

Sheet1

Pos	RaceNo	Time	Name	Club
1	6163	00:32:03	T Humphries	Cannock & Stafford AC
2	5891	00:32:16	P Wicks	Belgrave Harriers
3	7973	00:32:32	S Vernon	Stockport Harriers AC
4	7634	00:32:37	A Jones	Salford Harriers
5	6033	00:32:47	Michael Skinner	Blackheath & Bromley Harriers AC
6	6974	00:32:51	J Walsh	Leeds City AC
7	7615	00:32:56	G Raven	Sale Harriers Manchester
8	7178	00:33:04	M Coleman	Medway & Maidstone AC
9	6533	00:33:04	Lee Merrien	Guernsey Island AAC
10	5733	00:33:05	Andy Vernon	Aldershot Farnham & District AC
11	5944	00:33:05	M Watson	Bingley Harriers & AC
12	5837	00:33:06	D Deed	Bedford & County AC
13	6343	00:33:11	J Gilby	Derby AC
14	7276	00:33:26	K Gerrard	Newham & Essex Beagles
15	5827	00:33:34	S Rees-Jones	Basingstoke & Mid Hants AC
16	6960	00:33:35	A Grice	Leeds City AC
17	6108	00:33:37	P Wylie	Bristol & West AC
18	5931	00:33:37	C Cariss	Bingley Harriers & AC
19	7408	00:33:39	R Fraser	OWLS AC
20	7302	00:33:42	K Toher	Newquay & Par AC
21	8051	00:33:50	M Hood	Sunderland Harriers
22	6098	00:33:53	K Heywood	Bristol & West AC
23	7373	00:33:55	N Talbot	Notts AC
24	7374	00:33:59	J Thewlis	Notts AC
25	7008	00:34:00	R Burney	Liverpool Harriers & AC
26	7294	00:34:03	K Stone	Newham & Essex Beagles
27	5752	00:34:05	D Norman	Altrincham & District AC
28	6946	00:34:05	D Bilton	Leeds City AC
29	7415	00:34:06	M Powell	OWLS AC
30	7376	00:34:07	C Warburton	Notts AC
31	7462	00:34:09	John Henegan	Pudsey & Bramley AC
32	7631	00:34:10	C Hardman	Salford Harriers
33	7334	00:34:12	I Boneham	Notts AC
34	6155	00:34:14	D Lacy	Cambridge Harriers
35	6105	00:34:17	R Whalley	Bristol & West AC
36	5727	00:34:17	Ben Moreau	Aldershot Farnham & District AC
37	7752	00:34:18	Orlando Edwards	Shaftesbury Barnet Harriers
38	7416	00:34:25	P Richardson	OWLS AC
39	7349	00:34:27	T Hartley	Notts AC
40	6947	00:34:32	C Birchall	Leeds City AC
41	6956	00:34:32	S Deakin	Leeds City AC
42	6063	00:34:32	O Freeman	Bodyworks XTC Tri Store
43	7378	00:34:33	M Whitehouse	Notts AC
44	7356	00:34:37	R Kay	Notts AC
45	8483	00:34:39	Hywel Care	Woodford Green AC with Essex Ladies
46	6029	00:34:41	Andrew Rayner	Blackheath & Bromley Harriers AC
47	7611	00:34:41	S Mills	Sale Harriers Manchester
48	8166	00:34:43	M Dalkins	Tipton Harriers
49	5994	00:34:45	Thomas Cornthwaite	Blackburn Harriers
50	7282	00:34:46	O Laws	Newham & Essex Beagles
51	6411	00:34:49	J Frost	East Hull Harriers
52	6962	00:34:50	M Hilton	Leeds City AC

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53	7612	00:34:59	S North	Sale Harriers Manchester
54	7768	00:35:00	Glen Watts	Shaftesbury Barnet Harriers
55	7399	00:35:01	I Fisher	Otley AC
56	6104	00:35:04	T Wallis	Bristol & West AC
57	7190	00:35:06	B Royden	Medway & Maidstone AC
58	6165	00:35:09	R Little	Cannock & Stafford AC
59	8177	00:35:10	S Marriott	Tipton Harriers
60	6971	00:35:10	M Roscoe	Leeds City AC
61	7461	00:35:10	Shane Green	Pudsey & Bramley AC
62	5845	00:35:14	M Janes	Bedford & County AC
63	7015	00:35:14	J McCole	Liverpool Harriers & AC
64	6950	00:35:17	M Burrett	Leeds City AC
65	8185	00:35:19	M Williams	Tipton Harriers
66	7409	00:35:20	G Lee	OWLS AC
67	5849	00:35:20	O Matthews	Bedford & County AC
68	7735	00:35:21	T Dalton	Severn AC
69	6567	00:35:21	D Newbold	Hallamshire Harriers
70	6969	00:35:22	A Osborne	Leeds City AC
71	8323	00:35:23	Eliot Haimes	Wells City Harriers
72	7344	00:35:25	D Fowlie	Notts AC
73	6251	00:35:27	S Cook	City of York AC
74	6254	00:35:28	A Hilton	City of York AC
75	6315	00:35:28	Paul Rodgers	Crawley AC
76	7765	00:35:30	James Trapmore	Shaftesbury Barnet Harriers
77	5824	00:35:34	J Hutchins	Basingstoke & Mid Hants AC
78	7598	00:35:34	M Bond	Sale Harriers Manchester
79	8492	00:35:36	Kevin Murphy	Woodford Green AC with Essex Ladies
80	7864	00:35:37	R Berry	Southport Waterloo AC
81	7269	00:35:38	R Cole	Newham & Essex Beagles
82	6103	00:35:40	P Parry	Bristol & West AC
83	5851	00:35:44	N Miller	Bedford & County AC
84	7014	00:35:44	M Keeley	Liverpool Harriers & AC
85	7023	00:35:45	C Robb	Liverpool Harriers & AC
86	5998	00:35:46	Jamie Atkinson	Blackheath & Bromley Harriers AC
87	7355	00:35:47	R Joy	Notts AC
88	8178	00:35:47	J Millington	Tipton Harriers
89	7635	00:35:48	J Kovacs	Salford Harriers
90	7266	00:35:49	A Barber	Newham & Essex Beagles
91	6106	00:35:50	J Wills	Bristol & West AC
92	6724	00:35:53	Henry Dodwell	Highgate Harriers
93	6734	00:35:54	Glenn Saqui	Highgate Harriers
94	7365	00:35:54	B Raeside	Notts AC
95	5847	00:35:55	W Levett	Bedford & County AC
96	7180	00:35:56	P Curran	Medway & Maidstone AC
97	8213	00:35:56	I Salisbury	Trafford AC
98	5836	00:35:57	D Dalmedo	Bedford & County AC
99	6039	00:35:57	Peter Tucker	Blackheath & Bromley Harriers AC
100	6027	00:35:59	James Poole	Blackheath & Bromley Harriers AC
101	7405	00:35:59	J Boxell	OWLS AC
102	6049	00:35:59	P Leybourne	Blackpool Wyre & Fylde AC
103	8018	00:35:59	J Brocklehurst	Stratford-on-Avon AC
104	7761	00:36:00	Kev Robertson	Shaftesbury Barnet Harriers
105	7595	00:36:01	J Bailey	Sale Harriers Manchester

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106	7978	00:36:02	B Gamble	Stone Master Marathoners
107	7570	00:36:05	P Hoole	Rotherham Harriers & AC
108	8447	00:36:06	O Jones	Windsor Slough Eton & Hounslow AC
109	6162	00:36:06	J Houghton	Cannock & Stafford AC
110	5832	00:36:09	S Body	Bedford & County AC
111	8494	00:36:09	Bertie Powell	Woodford Green AC with Essex Ladies
112	6568	00:36:10	R O'Toole	Hallamshire Harriers
113	5831	00:36:10	P Chritchlow	Beaumont RC
114	7412	00:36:11	P Miles	OWLS AC
115	5726	00:36:13	Fergus Meade	Aldershot Farnham & District AC
116	7333	00:36:16	M Blunden	Notts AC
117	7313	00:36:18	P Andrew	Northbrook AC
118	6228	00:36:19	Steve Evison	City of Sheffield AC
119	7808	00:36:19	J Mercer	Skipton AC
120	7414	00:36:20	S Platts	OWLS AC
121	5927	00:36:22	L Athersmith	Bingley Harriers & AC
122	8495	00:36:23	Jon Powell	Woodford Green AC with Essex Ladies
123	8215	00:36:23	D Talbot	Trafford AC
124	6549	00:36:25	W Nock	Halesowen AC
125	8138	00:36:26	C Smith	Thames Valley Harriers
126	8099	00:36:28	C Rimmer	Telford AC
127	7307	00:36:28	P Lowe	North York Moors AC
128	6013	00:36:28	Alex Gibbons	Blackheath & Bromley Harriers AC
129	7258	00:36:29	M Griffiths	Newcastle (Staffs) AC
130	7148	00:36:31	Kevin Coundes	Manx Harriers
131	6885	00:36:32	Matthew Grainger	Kidderminster & Stourport AC
132	8499	00:36:33	Matt Shone	Woodford Green AC with Essex Ladies
133	6634	00:36:34	Peter Norris	Harrow AC
134	7274	00:36:35	S Farah	Newham & Essex Beagles
135	6850	00:36:36	Michael Claff	Kent AC
136	6822	00:36:38	Will Smith	Keighley & Craven AC
137	6462	00:36:40	W Clark	Epsom & Ewell Harriers
138	6944	00:36:40	A Adams	Leeds City AC
139	6708	00:36:41	Ben Paviour	Herne Hill Harriers
140	6647	00:36:42	G Harris	Headington RR
141	5939	00:36:42	S MacDonald	Bingley Harriers & AC
142	7847	00:36:43	Tom Jenkins	South London Harriers
143	6559	00:36:44	M Bishop	Hallamshire Harriers
144	5839	00:36:45	J Elworthy	Bedford & County AC
145	8505	00:36:46	E Lumley	Worcester AC
146	7731	00:36:48	N Tory	Serpentine RC
147	7185	00:36:49	A Lowther	Medway & Maidstone AC
148	7155	00:36:50	John Halligan	Manx Harriers
149	7629	00:36:52	M Cryer	Salford Harriers
150	7418	00:36:52	M Coffey	Oxford City AC
151	6907	00:36:54	R Lawson	Knavesmire Harriers
152	7482	00:36:56	S Granger-Bevan	Reading AC
153	6573	00:36:56	P Winskill	Hallamshire Harriers
154	8160	00:36:56	Ryan Prout	Thrift Green Trotters
155	8175	00:36:56	P Kavanagh	Tipton Harriers
156	7607	00:36:56	C Heys	Sale Harriers Manchester
157	6695	00:36:57	Tim Elsey	Herne Hill Harriers
158	5702	00:36:57	M Sanders	Ackworth Road Runners & AC

