

Senior Women

ABINGDON AC 4301 S Lackman 4302 C Parker	Yellow/Maroon	Pen 273
ACKWORTH ROAD RUNNERS 4303 D Bailey 4304 H Hawthorne	White/blue band 4305 L Needham	Pen 211
ALDERSHOT FARNHAM & DISTRICT 4306 K Bingle 4307 G Bruinvels 4311 L Hall 4312 L Harris 4316 O Lucas 4317 L Partridge 4321 C Stewart 4322 H Thomas	Red/Green/White 4308 L Butt 4309 L Gent 4313 R Jones 4314 S Kent 4318 B Proctor 4319 S Shiel-Rankin 4323 E Wicks	Pen 23-26 4310 E Gorecka 4315 B Lafreniere 4320 L Small
ALDRIDGE RC 4324 L Chambers 4325 M Emery 4329 A Wright	Blue/black 4326 E Figures 4327 A Kelsall	Pen 228 4328 J Lines
ALLEN VALLEY STRIDERS 4330 S Stewart		Pen 65
ALNWICK HARRIERS 4331 P Aitchison	White with Red/Black/Yellow hoops	Pen 35
ALTRINCHAM & DISTRICT AC 4332 B Ganose 4333 C Harrison	Yellow/Red 4334 A Jones	Pen 300
ASHFORD AC 4335 C Hawkins	Yellow/vertical black stripe	Pen 61
AURORA HARRIERS 4336 L Tedstone 4337 R Thraves	Yellow/Blue red side panel	Pen 224
AVON VALLEY RUNNERS 4338 R Barnes 4339 J Coulson 4343 J Rockcliffe 4344 J Westwood	White/Green Yellow Green Strip 4340 D Hier 4341 C Howard 4345 Z Yeomans	Pen 345-346 4342 S Jeddi
BANBURY HARRIERS AC 4346 R Biegel 4347 R Kelling	Maroon/Green band 4348 R Pull	Pen 245
BARNET & DISTRICT AC 4349 N Atherton 4350 C Boutle 4354 K Johnstone 4355 J Kent	Red/blue 4351 S Boxer 4352 M Brown 4356 K Murphy	Pen 179-180 4353 L Gaul
BARNSLEY ATHLETIC CLUB 4357 A Bennett 4358 H Jones-Crofts 4362 L Westlake	Turquoise/red trim 4359 L Keys 4360 B Massey	Pen 350 4361 K Storrar
BARROW RUNNERS 4363 N Cuthbert 4364 B Hewitt 4368 S Zurawliw	Yellow/red/white 4365 E Neil 4366 L Pullen	Pen 205 4367 K Ramsey
BASILDON AC 4369 G Kersey	Yellow with vertical blue pinstripes	Pen 105
BEAUMONT RC 4370 K Beniston 4371 D Mayes	White/Green Motif 4372 J Murdey 4373 A Palmer	Pen 301
BEDFORD & COUNTY AC 4374 T Blackwell 4375 M Brodie 4379 H Goodwin 4380 R Humphreys 4384 K Thompson 4385 H Vinnicombe	Royal Blue/White side panel 4376 A Burgin 4377 E Coombes (keech) 4381 R Kerr 4382 R Murray 4386 J Wilkinson	Pen 113-115 4378 C Davies 4383 N Peters
BEESTON AC 4387 C Bexton 4388 H Spencer	White/2 navy hoops	Pen 341
BELGRAVE HARRIERS 4389 S Amend 4390 M Bailey 4394 L Goldie-Scot 4395 S Haileselase 4399 S Underhill 4400 Z Vail Smith	Claret/gold hoop 4391 S Carter 4392 F Cole 4396 C Pennock 4397 K Rennie 4401 M Wilkins	Pen 108-110 4393 Z Doyle 4398 J Rhodes
BELPER HARRIERS 4402 R Arris-Pratt 4403 R Clark 4407 C Sheldon	Gold/black side stripes 4404 M McHarg 4405 H Morley	Pen 322 4406 R Norman
BEVERLEY ATHLETIC CLUB 4408 K Little 4409 K Roberts	Blue/yellow	Pen 269
BEXLEY AC 4410 B Armstrong 4411 L Crane 4415 P Matthews 4416 J Roe	Orange 4412 B Ferebee 4413 E Lawrence 4417 D Saunders 4418 K Witt	Pen 48-49 4414 G Legon

