

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
1	00:43:52	4164 Richard Slade	Chiltern Harriers AC	51	00:47:38	4715 Peter Chambers	Highgate Harriers
2	00:44:23	5894 James Kingston	Tonbridge Ac	52	00:47:43	4951 Joshua Woodc...	Leeds City Athlet...
3	00:44:50	4726 Flurry Grierson	Highgate Harriers	53	00:47:45	4948 William Tighe	Leeds City Athlet...
4	00:44:53	3835 Louis Small	Ashford AC	54	00:47:45	4661 Frederick Sl...	Hercules Wimbledo...
5	00:44:56	3862 Benjamin Alcock	Bedford & County AC	55	00:47:48	6007 Alex Gladley	Victoria Park Har...
6	00:44:59	4073 Jack Gray	Cambridge & Coler...	56	00:47:49	4029 Milan Champion	Bristol and West AC
7	00:45:05	5562 Jeremy Dempsey	Shaftesbury Barne...	57	00:47:49	4014 James Turner	Brighton & Hove AC
8	00:45:09	5764 Oliver Smart	Tavistock Run Pro...	58	00:47:52	4732 Alex Jackson	Highgate Harriers
9	00:45:12	5560 Jamie Dee	Shaftesbury Barne...	59	00:47:52	5879 Ben Cole	Tonbridge Ac
10	00:45:17	5466 Lee Gratton	Rugeley Runners	60	00:47:56	5912 Matthew Taylor	Tonbridge Ac
11	00:45:25	5564 Dylan Evans	Shaftesbury Barne...	61	00:48:01	5873 Will Beeston	Tonbridge Ac
12	00:45:30	5215 Jacob Cann	Newham & Essex Be...	62	00:48:01	4040 Owain Jones	Bristol and West AC
13	00:45:38	3834 Jack Small	Ashford AC	63	00:48:08	5496 Philip Rober...	Sale Harriers Man...
14	00:45:46	4702 Oscar Bell	Herts Phoenix AC	64	00:48:17	3894 James Hancock	Belgrave Harriers
15	00:45:48	4024 Will Batters...	Bristol and West AC	65	00:48:22	4012 Matthew Grin...	Brighton & Hove AC
16	00:46:01	4045 Jack Millar	Bristol and West AC	66	00:48:23	5794 James Hoad	Thames Hare & Hounds
17	00:46:03	4571 Tommy Power	Hallamshire Harri...	67	00:48:23	4663 James Stockings	Hercules Wimbledo...
18	00:46:04	4038 Flynn Jennings	Bristol and West AC	68	00:48:23	4932 Gavyn Chalmers	Leeds City Athlet...
19	00:46:06	4567 Andrew Heyes	Hallamshire Harri...	69	00:48:25	4077 William Newc...	Cambridge & Coler...
20	00:46:10	4043 Felix McGrath	Bristol and West AC	70	00:48:28	4053 Alexander St...	Bristol and West AC
21	00:46:19	4205 Angus Mcmillan	City of York AC	71	00:48:35	4027 Luke Burgess	Bristol and West AC
22	00:46:19	4047 Joe Morrow	Bristol and West AC	72	00:48:37	6141 Tom Beedell	Woodford Green AC...
23	00:46:20	4074 Nathan Mappe...	Cambridge & Coler...	73	00:48:40	5633 Alex Teuten	Southampton Athle...
24	00:46:21	4055 Kurt Taylor	Bristol and West AC	74	00:48:42	4865 Noah Armitag...	Kent AC
25	00:46:22	6144 Joel Doye	Woodford Green AC...	75	00:48:42	5987 Aaron Doyle	Vale Royal Ac
26	00:46:24	5489 Nigel Martin	Sale Harriers Man...	76	00:48:47	4176 Samuel Stevens	City Of Norwich AC
27	00:46:27	5187 Edward Buck	Newark Ac	77	00:48:49	4085 Max Walk	Cambridge & Coler...
28	00:46:27	4930 Harry Butler	Leeds City Athlet...	78	00:48:51	5611 Jacob Atwal	Southampton Athle...
29	00:46:28	5561 Liam Dee	Shaftesbury Barne...	79	00:48:52	4900 Maximilian N...	Kent AC
30	00:46:34	5556 Tom Butler	Shaftesbury Barne...	80	00:48:53	6143 Oliver Bushdari	Woodford Green AC...
31	00:46:49	4566 Finlay Grant	Hallamshire Harri...	81	00:48:54	4673 Andrew Clarke	Herne Hill Harriers
32	00:46:52	3793 Sam Eglen	Aldershot Farnham...	82	00:48:56	4007 Kieran Barnes	Brighton & Hove AC
33	00:46:55	4748 Roger Poolman	Highgate Harriers	83	00:49:00	3979 James Salt	Border Harriers & Ac
34	00:47:00	5888 Cole Gibbens	Tonbridge Ac	84	00:49:01	5624 Callum O'Neill	Southampton Athle...
35	00:47:04	4041 Peter Legrice	Bristol and West AC	85	00:49:01	4654 George Mallett	Hercules Wimbledo...
36	00:47:06	4741 Alexander Le...	Highgate Harriers	86	00:49:03	3889 Findlay Dyer	Belgrave Harriers
37	00:47:09	4050 Ben Robinson	Bristol and West AC	87	00:49:05	4542 Cameron Reilly	Guildford & Godal...
38	00:47:10	4942 Graham Rush	Leeds City Athlet...	88	00:49:05	4570 James Mccrae	Hallamshire Harri...
39	00:47:11	5464 Finlay Ward	Rugby & Northampt...	89	00:49:06	4639 Hayden Beauc...	Hercules Wimbledo...
40	00:47:15	3976 Tom Humphries	Border Harriers & Ac	90	00:49:07	3792 Theo Doran	Aldershot Farnham...
41	00:47:17	5265 Alastair Watson	Notts AC	91	00:49:08	6190 Joe Morwood	Aldershot Farnham...
42	00:47:20	4934 Sean Flanagan	Leeds City Athlet...	92	00:49:10	4734 Samuel Jinks	Highgate Harriers
43	00:47:23	4687 Arlo Ludewick	Herne Hill Harriers	93	00:49:15	4079 George Ogden	Cambridge & Coler...
44	00:47:24	3803 Joseph O'con...	Aldershot Farnham...	94	00:49:18	4677 Brandon Dewar	Herne Hill Harriers
45	00:47:27	4373 Jack Ramm	Dulwich Runners AC	95	00:49:25	5970 Liam White	Tunbridge Wells H...
46	00:47:28	3799 Rian Mccawley	Aldershot Farnham...	96	00:49:30	4172 William Mahoney	City Of Norwich AC
47	00:47:28	4723 Terence Fawden	Highgate Harriers	97	00:49:32	4763 Joseph Young	Highgate Harriers
48	00:47:29	4382 Aaron Wilson	Dulwich Runners AC	98	00:49:32	4946 Linton Taylor	Leeds City Athlet...
49	00:47:30	5892 Alex Howard	Tonbridge Ac	99	00:49:34	4641 Oliver Carri...	Hercules Wimbledo...
50	00:47:31	4927 Adam Baker	Leeds City Athlet...	100	00:49:35	4407 Gavin Browne	East Cheshire Har...

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Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
101	00:49:37	5031 Tsegay Berhane	London Heathside	151	00:50:54	6165 Tom Mahon	Wreake & Soar Valley
102	00:49:38	3903 Jonny Neville	Belgrave Harriers	152	00:50:56	3805 Thomas Renshaw	Aldershot Farnham...
103	00:49:39	6081 Ben Rawlins	Westbury Harriers	153	00:50:57	5064 Kader Seyed	London Heathside
104	00:49:41	4065 Michael Bartram	Cambridge & Coler...	154	00:50:58	5784 Amittai Ben-...	Thames Hare & Hounds
105	00:49:42	4653 Edward Mallett	Hercules Wimbledo...	155	00:51:01	5895 Calum Laing	Tonbridge Ac
106	00:49:47	3788 Tom Chandler	Aldershot Farnham...	156	00:51:01	4729 Charlie Haywood	Highgate Harriers
107	00:49:50	5880 James Crombie	Tonbridge Ac	157	00:51:03	5583 Mark Jones	Sheffield RC
108	00:49:51	4630 Marcus Shantry	Headington RR	158	00:51:04	5424 Ryan O'brien	Reading Roadrunners
109	00:49:53	5407 James Rennie	Reading AC	159	00:51:06	5839 Rhys Doherty	The Stragglers Ru...
110	00:49:56	4727 George Gurney	Highgate Harriers	160	00:51:07	5905 Kieran Reilly	Tonbridge Ac
111	00:49:56	4194 Sam Norris	City of Southend ...	161	00:51:10	4871 Dame Dibaba	Kent AC
112	00:49:57	5898 Sean Molloy	Tonbridge Ac	162	00:51:11	5554 Allan Lee	Sevenoaks AC
113	00:49:58	5555 Jude Bell	Shaftesbury Barne...	163	00:51:14	5309 Kingsley Oguma	Oxford University AC
114	00:49:58	4366 Nick Impey	Dulwich Runners AC	164	00:51:14	4543 Adrien Royer	Guildford & Godal...
115	00:50:00	5299 Robert Doorly	Oxford City AC	165	00:51:15	5170 Sam Hancox	Morpeth Harriers ...
116	00:50:01	3975 James Douglas	Border Harriers & Ac	166	00:51:16	5547 Jack Robinson	Serpentine Runnin...
117	00:50:04	5791 Oliver Fox	Thames Hare & Hounds	167	00:51:17	4046 Dage Minors	Bristol and West AC
118	00:50:05	4665 Sam Todd	Hercules Wimbledo...	168	00:51:21	3808 Liam Stone	Aldershot Farnham...
119	00:50:10	5617 Matthew James	Southampton Athle...	169	00:51:23	5803 Patrick Roddy	Thames Hare & Hounds
120	00:50:11	6077 Greg Hayward	Westbury Harriers	170	00:51:28	6045 Oliver Hill	Watford Joggers
121	00:50:12	4910 Nicholas Torry	Kent AC	171	00:51:28	4760 George Trotter	Highgate Harriers
122	00:50:18	4068 Josh Carr	Cambridge & Coler...	172	00:51:29	4036 Lee Gawler	Bristol and West AC
123	00:50:20	4018 Simon Heath	Brighton Phoenix	173	00:51:31	5477 Alex Bradford	Sale Harriers Man...
124	00:50:21	5054 Samuel Macaulay	London Heathside	174	00:51:33	4908 Mathew Speed	Kent AC
125	00:50:23	6139 Thomas Adolphus	Woodford Green AC...	175	00:51:34	4365 Benjamin Howe	Dulwich Runners AC
126	00:50:25	5877 Jamie Bryant	Tonbridge Ac	176	00:51:36	5452 Josh Wragg	Rotherham Harrier...
127	00:50:26	4003 Conor Culham	Braintree & Distr...	177	00:51:38	5792 George Gathe...	Thames Hare & Hounds
128	00:50:28	4204 Oskar Fraser...	City of York AC	178	00:51:41	4156 Harry Cox	Chiltern Harriers AC
129	00:50:28	3947 John Stolberg	Birmingham Runnin...	179	00:51:43	5471 Tom Henson	Saint Edmund Pacers
130	00:50:33	5752 Harry Woods	Swindon Harriers	180	00:51:45	6166 Myles Caddell	Wycombe Phoenix H...
131	00:50:34	6148 Angus Holford	Woodford Green AC...	181	00:51:45	5823 Calum Nicol	Thames Valley Har...
132	00:50:36	3896 Eddie Jodrell	Belgrave Harriers	182	00:51:47	4270 Joseph Mcleod	Coventry Godiva H...
133	00:50:37	4187 Dan Poynting	City Of Salisbury...	183	00:51:51	3887 Louis Clarke	Belgrave Harriers
134	00:50:37	5735 Stephen Jackson	Sunderland Harrie...	184	00:51:53	5138 Jamie Walsh	Medway and Maidst...
135	00:50:38	5502 Akkeal Chambers	Salford Harriers ...	185	00:51:54	5901 Ben Pearce	Tonbridge Ac
136	00:50:43	4888 Lyndon Marfell	Kent AC	186	00:51:55	4524 Richard Will...	Grange Farm & Dun...
137	00:50:43	5400 Luc Jolly	Reading AC	187	00:51:58	5767 Aidan Daniel	Team Bath Athleti...
138	00:50:45	4049 Fraser Roach	Bristol and West AC	188	00:52:03	4173 Jacob Ocal	City Of Norwich AC
139	00:50:45	4139 Tom Rehal	Chelmsford AC	189	00:52:03	5200 Harry Russell	Newbury Ac
140	00:50:46	3801 George Morris	Aldershot Farnham...	190	00:52:04	5418 James Lyne	Reading Roadrunners
141	00:50:47	4536 Colin High	Guildford & Godal...	191	00:52:04	4008 James Dicks	Brighton & Hove AC
142	00:50:48	4006 Zared Arasar...	Brighton & Hove AC	192	00:52:05	5761 Andrew Power	Taunton AC
143	00:50:49	3908 Larry Ryan	Belgrave Harriers	193	00:52:09	5335 Morgan Tame	Poole AC
144	00:50:49	5113 Chad Lambert	Marshall Milton K...	194	00:52:11	4118 Jose jorge U...	Cambridge Univers...
145	00:50:50	5408 Sam Rodda	Reading AC	195	00:52:12	4929 Mike Burrett	Leeds City Athlet...
146	00:50:51	5118 Steve Tuttle	Marshall Milton K...	196	00:52:13	4294 Ben Chapman	Croydon Harriers
147	00:50:53	4098 Danny Kendall	Cambridge Harriers	197	00:52:14	5509 Gareth Raven	Salford Harriers ...
148	00:50:53	5896 George Marshall	Tonbridge Ac	198	00:52:17	5461 Joseph Comer...	Rugby & Northampt...
149	00:50:53	5216 John Gordon	Newham & Essex Be...	199	00:52:19	5451 James Mellor	Rotherham Harrier...
150	00:50:54	4752 Sean Renfer	Highgate Harriers	200	00:52:21	4160 James Palmer	Chiltern Harriers AC

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Pos	Time	Bib Name	Club
201	00:52:22	5267 Matthew Will...	Notts AC
202	00:52:23	4159 Timothy Lawr...	Chiltern Harriers AC
203	00:52:24	6153 Edward Shepherd	Woodford Green AC...
204	00:52:25	5793 Thomas Goulding	Thames Hare & Hounds
205	00:52:28	5852 Taylor Newell	Thurrock Harriers
206	00:52:30	4998 Hywel Care	Liverpool Harrier...
207	00:52:31	6160 Thomas Shaw	Worksop Harriers
208	00:52:32	5383 Joe Killip	Ranelagh Harriers
209	00:52:33	3849 George Hill	Basildon AC
210	00:52:36	4196 Sam Schubert	City of Southend ...
211	00:52:39	4202 Simon Bollan...	City of York AC
212	00:52:39	4827 David Ervine	HY Athletic Club
213	00:52:40	5565 Matthew Grant	Shaftesbury Barne...
214	00:52:42	5765 Elliott Avis	Team Bath Athleti...
215	00:52:43	6116 Adrian Fautly	Winchester Runnin...
216	00:52:45	3897 Andrew Johns...	Belgrave Harriers
217	00:52:46	4696 Daniel Shaw	Herne Hill Harriers
218	00:52:48	4601 Christopher ...	Harrow AC
219	00:52:51	3806 Alastair Rus...	Aldershot Farnham...
220	00:52:51	6049 Matthew Lusby	Wells City Harriers
221	00:52:51	4516 Andrew Mulhall	Gateshead Harrier...
222	00:52:52	5256 Jack Holland	Notts AC
223	00:52:53	4141 Samuel Waite	Chelmsford AC
224	00:52:56	5863 Luke Vine	Tipton Harriers
225	00:52:59	5234 Ben Hamblin	North Somerset AC
226	00:52:59	4023 Aled Anderson	Bristol and West AC
227	00:53:02	5809 Hugo Cayssials	Thames Valley Har...
228	00:53:02	5488 Joseph Godwood	Sale Harriers Man...
229	00:53:02	3820 Jens Van den...	Altrincham & Dist...
230	00:53:02	4217 Jim Gordon	Clapham Chasers
231	00:53:03	5505 Thomas Cornt...	Salford Harriers ...
232	00:53:04	4721 Jonny Dry	Highgate Harriers
233	00:53:05	4052 Daniel Shepherd	Bristol and West AC
234	00:53:06	5207 Jacob Droogmans	Newcastle Staffs AC
235	00:53:06	4157 Aran Davidson	Chiltern Harriers AC
236	00:53:08	3873 Stanley Willis	Bedford & County AC
237	00:53:08	4706 James Barber	Highgate Harriers
238	00:53:10	4026 Aaron Bruce	Bristol and West AC
239	00:53:10	4054 Robert Stewart	Bristol and West AC
240	00:53:11	5642 Chris Mckeown	Spa Striders
241	00:53:11	5993 Oliver Williams	Vale Royal Ac
242	00:53:13	6070 Oliver Beale	Westbury Harriers
243	00:53:16	4168 James Savage	Chorlton Runners
244	00:53:18	5446 Benjamin Kir...	Rossendale Harrie...
245	00:53:20	5787 Neil Chisholm	Thames Hare & Hounds
246	00:53:20	5373 Andrew Mccarron	Queen's Park Harr...
247	00:53:22	4675 Jeff Cunningham	Herne Hill Harriers
248	00:53:23	5199 Jacob Rainier	Newbury Ac
249	00:53:24	5622 Ellis Meades...	Southampton Athle...
250	00:53:26	4533 Will Ford	Guildford & Godal...

