

Senior Women

Mixed Team Results (4 to Count)

| Pos | Time | Bib Name | Club | Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|-----|----------|----------------------|----------------------|
| 1 | 00:28:54 | 1928 Lucy Jones | Herne Hill Harriers | 51 | 00:32:04 | 1812 Anna Lawson | Clapham Chasers |
| 2 | 00:29:00 | 1764 Amelia Quirk | Bracknell AC | 52 | 00:32:06 | 1955 Katie Walshaw | Holmfirth Harrier... |
| 3 | 00:29:02 | 1933 Molly Smith | Herne Hill Harriers | 53 | 00:32:14 | 1986 Ruth Jones | Leeds City Athlet... |
| 4 | 00:29:08 | 2101 Jessica Gibbon | Reading AC | 54 | 00:32:18 | 2250 Lara Sterritt | Thames Valley Har... |
| 5 | 00:29:15 | 1681 Niamh Brown | Aldershot Farnham... | 55 | 00:32:22 | 1680 Katriona Brown | Aldershot Farnham... |
| 6 | 00:29:21 | 1985 Eleanor Curran | Leeds City Athlet... | 56 | 00:32:29 | 1992 Charlotte Va... | Leeds City Athlet... |
| 7 | 00:29:26 | 1909 Kate O'Neill | Havering AC | 57 | 00:32:30 | 1904 Laura Robertson | Hallamshire Harri... |
| 8 | 00:29:28 | 1788 Megan Harris | Chelmsford AC | 58 | 00:32:34 | 1953 Helen Haigh | Holmfirth Harrier... |
| 9 | 00:29:33 | 1742 Niamh Bridso... | Blackheath & Brom... | 59 | 00:32:35 | 1975 Rosie Woodhams | Kendal Amateur At... |
| 10 | 00:29:33 | 1718 Sophie Hicks | Belgrave Harriers | 60 | 00:32:38 | 2261 Anna Sharp | Tonbridge Ac |
| 11 | 00:29:56 | 1794 Meg Gadsby | City Of Norwich AC | 61 | 00:32:44 | 2083 Gemma Bridge | Oxford City AC |
| 12 | 00:30:00 | 1743 Andrea Clement | Blackheath & Brom... | 62 | 00:32:45 | 1726 Emma Moran | Bingley Harriers ... |
| 13 | 00:30:03 | 2052 Jemima Elgood | Nidd Valley Road ... | 63 | 00:32:47 | 2325 Becky Penty | York Knavesmire H... |
| 14 | 00:30:12 | 2047 Olivia Mathias | Newark AC | 64 | 00:32:48 | 1784 Juliet Potter | Charnwood A C |
| 15 | 00:30:18 | 2004 Faye O'Hare | Liverpool Harrier... | 65 | 00:32:48 | 1843 Evelyn Jones | Derby Athletic Club |
| 16 | 00:30:19 | 1687 Millie-ann J... | Aldershot Farnham... | 66 | 00:32:52 | 2049 Victoria Duncan | Newbury AC |
| 17 | 00:30:27 | 1858 Lucy Storey | Durham University... | 67 | 00:32:53 | 1958 Anna Pigford | Houghton Harriers... |
| 18 | 00:30:29 | 1934 Sophie Tooley | Herne Hill Harriers | 68 | 00:32:54 | 2132 Oriel Hardman | Salford Harriers ... |
| 19 | 00:30:30 | 1823 Julie Emmerson | Coventry Godiva H... | 69 | 00:32:54 | 2254 Amelia Beeston | Tonbridge Ac |
| 20 | 00:30:32 | 1993 Jennifer Walsh | Leeds City Athlet... | 70 | 00:33:00 | 1995 Leah Gregory | Leeds University ... |
| 21 | 00:30:33 | 2046 Patricia Jac... | Newark AC | 71 | 00:33:05 | 2038 Holly Lawrence | Morpeth Harriers ... |
| 22 | 00:30:37 | 1684 Maisie Grice | Aldershot Farnham... | 72 | 00:33:08 | 1796 Isabelle Morris | City Of Norwich AC |
| 23 | 00:30:40 | 2133 Katie Hawkins | Salford Harriers ... | 73 | 00:33:09 | 1807 Abbie Bulbulian | Clapham Chasers |
| 24 | 00:30:44 | 2267 Bethany Reid | Trafford Athletic... | 74 | 00:33:11 | 1776 Millicent Wood | Cambridge & Coler... |
| 25 | 00:30:45 | 1899 Elisha Tait | Gateshead Harrier... | 75 | 00:33:13 | 1826 Amy Etherington | Crook & Dist Spor... |
| 26 | 00:30:46 | 2111 Megan Stenhouse | Rugby & Northampt... | 76 | 00:33:14 | 1799 Elizabeth Co... | City of Sheffield... |
| 27 | 00:30:48 | 2252 Charlotte Al... | Tonbridge Ac | 77 | 00:33:14 | 1767 Helene Repesse | Bristol and West AC |
| 28 | 00:30:51 | 2051 Ava Leadbetter | Newcastle Univers... | 78 | 00:33:16 | 2316 Hannah Miller | Worksop Harriers |
| 29 | 00:30:56 | 1984 Dominique Co... | Leeds City Athlet... | 79 | 00:33:17 | 2005 Lucy Browne | London Heathside |
| 30 | 00:31:04 | 1991 Heather Town... | Leeds City Athlet... | 80 | 00:33:18 | 1963 Alexandra Sn... | Jarrow & Hebburn AC |
| 31 | 00:31:07 | 1775 Katie Lowery | Cambridge & Coler... | 81 | 00:33:18 | 1785 Aimee Seager | Charnwood A C |
| 32 | 00:31:09 | 1942 Hannah Viner | Highgate Harriers | 82 | 00:33:20 | 1688 Niamh McLoug... | Aldershot Farnham... |
| 33 | 00:31:11 | 1797 Kate Willis | City Of Norwich AC | 83 | 00:33:20 | 2243 Abby Michalec | Thames Hare & Hounds |
| 34 | 00:31:14 | 1959 Imogen Matthews | HY Athletic Club | 84 | 00:33:24 | 1855 Ophelia Vesely | Durham City Harri... |
| 35 | 00:31:15 | 2117 Lizzy Edge | Rushcliffe AC | 85 | 00:33:26 | 1898 Jess Sails | Gateshead Harrier... |
| 36 | 00:31:18 | 1689 Harriet Preedy | Aldershot Farnham... | 86 | 00:33:27 | 1871 Justina Heslop | Elswick Harriers |