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159	6592	00:36:58	P Swaine	Harborough AC
160	6952	00:37:00	A Cooke	Leeds City AC
161	6211	00:37:00	C Goose	City of Norwich AC
162	7179	00:37:04	T Collins	Medway & Maidstone AC
163	7527	00:37:05	D Connor	Ripley Running Club
164	6190	00:37:07	J Bradley	Cheltenham & County Harriers
165	6466	00:37:08	P Sangar	Epsom & Ewell Harriers
166	8194	00:37:08	Graeme Saker	Tonbridge AC
167	5929	00:37:09	S Brooks	Bingley Harriers & AC
168	5748	00:37:10	S Marwood	Altrincham & District AC
169	5932	00:37:11	J Convery	Bingley Harriers & AC
170	7019	00:37:13	J Norman	Liverpool Harriers & AC
171	7411	00:37:15	T Meakin	OWLS AC
172	8433	00:37:16	Jim Pendmu	Wilmslow RC
173	7584	00:37:16	S Emery	Rugby & Northampton AC
174	7586	00:37:17	N Mariey	Rugby & Northampton AC
175	5985	00:37:17	M Matthews	Birmingham Rowheath AC
176	6922	00:37:18	R Parrington	Lancaster & Morecambe AC
177	6565	00:37:18	O Johnson	Hallamshire Harriers
178	6116	00:37:19	D Kesterton	Bromsgrove & Redditch AC
179	5854	00:37:20	A Turnbull	Bedford & County AC
180	7885	00:37:21	D Riley	Sparkhill Harriers
181	7017	00:37:23	J Meldrum	Liverpool Harriers & AC
182	7329	00:37:24	T Bailey	Notts AC
183	6968	00:37:24	A O'Neill	Leeds City AC
184	6896	00:37:25	G Clarkson	Kingston Upon Hull AC
185	7468	00:37:26	P Haarer	Ranelagh Harriers
186	6889	00:37:28	Tom Kenderdine	Kidderminster & Stourport AC
187	6633	00:37:28	Damian Nevins	Harrow AC
188	7962	00:37:28	C Southam	Stilton Striders
189	8326	00:37:29	John James	Wells City Harriers
190	7588	00:37:30	S Nelson	Rugby & Northampton AC
191	5867	00:37:31	W Cockerell	Belgrave Harriers
192	7006	00:37:32	P Williams	Lincoln Wellington AC
193	5940	00:37:32	T Midgeley	Bingley Harriers & AC
194	6643	00:37:33	R Warner	Havering Mayesbrook AC
195	7601	00:37:33	A Elliott	Sale Harriers Manchester
196	8094	00:37:34	C Bagshaw	Telford AC
197	7162	00:37:34	Tom Comerford	Marshall Milton Keynes AC
198	7012	00:37:35	G Groves	Liverpool Harriers & AC
199	8132	00:37:36	G Irvine	Thames Valley Harriers
200	6582	00:37:38	S Fenwick	Harborough AC
201	8097	00:37:41	W Joyce	Telford AC
202	5805	00:37:41	G Beetham	Barrow Runners
203	6235	00:37:42	S Bazell	City of Stoke AC
204	7632	00:37:42	R Hughes	Salford Harriers
205	8176	00:37:43	M Lockett	Tipton Harriers
206	6270	00:37:44	M Aspinall	Clayton-le-Moors Harriers
207	6785	00:37:45	R Nixon	Ilford AC
208	8504	00:37:46	Hywel Wyber	Woodford Green AC with Essex Ladies
209	6166	00:37:46	C Pearson	Cannock & Stafford AC
210	6784	00:37:48	M Muir	Ilford AC
211	6189	00:37:49	W Wright	Chelmsford AC

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212	6233	00:37:49	A Allen	City of Stoke AC
213	6730	00:37:49	Alistair Lindsay	Highgate Harriers
214	7474	00:37:50	M Snaith	Ranelagh Harriers
215	6231	00:37:52	Richard Mace	City of Sheffield AC
216	8426	00:37:53	Malcolm Fowler	Wilmslow RC
217	6636	00:37:55	Alan Wray	Harrow AC
218	6223	00:37:56	P Bleach	City of Portsmouth AC
219	5844	00:37:57	A Inskip	Bedford & County AC
220	7371	00:37:57	B Speake	Notts AC
221	6720	00:37:59	Chris Beecham	Highgate Harriers
222	8456	00:37:59	J Hunt	Wirral AC
223	5874	00:37:59	K Hegvold	Belgrave Harriers
224	6570	00:38:00	M Sprot	Hallamshire Harriers
225	8497	00:38:02	Jim Roche	Woodford Green AC with Essex Ladies
226	8203	00:38:02	B Ellis	Trafford AC
227	8165	00:38:03	P Clamp	Tipton Harriers
228	8167	00:38:04	M Eustace	Tipton Harriers
229	6671	00:38:08	Belal Aly	Hercules Wimbledon AC
230	8413	00:38:08	Andy Ward	Wigan Phoenix
231	6572	00:38:08	S Wilson	Hallamshire Harriers
232	7261	00:38:09	M Lockier	Newcastle (Staffs) AC
233	6022	00:38:10	Dave McKinley	Blackheath & Bromley Harriers AC
234	8026	00:38:10	S Marshall	Stratford-on-Avon AC
235	7738	00:38:11	G Hope	Severn AC
236	5738	00:38:12	T Bush	Altrincham & District AC
237	5865	00:38:13	M Byansi	Belgrave Harriers
238	8455	00:38:14	M Hulmstom	Wirral AC
239	7011	00:38:16	R Dewhurst	Liverpool Harriers & AC
240	7730	00:38:17	H Tory	Serpentine RC
241	6255	00:38:17	M Metcalfe	City of York AC
242	7950	00:38:18	S Pyke	Staffordshire Moorlands AC
243	5710	00:38:18	Mike Boucher	Aldershot Farnham & District AC
244	8170	00:38:18	D Hill	Tipton Harriers
245	6216	00:38:18	J Quint	City of Norwich AC
246	6719	00:38:18	Andrew Aitken	Highgate Harriers
247	7714	00:38:19	E O'Connell	Serpentine RC
248	6558	00:38:20	D Archer	Hallamshire Harriers
249	6390	00:38:20	A Kotsyubka	Ealing Southall & Middx. AC
250	7046	00:38:21	M Potter	London Heathside
251	7571	00:38:21	P Humphries	Rotherham Harriers & AC
252	7874	00:38:22	S Wilkinson	Southport Waterloo AC
253	7621	00:38:22	R Watson	Sale Harriers Manchester
254	7212	00:38:23	B Harrison	Morpeth Harriers & AC
255	7604	00:38:24	C Gell	Sale Harriers Manchester
256	5708	00:38:24	Richard Batchelor	Aldershot Farnham & District AC
257	5870	00:38:25	J Fairbourn	Belgrave Harriers
258	6623	00:38:26	Matthew Carey	Harrow AC
259	7755	00:38:27	Tony Jackson	Shaftesbury Barnet Harriers
260	6696	00:38:28	Deron Fagan	Herne Hill Harriers
261	6693	00:38:28	Simon Coombes	Herne Hill Harriers
262	6895	00:38:29	Tom McKee	Kingston Upon Hull AC
263	7522	00:38:29	K Harper	Richmond & Zetland Harriers
264	8462	00:38:30	S Spence	Wirral AC

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265	7095	00:38:30	A Lamont	Macclesfield Harriers & AC
266	6877	00:38:30	T Toseland	Kettering Town Harriers
267	8461	00:38:32	P Scarrett	Wirral AC
268	5905	00:38:33	D Williams	Beverley AC
269	7644	00:38:34	P West	Salford Harriers
270	7718	00:38:34	E Phillips	Serpentine RC
271	8239	00:38:34	Ian Yates	Trentham RC
272	7721	00:38:34	A Reeves	Serpentine RC
273	7486	00:38:35	T Munt	Reading AC
274	7153	00:38:36	Darren Gray	Manx Harriers
275	6543	00:38:37	N Hazelwood	Halesowen AC
276	6694	00:38:38	Jeff Cunningham	Herne Hill Harriers
277	5938	00:38:38	A Johnson	Bingley Harriers & AC
278	7007	00:38:40	A Ashton	Liverpool Harriers & AC
279	8350	00:38:40	C Pass	Wesham RR
280	7737	00:38:41	A Hope	Severn AC
281	7404	00:38:42	A Robertshaw	Otley AC
282	6635	00:38:42	Mohammed Rahim	Harrow AC
283	6183	00:38:44	E Messer	Chelmsford AC
284	7628	00:38:45	S Bruton	Salford Harriers (NC)
285	6416	00:38:45	J Rogers	East Hull Harriers
286	6738	00:38:46	M Bateman	Hillingdon AC
287	6191	00:38:48	R Forsbrook	Cheltenham & County Harriers
288	7036	00:38:48	R Browne	London Heathside
289	8129	00:38:49	M Da Silva	Thames Valley Harriers
290	6281	00:38:49	G Shaw	Clayton-le-Moors Harriers
291	7165	00:38:49	Chris Hearn	Marshall Milton Keynes AC
292	6972	00:38:50	P Steel	Leeds City AC
293	7225	00:38:51	S Beard	Nene Valley Harriers
294	8440	00:38:52	J Mann	Winchester & District AC
295	6084	00:38:52	J Benniman	Brighton & Hove City AC
296	6209	00:38:53	M Beamish	City of Norwich AC
297	7043	00:38:54	P Lemmon	London Heathside
298	6561	00:38:54	A Bush	Hallamshire Harriers
299	7722	00:38:57	A Robbins	Serpentine RC
300	7941	00:38:58	G Briggs	Staffordshire Moorlands AC
301	6837	00:38:58	P Gould	Kenilworth Runners
302	6030	00:38:58	Daniel Ryan	Blackheath & Bromley Harriers AC
303	6677	00:38:58	Justin Kelly	Hercules Wimbledon AC
304	7241	00:38:58	Doug Kelley	Newark AC
305	7479	00:39:00	N Earl	Reading AC
306	8324	00:39:01	Tim Hawkins	Wells City Harriers
307	5993	00:39:01	Zak Scott	Birtley AC
308	6725	00:39:02	Peter Downie	Highgate Harriers
309	6613	00:39:02	C Miller	Harrogate HAC
310	7816	00:39:03	Tim Price	Solihull & Small Heath AC
311	8432	00:39:04	Stuart Parlott	Wilmslow RC
312	8187	00:39:06	Daniel Bradley	Tonbridge AC
313	6808	00:39:06	Steve Brock	Keighley & Craven AC
314	6728	00:39:08	Daniel Higgins	Highgate Harriers
315	6012	00:39:09	Nick Gasson	Blackheath & Bromley Harriers AC
316	7590	00:39:10	J Sewell	Rugby & Northampton AC
317	7101	00:39:10	T Taylor	Macclesfield Harriers & AC