Pos	Time	Bib Name	Club
251	00:53:28	5911 James Taylor	Tonbridge Ac
252	00:53:28	4203 Maurice Calt...	City of York AC
253	00:53:28	3955 Micah Evans	Blackheath & Brom...
254	00:53:29	5145 Gregory Jaya...	Middlesbrough & C...
255	00:53:29	5584 David Millns	Sheffield RC
256	00:53:31	6005 Greg Dival	Victoria Park Har...
257	00:53:32	5029 Andrew Barnes	London Heathside
258	00:53:32	4753 Alex Richardson	Highgate Harriers
259	00:53:32	3818 David Norman	Altrincham & Dist...
260	00:53:34	5229 William Cheek	North Somerset AC
261	00:53:34	4119 Bill Chesters	Cannock & Staffor...
262	00:53:35	5729 Thomas Kirby	Stubbington Green...
263	00:53:37	5171 Andrew Lawrence	Morpeth Harriers ...
264	00:53:37	5259 Ben Norris	Notts AC
265	00:53:39	4433 Paul Brear c...	Ely Runners
266	00:53:39	5975 Jake Dorman	Tyne Bridge Harriers
267	00:53:39	4122 Mouctar Barry	Central Park Athl...
268	00:53:40	3948 Steve Turner	Birmingham Runnin...
269	00:53:45	4911 Joseph Vis	Kent AC
270	00:53:46	4225 Charlie Mason	Clapham Chasers
271	00:53:47	5746 Luke Byrne	Swindon Harriers
272	00:53:47	3790 Finlay Cross	Aldershot Farnham...
273	00:53:48	5254 Rezene Hayle	Notts AC
274	00:53:48	5227 Benjamin Hadman	North Herts Road ...
275	00:53:50	4537 Callum Job	Guildford & Godal...
276	00:53:52	4097 Kyle Hurst	Cambridge Harriers
277	00:53:52	6154 Daniel willi...	Woodford Green AC...
278	00:53:53	4612 James Stewart	Havering AC
279	00:53:55	5220 Adam Robinson	Newham & Essex Be...
280	00:53:56	4780 Matthew Whit...	Hillingdon AC
281	00:53:56	3787 Howard Calvert	Aldershot Farnham...
282	00:53:56	4984 Matthew Wall	Leven Valley AC
283	00:53:57	5160 Christopher ...	Mornington Chasers
284	00:53:58	4192 Dominic Le mare	City of Southend ...
285	00:53:58	4197 Lee Taylor	City of Southend ...
286	00:54:00	4719 Alfie Devine...	Highgate Harriers
287	00:54:02	4997 Richard Burney	Liverpool Harrier...
288	00:54:02	3888 Sam Davis	Belgrave Harriers
289	00:54:05	4231 Eddie Rolls	Clapham Chasers
290	00:54:05	5512 Chris Webb	Salford Harriers ...
291	00:54:06	3910 Jonathan Scott	Belgrave Harriers
292	00:54:07	4621 Tom Dobra	Headington RR
293	00:54:09	5826 Harry Reynolds	Thames Valley Har...
294	00:54:10	5394 Jonathan Smith	Ranelagh Harriers
295	00:54:11	5528 Nicolas Besson	Serpentine Runnin...
296	00:54:11	5445 Jonathan Cle...	Rossendale Harrie...
297	00:54:11	3949 Robert Vaughan	Birmingham Runnin...
298	00:54:12	4010 Jake Forrest	Brighton & Hove AC
299	00:54:13	5706 Tobin Rose	Stockport Harrier...
300	00:54:14	3900 Michael Mcca...	Belgrave Harriers

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Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
301	00:54:16	5482 Chris Donnelly	Sale Harriers Man...	351	00:55:00	5902 Mark Pepper	Tonbridge Ac
302	00:54:17	5748 Daniel Giles	Swindon Harriers	352	00:55:01	6163 Neil Hutchison	Worthing & Distri...
303	00:54:17	5305 George Potter	Oxford City AC	353	00:55:02	4201 Mark Bolland...	City of York AC
304	00:54:18	3813 Michael Berks	Altrincham & Dist...	354	00:55:04	4644 Joseph Clark	Hercules Wimbledo...
305	00:54:19	5862 Joseph Read	Tipton Harriers	355	00:55:06	5129 Tom Collins	Medway and Maidst...
306	00:54:19	4063 Sebastian Poma	Bury Athletic Club	356	00:55:06	4125 Cameron Sharp	Central Park Athl...
307	00:54:20	5139 Anthony Webb	Medway and Maidst...	357	00:55:07	4304 Phil Symonds	Croydon Harriers
308	00:54:20	6082 Thomas Reed	Westbury Harriers	358	00:55:07	6072 Matthew Cant	Westbury Harriers
309	00:54:20	5308 Hanyu Liu	Oxford University AC	359	00:55:07	4028 Alistair Bur...	Bristol and West AC
310	00:54:20	5979 Paul O'mara	Tyne Bridge Harriers	360	00:55:07	4893 Alistair Mcm...	Kent AC
311	00:54:21	5303 Duncan Lawrence	Oxford City AC	361	00:55:08	5857 Ethan Compton	Tipton Harriers
312	00:54:22	5251 Tom De jong	Notts AC	362	00:55:08	3961 Daniel Kennedy	Blackheath & Brom...
313	00:54:23	4099 James Macdonald	Cambridge Harriers	363	00:55:09	4874 Calum Fraser	Kent AC
314	00:54:23	5990 Samuel White...	Vale Royal Ac	364	00:55:09	5575 Gary Pelosi	Shaftesbury Barne...
315	00:54:23	5001 Mark Ryan	Liverpool Harrier...	365	00:55:10	4978 Thomas North	Leighton Buzzard ...
316	00:54:23	4455 Steve Winder	Epsom & Ewell Har...	366	00:55:12	5553 Peter Wooldr...	Serpentine Runnin...
317	00:54:24	6135 David Brighton	Woking AC	367	00:55:12	4786 Luke Davis	Holland Sports AC
318	00:54:25	6185 David Morrison	York Knavesmire H...	368	00:55:12	4208 Sam Banner	Clapham Chasers
319	00:54:25	5772 Daniel Jones	Team Bath Athleti...	369	00:55:13	5664 Thomas Croft	St Albans Striders
320	00:54:25	4309 Michael Harc...	Darlington H & AC	370	00:55:14	5751 Ben McIntyre	Swindon Harriers
321	00:54:26	4704 Jacob Allen	Highgate Harriers	371	00:55:16	4178 Daniel Whitm...	City Of Norwich AC
322	00:54:27	5470 Nathan Stock...	Ryston Runners	372	00:55:17	4709 Daniel Brewer	Highgate Harriers
323	00:54:27	6133 William Radley	Witham RC	373	00:55:18	5977 Tim Lawrence	Tyne Bridge Harriers
324	00:54:29	5681 Adam Yorwerth	St Albans Striders	374	00:55:18	4144 Robert Finch	Cheltenham and Co...
325	00:54:29	4562 Christian Ba...	Hallamshire Harri...	375	00:55:19	4880 Alex Harris	Kent AC
326	00:54:30	5085 Ben Winfield	Luton Athletic Club	376	00:55:21	4672 Matthew Cart...	Herne Hill Harriers
327	00:54:33	5087 Mark Burley	Macclesfield Harr...	377	00:55:21	4351 James Blackwood	Dulwich Runners AC
328	00:54:34	4866 James Boustead	Kent AC	378	00:55:22	5494 Phil Richardson	Sale Harriers Man...
329	00:54:35	5450 Aidan Johnson	Rotherham Harrier...	379	00:55:22	4442 William Caruana	Epsom & Ewell Har...
330	00:54:36	6124 Ben Reynolds	Windsor Slough Et...	380	00:55:23	6079 Joshua Morland	Westbury Harriers
331	00:54:37	5812 Nelson Gordon	Thames Valley Har...	381	00:55:23	5258 John Muddeman	Notts AC
332	00:54:37	5260 Alex Percy	Notts AC	382	00:55:24	4907 Robbie Smith	Kent AC
333	00:54:40	3795 Jack Gunning	Aldershot Farnham...	383	00:55:25	4015 Ziad Wattar	Brighton & Hove AC
334	00:54:41	6035 Jack Pilkington	Warrington A C	384	00:55:28	5301 James Haynes	Oxford City AC
335	00:54:41	5992 Nathan Williams	Vale Royal Ac	385	00:55:28	5384 David Lawley	Ranelagh Harriers
336	00:54:42	4240 Calum james ...	Clayton-le-Moors ...	386	00:55:28	5127 Greg Hopkinson	Matlock Athletic ...
337	00:54:43	4021 Luke Piper	Brighton Phoenix	387	00:55:31	5835 Jack Bradley	Thanet Roadrunner...
338	00:54:43	3935 James Hargre...	Bingley Harriers ...	388	00:55:32	5616 Emlyn Hughes	Southampton Athle...
339	00:54:47	6085 Alexander Wi...	Westbury Harriers	389	00:55:34	5928 Charlie Bruce	Trent Park Runnin...
340	00:54:48	5483 Robert Dunn	Sale Harriers Man...	390	00:55:35	5327 Felix Dennison	Poole AC
341	00:54:50	5753 Robert Dyjak	Tamworth AC	391	00:55:35	5914 Oliver White	Tonbridge Ac
342	00:54:51	5756 Jolyon Leave...	Tamworth AC	392	00:55:35	5883 Michael Ellis	Tonbridge Ac
343	00:54:51	4739 Jonathan Lay...	Highgate Harriers	393	00:55:36	4408 Liam Browne	East Cheshire Har...
344	00:54:52	4695 Matthew Raymond	Herne Hill Harriers	394	00:55:36	5214 Wayne Bell	Newham & Essex Be...
345	00:54:52	5155 Rory Clark	Mornington Chasers	395	00:55:40	5848 Chander Dhillon	Thurrock Harriers
346	00:54:52	6186 Tom Pavis	York Knavesmire H...	396	00:55:41	4057 Peter Ball	Bromsgrove and Re...
347	00:54:54	4116 Alasdair Fle...	Cambridge Univers...	397	00:55:42	4945 Dexter Sparrow	Leeds City Athlet...
348	00:54:56	4773 Kallum Pritc...	Hillingdon AC	398	00:55:43	5747 Courtenay Ch...	Swindon Harriers
349	00:54:56	4375 Adrian Russell	Dulwich Runners AC	399	00:55:44	4183 Jacob Seal	City Of Portsmouth...
350	00:55:00	3909 Ben Scott	Belgrave Harriers	400	00:55:47	4693 James Nutt	Herne Hill Harriers

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
401	00:55:48	5754 Max Kent	Tamworth AC
402	00:55:48	5758 Daniel Wrenn	Tamworth AC
403	00:55:50	5511 Joseph Twigg	Salford Harriers ...
404	00:55:51	4134 Sebastian Ci...	Chelmsford AC
405	00:55:51	5947 James Claxton	Tri London
406	00:55:52	4886 Peter Lighting	Kent AC
407	00:55:54	4071 Daniel Collis	Cambridge & Coler...
408	00:55:54	5666 Chris Dennell	St Albans Striders
409	00:55:54	5695 Robert Byers	Steel City Stride...
410	00:55:55	5109 Matthew Dicks	Marshall Milton K...
411	00:55:56	5972 William Bowers	Tyne Bridge Harriers
412	00:55:57	4288 Sam Etherington	Crook & Dist Spor...
413	00:55:59	4517 Hugh Porter	Gateshead Harrier...
414	00:55:59	4115 Conor Flanagan	Cambridge Triathl...
415	00:56:00	4896 Dave Morgan	Kent AC
416	00:56:00	3890 Matthew Edgar	Belgrave Harriers
417	00:56:03	5041 Kit Grierson	London Heathside
418	00:56:07	4903 Martin Pollard	Kent AC
419	00:56:07	6123 Simon Millett	Windsor Slough Et...
420	00:56:10	5625 Callum Olden	Southampton Athle...
421	00:56:12	5436 Harry Mullard	Reigate Priory AC
422	00:56:12	3860 Mehul Vaitha	Beaumont RC
423	00:56:13	6034 Matthew Jenson	Warrington A C
424	00:56:17	5770 Robert Eaton	Team Bath Athleti...
425	00:56:19	5954 Ross Langley	Tring RC
426	00:56:20	4215 Rory Freeman	Clapham Chasers
427	00:56:22	4252 Teklay Alemu	Coventry Godiva H...
428	00:56:22	5298 Tim Champion-...	Oxford City AC
429	00:56:22	3850 Alexander Ha...	Basingstoke & Mid...
430	00:56:23	3931 Kieran O'doh...	Billericay Striders
431	00:56:24	5549 Hugh Torry	Serpentine Runnin...
432	00:56:25	5656 Edward Anders	St Albans Striders
433	00:56:26	5386 Joel Peirson...	Ranelagh Harriers
434	00:56:27	3899 George Malli...	Belgrave Harriers
435	00:56:27	6178 Robert Wright	Wycombe Phoenix H...
436	00:56:28	5885 Toby Emm	Tonbridge Ac
437	00:56:28	3982 Ben Collins	Bournemouth AC
438	00:56:28	6129 James Mackie	Wirral AC
439	00:56:28	3962 Jake Leng	Blackheath & Brom...
440	00:56:29	5606 Bruce Harrold	South London Harr...
441	00:56:30	5976 Michael Ilott	Tyne Bridge Harriers
442	00:56:34	5115 Viv Parnell-...	Marshall Milton K...
443	00:56:35	5133 Justin Lane	Medway and Maidst...
444	00:56:36	4976 Andrew Inchley	Leighton Buzzard ...
445	00:56:36	4482 Tom Bean	Folkestone Runnin...
446	00:56:37	4526 Chris Gillman	Guernsey AC
447	00:56:38	4412 Lewis Suddaby	East Hull Harrier...
448	00:56:39	4708 Aviv Boonin	Highgate Harriers
449	00:56:40	5801 Richard Olli...	Thames Hare & Hounds
450	00:56:40	3780 Robert Howlin	Abingdon AC

Pos	Time	Bib Name	Club
451	00:56:41	4162 Adam Shute	Chiltern Harriers AC
452	00:56:42	4743 Shane Maher	Highgate Harriers
453	00:56:42	4875 Matteo Gala	Kent AC
454	00:56:42	4684 Mathew Hudson	Herne Hill Harriers
455	00:56:43	4628 Connor O'pray	Headington RR
456	00:56:43	4216 Ryan Furniss	Clapham Chasers
457	00:56:45	4033 Boudewijn Do...	Bristol and West AC
458	00:56:47	5070 James Fisher	Long Eaton Runnin...
459	00:56:47	3924 Nicholas Lapham	Bideford AAC
460	00:56:47	3901 Conall McNally	Belgrave Harriers
461	00:56:48	3970 Gary Wallace	Blackhill Bounders
462	00:56:48	4935 Leon Foster	Leeds City Athlet...
463	00:56:50	3956 Kevin Fini	Blackheath & Brom...
464	00:56:51	4453 Chris Ryans	Epsom & Ewell Har...
465	00:56:51	5521 Andrew Armin	Saltwell Harriers
466	00:56:51	4756 David Shepherd	Highgate Harriers
467	00:56:52	5589 James Stuart	Shrewsbury AC
468	00:56:53	5448 Sam Clegg	Rotherham Harrier...
469	00:56:53	3811 Quentin Oury	Aldridge RC
470	00:56:55	4961 Matibini Mat...	Leigh on Sea Stri...
471	00:56:56	4005 Alex Young	Brentwood Beagles...
472	00:57:02	6105 Edward Robson	Wimbledon Windmilers
473	00:57:04	4447 Neil Henderson	Epsom & Ewell Har...
474	00:57:06	5860 Ryan Quiney	Tipton Harriers
475	00:57:07	4789 Harvey Voller	Holland Sports AC
476	00:57:11	4674 Simon Coombes	Herne Hill Harriers
477	00:57:12	5263 Jack Speake	Notts AC
478	00:57:12	3783 Cameron Weir	Abingdon AC
479	00:57:14	5208 Lewis Nagington	Newcastle Staffs AC
480	00:57:16	5196 Matthew Green	Newbury Ac
481	00:57:16	4652 Richard Jones	Hercules Wimbledo...
482	00:57:17	4481 Chris Green	Felixstowe RRC
483	00:57:17	5146 Stephen Mcdo...	Middlesbrough & C...
484	00:57:19	4042 Alastair Mat...	Bristol and West AC
485	00:57:22	5481 Andrew Curvis	Sale Harriers Man...
486	00:57:23	4385 Firas Alhawwat	Ealing Eagles Run...
487	00:57:23	5444 Aaron Barker	Rossendale Harrie...
488	00:57:23	5289 Brian Jenkins	Orion Harriers
489	00:57:25	4403 Sam Gunnewicht	Ealing Southall &...
490	00:57:26	5148 Jorden lee B...	Middleton Harrier...
491	00:57:26	4356 Sean Cordon	Dulwich Runners AC
492	00:57:26	5800 Eliot Nevill	Thames Hare & Hounds
493	00:57:27	5389 James Riley	Ranelagh Harriers
494	00:57:27	4480 Joe Collins	Farnham Runners
495	00:57:28	3906 Valentin Rigori	Belgrave Harriers
496	00:57:31	3845 Thomas Thain	Barnet & District AC
497	00:57:32	3868 Andrew Headley	Bedford & County AC
498	00:57:33	5369 Maciej Kolte...	Queen's Park Harr...
499	00:57:33	5924 Jeff Prest	Trafford Athletic...
500	00:57:37	6174 Scott Penney	Wycombe Phoenix H...

