha Cendrowicz	Highgate Harriers	502	0:42:36	4654	Sarah Taylor	Ilkeston Running Club
403	0:40:39	4255	Daria Jermakova	Chorlton Runners	503	0:42:36	4043	Jennifer Johns	Barnet & District AC
404	0:40:40	4702	Eleanor Arnfield	Kingston AC And Poly Harrier	504	0:42:36	4869	Maxine Bickerton	Newcastle Staffs Ac
405	0:40:41	4621	Janet Atkinson	Holme Pierrepont Rc	505	0:42:39	5232	Julie Haworth	The Stragglers Running Club
406	0:40:42	5349	Faye Jeacocke	Victoria Park Harriers And To	506	0:42:39	4144	Charlie Hurd	Bournville Harriers
407	0:40:47	4358	Chloe Scotchbrook	Datchet Dashers	507	0:42:39	4026	Kirsty Parker	Arena 80 AC
408	0:40:47	5056	Sian Rowley	Sale Harriers Manchester	508	0:42:40	4720	Amy Farnfield	Leighton Buzzard Athletic Clu
409	0:40:49	4689	Zuzana Nemeckova	Kent AC	509	0:42:41	4813	Rosie Canham	Luton Athletic Club
410	0:40:49	4418	Andrea Banner	Elswick Harriers	510	0:42:41	5151	Karen Sheard	St Albans Striders
411	0:40:50	4454	Emily Chambers	Folkestone RC	511	0:42:42	4478	Joanna Peterschmitt	Ful-On Tri Club
412	0:40:51	4910	Katy McGonigal	Notts AC	512	0:42:42	4505	Emmanuelle Navarri	Greenwich Tritons Triathlon C
413	0:40:51	4619	Karmen Pardoe	Hillingdon AC	513	0:42:43	4264	Joanne Kitching	City Of Portsmouth AC
414	0:40:51	5047	Helen Armitage	Sale Harriers Manchester	514	0:42:45	5188	Chloe Constantine	Sutton Runners
415	0:40:54	4635	Danielle Coulson	Houghton Harriers & Ac	515	0:42:46	4697	Jo Wint	Kent AC
416	0:40:57	4340	Victoria Coleman	Dacorum Athletic Club	516	0:42:47	4390	Eleanor Simmons	Dulwich Runners AC
417	0:40:57	4138	Monica Baptista	Bournville Harriers	517	0:42:53	4558	Stephanie Phillips	Havering AC
418	0:40:58	4439	Lee Milne	Eton Manor AC	518	0:42:54	5396	Claire Harris	West Cheshire Athletic Club
419	0:40:59	4746	Vanessa Parker	London City Runners	519	0:42:55	5135	Louise Bentham	St Albans Striders
420	0:40:59	4405	Jennifer Watt	Ealing Eagles Running Club	520	0:42:58	4540	Ursula Stevens	Harborough AC
421	0:41:01	4428	Aneta Ryans	Epsom & Ewell Harriers	521	0:43:00	4542	Isabel Green	Harpenden Arrows
422	0:41:03	4132	Elissa Clark	Bournemouth Ac	522	0:43:01	5466	Laura Storer	Wreake & Soar Valley
423	0:41:04	4787	Jennifer Wing	London Heathside	523	0:43:02	4005	Helen Roden	Abbey Runners
424	0:41:07	5126	Polly Bridgman	Springfield Striders RC	524	0:43:04	4581	Suzie Slemack	Hercules Wimbledon AC
425	0:41:08	4844	Joanna Adamson	Middleton Harriers Ac	525	0:43:04	5054	Sarah Goulden	Sale Harriers Manchester
426	0:41:10	4744	Sophie More	London City Runners	526	0:43:07	4641	Eleanor Smith	Huntingdonshire AC
427	0:41:12	5165	Claire Collinson	Stocksfield Striders	527	0:43:08	4036	Bethan Francis	Avon Valley Runners
428	0:41:13	4549	Jennifer Keal	Harrow AC	528	0:43:10	5274	Ruth Beresford	Trafford Athletic Club
429	0:41:14	5470	Aoife Burke	York Knavesmire Harriers	529	0:43:13	4539	Hazel O'connell	Harborough AC
430	0:41:15	5278	Sophie Ralston	Trafford Athletic Club	530	0:43:14	5371	Beverley McLees	Ware Joggers
431	0:41:17	4292	Pippa Hudson	Clapham Chasers	531	0:43:14	5020	Jill Barton	Rochdale Harriers & AC
432	0:41:17	4444	Zoe Woodward	Eton Manor AC	532	0:43:15	5244	Kate Williams	Tipton Harriers
433	0:41:19	5141	Lauren Eckley	St Albans Striders	533	0:43:16	5240	Lisa Kendrick	Tipton Harriers
434	0:41:20	4552	Amy Rodway	Hastings AC	534	0:43:17	4811	Cheryl Parkin	Low Fell RC
435	0:41:21	4346	Sophie Routledge	Dacorum Athletic Club	535	0:43:17	4853	Elie Holloway	Mornington Chasers
436	0:41:21	5011	Chloe Lloyd	Reading Roadrunners	536	0:43:17	5272	Patricia Spodzieja	Totton RC
437	0:41:22	4719	Ruth Eastman	Leighton Buzzard Athletic Clu	537	0:43:18	4921	Christine Kennedy	Orion Harriers
438	0:41:22	5259	Lucy Pitcairn-Knowles	Tonbridge Ac	538	0:43:19	4429	Sharon Bolister	Eton Manor AC
439	0:41:24	4546	Sarah Gill	Harrogate Harriers & AC	539	0:43:21	5428	Alison Fenwick	Winchester & District AC
440	0:41:24	5319	Rachael Perowne	Tyne Bridge Harriers	540	0:43:21	4761	Kimberli Butler	London Heathside
441	0:41:24	4164	Amy Davis	Brighton Phoenix	541	0:43:23	4863	Rosie Young	Mornington Chasers
442	0:41:25	5091	Hannah Lilley	Sinfin Running Club	542	0:43:25	4196	Christine Bond	Cambridge Harriers
443	0:41:25	4146	Faith Lucas	Bournville Harriers	543	0:43:27	5335	Lina Amruleviciute	Vegan Runners UK
444	0:41:27	4154	Georgina Robson	Bournville Harriers	544	0:43:28	5238	Cheryl Graham	Tipton Harriers
445	0:41:28	4864	Patricia Speedie	New Marske Harriers Club	545	0:43:29	4571	Jayne Lynas	Heanor Running Club