BINGLEY HARRIERS & AC 4419 S Becconsall 4424 R Weight	4420 J Buckley	Blue/White Hoops 4421 M Carrera Vivar	4422 A Gill	Pen 192 4423 L Watson
BIRCHFIELD HARRIERS 4425 K Allen 4430 W Morant	4426 T Armoush 4431 E Stevens	Black 4427 S Conway 4432 E Watters	4428 S Ellen 4433 S Watters	Pen 186-187 4429 D Hodgkinson
BIRMINGHAM RUNNING ATHLETICS & TRIATHLON CLUB 4434 S Bakewell 4439 C Capper	4435 C Bertram 4440 R Hair	Black with Red/Grey graphic 4436 D Bogue 4441 M Voice	4437 C Bone 4442 S Wallis	Pen 124-125 4438 M Browne 4443 R Young
BIRTLEY AC 4444 V Baxter 4449 S Young	4445 S Curtis	Blue with Yellow side stripe 4446 L Graham	4447 C Price	Pen 3 4448 L Short
BLACKBURN HARRIERS & AC 4450 J Buckingham	4451 L Davies	Black/amber hoops 4452 C Edwards	4453 L Sharp	Pen 208
BLACKHEATH AND BROMLEY HARRIERS AC 4454 J Bradshaw	4455 L May	Black/blue maroon bands 4456 E Rayner	4457 A Reed	Pen 270
BORDER HARRIERS & AC 4458 C Douglas	4459 C McKeown	Orange/black diagonal stripe 4460 R Silson	4461 F Smith	Pen 286
BOURNE TOWN HARRIERS 4462 C Steels		Sky blue/claret		Pen 272
BOURNVILLE HARRIERS 4463 M Baptista 4468 M Hensman 4473 S Newman	4464 L Gale 4469 E Holden 4474 L Pymm	Teal/navy trim 4465 A Gallagher 4470 L Howell 4475 S Rock	4466 J Glynn 4471 L Lepa 4476 N Sykes	Pen 73-75 4467 C Hall 4472 R Littlewood 4477 S West
BRACKNELL AC 4478 R Berger-North	4479 P Bowden	Yellow/Royal blue diagonal 4480 R Turton		Pen 312
BRAINTREE & DISTRICT AC 4481 C Beckett		Red & Orange		Pen 120
BRIGHTON & HOVE AC 4482 M Moon	4483 R Titheradge	Red/2 black hoops		Pen 127
BRISTOL AND WEST AC (EST. 1882) 4484 I Ainsworth 4489 E Harrison 4494 H Sharpe	4485 F Eddy 4490 H Newberry	White/red band 4486 J Finney 4491 A Parker	4487 A Granger 4492 I Peck	Pen 151-152 4488 C Green 4493 J Sanzo
BROMSGROVE & REDDITCH 4495 K Barden 4500 J Warburton	4496 S Hogan	Red/2 blue diagonal stripes 4497 S Richardson	4498 D Simpson	Pen 95 4499 H Smith
BURNHAM JOGGERS 4501 A Cronin	4502 P Keene	Yellow/Green 4503 C Pusey		Pen 281
BURTON AC 4504 N Long		Black/blue side panels		Pen 227
BUXTON & DISTRICT AC 4505 W Bainbridge 4510 E Wentworth	4506 S Bradley	Navy/sky blue 4507 H Fryer-Winder	4508 K Ledin	Pen 294 4509 E Nocton
CAMBRIDGE & COLERIDGE AC 4511 C Brown 4516 V Knight	4512 C Christensen 4517 C Somerton	White/2 blue hoops 4513 R Frake 4518 H Woolley	4514 H Grant	Pen 17-18 4515 K Hedgethorne
CAMBRIDGE HARRIERS 4519 K Evan-Jones	4520 C Martin	Light Blue 4521 E Meins		Pen 250
CAMBRIDGE TRIATHLON CLUB 4522 L Cundliffe	4523 C Lankford	Yellow & Blue		Pen 234
CAMBRIDGE UNIVERSITY HARE AND HOUNDS CLUB 4524 J Harding	4525 E Mooney	Light green/blue/black panels		Pen 304
CHARNWOOD A C 4526 E Butler 4531 H Smith	4527 K Lomas 4532 C Tinker	Green with Yellow Fox and sides 4528 J Potter 4533 A Whitmore	4529 J Potter	Pen 225-226 4530 L Richmond
CHELMSFORD AC 4534 G Barry 4539 R Luxton	4535 A Granger	Yellow/green 4536 J Judd	4537 S Judd	Pen 243 4538 W King
CHESAPEAKE ROAD RUNNERS 4540 R Bown	4541 A Gallagher	White with Red Diagonal 4542 Z Smith	4543 K Willis	Pen 253 4544 L Windmill

CHICHESTER RUNNERS & AC 4545 B Garland		White/Green band	Pen 97
CHORLTON RUNNERS 4546 E Adorni 4551 A Wainwright	4547 H Ahle 4552 R Webster	Black 4548 S Gray 4553 N Wright	Pen 302-303 4550 E Tollefson
CITY OF HULL AC 4554 C Turner	4555 C Ward	Purple/White	Pen 10
CITY OF NORWICH AC 4556 N Alford 4561 O Walwyn-Bush	4557 A Hoogkamer	Red/yellow stripe 4558 T Killingbeck	Pen 98 4560 C Rose
CITY OF PORTSMOUTH AC 4562 K Carew-Robinson		Blue/white/red	Pen 119
CITY OF SHEFFIELD AND DEARNE AC 4563 J Doyle	4564 C Fuller	Green/blue 4565 S Lee	Pen 141
CITY OF STOKE AC 4567 L Hayes	4568 K Holt	White/black & red hoops 4569 N Quinlan	Pen 54
CLAYTON LE MOORS HARRIERS 4570 S Allen	4571 C Leathley	Orange/Black/White 4572 H Leathley	Pen 196
CLEETHORPES AND DISTRICT AC 4573 K Avison 4578 S Coleman 4583 J Ottley	4574 S Barnett 4579 S Eddington 4584 K Sandall	Royal blue/gold diagonal stripe 4575 J Barnsley 4580 J Evans	Pen 145-147 4577 L Burrell 4582 S Jensen-Martin
CLOWNE ROAD RUNNERS CLUB 4585 J Robson		White/red	Pen 149
CONGLETON HARRIERS 4586 C Charlesworth 4591 J Moss	4587 B Cliff 4592 S Poole	Yellow 4588 M Jenson 4593 C Wood	Pen 122-123 4590 M Matthews
CORBAY AC 4594 A Bell	4595 S Coombs	Blue/2 red bands 4596 D Galletta	Pen 229 4598 R Hall
COVENTRY GODIVA HARRIERS 4599 Z Batstone	4600 J Mumford	Red/yellow band 4601 P Richardson	Pen 11
CRAWLEY AC 4602 J Douglas		Black/3 gold bands	Pen 296
CROOK & DIST SPORTS AC 4603 J Henderson	4604 J Raine	Yellow/Red 4605 E Spencer-Regan	Pen 195
DARLINGTON H & AC 4607 A Hutchinson 4612 S Philips	4608 S Kingdon 4613 P Roberts	White/2 vertical blue stripes 4609 A MacKenzie-Brown 4614 L Tinkler	Pen 288-289 4611 L Noble
DARTFORD HARRIERS AC 4616 E Ives	4617 A Johnson	Blue/light blue band 4618 R Wilby	Pen 218
DENBY DALE TRAVELLERS 4619 S Campbell	4620 A Dagg	Green/White Quarters 4621 S Everett	Pen 131
DERBY ATHLETIC CLUB 4623 T Greenway	4624 S Holford	White/Green & red side stripes	Pen 16
DERWENT RUNNERS (DERBY) 4625 S Cowley 4630 H Wibberley	4626 D Emery	Green/White hoops 4627 K Hallett	Pen 193 4629 H Phillips
DESFORD STRIDERS 4631 K Burns	4632 N Davies	Red/Light Blue 4633 K Grounds	Pen 158 4635 L Whitelegg
DONCASTER ATHLETIC CLUB 4636 R James		White/Green & Royal Blue Trim	Pen 175
DORKING & MOLE VALLEY AC 4637 R Brunswick	4638 L Ionascu	Mauve/lightblue/white	Pen 285
DUDLEY KINGSWINFORD RC 4639 S Cox 4644 L Sprague	4640 C Fisher	Light blue/dark blue hoops 4641 S Krivosic	Pen 349 4643 H McGuire
DULWICH RUNNERS AC 4645 S Benattia	4646 M Edwards	Red/2 blue stripes 4647 C Elms	Pen 213
DURHAM CITY HARRIERS & AC 4648 C O'Connor	4649 K Walker	Orange	Pen 47