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
501	00:57:38	4593 Thomas Mitchell	Harrogate Harrier...	551	00:58:42	4037 Alex Hobley	Bristol and West AC
502	00:57:38	5222 Luca Zangari	Newham & Essex Be...	552	00:58:43	4762 Daniel Whittle	Highgate Harriers
503	00:57:40	4121 Johnnie Arnould	Central Park Athl...	553	00:58:45	5398 Harvey Butler	Reading AC
504	00:57:41	4868 Nicholas Chevis	Kent AC	554	00:58:45	4111 David Worden	Cambridge Harriers
505	00:57:44	5999 Jared Horn	VeloRunner	555	00:58:46	5126 Colin Davenport	Matlock Athletic ...
506	00:57:45	6067 David Frankland	West End Runners	556	00:58:46	5368 Robert Duggleby	Queen's Park Harr...
507	00:57:46	5493 Paul Peters	Sale Harriers Man...	557	00:58:47	4825 Simon Mead	Huntingdonshire AC
508	00:57:46	4607 Richard Darling	Hartlepool Burn R...	558	00:58:47	4112 Luke Ashby	Cambridge Triathl...
509	00:57:47	4519 Henry Swandale	Gateshead Harrier...	559	00:58:47	4305 Luke Wakeling	Croydon Harriers
510	00:57:50	4060 Wayne Watkins	Bromsgrove and Re...	560	00:58:48	4771 Connell Metcalf	Hillingdon AC
511	00:57:51	6170 Richard Hend...	Wycombe Phoenix H...	561	00:58:48	5071 Pete Boustred	Lordshill Road Ru...
512	00:57:54	5538 Victor Lio	Serpentine Runnin...	562	00:58:49	5079 Marcin Jozef...	Loughton AC
513	00:57:54	4728 Sean Harnett	Highgate Harriers	563	00:58:49	4692 Calum Murphy	Herne Hill Harriers
514	00:57:56	5003 Luke Bramall	London City Runners	564	00:58:50	4369 Alastair Low...	Dulwich Runners AC
515	00:57:57	4545 Nick Tearle	Guildford & Godal...	565	00:58:50	4731 Danny Isaacs	Highgate Harriers
516	00:57:57	4238 Callum Zorn-...	Clapham Chasers	566	00:58:52	5055 Jordan Marshall	London Heathside
517	00:57:58	3921 Charlie Gurr	Bexley AC	567	00:58:52	4799 James Burbidge	Holmfirth Harrier...
518	00:57:59	4106 Peter Reynolds	Cambridge Harriers	568	00:58:53	5038 Jonathan For...	London Heathside
519	00:58:00	4016 Jonathan Clays	Brighton Phoenix	569	00:58:53	5306 Maxwell Robi...	Oxford City AC
520	00:58:01	4031 Ben Cooper	Bristol and West AC	570	00:58:54	4179 Samuel Norfolk	City Of Norwich AC
521	00:58:02	4666 Simon Wade	Hercules Wimbledo...	571	00:58:55	4980 Gary Prysby	Leighton Buzzard ...
522	00:58:02	3812 Toby Oury	Aldridge RC	572	00:58:57	5627 Scott Pulley	Southampton Athle...
523	00:58:03	3965 William Reed...	Blackheath & Brom...	573	00:58:57	4668 Ewan Bate	Herne Hill Harriers
524	00:58:04	4722 Ben Eames	Highgate Harriers	574	00:58:57	5223 Oliver Daykin	Newmarket Joggers
525	00:58:05	5293 Will Reed wr...	Orion Harriers	575	00:58:58	5858 Tom Holden	Tipton Harriers
526	00:58:05	5988 Stuart Doyle	Vale Royal Ac	576	00:59:01	5931 Matt Hogsden	Trent Park Runnin...
527	00:58:09	4965 Dean Ovel	Leigh on Sea Stri...	577	00:59:01	5185 Timothy Bagg...	Newark Ac
528	00:58:12	4685 Fintan Kearney	Herne Hill Harriers	578	00:59:01	5887 Joseph Georg...	Tonbridge Ac
529	00:58:14	5568 Oliver Green...	Shaftesbury Barne...	579	00:59:02	5697 Seth Kirby	Steel City Stride...
530	00:58:14	6182 Liam Gilmore	York Knavesmire H...	580	00:59:02	4625 Ian Hewitt	Headington RR
531	00:58:15	5380 Graham Brook	Ranelagh Harriers	581	00:59:04	5241 Matthew Hath...	Northbrook Athlet...
532	00:58:15	6017 Graeme McIntosh	Wadhurst Runners	582	00:59:04	4711 Alexander Carr	Highgate Harriers
533	00:58:16	4892 Chris Mcgurk	Kent AC	583	00:59:04	4229 Sam Robinson	Clapham Chasers
534	00:58:21	4920 Sean Brown	Kingston AC And P...	584	00:59:06	4618 Ian Kenton	Haywards Heath Ha...
535	00:58:25	6102 Harry Chappell	Wimbledon Windmilers	585	00:59:07	5871 Charles Adair	Tonbridge Ac
536	00:58:25	4560 James Franklin	Halifax Harriers ...	586	00:59:08	4200 Matt Eardley	City of Stoke AC
537	00:58:28	5632 Oliver Starkey	Southampton Athle...	587	00:59:08	4787 Christian Lee	Holland Sports AC
538	00:58:29	6010 Will Kirk	Victoria Park Har...	588	00:59:08	4245 Jason Townsend	Colchester & Tend...
539	00:58:31	6171 Oliver Kidd	Wycombe Phoenix H...	589	00:59:09	5507 Robert Hughes	Salford Harriers ...
540	00:58:31	5861 Todd Quiney	Tipton Harriers	590	00:59:10	4957 Dave Smith	Leigh Harriers & AC
541	00:58:32	5769 James Donald	Team Bath Athleti...	591	00:59:12	4269 Samuel Marshall	Coventry Godiva H...
542	00:58:32	6136 Owen Graham	Woking AC	592	00:59:12	4004 Robin Smith	Brentwood Beagles...
543	00:58:33	4140 Scott Thomas	Chelmsford AC	593	00:59:13	4171 Gary Crush	City Of Norwich AC
544	00:58:34	6037 Leighton Sha...	Warrington A C	594	00:59:14	6138 Gary Worrall	Wolverhampton & B...
545	00:58:34	5713 Ned Campbell	Stratford Upon Av...	595	00:59:19	6089 Adam Stirk	Wharfedale Harriers
546	00:58:35	5815 Mark Humphries	Thames Valley Har...	596	00:59:23	3791 Nik Darlington	Aldershot Farnham...
547	00:58:35	4467 James Pilch	Eton Manor AC	597	00:59:24	4698 Chris Speed	Herne Hill Harriers
548	00:58:37	4259 David Cooper	Coventry Godiva H...	598	00:59:25	4529 James Adams	Guildford & Godal...
549	00:58:38	5749 Tom Hutton	Swindon Harriers	599	00:59:27	4450 Jack Mayger	Epsom & Ewell Har...
550	00:58:39	5605 Jack Harrison	South London Harr...	600	00:59:27	4177 Patrick Thomas	City Of Norwich AC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
601	00:59:28	6074 Michael Feltham	Westbury Harriers	651	01:00:08	4232 Jack Simpson	Clapham Chasers
602	00:59:29	5485 Olivier Gail...	Sale Harriers Man...	652	01:00:08	4788 Tom Thornley	Holland Sports AC
603	00:59:29	4165 James Turner	Chiltern Harriers AC	653	01:00:08	5232 Callum Day	North Somerset AC
604	00:59:30	4317 William Tither	Dartford Harriers AC	654	01:00:09	4879 Oliver Harland	Kent AC
605	00:59:31	5906 Tom Rule	Tonbridge Ac	655	01:00:10	6069 Joe Addrison	Westbury Harriers
606	00:59:31	4792 Joe O'donnell	Holme Pierrepont RC	656	01:00:10	5128 Ben Meakin	Matlock Athletic ...
607	00:59:31	4608 Alfie Moth	Havant AC	657	01:00:11	4520 Luke Hine	Gloucester AC
608	00:59:32	5439 Ben Stanton	Reigate Priory AC	658	01:00:11	4876 John Gilchrist	Kent AC
609	00:59:32	4552 James Hoult	Halesowen ACC	659	01:00:12	5158 Thomas English	Mornington Chasers
610	00:59:33	5059 Oliver Negus	London Heathside	660	01:00:13	3966 Douglas Varney	Blackheath & Brom...
611	00:59:34	5653 Luke Fitz-john	Springfield Strid...	661	01:00:14	5412 Chris Burt	Reading Roadrunners
612	00:59:34	5641 Richard Bren...	Spa Striders	662	01:00:14	5714 James Lake	Stratford Upon Av...
613	00:59:35	6103 Richard Cohen	Wimbledon Windmilers	663	01:00:15	4535 Oliver Gosden	Guildford & Godal...
614	00:59:35	4689 Ben Millar	Herne Hill Harriers	664	01:00:15	5926 James Arrows...	Trent Park Runnin...
615	00:59:35	4507 James Huish	Garden City Runners	665	01:00:19	5349 Matthew Coffey	Poplar Running Club
616	00:59:37	3815 Sam Garrett	Altrincham & Dist...	666	01:00:19	4329 Mariusz Felc...	Doncaster Athleti...
617	00:59:37	4940 Drew Norcup	Leeds City Athlet...	667	01:00:20	6083 Mark Statter	Westbury Harriers
618	00:59:37	5217 Peter Mayhew	Newham & Essex Be...	668	01:00:20	5819 Gordon Low	Thames Valley Har...
619	00:59:38	5454 Tom Beach	Royston Runners	669	01:00:20	4813 Rory Burke	Horsham Blue Star...
620	00:59:40	4311 Chris Biddle	Dartford Harriers AC	670	01:00:21	5874 Anthony Bennett	Tonbridge Ac
621	00:59:41	5462 Samuel Jackson	Rugby & Northampt...	671	01:00:22	6088 George Dibble	Wharfedale Harriers
622	00:59:42	4626 Ash Lawes	Headington RR	672	01:00:22	4108 Geoffrey Smith	Cambridge Harriers
623	00:59:42	4062 Ed Hunt	Bury Athletic Club	673	01:00:23	4890 Arran Mcaskill	Kent AC
624	00:59:45	5927 Luke Barker	Trent Park Runnin...	674	01:00:24	4725 Callum Gordon	Highgate Harriers
625	00:59:46	4906 George Russell	Kent AC	675	01:00:25	3779 Sebastien Ga...	Abingdon AC
626	00:59:47	4387 Toby Bryant	Ealing Eagles Run...	676	01:00:25	5679 Rob Smith	St Albans Striders
627	00:59:48	4461 George Ferna...	Eton Manor AC	677	01:00:26	6039 David Pastor	Warriors Pentathl...
628	00:59:51	6181 Peter Ellis	York Knavesmire H...	678	01:00:27	5188 Chris Harrison	Newark Ac
629	00:59:51	3893 Tom Gifford	Belgrave Harriers	679	01:00:28	4688 Stephen Mcleod	Herne Hill Harriers
630	00:59:51	4209 Martin Bell	Clapham Chasers	680	01:00:30	3914 James Turner	Belgrave Harriers
631	00:59:52	4804 Paul Sammonds	Holmfirth Harrier...	681	01:00:31	5813 Robert Gregory	Thames Valley Har...
632	00:59:52	5361 Harry Brierley	Queen's Park Harr...	682	01:00:32	4778 Daniel Thompson	Hillingdon AC
633	00:59:53	5717 Philip Coales	Striders Of Croydon	683	01:00:32	5640 Piotr Woloszyn	Southwark Athleti...
634	00:59:54	5392 Sam Roberts	Ranelagh Harriers	684	01:00:32	4745 Oliver Newton	Highgate Harriers
635	00:59:54	4899 Chris Mullin	Kent AC	685	01:00:34	5036 James Dyson	London Heathside
636	00:59:56	6157 Matthew Daly	Worksop Harriers	686	01:00:35	4619 Stuart Rowen	Haywards Heath Ha...
637	00:59:56	5221 Liam Tharme	Newham & Essex Be...	687	01:00:36	5582 Aaron Francis	Sheffield RC
638	00:59:57	6168 Paul Gilbert	Wycombe Phoenix H...	688	01:00:37	5492 Paul Noble	Sale Harriers Man...
639	00:59:58	4963 Reiss Merritt	Leigh on Sea Stri...	689	01:00:37	4273 Clark Roberts	Coventry Godiva H...
640	00:59:58	4842 Tom Storer-c...	Invicta East Kent AC	690	01:00:38	3782 Bertie Warr	Abingdon AC
641	00:59:59	5768 Thomas Davies	Team Bath Athleti...	691	01:00:39	4883 Fergus Johnson	Kent AC
642	01:00:01	4189 Ben Brooks	City of Southend ...	692	01:00:41	6188 Robert Ward	York Knavesmire H...
643	01:00:03	4710 Alex Burns	Highgate Harriers	693	01:00:42	6091 Benjamin Barnes	Wigan & District ...
644	01:00:04	4589 Ian Bryson	Harpenden Arrows	694	01:00:43	5918 David Ullett	Totton RC
645	01:00:04	5925 Ben Allen	Trent Park Runnin...	695	01:00:43	4510 Daniel Pudner	Garden City Runners
646	01:00:05	5397 Graham Weller	Ranelagh Harriers	696	01:00:43	5025 Marius Thies	London Fronrunners
647	01:00:05	4819 James Titmuss	Horwich R M I Har...	697	01:00:44	5635 John Delamere	Southport Waterlo...
648	01:00:06	4956 Harry Read	Leigh Harriers & AC	698	01:00:45	5660 Tony Brady-I...	St Albans Striders
649	01:00:07	5850 Alec Finch	Thurrock Harriers	699	01:00:47	5559 Trevor Cummins	Shaftesbury Barne...
650	01:00:07	5423 Lance Nortcliff	Reading Roadrunners	700	01:00:47	4681 Deron Fagan	Herne Hill Harriers