446	0:41:28	4836	Karen Cudmore	Medway And Maidstone Ac	546	0:43:29	4308	Katie Gibson	Colchester Harriers AC
447	0:41:29	5403	Jayne Pemble	Westbury Harriers	547	0:43:31	5129	Imogen Ovenden	Springfield Striders RC
448	0:41:32	4750	Naseem Allmomen	London Fronrunners	548	0:43:31	4188	Anna Broughton	Cambridge & Coleridge AC
449	0:41:33	4721	Orla Fehilly	Leighton Buzzard Athletic Clu	549	0:43:31	4330	Michele Nixon	Crawley Saints & Sinners Run
450	0:41:34	4786	Ciara Williams	London Heathside	550	0:43:43	4643	Fiona Norman-Brown	HY Runners
451	0:41:35	4860	Fiona Russell	Mornington Chasers	551	0:43:43	5249	Danila Costamagna	Tonbridge Ac
452	0:41:37	4681	Susanna Davies	Kent AC	552	0:43:44	4855	Rafaele Lamour	Mornington Chasers
453	0:41:38	4041	Sarah Boxer	Barnet & District AC	553	0:43:48	4244	Elizabeth Robinson	Chichester Runners & AC
454	0:41:38	5066	Debbie Clarke	Serpentine RC	554	0:43:49	5318	Claire Norman	Tyne Bridge Harriers
455	0:41:38	4382	Yvette Dore	Dulwich Runners AC	555	0:43:50	5163	Clair Wren	Steel City Striders RC
456	0:41:39	4773	Trudy Kearney	London Heathside	556	0:43:51	5193	Lauren Marsden	Swinton Running Club
457	0:41:39	4212	Hannah Cooke	Cambridge Triathlon Club	557	0:43:51	5033	Dale Lyons	Royal Sutton Coldfield Athleti
458	0:41:41	5285	Aimee Jenner	Trent Park Running Club	558	0:43:52	5323	Charlie Pinkney	Tynedale Harriers & AC
459	0:41:42	4660	Sarah Pickering	Ilkley Harriers AC	559	0:43:52	4207	Hayley Newman	Cambridge Harriers
460	0:41:43	4377	Ola Balme	Dulwich Runners AC	560	0:43:53	4495	Floor Christie	Gosforth Harriers & Ac
461	0:41:44	4572	Kelsey Moloney	Heanor Running Club	561	0:43:56	5168	Amy Evans	Stourbridge RC
462	0:41:46	4543	Aisling Patterson	Harpenden Arrows	562	0:43:57	4692	Suzanne Spalding	Kent AC
463	0:41:51	5099	Heidi Dann	South London Harriers	563	0:43:58	4241	Nadia Anderson	Chichester Runners & AC
464	0:41:52	4515	Lottie Newman	Guildford & Godalming AC	564	0:43:58	4472	Heather Miller	Fulham Running Club
465	0:41:53	4819	Ellen Easten	Maidenhead AC	565	0:43:59	5376	Amy Cope-Balchin	Watford Joggers
466	0:41:54	5210	Jessica Davies	Thames Hare & Hounds	566	0:44:00	4442	Jane Rukin-White	Eton Manor AC
467	0:41:54	4655	Alison Bennett	Ilkley Harriers AC	567	0:44:03	4119	Amber Reed	Blackheath & Bromley Harrie
468	0:41:54	5093	Sarah Dowling	Skegness & District Running C	568	0:44:03	4941	Jenny Leng	Petts Wood Runners
469	0:41:54	4756	Tanya Addison	London Heathside	569	0:44:04	5119	Vanessa Mathers	Southend On Sea Ac
470	0:41:57	4580	Annmarie Seymour	Hercules Wimbledon AC	570	0:44:04	5195	Helen Nation	Swinton Running Club
471	0:41:58	4624	Ann Gould	Holme Pierrepont Rc	571	0:44:06	5433	Jo Jefferies	Winchester & District AC
472	0:41:58	4738	Amber Barton	London City Runners	572	0:44:07	5471	Orna O'Toole	York Knavesmire Harriers
473	0:41:58	5072	Rhiannon Needham	Serpentine RC	573	0:44:07	4096	Beata Kubala-Todd	Bexley Ac
474	0:41:59	4467	Katherine Gow	Fulham Running Club	574	0:44:09	4789	Ann Woulfe	London Heathside
475	0:41:59	5194	Rebecca Mills	Swinton Running Club	575	0:44:10	4187	Ruth Gowers	Buxton AC
476	0:42:02	4228	Natalie Egginton	Charnwood A C	576	0:44:11	5408	Jacqui Jones	Wigan & District H & AC
477	0:42:03	4065	Julia Barham	Beeston AC	577	0:44:11	4718	Lynn Boddy	Leighton Buzzard Athletic Clu
478	0:42:03	4722	Amy Inchley	Leighton Buzzard Athletic Clu	578	0:44:12	4649	Cathy Ayton	Ilkeston Running Club
479	0:42:03	4936	Elisabeth Sennitt Clough	Peterborough & Nene Valley	579	0:44:12	5079	Janet Worster	Serpentine RC
480	0:42:07	5389	Rosemary Lewis	West 4 Harriers	580	0:44:13	5044	Suzanne Rathbone	Rushcliffe Ac
481	0:42:08	4560	Madeleine Ding	Headington RR	581	0:44:13	4605	Jessica Winfield	Herne Hill Harriers
482	0:42:10	4923	Hayley Rogerson	Orion Harriers	582	0:44:14	5415	Claire Boynton	Wimbledon Windmilers
483	0:42:11	4867	Eleanor Jordan	Newbury AC	583	0:44:15	4463	Katherine Elmore-Jones	Fulham Running Club
484	0:42:13	5309	Jillian Holford	Tunbridge Wells Harriers	584	0:44:18	4596	Evie McDermott	Herne Hill Harriers
485	0:42:13	4268	Katie Clements	City Of Salisbury AC & RC	585	0:44:23	4411	Olivia Howes Smith	Ealing Southall & Middlesex A
486	0:42:15	5003	Lynne Nike	Reading AC	586	0:44:25	4513	Wendy Marryshow	Guildford & Godalming AC
487	0:42:16	4569	Katie Davis	Heanor Running Club	587	0:44:25	4030	Aillis Goddard	Ashford & District RRC