EALING EAGLES RUNNING CLUB 4650 S MacKenzie	Black & White	Pen 168
EAST CHESHIRE HARRIERS & TAMESIDE AC 4651 A Edwards 4656 K Smith	Green with Gold side panels 4652 J Grint 4653 M Kay	Pen 112 4654 S Owen 4655 J Ridgard
EAST HULL HARRIERS & AC 4657 M Carrick	Red	Pen 183
EDEN RUNNERS 4658 K Davies	Green/blue band	Pen 344
ELVET STRIDERS 4659 S Davis	Purple/green & white trim 4660 S Piper	Pen 60
EPSOM & EWELL HARRIERS 4661 I Brinsden	Red/Yellow	Pen 34
ETON MANOR AC 4662 R Brittle 4667 K Malcolm	Cambridge blue/white hoops 4663 N Dews 4668 T McPherson	Pen 277-278 4665 A Gounelas 4666 J Hall 4670 Z Woodward
FITMUMS AND FRIENDS 4671 J Andrews 4676 F Holland	Blue/white writing 4672 R Caton 4677 R Medd	Pen 251-252 4674 N Dye 4675 C Gronow
FOLKESTONE RC 4678 C Curtis 4683 C O'Connor	Royal blue/white & red Verical stripe 4679 T Eke 4684 A Saunders	Pen 246-247 4680 K Gardiner 4681 E Long 4682 Z Neale 4685 C Watts 4686 J Whitehead
FOREST OF DEAN AC 4687 H Brown	Green/White hoop	Pen 45
FORMULA ONE CIRCUIT CREW 4688 C Allen	Red with 2 vertical Black stripes 4689 C Millet	Pen 215
FULHAM RUNNING CLUB 4690 A Capper 4695 M Tiec	Black/White 4691 A Kais 4692 S Kirk	Pen 324 4693 R Penfold 4694 E Redshaw
GATESHEAD HARRIERS & AC 4696 L Atkinson	White/red band 4697 R Bennett 4698 M Ferrier	Pen 331 4699 M Loraine 4700 S Wickham
GOSFORTH HARRIERS & AC 4701 H Buswell	Green/white hoops 4702 S Gartside 4703 S Rees	Pen 100
GRANTHAM RUNNING CLUB 4704 L Fox	Green 4705 J Gill 4706 S High	Pen 283 4707 M Murray
GREAT WESTERN RUNNERS 4708 K Dicks	Light blue/dark blue 4709 V Ford 4710 P Parr	Pen 130 4711 C Van Der Watt
GUILDFORD & GODALMING AC 4712 J Neate	Green/black bands 4713 C Pleasance	Pen 178
HALESOWEN ACC 4714 A Cosimetti	Gold/white brown hoops 4715 K James 4716 C Lambert	Pen 150 4717 E Monk 4718 S Spencer
HALLAMSHIRE HARRIERS SHEFFIELD 4719 E Adams 4724 Z Wray	Red/white 4720 H Archer 4721 H Fletcher	Pen 169 4722 N Squires 4723 H Whitelam
HARBOROUGH AC 4725 F Alexander	Yellow 4726 L Brooks	Pen 212
HARDLEY RUNNERS 4727 M Sidhu	Purple/yellow trim	Pen 1
HARROGATE HARRIERS & AC 4728 S Gill	Red/black/yellow 4729 A Richens 4730 E Robinson	Pen 305
HARROW AC 4731 L Lattimore	Black/White Green Blue bands	Pen 76
HASTINGS AC 4732 J Body	Blue 4733 R Maslen	Pen 138
HAVERING AC 4734 L Deadman	Blue/gold 4735 A Joel 4736 R Matson	Pen 287 4737 V Smith
HEADINGTON RR 4738 A Barry 4743 A James	Yellow/blue hoop 4739 E Carter 4744 A Johnson	Pen 265-266 4740 C Conway 4741 M Ding 4742 M Frykfors