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
701	01:00:49	4454 James Wilson	Epsom & Ewell Har...	751	01:01:41	4438 Tom Levinson	Ely Runners
702	01:00:49	4103 Mark Penny	Cambridge Harriers	752	01:01:42	6172 Derek Lloyd	Wycombe Phoenix H...
703	01:00:50	5035 Etienne Daries	London Heathside	753	01:01:42	5050 David Lee	London Heathside
704	01:00:50	5285 Bob Glasgow	Orion Harriers	754	01:01:43	6101 Simon Bernard	Wimbledon Windmilers
705	01:00:50	4089 Mattia Bernardi	Cambridge Harriers	755	01:01:44	4272 Hossein Moha...	Coventry Godiva H...
706	01:00:53	5935 Robert Sikorski	Trent Park Runnin...	756	01:01:46	4761 Jean-marie W...	Highgate Harriers
707	01:00:54	3917 Adam Hemsworth	Benfleet RC	757	01:01:49	3777 Max Riley-gould	26.2 Road Runners...
708	01:00:56	5855 Scott Thrush	Thurrock Harriers	758	01:01:50	4226 Stephen Peng	Clapham Chasers
709	01:00:57	3838 Alexander Ho...	Barnet & District AC	759	01:01:53	5704 Naeem Stevens	Steel City Stride...
710	01:00:59	5534 James Gillan...	Serpentine Runnin...	760	01:01:54	5573 Daniel Nichols	Shaftesbury Barne...
711	01:00:59	5486 Zac Gaillemine	Sale Harriers Man...	761	01:01:54	5844 Alastair Hall	The Stragglers Ru...
712	01:01:01	4145 Harrison Miles	Cheltenham and Co...	762	01:01:54	3913 Rupert Talf...	Belgrave Harriers
713	01:01:02	5846 Pavel Przepi...	The Stragglers Ru...	763	01:01:54	4263 Matthew Hadlum	Coventry Godiva H...
714	01:01:04	5182 Tom Danby	New Marske Harrie...	764	01:01:56	4531 Terry Booth	Guildford & Godal...
715	01:01:04	4228 Matthew Poole	Clapham Chasers	765	01:01:56	5164 Jonathan Tho...	Mornington Chasers
716	01:01:04	4550 Peter Dear	Halesowen ACC	766	01:01:57	5907 Graeme Saker	Tonbridge Ac
717	01:01:04	4989 Ian Boyle	Lincoln Wellinto...	767	01:01:57	4473 Michael Fisher	Fairlands Valley ...
718	01:01:06	4751 Justin Reid-...	Highgate Harriers	768	01:01:58	5376 Sam Sutherland	Queen's Park Harr...
719	01:01:08	5091 Mark Walker	Macclesfield Harr...	769	01:01:59	6112 Louis Verdi	Wimborne AC
720	01:01:10	4977 Thomas Inchley	Leighton Buzzard ...	770	01:02:00	5899 Benjamin Murphy	Tonbridge Ac
721	01:01:11	4921 Michael Huntley	Kingston AC And P...	771	01:02:01	6015 James Speak	Victoria Park Har...
722	01:01:12	4972 Carl Dalkin	Leighton Buzzard ...	772	01:02:01	4466 Gavin McLachlan	Eton Manor AC
723	01:01:13	4198 Patrick Walsh	City of Southend ...	773	01:02:02	4360 Joe Farringt...	Dulwich Runners AC
724	01:01:13	5247 Jonathan Cordle	Norwich Road Runners	774	01:02:03	5140 Neill Wright	Medway and Maidst...
725	01:01:14	6050 Rich Berry	West 4 Harriers	775	01:02:03	5083 Ben Thompson	Loughton AC
726	01:01:16	4690 Gregory Mills	Herne Hill Harriers	776	01:02:04	5900 Harry Paton	Tonbridge Ac
727	01:01:17	4163 Jonathan Slade	Chiltern Harriers AC	777	01:02:04	4308 Dyfan Garmon	Dagenham 88 Runners
728	01:01:17	5250 Patric Clark	Notts AC	778	01:02:05	4923 David Brown	Lancaster & Morec...
729	01:01:17	4260 Peter Eccleston	Coventry Godiva H...	779	01:02:06	5359 Stefan Anton	Queen's Park Harr...
730	01:01:18	6173 Rohit Patel	Wycombe Phoenix H...	780	01:02:07	5090 Matthew Lynas	Macclesfield Harr...
731	01:01:19	6011 Neil Kirkham	Victoria Park Har...	781	01:02:07	4314 Huntley Roberts	Dartford Harriers AC
732	01:01:19	5281 Mark Curling	Orion Harriers	782	01:02:09	6107 Richard Cook	Wimborne AC
733	01:01:19	5684 Daniel Cooke	St Helens Sutton AC	783	01:02:09	4528 Ian Acreman	Guildford & Godal...
734	01:01:20	4869 Alexander Cl...	Kent AC	784	01:02:10	5655 Antony Goodall	Springfield Strid...
735	01:01:20	3883 Andrew Taplin	Beeston AC	785	01:02:12	6028 Kevin Francis	Ware Joggers
736	01:01:23	4991 Joshua Lane	Lincoln Wellinto...	786	01:02:12	4394 Tom James	Ealing Eagles Run...
737	01:01:24	6087 Joby Hobbs	Western Tempo	787	01:02:12	5049 Mihaly Jeles	London Heathside
738	01:01:26	5112 Josh Knight	Marshall Milton K...	788	01:02:13	4757 Louis Shingles	Highgate Harriers
739	01:01:28	4527 Toby Mann	Guernsey AC	789	01:02:14	4289 John Firby	Crook & Dist Spor...
740	01:01:29	6026 David Craddock	Ware Joggers	790	01:02:17	4362 Ed Gibson	Dulwich Runners AC
741	01:01:30	5997 Bill Hill	Vegan Runners UK	791	01:02:18	4253 William Averill	Coventry Godiva H...
742	01:01:32	5021 George Lowe	London Fronrunners	792	01:02:18	3881 Niki Russell	Beeston AC
743	01:01:34	5211 Adam Tyson	Newcastle Staffs AC	793	01:02:21	4735 James Johnson	Highgate Harriers
744	01:01:34	4713 Nicholas Cas...	Highgate Harriers	794	01:02:21	4326 Mark Ferguson	Datchet Dashers
745	01:01:36	5210 Craig Taylor	Newcastle Staffs AC	795	01:02:21	4181 Robert Guest	City Of Portsmouth...
746	01:01:37	4463 Aaron Johnso...	Eton Manor AC	796	01:02:22	4558 Matthew Wilk...	Halesowen ACC
747	01:01:39	4166 Luke Donald	Chorlton Runners	797	01:02:23	3960 Steven Hough	Blackheath & Brom...
748	01:01:39	4072 Jonathan Edw...	Cambridge & Coler...	798	01:02:24	4802 Fionn Kerry	Holmfirth Harrier...
749	01:01:40	6068 Connor Mcardle	West End Runners	799	01:02:26	4244 Alex Penfold	Colchester & Tend...
750	01:01:40	4823 Lee James Dover	Houghton Harriers...	800	01:02:26	5086 Stephen Wood	Luton Athletic Club

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
801	01:02:28	6056 William Yates	West 4 Harriers	851	01:03:12	5105 Stephen Garrett	Manx Harriers
802	01:02:29	4078 Thomas Norfolk	Cambridge & Coler...	852	01:03:14	4479 Charlie White	Fairlands Valley ...
803	01:02:30	5946 Rob Baldock	Tri London	853	01:03:15	4458 Paul Boddey	Eton Manor AC
804	01:02:31	5206 Daniel Brown	Newcastle Staffs AC	854	01:03:15	4135 Paul Grange	Chelmsford AC
805	01:02:32	5716 Marc Burrows	Striders Of Croydon	855	01:03:16	5544 Liam Ohuiginn	Serpentine Runnin...
806	01:02:32	5367 Matthew Duckett	Queen's Park Harr...	856	01:03:19	4443 Max Caulfield	Epsom & Ewell Har...
807	01:02:32	5577 Robert Rigby	Shaftesbury Barne...	857	01:03:19	4405 Nick Steel	Ealing Southall &...
808	01:02:35	4142 Giovanni Caroli	Cheltenham and Co...	858	01:03:20	5231 Max Davies	North Somerset AC
809	01:02:35	6030 Liam Struwe	Ware Joggers	859	01:03:23	4185 Benjamin Tasker	City Of Portsmouth...
810	01:02:35	6134 Giles Sowerby	Witham RC	860	01:03:23	5276 Terence Oroureke	Nuneaton Harriers
811	01:02:36	5153 Daniele Biagi	Mornington Chasers	861	01:03:23	4768 Guy Green	Hillingdon AC
812	01:02:36	4810 Charlie Beckley	Horsham Blue Star...	862	01:03:28	5682 Chris Birkett	St Helens Sutton AC
813	01:02:36	4615 Oliver Fyfe	Haywards Heath Ha...	863	01:03:28	4152 Michael Kwoka	Chichester Runner...
814	01:02:37	4392 John Foxall	Ealing Eagles Run...	864	01:03:31	4538 Ethan Kendall	Guildford & Godal...
815	01:02:38	4514 William Broc...	Gateshead Harrier...	865	01:03:31	4539 Lee Lintern	Guildford & Godal...
816	01:02:38	3998 Peter Williams	Bournville Harriers	866	01:03:31	4801 Archie Hall	Holmfirth Harrier...
817	01:02:38	5355 Marc Ellis	Quakers Running Club	867	01:03:32	4532 Ian Davies	Guildford & Godal...
818	01:02:39	4340 Chris Reeh	Dorking & Mole Va...	868	01:03:32	4999 Lee Midghall	Liverpool Harrier...
819	01:02:40	5193 Steve Barnes	Newbury Ac	869	01:03:33	4983 John Bell	Leven Valley AC
820	01:02:41	5046 Nicholas Hod...	London Heathside	870	01:03:34	5019 James Grigg	London Fronrunners
821	01:02:42	4416 Scott Mcmillan	East London Runners	871	01:03:34	4605 Simon Sly	Harrow AC
822	01:02:44	4603 Henry Johnson	Harrow AC	872	01:03:35	3797 Joshua Langham	Aldershot Farnham...
823	01:02:44	5750 Isaac Mcadam	Swindon Harriers	873	01:03:36	5372 Thomas Mann	Queen's Park Harr...
824	01:02:45	5313 Connor Gates	Petts Wood Runners	874	01:03:37	3869 Steven Herring	Bedford & County AC
825	01:02:45	5665 Richard Davis	St Albans Striders	875	01:03:38	6183 Rory Henderson	York Knavesmire H...
826	01:02:46	5075 Mark Stileman	Lordshill Road Ru...	876	01:03:42	4448 Damien Hersey	Epsom & Ewell Har...
827	01:02:46	5028 Justin Badger	London Heathside	877	01:03:44	5378 James Welch	Queen's Park Harr...
828	01:02:47	4794 Andrew Soley	Holme Pierrepont RC	878	01:03:44	4279 James Wright	Coventry Godiva H...
829	01:02:47	4357 Eugene Cross	Dulwich Runners AC	879	01:03:46	3937 Greg Hull	Bingley Harriers ...
830	01:02:49	5084 Jon Whitehouse	Loughton AC	880	01:03:47	3950 Adrian Bailes	Birtley AC
831	01:02:49	4742 Joseph Lowe	Highgate Harriers	881	01:03:49	4676 James Daly	Herne Hill Harriers
832	01:02:50	4818 Marcus Taylor	Horwich R M I Har...	882	01:03:49	5783 Jamie Bell	Thames Hare & Hounds
833	01:02:51	6110 Oliver Rawles	Wimborne AC	883	01:03:51	6027 Mark Ford	Ware Joggers
834	01:02:51	6127 William Ferg...	Wirral AC	884	01:03:51	4138 Thomas Murphy	Chelmsford AC
835	01:02:54	4534 Ben Gilmore	Guildford & Godal...	885	01:03:53	4986 Rob Cleaver	Levenshulme Runners
836	01:02:56	4636 Lee Daglish	Heaton Harriers &...	886	01:03:53	5955 Tom Moreton	Tring RC
837	01:02:59	5472 Alex Swarbrick	Saint Edmund Pacers	887	01:03:56	5103 Roger Thomas	Manchester Triath...
838	01:03:00	5968 James Sarre	Tunbridge Wells H...	888	01:03:56	5040 Peter Gould	London Heathside
839	01:03:00	6055 Tom Raven	West 4 Harriers	889	01:03:57	6073 Jack Derrick	Westbury Harriers
840	01:03:02	3922 Simon Wells	Bexley AC	890	01:04:00	4521 James Walters	Gloucester AC
841	01:03:02	3848 Geoffrey Bee...	Barrow Runners	891	01:04:05	4841 Darren Scrivens	Invicta East Kent AC
842	01:03:02	4277 Michael Todd	Coventry Godiva H...	892	01:04:07	5053 Samuel Lloyd	London Heathside
843	01:03:04	4426 Jonathan Rew...	Elswick Harriers	893	01:04:07	5252 Sam Godwin	Notts AC
844	01:03:04	4806 James Washin...	Holmfirth Harrier...	894	01:04:07	5009 Dan Orford	London City Runners
845	01:03:05	4212 Sam Cathro	Clapham Chasers	895	01:04:08	4044 Alexander Mc...	Bristol and West AC
846	01:03:05	5061 Martin Potter	London Heathside	896	01:04:08	4380 Gower Tan	Dulwich Runners AC
847	01:03:10	5248 Emanuele Cam...	Notts AC	897	01:04:10	5964 Alex Holmes	Tunbridge Wells H...
848	01:03:10	4889 Ed Matthews	Kent AC	898	01:04:12	4345 Nathaniel Lewis	Dulwich Park Runners
849	01:03:11	4069 Andrew Carrick	Cambridge & Coler...	899	01:04:12	4815 Adrian Bramham	Horwich R M I Har...
850	01:03:12	5134 Alun Rodgers	Medway and Maidst...	900	01:04:13	4312 Connor Burford	Dartford Harriers AC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
901	01:04:13	5456 Paul Haynes	Royston Runners
902	01:04:14	4582 Carl Hall	Hardley Runners
903	01:04:14	5915 Joel Paisley	Totley AC
904	01:04:16	3957 Gregory Firth	Blackheath & Brom...
905	01:04:16	3784 Richard Gould	Alcester Running...
906	01:04:18	5150 John Armstrong	Mornington Chasers
907	01:04:18	5449 Richard Harris	Rotherham Harrier...
908	01:04:19	5018 Thomas mario...	London Fronrunners
909	01:04:20	4410 Tom McMahon	East Cheshire Har...
910	01:04:21	4600 Chris Finill	Harrow AC
911	01:04:22	4199 Tom Walsh	City of Southend ...
912	01:04:23	5602 Peter Crotty	South London Harr...
913	01:04:24	4348 Nigel Bassam	Dulwich Runners AC
914	01:04:24	4151 Jim Garland	Chichester Runner...
915	01:04:25	3902 James Milner	Belgrave Harriers
916	01:04:26	6080 Robert Poole	Westbury Harriers
917	01:04:27	4321 Andrew Green	Dartford Road Run...
918	01:04:28	4230 Matthew Rodaway	Clapham Chasers
919	01:04:31	3774 Edward Francis	26.2 Road Runners...
920	01:04:32	4679 Craig Duncan	Herne Hill Harriers
921	01:04:33	4836 Charlie Kay	Ilkley Harriers AC
922	01:04:33	4758 Oliver Stenning	Highgate Harriers
923	01:04:35	4464 Russell Jones	Eton Manor AC
924	01:04:38	5540 Ewan Maynard	Serpentine Runnin...
925	01:04:38	4327 Jake Hindmarch	Derby Athletic Club
926	01:04:38	5346 David Penwarden	Poole Runners
927	01:04:40	3898 Adam Justice	Belgrave Harriers
928	01:04:41	4104 David Reader	Cambridge Harriers
929	01:04:42	6043 Steve Davies	Watford Joggers
930	01:04:45	5663 Tom Compton	St Albans Striders
931	01:04:45	5523 Sam Harrison	Saltwell Harriers
932	01:04:47	4648 Austin Hall	Hercules Wimbledo...
933	01:04:48	6040 Toby Bassett	Watford Joggers
934	01:04:48	5728 William Feline	Stubbington Green...
935	01:04:50	4022 James Risdale	Brighton Phoenix
936	01:04:50	5953 Kevin Berg	Tring RC
937	01:04:51	4137 Lee Martin	Chelmsford AC
938	01:04:51	4221 Richard Kehoe	Clapham Chasers
939	01:04:51	4981 Warren Rose	Leighton Buzzard ...
940	01:04:52	6062 Oli Moore	West Bromwich Har...
941	01:04:53	5657 Nigel Aston	St Albans Striders
942	01:04:54	4409 James Hartsh...	East Cheshire Har...
943	01:04:55	5983 Joseph Green	Tynedale Harriers...
944	01:04:56	5336 Marc Ujvari	Poole AC
945	01:04:56	5430 Paul Newton	Redhill Road Runners
946	01:04:56	5131 Owen Feather...	Medway and Maidst...
947	01:04:56	5529 Michele Bottone	Serpentine Runnin...
948	01:04:57	4995 Nick Keen	Lingfield RC
949	01:04:57	5982 Andy Green	Tynedale Harriers...
950	01:04:58	5804 Will Scott	Thames Hare & Hounds