488	0:42:17	4563	Lucy Goddard	Headington RR	588	0:44:26	5257	Grazia Manzotti	Tonbridge Ac
489	0:42:17	4262	Katie Carew-Robinson	City Of Portsmouth AC	589	0:44:27	4784	Jacqueline Wastell	London Heathside
490	0:42:18	4960	Kirstin Hay	Poole Ac	590	0:44:30	5407	Lisa Heyes	Wigan & District H & AC
491	0:42:18	4465	Sophie Finnigan	Fulham Running Club	591	0:44:30	5198	Philippa Spruit	Team Bath Athletic Club
492	0:42:19	4946	Rachel Flannigan	Phoenix Striders	592	0:44:30	4903	Joanna Killingworth	Norwich Road Runners
493	0:42:19	5120	Rebecca Taylor	Southend On Sea Ac	593	0:44:32	5336	Tess Killingbeck	Vegan Runners UK
494	0:42:25	5145	Anna Jones	St Albans Striders	594	0:44:34	5236	Penelope Barber	Tipton Harriers
495	0:42:25	5032	Jennie Lloyd	Royal Sutton Coldfield Athleti	595	0:44:34	4541	Liz Young	Hardley Runners
496	0:42:26	5474	Clare Rowntree	York Knavesmire Harriers	596	0:44:36	4226	Rebecca Goult	Chapel Allerton Runners
497	0:42:28	5133	Caroline Bailes	St Albans Striders	597	0:44:37	5117	Kasia Kostyrka-Allchorne	Southend On Sea Ac
498	0:42:28	4796	Georgia Harrison	Lordshill Road Runners	598	0:44:37	5227	Fran Lou	Thames Valley Harriers
499	0:42:31	4224	Sade McKenzie	Centurion RC	599	0:44:39	5314	Jessica Graham	Tyne Bridge Harriers
500	0:42:32	4944	Gillian Selman	Petts Wood Runners	600	0:44:41	4706	Courtney Depala	Leamington Cycling and Athle

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
601	0:44:41	4365	Ness Kingham	Dorking & Mole Valley AC	701	0:46:53	4653	Sonia Hutchby	Ilkeston Running Club
602	0:44:42	4512	Cordelia Dowsey	Guildford & Godalming AC	702	0:46:55	4344	Poppy McGeown	Dacorum Athletic Club
603	0:44:43	4791	Gabriele Cook	Lordshill Road Runners	703	0:46:55	4874	Gayl Nixon	Newcastle Staffs Ac
604	0:44:45	4573	Susan Pinder	Heanor Running Club	704	0:46:58	4302	Katharine Waldron	Clapham Chasers
605	0:44:45	4211	Christine Barr	Cambridge Triathlon Club	705	0:46:58	4125	Kandis Watson	Blyth Running Club
606	0:44:48	4332	Eleanor Spencer-Regan	Crook & Dist Sports AC	706	0:46:59	4729	Liz McLennan	Lingfield RC
607	0:44:48	5132	Mandy Attree	St Albans Striders	707	0:46:59	4381	Rebecca Davis	Dulwich Runners AC
608	0:44:49	4403	Anna Shierson	Ealing Eagles Running Club	708	0:47:01	4357	Bonnie Maugey	Dartford Harriers AC
609	0:44:51	5456	Anne Rosbottom	Wirral AC	709	0:47:02	4905	Niki Park	Norwich Road Runners
610	0:44:51	5006	Kathryn Tolson	Reading AC	710	0:47:03	4652	Laura Hickey	Ilkeston Running Club
611	0:44:52	5374	Emma Gardner	Watford Harriers	711	0:47:03	4519	Bethan Davies	Halifax Harriers & AC
612	0:44:54	4275	Donna Claridge	City Of Sheffield And Dearne	712	0:47:04	4809	Clare Magrath	Low Fell RC
613	0:44:54	5096	Shun-lai Chan	South London Harriers	713	0:47:06	4888	Helen Hall	North East Project
614	0:44:55	4566	Nicola Oldroyd	Headington RR	714	0:47:07	4771	Jo Irwin	London Heathside
615	0:44:55	5009	Sarah Alsford	Reading Roadrunners	715	0:47:11	5378	Annie Whitton	Watford Joggers
616	0:44:56	4449	Lindsay Bamford	Farnham Runners	716	0:47:13	4924	Katherine Taylor	Orion Harriers
617	0:44:58	4141	Jude Glynn	Bournville Harriers	717	0:47:16	4891	Zoe Walls	North East Project
618	0:45:00	4004	Laura Phillips	Abbey Runners	718	0:47:18	4666	Sally George	Istead & Ifield Harriers
619	0:45:03	5071	Sarah MacKenzie	Serpentine RC	719	0:47:20	4687	Jo Mott	Kent AC
620	0:45:05	4488	Charlotte Bliss	Glossopdale Harriers	720	0:47:23	4034	Rebecca Dyer	Ashford AC
621	0:45:08	4075	Susan Wheatcroft	Beeston AC	721	0:47:23	5162	Kate Scott	Steel City Striders Rc
622	0:45:09	4975	Amelia Carman	Queen's Park Harriers	722	0:47:25	4839	Bernadette Harrop	Medway And Maidstone AC
623	0:45:09	4048	Sarah Ralphs	Barnet & District AC	723	0:47:26	4337	Jenny Forde	Croydon Harriers
624	0:45:12	4002	Daisy Street	26.2 Road Runners Club	724	0:47:27	5159	Caroline Rowena Greenough	Steel City Striders Rc
625	0:45:13	5288	Anna Sikorska	Trent Park Running Club	725	0:47:28	4435	Gail Hennessy	Eton Manor AC
626	0:45:14	4768	Claire Hennigan	London Heathside	726	0:47:28	4042	Kathryn Ellis	Barnet & District AC
627	0:45:15	4906	Caroline Youngman	Norwich Road Runners	727	0:47:30	4272	Isabel McNulty	City Of Salisbury AC & RC
628	0:45:18	5269	Jacque Barlow	Totton RC	728	0:47:31	4111	Kirsty Robinson	Birtley AC
629	0:45:20	5052	Sinead Ferguson	Sale Harriers Manchester	729	0:47:31	4098	Kirsty McEwen	Bexley Ac
630	0:45:21	4952	Kristina Read	Phoenix Striders	730	0:47:32	4213	Caroline Harding	Cambridge Triathlon Club