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318	5889	00:39:12	T Weeks	Belgrave Harriers
319	7887	00:39:13	P Thompson	Sparkhill Harriers
320	6654	00:39:14	V Zverev	Headington RR
321	7407	00:39:15	R Falkner	OWLS AC
322	6446	00:39:16	A Baci	Enfield & Haringey AC
323	8057	00:39:16	D Lydon	Sunderland Strollers
324	8100	00:39:17	J Sanders	Telford AC
325	6569	00:39:18	D Sprot	Hallamshire Harriers
326	6403	00:39:20	G Matthews	East Cheshire Harriers & Tameside AC
327	8062	00:39:21	H Bush	Tamworth AC
328	6179	00:39:21	G Chatterton	Chelmsford AC
329	6296	00:39:22	J Attwooll	Coventry Godiva Harriers
330	7263	00:39:22	S Ratcliffe	Newcastle (Staffs) AC
331	6566	00:39:24	R Lancaster	Hallamshire Harriers
332	7223	00:39:24	P Waterston	Morpeth Harriers & AC
333	5730	00:39:25	Jamie Smith	Aldershot Farnham & District AC
334	6815	00:39:26	Adrian Jones	Keighley & Craven AC
335	6673	00:39:26	Deon Coetzee	Hercules Wimbledon AC
336	6146	00:39:28	C Flood	Cambridge & Coleridge
337	7747	00:39:30	Ronan Breen	Shaftesbury Barnet Harriers
338	7832	00:39:33	P Mallison	South Cheshire Harriers
339	7419	00:39:33	M Hunt	Pendle AC
340	6933	00:39:34	Brian Green	Leamington C & AC
341	6807	00:39:34	Nigel Bedell	Keighley & Craven AC
342	8146	00:39:34	P Graham	The Stragglers
343	8321	00:39:34	Jon Gilling	Wells City Harriers
344	6427	00:39:36	S Grey	Elswick Harriers
345	7393	00:39:38	Danny Moses	Orion Harriers
346	6348	00:39:39	T Offord	Derby AC
347	6902	00:39:40	D Eiser	Knivesmire Harriers
348	6095	00:39:41	C Bromhall	Bristol & West AC
349	6511	00:39:42	C Paton	Gateshead Harriers & AC
350	6314	00:39:43	Dave Rayner	Crawley AC
351	7358	00:39:46	S Long	Notts AC
352	6291	00:39:48	N Humphreys	Corby AC
353	6676	00:39:48	Aidan Hogan	Hercules Wimbledon AC
354	6205	00:39:49	J Raven	Chester-Le-Street & District AC
355	6133	00:39:50	R Mathie	Burton AC
356	6796	00:39:50	Mark Wilkins	Invicta East Kent AC
357	8429	00:39:51	Tom Mcgaff	Wilmslow RC
358	6240	00:39:53	J Danaham	City of Stoke AC
359	6437	00:39:54	A Thompson	Elswick Harriers
360	5948	00:39:54	Mitch Blundell	Birchfield Harriers
361	6226	00:39:54	S Warner	City of Portsmouth AC
362	6034	00:39:54	Roy Smith	Blackheath & Bromley Harriers AC
363	5928	00:39:55	O Brewer	Bingley Harriers & AC
364	7886	00:39:55	N Stringer	Sparkhill Harriers
365	8028	00:39:56	R Minton	Stratford-on-Avon AC
366	8301	00:39:56	Neil Ashcroft	Warrington AC
367	7810	00:39:57	Kevin Fisher	Solihull & Small Heath AC
368	7636	00:39:58	W Martin	Salford Harriers
369	8498	00:39:58	Chris Shephard	Woodford Green AC with Essex Ladies
370	7041	00:39:59	J Flahive	London Heathside

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371	7191	00:40:00	N Slade	Medway & Maidstone AC
372	6937	00:40:03	John Muddeman	Leamington C & AC
373	7151	00:40:04	Andy Fox	Manx Harriers
374	8552	00:40:05	Runner 8552	
375	7818	00:40:07	Rene Vergo	Solihull & Small Heath AC
376	7922	00:40:10	G Williams	St.Helens Sutton AC
377	7170	00:40:10	Ian Van Lokven	Marshall Milton Keynes AC
378	7081	00:40:10	S Still	Luton AC
379	8248	00:40:11	G Powell	University of Liverpool AC
380	6873	00:40:11	S Giles	Kettering Town Harriers
381	8135	00:40:11	S Norris	Thames Valley Harriers
382	6782	00:40:11	D Bottrill	Ilford AC
383	6252	00:40:12	P Goble	City of York AC
384	7392	00:40:13	Neil McGoun	Orion Harriers
385	6509	00:40:13	C Hainsworth	Gateshead Harriers & AC
386	6225	00:40:14	C Scott	City of Portsmouth AC
387	7260	00:40:15	B Liu	Newcastle (Staffs) AC
388	8551	00:40:17	Nick Brown	Stilton Striders
389	7713	00:40:18	E Noble	Serpentine RC
390	8486	00:40:19	Iain Cumming	Woodford Green AC with Essex Ladies
391	8302	00:40:20	Stephen Burthem	Warrington AC
392	5879	00:40:22	D Mason	Belgrave Harriers
393	7526	00:40:23	T Zaranko	Richmond & Zetland Harriers
394	8418	00:40:24	Geoff Capper	Wilmslow RC
395	6085	00:40:25	D Boyce	Brighton & Hove City AC
396	6391	00:40:25	A McGarva	Ealing Southall & Middx. AC
397	6729	00:40:26	Thierry Lebreton	Highgate Harriers
398	5946	00:40:26	J Willingham	Bingley Harriers & AC
399	6365	00:40:28	K Duckworth	Dudley Kingswinford RC
400	8071	00:40:29	S Ellis	Tattenhall Runners
401	5859	00:40:29	Stephen Earley	Bedford Harriers AC
402	8207	00:40:32	J Howe	Trafford AC
403	6672	00:40:32	Arnaud Claverie	Hercules Wimbledon AC
404	6377	00:40:32	P Daniels	Dulwich Runners AC
405	7863	00:40:34	Steve Whittaker	Southend AC
406	6118	00:40:35	K Lanckham	Bromsgrove & Redditch AC
407	7454	00:40:36	Robin Ward	Portsmouth Joggers
408	7455	00:40:37	S Hallas	Preston Harriers
409	7304	00:40:38	G Cook	North Herts RR
410	6841	00:40:39	M Johnson	Kenilworth Runners
411	7252	00:40:40	C Pedder	Newburgh Nomads
412	5982	00:40:41	R Gray	Birmingham Rowheath AC
413	6384	00:40:41	R Brown	Ealing Southall & Middx. AC
414	7913	00:40:42	I Costello	St.Helens Sutton AC
415	7435	00:40:43	P Hayman	Peterborough AC
416	7842	00:40:45	Andy Collins	South London Harriers
417	7674	00:40:45	J-L Benavides	Serpentine RC
418	7920	00:40:47	T Wahid	St.Helens Sutton AC
419	7096	00:40:47	S Lomas	Macclesfield Harriers & AC
420	6539	00:40:47	A Carruthers	Halesowen AC
421	7478	00:40:48	M Curson	Reading AC
422	8141	00:40:49	P Wetton	Thames Valley Harriers
423	5907	00:40:51	John Armstrong	Bexley AC

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424	8484	00:40:55	Alex Chklar	Woodford Green AC with Essex Ladies
425	6258	00:40:56	M Raynes	City of York AC
426	6894	00:40:56	Anthony Budarkiewicz	Kingston AC & Polytechnic Harriers
427	5949	00:40:58	Lauren Chenard	Birchfield Harriers
428	7940	00:40:59	D Bratt	Staffordshire Moorlands AC
429	7954	00:41:01	S Bennett	Steel City Striders
430	8221	00:41:02	J Flannery	Trent Park RC
431	7914	00:41:02	B Graney	St.Helens Sutton AC
432	6449	00:41:03	A Brown	Enfield & Haringey AC
433	6045	00:41:05	C Essex-Crosby	Blackpool Wyre & Fylde AC
434	6424	00:41:06	P Dixon	Elswick Harriers
435	7525	00:41:07	P Roberts	Richmond & Zetland Harriers
436	6260	00:41:08	S Simpson	City of York AC
437	7469	00:41:08	M Lane	Ranelagh Harriers
438	7010	00:41:09	A Clarke	Liverpool Harriers & AC
439	7514	00:41:10	A Walker	Reigate Priory AC
440	6669	00:41:11	A Weatherson	Heanor RC
441	8081	00:41:11	Stuart Curtis	Team Bath AC
442	7524	00:41:11	S Purkiss	Richmond & Zetland Harriers
443	7126	00:41:11	S Davies	Mansfield Harriers & AC
444	6554	00:41:12	M Fryer	Halifax Harriers
445	6213	00:41:13	N Hendrey	City of Norwich AC
446	8327	00:41:13	Matthew Lewis	Wells City Harriers
447	6915	00:41:13	T Watson	Knivesmire Harriers
448	6435	00:41:14	K Stephenson	Elswick Harriers
449	6069	00:41:14	T Wigley	Bourne Town Harriers
450	6351	00:41:15	J Robertson	Derby AC
451	8280	00:41:15	A Barbat	Wallasey AC
452	7964	00:41:16	Kevan Garner	Stockport Harriers AC
453	6562	00:41:16	G Candy	Hallamshire Harriers
454	8193	00:41:17	Richard Owen	Tonbridge AC
455	6898	00:41:18	B Atkinson	Knivesmire Harriers
456	6918	00:41:19	M Everard	Lancaster & Morecambe AC
457	6685	00:41:19	W Lloyd	Hereford Couriers
458	6400	00:41:19	M Gregory	East Cheshire Harriers & Tameside AC
459	7327	00:41:20	P Archer	Notts AC
460	8517	00:41:21	M Bush	Wreake Runners
461	7087	00:41:22	N Thompson	Lytham St. Annes RRC
462	5890	00:41:22	M Whiting	Belgrave Harriers
463	7677	00:41:23	M Braley	Serpentine RC
464	7840	00:41:23	Dave Baker	South London Harriers
465	7777	00:41:24	K Francis	Shrewsbury AC
466	6015	00:41:24	David Griffin	Blackheath & Bromley Harriers AC
467	6778	00:41:25	I Marshall	Huntingdonshire AC
468	8299	00:41:29	S Wilkinson	Wallasey AC
469	7078	00:41:29	D Edwards	Luton AC
470	7795	00:41:29	C Morrison	Sinfin RC
471	8079	00:41:31	David Coales	Team Bath AC
472	6114	00:41:32	J Dancyger	Bromsgrove & Redditch AC
473	7097	00:41:33	R Murray	Macclesfield Harriers & AC
474	7386	00:41:34	O Flage	Oldham & Royton Harriers & AC
475	6455	00:41:34	A O'Connor	Enfield & Haringey AC
476	6906	00:41:34	K Langan	Knivesmire Harriers