HEANOR RUNNING CLUB 4745 G Alton 4750 J Potter	4746 R Fisher 4751 A Shipley	Yellow/blue band 4747 D Hewitt 4752 C Smith	4748 R Leivers	Pen 136-137 4749 L Palmer
HEATON HARRIERS & AC 4753 N Cameron	4754 J Friend	White/green trim 4755 L Harpin	4756 J Rowe	Pen 232
HEDGE END RUNNING CLUB 4757 K Andrews	4758 K Cartwright	Red/White/Blue 4759 C Powell		Pen 66
HERCULES WIMBLEDON AC 4760 E Brandley 4765 C Grima	4761 F Clarke 4766 S Robson	Gold/red diagonal sash 4762 M Crouse 4767 L Thomas	4763 A Ebbage 4768 V Urban	Pen 184-185 4764 G Galbraith 4769 H Walker
HERMITAGE HARRIERS 4770 A Daly	4771 L Mason	Silver/black diagonal 4772 T Richardson-Lyne	4773 K Smith	Pen 222 4774 M Weston
HERNE HILL HARRIERS 4775 S Allen 4780 S Mitchell 4785 O Zeltner	4776 C Ansell 4781 K Snowden	Red/black hoops 4777 R Barrow 4782 S Swaine	4778 K Crawford 4783 S Ward	Pen 39-40 4779 K Ellison 4784 J Wedmore
HERTS PHOENIX AC 4786 E Doyle	4787 E Janes	Red		Pen 282
HIGHAM HARRIERS 4788 R Cave	4789 J Wargent	Purple/White/Black		Pen 279
HIGHGATE HARRIERS 4790 S Abel	4791 E Burgess	Black/white hoops 4792 N Cendrowicz	4793 A Scott	Pen 271 4794 E Wilson
HILLINGDON AC 4795 Z Dobbs 4800 C Williams	4796 E MacK	White/red diagonal 4797 K Shockley	4798 M Spencer	Pen 174 4799 H Wells
HOLLAND SPORTS AC 4801 M Statham		Blue/White band		Pen 50
HOLME PIERREPONT RC 4802 A Gould	4803 C Heaton	Navy/red band 4804 J Inglis	4805 J Welburn	Pen 315
HOLMFIRTH HARRIERS AC 4806 H Berry 4811 K Walshaw	4807 H Croft	Amber/club badge 4808 K Farquhar	4809 C Leaver-Hewitt	Pen 298 4810 M Sykes
HUNCOTE HARRIERS 4812 S Ankers 4817 W Thompson	4813 K Evans 4818 T Unwin	Yellow/Emerald green sash 4814 J Lamb	4815 C Moore	Pen 134-135 4816 S Pegg
HUNTINGDONSHIRE AC 4819 K Cameron	4820 S Skinner	Green/yellow band 4821 E Smith		Pen 55
ILKESTON RUNNING CLUB 4822 C Ayton	4823 P Pigot	White/red band 4824 N Roper		Pen 177
ILKLEY HARRIERS AC 4825 P Bijsterveld	4826 G Coy	Red/Green Hoop 4827 J Elmes		Pen 242
ISTEAD & IFIELD HARRIERS 4828 L Chapman	4829 H Fooks	Black/purple 4830 J King	4831 B Ockendon	Pen 103
IVANHOE RUNNERS 4832 A Newbery		Light Blue		Pen 62
JARROW & HEBBURN AC 4833 A Sneddon	4834 H Webster-Costella	Gold /navy sash		Pen 274
KENDAL AMATEUR ATHLETIC CLUB 4835 M Pyne	4836 R Robinson	Green/red trim 4837 M Rocke	4838 S Tunstall	Pen 275 4839 L Varney
KENILWORTH RUNNERS 4840 L Andrews 4845 S Habib	4841 D Apagyi 4846 S Lovett	Green/Black/White 4842 R Brooks 4847 I Peace	4843 P Dable 4848 C Thornberry	Pen 237-238 4844 L Gould
KENT AC 4849 L Blackmore 4854 A Farrall 4859 K Williams	4850 E Brown 4855 A Hadlow	Navy blue 4851 V Buck 4856 W Leigh Mathie	4852 A Clements 4857 T Murphy	Pen 317-318 4853 L Eyre 4858 C Stibbs
KIMBERWORTH STRIDERS 4860 C Chapman	4861 R Hunt	Yellow/Black 4862 A Marsden	4863 S Weatherall	Pen 14 4864 H Woodburn
KINGS HEATH RC - THE LIONS 4865 K Allen 4870 S Timms	4866 H Batchelor	Black 4867 C Howell	4868 A Martin	Pen 104 4869 C Quinn