631	0:45:22	5357	Eleanor Tait	Victoria Park Harriers And To	731	0:47:32	4555	Emily James	Havering AC
632	0:45:23	4898	Debbie Campbell	Northbrook Athletic Club	732	0:47:32	4497	Lisa Briggs	Great Bentley Running Club
633	0:45:23	4938	Jade Watson	Peterborough & Nene Valley	733	0:47:32	4253	Ann Carney	Chorlton Runners
634	0:45:24	5299	Marie Alden	Tri London	734	0:47:35	4523	Kirsty Bryan-Jones	Hallamshire Harriers Sheffield
635	0:45:26	4283	Gemma Brierley-Rutter	Clapham Chasers	735	0:47:36	4945	Chloe Wilkinson	Petts Wood Runners
636	0:45:27	4397	Claire Ellison	Ealing Eagles Running Club	736	0:47:38	4751	Emily Chong	London Frontrunners
637	0:45:29	5174	Stephanie Upton	Striders Of Croydon	737	0:47:39	4533	Wendy Carter	Halstead RRC
638	0:45:30	4320	Sophia Charters	Coventry Godiva Harriers	738	0:47:41	4459	Sylvia Tokarska	Folkestone RC
639	0:45:32	4427	Bethany Quy	Epsom & Ewell Harriers	739	0:47:42	5307	Michele Bradshaw	Tunbridge Wells Harriers
640	0:45:32	5230	Madeleine Baptista	The Stragglers Running Club	740	0:47:45	4033	Lesley Taylor	Ashford & District RRC
641	0:45:32	4595	Alexandra Marginean	Herne Hill Harriers	741	0:47:51	4142	Sara Hewison	Bournville Harriers
642	0:45:33	4812	Bernadette Salmon	Low Fell RC	742	0:47:53	4394	Christine Woods	Durham City Harriers & AC
643	0:45:34	4871	Jan Cassidy	Newcastle Staffs Ac	743	0:47:53	4658	Diane Kitchen	Ilkeston Harriers AC
644	0:45:36	4500	Meera Rajoo-Oakley	Great Bentley Running Club	744	0:47:54	5421	Ella Waddingham	Wimbledon Windmilers
645	0:45:39	4322	Jayne Mumford	Coventry Godiva Harriers	745	0:47:55	4574	Joanne Potter	Heanor Running Club
646	0:45:42	4234	Elaine Seager	Charnwood A C	746	0:47:56	5015	Rachel Sliney	Reading Roadrunners
647	0:45:44	5390	Sarah McIntosh	West 4 Harriers	747	0:48:00	4504	Lesley McCarthy	Greenwich Tritons Triathlon C
648	0:45:45	4942	Alice Neal	Petts Wood Runners	748	0:48:00	5155	Thea Cummings	St Mary's Richmond AC
649	0:45:46	5173	Cindy Siu	Striders Of Croydon	749	0:48:01	5177	Penny Forse	Stubbington Green Runners
650	0:45:48	4889	Jackie Walker	North East Project	750	0:48:01	5393	Yuko Saito	West 4 Harriers
651	0:45:49	5360	Michele Alty	Wallasey Athletic Club	751	0:48:03	4250	Alison Barbuti	Chorlton Runners
652	0:45:49	5361	Jannine McArd	Wallasey Athletic Club	752	0:48:06	4457	Karla Larnder	Folkestone RC
653	0:45:50	5402	Emma Jane Orchard	Westbury Harriers	753	0:48:07	4362	Abigail Edwards	Dorking & Mole Valley AC
654	0:45:50	4890	Amanda Waller	North East Project	754	0:48:14	4221	Christine Munday	Central Park Athletics
655	0:45:53	4647	Alison Sale	Ilford AC	755	0:48:17	4857	Stephanie Mercier	Mornington Chasers
656	0:45:54	4978	Gillian Cross	Queen's Park Harriers	756	0:48:22	4897	Jessica Barry	Northbrook Athletic Club
657	0:45:54	4155	Nicola Tautscher	Bournville Harriers	757	0:48:22	4802	Aimee Rippon	Lordshill Road Runners
658	0:45:57	4846	Gaby Anderson	Mornington Chasers	758	0:48:23	5375	Clare Bonnick	Watford Joggers
659	0:45:59	5022	Naomi Clegg	Rotherham Harriers And Ac	759	0:48:23	4798	Helen Lovell	Lordshill Road Runners
660	0:45:59	5368	Anthea Francis	Ware Joggers	760	0:48:24	5310	Suzannah Kinsella	Tunbridge Wells Harriers
661	0:46:00	4380	Lucy Clapp	Dulwich Runners AC	761	0:48:24	4940	Lianne Flynn	Petts Wood Runners
662	0:46:02	5196	Lisa Bennett	Team Bath Athletic Club	762	0:48:25	4126	Sandra Watson	Blyth Running Club
663	0:46:03	5369	Joanne Gladding	Ware Joggers	763	0:48:29	4820	Jennefer Francis	Maidenhead AC
664	0:46:05	4285	Noemie Cavaillon-Ram	Clapham Chasers	764	0:48:30	4183	Jennifer Coleman	Burnham Joggers
665	0:46:07	4617	Zoe Dobbs	Hillingdon AC	765	0:48:32	4747	Emily Riddell	London City Runners
666	0:46:08	5258	Pearl Pearce	Tonbridge AC	766	0:48:32	4579	Angie Jenkinson	Hercules Wimbledon AC
667	0:46:08	4576	Elaine Wilkins	Heanor Running Club	767	0:48:33	4901	Sarah Boosey	Norwich Road Runners
668	0:46:13	4458	Catherine O'Connor	Folkestone RC	768	0:48:34	4902	Deborah English	Norwich Road Runners
669	0:46:14	4414	Louise Prince	Ealing Southall & Middlesex /	769	0:48:36	4712	Hollie Boyd	Leigh on Sea Striders
670	0:46:15	4134	Lea Lohk	Bournemouth Ac	770	0:48:36	4420	Fiona Shenton	Elvet Striders
671	0:46:16	4799	Antonia Mintoff	Lordshill Road Runners	771	0:48:37	5161	Laura Rangeley	Steel City Striders Rc
672	0:46:18	5147	Ruth Kent	St Albans Striders	772	0:48:38	4673	Carolyn Kevan	Kendal Amateur Athletic Club