Pos	Time	Bib Name	Club
951	01:04:59	4683 Muhamud Haile	Herne Hill Harriers
952	01:05:00	6001 Richard Bryant	Victoria Park Har...
953	01:05:00	5593 Phillip Derry	Skelmersdale Boun...
954	01:05:03	3856 Harry Richar...	Basingstoke & Mid...
955	01:05:04	5238 Damien Dear	Northbrook Athlet...
956	01:05:06	5381 Edward Forbes	Ranelagh Harriers
957	01:05:07	4359 Shane Donlon	Dulwich Runners AC
958	01:05:08	5849 Robert Doyle	Thurrock Harriers
959	01:05:08	4767 Antonio Grant	Hillingdon AC
960	01:05:08	5499 Tom Stephenson	Sale Harriers Man...
961	01:05:10	5467 Oliver Stone	Rugeley Runners
962	01:05:10	5422 Chris Moseley	Reading Roadrunners
963	01:05:11	5595 Scott Stokes	Sneyd Striders
964	01:05:12	4962 Chris Mcclay	Leigh on Sea Stri...
965	01:05:12	5393 Ed Smith	Ranelagh Harriers
966	01:05:14	6152 Bertie Powell	Woodford Green AC...
967	01:05:15	5788 Macgregor Cox	Thames Hare & Hounds
968	01:05:16	4161 Tom Robinson	Chiltern Harriers AC
969	01:05:17	5500 James Walsh	Sale Harriers Man...
970	01:05:19	4851 Richard Carter	Jesmond Joggers
971	01:05:20	4391 Paul Duffy	Ealing Eagles Run...
972	01:05:20	5601 Ben Brant	South London Harr...
973	01:05:21	5015 Leon Clement	London Fronrunners
974	01:05:21	6169 James Hayward	Wycombe Phoenix H...
975	01:05:22	5264 George Tipping	Notts AC
976	01:05:22	4271 Anthony Mitr...	Coventry Godiva H...
977	01:05:23	3824 Dan Harmer	Arena 80 AC
978	01:05:24	4581 Jappas Du preez	Hardley Runners
979	01:05:25	4917 Kevin Doyle	Kimberworth Striders
980	01:05:25	4283 Jason Shackel	Crawley Ac
981	01:05:26	4707 Chris Beecham	Highgate Harriers
982	01:05:27	4500 Dylan Williams	Fulham Running Club
983	01:05:28	6053 William Meakin	West 4 Harriers
984	01:05:28	5056 Joseph Mckeown	London Heathside
985	01:05:28	6179 Daniel Holland	Yaxley Runners & ...
986	01:05:29	5872 Nicholas Arnott	Tonbridge Ac
987	01:05:29	4435 Aj Ellwood	Ely Runners
988	01:05:30	5799 Ashley Middl...	Thames Hare & Hounds
989	01:05:31	5546 Tim Powell	Serpentine Runnin...
990	01:05:32	3814 Ian Blann	Altrincham & Dist...
991	01:05:34	5824 Christian Ni...	Thames Valley Har...
992	01:05:34	3770 Joseph Brewer	26.2 Road Runners...
993	01:05:36	6167 Ethan Collins	Wycombe Phoenix H...
994	01:05:36	5737 Thomas Keenan	Sutton & District Ac
995	01:05:36	4286 Paul Luttmann	Crawley Saints & ...
996	01:05:37	6176 Dominic Walker	Wycombe Phoenix H...
997	01:05:37	4354 Mark Callaghan	Dulwich Runners AC
998	01:05:37	5100 George Steele	Manchester Harrie...
999	01:05:39	5773 Chris Maxwell	Team Bath Athleti...
1000	01:05:40	4000 Callum Broad...	Bracknell AC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
1001	01:05:41	4834 Sebastian Pa...	Ilford AC
1002	01:05:43	3819 Arthur Raffle	Altrincham & Dist...
1003	01:05:43	3810 Robert Wakef...	Aldershot Farnham...
1004	01:05:45	5425 Tony Page	Reading Roadrunners
1005	01:05:47	5110 James Down	Marshall Milton K...
1006	01:05:49	5978 David Moir	Tyne Bridge Harriers
1007	01:05:51	5358 Francois Alba	Queen's Park Harr...
1008	01:05:52	3941 Mark Ince	Birmingham Runnin...
1009	01:05:53	5956 Christian Olley	Tring RC
1010	01:05:57	6025 Alexander Ch...	Ware Joggers
1011	01:05:57	3938 David Norris	Bingley Harriers ...
1012	01:05:59	6126 Richard Bargh	Wirral AC
1013	01:06:00	4915 Kevin Johnson	Kimberley & Distr...
1014	01:06:00	6114 Robert Carter	Winchester Runnin...
1015	01:06:01	4406 Jonathan Aust	East Cheshire Har...
1016	01:06:03	6095 Adam Mckenna	Wigan & District ...
1017	01:06:06	5463 Joe Musgrove	Rugby & Northampt...
1018	01:06:06	5893 Jack Keywood	Tonbridge Ac
1019	01:06:06	4797 Samuel Willi...	Holme Pierrepont RC
1020	01:06:07	4718 Alex Davidson	Highgate Harriers
1021	01:06:08	4662 Kyle Spelman	Hercules Wimbledo...
1022	01:06:10	5790 Anthony Dool...	Thames Hare & Hounds
1023	01:06:11	5557 Mark Cottle	Shaftesbury Barne...
1024	01:06:11	5212 Scott Zikmanis	Newcastle Staffs AC
1025	01:06:12	5007 Christopher ...	London City Runners
1026	01:06:15	6042 William Brot...	Watford Joggers
1027	01:06:15	4483 Trevor Devooght	Folkestone Runnin...
1028	01:06:16	4158 Ben Hannen	Chiltern Harriers AC
1029	01:06:19	4559 Lee Cattermole	Halifax Harriers ...
1030	01:06:20	4922 David Wilby	Kingston AC And P...
1031	01:06:20	5919 Joseph Bentall	Trafford Athletic...
1032	01:06:21	6094 Mike Harris	Wigan & District ...
1033	01:06:22	4275 Iain Souttar	Coventry Godiva H...
1034	01:06:23	4297 Joshua Haasz	Croydon Harriers
1035	01:06:24	4459 Laurence Cox	Eton Manor AC
1036	01:06:24	4400 Joseph Williams	Ealing Eagles Run...
1037	01:06:26	5707 Steve Coldicott	Stourbridge RC
1038	01:06:27	4413 Neil Bianchi	East London Runners
1039	01:06:27	5721 Andy Perks	Striders Of Croydon
1040	01:06:30	6159 Paul Parry	Worksop Harriers
1041	01:06:30	4465 Jonathan Leith	Eton Manor AC
1042	01:06:30	5396 Olaf Wasternack	Ranelagh Harriers
1043	01:06:31	5733 Mike White	Stubbington Green...
1044	01:06:31	4632 Richard Skil...	Headington RR
1045	01:06:34	5014 Tim Charters	London Fronrunners
1046	01:06:34	4293 Jacob Armstr...	Croydon Harriers
1047	01:06:35	4501 Joe Ansbro	Garden City Runners
1048	01:06:41	5364 Ruben Carvajal	Queen's Park Harr...
1049	01:06:42	4325 Robert White	Dartford Road Run...
1050	01:06:43	5004 Andrew Chung	London City Runners

Pos	Time	Bib Name	Club
1051	01:06:44	3827 Tristan Sharp	Arena 80 AC
1052	01:06:44	4954 Joel Denton	Leigh Harriers & AC
1053	01:06:44	4647 Andrew Davies	Hercules Wimbledo...
1054	01:06:45	5312 Oliver Mason	Peterborough & Ne...
1055	01:06:46	5057 Adam Mitchell	London Heathside
1056	01:06:47	5722 Liam Redmond	Striders Of Croydon
1057	01:06:47	4891 Stephen Mcgrory	Kent AC
1058	01:06:47	5637 Andrew Veevers	Southport Waterlo...
1059	01:06:48	4265 Chris Hurst	Coventry Godiva H...
1060	01:06:49	5932 David Kunzman	Trent Park Runnin...
1061	01:06:49	4554 Roger Mallard	Halesowen ACC
1062	01:06:51	3773 Paul Donohoe	26.2 Road Runners...
1063	01:06:53	5530 Angus Brown	Serpentine Runnin...
1064	01:06:57	5183 Graeme Downs	New Marske Harrie...
1065	01:07:00	4992 Lee Smith	Lincoln Wellinto...
1066	01:07:04	3769 Brodie Asker	26.2 Road Runners...
1067	01:07:06	5889 Fraser Gordon	Tonbridge Ac
1068	01:07:07	5043 Chris Hartley	London Heathside
1069	01:07:07	4831 Daniel Holeyman	Ilford AC
1070	01:07:07	5971 Cyril Bourgenot	Tyne Bridge Harriers
1071	01:07:08	5673 Alex Johnston	St Albans Striders
1072	01:07:09	3778 Tom Sellen	26.2 Road Runners...
1073	01:07:10	4315 Henry Taylor...	Dartford Harriers AC
1074	01:07:10	4968 Ian Toal	Leigh on Sea Stri...
1075	01:07:10	4182 Russell Lyne	City Of Portsmouth...
1076	01:07:11	4388 Harry Claxton	Ealing Eagles Run...
1077	01:07:12	4364 Jonny Hough	Dulwich Runners AC
1078	01:07:12	4611 Jason Crispin	Havering AC
1079	01:07:13	5116 Stephen Ratc...	Marshall Milton K...
1080	01:07:15	6175 Alex Tilbury	Wycombe Phoenix H...
1081	01:07:16	5994 Zejun Yao	Valley Striders AC
1082	01:07:17	4030 Daniel Carne	Bristol and West AC
1083	01:07:17	4759 Daniel Tombor	Highgate Harriers
1084	01:07:19	4239 Scott Cunliffe	Clayton-le-Moors ...
1085	01:07:20	4609 Gary Atkins	Havering AC
1086	01:07:24	6022 Mark Snowball	Wallsend Harriers...
1087	01:07:24	4249 Jacob Akers	Corby AC
1088	01:07:28	5077 Thomas Abbott	Loughton AC
1089	01:07:29	5047 Philip Hogg	London Heathside
1090	01:07:29	4484 Krzysztof Kl...	Folkestone Runnin...
1091	01:07:31	3832 Dave Vinton	Ashford & Distric...
1092	01:07:31	5903 Mark Pitcair...	Tonbridge Ac
1093	01:07:31	5960 Robin Barwick	Tunbridge Wells H...
1094	01:07:32	4424 Joe Horner	Elswick Harriers
1095	01:07:33	5766 David Coales	Team Bath Athleti...
1096	01:07:33	3930 Anthony Moore	Billericay Striders
1097	01:07:33	3918 Andrew Barnshaw	Bexley AC
1098	01:07:34	5487 Steven Gavin	Sale Harriers Man...
1099	01:07:34	5427 Robert Kirkwood	Redhill Road Runners
1100	01:07:36	5283 Alex Elferink	Orion Harriers

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
1101	01:07:38	5675 Joe McCormick	St Albans Striders
1102	01:07:39	4147 Wesley Adams	Chichester Runner...
1103	01:07:39	4637 John Sturman	Heaton Harriers &...
1104	01:07:40	5060 Joel Northcott	London Heathside
1105	01:07:41	5652 Paul Broome	Springfield Strid...
1106	01:07:41	3934 Nick Chapman	Bingley Harriers ...
1107	01:07:42	3846 Boon Wu	Barnet & District AC
1108	01:07:43	5399 Joe Hayes	Reading AC
1109	01:07:45	4303 Harry Speedy	Croydon Harriers
1110	01:07:45	4918 Colin Earl	Kimberworth Striders
1111	01:07:45	4427 John Rippon	Elswick Harriers
1112	01:07:46	5740 John - ionut...	Sutton Runners
1113	01:07:47	4489 Denny Giuggi...	Fulham Running Club
1114	01:07:47	5708 Robert Colman	Stourbridge RC
1115	01:07:47	4540 Peter Marshall	Guildford & Godal...
1116	01:07:48	5288 Philip Harrison	Orion Harriers
1117	01:07:49	3964 Martin Parki...	Blackheath & Brom...
1118	01:07:50	4446 Christian Gl...	Epsom & Ewell Har...
1119	01:07:50	4256 Jason Brothe...	Coventry Godiva H...
1120	01:07:52	3999 Josh Bough	Bournville Harriers
1121	01:07:52	5957 Matthew Reeves	Tring RC
1122	01:07:54	5948 Arnaud Delaeter	Tri London
1123	01:07:57	5634 Ben Harman	Southampton Unive...
1124	01:07:57	6041 Pawel Bogacki	Watford Joggers
1125	01:07:57	5578 Jonny Shaw	Shaftesbury Barne...
1126	01:08:00	4084 Paul Veitch	Cambridge & Coler...
1127	01:08:01	4339 Stuart Prentice	Dorking & Mole Va...
1128	01:08:03	3967 James Webber	Blackheath & Brom...
1129	01:08:04	6164 Martin Petry	Worthing & Distri...
1130	01:08:05	5904 Richard Preston	Tonbridge Ac
1131	01:08:10	5037 Alfonso Este...	London Heathside
1132	01:08:10	4233 Rory Smith	Clapham Chasers
1133	01:08:12	4839 Chris Hill	Invicta East Kent AC
1134	01:08:13	3933 Barry Weldon	Billericay Striders
1135	01:08:17	4979 Greg Pearce	Leighton Buzzard ...
1136	01:08:17	3772 Chris Cleaver	26.2 Road Runners...
1137	01:08:19	3996 Jonathan Sta...	Bournville Harriers
1138	01:08:20	5274 Matiss Murphy	Nuneaton Harriers
1139	01:08:21	3829 Iain Dickson	Ashford & Distric...
1140	01:08:22	4764 Petar Zigic	Highgate Harriers
1141	01:08:24	5958 Nicholas Sta...	Tring RC
1142	01:08:24	5020 Alex Hellier	London Fronrunners
1143	01:08:27	4213 Jake Collinson	Clapham Chasers
1144	01:08:27	5875 Tobin Bird	Tonbridge Ac
1145	01:08:28	5771 Tim Hill	Team Bath Athleti...
1146	01:08:30	5739 Thomas Flannery	Sutton Runners
1147	01:08:31	6086 Ben Wood	Westbury Harriers
1148	01:08:31	4064 Ian Warrington	Bury Athletic Club
1149	01:08:32	5284 Zoltan Fodor	Orion Harriers
1150	01:08:33	4431 Simon Engelhart	Elvet Striders