KIRKSTALL HARRIERS 4871 J Buckley	4872 L Davies	Purple 4873 D Jill	4874 M Muir	Pen 197 4875 J Odede
KNOWSLEY HARRIERS 4876 A Dunsch	4877 S Hamley	Red/White Hoops 4878 H Sharman		Pen 13
LANCASTER & MORECAMBE AC 4879 S Hodgson		White/maroon yellow band		Pen 68
LEAMINGTON CYCLING AND ATHLETIC CLUB 4880 C Blower	4881 Z Blower	White/blue band 4882 A Chahal	4883 J Jeeves	Pen 293
LEEDS CITY ATHLETIC CLUB 4884 L Armoush	4885 E Clayton	Blue/Yellow 4886 C Duck	4887 R Friend	Pen 132 4888 A Lee
LEIGH HARRIERS & AC 4890 D Allen	4891 R Hodgkinson	White/green band 4892 A Howarth	4893 L Howarth	Pen 276 4894 G Leck
LEIGH ON SEA STRIDERS 4896 S Simpson		Royal Blue		Pen 32
LINCOLN WELLINGTON ATHLETIC CLUB 4897 S Cowper	4898 S McWilliam	White/black red hoops 4899 R Nathan		Pen 153
LINGFIELD RC 4900 T Donohue		White/Red & Green sides		Pen 311
LIVERPOOL HARRIERS & AC 4901 R Burns	4902 R Donohue	Old Gold 4903 E Egan	4904 S Singleton	Pen 207 4905 H Traynor
LOFTUS & WHITBY AC 4906 J Mastrodonardo		Maroon & Gold		Pen 36
LONDON HEATHSIDE RUNNERS AC 4907 R Bunting	4908 K Butler	Dark blue/red gold trim 4909 U Cartwright-Finc	4910 J Hinton	Pen 306-309 4911 A Howe
4912 C Jeremiah	4913 C Murray	4914 R Newstead	4915 A O'Hare	4916 N O'Regan
4917 R Piggott	4918 S Rust	4919 B Scott	4920 O Sid	4921 K Thorneycroft
4922 J Vinluan	4923 E Waldman	4924 J Wing	4925 C Wright	
LONG EATON RUNNING CLUB 4926 R Argent	4927 C Benson	Blue/White 4928 C Brown	4929 N Dennis	Pen 259-262 4930 M Hooton
4931 C Hunt	4932 V Lindsay	4933 J Mather	4934 S McLaughlin	4935 J Newbold
4936 V Parker	4937 S Priestley	4938 C Rowe	4939 L Smith	4940 V Verhoeven
4941 V Yeomans				
LONGWOOD HARRIERS AC 4942 C Pickersgill		Blue/3 white hoops		Pen 59
LOUTH AC 4943 J Cope	4944 L Dalton	White/2 red hoops 4945 C Giles	4946 F Lawrie	Pen 239 4947 T Roberts
4948 K Stainton				
LOW FELL RC 4949 C Brewis	4950 V Halse	Maroon/white lettering 4951 C Parkin	4952 T Robb	Pen 128
LUTON AC 4953 J Evans	4954 R Keane	White/Black/Yellow/Blue 4955 C McMahan-Adie	4956 J Winfield	Pen 69
LYMM RUNNERS 4957 E Davis		Green/Black		Pen 321
LYTHAM ST ANNES RR CLUB 4958 A Everest	4959 S Gittins	Green/black/white 4960 P Lock		Pen 204
MACCLESFIELD HARRIERS & AC 4961 A Birtwistle	4962 B Murray	Maroon/Silver Band 4963 P Nimmo	4964 D Pickles	Pen 323 4965 H Stockman
MANCHESTER YMCA HARRIERS 4966 S Goodchild		Black/red white bands		Pen 44
MANSFIELD HARRIERS 4967 S Armitage	4968 B Armstrong	Blue/green 4969 J Duers	4970 A Hardy	Pen 198 4971 H Hardy
MANX HARRIERS 4972 C Craig	4973 G Griffiths	Red/yellow white trim 4974 C Mayers	4975 K Shimmin	Pen 63
MARSHALL MILTON KEYNES AC 4976 N Baker	4977 G Childs	Orange/black hoop 4978 N Lewycky	4979 E Roche	Pen 111
MASSEY FERGUSON RC 4980 S Prescott	4981 E Robinson	Red & White quarters 4982 L Young		Pen 201

MORPETH HARRIERS & AC 4983 J Cram	4984 E Holt	Royal blue/2 white bands 4985 C MacDonald	4986 M Stead	Pen 107
NENE VALLEY HARRIERS 4987 C Foleywray	4988 R Jones	White/red blue band 4989 N Morgan	4990 G Mullins	Pen 216 4991 S Wilkinson-Harga
NEW MARSKE HARRIERS CLUB 4992 L Bennett		Cambridge blue/gold hoop		Pen 343
NEWARK AC 4993 S Owens	4994 R Taylor	Blue/grey quarters		Pen 126
NEWBURY AC 4995 S Smallman	4996 C Tuttle	Royal Blue/red white hoops		Pen 267
NEWCASTLE STAFFS AC 4997 T Bagguley 5002 S Twardochleb	4998 L Droogmans 5003 R Wakefield	Red/white/blue 4999 L Hawkins 5004 A Whitehurst	5000 H Jones	Pen 263-264 5001 L Matthews
NEWQUAY & PAR AC 5005 L Hodgson	5006 S Myford	Burgundy/white trim		Pen 280
NEWQUAY ROAD RUNNERS 5007 E Davis				Pen 295
NORTH DERBYSHIRE RC 5008 R Broughton	5009 S Iliffe	Yellow with Red hoop 5010 A McGeoch	5011 C Tan	Pen 202
NORTH SHIELDS POLYTECHNIC CLUB 5012 K Davis		Red/blue white band		Pen 22
NORWICH ROAD RUNNERS 5013 R Booth	5014 S Brighty	Yellow/Black 5015 D English	5016 E Mann	Pen 167 5017 W Smith
NOTTS AC 5018 S Costin 5023 A Larriviere 5028 G Weston	5019 D Davenport 5024 L Marshall	White/Green/yellow 5020 K Eravisto 5025 N Ottley Dela Sal	5021 W Kane 5026 H Robinson	Pen 41-42 5022 J Lambourne 5027 C Saunders
NUNEATON HARRIERS 5029 E Fowler	5030 K Hodgson	Red/blue 5031 P Keen	5032 H Talbot	Pen 101 5033 S Wilson
OSWESTRY OLYMPIANS 5034 A Lavender		Black/red/white		Pen 297
OWLS AC LEICESTER 5035 T Ashton	5036 K Russell	Black/White vertical stripes		Pen 241
OXFORD CITY AC 5037 L Hawtin	5038 G Hueter	Blue/red/white 5039 M Lloyd	5040 L Sammons	Pen 182
OXFORD UNIVERSITY AC 5041 B Murray		Dark blue/white patch on side		Pen 159
PADDOCK WOOD AC 5042 C Day	5043 M Heslop	Red White & Blue 5044 T Oldershaw	5045 S Shepheard	Pen 154
PENDLE ATHLETIC CLUB 5046 F Holden		Royal blue/diagonal white stripe		Pen 33
PENSBY RUNNERS 5047 J Cook	5048 R Davies	Turquoise/ Grey 5049 A McGonigle	5050 L Partridge	Pen 129 5051 S Roberts
PETERBOROUGH AC 5052 S Caskey		White/blue gold hoop		Pen 347
PITSEA RC 5053 L Bates	5054 T Flannigan	Black and white 5055 V Sinclair		Pen 72
POOLE AC 5056 N Cornes	5057 B Neal	Black/gold diagonal stripe		Pen 133
POOLE RUNNERS 5058 M Carroll	5059 C Howse	Dark Blue/White/Light Blue 5060 S Swift	5061 L Tidbury	Pen 15 5062 D Tweed
PRESTON HARRIERS 5063 M Hesketh	5064 N Jackson	Blue/white/red 5065 A Nuttall	5066 S Wickham	Pen 189
PURPLE PATCH RUNNERS 5067 C Donald		Purple / White		Pen 327
QUAKERS RUNNING CLUB 5068 R Howard	5069 D Richardson	Black/white 5070 L Trainor		Pen 157