673	0:46:18	5372	Louise Oliver	Ware Joggers	773	0:48:38	4723	Ceana MacKenzie-Brodie	Leighton Buzzard Athletic Clu
674	0:46:20	4715	Michelle Lane	Leigh on Sea Striders	774	0:48:40	5416	Isabel Gwyther	Wimbledon Windmilers
675	0:46:21	4565	Yvonne Morris	Headington RR	775	0:48:41	4462	Sophie Denman	Fulham Running Club
676	0:46:23	4821	Leila Oliver	Maidenhead AC	776	0:48:43	5365	Julie Williams	Wallsend Harriers & Ac
677	0:46:24	4753	Maxine Kelly	London Frontrunners	777	0:48:45	4417	Jan Suddaby	East Hull Harriers & AC
678	0:46:25	4672	Hazel Clark	Kendal Amateur Athletic Club	778	0:48:46	4982	Elizabeth Horridge	Queen's Park Harriers
679	0:46:25	4731	Maggie Statham-Berry	Lingfield RC	779	0:48:50	5391	Joanna Neville	West 4 Harriers
680	0:46:27	5248	Deniz Bowart	Tonbridge Ac	780	0:48:51	4879	Rachel Wakefield	Newcastle Staffs Ac
681	0:46:28	5384	Abi Truelove	Waverly Harriers	781	0:48:51	4331	Sharon Bridge	Crook & Dist Sports AC
682	0:46:29	4644	Deborah Read	HY Runners	782	0:48:52	4828	Lindsey Farrelly	Manchester Harriers & AC
683	0:46:31	4074	Jenny Walker	Beeston AC	783	0:48:52	5148	Ellie Morris	St Albans Striders
684	0:46:32	4665	Anna Cleary	Istead & Ifield Harriers	784	0:48:55	5235	Sharon Bailey	Tipton Harriers
685	0:46:33	4179	Sharon Fox	Bromsgrove and Redditch	785	0:48:57	4984	Bethany Rudd	Queen's Park Harriers
686	0:46:34	5477	Qin Zhou	York Knavesmire Harriers	786	0:48:59	5401	Hannah McAlpine	Westbury Harriers
687	0:46:34	4511	Elizabeth Davies	Guildford & Godalming AC	787	0:48:59	4956	Kate Howlett	Pitsea Rc
688	0:46:35	4976	Anastasia Chew	Queen's Park Harriers	788	0:49:01	4395	Liz Ainsworth	Ealing Eagles Running Club
689	0:46:36	5363	Chrystal Skeldon	Wallsend Harriers & Ac	789	0:49:02	4742	Sophie Jamieson	London City Runners
690	0:46:37	4201	Marian Hine	Cambridge Harriers	790	0:49:03	4178	Betty Foggitt	Bromley Veterans AC
691	0:46:39	5233	Julie Rosemary Holmes	The Stragglers Running Club	791	0:49:07	5127	Donna Fisher	Springfield Striders RC
692	0:46:42	5453	Juliet Soane	Windsor Slough Eton & Houn	792	0:49:08	5124	Jennifer Price	Sparkhill Harriers
693	0:46:47	4319	Rachel Aldrich	Coventry Godiva Harriers	793	0:49:11	5313	Gemma Finnie	Tyne Bridge Harriers
694	0:46:49	4453	Linda Tyler	Farnham Runners	794	0:49:12	5074	Avril Riddell	Serpentine RC
695	0:46:49	5088	Elizabeth Wood	Sheffield RC	795	0:49:15	4971	Louise Trainor	Quakers Running Club
696	0:46:50	5012	Kaja Milczewska	Reading Roadrunners	796	0:49:16	5013	Katie Rennie	Reading Roadrunners
697	0:46:50	4310	Nicola Hilson	Colchester Harriers AC	797	0:49:17	4858	Rosie Nance	Mornington Chasers
698	0:46:51	5073	Kristin Raassum	Serpentine RC	798	0:49:18	4568	Rosie Winder	Headington RR
699	0:46:52	4922	Karen Lyons	Orion Harriers	799	0:49:18	5075	Jane Rumble	Serpentine RC
700	0:46:53	4412	Barbro Julin	Ealing Southall & Middlesex /	800	0:49:19	4887	Emma Hicken	North Derbyshire RC

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
801	0:49:20	4486	Barbara Kubis-Labiak	Garden City Runners	901	0:53:32	4807	Vicki Halse	Low Fell RC
802	0:49:22	4402	Anne Sampson	Ealing Eagles Running Club	902	0:53:36	4493	Claudia Neira Torne	GoodGym Race Team
803	0:49:23	4873	Hannah Jones	Newcastle Staffs Ac	903	0:53:36	4951	Jo Pearce	Phoenix Striders
804	0:49:29	4872	Cheryl Everard	Newcastle Staffs Ac	904	0:53:37	4916	Michele Kondakor	Nuneaton Harriers
805	0:49:36	5338	June Barrow-Green	Victoria Park Harriers And To	905	0:53:39	4861	Alice Sullivan	Mornington Chasers
806	0:49:36	4586	Penelope Cummings	Herne Hill Harriers	906	0:53:52	4564	Sandra Harding-Brown	Headington RR
807	0:49:37	4794	Lucy Fraser	Lordshill Road Runners	907	0:54:02	5078	Miwa Tonaki	Serpentine RC
808	0:49:42	4099	Sally Searle	Bexley Ac	908	0:54:05	5312	Carol Tsang	Tunbridge Wells Harriers
809	0:49:43	5273	Elizabeth White	Totton RC	909	0:54:07	4948	Lynsey Gray	Phoenix Striders
810	0:49:44	4288	Joanna Greening	Clapham Chasers	910	0:54:09	4409	Catherine Gunnewicht	Ealing Southall & Middlesex A
811	0:49:45	4656	Petra Bijsterveld	Ilkley Harriers AC	911	0:54:10	4430	Hayley Dalton	Eton Manor AC
812	0:49:50	4419	Stephanie Barlow	Elvet Striders	912	0:54:16	4859	Tamsin Ogilvie	Mornington Chasers
813	0:49:52	5352	Sarah Knox	Victoria Park Harriers And To	913	0:54:18	4847	Elizabeth Aryeetey	Mornington Chasers
814	0:49:54	4315	Louise Yates	Colchester Harriers AC	914	0:54:23	5337	Sophie Landau	Vegan Runners UK
815	0:49:55	4537	Lisa Rodbourn	Halstead RRC	915	0:54:24	5276	Sue Exon	Trafford Athletic Club