Pos	Time	Bib Name	Club
1151	01:08:35	4428 Michael Russell	Elswick Harriers
1152	01:08:36	5130 Adam Feather...	Medway and Maidst...
1153	01:08:37	4287 Ben Etherington	Crook & Dist Spor...
1154	01:08:38	4905 Len Reilly	Kent AC
1155	01:08:38	5395 Michael lind...	Ranelagh Harriers
1156	01:08:39	4236 Christopher ...	Clapham Chasers
1157	01:08:39	4808 Steve Mcgeown	Hook Runners
1158	01:08:39	5008 Daniel Hutt	London City Runners
1159	01:08:40	6065 Richard Hayes	West Cheshire Ath...
1160	01:08:40	5951 Matthew Ball	Tring RC
1161	01:08:42	4717 Des Crinion	Highgate Harriers
1162	01:08:43	5834 Shengjun Yu	Thames Valley Har...
1163	01:08:48	3951 Philip Bunn	Blackheath & Brom...
1164	01:08:52	4598 Daniel Draper	Harrow AC
1165	01:08:52	5065 Rob Shulman	London Heathside
1166	01:08:57	5163 Paul Simons	Mornington Chasers
1167	01:08:58	5102 Tim Johns	Manchester Triath...
1168	01:08:59	5543 Chris Notton	Serpentine Runnin...
1169	01:09:01	4733 Prasoon Jaiswal	Highgate Harriers
1170	01:09:01	5357 Andrew Vernon	Quakers Running Club
1171	01:09:02	6029 Jamie Higgs	Ware Joggers
1172	01:09:02	5603 Gavin Englef...	South London Harr...
1173	01:09:03	5952 Simon Barnett	Tring RC
1174	01:09:04	5426 Mike Worsfold	Reading Roadrunners
1175	01:09:06	4916 Ryan Stocks	Kimberley & Distr...
1176	01:09:06	5294 John Sable	Orion Harriers
1177	01:09:14	5044 Liam Hazelton	London Heathside
1178	01:09:17	4544 Gerard Swinley	Guildford & Godal...
1179	01:09:18	5524 Simon Long	Saltwell Harriers
1180	01:09:19	5195 Dan Green	Newbury Ac
1181	01:09:19	5696 Timothy Erskine	Steel City Stride...
1182	01:09:24	4336 Richard Jones	Dorking & Mole Va...
1183	01:09:24	4425 David Jones	Elswick Harriers
1184	01:09:26	4793 Nick Pidgeon	Holme Pierrepont RC
1185	01:09:27	6117 Andy Parkinson	Winchester Runnin...
1186	01:09:27	4374 Ross Rook	Dulwich Runners AC
1187	01:09:28	4324 Barrie Seal	Dartford Road Run...
1188	01:09:30	5867 Peter Banks	Tiptree Road Runners
1189	01:09:30	5353 David Lea	Preston Harriers
1190	01:09:32	4237 Jonathan Wynne	Clapham Chasers
1191	01:09:32	4395 Nils-kristia...	Ealing Eagles Run...
1192	01:09:32	4573 Chris Burrell	Harborough AC
1193	01:09:36	6130 Lee Mckeown	Wirral AC
1194	01:09:39	5066 Glen Taylor	London Heathside
1195	01:09:39	5612 Matt Crocker	Southampton Athle...
1196	01:09:42	5442 David Pearce	Roadhogs Leicest...
1197	01:09:42	5882 Matthew Dubery	Tonbridge Ac
1198	01:09:44	5608 Scott Mackenzie	South London Harr...
1199	01:09:45	4109 Peter St-amour	Cambridge Harriers
1200	01:09:49	4791 Matthew Grainge	Holme Pierrepont RC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
1201	01:09:52	5388 Neil Rae	Ranelagh Harriers	1251	01:11:35	5532 Ian Cook	Serpentine Runnin...
1202	01:09:55	5942 Ian Heath	Trentham RC	1252	01:11:36	5688 Justin Green	Stafford Harriers
1203	01:09:56	4966 Charlie Phil...	Leigh on Sea Stri...	1253	01:11:36	4849 George Balden	Jesmond Joggers
1204	01:09:58	5277 Andy Parkes	Nuneaton Harriers	1254	01:11:37	5278 Sam Allum	Orion Harriers
1205	01:10:05	3942 Simon King	Birmingham Runnin...	1255	01:11:37	5107 Paul terence...	Manx Harriers
1206	01:10:14	4282 Andrew Cox	Crawley Ac	1256	01:11:37	5776 Steve Weeks	Teignbridge Trotters
1207	01:10:14	5010 Aidan Poynter	London City Runners	1257	01:11:39	4936 Mick Hill	Leeds City Athlet...
1208	01:10:16	5950 Victor Sacra...	Tri London	1258	01:11:40	3822 Samuel Bennett	Arena 80 AC
1209	01:10:16	3989 Xenofon Gogo...	Bournville Harriers	1259	01:11:42	5142 Kevin Gard	Mid Essex Casuals
1210	01:10:18	3997 Aidan Wheeler	Bournville Harriers	1260	01:11:44	6057 Daniel Anderson	West Bromwich Har...
1211	01:10:21	5440 Andrew Simpson	Retford AC	1261	01:11:45	4331 David Clack	Dorking & Mole Va...
1212	01:10:22	5097 Ben O'brien	Manchester Harrie...	1262	01:11:47	6000 Mark Williamson	VeloRunner
1213	01:10:25	5913 Joseph Watts	Tonbridge Ac	1263	01:11:47	5152 Daniel Berry	Mornington Chasers
1214	01:10:29	5106 Jamie Hayes	Manx Harriers	1264	01:11:48	4439 Robert Pope	Ely Runners
1215	01:10:30	5736 David Lash	Sunderland Harrie...	1265	01:11:48	4299 Thomas Mcquade	Croydon Harriers
1216	01:10:31	5939 Paul Ward	Trent Park Runnin...	1266	01:11:49	4124 Anthony Durey	Central Park Athl...
1217	01:10:34	5585 Christopher ...	Sheffield RC	1267	01:11:51	4170 Thomas Barker	City Of Norwich AC
1218	01:10:35	6128 John Heap	Wirral AC	1268	01:11:52	6187 Hem Rana	York Knavesmire H...
1219	01:10:38	3844 Alex Shuker	Barnet & District AC	1269	01:11:53	4631 Douglas Simpson	Headington RR
1220	01:10:38	5235 Samuel Poore	North Somerset AC	1270	01:11:54	4280 Waising Yip	Coventry Godiva H...
1221	01:10:39	5881 Anthony Crush	Tonbridge Ac	1271	01:11:54	4746 Mark Opie	Highgate Harriers
1222	01:10:40	5371 Robert Lindblom	Queen's Park Harr...	1272	01:11:55	4602 Henry Jakszta	Harrow AC
1223	01:10:42	4546 Mark Tennyson	Guildford & Godal...	1273	01:11:55	4967 Niki Read	Leigh on Sea Stri...
1224	01:10:49	5474 Paul Barrett	Sale Harriers Man...	1274	01:11:56	5645 James Hannon	Sparkhill Harriers
1225	01:10:51	5828 Thomas Slater	Thames Valley Har...	1275	01:11:58	5649 Edward O'neill	Sparkhill Harriers
1226	01:10:51	4856 Carl Hanaghan	Kendal Amateur At...	1276	01:11:59	5685 Martin Johnson	St Helens Sutton AC
1227	01:10:51	4614 George Adams	Haywards Heath Ha...	1277	01:11:59	5072 Jamie Collyer	Lordshill Road Ru...
1228	01:10:54	4090 Steven Cummins	Cambridge Harriers	1278	01:12:00	4378 Ed Simmons	Dulwich Runners AC
1229	01:10:55	5945 Julian Waldron	Trentham RC	1279	01:12:00	6113 David Vossler	Winchester & Dist...
1230	01:10:55	5230 Alex Collins	North Somerset AC	1280	01:12:00	4457 Giles Bailey	Eton Manor AC
1231	01:10:56	4129 Paul MCGoldrick	Centurion RC	1281	01:12:02	5581 Matt Clarry	Sheffield RC
1232	01:11:00	4180 Richard Bailey	City Of Portsmouth...	1282	01:12:02	5520 Shane Wolste...	Salford Metropoli...
1233	01:11:02	5429 Simon Nash	Redhill Road Runners	1283	01:12:06	4429 Chris Smallwood	Elswick Harriers
1234	01:11:04	5820 Kevin Mcaleer	Thames Valley Har...	1284	01:12:06	4420 Simon Allen	Elswick Harriers
1235	01:11:07	5998 Allan Shaw	Vegan Runners UK	1285	01:12:08	5419 Brian May	Reading Roadrunners
1236	01:11:11	3843 Robert Scott	Barnet & District AC	1286	01:12:08	3833 Ian King	Ashford AC
1237	01:11:11	4061 Anthony Hall...	Bury Athletic Club	1287	01:12:09	5974 Andrew Chiu	Tyne Bridge Harriers
1238	01:11:13	4430 Paul Taylor	Elswick Harriers	1288	01:12:11	4444 Simon Evans	Epsom & Ewell Har...
1239	01:11:15	4505 Steve Ellerd...	Garden City Runners	1289	01:12:12	4451 Simon Pocock	Epsom & Ewell Har...
1240	01:11:17	4740 Adam Lennox	Highgate Harriers	1290	01:12:14	4924 Craig Bower	Leamington Cyclin...
1241	01:11:18	5886 Simon Fraser	Tonbridge Ac	1291	01:12:14	5661 Colin Braybrook	St Albans Striders
1242	01:11:21	5272 Matthew Kins...	Nuneaton Harriers	1292	01:12:15	4246 Antony Const...	Collingwood AC
1243	01:11:22	5390 Alex Ring	Ranelagh Harriers	1293	01:12:15	4785 Andrew Cornish	Holland Sports AC
1244	01:11:24	6122 Joseph Ioras	Windsor Slough Et...	1294	01:12:16	6020 Mark Poustie	Wallasey Athletic...
1245	01:11:30	5691 Malcolm Bagg...	Steel City Stride...	1295	01:12:16	4955 David Pollitt	Leigh Harriers & AC
1246	01:11:30	6177 Sean Wilson	Wycombe Phoenix H...	1296	01:12:16	4440 Simon Bean	Epsom & Ewell Har...
1247	01:11:32	4460 Owain Crispin	Eton Manor AC	1297	01:12:19	4267 Samuel Katanda	Coventry Godiva H...
1248	01:11:34	4376 Andrew Scott	Dulwich Runners AC	1298	01:12:19	4330 Philip Burnett	Dorking & Mole Va...
1249	01:11:34	3825 Jamie Hinks	Arena 80 AC	1299	01:12:19	4807 Mark Wilson	Holmfirth Harrier...
1250	01:11:35	5643 Keith Wilson	Spa Striders	1300	01:12:23	4402 Robert Brown	Ealing Southall &...

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
1301	01:12:23	4895 Andrew Moore	Kent AC	1351	01:13:38	4389 James Cooper	Ealing Eagles Run...
1302	01:12:26	4337 Robert Mccaf...	Dorking & Mole Va...	1352	01:13:39	4549 Andrew Carru...	Halesowen ACC
1303	01:12:26	4667 Simon Woodley	Hercules Wimbledo...	1353	01:13:43	3971 John Wright	Blackpool Wyre & ...
1304	01:12:27	5517 Lee Marks	Salford Metropoli...	1354	01:13:51	4860 Stewart Unde...	Kenilworth Runners
1305	01:12:27	4508 Lee Mansfield	Garden City Runners	1355	01:13:52	5366 Luc Dinh	Queen's Park Harr...
1306	01:12:29	4960 Bruce Gander	Leigh on Sea Stri...	1356	01:13:53	4150 Stephen Davy	Chichester Runner...
1307	01:12:31	4372 Eberhard Prill	Dulwich Runners AC	1357	01:13:55	5973 Graeme Carr	Tyne Bridge Harriers
1308	01:12:33	4127 Lee Caves	Centurion RC	1358	01:13:55	4985 Tom Boyesen-...	Levenshulme Runners
1309	01:12:34	4592 Muiris O'con...	Harpenden Arrows	1359	01:13:56	6018 Tony Barbat	Wallasey Athletic...
1310	01:12:35	5300 Brian Green	Oxford City AC	1360	01:13:58	4096 David Hunter	Cambridge Harriers
1311	01:12:36	3775 Gerard Hasson	26.2 Road Runners...	1361	01:14:00	4597 Daniel Clarke	Harrow AC
1312	01:12:36	5516 Richard Knight	Salford Metropoli...	1362	01:14:01	4898 Matthew Moroney	Kent AC
1313	01:12:36	4557 Bill Nock	Halesowen ACC	1363	01:14:02	4243 Paul Mee	Colchester & Tend...
1314	01:12:39	4798 Christopher ...	Holmfirth Harrier...	1364	01:14:05	4469 Robert Somme...	Eton Manor AC
1315	01:12:39	3972 Simon Clough	Blyth Running Club	1365	01:14:07	5535 Matthew Hearne	Serpentine Runnin...
1316	01:12:40	5270 Chris Hamer-...	Nuneaton Harriers	1366	01:14:08	4830 Steve Chissell	Ilford AC
1317	01:12:42	4333 Ceri Davies	Dorking & Mole Va...	1367	01:14:10	5845 Gareth Pritc...	The Stragglers Ru...
1318	01:12:45	5703 Neil Schofield	Steel City Stride...	1368	01:14:14	5980 John Tollitt	Tyne Bridge Harriers
1319	01:12:51	4635 Adrian Smith	Heanor Running Club	1369	01:14:17	3974 John Younger	Blyth Running Club
1320	01:12:56	4349 Mike Beadle	Dulwich Runners AC	1370	01:14:17	4120 Richard Bonham	Castle Point Joggers
1321	01:12:58	3800 Harry Morgan	Aldershot Farnham...	1371	01:14:17	5669 Paddy Green	St Albans Striders
1322	01:12:58	5567 David Greens...	Shaftesbury Barne...	1372	01:14:17	4594 Nick Andrews	Harrow AC
1323	01:13:02	5093 Andrew Almond	Manchester Harrie...	1373	01:14:21	5225 Richard Daniels	Newquay & Par AC
1324	01:13:04	6109 Mike Jurd	Wimborne AC	1374	01:14:23	5338 Simon Wildbur	Poole AC
1325	01:13:05	5709 Mark Dewhirst	Stourbridge RC	1375	01:14:28	3884 James Thomas	Beeston AC
1326	01:13:09	4548 Marc Woodall	Guildford & Godal...	1376	01:14:30	5453 Nick Lyon	Rothwell Harriers...
1327	01:13:10	4290 Andrew Hodgson	Crook & Dist Spor...	1377	01:14:34	4779 Alan Tilly	Hillingdon AC
1328	01:13:10	5316 Michael Cook	Pitsea RC	1378	01:14:37	5022 Lucy Meringolo	London Fronrunners
1329	01:13:12	5590 Duncan Cowie	Sinfin Running Club	1379	01:14:39	5869 Mark Lawes	Tiptree Road Runners
1330	01:13:13	5944 Chris Mosiuk	Trentham RC	1380	01:14:41	6162 Lee Gulliver	Worthing & Distri...
1331	01:13:15	5854 Scott Rice	Thurrock Harriers	1381	01:14:48	4449 Guy Laister	Epsom & Ewell Har...
1332	01:13:16	5610 Thomas Speed	South London Harr...	1382	01:14:49	4812 Rocky Betts	Horsham Blue Star...
1333	01:13:19	4486 Nicholas Bell	Fulham Running Club	1383	01:14:51	4523 James Hawkes	Grange Farm & Dun...
1334	01:13:19	5805 Iain Sheridan	Thames Hare & Hounds	1384	01:14:56	6066 Andrew Manson	West Cheshire Ath...
1335	01:13:20	5108 Christopher ...	Marple Runners	1385	01:14:59	5203 David Wright	Newbury Ac
1336	01:13:23	4509 John Mcdowall	Garden City Runners	1386	01:15:03	4982 Matt Styrka	Leighton Buzzard ...
1337	01:13:24	5551 Philip White...	Serpentine Runnin...	1387	01:15:04	4774 Jeff Shotton	Hillingdon AC
1338	01:13:24	5154 Stephen Camp...	Mornington Chasers	1388	01:15:05	4629 Brammert Ottens	Headington RR
1339	01:13:25	4790 Jonathan Cross	Holme Pierrepont RC	1389	01:15:06	4861 Steven Wasley	Kenilworth Runners
1340	01:13:26	5705 Ian Stinson	Steel City Stride...	1390	01:15:08	6071 Alastair Bla...	Westbury Harriers
1341	01:13:27	5518 Mike Race	Salford Metropoli...	1391	01:15:10	5178 Rod Harnett	New Forest Runners
1342	01:13:28	3771 Joe Chang	26.2 Road Runners...	1392	01:15:11	5082 Steve Palmer	Loughton AC
1343	01:13:28	5401 Felix Kong	Reading AC	1393	01:15:12	4650 Craig Howard	Hercules Wimbledo...
1344	01:13:29	4188 Franklyn Young	City Of Salisbury...	1394	01:15:12	4512 Dom Thomas	Garden City Runners
1345	01:13:29	5727 Matt Emery	Stubbington Green...	1395	01:15:14	6131 Leo Cole	Witham RC
1346	01:13:32	5026 Joe Yang	London Fronrunners	1396	01:15:15	4820 Michael Wilk...	Horwich R M I Har...
1347	01:13:32	5068 James Grierson	Lonely Goat RC	1397	01:15:16	4990 Raymond Clayton	Lincoln Wellinto...
1348	01:13:33	5718 J Gallagher	Striders Of Croydon	1398	01:15:20	4436 Richard Hill	Ely Runners
1349	01:13:35	5239 Tommy Dempsey	Northbrook Athlet...	1399	01:15:21	6099 Simon Adams	Wimbledon Windmilers
1350	01:13:36	5292 James Quartly	Orion Harriers	1400	01:15:24	4206 Michael Raynes	City of York AC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
1401	01:15:25	5726 Christopher ...	Stubbington Green...	1451	01:16:31	5837 Richard Bowes	The Stragglers Ru...
1402	01:15:27	4852 David Gaskin	Jesmond Joggers	1452	01:16:32	4422 Peter Dawson	Elswick Harriers
1403	01:15:28	6158 Christopher ...	Worksop Harriers	1453	01:16:32	4590 Lyndon Hearn	Harpenden Arrows
1404	01:15:28	5810 Manuel Da silva	Thames Valley Har...	1454	01:16:35	5143 Benjamin Leeds	Mid Essex Casuals
1405	01:15:30	5795 George Holroyd	Thames Hare & Hounds	1455	01:16:37	4411 Jacob Taylor	East Cheshire Har...
1406	01:15:31	4913 Simon Neville	Keswick AC	1456	01:16:37	5011 Plabon Saha	London City Runners
1407	01:15:31	5670 Adam Herron	St Albans Striders	1457	01:16:41	4423 Ben Hall	Elswick Harriers
1408	01:15:33	5825 Simon Nixon	Thames Valley Har...	1458	01:16:41	4452 Robert Pritc...	Epsom & Ewell Har...
1409	01:15:35	5080 Thomas Meredith	Loughton AC	1459	01:16:42	5156 Andy Davies	Mornington Chasers
1410	01:15:35	4586 Phil Rudd	Hardley Runners	1460	01:16:42	4587 Andrew Vaughan	Hardley Runners
1411	01:15:37	4332 Andrew Cosmatos	Dorking & Mole Va...	1461	01:16:43	4258 Lee Connelly	Coventry Godiva H...
1412	01:15:39	5712 Robert Woodward	Stourbridge RC	1462	01:16:44	4848 Conal Tufnell	Jarrow & Hebburn AC
1413	01:15:39	4829 Bradley Brown	Ilford AC	1463	01:16:45	6019 Phil Cuthbert	Wallasey Athletic...
1414	01:15:40	5098 Neil Ryan	Manchester Harrie...	1464	01:16:47	6093 David Collins	Wigan & District ...
1415	01:15:41	3817 Mark Newton	Altrincham & Dist...	1465	01:16:49	5692 Ben Baxendale	Steel City Stride...
1416	01:15:43	5701 Jim Rangeley	Steel City Stride...	1466	01:16:52	4281 Martin Airey	Crawley Ac
1417	01:15:43	5024 Sameer Pal	London Fronrunners	1467	01:16:54	5600 Nigel Hughes	South Kent Harriers
1418	01:15:44	4025 Matthew Brown	Bristol and West AC	1468	01:16:57	4705 Chris Bailey	Highgate Harriers
1419	01:15:44	4114 Jonathan Dur...	Cambridge Triathl...	1469	01:16:59	4824 David Wallace	Houghton Harriers...
1420	01:15:46	4320 Rob Farrier	Dartford Road Run...	1470	01:17:04	4914 Dominic Devlin	Kimberley & Distr...
1421	01:15:48	5352 Paul Jeffries	Preston Harriers	1471	01:17:05	5096 Glen Gandy	Manchester Harrie...
1422	01:15:50	5755 Dale Langley	Tamworth AC	1472	01:17:08	4155 Rob Stapely	Chichester Runner...
1423	01:15:54	4143 Matthew Evans	Cheltenham and Co...	1473	01:17:08	5122 David Lee	Massey Ferguson RC
1424	01:15:54	5391 James Ritchie	Ranelagh Harriers	1474	01:17:10	5457 Brian Jones	Royston Runners
1425	01:15:54	3841 Chun wing Ng	Barnet & District AC	1475	01:17:11	6100 Andy Allan	Wimbledon Windmilers
1426	01:15:55	4595 Graham Barlow	Harrow AC	1476	01:17:14	5428 Peter McNally	Redhill Road Runners
1427	01:15:56	6075 Richard Finch	Westbury Harriers	1477	01:17:15	5198 Philip Marshall	Newbury Ac
1428	01:15:56	4347 Terence Baker	Dulwich Runners AC	1478	01:17:15	4401 Ross Winton	Ealing Eagles Run...
1429	01:15:58	5063 Alexander Ru...	London Heathside	1479	01:17:16	4503 Russell Casey	Garden City Runners
1430	01:16:00	6104 Gary Forde	Wimbledon Windmilers	1480	01:17:16	6048 Jon Kemp	Wellingborough & ...
1431	01:16:03	5074 Alex Holloran	Lordshill Road Ru...	1481	01:17:19	5967 Martin Sands	Tunbridge Wells H...
1432	01:16:04	5552 Frank Womels...	Serpentine Runnin...	1482	01:17:19	5775 Mark Ison	Team Derby Runner
1433	01:16:07	5375 Charlie Sewell	Queen's Park Harr...	1483	01:17:22	6184 Dan Jones	York Knavesmire H...
1434	01:16:11	5569 Barry Haws	Shaftesbury Barne...	1484	01:17:23	3842 Sarhan Rahman	Barnet & District AC
1435	01:16:14	3852 Glen Jepson	Basingstoke & Mid...	1485	01:17:25	6092 Sanjay Bisna...	Wigan & District ...
1436	01:16:16	6076 George Griff...	Westbury Harriers	1486	01:17:27	5201 Christopher ...	Newbury Ac
1437	01:16:16	5455 Grant Chapman	Royston Runners	1487	01:17:32	5592 Christopher ...	Sinfin Running Club
1438	01:16:17	3854 Mark Norris	Basingstoke & Mid...	1488	01:17:33	5147 Andrew Paylor	Middlesbrough & C...
1439	01:16:20	5135 Sean Rodwell	Medway and Maidst...	1489	01:17:35	5076 Benjamin Tav...	Lordshill Road Ru...
1440	01:16:21	4498 Patrick Taylor	Fulham Running Club	1490	01:17:37	5689 Jake Oliver	Stafford Harriers
1441	01:16:22	5694 Nick Burns	Steel City Stride...	1491	01:17:39	5838 Simon Brazil	The Stragglers Ru...
1442	01:16:22	5032 Benjamin Car...	London Heathside	1492	01:17:40	4833 Diarmuid Mac...	Ilford AC
1443	01:16:22	4919 Lee Weatherall	Kimberworth Striders	1493	01:17:41	5572 Paul Maccarthy	Shaftesbury Barne...
1444	01:16:23	4754 James Rossiter	Highgate Harriers	1494	01:17:42	4643 Thomas Cheetham	Hercules Wimbledo...
1445	01:16:23	5545 Brett Osler	Serpentine Runnin...	1495	01:17:44	3925 Tony Agg	Billericay Striders
1446	01:16:24	5996 Charlie Cooper	Vegan Runners UK	1496	01:17:46	5374 Thomas Moberly	Queen's Park Harr...
1447	01:16:26	5991 Gareth Williams	Vale Royal Ac	1497	01:17:51	4218 Alan Grant	Clapham Chasers
1448	01:16:28	4953 Jason Denton	Leigh Harriers & AC	1498	01:17:52	5290 Andrew Lunn	Orion Harriers
1449	01:16:29	5943 Daniel Jordan	Trentham RC	1499	01:17:54	3987 Stewart Bond	Bournville Harriers
1450	01:16:30	5676 Anthony Nico...	St Albans Striders	1500	01:17:56	4133 Michael Brid...	Chelmsford AC