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477	6580	00:41:35	T Duck	Harborough AC
478	8076	00:41:38	Craig Bridges	Team Bath AC
479	6545	00:41:38	K Monk	Halesowen AC
480	6812	00:41:38	Laurence Hellowell	Keighley & Craven AC
481	7564	00:41:39	G Walsh	Rossendale Harriers & AC
482	5756	00:41:40	G Bostock	Amber Valley AC
483	7477	00:41:41	J Burnett	Reading AC
484	7229	00:41:42	S Reid	Nene Valley Harriers
485	6942	00:41:42	Jim Rothman	Leamington C & AC
486	8506	00:41:42	R Walsh	Worcester AC
487	6597	00:41:43	M Cummings	Hardley Runners
488	6256	00:41:44	A Nesom	City of York AC
489	7583	00:41:46	V Carroll	Rugby & Northampton AC
490	8151	00:41:48	Phil Lucker	Thornbury Running Club
491	7139	00:41:49	D Ross	Mansfield Harriers & AC
492	7814	00:41:49	Steve Lidgate-Taylor	Solihull & Small Heath AC
493	7675	00:41:52	D Bent	Serpentine RC
494	7537	00:41:52	C Leach	Rochdale Harriers & AC
495	6744	00:41:53	P Leppard	Hillingdon AC
496	8103	00:41:53	Jamie Anderson	Telford Harriers
497	8231	00:41:53	Dave Pearsall	Trentham RC
498	5871	00:41:54	T Fordyce	Belgrave Harriers
499	7849	00:41:55	Paul Mitchell	South London Harriers
500	6879	00:41:55	P West	Kettering Town Harriers
501	6935	00:41:57	Simon Kinson	Leamington C & AC
502	6478	00:41:58	M Hansen	Erme Valley Harriers
503	6282	00:41:58	C Shuttleworth	Clayton-le-Moors Harriers
504	7466	00:42:00	A Bickerstaff	Ranelagh Harriers
505	7562	00:42:00	I Pudge	Rossendale Harriers & AC
506	7596	00:42:01	P Barrett	Sale Harriers Manchester
507	7938	00:42:02	L Boulton	Staffordshire Moorlands AC
508	8450	00:42:03	G Brooks	Wirral AC
509	7935	00:42:03	D Allen	Staffordshire Moorlands AC
510	7381	00:42:04	E Fowler	Nuneaton Harriers
511	7467	00:42:05	C Brook	Ranelagh Harriers
512	7352	00:42:06	J Hutchinson	Notts AC
513	8156	00:42:07	Phil Cooper	Thrift Green Trotters
514	7311	00:42:07	J Skidmore	North York Moors AC
515	6655	00:42:09	S Ashmore	Heanor RC
516	8067	00:42:09	P Tasker	Tamworth AC
517	5737	00:42:10	N Burke	Altrincham & District AC
518	8519	00:42:12	A Hollis	Wreake Runners
519	6648	00:42:12	L Hurman	Headington RR
520	8388	00:42:13	R Bewell	Wetherby Runners AC
521	8273	00:42:13	S Faulkner	Wakefield & District Harriers AC
522	8069	00:42:15	D Williams	Tamworth AC
523	6061	00:42:16	A Robinson	Blyth RC
524	5817	00:42:18	D Walker	Barrow Runners
525	8398	00:42:18	Dave Collins	Wigan Phoenix
526	7038	00:42:19	P Crockford	London Heathside
527	6512	00:42:19	S Rhodes	Gateshead Harriers & AC
528	7192	00:42:21	G Williams	Medway & Maidstone AC
529	6257	00:42:24	A Normandale	City of York AC

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530	6551	00:42:25	N Price	Halesowen AC
531	6185	00:42:26	L Pickering	Chelmsford AC
532	5893	00:42:27	Alan Billington	Belper Harriers (NC)
533	6646	00:42:28	J Griffiths	Headington RR
534	6871	00:42:28	K Cameron	Kettering Town Harriers
535	7231	00:42:28	G Williams	Nene Valley Harriers
536	6473	00:42:29	C Trembirth	Erewash Valley RC
537	8286	00:42:30	G Jones	Wallasey AC
538	6117	00:42:31	I Keyte	Bromsgrove & Redditch AC
539	7149	00:42:31	Andrew Duncan	Manx Harriers
540	6284	00:42:31	G Wilkinson	Clayton-le-Moors Harriers
541	7042	00:42:32	K Kemp	London Heathside
542	7013	00:42:32	P Harrison	Liverpool Harriers & AC
543	6848	00:42:33	M Williams	Kenilworth Runners
544	7091	00:42:34	C Bentley	Macclesfield Harriers & AC
545	7167	00:42:35	Steve Rice	Marshall Milton Keynes AC
546	8191	00:42:35	Peter Mason	Tonbridge AC
547	7437	00:42:37	O Mason	Peterborough AC
548	7337	00:42:38	S Burton	Notts AC
549	7383	00:42:39	M Treadwell	Nuneaton Harriers
550	5991	00:42:42	Karl Oakes	Birtley AC
551	6674	00:42:43	Philip Glynn	Hercules Wimbledon AC
552	7045	00:42:44	N Mitchell	London Heathside
553	6152	00:42:44	M Cross	Cambridge Harriers
554	6548	00:42:45	A Nock	Halesowen AC
555	7573	00:42:46	D Jones	Rotherham Harriers & AC
556	6150	00:42:47	J Morley	Cambridge & Coleridge
557	6839	00:42:47	R Homes	Kenilworth Runners
558	7472	00:42:47	C Owens	Ranelagh Harriers
559	7490	00:42:48	D Stevens	Reading AC
560	7785	00:42:48	S Waters	Shrewsbury AC
561	6414	00:42:48	P Mcoy	East Hull Harriers
562	5963	00:42:49	Mechael Moreley	Birchfield Harriers
563	7802	00:42:49	C Crook	Skelmersdale Boundary Harriers
564	5900	00:42:49	J Leskiewicz	Beverley AC
565	7655	00:42:50	J Thompson	Saltwell Harriers
566	8341	00:42:52	D Buckley	Wesham RR
567	8404	00:42:54	Steve Nichols	Wigan Phoenix
568	7264	00:42:55	I Sparks	Newcastle (Staffs) AC
569	6714	00:42:56	James Ward	Herne Hill Harriers
570	7164	00:42:57	Chris Hahon	Marshall Milton Keynes AC
571	6169	00:42:57	Richard Lee	Charnwood AC
572	6598	00:42:58	A Kellaway	Hardley Runners
573	7945	00:42:58	M Dean	Staffordshire Moorlands AC
574	6640	00:42:59	T Collins	Havering Mayesbrook AC
575	7336	00:43:01	D Brazener	Notts AC
576	6053	00:43:02	T Uttley	Blackpool Wyre & Fylde AC
577	7926	00:43:03	T Hobbins	Stafford Harriers
578	7582	00:43:05	S Larcombe	Royal Sutton Coldfield AC
579	6687	00:43:06	D Williams	Hereford Couriers
580	8482	00:43:07	Chris Brogan	Woodford Green AC with Essex Ladies
581	7684	00:43:09	R Coyle	Serpentine RC
582	6821	00:43:09	Dave Shaw	Keighley & Craven AC

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583	7980	00:43:09	J Holland	Stone Master Marathoners
584	7841	00:43:10	Mark Burtwell	South London Harriers
585	6173	00:43:10	K Amos	Cheadle RC
586	6429	00:43:10	M Ketley	Elswick Harriers
587	8029	00:43:11	P Taylor	Stratford-on-Avon AC
588	6834	00:43:12	P Bryan	Kenilworth Runners
589	6277	00:43:13	B Horrock	Clayton-le-Moors Harriers
590	6686	00:43:16	M Suff	Hereford Couriers
591	8342	00:43:17	J Collier	Wesham RR
592	6392	00:43:18	S Plested	Ealing Southall & Middx. AC
593	6810	00:43:19	Steve Curtis	Keighley & Craven AC
594	6845	00:43:22	W Oakes	Kenilworth Runners
595	7817	00:43:22	Seben Schouten	Solihull & Small Heath AC
596	7807	00:43:24	J Thompson	Skelmersdale Boundary Harriers
597	7321	00:43:25	M O'Shea	Northbrook AC
598	6941	00:43:25	Steve Roberts	Leamington C & AC
599	7092	00:43:26	B Blyth	Macclesfield Harriers & AC
600	7351	00:43:27	K Hope	Notts AC
601	6016	00:43:27	Richard Hall	Blackheath & Bromley Harriers AC
602	7778	00:43:29	JG Jones	Shrewsbury AC
603	7568	00:43:30	H Darwin	Rotherham Harriers & AC
604	6366	00:43:30	S Holdcroft	Dudley Kingswinford RC
605	7175	00:43:31	M Moorhouse	Matlock AC
606	7531	00:43:31	M Tomlinson	Ripley Running Club
607	6375	00:43:31	S Tromans	Dudley Kingswinford RC
608	7867	00:43:32	R Handley	Southport Waterloo AC
609	7870	00:43:32	S McLean	Southport Waterloo AC
610	6531	00:43:33	J Thorpe	Great Western Runners
611	6330	00:43:34	G Bell	Darlington Harriers
612	6048	00:43:35	J Houghton	Blackpool Wyre & Fylde AC
613	5784	00:43:35	A Horton	Barnet & District AC
614	6292	00:43:36	D Keating	Corby AC
615	6649	00:43:36	A Phelps	Headington RR
616	7906	00:43:36	Dave Norman	Springfield Striders
617	6148	00:43:36	J Kazer	Cambridge & Coleridge
618	8284	00:43:36	P Cuthbert	Wallasey AC
619	7650	00:43:36	P Goode	Saltwell Harriers
620	8389	00:43:37	Paul Windle	Wetherby Runners AC
621	8454	00:43:37	S Fox	Wirral AC
622	8186	00:43:38	Cain Bradley	Tonbridge AC
623	7544	00:43:39	K Robinson	Rochdale Harriers & AC
624	8196	00:43:40	Adam Styles	Tonbridge AC
625	5861	00:43:40	Jason Goodman	Bedford Harriers AC
626	7998	00:43:42	S Harries	Stopsley Striders
627	5811	00:43:43	R Lee	Barrow Runners
628	8237	00:43:43	Jon Williamson	Trentham RC
629	7265	00:43:44	T Twentyman	Newcastle (Staffs) AC
630	5765	00:43:45	Daniel O'Grady	Askern District RC
631	7255	00:43:46	A J Tuttle	Newbury AC
632	7773	00:43:46	J Turner	Sheffield RC
633	8063	00:43:47	S Deegan	Tamworth AC
634	7065	00:43:48	T Wright	Longwood Harriers AC
635	8315	00:43:50	Colin Taylor	Watford Joggers