| 37 | 00:31:20 | 2294 Molly Bryan | Victoria Park Har... | 87 | 00:33:29 | 1905 Charlotte Slack | Hallamshire Harri... |
| 38 | 00:31:26 | 1741 Ailbhe Barnes | Blackheath & Brom... | 88 | 00:33:31 | 2241 Felicity Hay... | Thames Hare & Hounds |
| 39 | 00:31:27 | 1750 Emily Simm | Blackpool Wyre & ... | 89 | 00:33:31 | 2185 Catherine O'... | St Albans Striders |
| 40 | 00:31:29 | 2134 Emilia Platt | Salford Harriers ... | 90 | 00:33:32 | 1840 Hannah Coleman | Derby Athletic Club |
| 41 | 00:31:30 | 1786 Hannah Seager | Charnwood A C | 91 | 00:33:36 | 2094 Nicola Sutton | Preston Harriers |
| 42 | 00:31:31 | 1745 Millie Smith | Blackheath & Brom... | 92 | 00:33:39 | 2244 Bethanie Murray | Thames Hare & Hounds |
| 43 | 00:31:37 | 1964 Cara Inch | Jersey Spartan AC | 93 | 00:33:42 | 2206 Jessica Fox | Sunderland Harrie... |
| 44 | 00:31:47 | 1716 Saron Hailes... | Belgrave Harriers | 94 | 00:33:51 | 2301 Jennifer Berry | Wallsend Harriers... |
| 45 | 00:31:51 | 2023 Molly Peel | Mansfield Harriers | 95 | 00:33:58 | 2136 Emily Russell | Salford Harriers ... |
| 46 | 00:31:52 | 1926 Sarah Grover | Herne Hill Harriers | 96 | 00:33:59 | 2190 Caroline Brock | Steel City Stride... |
| 47 | 00:31:55 | 2125 Nicola Moynihan | Sale Harriers Man... | 97 | 00:34:00 | 1989 Charley Rodgers | Leeds City Athlet... |
| 48 | 00:31:55 | 2297 Jade Dos Santos | Victoria Park Har... | 98 | 00:34:01 | 2131 Amelia Bratt | Salford Harriers ... |
| 49 | 00:31:56 | 2290 Amelia Pettitt | Vale Royal Ac | 99 | 00:34:08 | 2156 Sadie Abel | Sedgefield Harriers |
| 50 | 00:31:59 | 1683 Laura Gent | Aldershot Farnham... | 100 | 00:34:10 | 2130 Chiara Young | Sale Harriers Man... |

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| Pos | Time | Bib Name | Club | Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|-----|----------|----------------------|----------------------|
| 101 | 00:34:10 | 2135 Katie Reynolds | Salford Harriers ... | 151 | 00:36:17 | 2188 Lucy Clitheroe | St Helens Sutton AC |
| 102 | 00:34:12 | 2039 Lizzie Rank | Morpeth Harriers ... | 152 | 00:36:19 | 2208 Natasha Steel | Sunderland Harrie... |
| 103 | 00:34:13 | 1988 Heather Langham | Leeds City Athlet... | 153 | 00:36:21 | 2201 Emily Palmer | Stockton Striders AC |
| 104 | 00:34:21 | 1981 Eleanor Pitcher | Keswick AC | 154 | 00:36:23 | 2322 Emily Baines | York Knavesmire H... |
| 105 | 00:34:23 | 1802 Chrissie Dover | City of York AC | 155 | 00:36:25 | 1908 Robyn Matson | Havering AC |
| 106 | 00:34:25 | 1931 Ella Newton | Herne Hill Harriers | 156 | 00:36:25 | 1853 Yoko Okada | Durham City Harri... |
| 107 | 00:34:25 | 1734 Katie Francis | Birtley AC | 157 | 00:36:25 | 1893 Jennifer Hey... | Eton Manor AC |
| 108 | 00:34:26 | 2011 Lily Woolcock | London Heathside | 158 | 00:36:26 | 1795 Lottie Hemmings | City Of Norwich AC |
| 109 | 00:34:31 | 1761 Rhiannon Dou... | Border Harriers & Ac | 159 | 00:36:27 | 2251 Tara Walker | Thames Valley Har... |
| 110 | 00:34:34 | 2196 Sarah Thorne | Steel City Stride... | 160 | 00:36:30 | 2041 Morag Stead | Morpeth Harriers ... |
| 111 | 00:34:35 | 1880 Tala Eagling... | Elvet Striders | 161 | 00:36:30 | 2106 Danielle Dignan | Rochdale Harriers... |
| 112 | 00:34:35 | 2000 Darja Knotko... | Lewes AC | 162 | 00:36:32 | 2247 Lydia Blythe | Thames Valley Har... |
| 113 | 00:34:36 | 2093 Hannah Jacobsen | Preston Harriers | 163 | 00:36:32 | 1994 Charlotte Wills | Leeds City Athlet... |
| 114 | 00:34:36 | 1847 Nicole Burli... | Durham City Harri... | 164 | 00:36:33 | 2079 Joanne Clamp | Notts AC |
| 115 | 00:34:38 | 1999 Charlotte Hurst | Lewes AC | 165 | 00:36:34 | 2061 Claire Harlow | North Shields Pol... |
| 116 | 00:34:42 | 1890 Sophie Lomas | Epsom & Ewell Har... | 166 | 00:36:34 | 1822 Alice Daglish | Coventry Godiva H... |
| 117 | 00:34:43 | 2086 Tamsin Sangster | Oxford University AC | 167 | 00:36:36 | 2084 Laura Fenwick | Oxford City AC |
| 118 | 00:34:50 | 1806 Rosie Beadle | Clapham Chasers | 168 | 00:36:37 | 1852 Luci Mullen | Durham City Harri... |
| 119 | 00:34:51 | 1791 Lydia Gallye... | Chorlton Runners | 169 | 00:36:38 | 2008 Ciera Kennedy | London Heathside |
| 120 | 00:34:54 | 1711 Laura Kaye | Bedford & County AC | 170 | 00:36:38 | 2279 Robyn Naylor | Tyne Bridge Harriers |
| 121 | 00:34:55 | 1787 Abigail Whee... | Charnwood A C | 171 | 00:36:42 | 1951 Helena Croft | Holmfirth Harrier... |
| 122 | 00:34:58 | 1976 Aisling Ahern | Kent AC | 172 | 00:36:43 | 2245 Rebecca Oli... | Thames Hare & Hounds |