RACING TNT 5071 L McCartan	5072 S Ward	Black with Orange lettering	Pen 217
RANELAGH HARRIERS 5073 J Bailey 5078 G McCormack	5074 E Clague 5079 R Northmore	Blue & Amber 5075 M De Silva 5080 M Synnott-Wells	Pen 19-20 5077 R Hall 5082 E Wellham
READING AC 5083 A Boniface 5088 H Wood	5084 J Folk	Red/blue white side panels 5085 N Forshaw	Pen 188 5087 S Wilkins
READING ROADRUNNERS 5089 A Leake		Green	Pen 43
REDHILL ROAD RUNNERS 5090 B Barnes 5095 H Thornley	5091 S King 5096 N Wilson	Red/white/grey 5092 L Merryweather 5097 L Woolley	Pen 8-9 5094 J Stocks
RICHMOND & ZETLAND HARRIERS 5098 N Billows 5103 F Wilson	5099 L Dunphy 5104 N Wood	Red/diagonal white stripe 5100 J Keavney	Pen 333-334 5102 P Whittaker
RIPLEY RUNNING CLUB 5105 E Broughton	5106 A Butlin	Green/2 yellow diagonal stripe 5107 C Cresswell	Pen 64 5109 L Taylor
ROCHDALE HARRIERS & AC 5110 A Blomfield	5111 J Butterworth	Black/red amber diagonals	Pen 256
ROLLS ROYCE HARRIERS 5112 A Carter	5113 L Cuthbertson	Blue/white hoop	Pen 12
ROSSENDALE HARRIERS & AC 5114 V Hardwicke		Sky blue/navy white diagonal	Pen 191
ROTHERHAM HARRIERS AND AC 5115 S Burns 5120 N Hatswell 5125 G Taylor	5116 F Davies 5121 J Hindley	Black/white trim 5117 J Fawcett 5122 S Johnson	Pen 335-336 5119 A Grady 5124 A Stepanchuk
ROTHWELL & DISTRICT HARRIERS 5126 D Ramsden		Yellow/black	Pen 148
ROYAL NAVY ATHLETICS CLUB 5127 N Roder			Pen 165
ROYAL SUTTON COLDFIELD ATHLETIC CLUB 5128 H Elsouei	5129 K Ingle	Blue/white vertical stripe 5130 M McBrien	Pen 209 5132 M Woodward
SALE HARRIERS MANCHESTER 5133 H Armitage 5138 H Carter 5143 E Finney 5148 J Thomas	5134 H Ashby 5139 A Chinoy 5144 K Hewison 5149 J Van Beijnum	Green/red white bands 5135 A Ashton 5140 J Cordingley 5145 C McCarron 5150 L Walker	Pen 84-87 5137 L Candioli 5142 S Ferguson 5147 L Rowlinson 5152 K White
SALFORD HARRIERS & AC 5153 T Robinson		Red/white diagonal	Pen 249
SALTWELL HARRIERS 5154 L Stephenson		Red/white hoops	Pen 181
SANDHURST JOGGERS 5155 E Loftesnes		Red	Pen 163
SERPENTINE RC 5156 A Ben Gueblia 5161 S Knox 5166 L Pettit 5171 K Williams	5157 J Conn 5162 S Ludlow Taylor 5167 C Ringrow 5172 L Wynn	Red/2 gold hoops 5158 V Crawford 5163 N McGlennon 5168 N Sheel	Pen 78-81 5160 D Gladstone 5165 S Pemberton 5170 S Vaatz
SHAFTESBURY BARNET HARRIERS 5173 M Cooper 5178 V Pritchard	5174 R Felton 5179 L Short	Black/white stripes 5175 A Fry 5180 N Taschimowitz	Pen 70-71 5176 R Gardiner 5181 V Walker
SHEFFIELD RC 5182 S Atkinson 5187 A Hillary 5192 D Platts-Fowler	5183 R Blyton 5188 S Kimpton 5193 C Thompson	Light blue/black side bands 5184 A Dale 5189 S Lowery 5194 K Waddicor	Pen 338-340 5186 H Fisher 5191 H Pickford
SHELTON STRIDERS 5196 Y Cain 5201 C Ongoma	5197 K Craven 5202 A Ormond	Blue/White Stripes 5198 R Emerton 5203 K Wray	Pen 143-144 5200 S James
SHREWSBURY AC 5204 J Dean	5205 J MacEy	Royal Blue/Gold 5206 L Morley	Pen 166 5207 S Willhoit