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636	7546	00:43:51	I Stainthorpe	Rochdale Harriers & AC
637	8030	00:43:52	W Vickers	Stratford-on-Avon AC
638	7171	00:43:52	Andrew Waspell	Marshall Milton Keynes AC
639	5897	00:43:53	I Boardley	Beverley AC
640	7907	00:43:53	Chris Purse	Springfield Striders
641	6316	00:43:53	D Barnett	Croft Ambrey RC
642	6468	00:43:55	R Hyde	Erewash Valley RC
643	7872	00:43:56	J Sprackland	Southport Waterloo AC
644	7306	00:43:57	T Gibbons	North York Moors AC
645	7061	00:43:57	A Norgate	Longwood Harriers AC
646	6387	00:43:57	R Howells	Ealing Southall & Middx. AC
647	7915	00:43:58	I Hayburn	St.Helens Sutton AC
648	6813	00:44:00	J.P. Hopkinson	Keighley & Craven AC
649	6487	00:44:00	I Lambert	Eton Manor AC
650	7481	00:44:01	M Gittins	Reading AC
651	8345	00:44:02	A Glasgow	Wesham RR
652	8434	00:44:02	Ian Smallwood	Wilmslow RC
653	6765	00:44:02	R Sunley	Horsforth Harriers
654	7944	00:44:03	P Davies	Staffordshire Moorlands AC
655	6526	00:44:03	P Chan	Great Western Runners
656	6523	00:44:04	A Short	Grantham AC
657	7812	00:44:04	Steve Howes	Solihull & Small Heath AC
658	7403	00:44:05	H Pearson	Otley AC
659	6991	00:44:05	J Hurley	Leighton Buzzard AC
660	7882	00:44:05	P Murtagh	Sparkhill Harriers
661	5898	00:44:05	M Dalton	Beverley AC
662	6801	00:44:06	K MacRosson	Ipswich Jaffa
663	7898	00:44:06	Lyndsey Broadbridge	Springfield Striders
664	5935	00:44:07	C Gray	Bingley Harriers & AC
665	6717	00:44:09	Jim Zaple	Herne Hill Harriers
666	7458	00:44:09	R Kenny	Preston Harriers
667	7360	00:44:09	R Mitson	Notts AC
668	7772	00:44:14	M Levery	Sheffield RC
669	8417	00:44:15	Nick Bishop	Wilmslow RC
670	5908	00:44:16	Mark Casella	Bexley AC
671	7330	00:44:16	R Belton	Notts AC
672	6170	00:44:17	Kevin Lomas	Charnwood AC
673	6959	00:44:18	M Gostling	Leeds City AC
674	7138	00:44:18	T Raynor	Mansfield Harriers & AC
675	7851	00:44:18	Simon Rosser	South London Harriers
676	6023	00:44:19	Brendan McShane	Blackheath & Bromley Harriers AC
677	7953	00:44:20	B Beattie	Steel City Striders
678	8271	00:44:21	M Dodsworth	Wakefield & District Harriers AC
679	7993	00:44:22	A Copp	Stopsley Striders
680	6535	00:44:22	Adam Stirk	Guildford & Godalming AC
681	6327	00:44:23	M Rowe	Croydon Harriers
682	8202	00:44:25	D Drasdo	Trafford AC
683	8508	00:44:25	Paul Dickenson	Worksop Harriers AC
684	7256	00:44:27	M Bailey	Newcastle (Staffs) AC
685	7080	00:44:28	L McNabola	Luton AC
686	6187	00:44:29	C Waugh	Chelmsford AC
687	8148	00:44:30	W Rothwell	The Stragglers
688	8269	00:44:32	N Tolfrey	Victory AC

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689	5896	00:44:32	Mark Riches	Belper Harriers
690	6537	00:44:33	M Allen	Halesowen AC
691	6161	00:44:34	D Constance	Cannock & Stafford AC
692	6243	00:44:34	M Kinch	City of Stoke AC
693	7846	00:44:35	Alex Halpin	South London Harriers
694	5714	00:44:36	Mark Clews	Aldershot Farnham & District AC
695	8020	00:44:36	K Hawkes	Stratford-on-Avon AC
696	7957	00:44:37	K Coulter	Steel City Striders
697	6759	00:44:40	B Holroyd	Holmfirth Harriers AC
698	6777	00:44:42	S Hunt	Huntingdonshire AC
699	7338	00:44:44	R Darling	Notts AC
700	7093	00:44:46	C Holden	Macclesfield Harriers & AC
701	7967	00:44:46	Sean Whewell	Stockport Harriers AC
702	6945	00:44:47	L Atkin	Leeds City AC
703	6650	00:44:49	S Purchon	Headington RR
704	6401	00:44:50	D Hughes	East Cheshire Harriers & Tameside AC
705	7942	00:44:52	J Burgess	Staffordshire Moorlands AC
706	7982	00:44:54	P Roughley	Stone Master Marathoners
707	8294	00:44:54	P Riley	Wallasey AC
708	7296	00:44:55	J Henderson	Newquay & Par AC
709	5894	00:44:56	Simon Edwards	Belper Harriers
710	7110	00:44:57	Lee Dunn	Manchester YMCA Harriers
711	8223	00:44:59	S Sami	Trent Park RC
712	6917	00:45:00	G Everard	Lancaster & Morecambe AC
713	8074	00:45:00	M Smith	Tattenhall Runners
714	7423	00:45:01	J Farrell	Penny Lane Striders
715	7593	00:45:04	A White	Rugby & Northampton AC
716	7315	00:45:04	M Brunt	Northbrook AC
717	6838	00:45:05	R Green	Kenilworth Runners
718	7762	00:45:05	Phil Shelley	Shaftesbury Barnet Harriers
719	5815	00:45:06	J Rees	Barrow Runners
720	7088	00:45:07	G Webster	Lytham St. Annes RRC
721	6141	00:45:08	Dave Nutton	Buxton AC
722	6780	00:45:09	A Richardson	Huntingdonshire AC
723	6321	00:45:09	S Powney	Croft Ambrey RC
724	6936	00:45:09	Brian Miller	Leamington C & AC
725	6811	00:45:10	Russ Fairhurst	Keighley & Craven AC
726	7989	00:45:10	B Barrett	Stopsley Striders
727	6464	00:45:11	A McDonald	Epsom & Ewell Harriers
728	8150	00:45:13	Nick Langridge	Thornbury Running Club
729	5783	00:45:13	C Goulding	Barnet & District AC
730	7339	00:45:14	R Denton	Notts AC
731	7051	00:45:15	P Abbott	Long Eaton Running Club
732	6070	00:45:15	Philip Dakin	Bournville Harriers
733	6041	00:45:16	M Cronshaw	Blackpool Wyre & Fylde AC
734	8487	00:45:17	Alistair Holford	Woodford Green AC with Essex Ladies
735	6683	00:45:17	S Herington	Hereford Couriers
736	7420	00:45:23	M Balmer	Penny Lane Striders
737	6843	00:45:24	B Lively	Kenilworth Runners
738	7340	00:45:24	T Doyle	Notts AC
739	7102	00:45:25	R Thomas	Macclesfield Harriers & AC
740	6793	00:45:25	Peter Bowell	Invicta East Kent AC
741	6060	00:45:26	K Freeman	Blyth RC

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742	7918	00:45:26	I Pass	St.Helens Sutton AC
743	7759	00:45:26	Tim Parkin	Shaftesbury Barnet Harriers
744	6731	00:45:28	Joseph Lowe	Highgate Harriers
745	6426	00:45:28	I Fenwick	Elswick Harriers
746	8022	00:45:28	P Hawkins	Stratford-on-Avon AC
747	6361	00:45:29	Rob Russell	Dorking & Mole Valley AC
748	6859	00:45:29	Andrew Moreton	Kent AC
749	7865	00:45:30	M Cunningham	Southport Waterloo AC
750	6612	00:45:31	B Miller	Harrogate HAC
751	8489	00:45:32	Paul Manson	Woodford Green AC with Essex Ladies
752	5916	00:45:32	Martin Jenner	Bexley AC
753	6519	00:45:33	P Davidson	Grantham AC
754	7916	00:45:34	P Johnson	St.Helens Sutton AC
755	6317	00:45:34	R Hornsby	Croft Ambrey RC
756	7532	00:45:35	M Walker	Ripley Running Club
757	7535	00:45:36	M Catherall	Rochdale Harriers & AC
758	7361	00:45:36	S Nee	Notts AC
759	7896	00:45:37	F Reddington	Spensborough AC
760	6075	00:45:38	Daniel Wilson	Bournville Harriers
761	8373	00:45:39	G Clifton	West Bromwich Harriers
762	7565	00:45:39	A Carroll	Rotherham Harriers & AC
763	6596	00:45:40	M Anglim	Hardley Runners
764	6376	00:45:41	N Daniels	Dulwich Runners AC
765	7831	00:45:42	N Jones	South Cheshire Harriers
766	8379	00:45:43	B Collision	West Norfolk AC
767	7930	00:45:43	P Sarson	Stafford Harriers
768	8513	00:45:43	Andrew Hooley	Worksop Harriers AC
769	5803	00:45:45	I Apperley	Barrow Runners
770	7652	00:45:46	P Mullarkey	Saltwell Harriers
771	6976	00:45:46	T Wilks	Leeds City AC
772	7060	00:45:47	L Medley	Longwood Harriers AC
773	8253	00:45:48	Simon Danks	Utttoxeter Road Runners
774	7389	00:45:48	David Brock	Orion Harriers
775	7577	00:45:48	J Spencer	Rotherham Harriers & AC
776	7132	00:45:49	T Hiscox	Mansfield Harriers & AC
777	5899	00:45:50	I Husband	Beverley AC
778	7813	00:45:52	Graham Lawrence	Solihull & Small Heath AC
779	7140	00:45:53	C Russell	Mansfield Harriers & AC
780	8226	00:45:53	Dan Clowes	Trentham RC
781	7319	00:45:54	T Hoy	Northbrook AC
782	7538	00:45:54	P Leary	Rochdale Harriers & AC
783	6628	00:45:56	Kevin Draper	Harrow AC
784	7657	00:45:57	J Trezise	Saltwell Harriers
785	6129	00:45:57	A Tant	Broxbourne Runners
786	5997	00:45:57	Richard Taylor	Blackburn Harriers
787	8249	00:45:58	Simon Alcock	Utttoxeter Road Runners
788	6396	00:45:59	L Browne	East Cheshire Harriers & Tameside AC
789	6699	00:46:00	Geoff Jerwood	Herne Hill Harriers
790	7880	00:46:02	C Hinks	Sparkhill Harriers
791	5858	00:46:03	James Dunn	Bedford Harriers AC
792	7603	00:46:04	W Fox	Sale Harriers Manchester
793	7963	00:46:05	Steve Fairclough	Stockport Harriers AC
794	8320	00:46:06	Andrew Deamer	Wells City Harriers