| 123 | 00:34:59 | 1770 Amy Whelan | Buxton AC | 173 | 00:36:44 | 1730 Abby Codling | Birtley AC |
| 124 | 00:35:03 | 1804 Angharad Pryce | City of York AC | 174 | 00:36:44 | 1978 Victoria Buck | Kent AC |
| 125 | 00:35:04 | 2266 Kate Meeson | Trafford Athletic... | 175 | 00:36:46 | 2143 Alina Stepan... | Salford Metropoli... |
| 126 | 00:35:12 | 2296 Eleanor Daglish | Victoria Park Har... | 176 | 00:36:51 | 1790 Antonia Moore | Chelmsford AC |
| 127 | 00:35:15 | 1937 Emily Chong | Highgate Harriers | 177 | 00:36:53 | 1930 Holly Mammatt | Herne Hill Harriers |
| 128 | 00:35:20 | 2150 Joanna McNeill | Saltwell Harriers | 178 | 00:37:00 | 2268 Deborah Thomas | Trentham Rc |
| 129 | 00:35:21 | 2179 Amy Hartley | Skyrac Athletic Club | 179 | 00:37:02 | 2092 Stephanie Ma... | Ponteland Runners |
| 130 | 00:35:25 | 1831 Jennifer Llo... | Crook & Dist Spor... | 180 | 00:37:09 | 2212 Wendy Chapman | Sunderland Strollers |
| 131 | 00:35:28 | 1714 Victoria Car... | Belgrave Harriers | 181 | 00:37:12 | 1825 Lisa Donaldson | Crook & Dist Spor... |
| 132 | 00:35:28 | 1996 Anya Swift | Leeds University ... | 182 | 00:37:15 | 1900 Harriet Thom... | Gateshead Harrier... |
| 133 | 00:35:30 | 1836 Madeleine Ar... | Croydon Harriers | 183 | 00:37:17 | 2087 Sarah Acey | Ponteland Runners |
| 134 | 00:35:32 | 2024 Laura Dickinson | Manx Harriers | 184 | 00:37:19 | 1873 Judith Nutt | Elswick Harriers |
| 135 | 00:35:35 | 2110 Kathryn Jeff... | Rugby & Northampt... | 185 | 00:37:20 | 2199 Emma Fleming | Stockton Striders AC |
| 136 | 00:35:35 | 2036 Poppy Buck | Morpeth Harriers ... | 186 | 00:37:21 | 2291 Clara Pettitt | Vale Royal Ac |
| 137 | 00:35:41 | 2085 Rebecca Frake | Oxford City AC | 187 | 00:37:21 | 1929 Charlotte Ke... | Herne Hill Harriers |
| 138 | 00:35:43 | 2259 Anna Palmer | Tonbridge Ac | 188 | 00:37:28 | 2114 Lucy Gleave | Running Bear |
| 139 | 00:35:45 | 1739 Lilyanna Turner | Birtley AC | 189 | 00:37:29 | 2121 Claire Cooper | Sale Harriers Man... |
| 140 | 00:35:45 | 1983 Georgina Beeden | Leeds City Athlet... | 190 | 00:37:32 | 2015 Anna McClean | Low Fell RC |
| 141 | 00:35:47 | 1803 Lucy Gaskin | City of York AC | 191 | 00:37:34 | 2200 Isobel Morgan | Stockton Striders AC |
| 142 | 00:35:48 | 2248 Jessica Drin... | Thames Valley Har... | 192 | 00:37:37 | 1829 Bethany Iveson | Crook & Dist Spor... |
| 143 | 00:35:51 | 1736 Hannah Linton | Birtley AC | 193 | 00:37:38 | 2189 Susan Johnson | St Helens Sutton AC |
| 144 | 00:35:53 | 1897 Mary Ferrier | Gateshead Harrier... | 194 | 00:37:38 | 2115 Samantha New... | Running Bear |
| 145 | 00:35:54 | 2197 Abby Barker | Stockton Striders AC | 195 | 00:37:40 | 2319 Darcie Wasnidge | Workshop Harriers |
| 146 | 00:35:59 | 2007 Hester Hill | London Heathside | 196 | 00:37:41 | 1707 Rachel Bentley | Barrow Runners |
| 147 | 00:36:02 | 1874 Sarah Plattern | Elswick Harriers | 197 | 00:37:41 | 1820 Sarah Kerr | Claremont Road Ru... |
| 148 | 00:36:05 | 2191 Sarah-jane B... | Steel City Stride... | 198 | 00:37:43 | 1849 Laura Golding | Durham City Harri... |
| 149 | 00:36:07 | 1841 Daisie Jeffr... | Derby Athletic Club | 199 | 00:37:44 | 2006 Molly Harrison | London Heathside |
| 150 | 00:36:16 | 2209 Kay Stephenson | Sunderland Harrie... | 200 | 00:37:46 | 2320 Sarah Worley | Workshop Harriers |

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| Pos | Time | Bib Name | Club | Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|-----|----------|----------------------|----------------------|
| 201 | 00:37:47 | 1966 Laura Cheetham | Jesmond Joggers | 251 | 00:39:39 | 1952 Sophie Cromwell | Holmfirth Harrier... |
| 202 | 00:37:51 | 1842 Lillie Jeffr... | Derby Athletic Club | 252 | 00:39:40 | 2213 Lucy Close | Sunderland Strollers |
| 203 | 00:37:51 | 1936 Natasha Cend... | Highgate Harriers | 253 | 00:39:41 | 2303 Emily James | Wallsend Harriers... |
| 204 | 00:37:55 | 1869 Rachel Dodds | Elswick Harriers | 254 | 00:39:41 | 1998 Elizabeth Mc... | Leven Valley AC |
| 205 | 00:37:56 | 2257 Sasha Humphries | Tonbridge Ac | 255 | 00:39:44 | 1980 Sally Urquhart | Kent AC |
| 206 | 00:37:59 | 1844 Emily Stainer | Dulwich Runners AC | 256 | 00:39:45 | 1691 Carole Page | Alnwick Harriers |
| 207 | 00:38:01 | 1679 Sarah Bradley | Aldershot Farnham... | 257 | 00:39:48 | 1910 Stephanie Ph... | Havering AC |
| 208 | 00:38:03 | 1824 Kimberley Clay | Crook & Dist Spor... | 258 | 00:39:49 | 1906 Emma Robinson | Harrogate Harrier... |
| 209 | 00:38:03 | 2221 Rachel Pullan | Sunderland Strollers | 259 | 00:39:50 | 2273 Babsy Ewusie | Tyne Bridge Harriers |