816	0:49:57	5171	Rebecca Pridham	Stratford Upon Avon AC	916	0:54:25	4534	Sarah Frost	Halstead RRC
817	0:49:57	5169	Rachel Smith	Stourbridge RC	917	0:54:26	4880	Amanda White	Newcastle Staffs Ac
818	0:49:58	4360	Justyna Felczerek	Doncaster Athletic Club	918	0:54:27	4814	Carolyn Smith	Lymm Runners
819	0:50:00	4701	Michelle Ann Chauhan	Kimberley & District Striders	919	0:54:30	4205	Maria MacDonald	Cambridge Harriers
820	0:50:11	4335	Miriam De Souza	Croydon Harriers	920	0:54:39	4886	Mandy Curtis	North Derbyshire RC
821	0:50:11	4914	Karenanne Herbert	Nuneaton Harriers	921	0:54:54	5157	Carol Beattie	Steel City Striders Rc
822	0:50:12	4438	Christina Long	Eton Manor AC	922	0:54:54	5364	Christine Stretesky	Wallsend Harriers & Ac
823	0:50:19	4803	Catherine Woods	Lordshill Road Runners	923	0:55:03	4373	Ib Lilley	Dulwich Park Runners
824	0:50:22	4378	Midge Cameron	Dulwich Runners AC	924	0:55:05	5417	Radhika Lingham	Wimbledon Windmilers
825	0:50:23	4648	Hannah Sheikh	Ilford AC	925	0:55:13	4532	Treena Carder	Halstead RRC
826	0:50:24	4312	Tarynn MacLeod	Colchester Harriers AC	926	0:55:35	5283	Christine Hawker	Trent Park Running Club
827	0:50:28	4575	Heather Wesson	Heanor Running Club	927	0:55:41	5409	Rachel Lawton	Wigan & District H & AC
828	0:50:29	5106	Marise Taylor	South West Veterans AC	928	0:55:43	5441	Laura Hamilton	Windrush Triathlon Club
829	0:50:30	5077	Catkin Shelley	Serpentine RC	929	0:55:46	4124	Claire Mason	Blyth Running Club
830	0:50:35	5439	Cat Baron	Windrush Triathlon Club	930	0:55:59	4957	Gemma Jones	Pitsea Rc
831	0:50:39	4220	Kirsten McTeer	Central Park Athletics	931	0:56:00	4947	Lisa Garner	Phoenix Striders
832	0:50:40	4764	Sue Eedle	London Heathside	932	0:56:14	4704	Julie Elmes	Knaresborough Striders
833	0:50:41	4311	Rosanna Holden	Colchester Harriers AC	933	0:56:15	4646	Frieda Keane	Ilford AC
834	0:50:41	5478	Tracey Dennis	Mote Runners	934	0:56:24	5130	Madeline Turner	Springfield Striders RC
835	0:50:42	4376	Lindsey Annable	Dulwich Runners AC	935	0:56:31	4123	Anne Craddock	Blyth Running Club
836	0:50:42	4450	Kay Copeland	Farnham Runners	936	0:56:38	5281	Celine Goldsmith	Trent Park Running Club
837	0:50:44	5131	Rachel Aldridge	St Albans Striders	937	0:56:43	5419	Lisa Rippon	Wimbledon Windmilers
838	0:50:47	5098	Gina Coulson	South London Harriers	938	0:56:47	5143	Gill Hudnott	St Albans Striders
839	0:50:51	4328	Victoria Wilson	Coventry Godiva Harriers	939	0:56:48	5167	Lisa Coyne	Stourbridge RC
840	0:50:52	5138	Gemma Carruthers	St Albans Striders	940	0:56:48	4371	Clare Dunne	Dulwich Park Runners
841	0:50:54	5382	Helen Morton	Waverley Harriers	941	0:56:50	4242	Sue Baker	Chichester Runners & AC
842	0:50:58	5182	Sara McRitchie	Stubbington Green Runners	942	0:56:53	4970	Sue Wickham	Preston Harriers
843	0:50:58	4625	Tara Ricketts	Holme Pierrepont Rc	943	0:56:55	4223	Denise Makepeace	Centurion RC
844	0:50:59	4604	Gillian Wheeldon	Herne Hill Harriers	944	0:57:01	4808	Wendy J Lynch	Low Fell RC
845	0:51:00	4983	Leanna Mailer	Queen's Park Harriers	945	0:57:13	4032	Lucy Johnstone	Ashford & District RRC
846	0:51:02	4274	Sarah Robertson	City Of Salisbury AC & RC	946	0:57:14	4834	Leah Hartwell	Marshall Milton Keynes AC
847	0:51:03	4147	Helen McGettrick	Bournville Harriers	947	0:57:14	4664	Kathy Wilson-Brown	Ipswich Jaffa RC
848	0:51:03	5214	Helen Geldert	Thames Hare & Hounds	948	0:57:14	4878	Susan Twardochleb	Newcastle Staffs Ac
849	0:51:06	4398	Jessica Hood	Ealing Eagles Running Club	949	0:57:26	4810	Michelle McDonough	Low Fell RC
850	0:51:07	4431	Janine Durrant	Eton Manor AC	950	0:57:27	5317	Emma Moir	Tyne Bridge Harriers
851	0:51:07	4851	Anne Caspi	Mornington Chasers	951	0:57:30	4559	Rosemary Cameron	Headington RR
852	0:51:13	4028	Massah Cooper	Ashford & District RRC	952	0:57:32	5298	Rosemary Wilson	Trentham RC
853	0:51:14	4060	Emma Coombes	Bedford & County AC	953	0:57:41	4025	Rebecca Fleckney	Amphill & Flitwick Flyers Rc
854	0:51:15	4452	Jane Georghiou	Farnham Runners	954	0:57:45	5316	Morag Kerry	Tyne Bridge Harriers
855	0:51:16	5202	Alison Preece	Telford Ac	955	0:58:00	4351	Rosina Salmon	Dagenham 88 Runners
856	0:51:18	5410	Lucy McKenna	Wigan & District H & AC	956	0:58:01	5128	Sarah Goodwin	Springfield Striders RC
857	0:51:18	4535	Charlotte King	Halstead RRC	957	0:58:04	4958	Angela Smith	Pitsea Rc
858	0:51:21	4350	Rahana Islam	Dagenham 88 Runners	958	0:58:19	4277	Caroline Fuller	City Of Sheffield And Dearne .
