

Time	Team	Leg1	Name	Leg2	Name	Leg3	Name
0:47:58.55	Bracknell AC	0:15:14.25 (9)	Z Seddon	0:16:08.10 (17)	S Halsted	0:16:36.20 (22)	M Seddon
0:49:40.80	Charnwood A C 'A'	0:16:00.45 (37)	H Thompson	0:16:12.40 (32)	S Mears	0:17:27.95 (38)	P Swaine
0:50:33.80	Bristol & West AC 'B'	0:16:10.80 (42)	M Chandler	0:16:55.55 (44)	J Moody	0:17:27.45 (47)	A Salmon
0:53:53.55	Luton Athletic Club	0:17:14.00 (81)	T Mead	0:17:51.90 (75)	S Jay	0:18:47.65 (74)	D Winfield
0:54:08.60	Bedford & County AC 'B'	0:16:25.85 (53)	R Henderson	0:17:52.65 (65)	M Dendani	0:19:50.10 (76)	S Wilson
0:55:43.70	Morpeth Harriers & AC 'B'	0:16:50.90 (63)	K Taylor	0:18:41.35 (81)	I Harding	0:20:11.45 (91)	S Patterson
1:00:06.05	Sutton In Ashfield Harriers & AC 'B'	0:18:46.95 (124)	D Cross	0:20:24.30 (131)	L Morris	0:20:54.80 (125)	P Dobbs
1:01:30.50	Blackburn Harriers & AC 'C'	0:20:12.50 (156)	D Maynard	0:18:10.90 (119)	A Knowles	0:23:07.10 (132)	A Hatton
1:01:37.05	Blackheath & Bromley Harriers AC '	0:18:25.30 (114)	C Tuck	0:23:05.10 (151)	N Corry	0:20:06.65 (134)	B Donnelly
1:08:23.45	Fitmums And Friends	0:22:41.00 (188)	N Thompson	0:22:24.90 (178)	J Walker	0:23:17.55 (166)	A Pay
1:21:17.00	Blackhill Bounders 'B'	0:18:11.85 (106)	S Bowyer	0:19:44.40 (115)	M McDonald	0:43:20.75 (177)	J Richards
1:27:03.65	Notts AC 'C'	0:17:33.20 (89)	A Meenaghan	0:17:45.05 (78)	T Crowley	0:51:45.40 (178)	C Palmer
1:35:35.80	Kimberworth Striders 'B'	0:42:21.80 (197)	C Earl	0:26:19.00 (189)	S Frith	0:26:55.00 (179)	K Chapman
0:32:54.80	Herne Hill Harriers	0:17:03.10 (75)	S Coombes	0:15:51.70 (42)	J Rossiter		
0:34:53.85	Tonbridge AC 'C'	0:16:56.15 (68)	J Keywood	0:17:57.70 (73)	J Taylor		
0:37:32.65	Harrow AC 'B'	0:19:01.45 (132)	D Traynor	0:18:31.20 (109)	P Somers		
0:37:55.65	Ealing Southall & Middlesex AC 'B'	0:18:07.20 (103)	L Nicholas	0:19:48.45 (114)	S Rai		
0:41:48.70	Vale Royal AC 'B'	0:16:49.40 (62)	R Moore	0:24:59.30 (154)	R Pettitt		
0:42:18.20	City Of Norwich AC 'C'	0:20:49.90 (165)	J Baxter	0:21:28.30 (159)	M Storey		
0:42:54.55	Salford Harriers & AC 'C'	0:22:18.45 (185)	S Cordell	0:20:36.10 (166)	P Birkett		
0:43:46.30	Thames Valley Harriers 'C'	0:21:10.30 (174)	P Wetton	0:22:36.00 (172)	D Ford		
0:45:28.45	Durham City Harriers & AC 'B'	0:20:59.65 (168)	J Catterall	0:24:28.80 (179)	G Watson		
0:45:59.45	East Hull Harriers & AC 'C'	0:22:38.20 (187)	S Tichopad	0:23:21.25 (182)	M Hardey		
0:16:39.50	Rossendale Harriers & AC 'B'	0:16:39.50 (56)	D Walton				
0:16:42.20	Leicester Coritanian AC 'A'	0:16:42.20 (58)	M Powell				
0:16:56.75	Loughborough Students AC 'B'	0:16:56.75 (69)	D Giles				
0:17:33.80	Woodford Green AC with Essex Lad	0:17:33.80 (90)	D Southcott				
0:18:13.25	Highgate Harriers 'B'	0:18:13.25 (107)	B Donnelly				
0:18:42.65	Derby Athletic Club 'B'	0:18:42.65 (122)	R Wilson				
0:21:17.10	Birtley AC 'B'	0:21:17.10 (175)	D Francis				
0:28:20.00	Grantham AC 'B'	0:28:20.00 (196)	P Hall				

Fastest Leg

Pos	Time	Bib	Name	Team
1	0:14:47.85	A80	A Heyes	Hallamshire Harriers Sheffield 'A'
2	0:14:48.80	B157	J Davies	Reading AC
3	0:14:49.80	A24	P Sesemann	Blackheath & Bromley Harriers AC 'A'
4	0:14:52.90	A132	J Taylor	Morpeth Harriers & AC 'A'
5	0:14:55.15	C1	A Vernon	Aldershot Farnham & District 'A'
6	0:14:55.80	A9	J Goodwin	Bedford & County AC 'A'
7	0:14:59.55	A1	J Grace	Aldershot Farnham & District 'A'
8	0:15:00.90	A67	J Steward	East Cheshire Harriers & Tameside AC 'A'
9	0:15:06.35	B90	A Maud	Highgate Harriers 'A'
10	0:15:07.60	B147	D Musson	Notts AC 'A'