| 210 | 00:38:03 | 1708 Becky Hewitt | Barrow Runners | 260 | 00:39:53 | 1731 Amy Drummond | Birtley AC |
| 211 | 00:38:09 | 1911 Harriet Grif... | Headington RR | 261 | 00:39:54 | 2043 Kath Aspin | New Marske Harrie... |
| 212 | 00:38:10 | 1801 Mandy Vernon | City of Stoke AC | 262 | 00:39:58 | 1845 Katie Styles | Dulwich Runners AC |
| 213 | 00:38:11 | 1839 Samantha Tea... | Darlington H & AC | 263 | 00:39:58 | 1962 Jenna Killock | Jarrow & Hebburn AC |
| 214 | 00:38:12 | 1814 Lizzi Pitt | Clapham Chasers | 264 | 00:39:59 | 1727 Stephanie Ro... | Bingley Harriers ... |
| 215 | 00:38:12 | 2249 Joanna Mobed | Thames Valley Har... | 265 | 00:40:02 | 2123 Sarah Goulden | Sale Harriers Man... |
| 216 | 00:38:17 | 2025 Gail Sheeley | Manx Harriers | 266 | 00:40:05 | 2274 Amy Johnson | Tyne Bridge Harriers |
| 217 | 00:38:18 | 1990 Hannah Stroud | Leeds City Athlet... | 267 | 00:40:06 | 2228 Bethany White | Sunderland Strollers |
| 218 | 00:38:20 | 3334 Kirsty Lowery | North East Project | 268 | 00:40:07 | 2183 Clare Legg | Springfield Strid... |
| 219 | 00:38:20 | 1920 Eleanor Walker | Heaton Harriers &... | 269 | 00:40:07 | 2056 Romany Page | North East Project |
| 220 | 00:38:22 | 2138 Amanda Hurndall | Salford Metropoli... | 270 | 00:40:08 | 1833 Amanda Taylor | Crook & Dist Spor... |
| 221 | 00:38:25 | 1735 Lorna Graham | Birtley AC | 271 | 00:40:12 | 2102 Michelle Butler | Redhill Road Runners |
| 222 | 00:38:27 | 2260 Kinvara Rogers | Tonbridge Ac | 272 | 00:40:13 | 1850 Kimberley Ja... | Durham City Harri... |
| 223 | 00:38:28 | 1798 Athene Merid... | City Of Portsmout... | 273 | 00:40:15 | 1943 Veronica Viv... | Hillsborough & Ri... |
| 224 | 00:38:29 | 1918 Ellie Reed | Heaton Harriers &... | 274 | 00:40:20 | 2097 Rebecca Howard | Quakers Running Club |
| 225 | 00:38:34 | 2054 Hannah Barnett | North Derbyshire RC | 275 | 00:40:22 | 2271 Heather Dorman | Tyne Bridge Harriers |
| 226 | 00:38:38 | 2010 Genevieve We... | London Heathside | 276 | 00:40:25 | 1922 Catherine Ki... | Helsby Running Club |
| 227 | 00:38:40 | 1972 Christie Byrne | Kendal Amateur At... | 277 | 00:40:33 | 2255 Charlotte Bo... | Tonbridge Ac |
| 228 | 00:38:41 | 2193 Emily Green | Steel City Stride... | 278 | 00:40:34 | 1885 Emma McCabe | Elvet Striders |
| 229 | 00:38:51 | 1738 Eve Southern | Birtley AC | 279 | 00:40:40 | 2317 Sam Robinson | Worksop Harriers |
| 230 | 00:38:56 | 1832 Joanne Raine | Crook & Dist Spor... | 280 | 00:40:41 | 2187 Sarah Birkett | St Helens Sutton AC |
| 231 | 00:38:58 | 1773 Eleanor Hall | Cambridge & Coler... | 281 | 00:40:46 | 2323 Sally Carro ... | York Knavesmire H... |
| 232 | 00:39:00 | 1932 Emily Roberts | Herne Hill Harriers | 282 | 00:40:48 | 2304 Natalie Twaddle | Wallsend Harriers... |
| 233 | 00:39:01 | 1675 Andrea Cobo | Abbey Runners | 283 | 00:40:48 | 2321 Katharine Wa... | Wycombe Phoenix H... |
| 234 | 00:39:01 | 2229 Jessica Pierce | Swindon Harriers | 284 | 00:40:48 | 2312 Dawn Holford | Woodford Green AC... |
| 235 | 00:39:02 | 2231 Georgia Tame | Swindon Harriers | 285 | 00:40:53 | 1889 Emma Thompson | Elvet Striders |
| 236 | 00:39:09 | 2077 Amy John | Northumbria Unive... | 286 | 00:40:55 | 1854 Joanne Slane | Durham City Harri... |
| 237 | 00:39:12 | 2048 Hannah Strange | Newark Striders R... | 287 | 00:40:56 | 1867 Andrea Banner | Elswick Harriers |
| 238 | 00:39:13 | 2205 Hayley Dobinson | Sunderland Harrie... | 288 | 00:40:57 | 1967 Alice Hartley | Jesmond Joggers |
| 239 | 00:39:15 | 1763 Polly Keen | Bournville Harriers | 289 | 00:41:00 | 2137 Jaine Brockl... | Salford Metropoli... |
| 240 | 00:39:17 | 1837 Leanne Moore | Croydon Harriers | 290 | 00:41:03 | 2028 Johanna Atki... | Middlesbrough & C... |
| 241 | 00:39:22 | 2128 Jessica Welsh | Sale Harriers Man... | 291 | 00:41:04 | 1725 Sarah Roe | Billingham Runnin... |
| 242 | 00:39:24 | 1857 Eleanor Craw... | Durham University... | 292 | 00:41:06 | 2090 Emily Johnson | Ponteland Runners |
| 243 | 00:39:25 | 1810 Holly Govey | Clapham Chasers | 293 | 00:41:09 | 1944 Janet Atkinson | Holme Pierrepont RC |
| 244 | 00:39:26 | 2178 Karolina Kuc... | Sinfin Running Club | 294 | 00:41:10 | 2062 Helen Heaney | North Shields Pol... |
| 245 | 00:39:27 | 1973 Amy Pearman | Kendal Amateur At... | 295 | 00:41:16 | 2071 Madeline Cle... | North York Moors Ac |
| 246 | 00:39:27 | 1977 Genevieve Bl... | Kent AC | 296 | 00:41:17 | 1863 Katherine Mi... | Eden Runners |