SINFIN RUNNING CLUB 5208 C Harrison 5209 K Pope	Green/white gold side stripe 5210 H Ripley	Pen 219
SKELMERSDALE BOUNDARY HARRIERS 5211 C Quirk 5212 J Woodburn	Amber/2 Horizontal black bands	Pen 173
SOUTH CHESHIRE HARRIERS 5213 L Banks 5214 A Kimber	Sky blue	Pen 38
SOUTH LONDON HARRIERS 5215 J Chen 5216 E Craig 5220 M James 5221 S McCall	White/Maroon 5217 N Gentry 5218 P Iannella 5222 N McKenna 5223 J Vickers	Pen 155-156 5219 L Ingram
SOUTH SHIELDS HARRIERS & AC 5224 A Bone 5225 L Bone 5229 M Cooke-Dunlop 5230 C Henderson	White/2 royal blue hoops 5226 A Bound 5227 R Breheny 5231 N Myers 5232 C O'Callaghan	Pen 235-236 5228 G Campbell
SOUTH WEST VETERANS AC 5233 M Thompson		Pen 348
SOUTHAMPTON ATHLETIC CLUB 5234 N Blandford 5235 B Bowness	Red/White stripes 5236 L Brenton 5237 K Hewitson	Pen 328 5238 E Monks
SOUTHEND ON SEA AC 5239 T English 5240 D Hallam 5244 V Mathers	Red/black white side stripes 5241 K Holland 5242 S Jeffery	Pen 56 5243 N Lagden
SOUTHPORT WATERLOO AC 5245 A Crook	Royal blue/gold band	Pen 82
SPARKHILL HARRIERS 5246 S Arnold 5247 J Bartholomew 5251 M Ehrenberg 5252 M Harris 5256 J Price	Red/black hoop 5248 V Bone 5249 C Bovill 5253 K Meridith 5254 M Oldham	Pen 139-140 5250 L Curl 5255 M Parmar
SPECTRUM STRIDERS 5257 S Charman 5258 K Forster	Black/white logo 5259 A Hewitt 5260 J Lowe	Pen 199 5261 L Whitfield
SPENBOROUGH & DIST AC 5262 S Barker 5263 S Cooper	Red/gold 5264 N Geere 5265 J Muston	Pen 206
SPHINX AC 5266 V Gochelen 5267 H King 5271 J Timms	Blue/gold band 5268 L Pibworth 5269 J Stuart	Pen 284 5270 K Stuart
ST ALBANS STRIDERS 5272 D Heydecker 5273 G Jubb 5277 L Soliwoda 5278 D Steer 5282 W Webster	Yellow/blue 5274 A Leach 5275 C Mooney 5279 M Steer 5280 W Walsh	Pen 88-89 5276 K Ross 5281 L Waterlow
ST HELENS STRIDERS 5283 R Fairclough	Red/Black	Pen 330
ST HELENS SUTTON AC 5284 G Connolly	White/red & black diagonal	Pen 52
ST NEOTS RIVERSIDE RUNNERS 5285 R Chamberlain	Green/White horizontal band	Pen 21
STAFFORD HARRIERS 5286 J Bisiker 5287 A Brookes 5291 J Ross 5292 C Skellern	Gold/2 vertical black stripes 5288 M Deakin 5289 D McDermott	Pen 254-255 5290 T Ridings
STAFFS MOORLANDS AC 5293 R Brown 5294 J Hackett	Yellow/green band	Pen 299
STEEL CITY STRIDERS RC 5295 C Beattie 5296 M Boo 5300 N Rabin 5301 N Ross	Green/yellow 5297 J Carnie 5298 R Cooper 5302 H Wallis	Pen 6-7 5299 J Davies
STOCKPORT HARRIERS & AC 5303 L Rudd	Yellow with black trim	Pen 102
STONE MASTER MARATHONERS 5304 E Dutton 5305 A Gamble	Red	Pen 337
STOURBRIDGE RC 5306 N Dellar 5307 M Groves	Red/ 2 white bands 5308 J Tibbitts	Pen 37
STOWMARKET STRIDERS RC 5309 H Bingham 5310 S Garrod	Yellow/Black 5311 L Goddard 5312 T Jordan	Pen 142
STRATFORD UPON AVON AC 5313 S Bland 5314 Z Chandler	Yellow/Black hoop	Pen 342

STUBBINGTON GREEN RUNNERS 5315 D Hall 5320 L Wainwright	5316 R Lord	Green/white 5317 L May	5318 D Mitchell	Pen 210 5319 V Shaw
SUNDERLAND HARRIERS & AC 5321 C Compson 5326 N Woodward	5322 L Forster	Royal Blue 5323 E North	5324 S O Mahoney	Pen 121 5325 K Phillips Fox
SUTTON IN ASHFIELD HARRIERS & AC 5327 E Layton		White/red/green		Pen 4
SUTTON RUNNERS 5328 S Belcher		Yellow/Black		Pen 77
TAUNTON AC 5329 E Taschimowitz		White/Navy greenside panel		Pen 233
TEAMBATH ATHLETICS CLUB 5330 R Pierce	5331 I Wolsey	Blue/Yellow		Pen 257
TEAM DERBY RUNNER 5332 L Andrew	5333 S Parry	Blue/White 5334 J Woodward		Pen 53
TELFORD AC 5335 E Beebee 5340 A Preece	5336 L Blagden 5341 L Tait-Harris	Yellow/red blue sides 5337 J Harvey	5338 S MacKness	Pen 313-314 5339 C Martin
TELFORD HARRIERS 5342 V Doran	5343 S Flanagan	Yellow/Green squares 5344 E Hodges	5345 G Hough	Pen 164
THAMES HARE & HOUNDS 5346 V Filsell	5347 I Kriauzaite	White/black saltire 5348 E Stavreski		Pen 258
THAMES VALLEY HARRIERS 5349 K Addy 5354 L Da Silva 5359 L Morris	5350 S Allport 5355 S Johnson 5360 C Munden	Light blue black flashes 5351 T Barlow 5356 S Jones 5361 E Shearer	5352 J Bass 5357 B Maddison 5362 L Sisley	Pen 29-31 5353 V Carter 5358 K Mellor
THETFORD AC 5363 S Bower	5364 M McCall	Red/white vertical stripes 5365 C Plumley	5366 L Tyler	Pen 329 5367 L White
TIPTON HARRIERS 5368 J Acha	5369 P Barber	Green & White hoops 5370 S Davies	5371 A Fithern	Pen 58 5372 S Lynch
TONBRIDGE AC 5373 E Avis 5378 C Palmer	5374 R Fagg 5379 L Pitcairn-Knowles	White/3 blue hoops 5375 A Gibson 5380 L Reid	5376 T Marsh 5381 S Schofield	Pen 230-231 5377 J Owen 5382 N Taylor
TOTLEY AC 5383 L Allen	5384 J Featherstone	Green/White stripe 5385 H Foot	5386 S Smith	Pen 99 5387 H Tant
TOTTON RC 5388 J Barlow	5389 E Pilbeam	Blue/Yellow & White side stripes 5390 R Pilbeam		Pen 190
TRAFFORD ATHLETIC CLUB 5391 E Beedham	5392 R Beresford	White/blue gold blue sash 5393 V Cronin	5394 S Exon	Pen 67 5395 M Monks
TRENT PARK RUNNING CLUB 5396 F Weston		Yellow & Green		Pen 223
TRENTHAM RC 5397 K Ambrose 5402 M Vernon	5398 K Dixon 5403 R Wilson	Green 5399 J Phillips	5400 J Rigby	Pen 117-118 5401 D Thomas
TYNE BRIDGE HARRIERS 5404 C Carpenter 5409 D Wardle	5405 L Irving	White/Black Hoop in middle 5406 S James	5407 L Kelly	Pen 325 5408 E Moir
UNIVERSITY OF SHEFFIELD UNION OF STUDENTS 5410 B Runciman		Black/Gold		Pen 83
UTTOXETER ROAD RUNNERS 5411 J Goodwin		Red		Pen 291
VALE ROYAL AC 5412 K Brough 5417 K Moulds 5422 K Spilsbury	5413 C Dooley 5418 S Murphy 5423 S Stockton	Blue/Yellow quarters 5414 S Griffiths 5419 A Pettitt 5424 K Titlow	5415 J Lomax 5420 K Riley 5425 C Williams	Pen 160-162 5416 T McCormick 5421 H Smith
VALLEY STRIDERS AC 5426 H Corne 5431 E Wood	5427 S Dyer	White 5428 P Fotherby	5429 S Harris	Pen 200 5430 M Jones
VICTORY AC 5432 B Harding		Light Blue/Dark blue Logo		Pen 290