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795	7883	00:46:08	B O'Neill	Sparkhill Harriers
796	7780	00:46:09	A Lewis	Shrewsbury AC
797	6110	00:46:10	P Anderson	Bromsgrove & Redditch AC
798	6332	00:46:10	K Grainger	Darlington Harriers
799	6932	00:46:11	Phil Galpin	Leamington C & AC
800	7072	00:46:12	A Hartley	Louth AC
801	7919	00:46:13	R Vose	St.Helens Sutton AC
802	7238	00:46:14	Carl Braithwaite	Newark AC
803	7707	00:46:16	J Lock	Serpentine RC
804	6880	00:46:16	M Winstone	Kettering Town Harriers
805	7904	00:46:16	Andy Mason	Springfield Striders
806	7438	00:46:17	R Wilson	Peterborough AC
807	8085	00:46:17	Nick Pollastrone	Team Bath AC
808	6071	00:46:18	Paul Foot	Bournville Harriers
809	6311	00:46:19	M Slevin	Coventry Godiva Harriers
810	6943	00:46:20	Pete Taylor	Leamington C & AC
811	8409	00:46:20	Vincent Robinson	Wigan Phoenix
812	7084	00:46:22	T Hellings	Lytham St. Annes RRC
813	8275	00:46:24	R West	Wakefield & District Harriers AC
814	6803	00:46:24	J Weston	Ipswich Jaffa
815	6748	00:46:26	P Swan	Hillingdon AC
816	8064	00:46:26	N Fisher	Tamworth AC
817	6656	00:46:27	P Edwards	Heanor RC
818	5800	00:46:28	S Pickersgill	Barnsley AC
819	7853	00:46:32	Colin Young	South London Harriers
820	6394	00:46:34	P York	Ealing Southall & Middx. AC
821	6741	00:46:35	S Dokic	Hillingdon AC
822	5901	00:46:35	S Peacock	Beverley AC
823	8000	00:46:36	P Leech	Stopsley Striders
824	6872	00:46:36	A Clawson	Kettering Town Harriers
825	8276	00:46:37	T White	Wakefield & District Harriers AC
826	8525	00:46:37	M Whalley	Wreake Runners
827	7057	00:46:38	G Whitt	Long Eaton Running Club
828	6486	00:46:40	A Frost	Eton Manor AC
829	7387	00:46:40	B Schofield	Oldham & Royton Harriers & AC
830	5799	00:46:40	M Hurrell	Barnsley AC
831	5966	00:46:41	Gordon Orme	Birchfield Harriers
832	6924	00:46:41	S Perry	Lancaster & Morecambe AC
833	7475	00:46:43	N Walford	Ranelagh Harriers
834	8274	00:46:44	C Ward	Wakefield & District Harriers AC
835	8314	00:46:45	Mark Studdart	Watford Joggers
836	6074	00:46:46	James Taylor	Bournville Harriers
837	7121	00:46:46	Steve Symons	Manchester YMCA Harriers
838	6961	00:46:50	S Hill	Leeds City AC
839	5796	00:46:51	M Casey	Barnsley AC
840	7815	00:46:53	Aaron Lincoln	Solihull & Small Heath AC
841	7362	00:46:54	P Orme	Notts AC
842	7843	00:46:55	Clive Edgington	South London Harriers
843	6111	00:46:56	J Atkins	Bromsgrove & Redditch AC
844	6398	00:46:57	A Farley	East Cheshire Harriers & Tameside AC
845	6577	00:46:57	I Chick	Harborough AC
846	6528	00:46:58	J Hargreaves	Great Western Runners
847	7310	00:46:58	V Rutland	North York Moors AC

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848	7002	00:46:58	G Hall	Lincoln Wellington AC
849	5856	00:46:59	Tony Barnes	Bedford Harriers AC
850	6795	00:47:02	Thomas Sutton	Invicta East Kent AC
851	7305	00:47:03	David Morris	North Shields Polytechnic Club
852	5924	00:47:03	Kevin Winch	Bexley AC
853	6122	00:47:05	R Mole	Bromsgrove & Redditch AC
854	6171	00:47:07	Mark Whitmore	Charnwood AC
855	8313	00:47:08	Ian Harvey	Watford Joggers
856	8375	00:47:08	P Jameson	West Bromwich Harriers
857	7547	00:47:10	M Walker	Rochdale Harriers & AC
858	6458	00:47:11	M Alden	Epsom & Ewell Harriers
859	6174	00:47:11	M Beadmore	Cheadle RC
860	7991	00:47:12	G Busch	Stopsley Striders
861	7039	00:47:13	A Dickson	London Heathside
862	8347	00:47:14	R Mabbutt	Wesham RR
863	7086	00:47:14	W Richmond	Lytham St. Annes RRC
864	8318	00:47:14	Tim Woolridge	Watford Joggers
865	7803	00:47:15	A Dalton	Skelmersdale Boundary Harriers
866	6900	00:47:17	D Chambers	Knavesmire Harriers
867	7324	00:47:18	J Trill	Northbrook AC
868	5801	00:47:19	A Waters	Barnsley AC
869	7109	00:47:23	Roger Carter	Manchester YMCA Harriers
870	5996	00:47:25	A Shorrock	Blackburn Harriers
871	6221	00:47:27	P Woodyatt	City of Norwich AC
872	6723	00:47:27	Jonathan Deane	Highgate Harriers
873	7844	00:47:28	Peter Emery	South London Harriers
874	6474	00:47:29	G Tudbury	Erewash Valley RC
875	6186	00:47:31	W Tamlyn	Chelmsford AC
876	6802	00:47:32	B Rogers	Ipswich Jaffa
877	6823	00:47:32	Liam Spencer	Keighley & Craven AC
878	8270	00:47:32	M Wilson	Victory AC
879	7124	00:47:33	L Chambers	Mansfield Harriers & AC
880	7054	00:47:33	A Vais	Long Eaton Running Club
881	6842	00:47:34	M Lambert	Kenilworth Runners
882	6124	00:47:34	C Scoltock	Bromsgrove & Redditch AC
883	7797	00:47:35	M Radbourne	Sinfin RC
884	8054	00:47:36	K Blyth	Sunderland Strollers
885	6140	00:47:37	Terry Fowler	Buxton AC
886	8023	00:47:38	T Jackson	Stratford-on-Avon AC
887	6579	00:47:40	H Delargy	Harborough AC
888	7825	00:47:40	M Cole	South Cheshire Harriers
889	7309	00:47:41	C Poole	North York Moors AC
890	6794	00:47:42	Michael Gore	Invicta East Kent AC
891	7910	00:47:42	Kev Wright	Springfield Striders
892	6602	00:47:43	J Evans	Harlow RC
893	7465	00:47:44	F Nolan	Queens Park Harriers
894	6557	00:47:44	A Royston	Halifax Harriers
895	8093	00:47:45	A Robson	Teesdale AC
896	8004	00:47:45	A Reid	Stopsley Striders
897	7965	00:47:46	Steve Matkin	Stockport Harriers AC
898	6131	00:47:47	G Dingley	Burton AC
899	6689	00:47:49	Eddie Barrow	Herne Hill Harriers
900	5797	00:47:50	D Cooper	Barnsley AC

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901	7473	00:47:51	M Peace	Ranelagh Harriers
902	6774	00:47:51	M Fischer	Huntingdonshire AC
903	5781	00:47:53	S Allen	Barnet & District AC
904	6428	00:47:54	T Hansen	Elswick Harriers
905	8072	00:47:56	S Hammond	Tattenhall Runners
906	7451	00:47:56	D Verlaect	Pitsea RC
907	6827	00:47:57	S Burrows	Kendal AC
908	7234	00:47:59	T Povey	New Marske Harriers
909	7105	00:47:59	M Cunningham	Manchester Harriers & AC
910	8043	00:48:00	J Gueran	Stubbington Green Runners & AC
911	5923	00:48:02	Steven Walker	Bexley AC
912	8219	00:48:03	D Birks	Trent Park RC
913	8521	00:48:03	J Ketteringham	Wreake Runners
914	7545	00:48:05	N Shaw	Rochdale Harriers & AC
915	8496	00:48:07	Trevor Powell	Woodford Green AC with Essex Ladies
916	8016	00:48:07	P Walters	Stourbridge RC
917	7806	00:48:09	P Summers	Skelmersdale Boundary Harriers
918	6247	00:48:10	A Thiemicke	City of Stoke AC
919	6370	00:48:11	P Richards	Dudley Kingswinford RC
920	8255	00:48:13	Steve Parsonage	Uttoxeter Road Runners
921	7988	00:48:14	P Abbott	Stopsley Striders
922	8220	00:48:14	P Castaldo	Trent Park RC
923	7876	00:48:15	A Carroll	Sparkhill Harriers
924	6532	00:48:16	M Willcox	Great Western Runners
925	7959	00:48:16	D Perry	Steel City Striders
926	7325	00:48:17	K Allen	Notts AC
927	6668	00:48:18	S Wardle	Heanor RC
928	8198	00:48:19	B Beaumont	Trafford AC
929	7112	00:48:20	Dominic Hemi	Manchester YMCA Harriers
930	6958	00:48:21	R Gatenby	Leeds City AC
931	6324	00:48:22	P Gilbert	Croydon Harriers
932	6736	00:48:23	Nick Stockman	Highgate Harriers
933	7960	00:48:24	I Stinson	Steel City Striders
934	6322	00:48:28	J Utley	Croft Ambrey RC
935	6467	00:48:29	B Goodall	Erewash Valley RC
936	7193	00:48:30	I Humphreys	Mendip AC
937	8218	00:48:31	M Allen	Trent Park RC
938	8059	00:48:31	D Warnaby	Sunderland Strollers
939	7997	00:48:34	J Dowsett	Stopsley Striders
940	6137	00:48:36	Phill Barnes	Bushfield Joggers
941	8256	00:48:36	Alan Roberts	Vale of Aylesbury AC
942	6059	00:48:40	R Dickinson	Blyth RC
943	8395	00:48:40	G Wiggins	White Horse Harriers
944	8254	00:48:41	Brian Mackey	Uttoxeter Road Runners
945	6482	00:48:41	S Adams	Eton Manor AC
946	6964	00:48:42	J Mace	Leeds City AC
947	8050	00:48:43	G Westley	Stubbington Green Runners & AC
948	5986	00:48:45	R Ryan	Birmingham Rowheath AC
949	8265	00:48:46	A Bangert	Victory AC
950	7826	00:48:46	P Cooper	South Cheshire Harriers
951	6262	00:48:48	I Wilcock	City of York AC
952	5794	00:48:49	D Bennett	Barnsley AC
953	6019	00:48:51	Steve Hough	Blackheath & Bromley Harriers AC