| 247 | 00:39:29 | 2324 Becky Mason | York Knavesmire H... | 297 | 00:41:17 | 2210 Charlotte Al... | Sunderland Harrie... |
| 248 | 00:39:31 | 1744 Gracie Horton | Blackheath & Brom... | 298 | 00:41:25 | 2287 Charlie Pinkney | Tynedale Harriers... |
| 249 | 00:39:35 | 2263 Charlotte Wa... | Tonbridge Ac | 299 | 00:41:25 | 2009 Jasmine Le G... | London Heathside |
| 250 | 00:39:37 | 2109 Paulina Gambill | Royston Runners | 300 | 00:41:27 | 2081 Katie Speake | Notts AC |

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| Pos | Time | Bib Name | Club | Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|-----|----------|----------------------|----------------------|
| 301 | 00:41:27 | 2211 Jocelyn Wilk... | Sunderland Harrie... | 351 | 00:43:49 | 2069 Hannah Poore | North Somerset AC |
| 302 | 00:41:28 | 2019 Gael Tavernier | Lymm Runners | 352 | 00:43:52 | 2173 Fay Uphill | Sedgefield Harriers |
| 303 | 00:41:36 | 1915 Nina Cameron | Heaton Harriers &... | 353 | 00:43:54 | 2184 Claire Butte... | St Albans Striders |
| 304 | 00:41:38 | 2107 Naomi Clegg | Rotherham Harrier... | 354 | 00:43:56 | 1913 Jayne Lynas | Heanor Running Club |
| 305 | 00:41:40 | 1813 Molly Laycock | Clapham Chasers | 355 | 00:43:58 | 1870 Heather Donald | Elswick Harriers |
| 306 | 00:41:41 | 2098 Carys Samuel | Quakers Running Club | 356 | 00:43:59 | 2219 Nicole Overy | Sunderland Strollers |
| 307 | 00:41:42 | 2031 Judith Hastie | Middlesbrough & C... | 357 | 00:44:02 | 1957 Erin Keeler-... | Houghton Harriers... |
| 308 | 00:41:43 | 2105 Sarah Hill | Retford AC | 358 | 00:44:03 | 1838 Jo Scott | Darlington H & AC |
| 309 | 00:41:47 | 2256 Julie Goodge | Tonbridge Ac | 359 | 00:44:04 | 1747 Elisabeth Mi... | Blackhill Bounders |
| 310 | 00:41:48 | 2289 Amanda Essle... | Vale Of Aylesbury AC | 360 | 00:44:05 | 1896 Kate Evans | Folkestone Runnin... |
| 311 | 00:41:48 | 2223 Gillian Ritchie | Sunderland Strollers | 361 | 00:44:10 | 2217 Jenna Maynard | Sunderland Strollers |
| 312 | 00:41:49 | 1676 Laura Phillips | Abbey Runners | 362 | 00:44:11 | 1752 Nikki Courtney | Blyth Running Club |
| 313 | 00:41:50 | 2040 Julie Roche | Morpeth Harriers ... | 363 | 00:44:12 | 1698 Deborah Kell | Aycliffe Running ... |
| 314 | 00:41:51 | 2044 Patricia Spe... | New Marske Harrie... | 364 | 00:44:22 | 1677 Helen Roden | Abbey Runners |
| 315 | 00:42:00 | 2035 Jane Briggs | Morpeth Harriers ... | 365 | 00:44:26 | 1921 Alison Williams | Heaton Harriers &... |
| 316 | 00:42:00 | 2157 Lisa Darby | Sedgefield Harriers | 366 | 00:44:28 | 1765 Sophie Barlow | Bramhall Runners |
| 317 | 00:42:02 | 2272 Catherine Eaton | Tyne Bridge Harriers | 367 | 00:44:32 | 2234 Claire Pringle | Swindon Striders |
| 318 | 00:42:03 | 2162 Samantha For... | Sedgefield Harriers | 368 | 00:44:34 | 1868 Mathilde Barker | Elswick Harriers |
| 319 | 00:42:08 | 2258 Grazia Manzotti | Tonbridge Ac | 369 | 00:44:34 | 1872 Caroline Joh... | Elswick Harriers |
| 320 | 00:42:15 | 2302 Chloe Buchan | Wallsend Harriers... | 370 | 00:44:37 | 1979 Jo Cartledge | Kent AC |
| 321 | 00:42:20 | 1956 Janet Rashleigh | Horwich R M I Har... | 371 | 00:44:37 | 1945 Sue Chicken | Holme Pierrepont RC |
| 322 | 00:42:27 | 1751 Michelle Conner | Blyth Running Club | 372 | 00:44:39 | 1861 Alison Cooke | Eden Runners |
| 323 | 00:42:33 | 1818 Rose Hawkswood | Claremont Road Ru... | 373 | 00:44:40 | 2068 Sorrel Langl... | North Somerset AC |
| 324 | 00:42:36 | 2147 Ria Harrison | Saltwell Harriers | 374 | 00:44:48 | 2067 Louise Davison | North Somerset AC |
| 325 | 00:42:40 | 1702 Lucy Postle | Aycliffe Running ... | 375 | 00:44:50 | 2307 Emily Cresswell | West Bromwich Har... |
| 326 | 00:42:42 | 1948 Nicola Jones | Holme Pierrepont RC | 376 | 00:44:55 | 2020 Georgina Walker | Lymm Runners |
| 327 | 00:42:44 | 2060 Tina Diddee | North Shields Pol... | 377 | 00:44:58 | 1851 Lizzie Lupton | Durham City Harri... |
| 328 | 00:42:46 | 1705 Yllka Istrefi | Barnet & District AC | 378 | 00:44:59 | 2064 Helen Lilley | North Shields Pol... |
| 329 | 00:42:46 | 2161 Emma Feather... | Sedgefield Harriers | 379 | 00:45:02 | 2099 Louise Trainor | Quakers Running Club |
| 330 | 00:42:49 | 1917 Deborah Hicks | Heaton Harriers &... | 380 | 00:45:06 | 1884 Nina Mason | Elvet Striders |
| 331 | 00:42:52 | 1777 Rose Baker | Cambridge Harriers | 381 | 00:45:07 | 2016 Miroslava Ta... | Low Fell RC |
| 332 | 00:42:55 | 2299 Lisa Griffiths | Wallasey Athletic... | 382 | 00:45:07 | 2298 Kathleen Cow... | Wallasey Athletic... |