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club	Pos	Time	Bib Name	Club
1501	01:17:56	4419 Simon Watkinson	Edmonton RC	1551	01:19:59	5539 Thomas Martini	Serpentine Runnin...
1502	01:17:57	5868 Scott Brenton	Tiptree Road Runners	1552	01:20:00	4504 Lee Chapman	Garden City Runners
1503	01:17:58	3781 Graham Lougher	Abingdon AC	1553	01:20:01	5959 Mark Tikaram	Tring RC
1504	01:17:58	5686 Jim Buckle	St Mary's Richmon...	1554	01:20:04	5023 Craig Munn	London Frontrunners
1505	01:18:04	5711 Peter Walters	Stourbridge RC	1555	01:20:08	4796 Steve Tupholme	Holme Pierrepont RC
1506	01:18:07	4298 Will Lyon tu...	Croydon Harriers	1556	01:20:14	4616 Tim Hicks	Haywards Heath Ha...
1507	01:18:07	6064 Rob White	West Bromwich Har...	1557	01:20:15	5598 John Creane	South Kent Harriers
1508	01:18:21	4649 James Hamilton	Hercules Wimbledo...	1558	01:20:15	4495 James Mckenzie	Fulham Running Club
1509	01:18:21	4101 Graham Maynard	Cambridge Harriers	1559	01:20:16	3796 Andrew Hislop	Aldershot Farnham...
1510	01:18:22	5224 Stephen Edwards	Newmarket Joggers	1560	01:20:24	5162 Shaun Lowthian	Mornington Chasers
1511	01:18:25	5840 Malcolm Flet...	The Stragglers Ru...	1561	01:20:24	4835 Jim Tilbrook	Ilford AC
1512	01:18:27	5034 Lee Connor	London Heathside	1562	01:20:24	5362 John Brosnan	Queen's Park Harr...
1513	01:18:28	3959 Barry Horgan	Blackheath & Brom...	1563	01:20:31	3837 David Byrne	Barnet & District AC
1514	01:18:33	4624 Mark Herd	Headington RR	1564	01:20:42	5415 David Fiddes	Reading Roadrunners
1515	01:18:35	5847 David Beatty	Thurrock Harriers	1565	01:20:50	4102 Hakim Mendjeli	Cambridge Harriers
1516	01:18:35	4091 Clem Dixon	Cambridge Harriers	1566	01:20:52	4381 Robert Tokarski	Dulwich Runners AC
1517	01:18:36	5527 Abu Asad	Serpentine Runnin...	1567	01:20:54	4300 James Moore	Croydon Harriers
1518	01:18:39	6061 Karl Moore	West Bromwich Har...	1568	01:20:57	4832 Stephen Lacey	Ilford AC
1519	01:18:42	3876 David Cross	Beeston AC	1569	01:20:57	6146 Richard Hogg	Woodford Green AC...
1520	01:18:44	4580 Paddy Butler	Hardley Runners	1570	01:20:58	4853 Paul O'conner	Jesmond Joggers
1521	01:18:47	5654 Jamie Funnell	Springfield Strid...	1571	01:21:04	3912 Andre Stone	Belgrave Harriers
1522	01:18:51	5013 Alexander St...	London City Runners	1572	01:21:07	6111 Robert Rawles	Wimborne AC
1523	01:18:52	4800 Jonathan Burdon	Holmfirth Harrier...	1573	01:21:10	4128 Simon Gilson	Centurion RC
1524	01:18:55	4555 Alex Morgan	Halesowen ACC	1574	01:21:13	4738 Raphael Lass...	Highgate Harriers
1525	01:18:57	3875 Dave Bish	Beeston AC	1575	01:21:13	4803 Damian Mcqueen	Holmfirth Harrier...
1526	01:18:57	4093 James Floyd	Cambridge Harriers	1576	01:21:14	4736 Nick Jones	Highgate Harriers
1527	01:18:58	5413 Antoine Chabran	Reading Roadrunners	1577	01:21:15	4897 Martin Morgan	Kent AC
1528	01:19:04	5186 Lee Braithwaite	Newark Ac	1578	01:21:18	6044 Adrian Doyle	Watford Joggers
1529	01:19:07	5438 Jon Payn	Reigate Priory AC	1579	01:21:19	4186 Steven Mitchell	City Of Salisbury...
1530	01:19:09	4772 Andrew Murphy	Hillingdon AC	1580	01:21:21	4578 Gary Wallis	Harborough AC
1531	01:19:11	3879 Geoff Pennin...	Beeston AC	1581	01:21:21	4328 Graham Hobbs	Desford Striders
1532	01:19:12	4634 Peter Edwards	Heanor Running Club	1582	01:21:23	5940 Douglas Alcock	Trentham RC
1533	01:19:18	5460 Vincent Carroll	Rugby & Northampt...	1583	01:21:28	4575 Lewis Parker	Harborough AC
1534	01:19:23	4622 Dennis Goede...	Headington RR	1584	01:21:35	3851 Michael Hickey	Basingstoke & Mid...
1535	01:19:24	3988 David Bristol	Bournville Harriers	1585	01:21:38	5331 Donald Harper	Poole AC
1536	01:19:26	3926 Philip Cooper	Billericay Striders	1586	01:21:43	5743 Sujan Shrestha	Sutton Runners
1537	01:19:27	4316 Lucas Taylor...	Dartford Harriers AC	1587	01:21:48	5165 Jonathan Wood	Mornington Chasers
1538	01:19:33	3839 Nicolas Maury	Barnet & District AC	1588	01:21:53	5245 Rob Richardson	Northbrook Athlet...
1539	01:19:33	5184 Iain Povey	New Marske Harrie...	1589	01:21:54	3905 Sandeep Rajput	Belgrave Harriers
1540	01:19:34	4386 Gianfranco B...	Ealing Eagles Run...	1590	01:21:58	4266 Nathan Jones	Coventry Godiva H...
1541	01:19:38	4583 Karwan Moutasim	Hardley Runners	1591	01:22:01	5731 Stewart Pepper	Stubbington Green...
1542	01:19:39	5099 Chris Sewart	Manchester Harrie...	1592	01:22:08	5095 Lloyd Barlow	Manchester Harrie...
1543	01:19:41	4822 Kevin Daglish	Houghton Harriers...	1593	01:22:09	5161 Daniel Lewis	Mornington Chasers
1544	01:19:42	4585 Charles Phil...	Hardley Runners	1594	01:22:12	4556 Andrew Nock	Halesowen ACC
1545	01:19:45	3858 Terry Wegg	Basingstoke & Mid...	1595	01:22:26	4383 Daniel Newman	Durham City Harri...
1546	01:19:50	5431 Timothy Raynor	Redhill Road Runners	1596	01:22:27	5271 Andy Harris	Nuneaton Harriers
1547	01:19:52	5597 Steve Howes	Solihull & Small ...	1597	01:22:32	5204 Martin Bailey	Newcastle Staffs AC
1548	01:19:55	5062 Antonio Ribeiro	London Heathside	1598	01:22:35	5890 Philip Gowing	Tonbridge Ac
1549	01:19:57	5821 Mathieu Mole...	Thames Valley Har...	1599	01:22:35	5579 Tim Underhill	Shaftesbury Barne...
1550	01:19:58	3877 Mark Elwell	Beeston AC	1600	01:22:39	5591 Brendan Devlin	Sinfin Running Club

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
1601	01:22:42	6132 Simon Cresswell	Witham RC
1602	01:22:42	4149 Tim Brown	Chichester Runner...
1603	01:22:44	4361 Mark Foster	Dulwich Runners AC
1604	01:22:45	5310 Timothy Clough	Peterborough & Ne...
1605	01:22:48	3927 Stephen Foggo	Billericay Striders
1606	01:22:50	4434 Jason Clarke	Ely Runners
1607	01:22:51	5067 Daniel Wrapson	London Heathside
1608	01:22:56	5908 Richard Sargent	Tonbridge Ac
1609	01:22:57	5936 Ed Simmons	Trent Park Runnin...
1610	01:22:58	5715 Owen Lewis	Stratford Upon Av...
1611	01:23:02	5644 Patrick Finn...	Sparkhill Harriers
1612	01:23:05	3994 Tom Robinson	Bournville Harriers
1613	01:23:11	5599 Mike Hayley	South Kent Harriers
1614	01:23:14	3885 John Walker	Beeston AC
1615	01:23:14	4964 Oliver Moore	Leigh on Sea Stri...
1616	01:23:15	3920 Neil Ferebee	Bexley AC
1617	01:23:16	5006 Leo Gergs	London City Runners
1618	01:23:18	6051 Jason Drake	West 4 Harriers
1619	01:23:18	6058 Keith Copson	West Bromwich Har...
1620	01:23:24	4278 John Treadwell	Coventry Godiva H...
1621	01:23:28	6161 Andy Collings	Worthing & Distri...
1622	01:23:31	5628 James Shacklock	Southampton Athle...
1623	01:23:34	6147 Alistair Hol...	Woodford Green AC...
1624	01:23:43	5965 Kannan Mahal...	Tunbridge Wells H...
1625	01:23:43	5356 Michael Thom...	Quakers Running Club
1626	01:23:45	4013 Andy Mitchelson	Brighton & Hove AC
1627	01:23:46	5012 Nick Savage	London City Runners
1628	01:23:51	4969 David Ward	Leigh on Sea Stri...
1629	01:23:52	3973 Steven French	Blyth Running Club
1630	01:23:53	3993 David Powner	Bournville Harriers
1631	01:23:58	4417 Jacob Stevens	East London Runners
1632	01:24:02	4476 David Riddell	Fairlands Valley ...
1633	01:24:04	5537 Sammy Li	Serpentine Runnin...
1634	01:24:10	6023 Paul Brennan	Ware Joggers
1635	01:24:16	4591 Josh Mann	Harpenden Arrows
1636	01:24:17	4958 Adam Wilkinson	Leigh Harriers & AC
1637	01:24:21	5468 Jim Anthony	Running Bear
1638	01:24:31	5416 Ian Giggs	Reading Roadrunners
1639	01:24:33	3836 Jerry Bryan	Barnet & District AC
1640	01:24:38	4169 Paul Furness	City of Hull AC
1641	01:24:42	4370 Mike Mann	Dulwich Runners AC
1642	01:24:46	6097 Richard Scollon	Wigan & District ...
1643	01:24:47	4132 John Rees	Charnwood A C
1644	01:24:50	5354 Chris Wales	Preston Harriers
1645	01:24:51	3880 Michael Read	Beeston AC
1646	01:24:52	5930 Eamonn Cullen	Trent Park Runnin...
1647	01:24:58	4496 Ben Newton	Fulham Running Club
1648	01:24:59	4994 Ian Greenaway	Lingfield RC
1649	01:25:05	4850 Geoffrey Blair	Jesmond Joggers
1650	01:25:10	3944 Jack Smissaert	Birmingham Runnin...