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954	8524	00:48:51	A Steel	Wreake Runners
955	7530	00:48:52	K Tietz	Ripley Running Club
956	6940	00:48:55	Graham Roberts	Leamington C & AC
957	8520	00:48:55	M Jelley	Wreake Runners
958	8297	00:48:56	D Walton	Wallasey AC
959	5857	00:48:57	Simon Costin	Bedford Harriers AC
960	7706	00:48:57	A Lloyd	Serpentine RC
961	6280	00:48:58	J Rusius	Clayton-le-Moors Harriers
962	7981	00:49:00	J Howell	Stone Master Marathoners
963	6385	00:49:05	J Falvey	Ealing Southall & Middx. AC
964	7976	00:49:10	B Clarke	Stone Master Marathoners
965	6130	00:49:14	N Chapman	Burton AC
966	8002	00:49:16	M Mitchell	Stopsley Striders
967	7083	00:49:17	T Croft	Lytham St. Annes RRC
968	6469	00:49:18	N Lander	Erewash Valley RC
969	8048	00:49:18	P May	Stubbington Green Runners & AC
970	6762	00:49:18	M Pennington	Holmfirth Harriers AC
971	7928	00:49:19	D Marsden	Stafford Harriers
972	6529	00:49:21	P Hawkins	Great Western Runners
973	6994	00:49:22	F Watt	Leighton Buzzard AC
974	6763	00:49:22	B Ellis	Horsforth Harriers
975	6373	00:49:22	Rob Sannwald	Dudley Kingswinford RC
976	6156	00:49:23	M Newell	Cambridge Harriers
977	8055	00:49:23	D Dixon	Sunderland Strollers
978	6328	00:49:24	D Warren	Croydon Harriers
979	7226	00:49:24	S Gibb	Nene Valley Harriers
980	7782	00:49:25	T Smith	Shrewsbury AC
981	5787	00:49:26	J Murphy	Barnet & District AC
982	7792	00:49:29	M Evans	Sinfin RC
983	8222	00:49:31	S Merritt	Trent Park RC
984	6476	00:49:31	S Wickham	Erewash Valley RC
985	8247	00:49:31	D Boatright	University of Liverpool AC
986	6818	00:49:35	Dave Ramsden	Keighley & Craven AC
987	5984	00:49:37	M Ludford	Birmingham Rowheath AC
988	8145	00:49:38	J Emmines	The Stragglers
989	5910	00:49:39	David Farrell	Bexley AC
990	6042	00:49:40	D Dyson	Blackpool Wyre & Fylde AC
991	7402	00:49:41	T Hannah	Otley AC
992	6177	00:49:41	R Williams	Cheadle RC
993	7783	00:49:42	S Turk	Shrewsbury AC
994	6506	00:49:43	S Baudouin	Gateshead Harriers & AC
995	6142	00:49:45	Mark Quince	Buxton AC
996	7881	00:49:46	R Mills	Sparkhill Harriers
997	7923	00:49:48	M Bentley	Stafford Harriers
998	7056	00:49:48	P Walters	Long Eaton Running Club
999	5798	00:49:50	M Crofts	Barnsley AC
1000	7536	00:49:54	R Dalby	Rochdale Harriers & AC
1001	6955	00:49:55	A Davy	Leeds City AC
1002	8252	00:49:57	Graham Cope	Uttoxeter Road Runners
1003	6923	00:49:58	M Peat	Lancaster & Morecambe AC
1004	7242	00:49:59	Graham Kelley	Newark AC
1005	7890	00:50:00	N Griffiths	Spectrum Striders AC
1006	7784	00:50:01	C Wakeman	Shrewsbury AC

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1007	8510	00:50:03	John Harrison	Worksop Harriers AC
1008	6057	00:50:04	J Wright	Blackpool Wyre & Fylde AC
1009	7995	00:50:05	B Davies	Stopsley Striders
1010	6434	00:50:06	P Sloan	Elswick Harriers
1011	8501	00:50:06	Julian Thorpe	Woodford Green AC with Essex Ladies
1012	5789	00:50:07	F Robinson	Barnet & District AC
1013	8056	00:50:08	Ian Lumley	Sunderland Strollers
1014	6178	00:50:09	J Booty	Chelmsford AC
1015	6439	00:50:11	R Wilson	Elswick Harriers
1016	6590	00:50:12	G Rolfe	Harborough AC
1017	8053	00:50:13	B Blair	Sunderland Strollers
1018	8493	00:50:15	Michael Murphy	Woodford Green AC with Essex Ladies
1019	7548	00:50:16	N Walsh	Rochdale Harriers & AC
1020	5919	00:50:17	Phil Mathieson	Bexley AC
1021	8133	00:50:18	S Maddison	Thames Valley Harriers
1022	7108	00:50:19	Andy Barclay	Manchester YMCA Harriers
1023	7909	00:50:21	John Williams	Springfield Striders
1024	5895	00:50:22	Rob Norman	Belper Harriers
1025	7809	00:50:23	Roy Dale	Solihull & Small Heath AC
1026	5793	00:50:23	T Bailey	Barnsley AC
1027	6453	00:50:24	S Keys	Enfield & Haringey AC
1028	7894	00:50:24	A Peers	Spectrum Striders AC
1029	7781	00:50:27	G Lloyd	Shrewsbury AC
1030	6160	00:50:28	T Buss	Cannock & Stafford AC
1031	8337	00:50:29	A Rawlins	Werrington Joggers
1032	7834	00:50:30	A Painter	South Cheshire Harriers
1033	6077	00:50:32	D Foster	Bridlington RR
1034	6542	00:50:33	A Grant	Halesowen AC
1035	7117	00:50:37	Mille O'Brien	Manchester YMCA Harriers
1036	8192	00:50:37	Ken Newsome	Tonbridge AC
1037	7062	00:50:38	J Scholes	Longwood Harriers AC
1038	7554	00:50:38	R Wilson	Rolls Royce Harriers
1039	6090	00:50:39	A Mitchelson	Brighton & Hove City AC
1040	7541	00:50:40	J Purdy	Rochdale Harriers & AC
1041	7366	00:50:42	C Rischer	Notts AC
1042	7449	00:50:46	P McLaughlin	Pitsea RC
1043	7838	00:50:49	S Whincup	South Cheshire Harriers
1044	5779	00:50:50	B Usher	Aurora Harriers
1045	7145	00:50:51	Les Brown	Manx Harriers
1046	6682	00:50:51	T Clarke	Hereford Couriers
1047	7827	00:50:53	R Cummings	South Cheshire Harriers
1048	7331	00:50:54	M Benford	Notts AC
1049	8061	00:50:55	J Woodward	Sunderland Strollers
1050	7552	00:50:55	W Southgate	Rolls Royce Harriers
1051	7931	00:51:01	E Smith	Stafford Harriers
1052	8232	00:51:01	Adrian Pestell	Trentham RC
1053	6471	00:51:02	G Mills	Erewash Valley RC
1054	7956	00:51:03	A Buck	Steel City Striders
1055	8250	00:51:04	Clive Baggaley	Uttoxeter Road Runners
1056	8019	00:51:04	J Deacon	Stratford-on-Avon AC
1057	7833	00:51:06	R Mayes	South Cheshire Harriers
1058	7453	00:51:07	N Harding	Poole AC
1059	8104	00:51:07	Darren Fincham	Telford Harriers

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1060	6908	00:51:08	A McLeod	Knavesmire Harriers
1061	8316	00:51:09	Keith Taylor	Watford Joggers
1062	6520	00:51:10	D Eldridge	Grantham AC
1063	6175	00:51:10	T Cochrane	Cheadle RC
1064	6062	00:51:14	K Willshire	Blyth RC
1065	6540	00:51:15	M Endacott	Halesowen AC
1066	7830	00:51:18	A Hadfield	South Cheshire Harriers
1067	7245	00:51:22	Rob Orgill	Newark AC
1068	6395	00:51:23	J Bowker	East Cheshire Harriers & Tameside AC
1069	8522	00:51:24	K Naylor	Wreake Runners
1070	6581	00:51:26	S Edge	Harborough AC
1071	6465	00:51:27	D Mitchell	Epsom & Ewell Harriers
1072	6239	00:51:29	S Cooper	City of Stoke AC
1073	7796	00:51:30	T Pope	Sinfin RC
1074	5742	00:51:31	M Dutzenka	Altrincham & District AC
1075	8312	00:51:32	Paul Emery	Watford Joggers
1076	7925	00:51:34	M Harris	Stafford Harriers
1077	7079	00:51:34	A Johnson	Luton AC
1078	6470	00:51:35	C Lewis	Erewash Valley RC
1079	6928	00:51:38	David Blower	Leamington C & AC
1080	7771	00:51:39	J Lee	Sheffield RC
1081	5757	00:51:40	T Jolly	Amber Valley AC
1082	7052	00:51:41	C Bostock	Long Eaton Running Club
1083	6293	00:51:41	D Rafferty	Corby AC
1084	7932	00:51:42	M Thompson	Stafford Harriers
1085	7902	00:51:43	John Clarke	Springfield Striders
1086	7328	00:51:44	Chris Armstrong	Notts AC
1087	8025	00:51:45	P Marshall	Stratford-on-Avon AC
1088	6666	00:51:46	N Scollin	Heanor RC
1089	5775	00:51:46	P Hunter	Aurora Harriers
1090	7396	00:51:46	B Baker	Otley AC
1091	8453	00:51:51	J Downey	Wirral AC
1092	8460	00:51:54	N Pratten	Wirral AC
1093	7539	00:51:55	J Mayall	Rochdale Harriers & AC
1094	6139	00:51:56	David Mason	Bushfield Joggers
1095	6136	00:51:57	P Smith	Burton AC
1096	7113	00:51:58	Steve Ingham	Manchester YMCA Harriers
1097	6423	00:51:58	S Curry	Elswick Harriers
1098	5862	00:51:59	Noel Jones	Bedford Harriers AC
1099	6790	00:52:00	R Sharratt	Ilkeston RC
1100	8317	00:52:04	Andy Willerton	Watford Joggers
1101	7446	00:52:06	J Holder	Pitsea RC
1102	6921	00:52:07	M Leck	Lancaster & Morecambe AC
1103	6739	00:52:09	J Bignell	Hillingdon AC
1104	5807	00:52:12	M Harris	Barrow Runners
1105	7824	00:52:13	P Cliff	South Cheshire Harriers
1106	7422	00:52:15	D Clarkson	Penny Lane Striders
1107	6047	00:52:17	P Gibson	Blackpool Wyre & Fylde AC
1108	6521	00:52:23	J Ellerby	Grantham AC
1109	7656	00:52:25	R Townsend	Saltwell Harriers
1110	7136	00:52:27	M Partridge	Mansfield Harriers & AC
1111	6926	00:52:27	J Stewart	Lancaster & Morecambe AC
1112	7877	00:52:29	C Fentiman	Sparkhill Harriers