| 333 | 00:42:56 | 2045 Elisabeth Hinze | Newark AC | 383 | 00:45:09 | 2315 Cathrine Mhe... | Worksop Harriers |
| 334 | 00:42:57 | 2283 Ailsa Skelly | Tyne Bridge Harriers | 384 | 00:45:14 | 2310 Pucharee Mai... | Whitchurch Whippets |
| 335 | 00:43:05 | 2176 Georgiana Sw... | Sheffield RC | 385 | 00:45:19 | 2055 Mandy Curtis | North Derbyshire RC |
| 336 | 00:43:05 | 2033 Lisa Poole | Middlesbrough & C... | 386 | 00:45:22 | 1737 Scarlett Newby | Birtley AC |
| 337 | 00:43:05 | 2163 Anna Haycock | Sedgefield Harriers | 387 | 00:45:27 | 1879 Susan Davis | Elvet Striders |
| 338 | 00:43:10 | 1821 Lena Webster... | Claremont Road Ru... | 388 | 00:45:30 | 1748 Carol Morrison | Blackhill Bounders |
| 339 | 00:43:13 | 1974 Amy Wilkin | Kendal Amateur At... | 389 | 00:45:37 | 2103 Sarah Simpson | Redhill Road Runners |
| 340 | 00:43:17 | 2281 Amie O'Halloran | Tyne Bridge Harriers | 390 | 00:45:39 | 2276 Rebecca Leigh | Tyne Bridge Harriers |
| 341 | 00:43:18 | 2195 Laura Rangeley | Steel City Stride... | 391 | 00:45:41 | 1965 Kate Black | Jesmond Joggers |
| 342 | 00:43:19 | 2158 Helen Davies | Sedgefield Harriers | 392 | 00:45:44 | 2148 Lynsey Hethe... | Saltwell Harriers |
| 343 | 00:43:23 | 1875 Debbie Spoor | Elswick Harriers | 393 | 00:45:47 | 2065 Christine Mu... | North Shields Pol... |
| 344 | 00:43:28 | 2030 Kate Harrison | Middlesbrough & C... | 394 | 00:45:48 | 1916 Jenny Friend | Heaton Harriers &... |
| 345 | 00:43:30 | 1805 Gaby Anderson | Clapham Chasers | 395 | 00:45:49 | 2220 Kayleigh Pic... | Sunderland Strollers |
| 346 | 00:43:31 | 1778 Christine Bond | Cambridge Harriers | 396 | 00:45:53 | 2095 Rebecca Dodd | Quakers Running Club |
| 347 | 00:43:31 | 1758 Sandra Watson | Blyth Running Club | 397 | 00:45:54 | 2227 Paula Watson | Sunderland Strollers |
| 348 | 00:43:33 | 2091 Julia Lightle | Ponteland Runners | 398 | 00:45:58 | 1817 Carla Willars | Clapham Chasers |
| 349 | 00:43:37 | 2207 Victoria McM... | Sunderland Harrie... | 399 | 00:46:00 | 1781 Ceinwen Giles | Cambridge Harriers |
| 350 | 00:43:48 | 2073 Sally Eason | Northbrook Athlet... | 400 | 00:46:02 | 2001 Aurora Dua Moon | Lewes AC |

Senior Women

Mixed Team Results (4 to Count)

| Pos | Time | Bib Name | Club | Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|-----|----------|----------------------|----------------------|
| 401 | 00:46:07 | 2202 Liz Simpson | Stockton Striders AC | 451 | 00:48:49 | 1960 Alison Bennett | Ilkley Harriers AC |
| 402 | 00:46:07 | 1722 Beata Kubala... | Bexley AC | 452 | 00:49:06 | 2275 Ria Knox | Tyne Bridge Harriers |
| 403 | 00:46:09 | 2225 Emma Talbot... | Sunderland Strollers | 453 | 00:49:12 | 1808 Izzie Clark | Clapham Chasers |
| 404 | 00:46:10 | 2306 Sarah Wharton | Warrington A C | 454 | 00:49:16 | 1894 Christina Long | Eton Manor AC |
| 405 | 00:46:12 | 2177 Elizabeth Wood | Sheffield RC | 455 | 00:49:26 | 1912 Emily Langrish | Headington RR |
| 406 | 00:46:13 | 2155 Christie Wad... | Saltwell Harriers | 456 | 00:49:26 | 1881 Sarah Fawcett | Elvet Striders |
| 407 | 00:46:20 | 1755 Julie Lemin | Blyth Running Club | 457 | 00:49:45 | 2026 Angeline Smith | Medway and Maidst... |
| 408 | 00:46:25 | 2314 Natalie Cunn... | Worksop Harriers | 458 | 00:49:48 | 1746 Agnes Bastie... | Blackhill Bounders |
| 409 | 00:46:26 | 2116 Pippa Price | Running Bear | 459 | 00:49:51 | 2192 Jo Gleig | Steel City Stride... |
| 410 | 00:46:27 | 2278 Victoria Michla | Tyne Bridge Harriers | 460 | 00:50:02 | 2167 Emma Lee | Sedgefield Harriers |
| 411 | 00:46:28 | 1914 Judith Archi... | Heaton Harriers &... | 461 | 00:50:12 | 1864 Gina Mumford | Eden Runners |
| 412 | 00:46:32 | 1971 Martha Radley | Jesmond Joggers | 462 | 00:50:31 | 2160 Victoria Faw... | Sedgefield Harriers |
| 413 | 00:46:45 | 1782 Alison Foord | Charnwood A C | 463 | 00:50:36 | 1866 Lisa Allan | Elswick Harriers |
| 414 | 00:46:45 | 1970 Emily Pass | Jesmond Joggers | 464 | 00:50:38 | 1756 Claire Mason | Blyth Running Club |
| 415 | 00:46:46 | 2203 Debbie Defty | Sunderland Harrie... | 465 | 00:50:38 | 2170 Kayleigh Parkin | Sedgefield Harriers |
| 416 | 00:46:47 | 2288 Sarah Stobbart | Tynedale Harriers... | 466 | 00:50:39 | 1856 Christine Woods | Durham City Harri... |
| 417 | 00:46:50 | 2089 Kelly Enderwick | Ponteland Runners | 467 | 00:50:40 | 1968 Grace Johnson | Jesmond Joggers |
| 418 | 00:46:54 | 1835 Catherine Wi... | Crook & Dist Spor... | 468 | 00:50:42 | 2233 Julie Goulding | Swindon Striders |