Pos	Time	Bib Name	Club
1651	01:25:13	4577 Graeme Rolfe	Harborough AC
1652	01:25:16	4390 Nick Davies	Ealing Eagles Run...
1653	01:25:16	4471 Craig Bacon	Fairlands Valley ...
1654	01:25:18	5382 Hadi Khatami...	Ranelagh Harriers
1655	01:25:20	6090 Neil Coleman	White Cliffs Athl...
1656	01:25:26	4846 Derek George	Istead & Ifield H...
1657	01:25:32	5323 Martin Orford	Pitsea RC
1658	01:25:41	5745 Kannan Tharm...	Sutton Striders
1659	01:25:41	6059 Thomas Heyes	West Bromwich Har...
1660	01:25:41	4398 Paul Roberts	Ealing Eagles Run...
1661	01:25:42	5180 Steve Moss	New Forest Runners
1662	01:25:43	5094 Edward Baldwin	Manchester Harrie...
1663	01:25:53	4404 Jonathan Horan	Ealing Southall &...
1664	01:25:58	6180 Martin Kirby	York Acorn Runnin...
1665	01:25:59	5986 Alan Roberts	Vale Of Aylesbury Ac
1666	01:26:02	5017 Robert Dufton	London Fronrunners
1667	01:26:06	4620 Aaron Anstey	Headington RR
1668	01:26:16	5314 Paul Leng	Petts Wood Runners
1669	01:26:17	5662 Gavin Clifton	St Albans Striders
1670	01:26:19	5778 Nicholas Gau...	Telford Ac
1671	01:26:20	6002 William Burb...	Victoria Park Har...
1672	01:26:22	3919 Santos Diana	Bexley AC
1673	01:26:28	4384 Cian Rynne	Durham City Harri...
1674	01:26:37	4371 Tom Poynton	Dulwich Runners AC
1675	01:26:40	5596 Chris Duncan	Solihull & Small ...
1676	01:26:40	4588 Mike Ashton	Harpenden Arrows
1677	01:26:46	5420 Justin May	Reading Roadrunners
1678	01:27:00	5324 James Price	Pitsea RC
1679	01:27:05	4490 Joshua Hinh	Fulham Running Club
1680	01:27:06	5159 Gary Homewood	Mornington Chasers
1681	01:27:07	3853 Kevin Nicholson	Basingstoke & Mid...
1682	01:27:12	4511 Richard Some...	Garden City Runners
1683	01:27:13	4126 Richard Buch...	Centurion RC
1684	01:27:17	5519 Paul Stevenson	Salford Metropoli...
1685	01:27:22	4310 Andrew Archer	Dartford Harriers AC
1686	01:27:23	5929 Nick Clarke	Trent Park Runnin...
1687	01:27:44	4070 Ben Chamberlain	Cambridge & Coler...
1688	01:27:45	5690 Mark Oliver	Stafford Harriers
1689	01:27:49	4462 Hein Gunnewict	Eton Manor AC
1690	01:27:59	5073 Graham Evans	Lordshill Road Ru...
1691	01:28:09	4295 Andrew Del nevo	Croydon Harriers
1692	01:28:24	3823 Fabio Gerini	Arena 80 AC
1693	01:28:34	5876 Benedict Brooks	Tonbridge Ac
1694	01:29:04	6063 Steve Terry	West Bromwich Har...
1695	01:29:05	6060 Craig Hodgetts	West Bromwich Har...
1696	01:29:15	5741 Tim McIntyre	Sutton Runners
1697	01:29:18	4777 Trevor Steeples	Hillingdon AC
1698	01:29:18	6008 Gavin Gilbert	Victoria Park Har...
1699	01:29:23	5526 Bill Wilson	Saltwell Harriers
1700	01:29:26	5842 Steven Giddings	The Stragglers Ru...

English National Cross Country Championships - Senior Men

Results

Pos	Time	Bib Name	Club
1701	01:29:44	5650 Wayne Broadbent	Sphinx AC
1702	01:29:52	4952 Brian Copper	Leigh Harriers & AC
1703	01:29:55	3928 Graham Jones	Billericay Striders
1704	01:29:59	3985 Nick Pepin	Bournemouth AC
1705	01:30:08	5157 Andrew Disley	Mornington Chasers
1706	01:30:10	4130 Edmund Wallace	Centurion RC
1707	01:30:15	5866 Myles Wilson	Tipton Harriers
1708	01:30:33	5363 Richard Byrne	Queen's Park Harr...
1709	01:30:34	5668 Andrew Dobinson	St Albans Striders
1710	01:30:34	5360 Gildas Braine	Queen's Park Harr...
1711	01:30:37	4814 David Barnes	Horwich R M I Har...
1712	01:30:41	5757 Thomas Palmer	Tamworth AC
1713	01:30:48	5476 Oliver Bartlett	Sale Harriers Man...
1714	01:30:52	5647 Andrew Law	Sparkhill Harriers
1715	01:31:01	5124 Ian Odonnell	Massey Ferguson RC
1716	01:31:01	4418 Michael Wilson	East London Runners
1717	01:31:02	3939 Emyr Rees	Bingley Harriers ...
1718	01:31:04	5646 Graham Hygate	Sparkhill Harriers
1719	01:31:24	4445 Gareth George	Epsom & Ewell Har...
1720	01:31:37	4441 William Brook	Epsom & Ewell Har...
1721	01:31:40	5246 David Tittle	Northbrook Athlet...
1722	01:31:47	5319 Ryan Gauld	Pitsea RC
1723	01:31:56	5742 Graham Miller	Sutton Runners
1724	01:31:58	5693 Mick Brogan	Steel City Stride...
1725	01:32:10	3840 Desmond Michael	Barnet & District AC
1726	01:32:20	5995 Jerry Barnes	Vegan Runners UK
1727	01:32:29	5174 Paul Norman	Mote Runners
1728	01:32:34	4604 Tom Morris	Harrow AC
1729	01:32:38	5732 Ian Savory	Stubbington Green...
1730	01:32:39	5286 Paul Goodhew	Orion Harriers
1731	01:32:40	4703 Richard Bloom	Herts Phoenix AC
1732	01:32:44	5469 Will Mitchell	Running Bear
1733	01:32:51	5377 Philip Voke	Queen's Park Harr...
1734	01:32:56	4379 Stephen Smythe	Dulwich Runners AC
1735	01:33:04	4859 Neil Smith	Kenilworth Runners
1736	01:33:38	5966 Duncan Ralph	Tunbridge Wells H...
1737	01:33:44	5151 Philip Batch...	Mornington Chasers
1738	01:33:44	5672 Michael Jack	St Albans Striders
1739	01:33:59	5240 Robert Halford	Northbrook Athlet...
1740	01:34:03	5938 Robin Tremaine	Trent Park Runnin...
1741	01:34:06	4811 Keith Beckley	Horsham Blue Star...
1742	01:34:25	5514 Ray Devine	Salford Metropoli...
1743	01:34:27	5243 Adrian Lowe	Northbrook Athlet...
1744	01:34:30	5081 Graham Oldfield	Loughton AC
1745	01:34:31	4474 Chris Holland	Fairlands Valley ...
1746	01:34:48	5287 Graham Hall	Orion Harriers
1747	01:35:58	5350 Michael Brown	Preston Harriers
1748	01:36:00	5985 Paul Mathie	Uttoxeter Road Ru...
1749	01:36:57	5725 Nick Crane	Stubbington Green...
1750	01:37:02	5648 Robert Mills	Sparkhill Harriers

Pos	Time	Bib Name	Club
1751	01:37:16	5172 Nigel Groves	Mote Runners
1752	01:37:30	4553 David Jackson	Halesowen ACC
1753	01:37:45	5542 Ebrima peter...	Serpentine Runnin...
1754	01:37:49	4248 Martin Lloyd	Collingwood AC
1755	01:38:08	4344 Chris Ince	Dulwich Park Runners
1756	01:38:10	4415 Peter Hatley	East London Runners
1757	01:38:29	4988 Julian Sacofsky	Levenshulme Runners
1758	01:38:53	5321 Michael Groo...	Pitsea RC
1759	01:38:57	4579 Mick Anglim	Hardley Runners
1760	01:39:46	4857 Martin Broom...	Kenilworth Runners
1761	01:39:55	4414 Grant Conway	East London Runners
1762	01:39:57	4262 Martin Gittins	Coventry Godiva H...
1763	01:39:57	5242 Tim Hughes	Northbrook Athlet...
1764	01:40:20	6054 Shyam Patel	West 4 Harriers
1765	01:40:35	3991 Navid Momtahan	Bournville Harriers
1766	01:43:25	5005 Martin Edwards	London City Runners
1767	01:43:38	5237 Spencer Davies	Northbrook Athlet...
1768	01:43:52	5226 David Hicken	North Derbyshire RC
1769	01:44:26	5459 Owen Flage	Royton Road Runners
1770	01:45:59	3995 Paul Samuels	Bournville Harriers
1771	01:46:02	5441 Jay Bird	Ripley Running Club
1772	01:46:08	5175 Chris Parks	Mote Runners
1773	01:46:09	4970 Robert West	Leigh on Sea Stri...
1774	01:46:27	4261 Garry Flude	Coventry Godiva H...
1775	01:47:12	4322 Keith Harvey	Dartford Road Run...
1776	01:47:19	4475 Andrew Jay	Fairlands Valley ...
1777	01:47:35	5347 Kevin Smale	Poole Runners
1778	01:47:41	4478 Tim Robinson	Fairlands Valley ...
1779	01:48:50	5421 Peter Morris	Reading Roadrunners
1780	01:55:58	5417 Peter Higgs	Reading Roadrunners
1781	01:57:11	5173 David Grunfeld	Mote Runners
1782	01:58:24	5586 Tim Bentley	Shelton Striders
1783	02:00:17	5989 Richard Pettitt	Vale Royal Ac

Team Result:

Pos	Total	Club	Placings
1	115	Bristol and West AC	(15,16,18,20,22,24)
2	199	Shaftesbury Barnet Harriers	(7,9,11,29,30,113)
3	228	Highgate Harriers	(3,33,36,47,51,58)
4	263	Leeds City Athletic Club	(28,38,42,50,52,53)
5	265	Tonbridge Ac	(2,34,49,59,60,61)
6	372	Cambridge & Coleridge AC	(6,23,69,77,93,104)
7	409	Aldershot Farnham & District	(32,44,46,90,91,106)
8	499	Hercules Wimbledon AC	(54,67,85,89,99,105)
9	636	Woodford Green AC with Essex Ladies	(25,72,80,125,131,203)
10	710	Belgrave Harriers	(64,86,102,132,143,183)
11	745	Kent AC	(74,79,121,136,161,174)
12	835	Brighton & Hove AC	(57,65,82,142,191,298)
13	887	Thames Hare & Hounds	(66,117,154,169,177,204)
14	991	Southampton Athletic Club	(73,78,84,119,249,388)
15	1026	Herne Hill Harriers	(43,81,94,217,247,344)
16	1108	Dulwich Runners AC	(45,48,114,175,349,377)
17	1131	Sale Harriers Manchester	(26,63,173,228,301,340)
18	1267	Chiltern Harriers AC	(1,178,200,202,235,451)
19	1313	Notts AC	(41,201,222,264,273,312)
20	1432	Guildford & Godalming AC	(87,141,164,250,275,515)
21	1470	Westbury Harriers	(103,120,242,308,339,358)

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Results

22	1618 London Heathside	(101,124,153,257,417,566)	69	4877 Leigh on Sea Striders	(470,527,639,964,1074,1203)
23	1845 Salford Harriers & Ac	(135,197,231,290,403,589)	70	5005 Holmfirth Harriers AC	(567,631,798,844,866,1299)
24	1894 City Of Norwich AC	(76,96,188,371,570,593)	71	5203 Wimbledon Windmilers	(472,535,613,754,1399,1430)
25	1954 Newham & Essex Beagles AC	(12,149,279,394,502,618)	72	5234 London Fronrunners	(696,742,870,908,973,1045)
26	2020 Swindon Harriers	(130,271,302,370,398,549)	73	5244 South London Harriers	(440,550,912,972,1172,1198)
27	2039 Clapham Chasers	(230,270,289,368,426,456)	74	5257 Harrow AC	(218,822,871,910,1164,1272)
28	2110 Oxford City AC	(115,303,311,384,428,569)	75	5398 Ware Joggers	(740,785,809,883,1010,1171)
29	2246 Thames Valley Harriers	(181,227,293,331,546,668)	76	5491 Steel City Striders Rc	(409,579,759,1181,1245,1318)
30	2255 City of Southend On Sea AC	(111,210,284,285,642,723)	77	5515 Dartford Harriers AC	(604,620,781,900,1073,1537)
31	2326 Team Bath Athletic Club	(187,214,319,424,541,641)	78	5518 Tring RC	(425,886,936,1009,1121,1141)
32	2344 Ranelagh Harriers	(208,294,385,433,493,531)	79	5760 Watford Joggers	(170,929,933,1026,1124,1578)
33	2365 City of York AC	(21,128,211,252,353,1400)	80	5847 Halesowen ACC	(609,716,796,1061,1313,1352)
34	2479 Tipton Harriers	(224,305,361,474,540,575)	81	5848 London City Runners	(514,894,1025,1050,1158,1207)
35	2480 Cambridge Harriers	(147,276,313,518,554,672)	82	5868 26.2 Road Runners Club	(757,919,992,1062,1066,1072)
36	2480 Serpentine Running and Triathlon Club	(166,295,366,431,512,710)	83	5942 The Stragglers Running Club	(159,713,761,1367,1451,1491)
37	2700 Blackheath & Bromley Harriers AC	(253,362,439,463,523,660)	84	6028 Tunbridge Wells Harriers	(95,838,897,1093,1481,1624)
38	2803 Wycombe Phoenix Harriers & Ac	(180,435,500,511,539,638)	85	6056 Loughton AC	(562,775,830,1088,1392,1409)
39	2807 Tyne Bridge Harriers	(266,310,373,411,441,1006)	86	6176 Holme Pierrepont RC	(606,828,1019,1184,1200,1339)
40	2885 Marshall Milton Keynes AC	(144,146,410,442,738,1005)	87	6192 Barnet & District AC	(496,709,1107,1219,1236,1425)
41	2907 St Albans Striders	(324,369,408,432,676,698)	88	6237 Garden City Runners	(615,695,1047,1239,1305,1336)
42	2913 Medway and Maidstone AC	(184,307,355,443,774,850)	89	6271 Ely Runners	(265,751,987,1264,1398,1606)
43	2932 Epsom & Ewell Harriers	(316,379,464,473,599,701)	90	6576 Stubbington Green Runners	(262,934,1043,1345,1401,1591)
44	2938 Vale Royal Ac	(75,241,314,335,526,1447)	91	6620 Elswick Harriers	(843,1094,1111,1151,1183,1238)
45	3047 Chelmsford AC	(139,223,404,543,854,884)	92	6669 Leigh Harriers & AC	(590,648,1052,1295,1448,1636)
46	3101 Headington RR	(108,292,455,580,622,1044)	93	6730 West 4 Harriers	(725,801,839,983,1618,1764)
47	3166 Coventry Godiva Harriers	(182,427,548,591,689,729)	94	6988 Dorking & Mole Valley AC	(818,1127,1182,1261,1298,1302)
48	3303 Victoria Park Harriers and Tower Hamlets AC	(55,256,538,731,771,952)	95	6991 Bournville Harriers	(816,1120,1137,1209,1210,1499)
49	3389 York Knavesmire Harriers	(318,346,530,628,692,875)	96	7274 Lordshill Road Runners	(561,826,1277,1431,1489,1690)
50	3395 Reading AC	(109,137,145,553,1108,1343)	97	7296 Billericay Striders	(430,1096,1134,1495,1536,1605)
51	3400 Altrincham & District Athletic Club Limited	(229,259,304,616,990,1002)	98	7309 Chichester Runners & AC	(863,914,1102,1356,1472,1602)
52	3479 Queen's Park Harriers	(246,498,556,632,768,779)	99	7332 Wigan & District H & AC	(693,1016,1032,1464,1485,1642)
53	3604 Trent Park Running Club	(389,576,624,645,664,706)	100	7356 Nuneaton Harriers	(860,1138,1204,1242,1316,1596)
54	3625 Reading Roadrunners	(158,190,650,661,962,1004)	101	7385 Basingstoke & Mid Hants AC	(429,954,1435,1438,1545,1584)
55	3690 Hillingdon AC	(280,348,560,682,861,959)	102	7477 Beeston AC	(735,792,1375,1519,1525,1531)
56	3761 Leighton Buzzard Athletic Club	(365,444,571,720,722,939)	103	7811 Hardley Runners	(902,978,1410,1460,1520,1541)
57	3769 Mornington Chasers	(283,345,659,765,811,906)	104	7902 Ilford AC	(1001,1069,1366,1413,1492,1561)
58	4029 Newcastle Staffs AC	(234,479,743,745,804,1024)	105	7933 Northbrook Athletic Club	(581,955,1349,1588,1721,1739)
59	4246 Thurrock Harriers	(205,395,649,708,958,1331)	106	7960 Manchester Harriers & AC	(998,1212,1323,1414,1471,1542)
60	4301 Croydon Harriers	(196,357,559,1034,1046,1109)	107	8073 Fulham Running Club	(982,1113,1333,1440,1558,1647)
61	4301 Newbury Ac	(189,248,480,819,1180,1385)	108	8425 Fairlands Valley Spartans	(767,852,1632,1653,1745,1776)
62	4446 North Somerset AC	(225,260,653,858,1220,1230)	109	8503 West Bromwich Harriers	(940,1260,1507,1518,1619,1659)
63	4468 Eton Manor AC	(547,627,746,772,853,923)	110	8665 Salford Metropolitan Ac	(1282,1304,1312,1341,1684,1742)
64	4557 Birmingham Running Athletics & Triathlon Club (brat)	(129,268,297,1008,1205,1650)	111	8723 East London Runners	(821,1038,1631,1716,1756,1761)
65	4620 Tamworth AC	(341,342,401,402,1422,1712)	112	9342 Sparkhill Harriers	(1274,1275,1611,1714,1718,1750)
66	4665 Orion Harriers	(488,525,704,732,1100,1116)			
67	4719 Ealing Eagles Running Club	(486,626,786,814,971,1036)			
68	4814 East Cheshire Harriers & Tameside Ac	(100,393,909,942,1015,1455)			