859	0:51:22	4498	Sarah Davison	Great Bentley Running Club	959	0:58:21	4536	Lauren Ripton	Halstead RRC
860	0:51:22	5379	Micaela Grammer	Waverley Harriers	960	0:58:28	4894	Carina Quayle	North Herts Road Runners
861	0:51:23	4434	Jennifer Hall	Eton Manor AC	961	0:58:30	4892	Lindsay Cook	North Herts Road Runners
862	0:51:25	4257	Sue Waring	Chorlton Runners	962	0:58:46	4044	Kirsty Johnstone	Barnet & District AC
863	0:51:28	4797	Sarah Kay	Lordshill Road Runners	963	0:58:47	4148	Anna McManus	Bournville Harriers
864	0:51:29	5351	Nicola Kerr	Victoria Park Harriers And To	964	0:58:51	4466	Louise Garlick	Fulham Running Club
865	0:51:35	4408	Annette Galloway	Ealing Southall & Middlesex A	965	0:58:57	4639	Angela King	Huntingdonshire AC
866	0:51:37	4474	Joanne Walker	Fulham Running Club	966	0:59:05	4073	Gemma Smart	Beeston AC
867	0:51:42	5049	Caroline Barrett	Sale Harriers Manchester	967	0:59:13	4440	Siobhan Parker	Eton Manor AC
868	0:51:42	4341	Louise Flower	Dacorum Athletic Club	968	0:59:18	4446	Sharon Crowley	Fairlands Valley Spartans
869	0:51:46	4896	Lauren Mueller	Northampton AC	969	0:59:21	4455	Maria Felicetti	Folkestone RC
870	0:51:49	4401	Olivia Parker-Scott	Ealing Eagles Running Club	970	0:59:33	4502	Marcela Arvizu	Greenwich Tritons Triathlon C
871	0:51:52	4336	Jules Del Nevo	Croydon Harriers	971	0:59:45	4732	Dily Ruffer	Littledown Harriers
872	0:51:55	4267	Helen Carlton	City Of Salisbury AC & RC	972	1:00:11	4805	Mary Johnson	Loughton AC
873	0:51:56	4657	Hilda Coulsey	Ilkley Harriers AC	973	1:00:15	4443	Sue Unsworth	Eton Manor AC
874	0:51:58	4918	Simone Wilson	Nuneaton Harriers	974	1:00:24	4683	Annabelle Hadlow	Kent AC
875	0:51:59	4161	Surjit Grewal	Brentwood Running Club	975	1:01:35	4406	Lauren Wiggins	Ealing Eagles Running Club
876	0:52:00	4049	Amanda Violet	Barnet & District AC	976	1:02:00	4676	Pauline Dable	Kenilworth Runners
877	0:52:03	4848	Laurie Boulton	Mornington Chasers	977	1:02:33	4959	Nicola Cornes	Poole Ac
878	0:52:06	5100	Maria David	South London Harriers	978	1:02:35	5367	Jeanette Collins	Ware Joggers
879	0:52:07	4730	Wendy Smith	Lingfield RC	979	1:02:42	4804	Danielle Zhao	Lordshill Road Runners
880	0:52:13	5144	Jennifer Johnston	St Albans Striders	980	1:03:11	4149	Sharon Newman	Bournville Harriers
881	0:52:16	4254	Hannah Greenlee	Chorlton Runners	981	1:03:15	4222	Clare Colquhoun	Centurion RC
882	0:52:17	5104	Paula Atkinson	South Shields Harriers & Ac	982	1:03:30	4969	Julie Tyrer	Preston Harriers
883	0:52:17	4066	Carrie Barker	Beeston AC	983	1:03:47	4954	Marion Breeze	Pitsea Rc
884	0:52:18	4904	Anne Millett	Norwich Road Runners	984	1:03:51	5067	Rose Coral	Serpentine RC
885	0:52:26	4600	Eibhlin Nibhradaigh	Herne Hill Harriers	985	1:04:03	4950	Nicola Maslen	Phoenix Striders
886	0:52:28	4485	Helen Harrison	Garden City Runners	986	1:04:03	4953	Theo Suga	Phoenix Striders
887	0:52:33	5362	Julie Collinson	Wallsend Harriers & Ac	987	1:04:12	4437	Janet Hoskin	Eton Manor AC
888	0:52:39	4964	Lita Short	Poole Runners	988	1:04:25	4800	Siobhan Mintoff	Lordshill Road Runners
889	0:53:00	5442	Florence Mowlem	Windrush Triathlon Club	989	1:05:08	4245	Wendy Whelan	Chichester Runners & AC
890	0:53:07	5200	Lisa Blagden	Telford Ac	990	1:05:52	4271	Janine Kemm	City Of Salisbury AC & RC
891	0:53:10	5366	Gemma Charville	Ware Joggers	991	1:05:58	4355	Selon Timi Veerasamy	Dagenham 88 Runners
892	0:53:13	4671	Sue Booth	Kendal Amateur Athletic Club	992	1:06:18	4353	Kaya Smith	Dagenham 88 Runners
893	0:53:14	4792	Claire Corbridge	Lordshill Road Runners	993	1:06:32	5271	Dorothea Kennard	Totton RC
894	0:53:14	4186	Patricia Keene	Burnham Joggers	994	1:06:42	4793	Charlotte Feist	Lordshill Road Runners
895	0:53:16	5252	Angie Crush	Tonbridge Ac	995	1:07:04	4097	Geraldine Legon	Bexley Ac
896	0:53:20	5292	Sarah McDonald	Trentham Rc	996	1:07:27	5287	Christine Read	Trent Park Running Club
897	0:53:22	4570	Rita Fisher	Heanor Running Club	997	1:07:49	4067	Emmalee Bish	Beeston AC
898	0:53:25	4095	Christina Fleetwood	Bexley Ac	998	1:07:55	4503	Louise Johnson	Greenwich Tritons Triathlon C
899	0:53:26	5322	Kim Firstbrook	Tynedale Harriers & AC	999	1:08:00	4961	Laura Horswill	Poole Ac
900	0:53:29	5123	Clare Bovill	Sparkhill Harriers	1000	1:10:26	4801	Michelle Nears	Lordshill Road Runners

Senior Women

Pos	Time	No	Name	Club
1001	1:11:23	4501	Pat Brightman	Great Yarmouth & District AC
1002	1:11:26	5189	Felicidade Gunn	Sutton Runners
1003	1:12:11	5476	Edwina Wilcox	York Knavesmire Harriers
1004	1:12:42	5094	Julie Goodwin	Skegness & District Running C
1005	1:12:47	5095	Helena Shelton	Skegness & District Running C
1006	1:13:37	5289	Marie Cooper	Trentham Rc
1007	1:13:38	5291	Jacquie MacPhail	Trentham Rc
1008	1:14:33	5125	Sally-anne Tully	Sphinx AC
1009	1:14:57	4140	Claire Daniels	Bournville Harriers
1010	1:16:58	4469	Emilyn Hutchinson	Fulham Running Club
1011	2:24:20	5277	Kate Meeson	Trafford Athletic Club

Pos	Time	No	Name	Club
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Team Results:

Pos	Points	Team / Club	Placings
1	53	Leeds City Athletic Club	(3 8 20 22)
2	61	Aldershot Farnham & District	(5 11 14 31)
3	167	London Heathside	(9 46 55 57)
4	175	Tonbridge Ac	(19 39 44 73)
5	203	Belgrave Harriers	(13 54 67 69)
6	282	Hallamshire Harriers Sheffield	(50 65 72 95)
7	311	Bristol and West AC	(45 77 89 100)
8	318	Thames Hare & Hounds	(30 85 91 112)
9	335	Cambridge Harriers	(17 63 99 156)
10	338	Blackheath & Bromley Harriers A	(16 40 130 152)
11	338	Vale Royal Ac	(21 36 62 219)
12	380	Southampton Athletic Club	(34 66 87 193)
13	409	Reading AC	(1 6 147 255)
14	428	Kent AC	(64 70 145 149)
15	432	Charnwood A C	(24 58 150 200)
16	439	Sale Harriers Manchester	(4 68 86 281)
17	470	Coventry Godiva Harriers	(12 18 161 279)
18	528	Thames Valley Harriers	(83 119 122 204)
19	622	Trent Park Running Club	(101 118 183 220)
20	640	Herne Hill Harriers	(108 113 132 287)
21	686	Highgate Harriers	(23 146 190 327)
22	690	Oxford University AC	(74 139 208 269)
23	754	Winchester & District AC	(134 169 189 262)
24	856	Serpentine RC	(90 167 207 392)
25	864	Guildford & Godalming AC	(28 33 339 464)
26	926	Fulham Running Club	(155 217 222 332)
27	955	Clapham Chasers	(166 216 280 293)
28	1084	Southend On Sea Ac	(202 244 254 384)
29	1094	Victoria Park Harriers And Tower	(266 271 275 282)
30	1115	Dulwich Runners AC	(137 230 370 378)
31	1139	Westbury Harriers	(43 342 357 397)
32	1155	City Of Portsmouth AC	(174 195 297 489)
33	1172	Epsom & Ewell Harriers	(52 341 358 421)
34	1207	St Albans Striders	(233 237 348 389)
35	1222	Newcastle Staffs Ac	(141 246 331 504)
36	1246	Havering AC	(135 235 359 517)
37	1258	Croydon Harriers	(181 320 374 383)
38	1277	York Knavesmire Harriers	(107 245 429 496)
39	1321	Peterborough & Nene Valley AC	(94 115 479 633)
40	1324	Nuneaton Harriers	(104 142 257 821)
41	1326	Avon Valley Runners	(184 236 379 527)
42	1331	Tyne Bridge Harriers	(205 321 365 440)
43	1367	Bournville Harriers	(157 350 417 443)
44	1384	Tipton Harriers	(109 210 532 533)
45	1460	Leighton Buzzard Athletic Club	(234 340 437 449)
46	1469	Mornington Chasers	(270 360 388 451)
47	1495	Headington RR	(163 363 481 488)
48	1553	Eton Manor AC	(165 418 432 538)
49	1577	Hillingdon AC	(173 326 413 665)
50	1607	Barnet & District AC	(304 347 453 503)
51	1749	Chorlton Runners	(276 337 403 733)
52	1763	Dorking & Mole Valley AC	(177 232 601 753)
53	1828	Ilkeston Running Club	(373 375 502 578)
54	1840	Maidenhead AC	(313 386 465 676)
55	1944	Reading Roadrunners	(197 436 615 696)
56	1947	Wimbledon Windmilers	(221 400 582 744)
57	1960	Ilkley Harriers AC	(291 459 467 743)
58	1969	The Stragglers Running Club	(133 505 640 691)
59	1987	Queen's Park Harriers	(353 356 622 656)
60	1998	Trafford Athletic Club	(125 430 528 915)
61	2039	Beeston AC	(258 477 621 683)
62	2082	London City Runners	(419 426 472 765)
63	2084	Steel City Striders Rc	(84 555 721 724)
64	2097	Heanor Running Club	(461 487 545 604)
65	2099	Chichester Runners & AC	(42 553 563 941)
66	2107	Folkestone RC	(290 411 668 738)
67	2114	Holme Pierrepoint Rc	(395 405 471 843)
68	2118	Lordshill Road Runners	(346 498 603 671)
69	2126	Waverley Harriers	(294 310 681 841)
70	2154	South London Harriers	(240 463 613 838)
71	2198	Stubbington Green Runners	(231 376 749 842)
72	2199	West 4 Harriers	(322 480 647 750)
73	2205	Ealing Southall & Middlesex AC	(251 585 669 700)
74	2225	Tunbridge Wells Harriers	(242 484 739 760)
75	2259	Trentham Rc	(172 239 896 952)
76	2279	Central Park Athletics	(312 382 754 831)
77	2285	Windrush Triathlon Club	(211 355 830 889)
78	2322	Totton RC	(349 536 628 809)
79	2421	Dacorum Athletic Club	(416 435 702 868)
80	2434	Orion Harriers	(482 537 699 716)
81	2435	Farnham Runners	(289 616 694 836)
82	2451	Petts Wood Runners	(500 568 648 735)
83	2452	Ealing Eagles Running Club	(420 608 636 788)
84	2526	Ware Joggers	(530 660 663 673)

Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
85	2616		Great Bentley Running Club	(381 644 732 859)					
86	2695		Norwich Road Runners	(592 627 709 767)					
87	2696		Springfield Striders RC	(424 547 791 934)					
88	2705		Ilford AC	(292 655 825 933)					
89	2734		North East Project	(650 654 713 717)					
90	2740		Poole Ac	(274 490 977 999)					
91	2789		Low Fell RC	(534 642 712 901)					
92	2844		Skegness & District Running Club	(367 468 1004 1005)					
93	2883		Colchester Harriers AC	(546 697 814 826)					
94	2930		City Of Salisbury AC & RC	(485 727 846 872)					
95	2934		Phoenix Striders	(492 630 903 909)					
96	2949		Wigan & District H & AC	(576 590 856 927)					
97	3008		Bexley Ac	(573 729 808 898)					
98	3124		Ashford & District RRC	(587 740 852 945)					
99	3227		Greenwich Tritons Triathlon Club	(512 747 970 998)					
100	3274		Wallsend Harriers & Ac	(689 776 887 922)					
101	3325		Halstead RRC	(737 815 857 916)					
102	3331		Blyth Running Club	(705 762 929 935)					
103	3657		Pitsea Rc	(787 930 957 983)					
104	3796		Dagenham 88 Runners	(858 955 991 992)					