| 419 | 00:46:56 | 2313 Sally Bulmer | Worksop Harriers | 469 | 00:50:43 | 1710 Emma Coombes | Bedford & County AC |
| 420 | 00:47:02 | 1819 Nina Jensen | Claremont Road Ru... | 470 | 00:50:49 | 2149 Claire Lloyd | Saltwell Harriers |
| 421 | 00:47:06 | 2022 Joanna Miles | Macclesfield Harr... | 471 | 00:51:00 | 2214 Suzanne Davey | Sunderland Strollers |
| 422 | 00:47:08 | 1792 Elisabeth Lewis | Chorlton Runners | 472 | 00:51:09 | 2174 Marie Walker | Sedgefield Harriers |
| 423 | 00:47:11 | 1848 Lynne Carrut... | Durham City Harri... | 473 | 00:51:14 | 1780 Stephanie Ro... | Cambridge Harriers |
| 424 | 00:47:12 | 1946 Joanne Conge... | Holme Pierrepont RC | 474 | 00:51:15 | 2165 Shelley Hooper | Sedgefield Harriers |
| 425 | 00:47:30 | 2232 Gail Brooks | Swindon Striders | 475 | 00:51:16 | 2172 Bethany Raine | Sedgefield Harriers |
| 426 | 00:47:31 | 1816 Elizabeth Wa... | Clapham Chasers | 476 | 00:51:17 | 2145 Victoria Cut... | Saltwell Harriers |
| 427 | 00:47:36 | 2063 Catherine Ho... | North Shields Pol... | 477 | 00:51:19 | 2076 Rebecca O'Ha... | Northbrook Athlet... |
| 428 | 00:47:38 | 2053 Kerry Anderson | North Derbyshire RC | 478 | 00:51:28 | 2215 Sarah Lake | Sunderland Strollers |
| 429 | 00:47:41 | 2280 Lois Nowicki | Tyne Bridge Harriers | 479 | 00:51:34 | 1891 Hayley Dalton | Eton Manor AC |
| 430 | 00:47:55 | 2264 Theresa White | Tonbridge Ac | 480 | 00:51:36 | 2032 Claire Murphy | Middlesbrough & C... |
| 431 | 00:47:56 | 2168 Georgina Letts | Sedgefield Harriers | 481 | 00:51:47 | 1779 Emma Brown | Cambridge Harriers |
| 432 | 00:47:57 | 2096 Rachel Grayson | Quakers Running Club | 482 | 00:51:51 | 1830 Kellie Lauder | Crook & Dist Spor... |
| 433 | 00:47:58 | 2222 Clare Richar... | Sunderland Strollers | 483 | 00:51:58 | 1886 Nicola Mills | Elvet Striders |
| 434 | 00:48:00 | 1724 Joanne Love | Billingham Runnin... | 484 | 00:52:10 | 2169 Susan Milburn | Sedgefield Harriers |
| 435 | 00:48:03 | 1860 Louise Prince | Ealing Southall &... | 485 | 00:52:20 | 2018 Carolyn Smith | Lymm Runners |
| 436 | 00:48:04 | 2204 Doreen Dicki... | Sunderland Harrie... | 486 | 00:52:22 | 2070 Lynn Sawyer | North Somerset AC |
| 437 | 00:48:05 | 2059 Rachel Carr | North Shields Pol... | 487 | 00:52:34 | 2159 Sue Dobson | Sedgefield Harriers |
| 438 | 00:48:10 | 2180 Susan Gough | Sphinx AC | 488 | 00:52:37 | 2285 Anne Wilson | Tyne Bridge Harriers |
| 439 | 00:48:11 | 1695 Sarah Gill | Aycliffe Running ... | 489 | 00:52:44 | 1793 Chloe Logue | Chorlton Runners |
| 440 | 00:48:11 | 1878 Lottie Collier | Elvet Striders | 490 | 00:52:46 | 2082 Michele Kond... | Nuneaton Harriers |
| 441 | 00:48:12 | 1888 Fiona Shenton | Elvet Striders | 491 | 00:52:47 | 2144 Jacqui Candlish | Saltwell Harriers |
| 442 | 00:48:14 | 2142 Laura Mercer | Salford Metropoli... | 492 | 00:53:15 | 2029 Victoria Burns | Middlesbrough & C... |
| 443 | 00:48:16 | 2058 Linda Bulfin | North Shields Pol... | 493 | 00:53:17 | 2171 Vicki Parnaby | Sedgefield Harriers |
| 444 | 00:48:18 | 2072 Lisa Bothwell | Northbrook Athlet... | 494 | 00:53:20 | 2164 Christine He... | Sedgefield Harriers |
| 445 | 00:48:24 | 1919 Lisa Van Hee... | Heaton Harriers &... | 495 | 00:53:42 | 1865 Angela Watson | Eden Runners |
| 446 | 00:48:32 | 2057 Angela Brown | North Shields Pol... | 496 | 00:53:44 | 2074 Joanne Evans | Northbrook Athlet... |
| 447 | 00:48:34 | 1815 Rebecca Spencer | Clapham Chasers | 497 | 00:53:48 | 2075 Ruth Hallett | Northbrook Athlet... |
| 448 | 00:48:35 | 1859 Barbro Julin | Ealing Southall &... | 498 | 00:53:52 | 1892 Janine Durrant | Eton Manor AC |
| 449 | 00:48:35 | 1901 Lucia Catter... | Halifax Harriers ... | 499 | 00:54:04 | 1696 Sandrine Hewitt | Aycliffe Running ... |
| 450 | 00:48:43 | 2140 Andrea Marsden | Salford Metropoli... | 500 | 00:54:44 | 2088 Amelia Dakin | Ponteland Runners |

Nationals XC 2026
Senior Women
Mixed Team Results (4 to Count)

| Pos | Time | Bib Name | Club |
|-----|----------|----------------------|----------------------|
| 501 | 00:54:59 | 1754 Anita Dabbs | Blyth Running Club |
| 502 | 00:55:09 | 2146 Carolyne Har... | Saltwell Harriers |
| 503 | 00:55:29 | 1753 Anne Craddock | Blyth Running Club |
| 504 | 00:55:34 | 1694 Emma Flynn | Aycliffe Running ... |
| 505 | 00:55:52 | 2104 Joanne Stocks | Redhill Road Runners |
| 506 | 00:56:19 | 2265 Sue Exon | Trafford Athletic... |
| 507 | 00:56:28 | 2014 Wendy J Lynch | Low Fell RC |