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1113	6065	00:52:33	D Grace	Bourne Town Harriers
1114	6134	00:52:35	G Murfin	Burton AC
1115	6276	00:52:36	J Hickie	Clayton-le-Moors Harriers
1116	6326	00:52:38	T Lapins	Croydon Harriers
1117	8024	00:52:39	D Licence	Stratford-on-Avon AC
1118	6115	00:52:44	S James	Bromsgrove & Redditch AC
1119	6556	00:52:45	Reilly Heath	Halifax Harriers
1120	6389	00:52:50	A Keeler	Ealing Southall & Middx. AC
1121	6783	00:52:54	S Cheal	Ilford AC
1122	6600	00:52:57	D McElhenny	Hardley Runners
1123	8300	00:53:05	S Williams	Wallasey AC
1124	8526	00:53:09	A Wilde	Wreake Runners
1125	6919	00:53:13	J Hulse	Lancaster & Morecambe AC
1126	7897	00:53:14	David Kelly	Sphinx AC
1127	6123	00:53:15	L Quartly	Bromsgrove & Redditch AC
1128	7089	00:53:16	Mark Covett	Mablethorpe RC
1129	8356	00:53:17	G Vickers	Wesham RR
1130	7369	00:53:18	R Rudd	Notts AC
1131	7984	00:53:18	I Stoddart	Stone Master Marathoners
1132	7390	00:53:20	Pete Deadman	Orion Harriers
1133	7787	00:53:20	B Boole	Sinfin RC
1134	6067	00:53:21	R Pearson	Bourne Town Harriers
1135	6787	00:53:24	D Litchfield	Ilkeston RC
1136	7924	00:53:24	R Clay	Stafford Harriers
1137	7103	00:53:26	M Wheelton	Macclesfield Harriers & AC
1138	8152	00:53:29	Pete Mainstone	Thornbury Running Club
1139	7519	00:53:30	C Ryan	Retford AC
1140	6132	00:53:32	P Mathie	Burton AC
1141	7794	00:53:33	D Lander	Sinfin RC
1142	7929	00:53:35	C Ross	Stafford Harriers
1143	7119	00:53:35	Jon Paramor	Manchester YMCA Harriers
1144	6135	00:53:36	T Norman	Burton AC
1145	8336	00:53:42	K McGregor	Werrington Joggers
1146	6383	00:53:47	Roland Hobbs	Dursley & District AC
1147	7426	00:53:48	S Knott	Penny Lane Striders
1148	6745	00:53:52	J Luscombe	Hillingdon AC
1149	6206	00:53:55	T Brawn	Chiltern Harriers AC
1150	7788	00:53:57	J Bush	Sinfin RC
1151	7236	00:54:01	Timothy Bagguley	Newark AC
1152	6995	00:54:02	P Miller	Lewes AC
1153	7326	00:54:04	P Anthony	Notts AC
1154	8005	00:54:06	L Richardson	Stopsley Striders
1155	6836	00:54:08	T Dable	Kenilworth Runners
1156	5763	00:54:11	Andy Goodair	Askern District RC
1157	5828	00:54:14	I Smith	Basingstoke & Mid Hants AC
1158	6278	00:54:17	R Lawson	Clayton-le-Moors Harriers
1159	6903	00:54:20	R Gott	Knivesmire Harriers
1160	6555	00:54:25	M Gaughan	Halifax Harriers
1161	8010	00:54:26	R Lamming	Stourbridge RC
1162	7836	00:54:28	M Stirna	South Cheshire Harriers
1163	7367	00:54:31	P Robinson	Notts AC
1164	6525	00:54:35	S Sellars	Grantham AC
1165	6286	00:54:37	Paul Barrett	Colchester Harriers AC

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1166	6055	00:54:38	D Wood	Blackpool Wyre & Fylde AC
1167	7257	00:54:39	M Clewlow	Newcastle (Staffs) AC
1168	6479	00:54:42	K Reed	Erme Valley Harriers
1169	7398	00:54:43	D Buffham	Otley AC
1170	8267	00:54:46	M Harris	Victory AC
1171	6522	00:54:48	P Hall	Grantham AC
1172	6833	00:55:00	M Broomfield	Kenilworth Runners
1173	7116	00:55:00	Ian Manners	Manchester YMCA Harriers
1174	8523	00:55:05	J Skevington	Wreake Runners
1175	7122	00:55:11	A Bellingham	Mansfield Harriers & AC
1176	8339	00:55:15	G Walden	Werrington Joggers
1177	6176	00:55:22	B James	Cheadle RC
1178	7447	00:55:25	K Jackson	Pitsea RC
1179	7983	00:55:27	R Shaw	Stone Master Marathoners
1180	6846	00:55:28	S Shillington	Kenilworth Runners
1181	8266	00:55:28	J Gallagher	Victory AC
1182	8355	00:55:34	J Swarples	Wesham RR
1183	7515	00:55:37	R Clapperton	Retford AC
1184	6372	00:55:52	Richard Sannwald	Dudley Kingswinford RC
1185	6404	00:56:02	M McGann	East Cheshire Harriers & Tameside AC
1186	6601	00:56:03	R Noke	Hardley Runners
1187	7543	00:56:24	P Roberts	Rochdale Harriers & AC
1188	8008	00:56:31	I Clarke	Stourbridge RC
1189	7798	00:56:34	J Shiel	Sinfin RC
1190	7927	00:56:37	M Jones	Stafford Harriers
1191	6927	00:56:39	Mick Aston	Leamington C & AC
1192	7828	00:56:43	M Cutler	South Cheshire Harriers
1193	8338	00:56:48	A Scott	Werrington Joggers
1194	7800	00:56:57	G Young	Sinfin RC
1195	7375	00:56:57	K Tombleson	Notts AC
1196	5770	00:57:01	P Coughlan	Aurora Harriers
1197	8279	00:57:04	J Armstrong	Wallasey AC
1198	6355	00:57:07	G Murray	Derwentside AC
1199	6432	00:57:18	A Middleton	Elswick Harriers
1200	6172	00:57:26	D Alkins	Cheadle RC
1201	7888	00:57:30	K Black	Spectrum Striders AC
1202	6382	00:57:30	Chris Ashworth	Dursley & District AC
1203	7444	00:57:35	C Bent	Pitsea RC
1204	7848	00:57:38	Antonio Martins	South London Harriers
1205	8457	00:57:46	N Lindesay	Wirral AC
1206	5780	00:57:53	K Weavers	Aurora Harriers
1207	7082	00:58:04	D Cosh	Lytham St. Annes RRC
1208	7986	00:58:05	D Wallis	Stone Master Marathoners
1209	8298	00:58:08	R Westrum	Wallasey AC
1210	6477	00:58:25	D Fox	Erme Valley Harriers
1211	8096	00:58:32	A Hodgekiss	Telford AC
1212	7359	00:58:45	Alan Marsh	Notts AC
1213	7059	00:58:53	R Hardcastle	Longwood Harriers AC
1214	7445	00:59:00	P Flannigan	Pitsea RC
1215	6550	00:59:08	K Perry	Halesowen AC
1216	6931	00:59:23	Noel Butler	Leamington C & AC
1217	8425	00:59:32	Trevor Faulkner	Wilmslow RC
1218	7450	00:59:43	J Pettifer	Pitsea RC

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1219	7837	00:59:47	S Walker	South Cheshire Harriers
1220	8357	00:59:53	M Walsh	Wesham RR
1221	5771	01:00:01	L Greaves	Aurora Harriers
1222	7133	01:00:21	D Hodgkinson	Mansfield Harriers & AC
1223	6588	01:00:27	D Oram	Harborough AC
1224	7357	01:00:39	J Litchfield	Notts AC
1225	6331	01:00:40	J Brant	Darlington Harriers
1226	5950	01:00:41	Steve Couldwell	Birchfield Harriers
1227	7659	01:00:49	M Thompson	Scarborough AC
1228	8251	01:01:14	Danny Carter	Uttoxeter Road Runners
1229	5774	01:01:32	J Hume	Aurora Harriers
1230	8234	01:01:37	Malcolm Rushton	Trentham RC
1231	7452	01:01:43	P Williams	Pitsea RC
1232	6701	01:02:10	Andy Lea-Gerrard	Herne Hill Harriers
1233	6575	01:02:23	N Brooks	Harborough AC
1234	6835	01:02:54	P Buchan	Kenilworth Runners
1235	5983	01:03:15	C Hanson	Birmingham Rowheath AC
1236	7581	01:03:16	L Kyd	Royal Sutton Coldfield AC
1237	7443	01:03:44	P Bates	Pitsea RC
1238	6126	01:05:12	J Nugent	Broxbourne Runners
1239	6832	01:05:25	C Bricher	Kenilworth Runners
1240	7899	01:06:02	Hugh Bullard	Springfield Striders
1241	5773	01:06:23	M Hayden	Aurora Harriers
1242	7318	01:07:28	T French	Northbrook AC
1243	5989	01:07:59	Patrick Kelly	Birtley AC
1244	8334	01:09:13	A Deaton	Werrington Joggers