WAKEFIELD DISTRICT H & AC 5433 J Briscoe 5434 C Thomas	White/green hoops	Pen 292
WALLASEY ATHLETIC CLUB 5435 M Alty 5436 N Davies 5440 K McEneaney 5441 Z Pearse	Red/club name 5437 S Holt 5438 S Lamont 5442 M Rees 5443 H Stansfield	Pen 90-91 5439 C Marsden
WATFORD HARRIERS 5444 A Putko	Black/white hoops	Pen 51
WATFORD JOGGERS 5445 C Bonnick 5446 J Gray 5450 V Sylvester 5451 J Toon	Red/white 5447 K Pickard 5448 M Quinn 5452 G Winter	Pen 319-320 5449 N Smith
WELLINGBOROUGH & DISTRICT AC 5453 K Barnett 5454 K Baxter	Lime Green 5455 L Kemp 5456 N Wain	Pen 332
WERRINGTON JOGGERS 5457 D Fee	Yellow/blue band	Pen 194
WEST BROMWICH HARRIERS 5458 N Ross 5459 E Thompson	Maroon/White	Pen 116
WEST SUFFOLK AC 5460 C Anthony 5461 S Ball	Green/black/white 5462 M McCarthy	Pen 2
WESTBURY HARRIERS 5463 Z Barber 5464 T Chick 5468 V Sloan 5469 K Winstone	White/blue band 5465 M Hobbs 5466 K Hughes	Pen 27-28 5467 J Pemble
WETHERBY RUNNERS AC 5470 C Lambert	Orange/black	Pen 57
WHARFEDALE HARRIERS 5471 S Martin 5472 L Needham	White/blue red stripe side panel 5473 S Thompson	Pen 244
WILMSLOW RUNNING CLUB 5474 K Green 5475 C Hirons	Blue/yellow 5476 S Jones	Pen 326
WINCHESTER & DISTRICT AC 5477 L Damen 5478 J Davis 5482 J Jefferies 5483 S Lawson 5487 E Patel 5488 K Rushton	Black/gold hoop 5479 L Elliott 5480 A Fenwick 5484 M McCallum 5485 H Munn 5489 L Russell	Pen 170-172 5481 L Fenwick 5486 S Parkinson
WINDSOR SLOUGH ETON & HOUNSLOW AC 5490 E Armstrong 5491 B Atkinson 5495 N Swaffield	Saxe blue/ 2 amber bands 5492 V Brookling 5493 C Molinaro	Pen 316 5494 M Rigin
WIRRAL AC 5496 R Bainbridge 5497 C Brophy	White/2 green hoops 5498 A Rosbottom	Pen 240
WOKING AC 5499 F Bishop	Orange/Green	Pen 5
WOLDS VETERAN RC 5500 B Brown 5501 S McCourt 5505 H Robinson	Black/gold trim 5502 A Mortimer 5503 L Parry	Pen 310 5504 R Portlock
WOLVERHAMPTON & BILSTON 5506 A Binley 5507 D Blakeman 5511 A Leaver 5512 M Lowke 5516 T Smith 5517 A Wilson	White/yellow green red trim 5508 T Clarke 5509 R Gibson 5513 A Pinches 5514 E Simmonds	Pen 92-94 5510 I Harley 5515 H Smallman
WOODFORD GREEN AC WITH ESSEX LADIES 5518 K Balcombe 5519 K Gundersen 5523 S Turvey 5524 A Wardle	Green/white hoops 5520 R Lund 5521 K Stockings	Pen 220-221 5522 J Thomas
WORCESTER AC 5525 J Gentle 5526 J Nesbitt	Yellow/red/black	Pen 106
WORKSOP HARRIERS 5527 S Worley	Green/black band	Pen 203
WORTHING & DISTRICT HARRIERS 5528 E MacReady	Green/red diagonal	Pen 46
WREAKE RUNNERS 5529 A Holyland	White/blue black bands	Pen 176
WYCOMBE PHOENIX HARRIERS & AC 5530 G Russell	Blue/red band	Pen 268
WYE VALLEY RUNNERS 5531 N Emerson 5532 G Gaigaliene	White/Blue 5533 K Mansfield	Pen 248

WYMONDHAM AC

5534 C Ricketts

Maroon/Pink

Pen 214

YORK KNAVESMIRE HARRIERS

5535 C Holmes

5536 A Lancaster

5540 Q Zhou

Yellow/black quarters

5537 B Parkinson

5538 K Vogan

Pen 96

5539 C Warrington