| 508 | 00:56:45 | 1827 Claire Hodgson | Crook & Dist Spor... |
| 509 | 00:56:45 | 1828 Joanne Hope | Crook & Dist Spor... |
| 510 | 00:56:50 | 2066 Rachael Savidis | North Shields Pol... |
| 511 | 00:56:52 | 2308 Laura Davis | West Bromwich Har... |
| 512 | 00:57:02 | 2166 Enya Killen | Sedgefield Harriers |
| 513 | 00:57:10 | 2282 Elaine O'Mara | Tyne Bridge Harriers |
| 514 | 00:57:47 | 2309 Charlotte Jones | West Bromwich Har... |
| 515 | 00:58:06 | 2218 Jo New | Sunderland Strollers |
| 516 | 00:58:33 | 1721 Christina Fl... | Bexley AC |
| 517 | 00:58:55 | 2152 Rosemarie Re... | Saltwell Harriers |
| 518 | 00:59:02 | 2017 Mary Wilson | Low Fell RC |
| 519 | 01:00:20 | 2175 Norma Williams | Sedgefield Harriers |
| 520 | 01:00:44 | 2027 Andrea Ansell | Middlesbrough & C... |
| 521 | 01:01:44 | 1997 Debbie Copper | Leigh Harriers & AC |
| 522 | 01:01:53 | 2151 Vikie Nixon | Saltwell Harriers |
| 523 | 01:02:12 | 1720 Sarah Dodds ... | Bexley AC |
| 524 | 01:03:19 | 2108 Denise Ramsden | Rothwell Harriers... |
| 525 | 01:03:49 | 2181 Jackie Stuart | Sphinx AC |
| 526 | 01:03:49 | 2326 Edwina Wilcox | York Knavesmire H... |
| 527 | 01:06:17 | 1749 Cat Uren | Blackhill Bounders |
| 528 | 01:07:45 | 2182 Sally-anne T... | Sphinx AC |
| 529 | 01:09:24 | 2113 Kate Brown | Running Bear |
| 530 | 01:12:54 | 2198 Joanne Cooke | Stockton Striders AC |
| 531 | 01:15:02 | 1723 Geraldine Legon | Bexley AC |

| | | |
|----|---|-------------------|
| 25 | 745 York Knavesmire Harriers | (63,154,247,281) |
| 26 | 752 Worksop Harriers | (78,195,200,279) |
| 27 | 797 Kent AC | (122,174,246,255) |
| 28 | 870 Kendal Amateur Athletic Club | (59,227,245,339) |
| 29 | 908 Sunderland Strollers | (180,209,252,267) |
| 30 | 949 Wallsend Harriers & AC | (94,253,282,320) |
| 31 | 970 Tyne Bridge Harriers | (170,259,266,275) |
| 32 | 1002 Ponteland Runners | (179,183,292,348) |
| 33 | 1054 Elvet Striders | (111,278,285,380) |
| 34 | 1062 Sedgefield Harriers | (99,316,318,329) |
| 35 | 1076 Heaton Harriers & Athletics Club Limited | (219,224,303,330) |
| 36 | 1126 Salford Metropolitan AC | (175,220,289,442) |
| 37 | 1164 North Shields Polytechnic Club | (165,294,327,378) |
| 38 | 1250 Saltwell Harriers | (128,324,392,406) |
| 39 | 1277 Middlesbrough & Cleveland Harriers | (290,307,336,344) |
| 40 | 1278 Claremont Road Runners | (197,323,338,420) |
| 41 | 1292 Jesmond Joggers | (201,288,391,412) |
| 42 | 1320 Running Bear | (188,194,409,529) |
| 43 | 1355 Quakers Running Club | (274,306,379,396) |
| 44 | 1414 Holme Pierrepont RC | (293,326,371,424) |
| 45 | 1438 Blyth Running Club | (322,347,362,407) |
| 46 | 1549 Cambridge Harriers | (331,346,399,473) |
| 47 | 1584 North Somerset AC | (351,373,374,486) |
| 48 | 1588 Eton Manor AC | (157,454,479,498) |
| 49 | 1596 Low Fell RC | (190,381,507,518) |
| 50 | 1624 Eden Runners | (296,372,461,495) |
| 51 | 1626 Aycliffe Running Club | (325,363,439,499) |
| 52 | 1732 Blackhill Bounders | (359,388,458,527) |
| 53 | 1767 Northbrook Athletic Club | (350,444,477,496) |
| 54 | 1972 Bexley AC | (402,516,523,531) |

Team Result:

| Pos | Total | Club | Placings |
|-----|-------|----------------------------------|-------------------|
| 1 | 68 | Herne Hill Harriers | (1,3,18,46) |
| 2 | 79 | Aldershot Farnham & District | (5,16,22,36) |
| 3 | 85 | Leeds City Athletic Club | (6,20,29,30) |
| 4 | 101 | Blackheath & Bromley Harriers AC | (9,12,38,42) |
| 5 | 226 | Salford Harriers & AC | (23,40,68,95) |
| 6 | 274 | City Of Norwich AC | (11,33,72,158) |
| 7 | 294 | Tonbridge Ac | (27,60,69,138) |
| 8 | 307 | Charnwood A C | (41,64,81,121) |
| 9 | 435 | Thames Hare & Hounds | (83,88,92,172) |
| 10 | 436 | Gateshead Harriers & AC | (25,85,144,182) |
| 11 | 456 | Clapham Chasers | (51,73,118,214) |
| 12 | 469 | Morpeth Harriers & AC | (71,102,136,160) |
| 13 | 502 | London Heathside | (79,108,146,169) |
| 14 | 506 | Derby Athletic Club | (65,90,149,202) |
| 15 | 517 | Thames Valley Harriers | (54,142,159,162) |
| 16 | 522 | Durham City Harriers & AC | (84,114,156,168) |
| 17 | 532 | Holmfirth Harriers AC | (52,58,171,251) |
| 18 | 562 | Birtley AC | (107,139,143,173) |
| 19 | 577 | Sale Harriers Manchester | (47,100,189,241) |
| 20 | 578 | Crook & Dist Sports AC | (75,130,181,192) |
| 21 | 582 | Steel City Striders Rc | (96,110,148,228) |
| 22 | 621 | Elswick Harriers | (86,147,184,204) |
| 23 | 633 | Sunderland Harriers & AC | (93,150,152,238) |
| 24 | 674 | Stockton Striders AC | (145,153,185,191) |